

Scottish Athletics League (Division 1)

100m A		w/s +5.4 m/s		
1	9	R Oswald	Pitreavie	10.46 16
2	1	G Turnbull	Edinburgh	10.89 14
3	7	R Frost	Shettleston	10.92 12
4	3	A Beaton	Central	11.00 10
5	15	C Wilson (U20)	Lasswade	11.53 8
6	11	P Mutch	Aberdeen	11.56 6
7	5	D Murray	Arbroath	11.67 5
8	13	J Thompson (U20)	Ayr Seaforth	11.68 4

400m A				
1	15	G Loudon (U20)	Lasswade	48.16 16
2	9	A Young (U20)	Pitreavie	48.63 14
3	3	J MacPhail (U20)	Central	49.65 12
4	1	J Younger (U17)	Edinburgh	49.89 10
5	13	A McElwee	Ayr Seaforth	52.63 8
6	11	P Mutch	Aberdeen	53.95 6
7	7	R Munro (U20)	Shettleston	56.21 5
8	5	R White (U20)	Arbroath	57.48 4

1500m A				
1	15	R Matheson (U20)	Lasswade	4:03.26 16
2	1	A Crichton (U20)	Edinburgh	4:04.24 14
3	3	S Reilly	Central	4:05.23 12
4	12	M Haskett	Aberdeen	4:05.86 10
5	7	L Wilson (U20)	Shettleston	4:08.59 8
6	13	F Rae (U17)	Ayr Seaforth	4:08.63 6
7	5	S Campbell	Arbroath	4:10.11 5
8	9	J Headley	Pitreavie	4:20.53 4

110m Hurdles A		w/s +2.0 m/s		
1	9	F Smith	Pitreavie	14.54 16
2	5	M Downie (U20)	Arbroath	15.58 14
3	13	A McElwee	Ayr Seaforth	17.72 12
4	3	K Pearson	Central	20.21 10
5				0
6				0
7				0
8				0

3000m S/C A				
1	7	L Oates	Shettleston	9:31.07 16
2	3	S Green (U20)	Central	9:44.92 14
3	11	D Munro	Aberdeen	10:14.66 12
4	15	B Philips	Lasswade	10:50.97 10
5	14	C Aitkenhead (U20)	Ayr Seaforth	12:00.58 8
	5	L Morrison	Arbroath	14:15.11 0
7				0
8				0

100m B		w/s +4.2 m/s		
1	2	A Hamilton (U20)	Edinburgh	10.76 12
2	10	F Smith	Pitreavie	11.13 10
3	8	J Ruddy	Shettleston	11.27 8
4	4	S Siriwardena (U17)	Central	11.52 6
5	14	A Arnold (U17)	Ayr Seaforth	11.73 4
6	16	A Dalglish	Lasswade	11.89 3
7	6	B Keillor	Arbroath	12.29 2
8	12	M Astell	Aberdeen	12.35 1

400m B				
1	16	G Learmonth (U20)	Lasswade	49.07 12
2	4	T Ashby	Central	50.10 10
3	10	E Dyer (U17)	Pitreavie	51.35 8
4	2	M Burslem	Edinburgh	52.64 6
5	14	A Gray (U17)	Ayr Seaforth	53.35 4
6	12	J Mann (U20)	Aberdeen	54.59 3
7				0
8				0

1500m B				
1	4	A Butchart (U20)	Central	4:05.69 12
2	11	J Joy	Aberdeen	4:06.75 10
3	14	J Wales	Ayr Seaforth	4:20.58 8
4	16	R Finlayson	Lasswade	4:32.94 6
5				0
6				0
7				0
8				0

110m Hurdles B		w/s +2.0 m/s		
1	6	B Keillor	Arbroath	19.73 12
2				0
3				0
4				0
5				0
6				0
7				0
8				0

3000m S/C B				
1	4	M Wright	Central	9:57.08 12
2	13	J Dunn (U20)	Ayr Seaforth	12:04.62 10
3				0
4				0
5				0
6				0
7				0
8				0

Long Jump A

1	3	K Henderson (U20)	Central	6.88	16
2	5	D Murray	Arbroath	6.49	14
3	8	I Paget	Shettleston	6.37	12
4	10	A Smith (U20)	Pitreavie	6.34	10
5	1	G McKay	Edinburgh	6.15	8
6	15	C Wilson (U20)	Lasswade	6.09	6
7	11	S Lyon (U20)	Aberdeen	6.09	5
8	13	S Jones (U17)	Ayr Seaforth	5.11	4

High Jump A

1	9	A Smith (U20)	Pitreavie	2.05	16
2	5	D Murray	Arbroath	1.85	14
3	2	A Hamilton (U20)	Edinburgh	1.85	12
4	15	R Ferguson (U17)	Lasswade	1.80	10
5	14	A Gray (U17)	Ayr Seaforth	1.70	8
6	11	S Lyon (U20)	Aberdeen	1.65	6
7	3	K Pearson	Central	1.55	5
8					0

Shot Putt A

1	1	D Kaasselstrand	Edinburgh	13.37	16
2	8	A Mackay	Shettleston	12.90	14
3	3	G Sweeney	Central	12.39	12
4	6	C Smith	Arbroath	11.64	10
5	11	F McCabe	Aberdeen	11.23	8
6	15	J Grant	Lasswade	8.90	6
7	13	J Dunn (U20)	Ayr Seaforth	7.52	5
8					0

Hammer A

1	9	A Frost	Pitreavie	68.06	16
2	7	D Little	Shettleston	55.35	14
3	1	D Kaasselstrand	Edinburgh	44.93	12
4	5	R Rogers	Arbroath	33.86	10
5	4	R Todd	Central	29.98	8
6	16	E Kopystynski	Lasswade	23.67	6
7	12	B Masson	Aberdeen	21.48	5
8					0

Long Jump B

1	6	M Downie (U20)	Arbroath	6.28	12
2	9	D Agnew	Pitreavie	6.13	10
3	2	S Charters	Edinburgh	5.99	8
4	12	C Cameron (U17)	Aberdeen	5.59	6
5	7	J Ruddy	Shettleston	5.45	4
6	4	R Calder (U17)	Central	5.15	3
7	16	D Nicol	Lasswade	4.79	2
8					0

High Jump B

1	6	M Downie (U20)	Arbroath	1.80	12
2	16	F Nimmo (U17)	Lasswade	1.60	10
3	12	P Mutch	Aberdeen	1.60	8
4	1	M Fernie (U17)	Edinburgh	1.60	6
5	4	A Beaton	Central	1.50	4
	13	S Jones (U17)	Ayr Seaforth	1.35	0
7					0
8					0

Shot Putt B

1	5	R Rogers	Arbroath	10.58	12
2	7	D Little	Shettleston	9.46	10
3	12	K Lyon	Aberdeen	8.42	8
4	16	J McComish	Lasswade	8.07	6
5					0
6					0
7					0
8					0

Hammer B

1	2	R McManus (U20)	Edinburgh	42.88	12
2	6	C Smith	Arbroath	30.95	10
3	3	G Sweeney	Central	28.80	8
4	10	S Wallace	Pitreavie	22.70	6
	15	J Grant	Lasswade	19.61	0
	11	F McCabe	Aberdeen	19.08	0
	8	A Mackay	Shettleston	0.00	0
8					0

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Grangemouth

200m A		no windspeed			
1	9	R Oswald	Pitreavie	21.34	16
2	3	K Henderson (U20)	Central	22.28	14
3	1	G Turnbull	Edinburgh	22.41	12
4	7	J Ruddy	Shettleston	22.57	10
5	15	G Louden (U20)	Lasswade	22.64	8
6	13	J Thompson (U20)	Ayr Seaforth	23.78	6
7	5	B Keillor	Arbroath	24.35	5
8	11	R Legge (U17)	Aberdeen	24.55	4

800m A					
1	15	G Learmonth (U20)	Lasswade	1:53.01	16
2	3	S Reilly	Central	1:54.60	14
3	1	P Loudon (U20)	Edinburgh	1:54.73	12
4	11	J Joy	Aberdeen	1:54.97	10
5	9	C Robertson	Pitreavie	1:55.46	8
6	7	A Drummond (U20)	Shettleston	1:57.56	6
7	13	G Templeton	Ayr Seaforth	2:07.25	5
8					0

5000m A					
1	3	S McDonald	Central	14:53.50	16
2	7	M Gillespie	Shettleston	14:58.46	14
3	15	N Sheenan	Lasswade	14:59.32	12
4	5	S Campbell	Arbroath	15:43.59	10
5	12	C Strachan (U20)	Aberdeen	15:44.49	8
6	9	J Farquhar	Pitreavie	16:07.36	6
7	2	P Brennan	Edinburgh	16:38.94	5
8	13	M Ducrot	Ayr Seaforth	16:51.42	4

400m Hurdles A					
1	13	A McElwee	Ayr Seaforth	57.00	16
2	1	T Harris (U20)	Edinburgh	58.08	14
3	11	J Mann (U20)	Aberdeen	58.13	12
4	9	M Burns	Pitreavie	58.69	10
5	3	M Wright	Central	61.38	8
6	5	B Keillor	Arbroath	64.06	6
7					0
8					0

4 by 100m Relay					
1	1	TurnbSymonHarriChart	Edinburgh	43.21	16
2	9	Dyer BurnsRoberOswal	Pitreavie	43.79	14
3	3	HendeBeatoSiriwCalde	Central	44.89	12
4	15	DalglWilsoCarstPatte	Lasswade	46.23	10
5	11	Lyon McKeoLeggeAstel	Aberdeen	47.71	8
6	5	WhiteKeillDowniMurra	Arbroath	50.91	6
7					0
8					0

200m B		w/s +1.1 m/s			
1	2	I Symonds (U20)	Edinburgh	22.29	12
2	10	A Young (U20)	Pitreavie	22.50	10
3	4	A Beaton	Central	23.03	8
4	14	A Arnold (U17)	Ayr Seaforth	23.98	6
5	16	R Patterson (U20)	Lasswade	24.17	4
6	8	R Ferrol (U20)	Shettleston	24.67	3
7	6	D Murray	Arbroath	25.64	2
8	12	M Astell	Aberdeen	25.71	1

800m B					
1	4	M Paterson (U20)	Central	2:00.06	12
2	12	M Haskett	Aberdeen	2:00.80	10
3	16	G Learmonth (U20)	Lasswade	2:02.65	8
4	8	R Munro (U20)	Shettleston	2:04.82	6
5	2	A Jack (U20)	Edinburgh	2:05.00	4
6					0
7					0
8					0

5000m B					
1	4	L Millar	Central	15:22.26	12
2	11	R Legge (U17)	Aberdeen	16:27.51	10
3	16	S Gaffney	Lasswade	16:40.00	8
	8	J Oates	Shettleston	18.05.30	0
5					0
6					0
7					0
8					0

400m Hurdles B					
1	12	A Love	Aberdeen	62.58	12
2	14	J Thompson (U20)	Ayr Seaforth	66.56	10
3	2	L Renton (U20)	Edinburgh	67.48	8
4	6	R White (U20)	Arbroath	68.32	6
5	4	D MacKinlay (U20)	Central	69.62	4
6					0
7					0
8					0

4 by 400m Relay					
1	3	ReillPaterHendeMacPh	Central	3:21.53	16
2	15	LearmAnderMatheLoude	Lasswade	3:22.71	14
3	1	BurslHamilTurnbLoudo	Edinburgh	3:23.81	12
4	9	RoberBurnsDyer Young	Pitreavie	3:26.09	10
5	7	RuddyOatesMunroDrumm	Shettleston	3:38.88	8
6	11	MutchJoyMann Haske	Aberdeen	3:39.49	6
7	13	TemplGray Rae (McElw	Ayr Seaforth	3:40.14	5
8	5	ShephWhiteKeillCampb	Arbroath	4:06.51	4

Triple Jump A

1	2	A Hamilton (U20)	Edinburgh	13.53	16
2	11	S Lyon (U20)	Aberdeen	13.38	14
3	15	C Wilson (U20)	Lasswade	12.70	12
4	5	D Murray	Arbroath	12.67	10
5	7	I Paget	Shettleston	12.07	8
6	9	M Burns	Pitreavie	11.33	6
7	3	K Pearson	Central	10.50	5
8					0

Triple Jump B

1	1	P Loudon (U20)	Edinburgh	11.59	12
2	12	D Munro	Aberdeen	11.02	10
3	16	D Nicol	Lasswade	10.70	8
4	8	A Mackay	Shettleston	10.55	6
5	4	M Wright	Central	10.48	4
6	6	R White (U20)	Arbroath	10.15	3
	10	S Wallace	Pitreavie	0.00	0
8					0

Pole Vault A

1	5	M Downie (U20)	Arbroath	3.60	16
2	4	R Todd	Central	3.20	14
3	9	D Agnew	Pitreavie	3.00	12
4	12	D Mann (U17)	Aberdeen	2.90	10
5	15	J Grant	Lasswade	2.80	8
6					0
7					0
8					0

Pole Vault B

1	3	K Pearson	Central	3.00	12
2	11	K Lyon	Aberdeen	2.80	10
3	16	F Nimmo (U17)	Lasswade	2.70	8
4					0
5					0
6					0
7					0
8					0

Discus A

1	1	D Kaasselstrand	Edinburgh	49.95	16
2	8	A McInroy	Shettleston	49.43	14
3	5	R Rogers	Arbroath	36.86	12
4	3	G Sweeney	Central	33.70	10
5	9	D Agnew	Pitreavie	33.66	8
6	11	F McCabe	Aberdeen	31.82	6
7	15	J Grant	Lasswade	22.72	5
8					0

Discus B

1	7	A Mackay	Shettleston	39.60	12
2	4	R Todd	Central	32.52	10
3	6	C Smith	Arbroath	30.91	8
4	12	B Masson	Aberdeen	24.89	6
5	16	E Kopystynski	Lasswade	20.26	4
	2	R McManus (U20)	Edinburgh	0.00	0
7					0
8					0

Javelin A

1	5	C Smith	Arbroath	55.73	16
2	1	W Lerche (U20)	Edinburgh	51.82	14
3	11	F McCabe	Aberdeen	40.86	12
4	3	K Pearson	Central	37.78	10
5	15	J Grant	Lasswade	35.94	8
6	9	D Agnew	Pitreavie	34.09	6
7	14	J Wales	Ayr Seaforth	31.64	5
8	7	A Mackay	Shettleston	28.90	4

Javelin B

1	12	S Lyon (U20)	Aberdeen	39.67	12
2	4	G Sweeney	Central	35.14	10
3	16	J Whyman	Lasswade	28.69	8
4	6	R Rogers	Arbroath	28.13	6
5	13	J Thompson (U20)	Ayr Seaforth	27.60	4
	8	D Little	Shettleston	0.00	0
7					0
8					0

Notes

Central AC are League champions.

Aberdeen penalised 10 points for using an U17 athlete in the 5,000m.

Scrutiny complete 29/8/10, subject to any appeals.

Total Points 1955

Match Result

Penalty Points		Match Points	Pts
0	Central	345	8
0	Edinburgh	283	7
0	Lasswade	258	6
0	Arbroath	246	5
10	Aberdeen	245	4
0	Pitreavie	232	3
0	Shettleston	194	2
0	Ayr Seaforth	142	1
10		1945	36

League Positions

		Match Points	Pts
1	Central	1382.5	32
2	Aberdeen	1169	25
3	Edinburgh	1056.5	24
4	Lasswade	975	20
5	Arbroath	954	17
6	Pitreavie	813	13
7	Shettleston	656.5	8
8	Ayr Seaforth	546.5	5
		7553	144

Previous Totals

		Match Points	Pts
1	Central	1037.5	24
2	Aberdeen	924	21
3	Edinburgh	773.5	17
4	Lasswade	717	14
5	Arbroath	708	12
6	Pitreavie	581	10
7	Shettleston	462.5	6
8	Ayr Seaforth	404.5	4
		5608	108