scottishathletics U14 IFC - U16/18 Open Scostoun Saturday 7 May 2011

PROVISIONAL TRACK TIMETABLE

EVENT NO	TIME	EVENT	AGE GROUP	Nos	ROUND	Heats
T01	10.00	100m	Women		1	8 Heats
T02	10.40	100m	Men		1	8 Heats
T03	11.20	300m	Women		1	2 Heats
T04	11.30	400m	Men		1	4 Heats
T05	11.50	800m	Women		1	3 Heats
T06	12.10	800m	Men		1	3 Heats
T07	12.25	100m	U14 IFC	32	1	4 Heats
T08	12.45	1500M S/chase	Women		1	1 Heat
		LUNCH				
T09	13.45	100m Hurd	U16B		1	2 Heats
T10	13.55	80m Hurd	U16G		1	3 Heats
T11	14.10	200m	Women		1	8 Heats
T12	14.50	200m	Men		1	8 Heats
T13	15.30	1500m	Women		1	3 Heats
T14	16.00	1500m	Men		1	3 Heats
T15	16.30	Medley Relay	U14 IFC		1	1 Heat

PROVISIONAL FIELD TIMETABLE

EVENT NO	TIME	TIME EVENT AGE GROUP Info		Info	Nos	
F01	9.45	HAMMER	Men			
F02	9.45	TRIPLE JUMP	All		11m board	
F03	9.45	HIGH JUMP	All	st ht 1.15m		
F04	11.00	POLE VAULT	All	st ht 2m		
F05	11.00	HAMMER	Women			
F06	11.00	LONG JUMP	All	4.40m+	1m board	
F07	11.00	SHOT PUTT	Men			
F08	11.00	HIGH JUMP	All	st ht 1.35m		
F09	12.30	LONG JUMP	All	5.60m+	3m board	
F10	12.30	JAVELIN	Men			
F11	13.00	HIGH JUMP	U 14 IFC	st ht 1.00m		16
F12	14.00	SHOT PUTT	Women			
F13	14.00	LONG JUMP	U 14 IFC			16
F14	14.00	POLE VAULT	All	st ht 3.20m		
F15	14.00	DISCUS	Men			
F16	15.00	HIGH JUMP	All	st ht 1.50m		
F17	15.30	JAVELIN	Women			
F18	15.30	LONG JUMP	All	3.20m+	1m board	
F19	15.30	SHOT PUTT	U 14 IFC			32
F20	16.45	DISCUS	Women			
F21	16.45	TRIPLE JUMP	All		7/9m board	

NB - Field event groups are a guidline & may be altered on receipt of entries

Please Note: The U14 Inter Facility Challenge is a select match. To find out more information visit www.scottishathletics.org.uk

scottishathletics U18 Open &U20/Senior Loughborough Trials Scotstoun Sunday 8 May 2011

Provisional Track Tmetable

EVENT NO	TIME	EVENT	AGE GROUP	Round	No of Heats
T01	10.30	400m Hurdles	Sen/U20M	1 of 1	2
T02	10.40	400m Hurdles	U18M	1 of 1	2
T03	10.50	400m Hurdles	Sen/U20W	1 of 1	2
T04	11.00	300m Hurdles	U18W	1 of 1	2
T05	11.10	3000m	Men	1 of 1	1
T06	11.25	3000m	Women	1 of 1	1
T07	11.40	100m	Men	1 of 1	5
T08	12.05	100m	Women	1 of 1	4
T09	12.25	800m	Men	1 of 1	3
T10	12.40	800m	Women	1 of 1	2
T11	12.50	400m	Men	1 of 1	3
T12	13.05	400m	Women	1 of 1	2
		LUNCH			
T13	13.15	5000m	Men	1 of 1	1
T14	14.00	110m Hurdles	Sen M	1 of 1	1
T15	14.05	110m Hurdles	U20 Men	1 of 1	1
T16	14.10	110m Hurdles	U18M	1 of 1	1
T17	14.15	100m Hurdles	Sen/U20W	1 of 1	2
T18	14.25	100m Hurdles	U18W	1 of 1	2
T19	14.40	2000m S/Chase	Women	1 of 1	1
T20	14.50	3000m S/Chase	Women	1 of 1	1
T21	15.10	1500m	Men	1 of 1	1
T22	15.35	1500m	Women	1 of 1	1
T23	15.45	2000m S/Chase	U18M	1 of 1	1
T24	15.55	3000m S/Chase	Women	1 of 1	1
T25	16.10	200m	Men	1 of 1	5
T26	16.25	200m	Women	1 of 1	4

FIELD EVENTS

EVENT NO	TIME	EVENT	AGE GROUP	ATHLETES
F01	10.00	Hammer	Men	
F02	10.45	Hammer	Women	
F03	10.45	Pole Vault	Women	
F04	10.45	Triple Jump	Women	
F05	12.00	Javelin	Women	
F06	12.00	Long Jump	Men	
F07	12.00	High Jump	Women	
F08	13.15	Javelin	Men	
F09	13.15	Long Jump	Women	
F10	13.15	Shot Putt	Men	
F11	14.30	Discus	Women	
F12	14.30	Pole Vault	Men	
F13	14.30	High Jump	Men	
F14	15.45	Discus	Men	
F15	15.45	Triple Jump	Men	
F16	15.45	Shot Putt	Women	