

| UNDER 11 BOYS Stirling 19/10/13 | | | |
|---------------------------------|-------------------|---------------------|------|
| 1 | D.Addison | Corstorphine AAC | 5:19 |
| 2 | C.Carloe Anderson | Team Border | 5:35 |
| 3 | L.Blair | Pitreavie AAC | 5:39 |
| 4 | F.Sey | Fife AC | 5:41 |
| 5 | L.Watt | Aberdeen AAC | 5:43 |
| 6 | G.McPherson | Pitreavie AAC | 5:44 |
| 7 | F.Morris | Livingston & D AAC | 5:47 |
| 8 | A.Marshall | Livingston & D AAC | 5:47 |
| 9 | E.Elder | Team Border | 5:47 |
| 10 | H.Morrow | Edinburgh AC | 5:47 |
| 11 | F.Moffat | Edinburgh AC | 5:47 |
| 12 | C.Byrne | Central AC | 5:56 |
| 13 | T.Robertson | Aberdeen AAC | 5:57 |
| 14 | C.Cameron | Corstorphine AAC | 6:06 |
| 15 | C.Hull | Clackmanan Schools | 6:08 |
| 16 | P.Scott | Fife AC | 6:08 |
| 17 | E.Richardson | Linlithgow AAC | 6:16 |
| 18 | C.Robins | Central AC | 6:16 |
| 19 | O.Keddie | Fife AC | 6:16 |
| 20 | C.Alexander | Lasswade AC | 6:16 |
| 21 | B.Sandilands | Fife AC | 6:16 |
| 22 | R.Brannen | Falkirk Victoria H | 6:20 |
| 23 | F.Thompson | Central AC | 6:20 |
| 24 | O.Cargill | Falkirk Victoria H | 6:20 |
| 25 | D.Edwin | Edinburgh AC | 6:24 |
| 26 | M.Dilek | Falkirk Victoria H | 6:27 |
| 27 | P.Michalowski | Clackmanan Schools | 6:29 |
| 28 | J.Brown | Central AC | 6:29 |
| 29 | S.McLellan | Edinburgh AC | 6:31 |
| 30 | C.Dickson | Lasswade AC | 6:35 |
| 31 | J.Lumsden | Linlithgow AAC | 6:35 |
| 32 | C.Fraser | Central AC | 6:35 |
| 33 | C.Bowie | Central AC | 6:35 |
| 34 | M.McCullagh | Dunfermline/W.Fife | 6:39 |
| 35 | J.Curry | Central AC | 6:46 |
| 36 | A.Fuller | Team Border | 6:46 |
| 37 | E.Gordon | Lasswade AC | 6:46 |
| 38 | J.Fisher | Clackmanan Schools | 6:46 |
| 39 | J.Welsh | Livingston & D AAC | 6:56 |
| 40 | D.Little | Teviotdale Harriers | 6:49 |
| 41 | A.Baker | Fife AC | 6:49 |
| 42 | D.McKenzie | Clackmanan Schools | 6:51 |
| 43 | A.Hardie | Clackmanan Schools | 6:56 |
| 44 | G.Gornall | Central AC | 7:00 |
| 45 | L.Wyse | Fife AC | 7:00 |
| 46 | L.Niven | Strathearn Harriers | 7:00 |
| 47 | A.Johnston | Falkirk Victoria H | 7:10 |
| 48 | F.Taylor | Central AC | 8:23 |
| 49 | B.Cowan | Fife AC | 8:38 |

| TEAMS | | |
|-------|----------------------|----|
| | 1 Fife AC | 39 |
| | 2 Edinburgh AC | 46 |
| | 3 Team Border | 47 |
| | 4 Central AC | 53 |
| | 5 Livingston & D AAC | 54 |

| UNDER 11 GIRLS Stirling 19/10/13 | | | |
|----------------------------------|--------------|---------------------|------|
| 1 | I.Calvert | Livingston & D AAC | 5:44 |
| 2 | J.Gillanders | Pitreavie AAC | 5:44 |
| 3 | S.Coutts | Pitreavie AAC | 5:44 |
| 4 | C.Ainsworth | Central AC | 5:49 |
| 5 | A.Hedly | Fife AC | 5:49 |
| 6 | P.Carcas | Edinburgh AC | 5:49 |
| 7 | B.Morrow | Edinburgh AC | 5:57 |
| 8 | E.Johnson | Team East Lothian | 6:00 |
| 9 | E.Mooney | Team Border | 6:02 |
| 10 | M.Hobbs | Team Border | 6:12 |
| 11 | J.Brydon | Pitreavie AAC | 6:15 |
| 12 | E.Dempsey | Aberdeen AAC | 6:24 |
| 13 | P.Kidd | Perth Strathtay H. | 6:24 |
| 14 | S.Marshall | Pitreavie AAC | 6:27 |
| 15 | C.Banks | Central AC | 6:35 |
| 16 | K.McLeod | Corstorphine AAC | 6:35 |
| 17 | S.Davies | Team Border | 6:44 |
| 18 | M.Arnott | Corstorphine AAC | 6:44 |
| 19 | R.McDonald | Lothian RC | 6:44 |
| 20 | B.Aitken | Pitreavie AAC | 6:44 |
| 21 | K.Gustick | Pitreavie AAC | 6:53 |
| 22 | G.Pringle | Corstorphine AAC | 6:53 |
| 23 | S.Christie | Falkirk Victoria H | 6:53 |
| 24 | E.Desnarte | Pitreavie AAC | 6:53 |
| 25 | A.Chisolm | Pitreavie AAC | 6:56 |
| 26 | J.Turnbull | Central AC | 6:56 |
| 27 | R.Hogg | Central AC | 7:00 |
| 28 | M.Krickmar | Fife AC | 7:00 |
| 29 | E.McComisky | Lothian RC | 7:00 |
| 30 | C.Ritchie | Fife AC | 7:00 |
| 31 | R.Marden | Edinburgh AC | 7:03 |
| 32 | M.McLeod | Aberdeen AAC | 7:07 |
| 33 | E.Barter | Lasswade AC | 7:07 |
| 34 | H.Cutajar | Livingston & D AAC | 7:07 |
| 35 | I.Taylor | Team Border | 7:07 |
| 36 | R.McTavish | Pitreavie AAC | 7:07 |
| 37 | K.Johnson | Team East Lothian | 7:07 |
| 38 | Z.Dalton | Harmeny AAC | 7:07 |
| 39 | R.Methven | Anster Haddies | 7:10 |
| 40 | G.Graham | Strathearn Harriers | 7:18 |
| 41 | K.Burns | Lasswade AC | 7:18 |
| 42 | E.Gifford | Falkirk Victoria H | 7:18 |
| 43 | E.McGorum | Team Border | 7:30 |
| 44 | K.McNulty | Pitreavie AAC | 7:30 |
| 45 | E.Murphy | Falkirk Victoria H | 7:30 |
| 46 | F.Drummond | Pitreavie AAC | 7:40 |
| 47 | B.Cathro | Dundee Hawkhill H | 7:40 |
| 48 | S.Best | Pitreavie AAC | 7:45 |
| 49 | L.Wood | Perth Strathtay H. | 8:03 |
| 50 | S.Cameron | Harmeny AAC | 8:03 |
| 51 | B.Willis | Edinburgh AC | 8:12 |
| 52 | C.Stewart | Harmeny AAC | 8:49 |

| TEAMS | | |
|-------|------------------|----|
| | 1 Pitreavie AAC | 16 |
| | 2 Team Border | 36 |
| | 3 Edinburgh AC | 44 |
| | 4 Central AC | 45 |
| | Corstorphine AAC | 56 |

UNDER 13 BOYS Stirling 19/10/13

| | | | |
|----|----------------|---------------------|-------|
| 1 | M.Tait | Lasswade AC | 9:53 |
| 2 | A.Johnstone | Pitreavie AAC | 10:05 |
| 3 | S.Addison | Corstorphine AAC | 10:07 |
| 4 | A.Hogg | Team Border | 10:10 |
| 5 | F.Ross | Corstorphine AAC | 10:10 |
| 6 | E.Hood | Team Border | 10:13 |
| 7 | K.McTavish | Pitreavie AAC | 10:14 |
| 8 | C.Morvis | Fife AC | 10:15 |
| 9 | F.Blackie | Edinburgh AC | 10:18 |
| 10 | R.Willams | Team Border | 10:18 |
| 11 | J.Logan | Team Border | 10:25 |
| 12 | R.Ferguson | Lasswade AC | 10:41 |
| 13 | S.Aitken | Fife AC | 10:43 |
| 14 | G.Mwhinnie | Fife AC | 10:43 |
| 15 | J.Kincarron | Team Border | 10:47 |
| 16 | T.Graham-Marr | Central AC | 10:49 |
| 17 | R.Christie | Falkirk Victoria H | 10:55 |
| 18 | L.Labrizzi | Edinburgh AC | 11:00 |
| 19 | C.Angus | Team Border | 11:00 |
| 20 | C.Abbot | Team Border | 11:00 |
| 21 | F.Fclyne | Teviotdale Harriers | 11:00 |
| 22 | T.Ross | Corstorphine AAC | 11:00 |
| 23 | L.Sweeney | Strathearn Harriers | 11:00 |
| 24 | A.Brown | Aberdeen AAC | 11:04 |
| 25 | C.Ferguson | Central AC | 11:04 |
| 26 | O.Snodgrass | Lasswade AC | 11:04 |
| 27 | I.Hare | Edinburgh AC | 11:04 |
| 28 | F.Collins | Team Border | 11:09 |
| 29 | D.Begg | Dundee Hawkhill H | 11:10 |
| 30 | J.Donaldson | Harmeny AAC | 11:12 |
| 31 | I.McWinnie | Fife AC | 11:13 |
| 32 | A.Robertson | Aberdeen AAC | 11:13 |
| 33 | H.Thomas | Strathearn Harriers | 11:13 |
| 34 | E.Smith | Central AC | 11:18 |
| 35 | K.McEwan | Strathearn Harriers | 11:29 |
| 36 | D.Robins | Central AC | 11:33 |
| 37 | K.Elliott | Falkirk Victoria H | 11:35 |
| 38 | B.McMillan | Central AC | 11:42 |
| 39 | A.Robertson | Pitreavie AAC | 11:48 |
| 40 | J.Spence | Pitreavie AAC | 11:50 |
| 41 | D.Alexander | Strathearn Harriers | 11:53 |
| 42 | F.Campbell | Corstorphine AAC | 11:55 |
| 43 | H.Fuller | Team Border | 12:06 |
| 44 | A.St John | Corstorphine AAC | 12:06 |
| 45 | C.Stone | Aberdeen AAC | 12:19 |
| 46 | C.Fergus-Allon | Harmeny AAC | 12:21 |
| 47 | C.Pearson | Pitreavie AAC | 12:21 |
| 48 | R.Donald | Dundee Hawkhill H | 12:30 |
| 49 | L.McDonald | Lothian RC | 12:33 |
| 50 | A.Bell | Harmeny AAC | 12:37 |
| 51 | F.Pearson | Pitreavie AAC | 12:39 |
| 52 | H.Hall | Aberdeen AAC | 12:53 |
| 53 | S.Goldie | Harmeny AAC | 12:53 |
| 54 | L.Crickmar | Fife AC | 12:58 |
| 55 | L.Gillan | Pitreavie AAC | 13:20 |
| 56 | C.Gallagher | Lasswade AC | 13:23 |
| 57 | A.McLead | Falkirk Victoria H | 13:26 |
| 58 | D.Martin | Falkirk Victoria H | 13:35 |
| 59 | D.Saunders | Strathearn Harriers | 13:42 |
| 60 | G.McDonald | Falkirk Victoria H | 13:42 |
| 61 | R.Coombs | Central AC | 13:55 |
| 62 | A.Taylor | Central AC | 14:45 |

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|-------|-------------------|----|
| Teams | 1 Team Borders | 20 |
| | 2 Corstrphine AAC | 30 |
| | 3 Fife AC | 35 |
| | 4 Lasswade AAC | 39 |
| | 5 Pitreavie AAC | 48 |

UNDER 13 GIRLS Stirling 19/10/13

| | | | |
|----|----------------|---------------------|-------|
| 1 | I.Crawford | Pitreavie AAC | 10:22 |
| 2 | S.Tait | Lasswade AC | 10:27 |
| 3 | S.Calvert | Livingston & D AAC | 10:56 |
| 4 | B.Hobbs | Team Border | 11:13 |
| 5 | E.Thompson | Central AC | 11:13 |
| 6 | H.Scott | Central AC | 11:17 |
| 7 | J.McLeoad | Corstorphine AAC | 11:21 |
| 8 | Z.Nicholson | Pitreavie AAC | 11:25 |
| 9 | A.McCallum | Team Border | 11:37 |
| 10 | M.Wallace | Team Border | 11:39 |
| 11 | M.Faulkner | Team Border | 11:40 |
| 12 | C.Hobbs | Team Border | 11:42 |
| 13 | R.Gibb | Livingston & D AAC | 11:45 |
| 14 | S.McInnes | Fife AC | 11:53 |
| 15 | C.McClung | Falkirk Victoria H | 12:00 |
| 16 | J.Collett | Aberdeen AAC | 12:06 |
| 17 | A.Steggles | Fife AC | 12:21 |
| 18 | T.Henry | Livingston & D AAC | 12:25 |
| 19 | S.Henderson | Central AC | 12:28 |
| 20 | R.Eckersley | Central AC | 12:30 |
| 21 | F.Johnston | Falkirk Victoria H | 12:37 |
| 22 | C.Fagan | Team Border | 12:39 |
| 23 | A.Goodall | Harmeny AAC | 12:46 |
| 24 | L.Anderson | Edinburgh AC | 12:47 |
| 25 | R.Calder | Livingston & D AAC | 12:49 |
| 26 | C.Rout | Team Border | 12:53 |
| 27 | E.Stewart | Harmeny AAC | 12:53 |
| 28 | S.Scott-Angel | Central AC | 12:53 |
| 29 | B.Campbell | Harmeny AAC | 13:27 |
| 30 | C.Maslin | Strathearn Harriers | 13:33 |
| 31 | L.Telfer | Pitreavie AAC | 13:33 |
| 32 | T.Crostick | Pitreavie AAC | 13:37 |
| 33 | F.Millington | Edinburgh AC | 13:38 |
| 34 | C.Loathian | Teviotdale Harriers | 13:42 |
| 35 | K.Packwood | Harmeny AAC | 13:56 |
| 36 | J.Matheson | Falkirk Victoria H | 13:56 |
| 37 | C.Blakie | Teviotdale Harriers | 14:00 |
| 38 | J.Sharp | Teviotdale Harriers | 14:02 |
| 39 | D.Baxter | Central AC | 14:04 |
| 40 | L.Hamilton | Lasswade AC | 14:09 |
| 41 | O.Griffiths | Strathearn Harriers | 14:16 |
| 42 | S.Fernando | Fife AC | 14:35 |
| 43 | L.Ash | Teviotdale Harriers | 14:51 |
| 44 | L.Graham | Teviotdale Harriers | 14:59 |
| 45 | O.Taylor | Falkirk Victoria H | 15:03 |
| 46 | E.Curry | Central AC | 15:11 |
| 47 | H.White | Livingston & D AAC | 15:17 |
| 48 | R.Mathers | Aberdeen AAC | 16:05 |
| 49 | K.McDonald | Falkirk Victoria H | 16:15 |
| 50 | E.Turnbull | Strathearn Harriers | 16:23 |
| 51 | K.McAlpine | Pitreavie AAC | 16:48 |
| 52 | M.Fotheringham | Strathearn Harriers | 16:54 |
| 53 | C.Simpson | Lasswade AC | 16:56 |
| 54 | H.Rose | Livingston & D AAC | 17:21 |
| 55 | S.Moody | Linlithgow AAC | 20:09 |

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|-------|----------------------|----|
| Teams | 1 Team Borders | 23 |
| | 2 Central AC | 30 |
| | 3 Livingston & D AAC | 34 |
| | 4 Pitreavie AAC | 40 |
| | 5 Falkirk Victoria H | 72 |

| UNDER 15 BOYS Stirling 19/10/13 | | | |
|---------------------------------|---------------|---------------------|-------|
| 1 | B.Greenwood | Perth Strathtay H. | 9:55 |
| 2 | A.Scott | Fife AC | 10:02 |
| 3 | A.Addison | Corstorphine AAC | 10:04 |
| 4 | T.Rees | Fife AC | 10:08 |
| 5 | S.Sweeney | Perth Strathtay H. | 10:11 |
| 6 | P.Ireland | Edinburgh AC | 10:27 |
| 7 | J.Donald | Dundee Hawkhill H | 10:28 |
| 8 | J.Jackson | Corstorphine AAC | 10:29 |
| 9 | G.Rees | Fife AC | 10:30 |
| 10 | C.Steven | Lasswade AC | 10:35 |
| 11 | E.Boyle | Fife AC | 10:39 |
| 12 | S.Galloway | Corstorphine AAC | 10:43 |
| 13 | R.Strachan | Central AC | 10:48 |
| 14 | J.Adam | Pitreavie AAC | 10:50 |
| 15 | T.White | Pitreavie AAC | 10:53 |
| 16 | J.Arthur | Edinburgh AC | 10:55 |
| 17 | R.Brocklebank | Fife AC | 11:01 |
| 18 | F.Jackson | Corstorphine AAC | 11:07 |
| 19 | F.Carcus | Edinburgh AC | 11:18 |
| 20 | F.Strachan | Aberdeen AAC | 11:19 |
| 21 | D.Thomson | Pitreavie AAC | 11:25 |
| 22 | M.Smith | Lasswade AC | 11:32 |
| 23 | T.Snodgrass | Lasswade AC | 11:35 |
| 24 | W.Kain | Pitreavie AAC | 11:48 |
| 25 | A.McNair | Pitreavie AAC | 11:50 |
| 26 | I.Horsburgh | Lothian RC | 11:51 |
| 27 | A.Thomson | Falkirk Victoria H | 12:00 |
| 28 | F.Cousin | Lasswade AC | 12:00 |
| 29 | C.McNicol | Central AC | 12:02 |
| 30 | B.Grant | Pitreavie AAC | 12:04 |
| 31 | V.Jozajtis | Central AC | 12:08 |
| 32 | K.Horsburgh | Harmeny AAC | 12:18 |
| 33 | M.Kennedy | Edinburgh AC | 12:22 |
| 34 | J.Anderson | Dundee Hawkhill H | 12:24 |
| 35 | C.Campbell | Corstorphine AAC | 12:35 |
| 36 | J.Waugh | Teviotdale Harriers | 12:43 |
| 37 | L.Clark | Aberdeen AAC | 12:55 |
| 38 | J.Middleton | Fife AC | 12:57 |
| 39 | C.Letham | Dundee Hawkhill H | 13:00 |
| 40 | F.McLean | Livingston & D AAC | 13:45 |
| 41 | E.McKay | Lasswade AC | 13:50 |
| 42 | S.Stone | Falkirk Victoria H | 14:15 |
| 43 | K.Pringle | Teviotdale Harriers | 15:05 |
| 44 | D.Mercer | Teviotdale Harriers | 15:32 |
| 45 | J.Bissett | Falkirk Victoria H | 15:38 |

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|-------|--------------------|----|
| Teams | 1 Fife AC | 15 |
| | 2 Corstorphine AAC | 23 |
| | 3 Edinburgh AC | 41 |
| | 4 Pitreavie AAC | 50 |
| | 5 Lasswade AAC | 55 |

| UNDER15 GIRLS & UNDER17 WOMEN | | | |
|-------------------------------|---------------------|----------------------|-------|
| 1 | K.Gallagher | Central AC | 11:04 |
| 2 | H.Addison | Corstorphine AAC | 11:16 |
| 3 | Z.Bates | Edinburgh AC | 11:20 |
| 4 | L.Dickson | Lasswade AC | 11:29 |
| 5 | L.Davie | Pitreavie AAC | 11:35 |
| 6 | H.Lewin | Edinburgh AC | 11:56 |
| 7 | Z.Aziz | Team Border | 11:58 |
| 8 | E.Nicolson | Pitreavie AAC | 12:00 |
| 9 | E.Stickle (U17) | Aberdeen AAC | 12:02 |
| 10 | J.Nimmo(U17) | Falkirk Victoria H | 12:08 |
| 11 | A.Cruickshanks(U17) | Fife AC | 12:15 |
| 12 | S.Nethery | Pitreavie AAC | 12:18 |
| 13 | L.McLeod(U17) | Aberdeen AAC | 12:24 |
| 14 | L.McCulloch | Fife AC | 12:24 |
| 15 | E.Gallacher | Central AC | 12:26 |
| 16 | A.Brocklebank | Fife AC | 12:26 |
| 17 | R.Watson(U17) | Edinburgh AC | 12:31 |
| 18 | C.Stewart | Banchory Stonehave | 12:31 |
| 19 | R.Wilson(U17) | Edinburgh AC | 12:40 |
| 20 | C.Bough | Edinburgh AC | 12:41 |
| 21 | S.Telfer | Pitreavie AAC | 12:48 |
| 22 | L.Turnbull | Central AC | 12:53 |
| 23 | K.Aitken | Fife AC | 12:55 |
| 24 | N.McLeod(U17) | Falkirk Victoria H | 12:57 |
| 25 | T.Mathers | Aberdeen AAC | 13:00 |
| 26 | H.George | Dundee Hawkhill H | 13:07 |
| 27 | I.Inglis | Teviotdale Harriers | 13:09 |
| 28 | A.Innes | Team Border | 13:14 |
| 29 | A.Broadhurst(U17) | Edinburgh AC | 13:17 |
| 30 | K.Naismith(U17) | Edinburgh AC | 13:26 |
| 31 | L.Wilkie | Lasswade AC | 13:48 |
| 32 | M.Boyle(U17) | Kinross Road Runne | 14:08 |
| 33 | C.Roberts | Strathearn Harriers | 14:34 |
| 34 | H.Mairs | Livingston & D AAC | 14:37 |
| 35 | M.Dawson | Dunfermline/W.Fife | 14:49 |
| 36 | K.Bissett(U17) | Falkirk Victoria H | 15:00 |
| 37 | K.Davies | Team Border | 15:09 |
| 38 | A.Gifford | Falkirk Victoria H | 15:09 |
| 39 | R.Milne | Falkirk Victoria H | 15:14 |
| 40 | N.Jarvis(U17) | Hunters Bog Trotters | 15:17 |
| 41 | B.Nelson(U17) | Lothian RC | 15:17 |
| 42 | E.Grieve | Teviotdale Harriers | 15:38 |
| 43 | S.Jedrzojczyk | Lasswade AC | 15:42 |
| 44 | H.Gillan | Pitreavie AAC | 16:38 |
| 45 | G.Dobbins | Strathearn Harriers | 16:48 |
| 46 | I.Sinclair(U17) | Pitreavie AAC | 18:30 |
| 47 | S.Allan(U17) | Pitreavie AAC | 19:05 |

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|-------|-----------------|----|
| Teams | 1 Pitreavie AAC | 16 |
| | 2 Central AC | 38 |
| | 3 Fife AC | 41 |
| | 4 Edinburgh AC | 42 |
| | Aberdeen AAC | 47 |

SENIOR /JUNIOR WOMEN Stirling 19/10/13

| | | | |
|----|--------------------|-----------------------|-------|
| 1 | R.Auckland | Edinburgh University | 20:50 |
| 2 | M.Crawford | Fife AC | 21:40 |
| 3 | T.Hill | Hunters Bog Trotters | 21:55 |
| 4 | K.Murray | Lasswade AC | 22:10 |
| 5 | E.Mooney | Lothian RC | 22:12 |
| 6 | F.Matheson (V) | Falkirk Victoria H | 22:29 |
| 7 | M.McLennan (J) | Edinburgh University | 22:31 |
| 8 | J.Emsley | Central AC | 22:46 |
| 9 | C.Cox | Lothian RC | 23:06 |
| 10 | S.Adkin | Moorfoot Runners | 23:15 |
| 11 | C.McNeil | Aberdeen AAC | 23:27 |
| 12 | L.Mercer (J) | Edinburgh University | 23:33 |
| 13 | A.Levy | Edinburgh University | 23:59 |
| 14 | R.Armitage | Edinburgh University | 24:03 |
| 15 | K.Borland | Edinburgh AC | 24:18 |
| 16 | G.Sangster (V) | Dundee Road Runners | 24:20 |
| 17 | A.Frankland (J) | Lasswade AC | 24:20 |
| 18 | A.McKimmie | Fife AC | 24:20 |
| 19 | R.Fagan | Gala Harriers | 24:24 |
| 20 | B.Junnier (V) | Falkirk Victoria H | 24:30 |
| 21 | G.Tindley | Edinburgh University | 24:34 |
| 22 | E.Greenan (J) | Central AC | 24:40 |
| 23 | G.Carr | Corstorphine AAC | 24:51 |
| 24 | J.Cruickshanks (J) | Fife AC | 24:55 |
| 25 | R.Maxtone | Falkirk Victoria H | 25:04 |
| 26 | S.Armitage (V) | Aberdeen AAC | 25:17 |
| 27 | L.Beveridge | Dundee Hawkhill H | 25:24 |
| 28 | I.Burnett (V) | Carnegie Harriers | 25:25 |
| 29 | L.Kennedy | Falkirk Victoria H | 25:27 |
| 30 | E.Laverie | Edinburgh AC | 25:30 |
| 31 | J.Macintyre | Carnegie Harriers | 25:32 |
| 32 | L.Turnbull | Lothian RC | 25:37 |
| 33 | I.Morelodge (J) | St Andrews University | 25:40 |
| 34 | K.Dobbie (V) | Edinburgh AC | 25:42 |
| 35 | J.McLintock | Corstorphine AAC | 25:45 |
| 36 | E.Omand | Dundee Road Runners | 25:49 |
| 37 | C.McVarnish (V) | Lothian RC | 25:56 |
| 38 | A.Ritchie (J) | Edinburgh University | 26:03 |
| 39 | M.Wright | Falkirk Victoria H | 26:03 |
| 40 | F.Thompson (V) | Carnegie Harriers | 26:05 |
| 41 | L.Brown | Fife AC | 26:07 |
| 42 | L.Gibson | Fife AC | 26:09 |
| 43 | A.Findlay | Ochil Hill Runners | 26:14 |
| 44 | L.Provan | Hunters Bog Trotters | 26:17 |
| 45 | K.Watson (J) | Aberdeen AAC | 26:19 |
| 46 | P.O'Brien (V) | Hunters Bog Trotters | 26:22 |
| 47 | M.Inglis | Lothian RC | 26:27 |
| 48 | J.Dewar | Hunters Bog Trotters | 26:30 |
| 49 | J.Dunlop | Dundee Road Runners | 26:33 |
| 50 | S.Addison (V) | Corstorphine AAC | 26:33 |
| 51 | K.Sweeney | Strathearn Harriers | 26:47 |
| 52 | N.Flynn (V) | Falkirk Victoria H | 26:48 |
| 53 | E.Mockli | Ferranti AAC | 26:52 |
| 54 | C.Gilchrist (V) | Ferranti AAC | 26:54 |
| 55 | K.Baird (V) | Carnegie Harriers | 26:56 |
| 56 | R.Johnstone | Portobello RC | 27:03 |
| 57 | M.Sinclair (V) | Carnegie Harriers | 27:09 |
| 58 | P.Cruickshanks (V) | Anster Haddies | 27:11 |
| 59 | S.Jones (V) | Lothian RC | 27:18 |
| 60 | C.Dickson | Lasswade AC | 27:27 |

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| 61 | J.Drewer | Ferranti AAC | 27:31 |
| 62 | G.Murdoch (V) | Carnegie Harriers | 27:33 |
| 63 | W.Taylor | Strathearn Harriers | 27:36 |
| 64 | L.Nicholson (V) | Lasswade AC | 27:50 |
| 65 | A.Jones | Hunters Bog Trotters | 27:56 |
| 66 | A.Whyte (V) | Carnegie Harriers | 28:06 |
| 67 | N.Washbourne | Edinburgh AC | 28:06 |
| 68 | H.Bradley (V) | Anster Haddies | 28:06 |
| 69 | J.McWhinnie (V) | Fife AC | 28:09 |
| 70 | C.Mercer (J) | Teviotdale Harriers | 28:09 |
| 71 | L.Broadhurst (V) | Harmeny AAC | 28:13 |
| 72 | C.Craig | Hunters Bog Trotters | 28:13 |
| 73 | L.Murray (V) | Lothian RC | 28:17 |
| 74 | E.Methven (V) | Anster Haddies | 28:21 |
| 75 | H.Stocks (V) | Linlithgow AAC | 28:24 |
| 76 | A.Morren | Falkirk Victoria H | 28:28 |
| 77 | M.Martin (V) | Fife AC | 28:49 |
| 78 | I.Bracegirdle (V) | Fife AC | 28:58 |
| 79 | H.Riley (J) | Edinburgh University | 29:02 |
| 80 | M.Rennet (V) | Fife AC | 29:08 |
| 81 | M.Fleming (V) | Carnegie Harriers | 29:11 |
| 82 | K.Tar | Hunters Bog Trotters | 29:20 |
| 83 | M.Spalding | Hunters Bog Trotters | 29:31 |
| 84 | J.Horsburgh (V) | Lothian RC | 29:35 |
| 85 | L.St John (V) | Corstorphine AAC | 29:41 |
| 86 | P.Hicks (V) | Pitreavie AAC | 29:45 |
| 87 | M.Saddler (J) | St Andrews University | 29:47 |
| 88 | A.Manners (V) | Strathearn Harriers | 29:58 |
| 89 | J.Owens | Portobello RC | 30:02 |
| 90 | K.McKay (V) | Wee County Harriers | 30:03 |
| 91 | I.McKay | Wee County Harriers | 30:05 |
| 92 | A.Spencer (J) | Edinburgh University | 30:25 |
| 93 | B.Gilchrist (V) | Ferranti AAC | 30:43 |
| 94 | H.Packwood (V) | Harmeny AAC | 30:54 |
| 95 | J.Newton (V) | Linlithgow AAC | 31:05 |
| 96 | K.Forsyth | Carnegie Harriers | 31:29 |
| 97 | R.Lee (V) | Fife AC | 31:59 |
| 98 | F.Cruikshanks (J) | Anster Haddies | 32:14 |
| 99 | S.Saunders (V) | Strathearn Harriers | 32:18 |
| 100 | A.Colley (V) | Falkirk Victoria H | 32:34 |
| 101 | J.Hargreaves (V) | Livingston & D AAC | 32:51 |
| 102 | S.Uttley | Wee County Harriers | 34:22 |
| 103 | C.McGregor (J) | Central AC | 37:42 |

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|-------|----------------------|-----|
| Teams | 1 Edin Univ H & H | 20 |
| | 2 Fife AC | 44 |
| | 3 Lothian RC | 46 |
| | 4 Falkirk Victoria H | 51 |
| | 5 Edinburgh AC | 79 |
| | 6 Lasswade AAC | 81 |
| | 7 Aberdeen AAC | 82 |
| | 8 Hunters Bog T | 93 |
| | 9 Carnegie H | 99 |
| | 10 Dundee RR | 101 |
| | 11 Corstorphine AAC | 108 |
| | 12 Central AC | 133 |
| | 13 Ferranti AAC | 168 |
| | 14 Anster Haddies | 200 |
| | 15 Strathearn H | 202 |
| | 16 Wee County H | 283 |

| UNDER 17 Men Stirling 19/10/13 | | | |
|--------------------------------|--------------|---------------------|-------|
| 1 | J.Kerr | Edinburgh AC | 19:22 |
| 2 | A.Thompson | Pitreavie AAC | 19:27 |
| 3 | L.Rees | Fife AC | 19:49 |
| 4 | A.Carcus | Edinburgh AC | 20:03 |
| 5 | D.O'Hare | Edinburgh AC | 20:14 |
| 6 | J.Chapman | Aberdeen AAC | 20:18 |
| 7 | C.Symmons | Aberdeen AAC | 20:37 |
| 8 | I.Davies | Central AC | 21:03 |
| 9 | T.Otton | Team Border | 21:10 |
| 10 | J.Kerr | Central AC | 21:24 |
| 11 | M.Gillespie | Perth Strathtay H. | 21:28 |
| 12 | A.Mitchell | Livingston & D AAC | 21:30 |
| 13 | J.Mackintosh | Team Border | 21:51 |
| 14 | F.Ingledeu | Fife AC | 22:00 |
| 15 | R.Bough | Edinburgh AC | 22:12 |
| 16 | J.Cousin | Lasswade AC | 22:14 |
| 17 | K.Stevens | Team Border | 22:18 |
| 18 | J.Stanners | Team Border | 22:27 |
| 19 | M.Kilner | Aberdeen AAC | 22:31 |
| 20 | A.Burnett | Aberdeen AAC | 22:49 |
| 21 | M.Young | Corstorphine AAC | 23:08 |
| 22 | J.Moller | Team Border | 23:11 |
| 23 | S.Fernando | Fife AC | 23:11 |
| 24 | E.McMillan | Banchory Stonehaven | 23:29 |
| 25 | R.McInstry | Fife AC | 23:40 |
| 26 | H.Marshall | Teviotdale Harriers | 24:38 |
| 27 | C.Smith | Pitreavie AAC | 24:48 |
| 28 | A.Lindsay | Strathearn Harriers | 25:02 |
| 29 | C.Swan | Dundee Hawkhill H | 25:14 |
| 30 | C.McLean | Livingston & D AAC | 25:34 |
| 31 | A.White | Livingston & D AAC | 25:51 |
| 32 | C.Sinclair | Pitreavie AAC | 27:44 |

| Teams | | |
|-------|-----------------|----|
| | 1 Edinburgh AC | 10 |
| | 2 Aberdeen AAC | 32 |
| | 3 Team Borders | 39 |
| | 4 Fife AC | 40 |
| | 5 Pitreavie AAC | 61 |

SENIOR /JUNIOR MEN Stirling 19/10/13

| | | | |
|----|-----------------|------------------------|-------|
| 1 | R.Russell | Central AC | 27:55 |
| 2 | A.Hay | Central AC | 27:59 |
| 3 | M.Strain | Hunters Bog Trotters | 28:11 |
| 4 | A.Hendry | Central AC | 28:15 |
| 5 | C.McKenzie | Corstorphine AAC | 29:03 |
| 6 | J.Crowe (J) | Dundee Hawkhill H | 29:25 |
| 7 | M.McNeill | Lothian RC | 29:29 |
| 8 | P.Gierjatowicz | Edinburgh University | 29:37 |
| 9 | B.Mackie | Edinburgh AC | 29:47 |
| 10 | S.Reilly | Central AC | 29:51 |
| 11 | T.Martyn | Edinburgh University | 30:04 |
| 12 | A.Lawlor (J) | Edinburgh AC | 30:11 |
| 13 | D.Colley (X) | Central AC | 30:13 |
| 14 | A.Christy | Corstorphine AAC | 30:21 |
| 15 | B.Stevenson (J) | Edinburgh University | 30:23 |
| 16 | J.McLay | Heriot Watt University | 30:25 |
| 17 | J.Dunn (J) | Edinburgh University | 30:27 |
| 18 | B.Millar (J) | Fife AC | 30:31 |
| 19 | T.Watson | Central AC | 30:31 |
| 20 | P.Avent | Lasswade AC | 30:38 |
| 21 | J.Adkin (J) | Moorfoot Runners | 30:41 |
| 22 | J.Waldie | Edinburgh University | 30:44 |
| 23 | S.Johnstone | Edinburgh AC | 30:46 |
| 24 | E.Elliot | Falkirk Victoria H | 30:54 |
| 25 | B.Clark | Corstorphine AAC | 31:02 |
| 26 | C.Galloway | Corstorphine AAC | 31:06 |
| 27 | A.Davidson | Falkirk Victoria H | 31:14 |
| 28 | H.Mitchell | Edinburgh University | 31:17 |
| 29 | R.Marr (J) | Lasswade AC | 31:19 |
| 30 | G.Murdoch | Gala Harriers | 31:28 |
| 31 | G.Bucciarello | Edinburgh AC | 31:34 |
| 32 | A.Murphy | Fife AC | 31:59 |
| 33 | C.Mason (J) | Edinburgh University | 32:02 |
| 34 | S.O'Brien | Corstorphine AAC | 32:03 |
| 35 | L.Millar | Central AC | 32:08 |
| 36 | S.Clark (V) | Fife AC | 32:08 |
| 37 | W.Townsend | Hunters Bog Trotters | 32:11 |
| 38 | R.Miller (J) | Edinburgh AC | 32:15 |
| 39 | B.Paterson | Falkirk Victoria H | 32:15 |
| 40 | P.Moffett | Falkirk Victoria H | 32:15 |
| 41 | S.Green | Central AC | 32:20 |
| 42 | S.Campbell (V) | Corstorphine AAC | 32:21 |
| 43 | C.Campbell (J) | Edinburgh University | 32:24 |
| 44 | B.Portykus (J) | Pitreavie AAC | 32:27 |
| 45 | P.Gillespie (J) | Edinburgh University | 32:31 |
| 46 | J.Murray | Lasswade AC | 32:32 |
| 47 | P.Martial | Aberdeen AAC | 32:48 |
| 48 | O.Miller | Lasswade AC | 32:54 |
| 49 | D.Fulton | Hunters Bog Trotters | 32:54 |
| 50 | R.Clark | Hunters Bog Trotters | 32:58 |
| 51 | D.Eiser | Ochil Hill Runners | 33:02 |
| 52 | I.Gilmore (J) | Carnethy Hill RC | 33:05 |
| 53 | E.Martin | Falkirk Victoria H | 33:07 |
| 54 | D.Hope-Jones | Hunters Bog Trotters | 33:13 |
| 55 | M.McQuaid (V) | Falkirk Victoria H | 33:16 |
| 56 | J.Crawford | Edinburgh AC | 33:25 |
| 57 | S.Hill (V) | Gala Harriers | 33:27 |
| 58 | R.Galloway (V) | Lothian RC | 33:29 |
| 59 | P.Buchanan (V) | Portobello RC | 33:35 |
| 60 | J.Thomas (J) | Edinburgh University | 33:39 |
| 61 | P.Williams | Central AC | 33:57 |
| 62 | C.McCrae | Gala Harriers | 34:00 |
| 63 | J.Stevenson (V) | Ochil Hill Runners | 34:04 |
| 64 | W.McIntosh | Gala Harriers | 34:08 |
| 65 | A.McKay | Falkirk Victoria H | 34:14 |

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| 66 | A.Hume (V) | Falkirk Victoria H | 34:16 |
| 67 | D.Miller | Carnegie Harriers | 34:16 |
| 68 | K.Schenk | Stirling University | 34:16 |
| 69 | O.Williams | Pitreavie AAC | 34:16 |
| 70 | W.Taylor (V) | Team East Lothian | 34:20 |
| 71 | I.Stewart (V) | Carnegie Harriers | 34:29 |
| 72 | J.Brogan | Falkirk Victoria H | 34:35 |
| 73 | C.Partridge | Lothian RC | 34:37 |
| 74 | A.Laycock (V) | Kinross Road Runners | 34:39 |
| 75 | J.Reading | Linlithgow AAC | 34:47 |
| 76 | M.Bryson (V) | Gala Harriers | 34:50 |
| 77 | K.Dunlop | Edinburgh AC | 34:52 |
| 78 | C.Russell | St Andrews University | 34:35 |
| 79 | R.Lewis (V) | Corstorphine AAC | 34:55 |
| 80 | R.Millar | Harmeny AAC | 34:57 |
| 81 | D.Cavaroli (V) | Harmeny AAC | 35:02 |
| 82 | A.King | Harmeny AAC | 35:06 |
| 83 | C.Alexander | Central AC | 35:06 |
| 84 | W.Jarvie (V) | Team East Lothian | 35:06 |
| 85 | D.Carr (V) | Corstorphine AAC | 35:08 |
| 86 | A.Hindle (V) | Hunters Bog Trotters | 35:10 |
| 87 | S.Lobdell | St Andrews University | 35:21 |
| 88 | S.King (V) | Carnegie Harriers | 35:22 |
| 89 | S.McAlpine | Pitreavie AAC | 35:24 |
| 90 | D.Clark | Fife AC | 35:28 |
| 91 | K.Anthony (V) | Fife AC | 35:28 |
| 92 | C.Thomson (V) | Falkirk Victoria H | 35:35 |
| 93 | C.Clark (J) | Lasswade AC | 35:37 |
| 94 | S.Till | Heriot Watt University | 35:39 |
| 95 | H.McCarthy | St Andrews University | 35:44 |
| 96 | F.Drummond (J) | Edinburgh University | 35:45 |
| 97 | C.Grieve (V) | Teviotdale Harriers | 35:45 |
| 98 | S.Walker | Falkirk Victoria H | 35:47 |
| 99 | B.Cornay | Heriot Watt University | 35:47 |
| 100 | R.Finlayson | Lasswade AC | 35:55 |
| 101 | R.Hutchison (V) | Central AC | 35:59 |
| 102 | J.Jarvis (V) | Hunters Bog Trotters | 36:02 |
| 103 | G.Robertson (V) | Edinburgh AC | 36:02 |
| 104 | A.Oliver (V) | Team East Lothian | 36:04 |
| 105 | J.Farquar (V) | Pitreavie AAC | 36:07 |
| 106 | D.Lindsay | Central AC | 36:09 |
| 107 | M.Snodgrass (V) | Penicuik Harriers | 36:11 |
| 108 | N.Colquhoun | Edinburgh University | 36:17 |
| 109 | M.Harvey (V) | Carnegie Harriers | 36:19 |
| 110 | J.Querstrict | Edinburgh AC | 36:22 |
| 111 | L.McCabe (V) | Central AC | 36:24 |
| 112 | A.Fish | Lothian RC | 36:24 |
| 113 | J.Williamson | Hunters Bog Trotters | 36:34 |
| 114 | R.Coombs (V) | Central AC | 36:35 |
| 115 | M.Peebles | Harmeny AAC | 36:37 |
| 116 | D.Newman (V) | Fife AC | 36:39 |
| 117 | M.Lamb | Dundee Hawkhill H | 36:42 |
| 118 | L.Sleigh (J) | Fife AC | 36:42 |
| 119 | C.Duffy | Falkirk Victoria H | 36:45 |
| 120 | R.Rees (V) | Fife AC | 36:47 |
| 121 | S.Harrison | Hunters Bog Trotters | 36:57 |
| 122 | P.Bellamy | Lasswade AC | 36:58 |
| 123 | S.Thomson (V) | Livingston & D AAC | 36:58 |
| 124 | A.Cameron (V) | Corstorphine AAC | 37:01 |
| 125 | N.Roberts (V) | Stirling Triathlon Club | 37:04 |
| 126 | J.Creamer | Edinburgh University | 37:08 |
| 127 | H.Kerr (V) | Central AC | 37:09 |
| 128 | S.Crawford (V) | Kinross Road Runners | 37:11 |
| 129 | C.Welsh | Gala Harriers | 37:11 |
| 130 | D.Shaw (V) | Lothian RC | 37:11 |

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| 131 | S.Clark | Corstorphine AAC | 37:14 |
| 132 | B.Davie | Carnegie Harriers | 37:17 |
| 133 | B.Scully | Hunters Bog Trotters | 37:19 |
| 134 | G.Orr (V) | Harmeny AAC | 37:22 |
| 135 | W.Watson (V) | Team East Lothian | 37:24 |
| 136 | B.Aitken (V) | Fife AC | 37:26 |
| 137 | B.McCulloch (V) | Gala Harriers | 37:28 |
| 138 | R.McNaught | Stirling Triathlon Club | 37:31 |
| 139 | S.Mounce | Hunters Bog Trotters | 37:33 |
| 140 | D.Blyth (V) | Edinburgh AC | 37:36 |
| 141 | A.Inglis (V) | Teviotdale Harriers | 37:38 |
| 142 | A.Lawrie | Gala Harriers | 37:54 |
| 143 | P.McClelland | Hunters Bog Trotters | 37:57 |
| 144 | D.Brydon (V) | Gala Harriers | 37:57 |
| 145 | J.Mill (V) | Dundee Road Runners | 38:02 |
| 146 | M.Ross | Falkirk Victoria H | 38:06 |
| 147 | S.Dickson (V) | Lasswade AC | 38:08 |
| 148 | N.Reynolds (V) | Dundee Hawkhill H | 38:10 |
| 149 | M.Hill | Kinross Road Runners | 38:11 |
| 150 | R.McCraw (V) | Ochil Hill Runners | 38:13 |
| 151 | S.Innes (V) | Edinburgh AC | 38:13 |
| 152 | G.McNeil (V) | Wee County Harriers | 38:13 |
| 153 | R.Mussett (V) | Central AC | 38:16 |
| 154 | D.Roy | Edinburgh AC | 38:26 |
| 155 | I.Hawkins (V) | Fife AC | 38:28 |
| 156 | R.Fernando (V) | Fife AC | 38:32 |
| 157 | P.Simpson (V) | Carnegie Harriers | 38:41 |
| 158 | A.Watson (V) | Falkirk Victoria H | 38:47 |
| 159 | G.Barker (V) | Fife AC | 38:50 |
| 160 | N.Rowan | Kinross Road Runners | 38:52 |
| 161 | K.Leamy (V) | Linlithgow AAC | 38:54 |
| 162 | D.Scott | Kinross Road Runners | 39:00 |
| 163 | C.Stewart (V) | Harmeny AAC | 39:02 |
| 164 | A.Kay (V) | Harmeny AAC | 39:09 |
| 165 | I.Beattie (V) | Harmeny AAC | 39:12 |
| 166 | K.Tindall | Harmeny AAC | 39:15 |
| 167 | J.Baird (V) | Team East Lothian | 39:17 |
| 168 | N.McLachan | Pitreavie AAC | 39:18 |
| 169 | N.Brown | Corstorphine AAC | 39:21 |
| 170 | G.Wright (V) | Hunters Bog Trotters | 39:22 |
| 171 | R.Shaw (V) | Anster Haddies | 39:33 |
| 172 | S.Wallace (V) | Team East Lothian | 39:35 |
| 173 | S.Pennycook (V) | Fife AC | 39:39 |
| 174 | A.Milne (V) | Fife AC | 39:51 |
| 175 | A.Johnston (V) | Gala Harriers | 39:53 |
| 176 | J.Alexander (V) | Strathearn Harriers | 39:57 |
| 177 | K.Potts (J) | Teviotdale Harriers | 40:03 |
| 178 | J.Hynd (V) | Carnegie Harriers | 40:04 |
| 179 | A.Gall (V) | Central AC | 40:06 |
| 180 | K.Ollason (V) | Edinburgh AC | 40:09 |
| 181 | G.McLean (V) | Corstorphine AAC | 40:13 |
| 182 | J.Van Deb Berg (V) | Corstorphine AAC | 40:15 |
| 183 | M.Scobie (V) | Fife AC | 40:17 |
| 184 | J.Boyle | Kinross Road Runners | 40:17 |
| 185 | J.Martin (V) | Falkirk Victoria H | 40:22 |
| 186 | K.Davie | Carnegie Harriers | 40:24 |
| 187 | A.Branigan (V) | Carnegie Harriers | 40:26 |
| 188 | C.Cregon (V) | Edinburgh AC | 40:29 |
| 189 | D.Steele (V) | Edinburgh AC | 40:41 |
| 190 | B.Smith (V) | Fife AC | 40:43 |
| 191 | S Perie Clyde (J) | Pitreavie AAC | 40:45 |
| 192 | J.Thompson (V) | Central AC | 40:51 |
| 193 | I.Cumming (V) | Corstorphine AAC | 40:54 |
| 194 | P.Parr-Burnam (V) | Lasswade AC | 40:56 |
| 195 | K.Morgan (V) | Carnegie Harriers | 41:08 |

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| 196 | T.Knox (V) | Gala Harriers | 41:09 |
| 197 | K.Martin (V) | Harmeny AAC | 41:11 |
| 198 | I.Johnston (V) | Corstorphine AAC | 41:28 |
| 199 | A.McCallum (V) | Falkirk Victoria H | 41:37 |
| 200 | B.Turnbull (V) | Wee County Harriers | 41:51 |
| 201 | D.Baker (V) | Hunters Bog Trotters | 41:54 |
| 202 | R.White (J) | Livingston & D AAC | 42:06 |
| 203 | J.Lawrie (J) | Pitreavie AAC | 42:12 |
| 204 | D.Law (V) | Corstorphine AAC | 42:17 |
| 205 | B.Miller (V) | Ferranti AAC | 42:23 |
| 206 | S.Greer (V) | Carnegie Harriers | 42:23 |
| 207 | S.Lloyd (V) | Harmeny AAC | 42:24 |
| 208 | B.Howie (V) | Edinburgh AC | 42:28 |
| 209 | R.Baxter (V) | Lasswade AC | 42:37 |
| 210 | P.Taylor (V) | Strathearn Harriers | 42:38 |
| 211 | P.O'Brien (V) | Corstorphine AAC | 42:40 |
| 212 | A.Corbett (V) | Teviotdale Harriers | 42:42 |
| 213 | A.McEwan (V) | Edinburgh AC | 42:48 |
| 214 | D.McFeely | Heriot Watt University | 42:49 |
| 215 | K.Weston (V) | Ferranti AAC | 42:50 |
| 216 | M.Leadbetter (V) | Lothian RC | 43:00 |
| 217 | L.Sheldon | Ferranti AAC | 43:03 |
| 218 | L.Leask (V) | Pitreavie AAC | 43:03 |
| 219 | H.McDonald (V) | Harmeny AAC | 43:12 |
| 220 | J.Alexander (V) | Lothian RC | 43:17 |
| 221 | J.McWhinnie (V) | Carnethy Hill RC | 43:27 |
| 222 | E.Stevenson (V) | Edinburgh AC | 43:43 |
| 223 | D.Dick (V) | Linlithgow AAC | 43:44 |
| 224 | C.Campbell (V) | Central AC | 43:46 |
| 225 | J.Denholm (V) | Falkirk Victoria H | 43:50 |
| 226 | T.Purves | Falkirk Victoria H | 43:58 |
| 227 | S.Blair (V) | Corstorphine AAC | 44:02 |
| 228 | I.Thomson (V) | Carnegie Harriers | 44:16 |
| 229 | C.Blair | Pitreavie AAC | 44:33 |
| 230 | M.Warner (V) | Hunters Bog Trotters | 44:44 |
| 231 | K.Mearns (V) | Lothian RC | 44:48 |
| 232 | K.Nicol (V) | Ferranti AAC | 44:50 |
| 233 | D.Wilkie | Lasswade AC | 44:55 |
| 234 | A.Coltman (V) | Teviotdale Harriers | 45:04 |
| 235 | M.Allison | Falkirk Victoria H | 45:28 |
| 236 | I.Campbell (V) | Hunters Bog Trotters | 45:36 |
| 237 | I.Hall (V) | Lothian RC | 45:43 |
| 238 | C.Downie (V) | Penicuik Harriers | 45:46 |
| 239 | C.Dicker (V) | Lothian RC | 45:17 |
| 240 | D.Bunyan (V) | Falkirk Victoria H | 45:49 |
| 241 | S.McLarty | Central AC | 47:10 |
| 242 | B.Pendreich (V) | Hunters Bog Trotters | 47:42 |
| 243 | F.McCain (V) | Team East Lothian | 48:50 |
| 244 | A.Aitken (V) | Wee County Harriers | 49:25 |
| 245 | E.McDonald (V) | Ferranti AAC | 50:33 |
| 246 | I.Marshall (V) | Hunters Bog Trotters | 53:07 |
| 247 | J.Miller | Carnegie Harriers | 54:02 |
| 248 | B.Thornton (V) | Fife AC | 55:11 |
| 249 | C.Tipping (V) | Strathearn Harriers | 55:15 |
| 250 | B.Robertson | Lasswade AC | 55:19 |
| 251 | G.Bennison (V) | Fife AC | 56:03 |
| 252 | J.Gavin (V) | Ferranti AAC | 56:24 |

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| Teams | 1 Central AC | 71 |
| | 2 Edin Univ H and H | 100 |
| | 3 Corstorphine AAC | 145 |
| | 4 Edinburgh AC | 168 |
| | 5 Falkirk Victoria H | 239 |
| | 6 Hunters Bog T | 279 |
| | 7 Lasswade AAC | 336 |
| | 8 Fife AC | 382 |
| | 9 Gala H | 417 |
| | 10 Lothian RC | 595 |
| | 11 Carnegie H | 621 |
| | 12 Harneny AAC | 652 |
| | 13 Pitreavie AAC | 663 |
| | 14 Team East Lothian | 728 |
| | 15 Kinross RR | 852 |
| | 16 Ferranti AAC | 1360 |

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|---------------|----------------------|-----|
| Masters Teams | 1 Corstorphine AAC | 206 |
| | 2 Falkirk Victoria H | 213 |
| | 3 Fife AC | 243 |
| | 4 Team East Lothian | 258 |
| | 5 Carnegie H | 268 |
| | 6 Gala H | 270 |