

# Scottish Athletics League Division 1

## 21 July 2013

## Grangemouth

100m A		-3.6 m/s	
1	15 G Louden	Lasswade	11.26 16
2	3 S Revie (U20)	Edinburgh	11.29 14
3	11 R Maxwell (U20)	VP Glasgow	11.29 12
4	7 G Plenderleith	Falkirk	11.31 10
5	5 R Shaw (U20)	Aberdeen	11.82 8
6	1 C Smith	Central	11.94 6
7	9 R Ferrol	Shettleston	12.67 5
13	J Quinn	Kilbarchan	DQ 0

400m A			
1	3 P Swan	Edinburgh	49.14 16
2	9 S Watson	Shettleston	49.49 14
3	13 M Lipton	Kilbarchan	49.68 12
4	15 S Wright (U20)	Lasswade	49.92 10
5	1 M Paterson	Central	50.91 8
6	5 G Lake (U20)	Aberdeen	51.77 6
7	7 D Colley (U20)	Falkirk	54.61 5
11	D Watson Snr	VP Glasgow	61.29 0

1500m A			
1	5 M Edwards	Aberdeen	3:55.25 16
2	1 T Watson	Central	3:56.53 14
3	9 L Oates	Shettleston	3:58.16 12
4	11 E Sloan-Dennison (U20)	VP Glasgow	4:06.59 10
5	13 S MacAulay	Kilbarchan	4:07.78 8
6	3 D Bowers	Edinburgh	4:07.92 6
7	15 B Phillips	Lasswade	4:11.13 5
8	8 A Davidson	Falkirk	4:16.84 4

5,000m A			
1	15 R Matheson	Lasswade	14:54.03 16
2	1 S McDonald	Central	14:55.45 14
3	5 S Burgess (U20)	Aberdeen	15:51.90 12
4	13 A Dearie	Kilbarchan	15:53.51 10
5	7 M McNeill	Falkirk	15:54.94 8
6	3 P Cameron (U20)	Edinburgh	17:29.59 6
9	J Duffy	Shettleston	18:31.93 0
8			0

110m Hurdles A		no measure	
1	13 A Murphy (U20)	Kilbarchan	15.97 16
2	1 C Brown	Central	15.99 14
3	11 N Kelly	VP Glasgow	16.45 12
4	15 A Dalgleish	Lasswade	19.79 10
5	7 E McCallum (U20)	Falkirk	20.09 8
6			0
7			0
8			0

4 by 100m Relay			
1	11 D Clark , J Sinclair , D Martin , S Thompson	VP Glasgow	43.52 16
2	3 P Swan , S Revie (U20) , J Newport , G McKay	Edinburgh	44.05 14
3	5 R Shaw (U20) , A Graham , S Lyon , A Ferguson	Aberdeen	44.95 12
4	1 C Smith , D Polatajko (U17) , M Graham , J Paterson (U17)	Central	45.26 10
5	13 E Johnston (U17) , D Kerr , J Quinn , J Lochans (U20)	Kilbarchan	45.28 8
6	15 J Charters (U20) , T Oladipo , S Hadden (U20) , M Malone	Lasswade	46.12 6
7	7 J Muir , G Plenderleith , K Ferguson (U20) , E McCallum (U20)	Falkirk	50.00 5
8			0

100mB		-0.5 m/s	
1	12 J McColl (U20)	VP Glasgow	11.31 12
2	4 G McKay	Edinburgh	11.56 10
3	14 D Kerr	Kilbarchan	11.90 8
4	16 T Oladipo	Lasswade	12.00 6
5	2 D Polatajko (U17)	Central	12.17 4
6	10 J Bradley	Shettleston	12.51 3
7	8 J Muir	Falkirk	12.83 2
6	A Graham	Aberdeen	DQ 0

400m B			
1	14 D Kerr	Kilbarchan	51.32 12
2	16 C Carstairs (U20)	Lasswade	51.95 10
3	4 D New	Edinburgh	52.22 8
4	10 D O,Hear (U17)	Shettleston	53.86 6
5	2 J Paterson (U17)	Central	54.09 4
6	6 A Ferguson	Aberdeen	54.74 3
7	8 K Ferguson (U20)	Falkirk	55.02 2
8			0

1500m B			
1	2 S Reilly	Central	3:57.73 12
2	6 E Durkan	Aberdeen	4:09.36 10
3	4 R Miller (U20)	Edinburgh	4:13.15 8
4	7 E Martin	Falkirk	4:20.29 6
5	14 C Haxton (U20)	Kilbarchan	4:37.87 4
6	16 C Menzies	Lasswade	4:40.21 3
7	10 M McGiven (U17)	Shettleston	4:42.45 2
8	12 E Ahmad (U20)	VP Glasgow	4:49.09 1

5,000m B			
1	2 R Russell	Central	15:38.28 12
2	8 A Davidson	Falkirk	16:42.91 10
3	16 M Gore	Lasswade	16:58.95 8
4	6 N Jaffrey	Aberdeen	17:30.38 6
5	14 C Haxton (U20)	Kilbarchan	17:58.18 4
6			0
7			0
8			0

110m Hurdles B		no measure	
16	C Menzies	Lasswade	22.01 0
2			0
3			0
4			0
5			0
6			0
7			0
8			0

200m A		-1.4 m/s	
1	15 G Louden	Lasswade	21.91 16
2	7 G Plenderleith	Falkirk	22.08 14
3	3 S Revie (U20)	Edinburgh	22.38 12
4	11 S Thompson	VP Glasgow	22.40 10
5	13 C Henderson	Kilbarchan	22.94 8
6	5 R Shaw (U20)	Aberdeen	23.29 6
7	1 C Smith	Central	23.72 5
8	9 R Ferrol	Shettleston	24.72 4

800m A			
1	1 A Butchart	Central	1:53.70 16
2	5 M Ferguson (U20)	Aberdeen	1:55.96 14
3	13 S MacAulay	Kilbarchan	1:56.66 12
4	3 E Dudgeon	Edinburgh	1:56.84 10
5	11 E Sloan-Dennison (U20)	VP Glasgow	1:58.94 8
6	7 E Martin	Falkirk	1:59.13 6
7	9 C Drummond (U20)	Shettleston	1:59.71 5
8	15 A Mitchell (U17)	Lasswade	2:04.50 4

3,000m SC A			
1	2 A Hendry	Central	09:35.16 16
2	13 C Matthews (U20)	Kilbarchan	10:24.28 14
3	16 C Menzies	Lasswade	10:46.81 12
4	7 A Devlin	Falkirk	11:27.37 10
5			0
6			0
7			0
8			0

10,000m A			
1			0
2			0
3			0
4			0
5			0
6			0
7			0
8			0

400m Hurdles A			
1	11 D Martin	VP Glasgow	52.71 16
2	7 E McCallum (U20)	Falkirk	64.12 14
3	1 M Wright	Central	64.21 12
4	3 A More (U20)	Edinburgh	65.26 10
5	15 A Dalgleish	Lasswade	65.96 8
6			0
7			0
8			0

4 by 400m Relay			
1	15 C Carstairs (U20) , A Mitchell (U17) , S Wright (U20) , G Louden	Lasswade	3:25.55 16
2	5 G Lake (U20) , J Joy , M Ferguson (U20) , M Edwards	Aberdeen	3:25.66 14
3	1 E Corbett (U17) , S Reilly , T Watson , M Paterson	Central	3:29.76 12
4	13 D Yeoman (U20) , S MacAulay , M Lipton , C Henderson	Kilbarchan	3:31.84 10
5	3 D New , D Bowers , S Harris , R Miller (U20)	Edinburgh	3:33.50 8
6	7 D Colley (U20) , E McCallum (U20) , E Martin , K Ferguson (U20)	Falkirk	3:49.67 6
7			0
8			0

200m B		+1.1 m/s	
1	4 D New	Edinburgh	23.19 12
2	12 D Clark	VP Glasgow	23.23 10
3	14 J Quinn	Kilbarchan	23.59 8
4	2 M Graham	Central	23.79 6
5	16 J Charters (U20)	Lasswade	24.13 4
6	8 K Ferguson (U20)	Falkirk	24.21 3
7	10 J Bradley	Shettleston	25.01 2
8			0

800m B			
1	6 J Joy	Aberdeen	2:00.53 12
2	2 R Russell	Central	2:01.90 10
3	4 C Ponton (U20)	Edinburgh	2:03.73 8
4	8 M Houston (U20)	Falkirk	2:05.10 6
5	14 C Haxton (U20)	Kilbarchan	2:08.83 4
6	16 R Finlayson	Lasswade	2:10.94 3
7			0
8			0

3,000m SC B			
1	1 M Wright	Central	09:51.24 12
2	15 C Clark (U20)	Lasswade	11:35.06 10
3			0
4			0
5			0
6			0
7			0
8			0

10,000m B			
1			0
2			0
3			0
4			0
5			0
6			0
7			0
8			0

400m Hurdles B			
16	J Malcolm	Lasswade	80.77 0
2			0
3			0
4			0
5			0
6			0
7			0
8			0

Long Jump A				w/s
1	2	P Muirhead	Central	7.01 16 +2.1
2	4	G McKay	Edinburgh	6.92 14 +3.5
3	5	S Lyon	Aberdeen	6.85 12 -1.4
4	12	J Thoires	VP Glasgow	6.73 10 +3.4
5	15	R Ferguson (U20)	Lasswade	6.23 8 +3.2
6	14	J Lochans (U20)	Kilbarchan	5.78 6 -0.5
7	9	A Divers (U17)	Shettleston	4.90 5 +1.4
8	8	A Davidson	Falkirk	4.52 4 +0.9

Long Jump B				w/s
1	1	C Brown	Central	6.58 12 +1.8
2	11	R Maxwell (U20)	VP Glasgow	6.48 10 +2.7
3	3	J Newport	Edinburgh	6.15 8 +2.4
4	13	E Johnston (U17)	Kilbarchan	5.22 6 +2.1
5	6	K Gauld (U20)	Aberdeen	5.16 4 +3.4
16	J Charters (U20)	Lasswade	3.26 0 +3.7	
7				0
8				0

Triple Jump A				w/s
1	5	S Lyon	Aberdeen	13.26 16 +3.8
2	16	J Charters (U20)	Lasswade	13.25 14 none
3	4	J Newport	Edinburgh	11.90 12 +1.9
4	7	F Weir	Falkirk	11.42 10 +1.2
5	13	E Johnston (U17)	Kilbarchan	11.31 8 +1.9
6	1	M Wright	Central	10.27 6 +5.8
7				0
8				0

Triple Jump B				w/s
1	15	S Wright (U20)	Lasswade	11.73 12 +3.3
2	3	C Jones (U17)	Edinburgh	11.58 10 +5.4
3	14	D Yeoman (U20)	Kilbarchan	10.29 8 +4.0
4	6	K Gauld (U20)	Aberdeen	10.19 6 +4.3
5				0
6				0
7				0
8				0

High Jump A				
1	15	R Ferguson (U20)	Lasswade	2.01 16
2	4	A Sinclair (U20)	Edinburgh	1.95 14
3	14	J Lochans (U20)	Kilbarchan	1.90 12
4	7	F Weir	Falkirk	1.90 10
5	6	G Robertson (U17)	Aberdeen	1.80 8
6	11	M Revie (U20)	VP Glasgow	1.65 6
7				0
8				0

High Jump B				
1	5	R Hewitson (U20)	Aberdeen	1.80 12
2	13	A Murphy (U20)	Kilbarchan	1.80 10
3	8	T Nimmo (U20)	Falkirk	1.70 8
4	16	M Malone	Lasswade	1.65 6
4	A Sinclair (U20)	Edinburgh	NH	0
6				0
7				0
8				0

Pole Vault A				
1	12	J Thoires	VP Glasgow	4.40 16
2	13	A Murphy (U20)	Kilbarchan	4.00 14
3	9	P O'Donnell (U20)	Shettleston	4.00 12
4	5	D Mann (U20)	Aberdeen	4.00 10
5	1	C Brown	Central	3.40 8
6	3	J Glen (U20)	Edinburgh	2.70 6
7	T Nimmo (U20)	Falkirk	NJ	0
15	J Malcolm	Lasswade	NJ	0

Pole Vault B				
1	11	J Sinclair	VP Glasgow	4.00 12
2	6	B Masson	Aberdeen	2.80 10
3	2	R Todd	Central	2.40 8
4				0
5				0
6				0
7				0
8				0

Shot Putt A				
1	5	S Thompson	Aberdeen	14.60 16
2	13	A Murphy (U20)	Kilbarchan	11.71 14
3	3	R McManus	Edinburgh	10.88 12
4	8	F Weir	Falkirk	9.94 10
5	15	S Dalecki	Lasswade	9.85 8
6	11	G Farrell	VP Glasgow	9.71 6
7	2	R Todd	Central	8.88 5
8				0

Shot Putt B				
1	4	A Sinclair (U20)	Edinburgh	10.63 12
2	16	T Weir	Lasswade	7.91 10
3	7	K Robertson	Falkirk	7.82 8
4				0
5				0
6				0
7				0
8				0

Discus A				
1	9	A McInroy	Shettleston	50.34 16
2	5	S Thompson	Aberdeen	43.57 14
3	11	G Farrell	VP Glasgow	33.47 12
4	8	T Nimmo (U20)	Falkirk	32.25 10
5	15	S Dalecki	Lasswade	29.28 8
6	1	R Todd	Central	29.19 6
7				0
8				0

Discus B				
1	7	K Robertson	Falkirk	26.89 12
2	16	E Kopystynski	Lasswade	23.10 10
3				0
4				0
5				0
6				0
7				0
8				0

Hammer A				
1	9	C Bennett	Shettleston	71.24 16
2	3	R McManus	Edinburgh	43.91 14
3	5	S Thompson	Aberdeen	43.67 12
4	1	R Todd	Central	30.86 10
5	15	E Kopystynski	Lasswade	25.31 8
6	7	K Robertson	Falkirk	23.54 6
11	G Farrell	VP Glasgow	4.59 0	
8				0

Hammer B				
1	4	D Voas (U20)	Edinburgh	37.78 12
2	8	F Weir	Falkirk	22.01 10
3	16	J McOmish	Lasswade	21.05 8
4				0
5				0
6				0
7				0
8				0

Javelin A				
1	1	C Brown	Central	47.73 16
2	15	S Dalecki	Lasswade	46.93 14
3	7	K Robertson	Falkirk	46.26 12
4	5	S Thompson	Aberdeen	45.85 10
5	13	A Murphy (U20)	Kilbarchan	42.16 8
6	3	R McManus	Edinburgh	32.85 6
7	11	D Clark	VP Glasgow	26.15 5
8				0

Javelin B				
1	8	A Davidson	Falkirk	36.16 12
2	6	S Lyon	Aberdeen	35.90 10
3	2	R Todd	Central	33.77 8
4	14	C Henderson	Kilbarchan	32.24 6
16	J McOmish	Lasswade	24.96 0	
6				0
7				0
8				0

Notes

C. Bennett, Shettleston, Hammer 71.24

Scrutiny complete - teams have 14 days to lodge any appeal

Total Points 1835

121 athletes

Penalty Points
0

Match Result

	Match Points	Pts
Lasswade	285	8
Central	282	7
Edinburgh	262	6
Aberdeen	259	5
Falkirk	231	4
Kilbarchan	230	3
VP Glasgow	184	2
Shettleston	102	1

1835

36

League Positions

	Match Points	Pts	
1	Central	912	21
2	Kilbarchan	920	19
3	Falkirk	769	16
4	Aberdeen	763	15
5	Edinburgh	746	14
6	Lasswade	658	13
7	VP Glasgow	530	7
8	Shettleston	253	3