

**SAL U16/20 Age Group Champs**  
**Aberdeen**  
**Sunday 18th August 2013**

**Provisional Track Timetable**  
**(Officials use)**

Event No.	MM NO.	Time	Event	Age Group	Round	Heats	Number
T01		9.45	400m Hurdles	U20 Men	Final	1	
T02		9.50	400m Hurdles	U20 Women	Final	1	
T03		9.55	300m Hurdles	U16 Boys	Final	1	
T04		10.00	300m Hurdles	U16 Girls	Final	1	
T05		10.05	100m	U16 Girls	1	5	
T06		10.25	100m	U16 Boys	1	3	
T07		10.40	100m	U20 Women	1	2	
T08		10.50	100m	U20 Men	1	2	
T09		11.00	1500m	U16 Boys	1	2	
T10		11.15	1500m	U16 Girls	1	2	
T11		11.30	300m	U16 Girls	1	3	
T12		11.45	400m	U16 Boys	1	2	
T13		11.55	400m	U20 Women	1	2	
T14		12.05	400m	U20 Men	1	2	
T15		12.15	100m	U16 Girls	B Final	1	
T16		12.20	100m	U16 Girls	A Final	1	
T17		12.25	100m	U16 Boys	B Final	1	
T18		12.30	100m	U16 Boys	A Final	1	
T19		12.35	100m	U20 Women	Final	1	
T20		12.40	100m	U20 Men	Final	1	
T21		12.45	800m	U16 Girls	1	4	
T22		13.05	800m	U16 Boys	1	3	
T23		13.20	800m	U20 Women	1	2	
T24		13.30	800m	U20 Men	1	2	
T25		13.35	5000m	U20Men/Women	Final	1	
			<b>LUNCH</b>				
T26		14.10	110m Hurdles	U20 Men	Final	1	
T27		14.15	100m Hurdles	U16 Boys	Final	1	
T28		14.20	100m Hurdles	U20 Women	Final	1	
T29		14.25	80m Hurdles	U16 Girls	1	3	
T30		14.45	300m	U16 Girls	Final	1	
T31		14.50	400m	U16 Boys	Final	1	
T32		14.55	400m	U20 Women	Final	1	
T33		15.00	400m	U20 Men	Final	1	
T34		15.05	200m	U16 Girls	1	5	
T35		15.25	200m	U16 Boys	1	3	
T36		15.40	200m	U20 Women	1	2	
T37		15.50	200m	U20 Men	1	2	
T38		16.00	1500m	U16 Boys	Final	1	
T39		16.10	1500m	U16 Girls	Final	1	
T40		16.20	1500m	U20 Women	Final	1	
T41		16.30	1500m	U20 Men	Final	1	
T42		16.40	80m Hurdles	U16 Girls	Final	1	
T43		16.45	800m	U16 Girls	Final	1	
T44		16.50	800m	U16 Boys	Final	1	
T45		16.55	800m	U20 Women	Final	1	
T46		17.00	800m	U20 Men	Final	1	
T47		17.05	200m	U16 Girls	B Final	1	
T48		17.10	200m	U16 Girls	A Final	1	
T49		17.15	200m	U16 Boys	Final	1	
T48		17.20	200m	U20 Women	Final	1	
T49		17.25	200m	U20 Men	Final	1	

**SAL U16/20 Age Group Champs  
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**Provisional Field Timetable  
(Officials use)**

Event No.	MM NO.	Time	Event	Age Group	Round	Heats	Number
F01		9.30	Hammer	U16 Girls	Final		
F02		9.30	Hammer	U20 Women	Final		
F03		10.00	Long Jump	U16 Boys	Final		
F04		10.00	High Jump	U16 Girls	Final		
F05		10.45	Pole Vault	U20 Women	Final		
F06		10.45	Pole Vault	U20 Men	Final		
F07		11.00	Hammer	U16 Boys	Final		
F08		11.00	Hammer	U20 Men	Final		
F09		11.00	Shot Putt	U16 Boys	Final		
F10		12.00	Long Jump	U20 Women + U20 Men	Final		
F11		12.00	Discus	U16 Girls	Final		
F12		12.00	Javelin	U16 Boys	Final		
F13		12.00	High Jump	U16 Boys	Final		
F14		13.00	Shot Putt	U20 Women + U20 Men	Final		
F15		13.00	Pole Vault	U16 Boys	Final		
F16		13.00	Pole Vault	U16 Girls	Final		
F17		13.00	Long Jump	U16 Girls	Final		
F18		14.00	Javelin	U20 Women	Final		
F19		14.00	Javelin	U20 Men	Final		
F20		14.00	Shot Putt	U16 Girls	Final		
F21		14.00	Discus	U16 Boys	Final		
F22		15.00	High Jump	U20 Women + U20 Men	Final		
F23		15.30	Triple Jump	U20 Men + U20 Women + U16 Boys	Final		
F24		15.30	Javelin	U16 Girls	Final		
F25		16.30	Discus	U20 Women	Final		
F26		16.30	Discus	U20 Men	Final		