

PITREAVIE AAC

PRESENTS





Sunday 8th September 2013 - PITREAVIE STADIUM (Under UK Athletics Rules)

U11 Girls	U13 Girls	U15 Girls	U17 Women	
75m	100m	100m	100m	
150m	200m	200m	200m	
600m	800m	800m	300m	
	70m Hurdles	1500m	80m Hurdles	
Long Jump	Long Jump	75m Hurdles	800m	
Shot Putt	Shot Putt Shot		Long Jump	
	Discus	Shot Putt	Hammer	
	High Jump	High Jump	High Jump	
		Discus	Polevault	
		Polevault		

'David Wood' 100m Handicap for U20 & Senior Men and U20 & Senior Women

'David Candlish Invitation Mile for U20 & Senior Men

U11 Boys	U13 Boys	U15 Boys	U17 Men	
75m	100m	100m	100m	
150m	200m	200m	200m	
600m	800m	800m	400m	
	1500m	1500m	800m	
	75m Hurdles	80m Hurdles	1500m	
Long Jump	Long Jump	Long Jump	Long Jump	
Shot Putt	Shot Putt	High Jump	Shot Putt	
	High Jump	Javelin	Discus	
	Javelin	Polevault	Polevault	

Entry Fee - £3.00 per event or £8.00 for 3 events. £3.00 for U20/Seniors. Awards for first 3 places provided that there are at least 3 entries. Some events may be cancelled if there are Insufficient entries. Timetables will be available on club website after the closing date.

NOTE: U13 & U15 BOYS/GIRLS MAY NOT COMPETE IN 800M AND 1500M ON THE SAME DAY Closing Date Saturday 17th August 2013 - NO LATE ENTRIES WILL BE ACCEPTED

Non Scottish Athletics Members add £2.00 to total entry costs.

Entries to Mr. Brian Reid, 7 Blackwood Way, Dunfermline, Fife KY11 8TD Tel 01383 730340
_____CUT HERE AND RETURN ENTRY FORM BELOW _____

ENTRY FORM

A maximum of three events may be entered, one of which must be a field event.

Name of Event	Best Performance
Name of Event	Best Performance
Name of Event	Best Performance

For which I enclose a Cheque/Postal Order, payable to Pitreavie AAC to the value of £.....

Name & Address	Age Group/DOB	Male or Female	Scottish Athletics No.	Club
	Email address and Phone number			
FURTHER FORMS CA				

1 IMPORTANT

Information for Athletes

- 1. You must report to the Declaration Area at least 30 minutes before your first event when you will be issued with competition numbers.
- 2. Declare all of your events at the same time.
- 3. All athletes are to be declared by 2pm.
- 4. Track event athletes will assemble at trackside 10 minutes before their event.
- 5. Field events 3 trials per event, except the High Jump, where usually rules apply.
- 6. Field event athletes will assemble near the event areas 10 minutes before their event.
- 7. Please do not obstruct competitions already in progress
- 8. Do not take practice throws or jumps unless told to do so by an event official.
- 9. If your Field event is taking place at the same time as your Track event, the Track event must take precedence.
- 10. If you have reported to the Field event official before going to your Track Event, the official will allow you to take your trial upon your return to the Field event at the height, or round of competition reached at that point in time.
- 11. Where there are 2 finals for an event, 1st in each heat and the appropriate number of fastest losers will progress to the 'A' Final, the next 6 fastest losers will progress to the 'B' Final.

SAFETY

Do not impede any other athlete during competition.

Take care before stepping on to the track. Look both ways.

Never walk across the grass area in the centre of the arena.

Throwing events will be taking place throughout the day.

Have a safe, enjoyable day.

Athletics Car Park Pass Pitreavie 8 Sept 2013