

SUA Track & Field Championships Grangemouth 14th April 2012

	No	110mH Men	Final	+1.4 m/s	Pts
1	511	Guillaume Titiro	West of Scotland	15.81	8
2	532	Lyare Nehikhare	Glasgow	19.61	7
3					
4					
5					

	No	100mH Women	Final	+1.6 m/s	Pts
1	461	Claire Taylor	Edinburgh	15.56	
2	486	Judith McNicol	Glasgow	17.14	
3	483	Sarah Watters	St Andrews	18.39	
4	492	ChloeMcGregor	Strathclyde	18.54	
5					

	No	100m Men	Heat1	-0.6 m/s	Pts	
1	481	David Brand	College	11.64		Q
2	552	Mark Hardy	St Andrews	11.80		
3	568	Jerome Brathwaite	Dundee	12.04		
4	467	WeijenCha	Stirling	12.10		
5	500	Sean Gibson	Edinburgh	12.42		
6	497	Jamie Ironside	Edinburgh	12.57		
7	533	Gordon Redhead	Glasgow	12.86		
8						

	No	100m Women	Heat 1	+1.9 m/s	Pts
1	476	Jennifer Dunn	St Andrews	13.32	
2	471	Victoria Stephen	Stirling	14.16	
3	479	Joli Heyes	Edinburgh	14.34	
4	463	Camelia MacDonald	Highlands & Islands	14.37	
5	543	Anna Darnley	Glasgow	14.51	
6					
7					
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	No	100m Men	Heat 2	+1.3 m/s	Pts	
1	495	Donald Tod	Napier	11.50		Q
2	524	Stuart Laing	Strathclyde	11.60		
3	477	Sam Freck	Glasgow	11.63		
4	532	Lyare Nehikhare	Glasgow	11.78		
5	466	Callum Murray	Stirling	11.94		
6	557	Ross Mc Donald	Dundee	12.02		
7	490	Michael Hamill	Edinburgh	13.17		
8						

	No	100m Women	Heat 2	+1.1 m/s	Pts
1	528	Holly Belch	Napier	13.05	
2	569	Fiona Laurie	Glasgow	13.75	
3	492	ChloeMcGregor	Strathclyde	14.25	
4	558	Christine O'Sullivan	Dundee	14.89	
5					
6					
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8					

No	100m Men	Heat 3	+2.4 m/s	Pts	
1	494 Olivia Lawson	Napier	11.40		Q
2	460 David Clark	College	11.63		Q
3	537 James Mc Laren	Glasgow	11.77		
4	539 David Stewart	Glasgow	11.86		
5	562 Surakat Kudehinbu	Dundee	12.15		
6	462 Pat Satlapol	Highlands & Islands	12.25		
7	493 Matthew Mellon	Stirling	12.49		
8					

No	100m Men	Heat 4	+0.0 m/s	Pts	
1	523 Blair Crawford	Stirling	11.3		Q
2	502 James Wade	Edinburgh	11.4		Q
3	464 Ruairaidh Stewart	Highlands & Islands	11.5		Q
4	563 Fraser MacDonald	Dundee	NTG		
5	538 Matthew Flynn	Glasgow	NTG		
6	551 Thomas Whelan	St Andrews	12.5		
7					
8					

No	100m Men	Final	+1.5 m/s	Pts
1	494 Olivia Lawson	Napier	11.21	8
2	495 Donald Tod	Napier	11.32	7
3	481 David Brand	Carnegie College	11.35	
4	523 Blair Crawford	Stirling	11.37	6
5	524 Stuart Laing	Strathclyde	11.48	5
6	502 James Wade	Edinburgh	11.50	4
7	460 David Clark	Kilmarnock College	11.58	
8	464 Ruairaidh Stewart	Highlands & Islands	11.75	3

No	100m Women	Heat 3	+0.0 m/s	Pts
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No	100m Women	Final	-0.5 m/s	Pts
1	528 Holly Belch	Napier	12.85	8
2	476 Jennifer Dunn	St Andrews	12.93	7
3	569 Fiona Laurie	Glasgow	13.64	6
4	471 Victoria Stephen	Stirling	14.27	5
5	492 ChloeMcGregor	Strathclyde	14.28	4
6	479 Joli Heyes	Edinburgh	14.30	3
7	463 Camelia MacDonald	Highlands & Islands	14.51	2
8	543 Anna Darnley	Glasgow	14.72	1

	No	200m Men	Heat 1	+4.3 m/s	Pts	
1	523	Blair Crawford	Stirling	22.87		Q
2	552	Mark Hardy	St Andrews	23.01		Q
3	538	Matthew Flynn	Glasgow	23.40		q
4	568	Jerome Brathwaite	Dundee	24.14	1	
5	464	Ruaraidh Stewart	Highlands & Islands	24.40		
6	467	WeijenCha	Stirling	24.40		
7	500	Sean Gibson	Edinburgh	24.68		
8						

	No	200m Men	Heat 2	+2.4 m/s	Pts	
1	481	David Brand	College	22.77		Q
2	494	Olivia Lawson	Napier	23.07		Q
3	596	Sean Harris	Edinburgh	23.09		q
4	587	James Quinn	College	23.42		
5	524	Stuart Laing	Strathclyde	23.64	2	
6	537	James Mc Laren	Glasgow	23.77		
7	466	Callum Murray	Stirling	24.05		
8						

	No	200m Men	Heat 3	+1.5 m/s	Pts	
1	593	Jay Younger	Guest	22.54		
2	503	Declan Murray	Edinburgh	23.94		Q
3	544	Usman Ashrap	Glasgow	24.38		Q
4	539	David Stewart	Glasgow	24.72		
5	525	Thomas Newton	Robert Gordon's	24.99		
6	460	David Clark	kilmarnock college	DNS		
7						

	No	200m Women	Heat 1	+1.1 m/s	Pts
1	516	Ademide Ademuyewo	Aberdeen	27.44	
2	476	Jennifer Dunn	St Andrews	28.29	
3	471	Victoria Stephen	Stirling	29.26	
4	542	Fiona Johnston	Glasgow	29.66	
5	479	Joli Heyes	Edinburgh	29.68	
6					
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	No	200m Women	Heat 2	+1.7 m/s	Pts
1	461	Claire Taylor	Edinburgh	25.69	
2	528	Holly Belch	Napier	26.08	
3	591	Susan Young	Guest	26.18	
4	569	Fiona Laurie	Glasgow	28.81	
5	543	Anna Darnley	Glasgow	31.65	
6					
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	No	200m Women	Final	+0.0 m/s	Pts
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	No	200m Men	Final	+0.8 m/s	Pts
1	481	David Brand	Carnegie College	22.71	
2	523	Blair Crawford	Stirling	22.94	8
3	494	Olivia Lawson	Napier	23.15	7
4	596	Sean Harris	Edinburgh	23.31	
5	552	Mark Hardy	St Andrews	23.41	6
6	538	Matthew Flynn	Glasgow	23.60	5
7	544	Usman Ashrap	Glasgow	24.86	4
8	503	Declan Murray	Edinburgh	DNF	3

	No	200m Women	Final	+1.2 m/s	Pts
1	461	Claire Taylor	Edinburgh	25.77	8
2	528	Holly Belch	Napier	26.32	7
3	516	Ademide Ademuyewo	Aberdeen	26.89	6
4	476	Jennifer Dunn	St Andrews	27.23	5
5	569	Fiona Laurie	Glasgow	28.82	4
6	471	Victoria Stephen	Stirling	29.19	3
7	542	Fiona Johnston	Glasgow	30.09	2
8	543	Anna Darnley	Glasgow	31.91	

	No	400m Men	Heat 1		Pts
1	548	Donald Mc Leod	Guest	50.58	
2	575	Connor Henderson	Glasgow Caledonian	52.21	Q
3	535	Jegor Mijavov	Glasgow	52.88	Q
4	583	Gary Turner	Strathclyde	54.51	Q
5	491	Stephen Buwert	Stirling	54.54	Q
6	470	Stuart Milne	St Andrews	DNS	
7					
8					

	No	400m Women	Heat 1		Pts
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	No	400m Men	Heat 2		Pts
1	589	Greg Loudon	Jewel&Esk College	50.14	Q
2	598	Matthew Sogbanmu	Glasgow	51.21	Q
3	600	David New	Edinburgh	51.84	Q
4	599	Alistair Dalglish	Guest	52.21	
5	570	Lewis Renton	Glasgow	55.29	Q
6	544	Usman Ashrap	Glasgow	57.34	
7	559	Euan Millar	Dundee	59.13	2
8					

	No	400m Women			Pts
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	No	400m Men	Final		Pts
1	589	Greg Loudon	Jewel& Esk College	49.41	
2	600	David New	Edinburgh	51.04	8
3	598	Matthew Sogbanmu	Glasgow	51.44	7
4	575	Connor Henderson	Glasgow Caledonian	51.63	6
5	535	Jegor Mijavov	Glasgow	52.47	5
6	491	Stephen Buwert	Stirling	55.93	4
7	570	Lewis Renton	Glasgow	55.95	
8	583	Gary Turner	Strathclyde	DNS	3

	No	400m Women	Final		Pts
1	590	Fiona Trew	St Andrews	60.62	8
2	565	Laura Brown	Dundee	61.57	7
3	489	Claire McNicol	Edinburgh	62.79	6
4	588	Stephanie Lawrie	Edinburgh	64.36	5
5	584	Hollie Young	West of Scotland	65.23	4
6	510	Allie Elphinstone	Robert Gordon's	65.59	3
7	514	Grace Conroy	Edinburgh	67.29	
8	542	Fiona Johnston	Glasgow	68.61	2

	No	400mH Men	Final		Pts
1	575	Connor Henderson	Glasgow Caledonian	56.58	8
2	511	Guillaume Titiro	West of Scotland	58.75	7
3	472	Chris McRum	Stirling	64.11	6
4	504	Tom Roberts	West of Scotland	65.29	5
5	570	Lewis Renton	Glasgow	76.68	4
6	541	Sam O Kane	Glasgow	96.91	3
7					
8					

	No	400mH Women	Final		Pts
1	569	Fiona Laurie	Glasgow	80.96	8
2					
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	No	800m Men	Heat 1		Pts
1	576	Peter Loudon	Stevenson College	2:07.09	Q
2	540	Sam Davies	Glasgow	2:07.73	Q
3	512	James Joy	Aberdeen	2:09.03	q
4	470	Stuart Milne	St Andrews	2:14.66	q
5	544	Usman Ashrap	Glasgow	DNS	
6					
7					
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	No	800m Women			Pts
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	No	800m Men	Heat 2		Pts
1	531	Peter Bowman	Glasgow	2:10.22	
2	561	Alistar Cumming	Dundee	2:11.19	
3	534	Kenneth Love	Glasgow	2:12.23	
4	496	Tom Bateson	Edinburgh	2:12.33	
5	468	David Lindsay	Stirling	2:18.73	2
6					
7					
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Q
Q
q
q

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	No	800m Men	Final		Pts
1	576	Peter Loudon	Stevenson College	1:54.88	
2	512	James Joy	Aberdeen	1:55.70	8
3	531	Peter Bowman	Glasgow	1:59.15	7
4	534	Kenneth Love	Glasgow	2:02.01	6
5	540	Sam Davies	Glasgow	2:03.53	
6	496	Tom Bateson	Edinburgh	2:05.45	5
7	470	Stuart Milne	St Andrews	2:14.45	4
8	561	Alistar Cumming	Dundee	2:16.50	3

	No	800m Women	Final		Pts
1	565	Laura Brown	Dundee	2:22.80	8
2	514	Grace Conroy	Edinburgh	2:33.67	7
3	554	Amy Sutherland	Dundee	2:40.84	6
4					
5					
6					
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8					

	No	1,500m Men	Final		Pts
1	527	Sean Brindley	Robert Gordon's	4:02.95	8
2	545	Scott MacAulay	Glasgow	4:04.81	7
3	513	Eoin Durcan	Aberdeen	4:06.03	6
4	475	David Bowers	St Andrews	4:09.88	5
5	566	Greg Turner	Stirling	4:14.72	4
6	583	Gary Turner	Strathclyde	4:18.86	3
7	503	Declan Murray	Edinburgh	4:28.36	2
8	577	Patrick Cullinane	Glasgow	4:31.83	1
9	549	Dean Mc Naught	Glasgow	4:45.71	
10	572	Murray McDonald	Glasgow Caledonian	4:58.15	
11	567	Chris Ponton	Guest	DNF	
12					

	No	1,500m Women	Final		Pts
1	581	Eilish McColgan	Dundee	4:26:01	8
2	519	Gemma Cormack	Robert Gordon's	4:45.24	7
3	584	Hollie Young	West of Scotland	4:47.70	6
4	580	Fiona Thompson	Stirling	4:50.16	5
5	521	Fiona Bracegirdle	Robert Gordon's	4:51.98	4
6	550	Katie Bristow	Glasgow	4:54.10	3
7	507	Nicci Chapman	Edinburgh	4:58.26	2
8	585	Rhian Dawes	Glasgow	4:59.18	1
9	553	Emma atkinson	Dundee	5:21.96	
10	520	Jennifer Cruickshanks	Robert Gordon's	5:29.65	
11					
12					

	No	5,000m Men	Final		Pts
1	571	Paul Leck	Strathclyde	15:21.29	8
2	586	Howell Craske	Dundee	15:21.93	7
3	545	Scott MacAulay	Glasgow	16:05.45	6
4	573	Garry Rankin	Strathclyde	16:21.63	5
5	578	Ross Christie	Stirling	16:32.73	4
6	546	Chris Clarke	Glasgow	17:24.35	3
7	547	Iain Townsend	Glasgow	17:30.58	
8	579	Kevin Schenk	Stirling	18:58.88	2
9	496	Tom Bateson	Edinburgh	20.09.88	1
10					

	No	3,000m Women	Final		Pts
1	581	Eilish McColgan	Dundee	9:15.72	8
2	592	Laura Muir	Glasgow	9:21.31	7
3	597	Rhona Auckland	Edinburgh	9:47.07	6
4	601	Kathryn Pennel	Glasgow	10:16.93	5
5	603	Alexandra Lamond	Stirling	10:19.30	4
6	521	Fiona Bracegirdle	Robert Gordon's	10:29.55	3
7	536	Jessica Oliver Bell	Glasgow	11:10.25	
8	554	Amy Sutherland	Dundee	11:24.02	2
9					
10					

	No	3,000mSC Men	Final		Pts
1	465	Neil Graham	St Andrews	10:55.77	8
2	501	Adam Boggon	St Andrews	12:07.70	7
3	570	Lewis Renton	Glasgow	12:10.57	6
4	497	Jamie Ironside	Edinburgh	12:13.91	5
5	518	John Eicher	Edinburgh	DNS	
6					

	No	2,000mSC Women	Final		Pts
1	604	Becky Dunphy	Queen Margaret	7.38.16	8
2	585	Rhian Dawes	Glasgow	8.06.85	7
3	520	Jennifer Cruickshanks	Robert Gordon's	8.48.91	6
4					
5					
6					

	No	4x100m Relay Men	Final		Pts
1	609	0	Stirling	46.11	16
2	605	0	Dundee	46.84	14
3	619	Glasgow A	Glasgow	47.11	12
4	618	Glasgow B	Glasgow	51.03	
5	617	0	Edinburgh	73.41	10

	No	4x100m Relay Women	Final		Pts
1	615		Edinburgh	52.71	16
2	608		Glasgow	56.28	14
3	610		Dundee	59.35	12
4					
5					

	No	4x400m Relay Men	Final		Pts
1	620		Glasgow	3:32.44	16
2	616		Edinburgh	3:50.84	14
3	613		Stirling	3:56.66	12
4	606		Dundee	4:01.94	10
5	621		Glasgow	4:03.70	

	No	4x400m Relay Women	Final		Pts
1	614		Edinburgh	4:22.93	16
2	611		Dundee	4:25.84	14
3	612		Robert Gordon's	4:31.16	12
4	607		Glasgow	4:36.11	10
5					

SUA Track & Field Championships Grangemouth 14th April 2012

	No	Long Jump Men		Distance	Pts	W/S
1	495	Donald Tod	Napier	6.58	8	
2	505	SamLyon	Robert Gordon's	6.50	7	
3	487	Thomas Lafferty	Strathclyde	5.29	6	
4	500	Sean Gibson	Edinburgh	5.23	5	
5	537	James Mc Laren	Glasgow	5.21	4	
6	493	Matthew Mellon	Stirling	4.90	3	
7	535	Jegor Mijavov	Glasgow	4.90	2	
8	466	Callum Murray	Stirling	4.77	1	
9	478	Anthony Burt	Stirling	4.76		
10	533	Gordon Redhead	Glasgow	4.75		
11	539	David Stewart	Glasgow	4.68		
12	470	Stuart Milne	St Andrews	4.60		
13	490	Michael Hamill	Edinburgh	4.47		
14	544	Usman Ashrap	Glasgow	3.60		

	No	Triple Jump Men		Distance	Pts	W/S
1	505	SamLyon	Robert Gordon's	13.31	8	
2	555	Callum Wilson	Napier	12.90	7	
3	500	Sean Gibson	Edinburgh	12.27	6	
4	563	Fraser MacDonald	Dundee	11.42	5	
5	491	Stephen Buwert	Stirling	11.29	4	
6	557	Ross Mc Donald	Dundee	11.03	3	
7	496	Tom Bateson	Edinburgh	10.07	2	
8						

	No	Long Jump Women		Distance	Pts	W/S
1	526	Kirsty Barr	Edinburgh	5.35	8	
2	574	Janet Abladey	Aberdeen	4.76	7	
3	483	Sarah Watters	St Andrews	4.47	6	
4	558	Christine O'Sullivan	Dundee	4.37	5	
5	569	Fiona Laurie	Glasgow	4.35	4	
6	564	Karen McClymont	Glasgow	4.20	3	
7						
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13						
14						

	No	Triple Jump Women		Distance	Pts	W/S
1	574	Janet Abladey	Aberdeen	10.49	8	
2	564	Karen McClymont	Glasgow	9.81	7	
3	483	Sarah Watters	St Andrews	9.51	6	
4	486	Judith McNicol	Glasgow	9.46	5	
5						
6						
7						
8						

	No	High Jump Men		Height	Pts
1	517	Thomas Campbell	Aberdeen	1.70	8
2	523	Blair Crawford	Stirling	1.60	7
3	501	Adam Boggon	St Andrews	1.60	6
4	500	Sean Gibson	Edinburgh	1.55	5
5					
6					

	No	Pole Vault Men		Height	Pts
1	530	John Robertson	West of Scotland	3.30	8
2					
3					

	No	Shot Putt Men		Distance	Pts
1	541	Sam O Kane	Glasgow	11.83	8
2	482	Matthew Ramsey	Stirling	10.46	7
3	560	Justin Brathwaite	Dundee	10.25	6
4	511	Guillaume Titiro	West of Scotland	10.25	5
5	499	Martin Amstatter	Edinburgh	9.23	4
6	582	Joe Perry	Stirling	9.21	3
7	467	WeijenCha	Stirling	9.14	
8	484	John McOmish	Stirling	8.57	
9	551	Thomas Whelan	St Andrews	7.97	2
10	473	Ben Leftwich	St Andrews	5.91	1
11					

	No	High Jump Women		Height	Pts
1	526	Kirsty Barr	Edinburgh	1.60	8
2	508	Amy Richards	Edinburgh	1.55	7
3	542	Fiona Johnston	Glasgow	1.25	6
4	564	Karen McClymont	Glasgow	NH	
=	469	Ellen Kristopher	Guest	1.55	
6					

	No	Pole Vault Women		Height	Pts
1	594	Courtney Macguire	Edinburgh	3.30	8
2	556	Hannah Lawler	Guest	2.60	
3					

	No	Shot Putt Women		Distance	Pts
1	498	Julia Siart	Edinburgh	12.90	8
2	529	Michelle Durbridge	Stirling	10.92	7
3	595	Cristel Ramirez	Heriot-Watt	9.58	6
4	461	Claire Taylor	Edinburgh	9.27	5
5	515	Paula Murray	Abertay	8.58	4
6	474	Rachel Pugh	Glasgow	7.43	3
7	483	Sarah Watters	St Andrews	7.33	2
8	480	Lotte Watts	Stirling	7.22	1
9	564	Karen McClymont	Glasgow	7.00	
10					
11					

	No	Discus Men		Distance	Pts
1	541	Sam O Kane	Glasgow	37.06	8
2	487	Thomas Lafferty	Strathclyde	29.48	7
3	560	Justin Brathwaite	Dundee	27.78	6
4	482	Matthew Ramsey	Stirling	24.29	5
5	484	John McOmish	Stirling	22.63	4
6	499	Martin Amstatter	Edinburgh	20.21	3
7	551	Thomas Whelan	St Andrews	18.76	2
8					

	No	Hammer Men		Distance	Pts
1	506	Nicky Stone	College	43.32	
2	541	Sam O Kane	Glasgow	37.61	8
3	487	Thomas Lafferty	Strathclyde	30.58	7
4	484	John McOmish	Stirling	21.20	6
5	478	Anthony Burt	Stirling	17.52	5
6	535	Jegor Mljavov	Glasgow	6.76	4
7					

	No	Javelin Men		Distance	Pts
1	602	Andrew Cunningham	Stirling	44.37	8
2	482	Matthew Ramsey	Stirling	42.01	7
3	511	Guillaume Titiro	West of Scotland	38.73	6
4	541	Sam O Kane	Glasgow	35.12	5
5	467	WeijenCha	Stirling	33.42	
6	570	Lewis Renton	Glasgow	32.80	4
7	518	John Eicher	Edinburgh	29.35	3
8	484	John McOmish	Stirling	23.07	
9	497	Jamie Ironside	Edinburgh	19.25	2
10	473	Ben Leftwich	St Andrews	19.14	1
11	539	David Stewart	Glasgow	18.23	
12					

	No	Discus Women		Distance	Pts
1	498	Julia Siart	Edinburgh	36.61	8
2	529	Michelle Durbridge	Stirling	33.49	7
3	485	Rachel Hunter	West of Scotland	31.95	6
4	515	Paula Murray	Abertay	26.71	5
5	522	Melissa Durbridge	Robert Gordon's	26.09	4
6	542	Fiona Johnston	Glasgow	20.71	3
7	474	Rachel Pugh	Glasgow	18.78	2
8	476	Jennifer Dunn	St Andrews	12.76	1

	No	Hammer Women		Distance	Pts
1	498	Julia Siart	Edinburgh	54.53	8
2	485	Rachel Hunter	West of Scotland	53.97	7
3	515	Paula Murray	Abertay	34.31	6
4	474	Rachel Pugh	Glasgow	27.95	5
5	509	Sophie louise Kelman	Robert Gordon's	27.94	4
6					
7					

	No	Javelin Women		Distance	Pts
1	515	Paula Murray	Abertay	34.51	8
2	498	Julia Siart	Edinburgh	18.77	7
3	595	Cristel Ramirez	Heriot-Watt	17.49	6
4	474	Rachel Pugh	Glasgow	14.64	5
5	514	Grace Conroy	Edinburgh	11.74	4
6	476	Jennifer Dunn	St Andrews	9.68	3
7	543	Anna Darnley	Glasgow	8.89	2
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9					
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12					