

BOYS	NAME	COUNTRY	PERFORMANCE
100 METRES	Wind Speed : + 0.2		
	1 Ronnie Wells	ENG	10.79s
	2 George Perkins	ENG	11.02s
	3 Ross Maxwell	SCO	11.10s
	4 Shaun Pearce	WAL	11.29s
	5 Dean Power	IRE	11.31s
	6 James Higgins	SCO	11.32s
	7 Zak Irwin	IRE	11.41s
	8 Ryan Lee	Wal	11.47s
200 METRES	Wind Speed : -0.8		
	1 Thomas Somers	ENG	21.79s
	2 Jermaine Hamilton	ENG	22.01s
	3 Zak Irwin	IRE	22.59s
	4 Dean Power	IRE	22.70s
	5 Ryan Lee	WAL	22.89s
	6 James Higgins	SCO	22.90s
	7 Robert Moses	SCO	22.93s
	8 Shaun Pearce	WAL	23.44s
400 METRES			
	1 Nicholas Petrou	ENG	48.59s
	2 Derecce O'Callaghan	ENG	49.15s
	3 Ben Robbins	SCO	49.90s
	4 Andrew Mellon	IRE	50.69s
	5 Mathew Collins	WAL	50.72s
	6 Billy Cosgrave	IRE	51.53s
	7 Mathew Jones	WAL	51.78s
	8 Callum McWilliams	SCO	52.20s
800 METRES			
	1 Kyle Longford	ENG	1m 55.82s
	2 Patrick Taylor	ENG	1m 56.25s
	3 Sean Chalmers	SCO	1m 56.71s
	4 Rhys Granville	WAL	1m 57.08s
	5 Cian McBride	IRE	1m 57.21s
	6 Shane McGowan	IRE	1m 57.71s
	7 Jacob Preece	WAL	1m 58.43s
	8 Max Lancaster	SCO	1m 58.96s
1500 METRES			
	1 Matthew Shirling	ENG	3m 51.71s REC
	2 Liam Dee	ENG	3m 53.91s
	3 Kyran Roberts	WAL	3m 57.01s
	4 Gavin McArdle	SCO	4m 01.23s
	5 Jack Gooch	WAL	4m 01.97s
	6 Callum Matthews	SCO	4m 02.90s
	7 Cillian Kirwan	IRE	4m 05.45s
	8 Conall Kirk	IRE	4m 22.91s

3000 METRES

1	Scott Halstead	ENG	8m 37.23s
2	Lewis Boyle	SCO	8m 37.89s
3	Alex Carter	ENG	8m 39.87s
4	Jac Hopkins	WAL	8m 41.45s
5	Cillian O'Donovan	IRL	8m 55.48s
6	Euan Gilham	SCO	9m 00.59s
7	Deri Stewart	WAL	9m 09.40s
8	Paddy Robb	IRL	9m 34.92s

100M HURDLES

Wind Speed : +0.4

1	Kertis Beswick	ENG	13.13s
2	Jack Lawrie	SCO	13.5s Manual
3	Robbie Clarricoats	ENG	13.5s Manual
4	Garbhan McKenna	IRE	13.64s
5	Luke Ward	WAL	13.72s
6	Taylor Nimmo	SCO	14.30s
7	Adrian Lawrence	WAL	14.39s
8	Joe Halwax	IRE	14.58s

400M HURDLES

1	Stanley Livingston	ENG	54.09s
2	Aiden Davies	ENG	55.46s
3	Eoghan Courtney	IRE	56.08s
4	Jack Lawrie	SCO	56.69s
5	Alan Curtis	IRE	57.18s
6	Alistair Stanley	SCO	57.25s
7	Ryan Cooper	WAL	57.74s
8	Rheon Jones	WAL	58.57s

1500M ST/CH

1	Haran Dunderdale	ENG	4m 18.45s
2	Jamaine Coleman	ENG	4m 18.87s
3	Connor Davies	WAL	4m 20.56s
4	Kyle Larkin	IRL	4m 23.64s
5	Alistair Stanley	SCO	4m 29.85s
6	Ciaran Lewis	WAL	4m 41.10s
7	Andrew Lawler	SCO	4m 43.68s
8	David O'Keeffe	IRL	4m 46.04s

3KM WALK

1	Alex Eaton	ENG	13m 16.62s
2	Cameron Corbishley	ENG	13m 16.93s
3	Simon Gillespie	IRL	14m 04.33s
4	Aaron Egan	IRL	14m 22.35s
5			
6			

4x 100M RELAY

1	England	ENG	42.44s
2	Scotland	SCO	66.77s
3	Ireland	IRL	DNF
4	Wales	WAL	DISQ

4 x 400M RELAY

1	England	ENG	3m 21.59s
2	Wales	WAL	3m 26.78s
3	Ireland	IRL	3m 28.80s
4	Scotland	SCO	3m 29.57s

BOYS**LONG JUMP**

	NAME	COUNTRY	PERFORMANCE	WIND SPEED
1	Joseph Dewar	ENG	6.78m	0
2	Sam Healy	IRL	6.59m	-0.9
3	Ross Maxwell	SCO	6.53m	-0.6
4	Elliott Hurley	ENG	6.48m	-0.5
5	Ciaran Corrigan	IRL	6.42m	0.3
6	Taylor Nimmo	SCO	6.19m	0
7	Kyle Arnold	WAL	6.02m	0
8	Josh Davies	WAL	5.90m	-2.1

TRIPLE JUMP

1	Montel Nevers	ENG	14.68m	0.3
2	George Drake	ENG	13.39m	-0.9
3	Christian Robinson	IRE	13.15m	0.9
4	Mahad Ahmed	SCO	13.05m	-0.5
5	Darren Prout	IRE	13.00m	-0.8
6	Joseph Amouzou	SCO	12.78m	1.5
7	Sam Hughes	WAL	12.38m	0.2
8	Adrian Lawrence	WAL	12.35m	-1.1

HIGH JUMP

1	David Cusson	IRE	2.02m
2	Jamie Murtagh	IRE	1.97m
3	Patrick O'Connor	ENG	1.94m
4	Ryan Hewitson	SCO	1.91m
5	Christopher Mann	ENG	1.88m
6	Jack Carrigan	SCO	1.85m
7	Osiam Griffiths	WAL	1.80m
8	Tom Trotman	WAL	1.75m

POLE VAULT

1	Harry Coppel	ENG	4.93m
2	Adam Hague	ENG	4.60m
3	Peter O'Brien	IRE	4.20m
4	Fraser O'Rourke	SCO	4.20m
5	Mel O'Callaghan	IRE	3.60m
6	Josh Hollisey-McLean	WAL	3.60m
7	Stewart Watson	SCO	3.40m
	Lewis Preece	WAL	NH

SHOT

1	Kai Jones	ENG	17.13m
2	John Kelly	IRL	16.52m
3	Joseph Watson	ENG	16.06m
4	Connor Lavery	WAL	15.12m
5	Robbie Nairn	SCO	14.45m
6	Colin Kingston	IRL	13.97m
7	Kallum-Lee Evans	WAL	12.69m
8	James Armstrong	SCO	11.73m

DISCUS

1	Matt Blandford	ENG	52.36m
2	Omar Reid	ENG	48.30m
3	Colin Kingston	IRE	42.41m
4	Connor Lavery	WAL	41.10m
5	Ciaran Wright	SCO	38.04m
6	Rogham McMahon	IRE	37.63m
7	Mathew Williams	WAL	36.72m
8	Jake Kerr	SCO	36.18m

JAVELIN

1	Joseph Brown	ENG	62.84m
2	Thomas Peters	ENG	62.18m
3	Stephen Rice	IRL	53.97m
4	James Armstrong	SCO	49.19m
5	Matteo Homes	WAL	45.89m
6	Jack Magee	IRL	45.47m
7	Gareth Fleming	SCO	42.43m
8	Alex Jones	WAL	40.61m

HAMMER

1	Taylor Campbell	ENG	66.73m
2	Adam King	IRE	66.66m
3	Thomas Head	ENG	63.65m
4	Jac Palmer	WAL	63.39m
5	Ciaran Wright	SCO	60.39m
6	Ben Main	SCO	56.88m
7	James Williams	IRE	54.58m
8	Matteo Homes	WAL	47.24m

N/S 100 METRES Wind Speed : +0.1

1	Kade Thomas	SCO	11.39s
2	Jordan Hylton	IRE	11.46s
3	Alex Thomas	SCO	11.49s
4	Sion Roberts	WAL	11.51s
5	Rhys Gealy	WAL	11.85s

TEAM RESULT

1	England	275 pts
2	Ireland	160 pts
3	Scotland	134 pts
4	Wales	102 pts

GIRLS**100 METRES**

NAME

Wind Speed : +0.3

COUNTRY

PERFORMANCE

1	Daryll Neita	ENG	11.69s
2	Lukesha Morris	ENG	12.03s
3	Hannah Brier	WAL	12.04s
4	Shanon Malone	WAL	12.24s
5	Roseanne McGutkian	IRE	12.56s
6	Ciara Armstrong	IRE	12.64s
7	Jessie Concannon	SCO	13.01s
8	Charlotte Robison	SCO	13.05s

200 METRES**Wind Speed : +0.1**

1	Shannon Hylton	ENG	24.48s
2	Roisin Harrison	IRE	24.78s
3	Amarachi Pipi	ENG	24.93s
4	Roseanne McGuckian	IRE	25.40s
5	Beth Sargent	WAL	25.43s
6	Katie Jane Priest	WAL	25.72s
7	Selina Henderson	SCO	25.97s
8			

300 METRES

1	Cheriece Hylton	ENG	38.59s
2	Beth Sargent	WAL	39.68s
3	Kelsey Stewart	SCO	39.83s
4	Alanna Lally	IRE	40.13s
5	Jade Leahy	IRE	40.22s
6	Amy Hillyard	ENG	40.49s
7	Evie Semple	SCO	41.52s
8	Lucy Hammett	WAL	41.67s

800 METRES

1	Loren Bleaken	ENG	2m 07.67s
2	Kaylee Dodd	ENG	2m 09.21s

3	Louise Shanahan	IRE	2m 12.52s
4	Abi Backshall	WAL	2m 12.73s
5	Carla Sweeney	IRE	2m 12.74s
6	Mhairi Hendry	SCO	2m 13.26s
7	Georgia Morgan	WAL	2m 16.91s
8	Sarah Dempsey	SCO	2m 19.44s

1500 METRES

1	Bobby Clay	ENG	4m 24.91s
2	Abbie Hetherington	ENG	4m 29.27s
3	Ellie Atkinson	WAL	4m 32.71s
4	Nadia Power	IRE	4m 34.19s
5	Aisling Quinn	IRE	4m 34.96s
6	Olivia Gwynn	WAL	4m 52.64s
7	Alexandra Hunter	SCO	4m 59.26s

3000 METRES

1	Alex Clay	ENG	9m 38.23s
2	Bronwen Owen	ENG	9m 41.81s
3	Yasmin Wilson	IRE	10m 23.62s
4	Stacie Taylor	SCO	10m 31.53s
5	Lara Philippart	WAL	10m 32.61s
6	Gwen Gillham	SCO	10m 33.58s
7	Rebecca Evans	WAL	10m 46.71s
8			

80M HURDLES

Wind Speed : -0.3

1	Shirin Irving	ENG	11.43s
2	Stephanie Clitheroe	ENG	11.62s
3	Katie McGowan	IRE	11.71s
4	Mharie Patience	SCO	12.00s
5	Amy Leahy	WAL	12.03s
6	Kelly McGrory	IRE	12.06s
7	Rhian Williams	WAL	12.25s
8	Eilidh McElvilliy	SCO	12.30s

300M HURDLES

1	Shona Richards	ENG	42.22s
2	Georgina Rogers	ENG	43.32s
3	Kelly McGrory	IRE	43.34s
4	Mhairi Patience	SCO	43.78s
5	Rhian Williams	WAL	44.64s
6	Anna Nelson	SCO	45.53s
7	Jenny O'Brien	IRE	45.64s
8	Lucy Figelstone	WAL	45.66s

3KM WALK

1	Sinead Burke	IRL	14m 57.89s
2	Tasha Webster	ENG	15m 36.56s

3 Edel Glennon	IRL	15m 52.70s
4 Elie Dainton	WAL	16m 08.47s
Ellie Dooley	ENG	DNF

4 x 100M RELAY

1 England	ENG	46.83s
2 Ireland	IRL	47.68s
3 Wales	WAL	48.44s
4 Scotland	SCO	49.19s

4 X 300M RELAY

1 England	ENG	2m 38.83s
2 Scotland	SCO	2m 43.70s
3 Ireland	IRL	2m 44.53s
4 Wales	WAL	2m 48.20s

GIRLS

LONG JUMP

NAME	COUNTRY	PERFORMANCE	WIND SPEED
1 Morgan Lake	ENG	6.10m	0.8
2 Taisha Thompson-Gregory	ENG	5.86m	2.1
3 Erin Walters	WAL	5.71m	2.5
4 Rachel Robinson	SCO	5.54m	1.4
5 Annie Stafford	IRE	5.41m	1.8
6 Ellen Kristofferson	SCO	5.30m	1.2
7 Brenna Price	WAL	5.23m	2.4
8 Megan Coomber	IRE	5.21m	1.0

TRIPLE JUMP

1 Nikita Campbell-Smith	ENG	11.47m	0.0
2 Jasmin Lakin	ENG	11.16m	-0.5
3 Rachel Robertson	SCO	11.11m	-0.2
4 Claire Dougherty	IRL	10.65m	-1.2
5 Kirsty McKean	SCO	10.53m	0.4
6 Bethan Hill Howells	WAL	10.41m	-0.3
7 Ffion Walters	WAL	10.34m	-1.9
8			

HIGH JUMP

1 Poppy Lake	ENG	1.75m
2 Shannen Dawkens	IRE	1.70m
3 Robyn Pettit	ENG	1.70m
4 Catrin Jones	WAL	1.64m
4 Ellen Kristofferson	SCO	1.64m
6 Amy McTeggart	IRE	1.61m
6 Emma Camming	SCO	1.61m
8 Annabel Curle	WAL	1.58m

POLE VAULT

1 Ellie Gooding	ENG	3.50m
1 Ailis McGovern	ENG	3.50m

3	Anna Gordon	SCO	3.30m
4	Carys Jones	WAL	3.00m
5	Hannah Lawler	SCO	2.90m
6	Emma Kelso	IRL	2.90m
7	Olivia Evans	WAL	2.90m
8	Katie O'Riordan	IRL	2.70m

SHOT

1	Adele Nicholl	WAL	13.16m
2	Annabele Sherry	ENG	12.61m
3	Awen Rosser	WAL	11.06m
4	Fiona Tuite	IRE	10.93m
5	Kayleigh Cronin	IRE	10.84m
6	Emily Wood	ENG	10.22m
7	Eilidh McElvilly	SCO	10.10m
8	Holly Morgan	SCO	9.13m

DISCUS

1	Adele Nicholl	WAL	44.34m
2	Hannah O'Sullivan	IRE	41.28m
3	Georgie Taylor	ENG	40.53m
4	Awen Rosser	WAL	39.58m
5	Kate Pattison	ENG	39.01m
6	Kayleigh Cronin	IRE	36.87m
7	Katie Ord	SCO	31.01m
8	Emma Bowie	SCO	27.36m

JAVELIN

1	Natasha Wilson	ENG	44.99m
2	Tasia Stephens	WAL	40.24m
3	Demi Bromfield	ENG	38.45m
4	Jacqueline Burns	IRE	35.50m
5	Rita Casey	IRE	34.48m
6	Nicole Davenport	WAL	32.94m
7	Thora Cant	SCO	32.45m
8	Kirsten Gair	SCO	31.99m

HAMMER

1	Alice Akers	IRE	52.22m
2	Rebecca Keating	ENG	46.66m
3	Emma Bowie	SCOT	45.32m
4	Zoe Dakin	WAL	44.68m
5	Charlotte Stallard	ENG	44.58m
6	Michaela McNally	IRE	38.38m
7	Carys Smith	WAL	35.25m
8	Amy McAlpine	SCOT	31.63m

TOTALS

N/S 100 METRES Wind Speed: +0.7

1 Grace Power	IRE	12.30s
2 Elin Jones	WAL	12.70s

RESULT

1 England	242 pts
2 Ireland	158.5 pts
3 Wales	137.5 pts
4 Scotland	100 pts