

2010-09-08_Linwood_Open_Graded.xls

T1 100M Heat 1
ws -0.1

Pos	No	Name	Club	M/F	Cat	Time
1	204	Alastair Beaton	Inverness Harriers	m	snr	11.34
2	246	Robert Frost	Shettleston	m	snr	11.51
3	224	Shaun Tonner	Inverclyde AC	m	u17	11.80
4	260	Stephen Nugent	Shettleston	m	u15	12.04
5	225	Michael Mullholland	Inverclyde AC	m	u17	12.39
6	266	Alec Thomas	Ronhill Cambuslang	m	u15	12.49
7	227	Gerard Cooke	Unattached	m	u20	12.62
8	228	Mark Magee	Greenock Glenpark H	m	u15	13.30

T2 100M Heat 2
ws 0.2+

Pos	No	Name	Club	M/F	Cat	Time
1	258	Adrian Mendez Mcveigh	Kilbarchan	m	u17	12.80
2	454	Sarah Glenny	Kilbarchan	f	u17	12.83
3	241	Andrew Hunter	Clydesdale	m	u13	12.85
4	230	Stewart Woodhouse	Giffnock North	m	u15	13.05
5	404	Frances Campbell	Kilbarchan	f	u17	13.23
6	444	Alana Crawford	North Ayrshire	f	u15	13.31
7	449	Kim Creechan	VP Cog	f	u17	13.51
8	261	Fraser Mackie	North Ayrshire	m	u15	13.89

T3 100M Heat 3
ws 0.2+

Pos	No	Name	Club	M/F	Cat	Time
1	424	Roisin Smith	Airdrie	f	u13	13.95
2	402	Sarah McDonald	Whitemoss	f	u13	13.97
3	414	Caitlin Stewart	Kilbarchan AAC	f	u15	14.11
4	442	Lisa Thomson	Shettleston	f	u15	14.12
5	452	Eirein McNaught	Ronhill Cambuslang	f	u15	14.27
6	455	Hannah Bartl	Glasgow School Sport	f	u13	14.37
7	441	Caitlin Lee	North Ayrshire	f	u15	14.56
8	447	Molly Mooney	North Ayrshire	f	u13	15.00

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		800M Results				
		Heat No 1				
Pos	No	Name	Club	M/F	Cat	Time
1	209	Alistair Hay	Central	m	sen	01.52.46
2	200	Martyn Paterson	Central	m	u20	01.52.90
3	202	Scott Pilkington	Corstorphine	m	snr	01:53:28
4	231	Tom Watson	Central	m	u17	01.54.26
5	235	Scott MacAulay	Kilbarchan	m	u20	01.56.19
6	201	Sean Fontana	VP Cog	m	u23	01:56:88
7	239	Scott Anderson	Lasswade	m	u23	01.58.75
8	214	Christopher Watson	Law & District	m	u17	01:59:27
9	237	Ross McLearie	Giffnock North	m	snr	01.59.95
10	211	Martin Fishwick	Giffnock North	m	u20	02:02:60

		Heat No 2				
Pos	No	Name	Club	M/F	Cat	Time
1	203	Edward Dudgeon	Edinburgh AC	m	u20	02:01:44
2	222	Ruaridh Munro	Shettleston	m	u20	02.03.28
3	220	Greg Williams	Inverclyde AC	m	u17	02.03.83
4	243	Craig McIntyre	Kirkintilloch	m	u20	02.05.51
5	221	Chris Ponton	Nithsdale AC	m	u17	02.06.39
6	245	Adam Peters	Kirkintilloch	m	snr	02.09.54
7	405	Jade MacLaren	VP Cog	f	snr	02.10.38
8	244	Callum Heirs	Kirkintilloch	m	u17	02.10.68
9	219	Thomas Jamieson	Inverclyde AC	m	snr	02.14.59
10	423	Natalie Sharp	Kilbarchan	f	u20	02.16.13

		800M Results				
		Heat No 3				
Pos	No	Name	Club	M/F	Cat	Time
1	412	Mhairi Hendry	Shettleston H	f	u15	02.17.38
2	430	Cara Anderson	Perth Strathtay	f	u20	02.19.89
3	206	Kieron Rafferty	VP Cog	m	u15	02:22:64
4	248	Scott McLardie	Kilbarchan	m	U13	02.23.59
5	232	Ryan Gray	Inverclyde AC	m	u11	02.24.12
6	424	Roisin Smith	Airdrie	f	u13	02.24.70
7	223	Daniel Toland	Shettleston	m	u13	02.24.91
8	242	Adam Scott	Fife AC	m	u11	02.32.68
9	422	Shannon McMahon	East Kilbride	f	u15	02.44.08
10						

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800M RESULTS						
Heat No 4						
Pos	No	Name	Club	M/F	Cat	Time
1	261	Fraser Mackie	North Ayrshire	m	u15	02.27.01
2	406	Victoria McGloin	Shettleston H	f	u17	02.27.46
3	425	Emma Mitchell	Inverclyde AC	f	u13	02.31.73
4	401	Jemma McQuillan	Shettleston	f	u15	02.34.49
5	210	Fin Ritchie	Helensburgh AAC	m	u15	02:35:21
6	419	Niamh Brown	Ronhill Cambuslang	f	u13	02.36.83
7	215	Richard Watson	Law and District	m	u17	02:38:29
8	437	Danielle Kelly	Giffnock North	f	u11	02.40.10
9	420	Sophie Hayes	Ronhill Cambuslang	f	u15	02.43.13
10	218	Andrew MacAngus	Kilbarchan	m	u11	02:44:54

Heat No 5						
Pos	No	Name	Club	M/F	Cat	Time
1	249	David Campbell	Clydesdale	m	u15	2.31.64
2	413	Robyn Connolly	VP Cog	f	u13	2.39.52
3	446	Claire Reid	Clydesdale	f	u17	2.46.25
4	407	Emma Ferrie	VPCog	f	u13	2.46.98
5	417	Rona Tytler	Kilbarchan	u	u11	2.47.55
6	411	Megan Robertson	Helensburgh AAC	f	u13	2.51.02
7	448	Jenna Gillespie	North Ayrshire	f	u13	2.56.50
8	429	Amy Bissett	VP Cog	f	u11	2.56.97
9	434	Heather Fawcett	Kilbarchan	f	u11	3.05.90

800M Results						
Heat No 6						

1	439	Shona Blades	North Ayrshire	f	u13	2.46.61
2	421	Rachel Busby	Clydesdale H	f	u13	2.52.31
3	217	Stephen kane	Clydesdale H	m	u11	2.59.07
4	213	Liam McLaughlin	St John Bosco	m	u11	2.59.74
5	416	Natasha Mackay	Shettleston H	f	u11	3.01.90
6	435	Nicole Waters	VPCoG	f	u13	3.14.67
7	459	Caitlin Stuart	Clydesdale H	f	u11	3.25.42

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1500M Results Heat 1					
No	Name	Club	M/F	Cat	Time
269	Lachlan Oates	Shettleston	m	u20	04.08.79
216	Daniel Bradford	Shettleston	m	snr	04:14:51
267	Kevin Downie	East Kilbride	m	vet	04.19.66
257	Callum Drummond	Shettleston	m	u15	04.23.14
251	Michael Houston	Inverclyde AC	m	u17	04.25.04
265	Stuart Roe	Ronhill Cambuslang	m	u17	04.25.62
262	Gavin McArdle	Kilbarchan	m	u15	04.25.97

1500M RESULTS HEAT 2					
No	Name	Club	M/F	Cat	Time
270	Jeff Farquhar	Pitreavie	m	vet	04.36.94
250	Josh Houston	Inverclyde AC	m	u15	04.38.40
253	Ross Stephen	Ronhill Cambuslang	m	u15	04.39.54
234	Liam Turner	VP Cog	m	u15	04.41.78
212	Joe Brown	Ronhill Cambuslang	m	u15	04:44:49
238	Murray McGiven	Shettleston	m	u15	04.44.82
268	Craig Jardine	VP Cog	m	u15	04.55.70
233	Ross Gray	Inverclyde AC	m	u13	04.59.97

1500M Results Heat 3

271	Neil MacLachlan	Pitreavie	m	snr	04.56.82
443	Alexandra Lamond	Kirkintilloch	f	u20	05.08.20
458	Myrtle Breckenridge	Shettleston	f	u15	05.10.04
456	Roisin McShea	Clydesdale	f	u15	05.18.66
247	Kieran Pugh	Kirkintilloch	m	u15	05.23.30
428	Chloe Simpson	Inverclyde AC	f	u15	05.41.90
457	Rebecca Conway	Giffnock North	f	u15	05.50.47
438	Halle Stewart	North Ayrshire	f	u13	06.23.10

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Discus Male Results					
No	Name	Club	M/F	Cat	Dist
205	Keith Garrow	East Kilbride	m	snr	32.30
229	Calum McWilliam	Giffnock North	m	u15	21.79
208	Jamie Crossan	Motherwell AC	m	u15	21.26
259	Alexandros Paparakis	North Ayrshire	m	u15	20.00
207	Bobby Crossan	Motherwell AC	m	u13	14.25

DISCUS FEMALE RESULTS

No	Name	Club	M/F	Cat	Dist
432	Emma Steele	Inverclyde AC	f	snr	18.19
436	Holly Morgan	North Ayrshire	f	u15	20.93
427	Nicola MacKay	Shettleston	f	u15	16.69
408	Megan Laing	Livingston & Dist	f	u13	25.45

High Jump Male Results

No	Name	Club	M/F	Cat	HT
226	Scott Connal	Kirkintilloch	m	u11	1.35
236	Jordan Worthington	Inverclyde AC	m	u13	1.00
263	Scott McAnally	Ayr Seaforth	m	u15	1.60
254	Thomas Campbell	VP Cog	m	u23	1.90

HIGH JUMP FEMALE RESULTS

No	Name	Club	M/F	Cat	Ht
426	Erin Crichton	VP Cog	f	u13	1.35
403	Alison Stewart	Whitemoss	f	u13	1.35
402	Sarah McDonald	Whitemoss	f	u13	1.30
418	Lauren McSkimming	Whitemoss	f	u15	1.45
414	Caitlin Stewart	Kilbarchan AAC	f	u15	1.35
433	Hayley Ashcroft	Inverclyde AC	f	u15	1.30
446	Claire Reid	Clydesdale	f	u17	1.35
440	Hazel Blair	VPCog	f	snr	1.50

Shot Putt Male Results

No	Name	Club	M/F	Cat	Dist
207	Bobby Crossan	Motherwell AC	m	u13	6.95
256	Kyle Jackson	North Ayrshire	m	u13	6.42
223	Daniel Toland	Shettleston	m	u13	6.11
263	Scott McAnally	Ayr Seaforth	m	u15	10.36
229	Calum McWilliam	Giffnock North	m	u15	10.00
208	Jamie Crossan	Motherwell AC	m	u15	8.96
259	Alexandros Paparakis	North Ayrshire	m	u15	7.52
249	David Campbell	Clydesdale	m	u15	4.04

SHOT PUTT FEMALE RESULTS

No	Name	Club	M/F	Cat	Dist
453	Evie Bartl	Kilmarnock	f	u11	5.64
455	Hannah Bartl	Glasgow School Sport	f	u13	7.04
448	Jenna Gillespie	North Ayrshire	f	u13	5.79
445	Lauren Gillespie	North Ayrshire	f	u13	5.51
427	Nicola MacKay	Shettleston	f	u15	9.27
418	Lauren McSkimming	Whitemoss	f	u15	6.80
436	Holly Morgan	North Ayrshire	f	u15	6.05

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Long Jump Male Results

No	Name	Club	M/F	Cat	Dst
226	Scott Connal	Kirkintilloch	m	u11	3.88
252	Ryan Stephen	Ronhill Cambuslang	m	u11	3.27
241	Andrew Hunter	Clydesdale	m	u13	4.66
223	Daniel Toland	Shettleston	m	u13	3.73
236	Jordan Worthington	Inverclyde AC	m	u13	2.57
264	Kade Thomas	Ronhill Cambuslang	m	u15	4.98
266	Alec Thomas	Ronhill Cambuslang	m	u15	4.67
240	Antony Daffurn	Harrow AC	m	snr	6.30

Long Jump Female Results

No	Name	Club	M/F	Cat	Dst
410	Phoebe Lewis	North Ayrshire	f	u11	2.67
459	Caitlin Stuart	Clydesdale	f	u11	1.90
403	Alison Stewart	Whitemoss	f	u13	4.20
424	Roisin Smith	Airdrie	f	u13	4.19
447	Molly Mooney	North Ayrshire	f	u13	3.62
407	Emma Ferrie	VPCog	f	u13	3.29
445	Lauren Gillespie	North Ayrshire	f	u13	3.15
438	Halle Stewart	North Ayrshire	f	u13	2.82
442	Lisa Thomson	Shettleston	f	u15	4.76
444	Alana Crawford	North Ayrshire	f	u15	3.79
439	Shona Blades	North Ayrshire	f	u15	3.35
433	Hayley Ashcroft	Inverclyde AC	f	u15	3.28
431	Abbie Fyfe	Inverclyde AC	f	u15	2.41
432	Emma Steele	Inverclyde AC	f	snr	4.41