

M 100m A		Wind +1.4 m/s	M 100m B		Wind +2.7 m/s
1 Christian Carson	GHD	10.92	1 Callum McLean	SAL	11.11
2 James McLaren	U17 KGA	11.03	2 Matthew Greenhow	U17 GHD	11.22
3 Marcel Stevens	SAL	11.11	3 Ewan McBride	U17 KGA	11.34
4 Nathaniel Louis	WKF	11.20	4 James Earl McBorough	U17 WKF	11.38
5 Tom Bradbury	PST	11.39	5 Freddy Smith	U17 EDN	11.51
6 James Inness	U17 EDN	11.66	6 Andy Burrell	U17 PST	11.75
7 Jamie Lewis	U17 GSW	11.67	7 James Quinn	GSW	12.12
8 Ryan Calder	U17 TFV	12.22	8 Keiron Ferguson	U17 TFV	12.12
M 200m A		Wind +0.3 m/s	M 200m B		Wind +1.3 m/s
1 Roy Ejiakuekwu	U17 SAL	21.87	1 Marcel Stevens	SAL	22.31
2 Christian Carson	GHD	22.22	2 Blair Crawford	GSW	23.03
3 James McLaren	U17 KGA	22.39	3 Jack Greenwell	GHD	23.31
4 Nathaniel Louis	WKF	22.84	4 Josh Ingham	U17 PST	23.31
5 Tom Bradbury	PST	23.14	5 James Earl McBorough	U17 WKF	23.40
6 John Glen	U17 EDN	23.15	6 Cameron Thompson-Dunca	KGA	23.56
7 James Quinn	GSW	23.31	7 Chris Kelly	U17 EDN	23.86
8 Shawn Wright	U17 TFV	24.43	8 Scott Henderson	U17 TFV	24.99
M 400m A			M 400m B		
1 Jay Younger	EDN	49.24	1 Allan Hamilton	EDN	51.01
2 Josh Ingham	U17 PST	51.47	2 Matthew Greenhow	U17 GHD	51.61
3 Andrew Roen	GHD	51.60	3 Robbie Cuthbert	U17 KGA	52.12
4 William Rotherford	U17 WKF	51.93	4 Jamie Lewis	U17 GSW	52.62
5 Lewis Hunter	U17 KGA	51.94	5 Oliver Edmunds	U17 WKF	53.72
6 Lewis Grant	TFV	52.11	6 Ed Greenall	PST	53.87
7 Michael Slattery	U17 SAL	52.62	7 Shawn Wright	U17 TFV	53.93
8 Daniel Chapman	GSW	52.92	8	SAL	DQ
M 800m A			M 800m B		
1 Peter Loudon	EDN	1.55.10	1 Connor Henderson	GSW	1.59.15
2 Max Aitchison	U17 GSW	1.58.35	2 Simeon Greenwood	GHD	1.59.60
3 Ewan Martin	TFV	1.58.54	3 Ben Stevenson	TFV	2.01.28
4 James Saxton	U17 WKF	1.59.77	4 Ciaran Turton	U17 EDN	2.06.11
5 Niall Curley	U17 KGA	2.03.27	5 Scott McAlpine	U17 KGA	2.08.06
6 Alex Bradford	U17 SAL	2.16.26	6 Ben Daggett	U17 WKF	2.10.02
7 Greg Urwin	GHD	DNF			
M 1500m A			M 1500m B		
1 Ben Akin	PST	4.09.05	1 Martin Fishwick	GSW	4.12.39
2 Max Aitchison	U17 GSW	4.09.25	2 Scott Stirling	TFV	4.30.74
3 Tom Coney	WKF	4.21.86	3 Daniel Cunningham	GHD	4.35.21
4 Callum Morgan	GHD	4.22.36	4 Ben Daggett	U17 WKF	4.39.10
5 Ewan Martin	TFV	4.24.26	5 Cameron Thomas	U17 KGA	4.48.76
6 Scott McAlpine	U17 KGA	4.26.46	6 Will Fielding	PST	DNF
7 Jake Kerr	U17 EDN	4.29.99			
8 Kyle Conway	SAL	4.33.55			
M 3000m A			M 3000m B		
1 Andrew Dearie	GSW	9.00.90	1 Neil Gourlay	U17 GSW	9.08.08
2 Jamie Crowe	KGA	9.16.52	2 Zac Delaney	KGA	9.38.89
3 Jake Worton	U17 WKF	9.38.00	3 Ryan Hartley	WKF	10.05.64
4 Lawrence McCourt	GHD	9.55.57	4 Lewis Grant	TFV	10.08.05
5 Max McNeil	TFV	10.01.07	5 Khaled Absiyeh	U17 SAL	10.25.72
6 Will Fielding	PST	10.07.00			
7 Jimmy Castle	U17 SAL	10.08.18			

M 110mH A wind +0.1 m/s
1 Toby Harris EDN 15.5
2 Nick Wood GHD 15.6
3 Jack Lawrie U17 KGA 16.6
4 John Mulhern GSW 17.0
5 Craig Richie TFV 18.8
6 William Mullroy WKF 22.7

M 110mH B wind +1.9 m/s
1 Ewan Dyer KGA 16.78
2 Joey Williams U17 GHD 16.79
3 Taylor Nimmo U17 TFV 17.99

M 400mH A
1 Ewan Dyer KGA 56.10
2 Toby Harris EDN 57.22
3 John Mulhern GSW 59.71
4 Craig Richie TFV 60.69
5 Ed Greenall PST 60.86
6 Chris Douthwaite GHD 62.26
7 Tom Coney WKF 71.40

M 400mH B
1 Andrew McFarlane GSW 58.88
2 Joey Williams U17 GHD 62.42
3 Steven Cattanach U17 KGA 62.51
4 William Mullroy WKF 67.76
5 Paul Hodgson PST 68.23

M 2000m Sc A
1 Barry Maskell U17 GHD 6.14.12
2 Russell Mountford U17 GSW 6.27.95
3 Ben Akin PST 6.37.17
4 Jamie Crowe KGA 6.54.54
5 Matt Holmes SAL 7.24.68
6 Ryan Hartley WKF 7.38.10

M 2000m Sc B
1 Paul Hodgson PST 6.38.49
2 Neil Gourlay U17 GSW 7.00.85
3 Zac Delaney KGA 7.02.81
4 James Tumility GHD 7.46.49
5 Ashley Raby WKF 7.52.91

M Discus Throw A
1 Alan Toward GHD 44.72
2 Craig Westerman WKF 41.45
3 Ben Logan KGA 37.34
4 Sam Johnson PST 36.93
5 Ross McManus EDN 34.28
6 Jack Sheldon U17 SAL 25.10
7 Nicky Stone GSW 22.99
8 Kevin Woods U17 TFV 17.86

M Discus Throw B
1 Brett Daley GHD 32.61
2 Fergus Greig U17 EDN 29.02
3 Tom Dewhurst PST 28.57
4 Scott McNiff U17 KGA 21.96
5 Chris Wood WKF 21.66
6 Jack Lochans GSW 16.77
7 Aidon Hilton TFV 13.78

M Hammer Throw A
1 Ross McManus EDN 56.13
2 Nicky Stone GSW 49.21
3 Jordan Bowser GHD 48.01
4 Craig Westerman WKF 40.58
5 Sam Johnson PST 37.93
6 Ben Logan KGA 23.21
7 Taylor Nimmo U17 TFV 16.98

M Hammer Throw B
1 Keiran Thackray U17 WKF 36.96
2 Jonathan Murray EDN 35.49
3 Terry Morgan U17 GHD 30.91
4 Tom Dewhurst PST 24.69
5 Blair Crawford GSW 22.02
6 Scott McNiff U17 KGA 16.00
7 Kevin Woods U17 TFV 14.25

M High Jump A
1 Kyle Henderson TFV 1.90
2 Sean Okome U17 SAL 1.85
3=Robert Ferguson U17 EDN 1.80
3=William Mullroy WKF 1.80
5 Sean Gaffney GSW 1.80
6 Jack Lawrie U17 KGA 1.65
7 Joey Williams U17 GHD 1.65
8 Will Fielding PST 1.60

M High Jump B
1 Fraser Weir TFV 1.85
2 Corey Hastings EDN 1.75
3 Chris Bradley U17 SAL 1.70
4 Jack Lochans GSW 1.70
5 Donald Tod KGA 1.60
6 Mark Purkis U17 GHD 1.60
7 Chris Harris WKF 1.50

M Javelin Throw A

1 Terry Morgan	U17	GHD	52.57
2 Tom Dewhurst		PST	44.34
3 Ben Logan		KGA	43.20
4 Freddy Smith	U17	EDN	40.56
5 Jack Sheldon	U17	SAL	34.03
6 Andrew McFarlane		GSW	32.03
7 Chris Wood		WKF	31.41
8 Kevin Woods	U17	TFV	24.34

M Javelin Throw B

1 Brett Daley		GHD	43.52
2 Niall McCoy	U17	PST	40.72
3 Jake Kerr	U17	EDN	34.83
4 Keiran Thackray	U17	WKF	31.18
5 Connor Henderson		GSW	26.46
6 Anthony Young		KGA	22.25
7 Fraser Weir		TFV	13.78

M Long Jump A

1 Kyle Henderson		TFV	7.10
2 Donald Tod		KGA	6.52
3 James Davies		SAL	6.47
4 Ben Poulter		GHD	6.31
5 William Rotherford	U17	WKF	6.06
6 James Inness	U17	EDN	5.65
7 Patrick Bowman	U17	GSW	5.47
8 David James		PST	5.18

M Long Jump B

1 Peter Muirhead		TFV	6.19
2 Chris Harris		WKF	5.88
3 Alex Bellis		SAL	5.85
4 James McLaren	U17	KGA	5.72
5 Fraser O'Rourke	U17	GSW	5.35
6 Niall McCoy	U17	PST	5.12
7 Jordan Newport		EDN	5.04

M Pole Vault A

1 Sam Adams		GSW	4.20
2 Grant Cryer		GHD	3.40
3 Jacob Sutcliffe	U17	SAL	3.40
4 Jack Lawrie	U17	KGA	2.60
5 Freddy Smith	U17	EDN	2.40
6 Michael Jones		WKF	2.20

M Pole Vault B

1 Patrick O'Donnell	U17	GSW	3.70
2 Chris Bradley	U17	SAL	2.50
3 Keiran Thackray	U17	WKF	2.10
4 Mark Purkis	U17	GHD	2.00

M Shot Putt A

1 Alan Toward		GHD	13.24
2 Craig Westerman		WKF	13.05
3 Ben Logan		KGA	12.55
4 Ross McManus		EDN	12.37
5 Jack Sheldon	U17	SAL	9.89
6 Andrew McFarlane		GSW	9.89
7 Sam Johnson		PST	9.38
8 Ryan Calder	U17	TFV	7.57

M Shot Putt B

1 Terry Morgan	U17	GHD	11.25
2 Andrew Loudon	U17	EDN	9.99
3 Nicky Stone		GSW	9.43
4 Chris Wood		WKF	8.81
5 Scott McNiff	U17	KGA	8.33
6 Tom Bradbury		PST	8.05
7 Scott Henderson	U17	TFV	5.49

M Triple Jump A

1 Scott Hall		GHD	14.06
2 Alex Bellis		SAL	13.45
3 Donald Tod		KGA	12.49
4 William Rotherford	U17	WKF	12.34
5 Fraser Baird		TFV	11.50
6 Jordan Newport		EDN	11.23
7 Patrick Bowman		GSW	10.78
8 Niall McCoy	U17	PST	10.72

M Triple Jump B

1 Ben Poulter		GHD	13.58
2 Robbie Nixon		SAL	12.39
3 Chris Harris		WKF	11.97
4 Ewan Dyer		KGA	10.89
5 Blair Crawford		GSW	10.74
6 David James		PST	10.37

W 100m A

		Wind	+2.1 m/s
1 Olivia Callaghan		SAL	12.10
2 Rachel Highfield	U17	GHD	12.16
3 Sophie Riley	U17	PST	12.30
4 Rebecca Watts		WKF	12.51
5 Emma Brown		GSW	13.01
6 Louise Russell	U17	KGA	13.04
7 Rebecca Caswell		EDN	13.07
8 Stacy McArdle	U17	TFV	13.87

W 100m B

		Wind	+1.5 m/s
1 Georgie Dowson	U17	GHD	12.78
2 Bethany Porter	U17	WKF	13.03
3 Hollie Keanie	U17	KGA	13.23
4 Rachel Dinsdale		EDN	13.30
5 Alysha Porter	U17	SAL	13.63
6 Alana Sinclair	U17	GSW	13.71
7 Kirsty Mitchel	U17	TFV	13.89

W 200m A		Wind +0.3 m/s	W 200m B		Wind -0.2 m/s
1 Olivia Callaghan		SAL 24.83	1 Laura Walker		GHD 25.93
2 Chloe Lambert		GSW 25.10	2 Rebecca Watts		WKF 26.14
3 Rachel Highfield	U17	GHD 25.13	3 Lauren Lambie	U17	GSW 26.57
4 Laura Robson		WKF 25.33	4 Beth Towers		PST 27.07
5 Sophie Riley	U17	PST 26.02	5 Hollie Keanie	U17	KGA 27.18
6 Kirsty Forsyth	U17	TFV 26.99	6 Gabi Vita		EDN 27.83
7 Kirsten Galbraith	U17	KGA 27.38	7 Alysha Porter	U17	SAL 28.36
8 Fiona Cleat		EDN 27.64	8 Kirsty Mitchell	U17	TFV 29.62
W 400m A			W 400m B		
1 Diane Ramsay		GSW 58.00	1 Sophie Fletcher		PST 60.11
2 Sally Smith		WKF 58.48	2 Sophie Elder		EDN 61.22
3 Beth Wynter		GHD 60.54	3 Georgie Dowson	U17	GHD 62.63
4 Kirsten Peters	U17	EDN 62.11	4 Bethany Sharp	U17	WKF 62.68
5 Lucy Sumner		PST 62.96	5 Connie Briggs		SAL 64.98
6 Kirsty Forsyth	U17	TFV 63.35	6 Katie McKnight		GSW 66.18
7 Anna Robertson		KGA 63.92	7 Stacy McArdle	U17	TFV 66.85
8 Sarah Simmen		SAL 64.28	8 Michaela Brown	U17	KGA 70.52
W 800m A			W 800m B		
1 Olivia O'Hare	U17	EDN 2.14.78	1 Tyra Watson		SAL 2.15.36
2 Iona Brodie		KGA 2.16.78	2 Laura Muir		KGA 2.16.46
3 Cherisse Walley		SAL 2.18.26	3 Blair Wood	U17	EDN 2.24.32
4 Stella Winters		GSW 2.20.61	4 Lauren Lambie	U17	GSW 2.30.10
5 Stephanie Lorraine		GHD 2.24.64	5 Sarah Hodgson	U17	PST 2.43.44
6 Lana Turnbull		TFV 2.31.32	6 Emily Wadge	U17	WKF 2.57.64
7 Alice Lightfoot		WKF 2.32.14	7 Hannah Lawler	U17	TFV 3.17.11
8 Lauren Bugler		PST DNF	8 Megan Nelson	U17	GHD DNF
W 1500m A			W 1500m B		
1 Hollie Young		GSW 4.43.58	1 Laura Gibson	U17	KGA 5.02.07
2 Laura Muir		KGA 4.51.84	2 Ounagh Dunnett	U17	EDN 5.08.68
3 Cherisse Walley		SAL 4.57.02	3 Paige Dickson		GSW 5.22.43
4 Lucy Sumner		PST 4.59.58	4 Imani Modahl	U17	SAL 5.28.03
5 Emma Dunnett	U17	EDN 5.03.77	5 Rebecca Pease	U17	GHD 5.33.75
6 Faye Lockhart	U17	GHD 5.21.64	6 Laura Sullivan	U17	PST 5.37.80
7 Alice Lightfoot		WKF 5.46.50	7 Jessica Timmins	U17	WKF 5.49.72
W 3000m A			W 3000m B		
1 Sarah Potter		GSW 9.51.43	1 Laura Penrice	U17	GSW 10.57.59
2 Katherine Pennel		KGA 10.15.97	2 Jennifer Cruickshank		KGA 11.21.49
3 Rebecca Pease	U17	GHD 11.08.73	3 Jessica Timmins	U17	WKF 12.09.85
4 Laura Sullivan	U17	PST 11.25.41			
5 Olivia Radcliffe	U17	WKF 11.49.37			
W 100mH A		Wind NIL m/s	W 100mH B		Wind -1.1 m/s
1 Hazel Ross		GSW 14.77	1 Judith McNichol		GSW 17.79
2 Ashleigh Wood		GHD 15.23	2 Rebecca Johnstone		KGA 17.97
3 Beth Towers		PST 15.40	3 Chloe Ann McGrigor		TFV 18.52
4 Hollie Lister	U17	TFV 17.43	4 Charlotte Sadler		GHD 19.63
5 Sarah Watters		EDN 17.97	5 Kati Williams		PST DNF
6 Rose Fagan	U17	KGA 19.80			

W 400mH A

1 Samantha Brook	WKF	67.98
2 Sophie Fletcher	PST	68.99
3 Charlotte Sadler	GHD	69.62
4 Connie Briggs	SAL	69.65
5 Sarah Dick	TFV	78.48
6 Rose Fagan	U17 KGA	84.93
7 Fiona Trew	EDN	DQ
8 Judith McNichol	GSW	DQ

W 400mH B

1 Fiona Cleat	EDN	70.59
2 Jodi Guinnane	SAL	71.40
3 Katie Coulson	U17 GHD	71.94
4 Rebecca Johnstone	KGA	72.71
5 Kirsty Mitchel	U17 TFV	75.19
6 Ashley Smith	U17 PST	75.24
7 Roisin Howat	GSW	75.26
8 Emily Wadge	U17 WKF	84.02

W 1500m Sc A

1 Dani Braithwaite	U17 GHD	5.12.06
2 Sarah Hodgson	U17 PST	5.39.27
3 Danielle Beatie	U17 GSW	5.40.16
4 Olivia McKenzie	U17 EDN	5.42.24
5 Jennifer Cruichshank	KGA	6.02.17
6 Lana Turnbull	TFV	6.09.14
7 Emily Wadge	U17 WKF	8.19.71

W 1500m Sc B

1 Katie Coulson	U17 GHD	5.35.20
2 Sophie Fletcher	PST	6.24.77
3 Rachel Hunter	U17 KGA	6.30.34
4 Nikki Jukes	WKF	8.19.79
5 Chloe Ann McGragor	TFV	8.51.63

W Discus Throw A

1 Emily Rawlins	SAL	33.87
2 Emily Lupton	U17 PST	32.59
3 Hannah Yates	U17 WKF	30.38
4 Kimberley Reed	U17 EDN	30.14
5 Rebecca Simpson	GHD	26.97
6 Emma Logan	KGA	26.46
7 Levak Limaviciute	GSW	26.28
8 Jaqueline Plain	TFV	20.12

W Discus Throw B

1 Lucy Holmes	WKF	29.59
2 Amy Lupton	PST	23.56
3 Nicola Mackay	U17 GSW	23.06
4 Lisa McAlpine	KGA	22.32
5 Kelly Bodley	EDN	22.21
6 Charlotte Dickenson	U17 SAL	19.34
7 Agatha Williams Kelly	U17 TFV	18.28
8 Charlotte Sadler	GHD	14.33

W Hammer Throw A

1 Kimberley Reed	U17 EDN	53.51
2 Jaqueline Plain	TFV	44.30
3 Rebecca Simpson	GHD	38.34
4 Lisa McAlpine	KGA	32.99
5 Levak Limaviciute	GSW	29.13
6 Hannah Yates	U17 WKF	28.16
7 Jasmine Burke	U17 SAL	28.03
8 Emily Lupton	U17 PST	17.87

W Hammer Throw B

1 Kelly Bodley	EDN	39.53
2 Kirsty Wallace	U17 KGA	31.00
3 Agatha Williams Kelly	U17 TFV	22.32
4 Emily Rawlins	SAL	22.24
5 Amy Hutchinson	GHD	20.22
6 Frances Campbell	U17 GSW	16.92
7 Megan Reynolds	WKF	14.13
8 Kati Williams	PST	11.80

W High Jump A

1 Hazel Ross	GSW	1.70
2 Kerry Anne Hastings	U17 EDN	1.55
3 Jodi Guinnane	SAL	1.55
4 Hollie Lister	U17 TFV	1.50
5 Laura Walker	GHD	1.50
6 Abbie Unsworth	U17 PST	1.50
7 Samantha Brook	WKF	1.45
8 Kirsten Galbraith	U17 KGA	1.35

W High Jump B

1 Nikki Manson	U17 GSW	1.55
2 Alexandra Hastie	U17 SAL	1.50
3 Ellen Kristofferson	U17 EDN	1.50
4 Jess Read	GHD	1.45
5 Sarah Dick	TFV	1.45
6 Hollie Keanie	U17 KGA	1.30
7 Ashley Smith	U17 PST	1.30

W Javelin Throw A

1 Amy Lupton	PST	40.28
2 Paula Gass	EDN	35.42
3 Charlotte Dickenson	U17 SAL	29.62
4 Nikki Manson	U17 GSW	29.00
5 Bethany Porter	U17 WKF	22.69
6 Rachel Hunter	U17 KGA	22.04
7 Charlotte Sadler	GHD	18.91
8 Lana Turnbull	TFV	11.03

W Javelin Throw B

1 Rhiann Beaumont	U17 PST	35.26
2 Rebecca Simpson	GHD	13.81
3 Sarah Watters	EDN	13.12
4 Megan Reynolds	WKF	12.82
5 Frances Campbell	U17 GSW	10.52
6 Lisa McAlpine	KGA	9.68
7 Jaqueline Plain	TFV	7.70

W Long Jump A

1 Faye Nicholson	EDN	5.63
2 Emma Pringle	GHD	5.28
3 Amy Lupton	PST	5.24
4 Jade Clark	U17 SAL	5.21
5 Kirsten Galbraith	U17 KGA	5.17
6 Kirby Allindeinde	WKF	4.86
7 Nikki Manson	U17 GSW	4.69
8 Louise Anderson	TFV	4.58

W Long Jump B

1 Rachel Dinsdale	EDN	4.84
2 Rhiann Beaumont	U17 PST	4.68
3 Rebecca Johnstone	KGA	4.62
4 Alexandra Hastie	U17 SAL	4.59
5 Nikki Jukes	WKF	4.21
6 Chloe Ann McGragor	TFV	4.04
7 Holly Beth Gourlay	U17 GSW	3.22

W Pole Vault A

1 Hannah Lawler	U17 TFV	3.05
2 Jennie Hughes	SAL	3.05
3=Ashley Smith	U17 PST	2.15
3=Ellen Kristofferson	U17 EDN	2.15
5 Holly Beth Gourlay	U17 GSW	2.00
6 Joanne Lawton	GHD	1.70

W Pole Vault B

1 Samantha Motasham	SAL	2.75
2 Rhiann Beaumont	U17 PST	1.85

W Shot Putt A

1 Lucy Holmes	WKF	11.77
2 Emma Pringle	GHD	10.93
3 Charlotte Dickenson	U17 SAL	10.56
4 Rebecca Johnstone	KGA	9.53
5 Emily Lupton	U17 PST	9.12
6 Nicola Mackay	U17 GSW	8.29
7 Paula Gass	EDN	8.19
8 Agatha Williams Kelly	U17 TFV	7.74

W Shot Putt B

1 Emma Logan	KGA	9.13
2 Bethany Porter	U17 WKF	8.63
3 Hannah Pringle	GHD	8.59
4 Jasmine Burke	U17 SAL	8.26
5 Levak Limaviciute	GSW	7.83
6 Kimberley Reed	U17 EDN	7.55
7 Amy Lupton	PST	7.36
8 Jaqueline Plain	TFV	7.09

W Triple Jump A

1 Emma Pringle	GHD	12.20
2 Abbie Unsworth	U17 PST	10.75
3 Hollie Lister	U17 TFV	10.24
4 Kirby Allindeinde	WKF	10.03
5 Rachel Dinsdale	EDN	9.93
6 Jade Clark	U17 SAL	9.77
7 Hazel Ross	GSW	9.69
8 Rebecca Johnstone	KGA	9.60

W Triple Jump B

1 Hannah Pringle	GHD	10.87
2 Louise Anderson	TFV	10.22
3 Beth Towers	PST	10.05
4 Katherin Symanski	U17 EDN	9.55
5 Alison Craig	KGA	8.71
6 Nikki Jukes	WKF	7.49

W 4x100m Relay

1 GHD 49.82	1 Jess Read		2 Ashleigh Wood	
	3 Georgie Dowson	U17	4 Rachel Highfield	U17
2 SAL 50.50	1 Alysha Porter	U17	2 Connie Briggs	
	3 Tyra Watson		4 Olivia Callaghan	
3 PST 50.51	1 Beth Towers		2 Sophie Riley	U17
	3 Kati Williams		4 Sophie Fletcher	
4 GSW 50.52	1 Emma Brown		2 Chloe Lambert	
	3 Lauren Lambie	U17	4 Alana Sinclair	U17
5 WKF 50.84	1 Bethany Porter	U17	2 Laura Robson	
	3 Kirby Allindeinde		4 Rebecca Watts	
6 KGA 52.19	1 Anna Robertson		2 Hollie Keanie	U17
	3 Alison Craig		4 Kirsten Galbraith	U17
7 EDN 52.58	1 Rebecca Caswell		2 Rebecca Caswell	
	3 Fiona Cleat		4 Ellen Kristofferson	U17
8 TFV 55.82	1 Kirsty Mitchell	U17	2 Stacy McArdle	U17
	3 Hannah Lawler	U17	4 Agatha Williams Kelly	U17

W 4x400m Relay

1 GSW 4.00.77	1 Hollie Young		2 Roisin Howat	
	3 Katie McKnight		4 Diane Ramsay	
2 SAL 4.01.27	1 Cherisse Walley		2 Jodi Guinnane	
	3 Tyra Watson		4 Sarah Simmen	
3 GHD 4.03.50	1 Beth Wynter		2 Laura Walker	
	3 Stephanie Lorraine		4 Dani Braithwaite	U17
4 PST 4.04.29	1 Lucy Sumner		2 Lauren Bugler	
	3 Sophie Riley	U17	4 Abbie Unsworth	U17
5 KGA 4.06.13	1 Katherine Pennel		2 Anna Robertson	
	3 Iona Brodie		4 Laura Muir	
6 WKF 4.09.31	1 Bethany Sharp	U17	2 Alice Lightfoot	
	3 Lucy Holmes		4 Sally Smith	
7 EDN 4.18.13	1 Fiona Cleat		2 Sophie Elder	
	3 Gabi Vita		4 Blair Wood	U17
8 TFV 4.29.37	1 Lana Turnbull		2 Sarah Dick	
	3 Hollie Lister	U17	4 Kirsty Forsyth	U17

M 4x100m Relay

1 GHD 43.31	1 Scott Hall		2 Jack Greenwell	
	3 Matthew Greenhow	U17	4 Christian Carson	
2 SAL 43.62	1 Marcel Stevens		2 Callum McLean	
	3 Roy Ejiakuekwu	U17	4 Callum Roughneen	U17
3 KGA 44.23	1 Cameron Thompson-Dunca		2 Ewan McBride	U17
	3 Ewan Dyer		4 James McLaren	U17
4 EDN 44.67	1 Allan Hamilton		2 Freddy Smith	U17
	3 John Glen	U17	4 Chris Kelly	U17
5 WKF 45.53	1 Chris Harris		2 Nathaniel Louis	
	3 William Rotherford	U17	4 James Earl McBorough	U17
6 PST 45.84	1 David James		2 Niall McCoy	U17
	3 Andy Burrell	U17	4 Tom Bradbury	
7 TFV 45.88	1 Ryan Calder	U17	2 Scott Henderson	U17
	3 Kyle Henderson		4 Keiron Ferguson	U17
8 GSW 47.28	1 Connor Henderson		2 Patrick Bowman	U17
	3 James Quinn		4 Jack Lochans	

M 4x400m Relay

1 EDN 3.23.48	1 Peter Loudon	2 Ross McManus
	3 Toby Harris	4 Jay Younger
2 GHD 3.26.80	1 Greg Urwin	2 Andrew Roen
	3 Simeon Greenwood	4 Chris Douthwaite
3 KGA 3.27.16	1 Robbie Cuthbert U17	2 Niall Curley U17
	3 Lewis Hunter U17	4 Ewan Dyer
4 GSW 3.28.28	1 Jamie Lewis U17	2 Andrew McFarlane
	3 Daniel Chapman	4 John Mulhern
5 WKF 3.32.24	1 Nathaniel Louis	2 Oliver Edmunds U17
	3 Tom Coney	4 James Saxton U17
6 PST 3.32.93	1 Josh Ingham U17	2 James Fielding U17
	3 Ed Greenall	4 Ben Akin
7 TFV 3.33.10	1 Lewis Grant	2 Craig Richie
	3 Ben Stevenson	4 Shawn Wright U17

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS	
Event	Lge	Event	Lge	Event	Lge
1 EDN 1413.0622		1 GHD 490	8	1 Gateshead Harriers & AC	1871.6230
2 GHD 1381.6222		2 GSW 428	7	2 Team Edinburgh	1793.0627
3 GSW 1197.2615		3 KGA 415	6	3 Team Glasgow	1625.2622
4 SAL 1173.7615		4 EDN 380	5	4 Sale Harriers(Manchester)	1513.7617
5 TFV 1063.2612		5 WKF 379.5	4	5 Team Forth Valley	1345.2613
6 WKF 1030.268		6 PST 352.5	3	6 Wakefield D. H. & AC	1409.7612
7 PST 1029.398		7 SAL 340	2	7 Kingdom Athletics	1374.3912
8 KGA 959.39	6	8 TFV 282	1	8 Preston Harriers	1381.8911

Athlete of the Match: Kyal Henderson Forth Valley Long Jump: 7.10
Kimberley Reed City of Edinburgh Hammer: 53.51

M 200m	wind +0.4 m/s	M 100m	wind +2.7 m/s
1 Callum Roughneen	SAL 22.58	1 Callum Roughneen	SAL 11.16
2 Callum McLean	SAL 23.25	2 Michael Fearnie	EDN 11.36
3 Zenon Wisniewski	SAL 23.34	3 Zenon Wisniewski	SAL 11.44
4 James Tumulty	GHD 24.11	4 Scott Henderson	TFV 11.73
5 Aidan Hilton	TFV 24.87	5 Alison Craig	KGA 13.67
6 Michael Fearnie	EDN 24.89		
7 Steven Cattnach	KGA 24.98		
8 Fergus Greig	EDN 26.42		
M Long Jump		W Triple Jump	
1 Robbie Nixon	SAL 5.98NWI	1 Carla McMullen	GTH 10.65NWI
2 Adam Simpson	GHD 5.77NWI	2 Sarah Watters	EDN 9.24NWI
3 Robbie Nixon	SAL 5.68NWI	3 Sarah Purkis	GHD 7.49NWI
4 Taylor Nimmo	TFV 5.65NWI		
M 800m		W 3000m	
1 Scott Stirling	TFV 2.05.41	1 Emma Logan	KGA 12.05.93
2 Aidan Hilton	TFV 2.20.63		
W Long Jump		W Javelin Throw	
1 Ellen Kristopherson	EDN 4.98NWI	1 Cameron Thomas	KGA 19.46
M Javelin Throw		W 800m	
1 Robert Ferguson	EDN 27.90	1 Stephanie Pennycook	KGA 2.24.00
W 1500m			
1 Kerry Gibson	KGA 5.29.68		