

Border Harriers & AC Open Track & Field Meeting
At the Sheepmount Stadium, Carlisle on Sunday 23rd August 2009

Results

Senior Men

100 Metres

1 st Graham Parsons	Kendal	11.8s
2 nd Mark Collier	Border Harriers	12.0s
3 rd Andrew Black	Stewartry	12.8s
4 th Ken Gibson	Barrow	14.5s(M)

200 Metres

1 st Graham Parsons	Kendal	23.9s
2 nd John Wright	Southhmtn Uni	24.7s
3 rd Mark Collier	Border Harriers	25.1s
4 th Ken Gibson	Barrow	30.6s (M)

400 Metres

1 st Matthew Burns	Lancs & M	54.9s
2 nd Mark Collier	Border Harriers	55.3s

800 Metres

1 st Kevin Bell	Border Harriers	2m.00.1s
2 nd Jordan Harris	Lancs & M	2m.00.6s
3 rd Mark Gardner	Lancs & M	2m.00.6s
4 th Craig Johnson	Annan	2m.36.6s

1500 Metres

1 st Matthew Grive	Border Harriers	4m.11.0s
2 nd Kevin Bell	Border Harriers	4m.16.8s
3 rd John Wright	Southpton Uni	4m.20.7s
4 th George Thompson	Border Harriers	4m.22.2s(M)
5 th Chris Neil	Cumberland AC	4m.29.2s
6 th Craig Johnstone	Annan	5m.21.5s

Long Jump

1 st Craig Johnston	Annan	4.39m
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Javelin

1 st Daniel Holden	Durham	42.94m
2 nd Jim Sloan	Annan	32.11m(M)

Discus

1 st Ryan McDowall	Border Harriers	25.52m
2 nd Jim Sloan	Annan	35.58m(MW)

Shot

1 st Ryan McDowall	Border Harriers	9.04m
2 nd Jim Sloan	Annan	9.80m(MW)

Hammer

1 st Martin Maughan	Unatt	26.07m
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Senior Women

100 Metres

1 st Emma Park	Border Harriers	14.0s
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300 Metres

1 st Angela Kelly	Giffnock	48.0s
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1500 Metres

1 st Rowan Armstrong	Stewartry	5m.16.5s
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100 Metres Hurdles

1 st Jackie Scott	Victoria Park	16.3s
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400m Hurdles

1 st Emma Park	Border Harriers	1m.33.0s
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Long Jump

1 st Jane Scott	Victoria Park	5.19m
2 nd Emma Park	Border Harriers	3.64m

Javelin

1 st Claire Reid	Morpeth	19.75m
2 nd Alice Back	Annan	17.32m

Shot

1 st Vicky Young	Gateshead	11.16m
2 nd Claire Reed	Morpeth	9.95m
3 rd Alice Back	Annan	6.69m

Hammer

1 st Sarah Hill	Border Harriers	36.51m
2 nd Claire Reid	Morpeth	30.11m

Under 20 Men

Hammer

1st Ryan McDowall Border Harriers 53.71m

Under 17 Men

100 Metres

1st Callum Blaikie Kendal 11.8s
2nd Christopher Snaith Barrow 12.8s
3rd Paul Van Iterson Carlisle 12.8s

200 Metres

1st Callum Blaikie Kendal 23.4s
2nd Ryan Holmes Nithsdale 24.9s
3rd Christopher Snaith Barrow 25.4s
4th Paul Van Iterson Carlisle 26.1s

200 Metres

1st Callum Blaikie Kendal 23.4s
2nd Ryan Holmes Nithsdale 24.9s
3rd Christopher Snaith Barrow 25.4s
4th Paul Van Iterson Carlisle 26.1s

400 Metres

1st Daniel Stockdale Unatt 57.3s

800 Metres

1st Daniel Stockdale Unatt 2m.21.6s

High Jump

1st Callum Blaikie Kendal AAC 1.80m
2nd Jack Back Annan 1.10m

Long Jump

1st Robbie Nixon Sale 5.87m
2nd Chris Snaith Barrow 5.12m

Discus

1st Jack Back Annan 22.04m

Javelin

1st Jack Black Annan 28.33m

Under 17 Women

100 Metres

1st Tessa Stockdale Seaton 13.5s
2nd Becky Garnett Kendal 13.6s

200 Metres

1st Tessa Stockdale Seaton 28.6s
2nd Kayleigh Longstaff Seaton 29.0s

300 Metres

1st Heather Gray Pitreavie 47.5s
2nd Angela Kelly (Guest) Giffnock 48.0s

800 Metres

1st Charlotte Kennedy Carlisle 2m.28.9s

80 Metre Hurdles

1st Tessa Stockdale Seaton 13.5s
2nd Becky Garnett Kendal 13.6s

High Jump

1st Rebecca Garnett Kendal 1.46m
2nd Heather Gray Pitreavie 1.40m

Long Jump

1st Corrie Gracie Nithsdale 4.66m
2nd Kim Hawkins Seaton 4.58m
3rd Becky Garnett Kendal 4.44m
4th Jessica Adams Border Harriers 4.12m

Javelin

1st Becky Garnett Kendal 21.97m

Shot

1st Kayley Longstaff Seaton 6.51m

Under 15 Boys

100 Metres

1st Elliott Baines Border Harriers 13.6s

400 Metres

1st Sam Nicholson Barrow 60.2s

2nd Ross Campbell Barrow 69.5s

800 Metres

1st Sam Nicholson Barrow 2m.09.4s

1500 Metres

1st Ross Campbell Annan 4m.51.9s

80 Metre Hurdles

1st Elliott Baines Border Harriers 13.6s

High Jump

1st Tom Forsyth Border Harriers 1.60m

2nd Elliott Baines Border Harriers 1.55m

Long Jump

1st Elliott Baines Border Harriers 4.88m

2nd Tom Forsyth Border Harriers 4.66m

3rd Alex Nixon Border Harriers 4.31m

Discus

1st Paul James Border Harriers 35.39m

2nd James Fitt Unatt 23.43m

Under 15 Girls

100 Metres

1st Katy Johnson Ellenborough 13.0s

2nd Freya Sadler Barrow 13.7s

3rd Carys Burton Barrow 14.3s

4th Shelby Hawkins Seaton 14.5s

5th Sarah Bell Stewartry 14.8s

6th Mikaela Wright WSEH 15.3s

200 Metres

1st Katy Johnson Ellenborough 26.6s

2nd Freya Sadler Barrow 27.6s

3rd Kelly Heaviside Carlisle 29.3s

4th Carys Barton Barrow 30.3s

800 Metres

1st Brogan Stewart Barrow 2m.33.5s

2nd Jacqueline Pringle Annan 2m.37.0s

3rd Sarah Bell Stewartry 2m.42.0s

4th Megan Heuchan Unatt 2m.47.6s

1500 Metres

1st Melissa McCrindle Nithsdale 6m.14.8s

75 Metres Hurdles

1st Anna Graham Nithsdale 13.4s

2nd Jacqueline Pringle Annan 15.0s

3rd Rachel King Ellenborough 18.1s

High Jump

1st Brogan Stewart Barrow 1.40m

2nd Jacqueline Pringle Annan 1.25m

3rd Rachel King Ellenborough 1.20m

Long Jump

1st Brogan Stewart Barrow 4.35m

2nd Mikaela Wright Windsor 4.03m

3rd Carys Barton Barrow 3.88m

4th Shelby Hawkins Seaton 3.80m

Javelin

1st Chloe Moore Carlisle 30.21m

2nd Emma Back Annan 15.77m

3rd Alison Pringle Annan 14.61m

Discus

1st Chloe Moore Carlisle 25.01m

2nd Emma Back Annan 20.23m

3rd Alison Pringle Annan 12.93m

Shot

1st Brogan Stewart Barrow 7.06m

2nd Emma Back Annan 6.19m

3rd Alison Pringle Annan 5.28m

Hammer1st Chloe Moore Carlisle 32.62m**Under 13 Boys****100 Metres**

1 st Huw Barton	Barrow	14.5s
2 nd Harry Nixon	Border Harriers	15.0s
3 rd George Bibby	Seaton	15.7s
4 th Cameron Martin	Annan	15.8s
5 th Nathan McStay	Border Harriers	15.9s

200 Metres

1 st Huw Barton	Barrow	29.3s
2 nd Angus Johnstone	Nithsdale	29.4s
3 rd George Bibby	Seaton	32.9s

800 Metres

1 st Joseph Horne	Border Harriers	2m.40.5s
2 nd Farrell O'Sullivan	Stewartry	2m.41.1s

75 Metres Hurdles

1 st Ruaridh McCall	Border Harriers	16.4s
2 nd Farrell O'Sullivan	Stewartry	18.4s

1500 Metres

1 st Angus Johnstone	Nithsdale	5m.06.1s
2 nd Matthew Adamson	Carlisle	5m.23.5s
3 rd Ruaridh McCall	Border Harriers	5m.47.7s

High Jump

1 st Harry Stockdale	Seaton	1.45m
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Long Jump

1 st Hew Barton	Barrow	4.08m
2 nd Angus Johnston	Nithsdale	4.07m
3 rd Ruaridh McCall	Border Harriers	3.94m
4 th Farrell O'Sullivan	Stewartry	3.84m
5 th Nathan McStay	Border Harriers	3.65m

Under 13 Girls**100 Metres**

1 st Katie-Joe Clark	Ellenborough	14.0
2 nd Abby Hempsall	Barrow	14.5s
3 rd Gabrielle Byron	Barrow	14.6
4 th Julia Stevens	Carlisle	14.7s
5 th Marion Gillon	Stewartry	14.9s
6 th Molly O'Brien	Lancs & M	15.0s
7 th Alice Bell	Stewartry	15.2s
8 th Eilidh Gough	Border Harriers	15.6s

200 Metres

1 st Katie Jo Clark	Ellenborough	29.4s
2 nd Gabrielle Byrom	Barrow	29.8s
3 rd Abby Hempsall	Barrow	29.9s
4 th Tasmin Crook	Barrow	30.1s
5 th Marion Gillon	Stewartry	31.4s
6 th Alice Bell	Stewartry	32.3s
7 th Ellis Corrigan	Stewartry	32.8s
8 th Allana Jones	Lancs & M	34.5s
9 th Eilidh Gough	Border Harriers	35.2s

800 Metres

1 st Rebecca Buchanan	Seaton	2m.39.6s
2 nd Tasmin Crook	Barrow	2m.47.0s
3 rd Molly O'Brien	Lancs & M	2m.49.0s
4 th Marion Gillon	Stewartry	3m.00.6s
5 th Allana Jones	Lancs & M	3m.16.9s
6 th Ellis Corrigan	Stewartry	3m.17.6s

70 Metres Hurdles

1 st Molly O'Brien	Lancs & M	15.8s
2 nd Chelsea Nugent	Carlisle	16.5s
Alice Bell	Stewartry	16.5s

Long Jump

1 st Gaby Byrom	Barrow	4.28m
2 nd Abby Hempsall	Barrow	3.71m
3 rd Megan Featherstone	Ellenborough	3.68m
4 th Caitlin Adams	Border Harriers	3.26m
5 th Eilidh Gough	Border Harriers	3.01m

High Jump

1 st Megan Laing	Livingstone	1.20m
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Javelin

1 st	Harry Nixon	Border Harriers	17.17m
2 nd	Matthew Adamson	Carlisle	12.39m

Javelin

1 st	Ellie Joe Doran	Carlisle	25.59m
2 nd	Rebecca Buchanan	Seaton	16.54m
3 rd	Jessica Hirst	Holmfirth	14.47m
4 th	Catrina Pringle	Annan	13.49m
5 th	Megan Laing	Livingstone	13.09m
6 th	Jade Miller	Ellenborough	10.92m

Discus

1 st	Cameron Martin	Annan	10.52m
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Discus

1 st	Megan Laing	Livingston	26.43m
2 nd	Jessica Hirst	Holmfirth	17.89m
3 rd	Catrina Pringle	Annan	15.98m
4 th	Ellie-Joe Doran	Carlisle	14.82m
5 th	Ellis Corrigan	Dumfries	12.71m

Shot

1 st	George Bibby	Seaton	6.86m
2 nd	Harry Nixon	Border	5.95m
3 rd	Nathan McStay	Border Harriers	5.57m
4 th	Matthew Adamson	Carlisle	5.05m

Shot

1 st	Jessica Hirst	Holmfirth	7.04m
2 nd	Katie Clark	Ellenborough	6.38m
3 rd	Jade Miller	Ellenborough	6.13m
4 th	Katrina Pringle	Annan	5.75m
5 th	Jasmin Crook	Barrow	5.43m
6 th	Ellie-Jo Doran	Carlisle	5.34m

Under 11 Boys

80 Metres

1 st	Joe Connelly	Carlisle	11.8s
2 nd	Harry Bibby	Seaton	12.5s
3 rd	Steven Crake	Ellenborough	12.6s
4 th	Gregory Baines	Border Harriers	12.8s
5 th	Alex Hodgkinson	Unatt	13.0s
6 th	Keiron Hodgson	Seaton	13.3s
7 th	James Adamson	Carlisle	13.9s

150 Metres

1 st	Robson McCay	Nithsdale	22.4s
2 nd	Joe Connelly	Carlisle	23.0s
3 rd	Steven Crake	Ellenborough	23.3s
4 th	Jake Whittaker	Carlisle	23.5s
5 th	Alex Hodgkinson	Unatt	24.3s
6 th	Keron Hodgson	Seaton	26.4s

600 Metres

1 st	Robson McCay	Nithsdale	1m.47.8s
2 nd	Cole Blaikie	Kendal	1m.51.3s
3 rd	Jake Whittaker	Carlisle	1m.57.5s
4 th	Arran Horne	Border Harriers	1m.58.0s
5 th	Brad King	Ellenborough	2m.14.3s

Long Jump

1 st	Stephen Crake	Ellenborough	3.69m
2 nd	Harry Bibby	Seaton	3.61m
3 rd	Joseph Connelly	Carlisle	3.57m
4 th	Gregory Baines	Border Harriers	3.45m
5 th	Jake Whittaker	Carlisle	3.41m
6 th	William Moughan	Unatt	3.09m
7 th	James Adamson	Carlisle	2.87m
8 th	Alex Hodgson	Unatt	2.76m
9 th	Brad King	Ellenborough	2.47m

Under 11 Girls

80 Metres

1 st	Brodie Stephenson	Carlisle	12.6s
2 nd	Kristen Miller	Ellenborough	13.3s
3 rd	Amelia Wilson	Carlisle	16.7s

150 Metres

1 st	Brodie Stewart	Carlisle	24.3s
2 nd	Amelia Wilson	Carlisle	25.7s
3 rd	Kirsten Miller	Ellenborough	26.1s

600 Metres

1 st	Brodie Stephenson	Carlisle	2m.10.0s
2 nd	Kayleigh Proudfoot	Annan & DAC	2m.12.6s
3 rd	Kieron Hodgson	Seaton	2m.22.3s
4 th	Amelia Wilson	Carlisle	2m.30.9s

Long Jump

1 st	Kayley Proudfoot	Annan	3.21m
2 nd	Kirsten Miller	Ellenborough	2.40m

Shot

1st Paul James Border Harriers 10.89m

Under 9 Boys**60 Metres**

1st Daniel Wilkinson Carlisle 10.4s
2nd Thomas Maughan Kendal 11.4s

Under 9 Girls**60 Metres**

1st Sophie Hughes Seaton 10.8s
2nd Nicole Proudfoot Annan 11.0s

Standing Long Jump

1st Sophie Humes Seaton 1.65m
2nd Nicole Proudfoot Annan 1.63m