

# SAIL Final

13<sup>th</sup> March 2011

## 12:00 4 x 200m Relay Heats/Finals

U11G, U13G, U15G, U17W, U20W, U11B, U13B, U15B, U17M, U20M

Track - straight			Track - circular			Field		
14:00	60m A String	U11G	14:40	800m	U17W	12:30	Long Jump	U13B
14:03	60m B String	U11G	14:45	800m	U17M	13:00	High Jump	U13G
14:06	60m	U13G	14:50	800m	U20W	13:00	Long Jump	U15B
14:09	60m	U15G	14:55	800m	U20M	13:00	High Jump	U15G
14:12	60m	U17W	15:20	600m A String	U11G	13:00	Shot Putt	U17M
14:15	60m	U20W	15:25	600m B String	U11G	13:00	High Jump	U17W
14:20	60m A String	U11B	15:30	600m A String	U11B	13:00	High Jump	U20W
14:23	60m B String	U11B	15:35	600m B String	U11B	13:30	Long Jump	U17M
14:26	60m	U13B	16:00	800m	U13G	13:30	Shot Putt	U17W
14:29	60m	U15B	16:05	800m	U13B	13:30	Long Jump	U20M
14:32	60m	U17M	16:10	800m	U15G	13:30	Shot Putt	U20W
14:35	60m	U20M	16:15	800m	U15B	14:15	Shot Putt	U15B
15:00	60m Hurdles	U13G	16:20	200m	U13G	14:15	Long Jump	U17W
15:05	60m Hurdles	U15G	16:24	200m	U15G	14:15	Long Jump	U20W
15:10	60m Hurdles	U13B	16:28	200m	U17W	14:45	Shot Putt	U13B
15:20	60m Hurdles	U17W	16:32	200m	U20W	14:45	Long Jump	U15G
15:25	60m Hurdles	U15B	16:35	200m	U13B	14:45	Shot Putt	U15G
15:30	60m Hurdles	U20W	16:38	200m	U15B	15:00	High Jump	U13B
15:40	60m Hurdles	U17M	16:41	200m	U17M	15:00	High Jump	U15B
15:45	60m Hurdles	U20M	16:47	200m	U20M	15:00	High Jump	U17M
			16:50	300m	U17W	15:00	High Jump	U20M
			16:55	300m	U15G	15:15	Long Jump	U13G
			17:00	400m	U15B	15:30	Shot Putt	U13G
			17:05	400m	U17M	16:00	Standing Long Jump	U11G
			17:10	400m	U20W	16:00	Triple Jump	U17M
			17:15	400m	U20M	16:00	Shot Putt	U20M
						16:00	Triple Jump	U20M
						16:30	Standing Long Jump	U11B
						16:30	Triple Jump	U17W
						16:30	Triple Jump	U20W

17:20 Relay finals (as required)

17:45 Prizegiving