

MASTERS MEN (POINTS as per AGE GRADED TABLES)

| Pos | No | Name | Club | Total | 100m | Wind | Long Jump (cm) | Wind | Shot Putt | High Jump (cm) | 400M | Sprint Hurd | Wind | Discus | Pole Vault (cms) | Javelin | 1500M | | | | | | | | | | |
|-----|----|-------------------------|---------------------------|-------|-------|------|----------------|------|-----------|----------------|-------|-------------|------|--------|------------------|---------|-------|-----|-----|-------|-----|-----|-----|-------|-----|---------|-----|
| 1 | 56 | Kenneth Moncrieff (M55) | Falkirk Victoria Harriers | 5598 | 13.44 | 711 | 0.0 | 486 | 668 | 0.1 | 10.58 | 694 | 151 | 670 | 67.62 | 514 | 18.88 | 580 | 2.3 | 28.25 | 491 | 230 | 364 | 29.70 | 438 | 6.19.71 | 468 |
| 2 | 50 | Derek Glasgow (M45) | Inverness Harriers AAC | 4593 | 13.04 | 628 | 0.0 | 469 | 463 | 0.4 | 8.16 | 474 | 145 | 457 | 62.69 | 530 | 20.89 | 422 | 1.7 | 24.03 | 444 | 270 | 379 | 28.89 | 354 | 5.52.36 | 442 |

Senior MEN Decathlon

| Pos | No | Name | Club | Total | 100m | Wind | Long Jump (cm) | Wind | Shot Putt | High Jump (cm) | 400M | 110m Hurd | Wind | Discus | Pole vault (cm) | Javelin | 1500M | | | | | | | | | | |
|------------|----|--------------------|------------------------|-------|-------|------|----------------|------|-----------|----------------|-------|-----------|------|--------|-----------------|---------|-------|-----|-----|-------|-----|-----|-----|-------|-----|---------|-----|
| 1 | 58 | Peter Glass | Liverpool Harriers | 7510 | 11.28 | 799 | 0.0 | 688 | 785 | 0.0 | 14.20 | 741 | 199 | 794 | 51.99 | 725 | 14.95 | 856 | 1.6 | 45.05 | 768 | 460 | 790 | 56.61 | 687 | 4.59.08 | 565 |
| 2 | 57 | Michael Downie | Arbroath & District AC | 6731 | 11.69 | 713 | 0.0 | 669 | 741 | 0.1 | 12.37 | 629 | 190 | 714 | 51.07 | 766 | 15.99 | 734 | 1.6 | 36.42 | 592 | 390 | 590 | 46.86 | 542 | 4.35.29 | 710 |
| 3 | 54 | Calum Brown | Central AC | 6609 | 11.24 | 808 | 0.0 | 657 | 713 | 0.5 | 11.08 | 551 | 184 | 661 | 50.76 | 780 | 15.67 | 770 | 1.6 | 37.69 | 618 | 350 | 482 | 50.76 | 600 | 4.48.73 | 626 |
| 4 | 52 | Andrew Murphy | Kilbarchan AAC | 6033 | 11.74 | 703 | 0.0 | 624 | 639 | 0.7 | 12.01 | 607 | 184 | 661 | 53.78 | 649 | 15.72 | 765 | 1.6 | 29.27 | 450 | 390 | 590 | 42.12 | 473 | 5.11.45 | 496 |
| 5 | 53 | Brendan McConville | North Down | 5927 | | 0 | | 644 | 684 | 0.1 | 12.19 | 618 | 178 | 610 | 51.79 | 734 | 16.05 | 727 | 1.6 | 33.44 | 533 | 460 | 790 | 44.58 | 509 | 4.33.51 | 722 |
| 6 | 55 | Ian Paget | Shettleston Harriers | 4386 | 12.33 | 588 | 0.0 | 614 | 617 | 0.6 | 10.13 | 493 | 166 | 512 | 59.01 | 447 | 19.37 | 401 | 1.6 | 32.53 | 514 | 320 | 406 | 37.67 | 408 | DNF | 0 |
| 7 | 51 | Adam Walker | New Markse Harriers | 3622 | 13.32 | 415 | 0.0 | 503 | 388 | 0.3 | 7.96 | 364 | 145 | 352 | 59.30 | 437 | 26.25 | 27 | 1.6 | 23.55 | 339 | 260 | 264 | 36.53 | 392 | 4.45.80 | 644 |
| Gst | 53 | Brendan McConville | North Down | 6547 | 12.16 | 620 | 0.0 | 644 | 684 | 0.1 | 12.19 | 618 | 178 | 610 | 51.79 | 734 | 16.05 | 727 | 1.6 | 33.44 | 533 | 460 | 790 | 44.58 | 509 | 4.33.51 | 722 |

UNDER 20 MEN Decathlon

| Pos | No | Name | Club | Total | 100m | Wind | Long Jump (cm) | Wind | Shot Putt | High Jump (cm) | 400M | 110m Hurd | Wind | Discus | Pole vault (cm) | Javelin | 1500M | | | | | | | | | | | |
|-----|----|------------------|---------------------------|-------|-------|------|----------------|------|-----------|----------------|-------|-----------|------|--------|-----------------|---------|-------|-----|-----|-------|-----|-----|-----|-------|-----|---------|-----|--|
| 1 | 62 | Shane Aston | Trim AC | 6136 | 11.87 | 677 | nwi | 653 | 704 | 0.7 | 11.35 | 567 | 181 | 636 | 53.47 | 662 | 15.79 | 757 | 1.7 | 36.85 | 601 | 300 | 357 | 51.08 | 605 | 4.58.14 | 570 | |
| 2 | 63 | Taylor Nimmo | Falkirk Victoria Harriers | 5466 | 11.40 | 774 | nwi | 677 | 760 | 1.0 | 11.18 | 557 | 166 | 512 | 53.92 | 643 | 15.61 | 777 | 1.7 | 31.55 | 495 | 240 | 220 | 29.85 | 297 | 5.23.66 | 431 | |
| 3 | 60 | Connor Mulcahy | Montrose & District AC | 4739 | 12.00 | 651 | nwi | 593 | 571 | 0.8 | 7.24 | 321 | 166 | 512 | 53.24 | 671 | 16.81 | 644 | 1.7 | 19.85 | 269 | 250 | 242 | 20.05 | 162 | 4.37.55 | 696 | |
| - | 59 | Alastair Starley | Garscube Harriers | | 11.87 | 677 | nwi | 591 | 567 | 0.9 | 11.11 | 553 | 178 | 610 | 52.10 | 720 | | | | | | | | | | | | |
| - | 61 | Jamie Gemmell | Whitemoss AAC | | 12.25 | 603 | nwi | 607 | 602 | 0.7 | 10.41 | 510 | 175 | 585 | | | | | | | | | | | | | | |

Under 16 Boys Pentathlon

| Pos | No | Name | Club | Total | High Jump (cm) | 100m Hurdles | Wind | Long Jump (cm) | Wind | Shot Putt | 800M | | | | | |
|-----|----|------------------|---------------------------|-------|----------------|--------------|-------|----------------|------|-----------|------|-----|-------|-----|---------|-----|
| 1 | 73 | Calum Batho | Edinburgh AC | 2824 | 168 | 528 | 14.56 | 738 | 1.9 | 609 | 606 | 2.3 | 10.91 | 540 | 2.22.92 | 412 |
| | | | | | | | | | | | | 0.7 | | | | |
| 2 | 79 | Matthew Duguid | Banchory Stonehaven AC | 2476 | 159 | 457 | 16.59 | 532 | 1.9 | 561 | 504 | 0.8 | 10.23 | 499 | 2.17.71 | 484 |
| 3 | 74 | Charles Dineen | Central AC | 2386 | 159 | 457 | 14.55 | 739 | 1.9 | 519 | 419 | 3.3 | 9.12 | 433 | 2.28.66 | 338 |
| 4 | 75 | Daniel McFarlane | Inverness Harriers AAC | 2267 | 150 | 389 | 16.31 | 559 | 1.9 | 523 | 427 | 1.5 | 10.17 | 496 | 2.24.13 | 396 |
| 5 | 76 | Fraser Gallagher | Cumbernauld AAC | 2106 | 159 | 457 | 16.63 | 529 | 1.9 | 495 | 373 | 0.3 | 8.51 | 397 | 2.27.72 | 350 |
| 6 | 71 | Benjamin Paget | Cumbernauld AAC | 1722 | 156 | 434 | 19.30 | 306 | 1.9 | 449 | 288 | 1.5 | 8.41 | 391 | 2.31.64 | 303 |
| 7 | 77 | Lewis McMillan | Ayr Seaforth AAC | 1657 | 153 | 411 | 20.03 | 255 | 1.9 | 415 | 230 | 1.1 | 8.34 | 386 | 2.25.74 | 375 |
| 8 | 70 | Alastair White | Livingston & District AAC | 1554 | 138 | 303 | 19.29 | 307 | 1.9 | 444 | 280 | 3.1 | 7.35 | 328 | 2.28.86 | 336 |
| | | | | | | | | | | | | 1.3 | | | | |

Guest - Sunday 14 July 2013

| | | | | | | | | | | | | | | | | |
|----|-----------------|-------|-----|-----|-----|-------|--|--|--|--|--|---|--|--|--|---|
| 80 | Robbie Connolly | Unatt | 488 | 163 | 488 | 16.92 | | | | | | 0 | | | | 0 |
|----|-----------------|-------|-----|-----|-----|-------|--|--|--|--|--|---|--|--|--|---|

Under 14 Boys Pentathlon

| Pos | No | Name | Club | Total | High Jump (cm) | 80m Hurdles | Wind | Long Jump (cm) | Wind | Shot Putt | 800M | | | | | |
|-----|----|------------------|-------------------------|-------|----------------|-------------|-------|----------------|------|-----------|------|-----|-------|-----|---------|-----|
| 1 | 2 | Andrew McFarlane | Inverness Harriers AAC | 2202 | 150 | 389 | 13.18 | 584 | 0.2 | 502 | 386 | 3.6 | 10.70 | 528 | 2.30.62 | 315 |
| | | | | | | | | | | | | 1.4 | | | | |
| 2 | 6 | Scott Connal | Whitemoss AAC | 2094 | 147 | 367 | 13.32 | 570 | 0.2 | 529 | 439 | 2.2 | 8.41 | 391 | 2.29.55 | 327 |
| | | | | | | | | | | | | 2.0 | | | | |
| 3 | 4 | Connor Malley | Inverclyde AC | 2065 | 126 | 225 | 13.27 | 575 | 0.2 | 533 | 447 | 0.1 | 10.19 | 497 | 2.30.09 | 321 |
| 4 | 1 | Aidan Quinn | Glasgow School of sport | 1678 | 132 | 263 | 13.74 | 530 | 0.2 | 447 | 285 | 2.1 | 8.33 | 386 | 2.39.88 | 214 |
| | | | | | | | | | | | | 1.0 | | | | |

SENIOR WOMEN Heptathlon (POINTS as per AGE GRADED TABLES)

| Pos | No | NAME | CLUB | Total | 100m Hurdles | Wind | High Jump (cm) | Shot Putt | 200M | Wind | Long Jump (cm) | Wind | Javelin | 800M | | | | | | | |
|-----|----|------------|---------------|-------|--------------|------|----------------|-----------|------|------|----------------|-------|---------|------|-----|-----|-----|-------|-----|---------|-----|
| 1 | 30 | Jane Scott | VP-Glasgow AC | 3725 | 15.82 | 736 | nwi | 153 | 655 | 7.38 | 359 | 27.90 | 639 | -3.7 | 528 | 637 | 4.5 | 12.27 | 147 | 2.41.86 | 552 |
| | | | | | | | | | | | | | | | 527 | | 1.8 | | | | |

U20 WOMEN Heptathlon

| Pos | No | NAME | CLUB | Total | 100m Hurdles | Wind | High Jump (cm) | Shot Putt | 200M | Wind | Long Jump (cm) | Wind | Javelin | 800M | | | | | | | |
|-----|----|------------------|--------------------|-------|--------------|------|----------------|-----------|------|-------|----------------|-------|---------|------|-----|-----|-----|-------|-----|---------|-----|
| 1 | 42 | Paula Gass | Edinburgh AC | 3761 | 18.32 | 456 | nwi | 153 | 655 | 10.18 | 541 | 28.68 | 578 | -3.7 | 427 | 371 | 4.4 | 39.18 | 652 | 2.45.81 | 508 |
| | | | | | | | | | | | | | | | 414 | | 0.5 | | | | |
| 2 | 41 | Charlotte Sadler | Gateshead Harriers | 3213 | 17.70 | 520 | nwi | 147 | 588 | 6.93 | 331 | 28.98 | 556 | -3.7 | 428 | 374 | 0.7 | 23.78 | 359 | 2.47.99 | 485 |

Under 18 Women Heptathlon

| Pos | No | Name | Club | Total | 100m Hurdles | Wind | High Jump (cm) | Shot Putt | 200M | Wind | Long Jump (cm) | Wind | Javelin | 800M | | | | | | | | |
|-----|----|-------------------|----------------------|-------|--------------|------|----------------|-----------|------|------|----------------|-------|---------|------|-----|-----|-----|-------|-----|---------|-----|---|
| 1 | 32 | Amy McTeggart | Boyne AC | 4033 | 16.30 | 678 | 0.1 | 156 | 689 | 9.21 | 478 | 28.39 | 600 | -5.5 | 503 | 567 | 1.6 | 24.93 | 381 | 2.34.32 | 640 | |
| 2 | 39 | Sophia Hamilton | Aberdeen AAC | 3656 | 16.11 | 701 | 0.1 | 138 | 491 | 7.42 | 362 | 27.08 | 705 | -5.5 | 484 | 516 | 3.7 | 21.13 | 310 | 2.40.16 | 571 | |
| 3 | 34 | Carolyn Harvey | Ayr Seaforth AAC | 3393 | 16.48 | 657 | 0.0 | 132 | 429 | 8.04 | 402 | 28.62 | 583 | -4.2 | 495 | 546 | 3.3 | 14.78 | 193 | 2.39.13 | 583 | |
| 4 | 40 | Sophie Parsons | Central AC | 3289 | 15.46 | 782 | 0.1 | 138 | 491 | 6.13 | 280 | 28.00 | 631 | -4.2 | 448 | 423 | 3.4 | 12.13 | 144 | 2.43.07 | 538 | |
| 5 | 31 | Alison Stewart | Whitemoss AAC | 3178 | 17.67 | 523 | 0.0 | 147 | 588 | 7.06 | 339 | 30.09 | 476 | -5.5 | 443 | 411 | 2.0 | 17.36 | 240 | 2.37.54 | 601 | |
| 6 | 33 | Carla Godzman | VP-Glasgow AAC | 3152 | 16.31 | 677 | 0.1 | 153 | 655 | 6.86 | 326 | 30.58 | 442 | -4.2 | 467 | 472 | 2.8 | 16.91 | 232 | 3.01.84 | 348 | |
| 7 | 37 | Nicola Kellock | Lothian Running Club | 3139 | 18.26 | 462 | 0.0 | 129 | 399 | 8.60 | 438 | 29.77 | 498 | -5.5 | 425 | 367 | 3.1 | 32.52 | 524 | 2.51.25 | 451 | |
| 8 | 36 | Lauren McSkimming | Whitemoss AAC | 2260 | 19.70 | 328 | 0.1 | 138 | 491 | 8.05 | 403 | 32.08 | 347 | -4.2 | 382 | 267 | 4.9 | 20.50 | 298 | 3.31.99 | 126 | |
| - | 38 | Sarah McDonald | Whitemoss AAC | | 18.28 | 460 | 0.0 | 135 | 460 | 8.59 | 438 | 28.83 | 567 | -5.5 | | 0 | | | | 0 | | 0 |

Under 16 Girls Pentathlon

| Pos | No | Name | Club | Total | Long Jump (cm) | Wind | 80m Hurdles | Wind | Shot Putt | High Jump (cm) | 800M | | | | | |
|-----|-----|------------------|---------------------------|-------|----------------|------|-------------|-------|-----------|----------------|------|-----|-----|-----|---------|-----|
| 1 | 92 | Caitlin Edgar | Central AC | 3249 | 567 | 750 | nwi | 12.05 | 792 | 3.6 | 8.83 | 453 | 153 | 655 | 2.37.77 | 599 |
| 2 | 100 | Pamela McNicol | Law & District AAC | 3061 | 475 | 492 | nwi | 12.05 | 792 | 3.6 | 8.72 | 446 | 147 | 588 | 2.26.06 | 743 |
| 3 | 95 | Emily McNicol | Law & District AAC | 2624 | 436 | 393 | nwi | 13.65 | 604 | 2.9 | 7.33 | 356 | 153 | 655 | 2.36.34 | 616 |
| 4 | 99 | Lisa Gavienas | Giffnock North AAC | 2518 | 404 | 317 | nwi | 13.51 | 618 | 2.9 | 8.47 | 430 | 132 | 429 | 2.27.53 | 724 |
| 5 | 101 | Sarah Bassett | Whitemoss AAC | 2455 | 487 | 524 | nwi | 14.58 | 513 | 3.6 | 7.17 | 346 | 132 | 429 | 2.34.01 | 643 |
| 6 | 102 | Taygan Henry | Livingston & District AAC | 2443 | 431 | 381 | nwi | 13.01 | 674 | 2.9 | 6.24 | 287 | 138 | 491 | 2.36.80 | 610 |
| 7 | 98 | Kate Mackay | Aberdeen AAC | 2373 | 461 | 456 | nwi | 13.35 | 636 | 3.6 | 6.67 | 314 | 147 | 588 | 2.58.48 | 379 |
| 8 | 96 | Grace Angus | Aberdeen AAC | 2334 | 472 | 485 | nwi | 13.85 | 583 | 3.6 | 7.30 | 354 | 144 | 555 | 3.00.84 | 357 |
| 9 | 90 | Bethany Buchanan | VP-Glasgow AAC | 2264 | 435 | 391 | nwi | 13.91 | 577 | 2.9 | 7.47 | 365 | 132 | 429 | 2.46.33 | 502 |
| 10 | 97 | Grace Carter | Aberdeen AAC | 2236 | 440 | 403 | nwi | 13.03 | 671 | 2.9 | 5.58 | 245 | 135 | 460 | 2.50.63 | 457 |

Under 14 Girls Pentathlon

| Pos | No | Name | Club | Total | Long Jump (cm) | Wind | Hurdles | Wind | Shot Putt | High Jump (cm) | 800M | | | | | |
|-----|----|-----------------------|---------------------------|-------|----------------|------|---------|-------|-----------|----------------|------|-----|-----|-----|---------|-----|
| 1 | 15 | Georgia Smith | Central AC | 2471 | 452 | 433 | 2.4 | 12.89 | 579 | 3.2 | 7.42 | 362 | 149 | 610 | 2.47.75 | 487 |
| | | | | | 431 | | | | | | | | | | | |
| | | | | | 431 | | | | | | | | | | | |
| 2 | 14 | Evie Bartl | Kilmarnock H&AC | 2395 | 442 | 408 | | 12.10 | 663 | 3.2 | 9.30 | 484 | 128 | 389 | 2.51.25 | 451 |
| 3 | 21 | Lauren Saxby | Giffnock North AAC | 2312 | 415 | 343 | 0.4 | 13.10 | 558 | 3.3 | 7.77 | 385 | 134 | 449 | 2.39.65 | 577 |
| 4 | 23 | Molly Cunningham | Pitreevie AAC | 2309 | 411 | 333 | 2.8 | 12.95 | 573 | 3.2 | 6.45 | 300 | 143 | 544 | 2.41.19 | 559 |
| 5 | 9 | Ashleigh Lewis | Inverclyde AC | 1989 | 400 | 308 | 0.2 | 13.01 | 567 | 3.3 | 6.84 | 325 | 128 | 389 | 2.56.30 | 400 |
| 6 | 22 | Lucy Davison | Central AC | 1968 | 390 | 285 | 1.5 | 13.12 | 556 | 3.1 | 6.45 | 300 | 128 | 389 | 2.52.51 | 438 |
| 7 | 24 | Morven Scott | Nairn Area AAC | 1941 | 402 | 312 | 2.1 | 14.90 | 406 | 3.3 | 7.16 | 345 | 134 | 449 | 2.53.37 | 429 |
| | | | | | 347 | | | | | | | | | | | |
| | | | | | 347 | | | | | | | | | | | |
| 8 | 10 | Bethany Mcandrew | Pitreevie AAC | 1899 | 432 | 384 | 2.9 | 11.99 | 676 | 4.6 | 6.88 | 327 | 131 | 419 | 3.38.26 | 93 |
| | | | | | 416 | | | | | | | | | | | |
| | | | | | 416 | | | | | | | | | | | |
| 9 | 11 | Caitlin Chilton | Ayr Seaforth AAC | 1857 | 383 | 270 | 2.3 | 14.01 | 471 | 3.1 | 5.28 | 226 | 125 | 359 | 2.43.69 | 531 |
| | | | | | 362 | | | | | | | | | | | |
| | | | | | 362 | | | | | | | | | | | |
| 10 | 26 | Tia Henry | Livingston & District AAC | 1855 | 409 | 329 | 1.2 | 12.99 | 569 | 3.2 | 5.88 | 264 | 125 | 359 | 3.03.44 | 334 |
| 11 | 16 | Ishbel Kate Strathdee | Edinburgh AC | 1836 | 430 | 379 | 2.2 | 14.72 | 414 | 3.3 | 4.36 | 168 | 119 | 302 | 2.40.03 | 573 |
| | | | | | 415 | | | | | | | | | | | |
| | | | | | 415 | | | | | | | | | | | |
| 12 | 13 | Christie McSkimming | Whitemoss AAC | 1807 | 391 | 287 | 2.8 | 13.50 | 521 | 3.2 | 6.99 | 334 | 119 | 302 | 3.00.20 | 363 |
| | | | | | 354 | | | | | | | | | | | |
| | | | | | 354 | | | | | | | | | | | |
| 13 | 25 | Sophie Rowan | Kilmarnock H&AC | 1769 | 373 | 248 | 3.6 | 13.98 | 480 | 3.1 | 6.20 | 284 | 125 | 359 | 2.56.55 | 398 |
| | | | | | 360 | | | | | | | | | | | |
| | | | | | 360 | | | | | | | | | | | |
| 14 | 12 | Chloe McAlear | Livingston & District AAC | 1728 | 326 | 153 | 1.9 | 14.86 | 406 | 4.6 | 7.24 | 350 | 125 | 359 | 2.50.30 | 460 |
| 15 | 17 | Katie McAlpine | Ayr Seaforth AAC | 1641 | 388 | 281 | 1.5 | 15.30 | 376 | 3.1 | 5.09 | 214 | 137 | 481 | 3.08.67 | 289 |
| 16 | 27 | Phoebe Lewis | North Ayrshire AC | 1411 | 386 | 276 | 2.5 | 16.09 | 320 | 3.3 | 5.33 | 229 | 116 | 275 | 3.06.04 | 311 |
| | | | | | 376 | | | | | | | | | | | |
| | | | | | 376 | | | | | | | | | | | |
| 17 | 20 | Kirsty McFadyen | Livingston & District AAC | 1327 | 381 | 265 | 0.7 | 15.63 | 348 | 4.6 | 6.66 | 313 | NH | 0 | 2.56.18 | 401 |
| 18 | 18 | Kiara Galloway | Garscube Harriers | 1206 | 328 | 157 | 1.5 | 15.37 | 369 | 3.1 | 6.79 | 322 | 119 | 302 | 3.46.55 | 56 |
| 19 | 19 | Kirsten McClymont | Ayr Seaforth AAC | 924 | 183 | 0 | 1.4 | 19.23 | 141 | 4.6 | 5.44 | 236 | 119 | 302 | 3.14.19 | 245 |