

Linwood Open Graded Results 19 August 2009

800M Results						
Heat No 1						
Pos	No	Name	Club	M/F	Cat	Time
1	26	Peter Bowman	Clydesdale	m	u17	02:03:85
2	4	Stephen Fleming	Kilbarchan	m	u20	02:04:05
3	12	Kevin Downie	East Kilbride	m	vet	02:04:62
4	7	Graham Evans	Kilbarchan	m	u17	02:04:78
5	9	Ruaridh munro	Shettleston	m	u20	02:06:92
6	8	Calum MacLeod	Kilbarchan	m	u17	02:07:10
7						
8						

800M RESULTS						
Heat No 3						
Pos	No	Name	Club	M/F	Cat	Time
1	21	David Reay	Glenpark	m	u17	02:16:08
2	25	Adam McCormick	Glenpark	m	0	02:21:38
3	27	Christopher McDonald	Glenpark	m	u17	02:22:61
4	101	Kate Gillies	Kilbarchan	f	u15	02:26:71
5	104	Emma Rice	Inverclyde AC	f	u20	02:31:27
6	102	Emma Haddock	Kilbarchan	f	u17	02:37:41
7	52	John Ruddy	Shettleston	m	u20	02:39:25
8						

Heat No 2						
Pos	No	Name	Club	M/F	Cat	Time
1	6	Blair Crawford	Kilbarchan	m	u20	02:07:90
2	15	Russell Mountford	Kilbarchan	m	u15	02:09:30
3	3	Rory Kelham	Inverclyde AC	m	U15	02:12:13
4	5	Craig Haston	Kilbarchan	m	u17	02:14:61
5	19	Craig Young	VP Cog	m	u15	02:15:74
6	18	Stuart Campbell	Arbroath & Dist	m	vet	02:15:77
7	103	Natalie Sharp	Kilbarchan	f	u20	02:15:94
8	112	Amanda Campbell	Livingstone & Dist	f	u20	02:15:97

Heat No 4						
Pos	No	Name	Club	M/F	Cat	Time
1	22	Gerard Smith	Glenpark	m	u15	02:25:76
2	126	Mairi Brown	Ronhill Cambuslang	f	u17	02:30:20
3	113	Rebecca Munn	Inverclyde AC	f	u15	02:30:64
4	117	Amy Buchan	Inverclyde AC	f	u15	02:31:15
5	39	Ryan Gray	Inverclyde AC	m	u11	02:33:93
6	114	Robyn McDowall	Livingston & District	f	sen	02:36:17
7	145	Claire Reid	Clydesdale	f	u15	02:43:85
8	31	Joe Brown	Ronhill Cambuslang	m	u13	02:45:55

Heat No 5						
Pos	No	Name	Club	M/F	Cat	Time
1	128	Niamh Brown	Ronhill Cambuslang	f	u11	02:51:29
2	134	Evie Semple	Inverclyde AC	f	u13	02:52:19
3	37	James Stanley	Garscube Harriers	m	u13	02:52:24
4	141	Emma Arnold	Kilbarchan	f	u13	02:56:27
5	109	Robyn Connolly	VP Cog	f	u11	02:57:05
6	132	Kathryn Lee	unattached	f	u13	02:57:43
7	124	Eilidh Hamill	Glenpark	f	U13	03:03:38
8	123	Shona Webster	Glenpark	f	u17	03:07:55

Heat No 6						
Pos	No	Name	Club	M/F	Cat	Time
1	116	Emma Ferrie	VP Cog	f	u13	02:51:50
2	122	Lauren Mulaghton	Glenpark	f	u11	02:58:05
3	105	Emily Paxton	West Dunbarton	f	u13	02:58:44
4	127	Rachel Black	Ronhill Cambuslang	f	u13	03:03:22
5	138	Catherine McLean	Kilbarchan	f	u13	03:05:29
6	2	Lewis Kelham	Inverclyde AC	m	u11	03:12:29
7						
8						

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1500M Results Heat 1					
No	Name	Club	M/F	Cat	Time
55	Derek Gibb	VP Cog	m	sen	04:13:91
49	Sean Gaffney	Inverclyde AC	m	sen	04:26:37
54	Thomas McDonald	Kilbarchan	m	u17	04:30:36
57	Alistair McCallum	Giffnock North	m	u17	04:36:03
44	Ethan Sloan-Dennis	VP Cog	m	u17	04:40:54
36	Alastair Stanley	Garscube H	m	u15	04:41:86
50	Michael Houston	Inverclyde AC	m	u15	04:42:55
53	Callum Matthews	Kilbarchan	m	u15	04:45:02
47	Euan Gillham	Kilbarchan	m	u13	04:48:98
58	Gavin McArdle	Kilbarchan	m	u13	04:59:34
40	Ross Gray	Inverclyde AC	m	u13	05:04:29
45	Scott McLardie	Kilbarchan	m	u13	05:05:83
147	Gwen Gillham	Kilbarchan	f	u13	05:37:01
118	Chloe Simpson	Inverclyde AC	f	u13	06:03:94

**Linwood Open Graded Results 19 August 2009**

**T9 200m Heat 1  
ws +0.2**

No	Pos	Name	Club	M/F	Cat	Time
150	1	Chloe Hardie	Kilbarchan	f	u13	29.81
140	2	Sarah Brodie	West Dumbarton	f	u15	30.23
144	3	Jude Sloan Dennison	VP Cog	f	u11	36.01
142	4	Heather Fawcett	Kilbarchan	f	u11	38.02
135	5	Rona Tyler	Kilbarchan	f	u11	40.03
119	6	Kim Simpson	Inverclyde AC	f	u11	42.34
	7					
	8					

**T10 200m Heat 2  
ws + 0.2**

No	Pos	Name	Club	M/F	Cat	Time
106	1	Emma Boyle	West Dumbarton	F	U13	30.79
46	2	Scott Reid	VP Cog	m	u13	31.07
134	3	Evie Semple	Inverclyde AC	f	u13	31.58
136	4	Anna Cunningham	VP Cog	f	u13	31.98
131	5	Laura Thomson	Inverclyde AC	f	u13	32.24
116	6	Emma Ferrie	VP Cog	f	u13	33.97
13	7	Cal McLennan	City of Edinburgh	m	u11	34.13
	8					

**T11 200m Heat 3  
ws +0.2**

No	Pos	Name	Club	M/F	Cat	Time
34	1	Matthew Thomson	Inverclyde AC	m	u17	26.49
38	2	Dylan Moore	Glenpark	m	u15	27.84
117	3	Amy Buchan	Inverclyde AC	f	u15	28.72
133	4	Nicole Caulfield	Kilbarchan	f	u17	29.73
30	5	Kane O'Neill	Kilbarchan	m	u13	30.35
146	6	Samantha West	VP Cog	f	u13	32.39
	7					
	8					

**T12 200m Heat 4  
ws - 0.2**

No	Pos	Name	Club	M/F	Cat	Time
11	1	Ian Garioch	Moray RR	m	u23	22.18
52	2	John Ruddy	Shettleston	m	u20	22.80
42	3	David Kerr	Kilbarchan	m	u17	23.65
32	4	Matthew Deegan	Greenock Glenpark	m	u20	24.07
23	5	Andrew Cunningham	Kilbarchan	m	u17	25.25
33	6	Adam Butler	Kilbarchan	m	u15	dns
24	7	Adrian Mendez-McVie	Kilbarchan	m	u15	dns
	8					

600M Results Heat 1					
No	Name	Club	M/F	Cat	Time
111	Mhairi Henry	Motherwell AC	f	u15	01:44:21
17	Lewis Serpell	Helensburgh	m	u11	02:00:15
137	Millie Cunningham	VP Cog	f	u11	02:06:06

Discus Male Results					
No	Name	Club	M/F	Cat	Dist
36	Alastair Stanley	Garscube H	m	u15	22.61
48	Calum McWilliam	Giffnock North	m	u15	19.02
16	Chris Barnes	VP Cog	m	u17	47.63
23	Andrew Cunningham	Kilbarchan	m	u17	36.47
35	Daniel Carlin	Giffnock North	m	u20	43.90
59	Allan McKay	Shettleston	m	u20	41.76

**T1 100M Heat 1  
ws +0.2**

Pos	No	Name	Club	M/F	Cat	Time
1	1	Craig Fleming	Harrow AC	m	sen	10.93
2	11	Ian Garioch	Moray RR	m	u23	11.31
3	42	David Kerr	Kilbarchan	m	u17	11.71
4	52	John Ruddy	Shettleston	m	u20	11.72
5	32	Matthew Deegan	Greenock Glenpark	m	u20	12.06
6	24	Adrian Mendez-McVie	Kilbarchan	m	u15	12.77
7	33	Adam Butler	Kilbarchan	m	u15	12.87
8	149	Sarah Glenny	Kilbarchan	F	U15	13.33

**T2 100M Heat 2  
ws +0.2**

Pos	No	Name	Club	M/F	Cat	Time
1	34	Matthew Thomson	Inverclyde AC	m	u17	12.87
2	29	Martin McGowan	Glenpark	m	u17	13.08
3	38	Dylan Moore	Glenpark	m	u15	13.76
4	130	Tinha Smith-Tolsma	Leiden AC, The Netherlands	f	v40	14.47
5	133	Nicole Caulfield	Kilbarchan	f	u17	14.64
6	151	Siobhan McStay	Kilbarchan	f	u17	14.77
7	152	Pamela Dunbar	Kilbarchan	f	u15	15.08
8						

**T3 100M Heat 3  
ws +0.2**

Pos	No	Name	Club	M/F	Cat	Time
1	106	Emma Boyle	West Dumbarton	F	U13	14.73
2	30	Kane O'Neill	Kilbarchan	m	u13	14.86
3	108	Erin Halliday	VP Cog	f	u11	15.16
4	139	Shannon Kangley	Glenpark	f	u15	15.20
5	131	Laura Thomson	Inverclyde AC	f	u13	15.45
6	43	Kyle Thomson	VP Cog	m	u13	15.67
7	110	Catriona Booth	VP Cog	f	u13	16.68
8	122	Lauren Mulaguton	Glenpark	f	u11	17.18

**T4 100M Heat 4  
ws +0.2**

Pos	No	Name	Club	M/F	Cat	Time
1	140	Sarah Brodie	West Dumbarton	f	u15	14.63
2	150	Chloe Hardie	Kilbarchan	f	u13	14.88
3	13	Cal McLennan	City of Edinburgh	m	u11	15.87
4	141	Emma Arnold	Kilbarchan	f	u13	16.20
5	120	Megan Shelton	Inverclyde AC	f	u13	16.48
6	138	Catherine McLean	Kilbarchan	f	u13	16.65
7						
8						

**T5 100M Heat 5  
ws +0.2**

Pos	No	Name	Club	M/F	Cat	Time
1	46	Scott Reid	VP Cog	m	u13	15.41
2	14	Lewis Farrell	West Dumbarton	m	u13	15.65
3	146	Samantha West	VP Cog	f	u13	15.68
4	144	Jude Sloan Dennison	VP Cog	f	u11	16.92
5	142	Heather Fawcett	Kilbarchan	f	u11	17.21
6	109	Robyn Connolly	VP Cog	f	u11	17.28
7	143	Nicole Waters	VP Cog	f	u11	17.58
8	135	Rona Tyler	Kilbarchan	f	u11	17.77

Discus Female Results					
No	Name	Club	M/F	Cat	Dist
125	Nicola McKay	Shettleston	f	u15	15.61
121	Sally Webster	Kilbarchan	f	u20	27.39

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20 Angus McInroy      Shettleston          m sen          46.71

### High Jump Male Results

No	Name	Club	M/F	Cat	HT
56	Jack Lochans	Kilbarchan	m	u17	1.75
6	Blair Crawford	Kilbarchan	m	u20	1.65

### Shot Putt Male Results

No	Name	Club	M/F	Cat	Dist
46	Scott Reid	VP Cog	m	u13	8.11
48	Calum McWilliam	Giffnock North	m	u15	9.03
16	Chris Barnes	VP Cog	m	u17	12.84
23	Andrew Cunningham	Kilbarchan	m	u17	12.37
35	Daniel Carlin	Giffnock North	m	u20	14.16
20	Angus McInroy	Shettleston	m	sen	13.97
28	Allan McKay	Shettleston	m	sen	12.03

### Long Jump Male Results

No	Name	Club	M/F	Cat	Dst
17	Lewis Serpell	Helensburgh	m	u11	3.89
13	Cal McLennan	City of Edinburgh	m	u11	3.70
30	Kane O'Neill	Kilbarchan	m	u13	4.11
14	Lewis Farrell	West Dunbarton	m	u13	3.86
43	Kyle Thomson	VPCOG	m	u13	3.27
41	Cameron McLeod	Glenpark	m	u17	5.90
27	Christopher McDonald	Clydesdale	m	u17	4.42

### HIGH JUMP FEMALE RESULTS

No	Name	Club	M/F	Cat	Ht
148	Erin Crichton	VP Cog	f	u13	nh
144	Jude Sloan-Dennisor	VP Cog	f	u13	nh
152	Pamela Dunbar	Kilbarchan	f	u15	1.30

### SHOT PUTT FEMALE RESULTS

No	Name	Club	M/F	Cat	Dist
108	Erin Halliday	VP Cog	f	u11	5.56
110	Catriona Booth	VP Cog	f	u13	4.17
125	Nicola McKay	Shettleston	f	u15	7.54
121	Sally Webster	Kilbarchan	f	u20	8.70

### Long Jump Female Results

No	Name	Club	M/F	Cat	Dst
108	Erin Halliday	VP Cog	f	u11	3.53
109	Robyn Connolly	VP Cog	f	u11	2.82
143	Nicole Watters	VP Cog	f	u11	2.54
129	Romy Smith	Leiden AC	f	u13	4.35
110	Catriona Booth	VP Cog	f	u13	3.38
136	Anna Cunningham	VP Cog	f	u13	NJ
130	Tinha Smith-Tolsma	Leiden AC, The Netherland:	f	v40	5.09