JSB Plumbing Forth Valley League

JSB PLUMBING FORTH VALLEY LEAGUE PRESIDENT'S SELECT MEETING					
12.00				SHOT PUTT	U11 BOYS & GIRLS
12.15	75mH	U15 GIRLS		JAVELIN	U15 BOYS
	80mh	U15 BOYS		HIGH JUMP	U13 BOYS & GIRLS
				LONG JUMP	U15 BOYS & GIRLS
12.25	100M	U11 GIRLS			
	100M	U11 BOYS			
	100M	U13 GIRLS			
12.30	100M	U13 BOYS			
	100M	U15 GIRLS			
	100M	U15 BOYS			
1.00	400M	U15 BOYS		DISCUS	U15 BOYS & GIRLS
	300M	U15 GIRLS		HIGH JUMP	U11 BOYS & GIRLS
	1500M	U13 GIRLS		SHOT PUTT	U15 GIRLS
	1500M	U13 BOYS		LONG JUMP	U13 BOYS & GIRLS
		LUNCH			
1.45	1 MILE	U15 GIRLS			
	1 MILE	U15 BOYS			
2.00	200M	U11 GIRLS		JAVELIN	U13 BOYS & GIRLS
	200M	U11 BOYS		HIGH JUMP	U15 BOYS & GIRLS
	200M	U13 GIRLS			
2.30	200M	U13 BOYS			
	200M	U15 GIRLS			
	200M	U15 BOYS			
2.50	800M	U11 GIRLS			
	800M	U11 BOYS			
3.00	800M	U13 GIRLS		LONG JUMP	U11 BOYS & GIRLS
	800M	U13 BOYS		SHOT PUTT	U13 BOYS & GIRLS
	800M	U15 GIRLS		TRIPLE JUMP	U15 BOYS
	800M	U15 BOYS			
3.30	4x100M RELAY	U11 GIRLS			
	4x100M RELAY	U11 BOYS			
	4x100M RELAY	U13 GIRLS			
3.45	4x100M RELAY	U13 BOYS			
	4x100M RELAY	U15 GIRLS			
	4x100M RELAY	U15 BOYS			