



Morning Results Match 3

	Club	Athlete	Performance	Points
Under 11 Boys				
60m A String			Under 11 Boys	
1	Giffnock North A	Calum Stewardson	9.49	1
2	Whitemoss A	Ross Morgan	9.58	2
3	Kirkintilloch A	Ethan McDonald	9.69	3
4	Cumbernauld A	Ben Rennie	9.75	4
5	Ayr Seaforth A	Lewis Martin	9.80	5
6	VP Glasgow A	Aaron Purba	10.03	6
7	Giffnock North B	Euan Menzies	10.05	7
8	Motherwell A	Stuart Russell	10.09	8
9	Ayr Seaforth B	Charlie Dorward	10.32	9
10	VP Glasgow B	Gregor Munro	10.36	10
11	Shettleston A	Ryan McConnell	10.47	11
12	Whitemoss B	Lewis Wilson	10.52	12
13	Clydesdale A	Grant Sloan	11.33	13
14	Helensburgh A	Ben Hogg	11.36	14
15	Cumbernauld B	Murray Elliot	11.64	15
600m A String			Under 11 Boys	
1	VP Glasgow A	Matthew Ireland	2:03.12	1
2	Motherwell A	Stuart Russell	2:04.38	2
3	Giffnock North A	Joseph McKay	2:05.79	3
4	Whitemoss A	Calum Gourley	2:06.10	4
5	Ayr Seaforth A	Ruben Lindsay	2:07.59	5
6	Ayr Seaforth B	Blair Gemmell	2:10.54	6
7	Giffnock North B	Fergus Ramsay	2:10.68	7
8	VP Glasgow B	Gregor Munro	2:12.72	8
9	Kirkintilloch A	Ethan McDonald	2:13.95	9
10	Helensburgh A	Douglas Miller	2:14.02	10
11	Cumbernauld A	Jacob R Brown	2:15.27	11
12	Clydesdale A	Harris Grant	2:23.38	12
13	Cumbernauld B	Euan Stirling	2:24.75	13

Morning Results Match 3

	Club	Athlete	Performance	Points
Standing Long Jump A String			Under 11 Boys	
1	Giffnock North A	Calum Stewardson	1.94	1
2	VP Glasgow A	Aaron Purba	1.70	2
3	Ayr Seaforth A	Ruben Lindsay	1.66	3
4	Shettleston A	Liam Sullivan	1.62	4
5	Ayr Seaforth B	Charlie Dorward	1.58	5
6	Clydesdale A	Grant Sloan	1.52	6
7	VP Glasgow B	Ben Chatham	1.52	7
8	Giffnock North B	Fergus Ramsay	1.50	8
9	Helensburgh A	Ben Hogg	1.44	9
10	Whitemoss A	Ross Morgan	1.42	10
11	Whitemoss B	Lewis Wilson	1.32	11
12	Cumbernauld B	Murray Elliot	1.30	12
13	Cumbernauld A	Euan Murray	1.30	13
14	Kirkintilloch A	Peter Branston	1.16	14
60m B String			Under 11 Boys	
1	Giffnock North A	Michael Sinclair	9.61	1
2	Shettleston A	Liam Sullivan	9.83	2
3	Ayr Seaforth A	Joseph Notley Yanez	10.03	3
4	Giffnock North B	Matthew Kinloch	10.06	4
5	VP Glasgow A	Devan Miller	10.17	5
6	VP Glasgow B	Ben Chatham	10.21	6
7	Motherwell A	Aiden Boyle	10.53	7
8	Whitemoss A	James Mann	10.56	8
9	Cumbernauld B	Ethan Sleigh	10.59	9
10	Kirkintilloch A	Christopher Lees	10.72	10
11	Ayr Seaforth B	Aaron Laurie	10.74	11
12	Whitemoss B	Calum Henderson	10.85	12
13	Cumbernauld A	Euan Murray	10.99	13
14	Shettleston B	Joseph MacKenzie	11.06	14
15	Helensburgh A	Matthew Daly	11.15	15
16	Clydesdale A	Lewis Bryne	11.26	16

Morning Results Match 3

	Club	Athlete	Performance	Points
600m B String			Under 11 Boys	
1	Giffnock North A	Marc Capaldi	2:03.40	1
2	VP Glasgow A	Devan Miller	2:06.96	2
3	Motherwell A	Aiden Boyle	2:07.11	3
4	VP Glasgow B	Fraser Gilmour	2:08.27	4
5	Cumbernauld A	Ben Rennie	2:10.19	5
6	Giffnock North B	Rory Gallagher	2:12.08	6
7	Ayr Seaforth B	Max Cunningham	2:12.78	7
8	Ayr Seaforth A	Max Hay	2:16.67	8
9	Clydesdale A	Andrew Donohue	2:22.95	9
10	Kirkintilloch A	Peter Branston	2:23.91	10
11	Shettleston B	Joseph MacKenzie	2:27.51	11
12	Whitemoss A	Will Lyttle	2:29.45	12
13	Shettleston A	David Woods	2:30.69	13
14	Cumbernauld B	Anthony Young	2:30.86	14
15	Helensburgh A	William Wallace	2:46.31	15
Standing Long Jump B String			Under 11 Boys	
1	Cumbernauld B	Josh Crimmin	1.80	1
2	Helensburgh A	Lachlan MacKinnon	1.80	2
3	Giffnock North A	Michael Sinclair	1.70	3
4	Giffnock North B	H McKenzie	1.66	4
5	Cumbernauld A	Jacob R Brown	1.62	5
6	Clydesdale A	Lewis Bryne	1.58	6
7	Ayr Seaforth A	Max Hay	1.54	7
8	VP Glasgow A	Matthew Ireland	1.54	8
9	Ayr Seaforth B	Max Cunningham	1.52	9
10	Whitemoss A	James Mann	1.48	10
11	VP Glasgow B	Carrick Gibb	1.40	11
12	Whitemoss B	Calum Henderson	1.34	12
13	Kirkintilloch A	Christopher Lees	1.34	13

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 13 Boys				
60m	Under 13 Boys			
1	Kirkintilloch A	Jamie Stevenson	8.52	1
2	Helensburgh A	Ewan Robb	8.73	2
3	Ayr Seaforth A	Euan Duff	8.91	3
4	Beith A	Scott Brindley	8.94	4
5	VP Glasgow A	Simon Aitken	8.95	5
6	Ayr Seaforth B	Jack Edwards	9.08	6
7	Giffnock North A	Euan Ross	9.13	7
8	Giffnock North B	Lewis Cridge	9.14	8
9	Shettleston A	Jack Guthrie	9.20	9
10	VP Glasgow B	Elliot Littlefield	9.36	10
11	Helensburgh B	Hamish Paterson	9.38	11
12	Clydesdale A	Jack Dolan	9.39	12
13	Livingston A	Jack Cohen	9.45	13
14	East Lothian	Thomas Leitch	9.49	14
15	Motherwell B	Joseph Grech	9.51	15
16	Whitemoss A	Fraser Jackson	9.63	16
17	Cumbernauld A	Logan Murray	9.64	17
18	Kirkintilloch B	Liam Casey	9.71	18
19	Motherwell A	Josh Cameron	9.72	19
20	Beith B	Jamie Pattie	9.92	20
21	Whitemoss B	Mikey Beggan	10.07	21
22	Shettleston B	Jack MacGregor	10.11	22
23	Cumbernauld B	Paul Atkinson	10.14	23
24	Livingston B	Calum Rodger	10.48	24
24	Clydesdale B	Aaron Boyle	10.48	24

Morning Results Match 3

	Club	Athlete	Performance	Points
800m			Under 13 Boys	
1	Ayr Seaforth A	Scott Sprang	2:26.56	1
2	Giffnock North A	Hamish Armitt	2:27.46	2
3	Kirkintilloch A	Dylan Elliott	2:29.33	3
4	Cumbernauld A	Calum Little	2:29.81	4
5	Giffnock North B	Jack Bell	2:39.32	5
6	Clydesdale A	Robert Whittick	2:40.39	6
7	Shettleston A	Daniel McGreechan	2:42.91	7
8	VP Glasgow A	Edan Webb	2:43.53	8
9	Whitemoss A	Mark McDonald	2:44.27	9
10	Livingston A	Fraser Morris	2:46.26	10
11	East Lothian	Jay Yule	2:47.19	11
12	Shettleston B	Kasey Fraser	2:47.97	12
13	Helensburgh B	Callum MacGillvary	2:48.42	13
14	VP Glasgow B	Blayne Wright	2:48.75	14
15	Cumbernauld B	Calum P Smith	2:48.84	15
16	Motherwell A	Josh Cameron	2:51.62	16
17	Kirkintilloch B	Luke Mallon	2:55.33	17
18	Motherwell B	Mark Hunter	2:55.71	18
19	Beith A	Timo Dobson	2:55.77	19
20	Whitemoss B	Kyle McAulay	3:04.87	20
21	Livingston B	Daniel O'Connor	3:09.20	21
22	Clydesdale B	Stuart Aird	3:14.54	22
60m Hurdles			Under 13 Boys	
1	VP Glasgow A	Gavin Wilson	10.66	1
2	Giffnock North A	Euan Ross	10.77	2
3	VP Glasgow B	Donald Scott	10.86	3
4	Clydesdale A	Jack Dolan	12.14	4
5	Giffnock North B	Alasdair Notley	12.37	5
6	East Lothian	Evan Friery	12.56	6
7	Livingston A	Jack Cohen	12.62	7
8	Shettleston A	Adam Donaldson	12.70	8
9	Cumbernauld B	Jacob Brown	12.78	9
10	Whitemoss A	Mark McDonald	12.96	10
11	Kirkintilloch A	Andrew Hamilton	12.97	11
12	Kirkintilloch B	Ross Hamilton	12.98	12
13	Cumbernauld A	Krishan Steel	13.02	13
14	Ayr Seaforth B	Marc Mulgrew	13.45	14
15	Whitemoss B	Kyle McAulay	14.30	15
	Shettleston B	Max Campbell	DNF	

Morning Results Match 3

	Club	Athlete	Performance	Points
200m			Under 13 Boys	
1	Giffnock North A	Reuben Nairne	28.25	1
2	Kirkintilloch A	Jamie Stevenson	28.31	2
3	Ayr Seaforth A	Euan Duff	29.67	3
4	Giffnock North B	Eoghan O'Donnell	29.97	4
5	VP Glasgow B	Donald Scott	30.02	5
6	VP Glasgow A	Simon Aitken	30.26	6
7	Beith A	Scott Brindley	30.28	7
8	Shettleston A	Jack Guthrie	30.50	8
9	Whitemoss B	Evan Martin	30.92	9
10	Ayr Seaforth B	Marc Mulgrew	31.02	10
11	Cumbernauld B	Sam Glen	31.04	11
12	Livingston B	Matthew Boules	31.43	12
13	Motherwell B	Joseph Grech	31.50	13
14	Cumbernauld A	Arran Kennedy	31.96	14
15	East Lothian	Thomas Leitch	32.61	15
16	Livingston A	Alastair Marshall	32.94	16
17	Clydesdale A	Cairn Wallace	33.25	17
18	Whitemoss A	Adam Wilson	33.46	18
19	Motherwell A	Gabriel McCluskey	34.27	19
20	Helensburgh B	Christopher Clements	34.68	20
21	Kirkintilloch B	Matthew Branston	34.83	21
22	Clydesdale B	Stuart Aird	34.94	22
High Jump			Under 13 Boys	
1	Giffnock North A	Reuben Nairne	1.43	1
2	Ayr Seaforth A	Chris Blockley	1.40	2
3	Cumbernauld A	Jamie Toban	1.25	3
3	VP Glasgow B	Elliot Littlefield	1.25	3
5	Giffnock North B	Alasdair Notley	1.20	5
5	VP Glasgow A	Gavin Wilson	1.20	5
7	Kirkintilloch A	Dylan Elliott	1.15	7
7	Clydesdale A	Robert Whittick	1.15	7
	Livingston A	Fraser Morris	NH	
	Cumbernauld B	Michael Flynn	NH	
	Whitemoss B	Euan Martin	NH	
	Livingston B	Calum Rodger	NH	
	East Lothian	Cameron Bullen	NH	
	Kirkintilloch B	Matthew Branston	NH	

Morning Results Match 3

	Club	Athlete	Performance	Points
Long Jump			Under 13 Boys	
1	Giffnock North A	Reuben Nairne	4.72	1
2	Beith A	Scott Brindley	4.46	2
3	Ayr Seaforth A	Euan Duff	4.21	3
4	Helensburgh A	Ewan Robb	4.07	4
5	VP Glasgow A	Gavin Wilson	4.07	5
6	Livingston B	Matthew Boules	3.95	6
7	Giffnock North B	Lewis Cridge	3.94	7
8	Clydesdale A	Cairn Wallace	3.80	8
9	Ayr Seaforth B	Marc Mulgrew	3.74	9
10	Whitemoss A	Adam Wilson	3.51	10
11	East Lothian	Euan Friery	3.37	11
12	Kirkintilloch A	Andrew Hamilton	3.34	12
13	Beith B	Jamie Pattie	3.17	13
14	Livingston A	Alastair Marshall	3.11	14
15	VP Glasgow B	Ewan McGivern	3.07	15
16	Helensburgh B	Hamish Paterson	3.05	16
17	Clydesdale B	Aaron Boyle	2.95	17
18	Kirkintilloch B	Ross Hamilton	2.79	18
19	Motherwell A	Gabriel McCluskey	2.64	19
20	Cumbernauld A	Sam James	2.61	20
21	Motherwell B	Mark Hunter	2.60	21
22	Cumbernauld B	Ross Govan	2.19	22
Shot Putt			Under 13 Boys	
1	Shettleston A	Jack Guthrie	6.43	1
2	Giffnock North A	George Baker	6.39	2
3	Clydesdale A	Jamie Russell	5.93	3
4	Beith B	Jamie Pattie	5.62	4
5	Clydesdale B	Shaun Malone	5.45	5
6	Livingston A	Jack Cohen	5.22	6
7	Whitemoss A	Fraser Jackson	5.16	7
8	Ayr Seaforth A	Greg Oakley	5.13	8
9	Kirkintilloch B	Liam Casey	5.12	9
10	Kirkintilloch A	Jamie Stevenson	5.06	10
11	East Lothian	Jay Yule	4.81	11
12	Giffnock North B	Eoghan O'Donnell	4.72	12
13	Beith A	Timo Dobson	4.23	13
14	Ayr Seaforth B	Jack Edwards	4.15	14
15	Helensburgh B	Christopher Clements	4.15	15
16	Livingston B	Daniel O'Connor	3.74	16
17	Cumbernauld A	Jason Kerr	3.65	17
18	Cumbernauld B	Ewan Elliot	3.65	18
19	VP Glasgow B	Ewan McGivern	3.22	19
	VP Glasgow A	Edan Webb	NT	

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 15 Boys				
60m			Under 15 Boys	
1	Ayr Seaforth A	Fraser Angus	7.63	1
2	Livingston A	Ewan Ballantyne	7.94	2
3	VP Glasgow A	Morgan Jones	8.03	3
4	Giffnock North A	Ross Lipp	8.15	4
5	Shettleston B	athlete not declared	8.27	5
6	Whitemoss A	Sean Gallagher	8.30	6
7	Whitemoss B	James Cathie	8.53	7
8	Helensburgh A	Amir Sohail	8.56	8
9	Cumbernauld A	Hamish Coutts	8.77	9
10	Ayr Seaforth B	Brendan Lynch	8.87	10
11	VP Glasgow B	Lorn Webster	8.98	11
12	Livingston B	David Threlfall	9.02	12
13	Kirkintilloch A	Jonathan Bryce	9.19	13
14	Shettleston A	athlete not declared	9.23	14
15	East Lothian	Ross Clark	9.26	15
16	Clydesdale A	Joel Hinde	9.53	16
17	Motherwell B	Carlo Marcuccilli	10.34	17
800m			Under 15 Boys	
1	Cumbernauld A	Hamish Coutts	2:11.76	1
2	Ayr Seaforth A	Lewis Ross	2:15.69	2
3	Livingston A	Nathan Campbell	2:24.57	3
4	VP Glasgow B	Charlie Milarvie	2:26.44	4
5	Motherwell A	Luke Poutney	2:27.81	5
6	Helensburgh A	Michael Miller	2:28.06	6
7	VP Glasgow A	Lewis Priest	2:28.58	7
8	Motherwell B	Ryan Donnelly	2:31.53	8
9	Ayr Seaforth B	Declan McGhee	2:37.95	9
10	Giffnock North A	Jamie Sturrock	2:38.02	10
11	Whitemoss B	James Cathie	2:40.58	11
12	Kirkintilloch A	Luke McCaffrey	2:41.65	12
13	Clydesdale A	Ronan Ross	2:55.93	13

Morning Results Match 3

	Club	Athlete	Performance	Points
60m Hurdles			Under 15 Boys	
1	Whitemoss A	Scott Connal	9.77	1
2	Giffnock North A	Calum Alexander	10.04	2
3	VP Glasgow A	Cameron Wray	10.33	3
4	Ayr Seaforth A	Callum Meldrum	10.42	4
5	Giffnock North B	Alistair Ireland	11.41	5
6	Kirkintilloch A	Luke McCaffrey	12.69	6
7	Clydesdale A	Joel Hinde	12.73	7
8	Livingston B	David Threlfall	12.98	8
9	Ayr Seaforth B	Declan McGhee	13.72	9
200m			Under 15 Boys	
1	Ayr Seaforth A	Fraser Angus	23.84	1
			<i>SAIL Record</i>	
2	Giffnock North A	Andy Moses	25.12	2
3	Whitemoss A	Scott Connal	26.51	3
4	Shettleston B	athlete not declared	27.03	4
5	VP Glasgow A	Mitch Donohoe	27.65	5
6	Ayr Seaforth B	Steven Martin	27.91	6
7	VP Glasgow B	Jack Houston	28.70	7
8	Helensburgh A	Amir Sohail	29.20	8
9	Livingston A	Nathan Campbell	29.28	9
10	Motherwell A	David Wallace	29.95	10
11	Kirkintilloch A	Jonathan Bryce	30.13	11
12	Livingston B	Adam Kirkwood	30.73	12
13	Cumbernauld A	Cameron McLean	32.25	13
14	Clydesdale A	Ronan Ross	32.75	14
15	East Lothian	Ben Lawrence	32.95	15
16	Motherwell B	Carlo Marcuccilli	35.91	16
400m			Under 15 Boys	
1	VP Glasgow A	Joshua O'Hare	55.8	1
2	Giffnock North A	Ross Lipp	56.8	2
3	Livingston A	Ewan Ballantyne	58.2	3
4	Ayr Seaforth A	Callum Meldrum	58.7	4
5	Ayr Seaforth B	Daniel Martin	62.2	5
6	VP Glasgow B	Finlay Callaghan	62.3	6
7	Motherwell A	David Wallace	64.3	7
8	Whitemoss B	James Cathie	66.5	8
9	Livingston B	Adam Kirkwood	69.1	9
10	Kirkintilloch A	Harry Lamond	74.5	10
11	Clydesdale A	Ronan Ross	77.7	11

Morning Results Match 3

	Club	Athlete	Performance	Points
High Jump			Under 15 Boys	
1	VP Glasgow A	James Stewart	1.70	1
2	Giffnock North A	Eathan Dear	1.67	2
3	Whitemoss A	Scott Connal	1.55	3
4	Ayr Seaforth A	Conan McGhee	1.50	4
5	Livingston A	Ewan Ballantyne	1.45	5
6	Giffnock North B	Andrew Conlan	1.40	6
7	Whitemoss B	Callum Downie	1.30	7
8	Ayr Seaforth B	Michael Burge	1.25	8
9	Cumbernauld A	Cameron McLean	1.25	9
	East Lothian	Ben Lawrence	NH	
Long jump			Under 15 Boys	
1	Ayr Seaforth A	Fraser Angus	5.39	1
2	Giffnock North A	Eathan Dear	4.97	2
3	Whitemoss A	S Gallagher	4.95	3
4	VP Glasgow A	Joshua O'Hare	4.41	4
5	Livingston A	Nathan Campbell	4.06	5
6	East Lothian	Ross Clark	4.05	6
7	VP Glasgow B	Finlay Callaghan	3.96	7
8	Ayr Seaforth B	Declan McGhee	3.79	8
9	Livingston B	David Threlfall	3.76	9
10	Clydesdale A	Jay O'Connor	3.61	10
11	Helensburgh A	Michael Miller	3.50	11
12	Kirkintilloch A	Jonathan Bryce	3.31	12
13	Cumbernauld A	Lewis Wallace	3.26	13
	Whitemoss B	Callum Downie	NJ	
Shot Putt			Under 15 Boys	
1	Ayr Seaforth A	Callum Meldrum	10.36	1
2	Helensburgh A	Raymond Slaughter	7.88	2
3	Ayr Seaforth B	Michael Burge	7.78	3
4	Whitemoss A	Gordon Berry	7.60	4
5	Giffnock North A	Robbie McIntyre	7.57	5
6	Livingston B	Adam Kirkwood	7.29	6
7	VP Glasgow A	Cameron McKnight	7.18	7
8	VP Glasgow B	Jack Houston	6.79	8
9	Cumbernauld A	Cameron McLean	4.57	9
10	Kirkintilloch A	Harry Lamond	4.48	10

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 17 Men				
60m			Under 17 Men	
1	Shettleston B	Adedoyan Awokoya-Mebude	7.28	1
2	Giffnock North A	Jason Wu	7.51	2
3	Ayr Seaforth A	John Hamilton	7.57	3
4	Cumbernauld A	Lewis Brown	7.61	4
5	Whitemoss A	Liam Wynne	7.72	5
6	VP Glasgow A	Ewan Hoy	7.74	6
7	East Lothian	Harry Allinson	7.80	7
8	Giffnock North B	Tony Duggan	7.83	8
9	VP Glasgow B	Iain Wilson	7.88	9
10	Clydesdale A	Andrew Hunter	7.91	10
11	Shettleston A	Zaki Djoudi	7.97	11
12	Whitemoss B	Andrew O'Donnell	7.97	12
13	Livingston A	Matthew Eadie	8.00	13
14	Cumbernauld B	Ross Alum	8.01	14
15	Kirkintilloch B	Kieran Callaghan	8.07	15
16	Motherwell A	Christopher Hemmings	8.09	16
17	Kirkintilloch A	Martin Byrne	8.15	17
17	Clydesdale B	Darren Dolan	8.15	17
19	Ayr Seaforth B	Connor Raisbeck	8.57	19
20	Livingston B	Fraser McLean	9.51	20
800m			Under 17 Men	
1	Giffnock North A	Ross Gray	2:06.50	1
2	Cumbernauld A	Cameron Richardson	2:11.39	2
3	Motherwell A	Owen Leach	2:14.64	3
4	Clydesdale A	Lewis Hay	2:17.22	4
5	Whitemoss A	Paul Linden	2:17.27	5
6	Shettleston A	Ben Dalziel	2:17.49	6
7	Ayr Seaforth A	Rhys Sim	2:18.24	7
8	Ayr Seaforth B	Jamie McCorkell	2:18.66	8
9	Livingston A	Alastair White	2:19.61	9
10	VP Glasgow A	Lewis Serpell	2:19.81	10
11	VP Glasgow B	Keir King	2:20.97	11
12	Motherwell B	Daniel Martin	2:21.88	12
13	Kirkintilloch A	Aidan McCaffrey	2:23.49	13
14	Whitemoss B	Greg Mulholland	2:26.51	14
15	Clydesdale B	Brian Aird	2:40.56	15

Morning Results Match 3

	Club	Athlete	Performance	Points
60m Hurdles			Under 17 Men	
1	Shettleston B	Douglas Mason	8.85	1
2	VP Glasgow A	Calum Wray	9.01	2
3	VP Glasgow B	Iain Wilson	9.25	3
4	Cumbernauld A	Fraser Gallagher	9.45	4
5	Shettleston A	Andrew McLoone	9.54	5
6	Kirkintilloch A	Martin Byrne	9.90	6
7	Giffnock North A	athlete not declared	10.85	7
8	Clydesdale A	Stephen Fowler	11.12	8
9	Livingston A	Alastair White	11.59	9
200m			Under 17 Men	
1	Shettleston B	Adedoyan Awokoya-Mebude	23.75	1
2	Giffnock North A	Ross Montgomery	23.82	2
3	Ayr Seaforth A	John Hamilton	24.06	3
4	Clydesdale A	Andrew Hunter	24.12	4
5	Cumbernauld A	Daniel Winning	24.34	5
6	Whitemoss A	Liam Wynne	24.69	6
7	VP Glasgow B	David Wilson	24.76	7
8	VP Glasgow A	Ewan Hoy	24.80	8
9	Ayr Seaforth B	Aaron Rogers	24.87	9
10	Kirkintilloch A	John Scanlan	25.07	10
11	Livingston A	Matthew Eadie	25.11	11
12	Giffnock North B	Morgan Allan	25.28	12
13	Cumbernauld B	Ross Alum	25.43	13
14	Shettleston A	Zaki Djoudi	25.66	14
15	East Lothian	Harry Allinson	25.73	15
16	Kirkintilloch B	Kieran Callaghan	26.06	16
17	Whitemoss B	Stephen Gemmell	26.34	17
18	Motherwell B	Adam Laird	26.97	18
19	Livingston B	Oliver Threlfall	27.72	19
20	Clydesdale B	Brian Aird	31.78	20

Morning Results Match 3

	Club	Athlete	Performance	Points
400m			Under 17 Men	
1	VP Glasgow B	Robbie Barr	53.4	1
2	Cumbernauld A	Lewis Brown	54.3	2
2	Giffnock North A	David Allan	54.3	2
4	Giffnock North B	Chris Stewart	54.3	4
5	Livingston A	Moses Munthali	54.8	5
6	VP Glasgow A	Evan Jones	55.3	6
7	Whitemoss B	Stephen Gemmell	57.5	7
8	Clydesdale A	Lewis Hay	57.8	8
9	Whitemoss A	Paul Linden	58.7	9
10	Motherwell B	Adam Laird	59.2	10
11	Clydesdale B	Darren Dolan	59.9	11
12	Livingston B	Oliver Threlfall	64.2	12
High Jump			Under 17 Men	
1	Giffnock North A	David Lambie	1.75	1
2	Whitemoss A	Brandon Sigerson	1.70	2
3	Whitemoss B	Andrew O'Donnell	1.65	3
4	Cumbernauld A	Daniel Winning	1.65	4
5	VP Glasgow B	Keir King	1.60	5
5	VP Glasgow A	Evan Jones	1.60	5
7	Shettleston A	Michael Campbell	1.60	7
8	Clydesdale A	Lewis Hay	1.55	8
9	Livingston A	Alastair White	1.45	9
10	Livingston B	Oliver Threlfall	1.40	10
11	Kirkintilloch A	Aidan McCaffrey	.1	11
Long Jump			Under 17 Men	
1	Kirkintilloch A	John Scanlan	5.65	1
2	Whitemoss A	Liam Wynne	5.55	2
3	VP Glasgow B	David Wilson	5.46	3
4	Shettleston A	Andrew Divers	5.37	4
5	VP Glasgow A	Ewan Hoy	5.35	5
6	Giffnock North A	David Lambie	5.31	6
7	Giffnock North B	Jay Reid	5.16	7
8	Cumbernauld A	Fraser Gallagher	5.14	8
9	Clydesdale A	Andrew Hunter	5.11	9
10	Motherwell A	Christopher Hemmings	5.03	10
11	Kirkintilloch B	Kieran Callaghan	5.01	11
12	Livingston A	Moses Munthali	4.97	12
13	Whitemoss B	Andrew O'Donnell	4.75	13
14	Ayr Seaforth B	Connor Raisbeck	4.68	14
15	Livingston B	Fraser McLean	3.58	15
16	Clydesdale B	Brian Aird	3.37	16

Morning Results Match 3

	Club	Athlete	Performance	Points
Shot Putt			Under 17 Men	
1	Shettleston A	Andrew McLoone	12.67	1
2	Shettleston B	Christopher Scanlon	12.31	2
3	Motherwell A	Christopher Hemmings	11.48	3
4	Cumbernauld A	Daniel Winning	11.15	4
5	VP Glasgow B	David Wilson	8.61	5
6	Cumbernauld B	Ross Kirkwood	8.19	6
7	Livingston A	Matthew Eadie	8.02	7
8	Giffnock North A	Ross Montgomery	7.66	8
9	Ayr Seaforth A	John Hamilton	7.56	9
10	VP Glasgow A	Lewis Serpell	7.31	10
11	Clydesdale A	Stephen Fowler	7.31	11
12	Kirkintilloch A	John Scanlan	7.05	12
13	Clydesdale B	Darren Dolan	6.75	13
14	Livingston B	Fraser McLean	6.64	14
15	Giffnock North B	Tony Duggan	6.29	15
16	Whitemoss B	Greg Mulholland	5.78	16

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 20 Men				
60m			Under 20 Men	
1	VP Glasgow A	Paddy Clark	7.50	1
2	Shettleston A	Daniel Lafferty	7.52	2
3	Motherwell A	Grant Crichton	7.55	3
4	East Lothian	Murray Sim	7.59	4
5	Ayr Seaforth A	Nial McHugh	7.64	5
6	Motherwell B	John McCulloch	7.78	6
7	VP Glasgow B	Adam Smith	8.13	7
8	Livingston A	Grant Kirkwood	8.29	8
9	Clydesdale A	Tony Dolan	8.62	9
	Giffnock North A	Aiden Muir		
				DQ
800m			Under 20 Men	
1	Livingston A	Jake Thomas	2:02.08	1
2	Ayr Seaforth A	James Pettigrew	2:04.60	2
3	Whitemoss B	Craig Whyteside	2:05.99	3
4	Whitemoss A	Alasdair Stewart	2:09.40	4
5	Clydesdale A	Tony Dolan	2:17.29	5
6	VP Glasgow A	Ross Black	2:25.94	6
7	Livingston B	Ryan White	2:26.61	7
60m Hurdles			Under 20 Men	
1	Clydesdale A	David Campbell	9.43	1
2	Giffnock North A	athlete not declared	9.90	2
200m			Under 20 Men	
1	Shettleston A	Daniel Lafferty	23.22	1
2	Giffnock North A	Robert Moses	23.33	2
3	Motherwell A	Stephen Ross	23.35	3
4	VP Glasgow B	Stephen Murphy	23.37	4
5	VP Glasgow A	Paddy Clark	23.79	5
6	East Lothian	Murray Sim	24.20	6
7	Clydesdale A	David Campbell	24.35	7
8	Motherwell B	Joseph McCluskey	24.37	8
9	Livingston A	Grant Kirkwood	25.84	9

Morning Results Match 3

	Club	Athlete	Performance	Points
400m			Under 20 Men	
1	Giffnock North A	Calum McWilliam	52.3	1
2	Motherwell A	Stephen Ross	53.6	2
3	Ayr Seaforth A	Matthew Brawley	53.9	3
4	Whitemoss A	Alasdair Stewart	55.0	4
5	Whitemoss B	Craig Whyteside	55.1	5
6	Motherwell B	Joseph McCluskey	55.3	6
7	VP Glasgow A	Ross Black	58.1	7
	Livingston A	Jake Thomas		
				DQ
High Jump			Under 20 Men	
1	VP Glasgow A	Marcus Morton	1.85	1
2	Livingston A	Grant Kirkwood	1.50	2
3	Giffnock North A	Harry Matthews	1.40	3
Long Jump			Under 20 Men	
1	Motherwell B	John McCulloch	5.43	1
2	East Lothian	Murray Sim	5.38	2
3	VP Glasgow A	Papayaw Osafa	5.13	3
4	Clydesdale A	David Campbell	4.95	4
5	Livingston A	Jake Thomas	4.30	5
6	Giffnock North A	Harry Matthews	4.25	6
6	Motherwell A	Grant Crichton	4.25	6
8	Livingston B	Ryan White	3.37	8
Shot Putt			Under 20 Men	
1	Ayr Seaforth A	James Gaffney	11.12	1
2	Livingston A	Grant Kirkwood	8.63	2
3	Giffnock North A	Aiden Muir	8.48	3
4	Motherwell A	Grant Crichton	8.04	4
5	VP Glasgow A	Papayaw Osafa	7.69	5
6	Clydesdale A	Tony Dolan	6.00	6

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 11 Girls				
60m A String			Under 11 Girls	
1	East Lothian	Grace Brennan	9.51	1
2	Giffnock North A	Niamh Smith	9.62	2
3	Beith A	Kay MacKenzie	9.77	3
4	Cumbernauld A	Amy Kennedy	9.80	4
5	Kirkintilloch A	Rachel Paton	9.85	5
6	Motherwell A	Jennifer Reilly	9.95	6
7	VP Glasgow B	Nicole MacGilp	10.13	7
8	Giffnock North B	Jasmin Scott	10.20	8
9	Clydesdale A	Hannah Jordan	10.24	9
10	Helensburgh A	Amelia Murhpy	10.35	10
11	Shettleston A	Anna Young	10.38	11
12	Livingston A	Unman Chaudry	10.70	12
13	Ayr Seaforth A	Matilda Morton	10.75	13
14	Whitemoss B	Nicole Cameron	10.83	14
15	Whitemoss A	Ella Robb	10.91	15
16	VP Glasgow A	Catriona Scott	11.26	16
17	Cumbernauld B	Eilidh MacIntyre	11.96	17
600m A String			Under 11 Girls	
1	Cumbernauld A	Emma Jeffery	2:00.34	1
2	East Lothian	Emma Johnston	2:00.36	2
3	VP Glasgow A	Catriona Scott	2:02.65	3
4	Giffnock North A	Asha Nicolson	2:07.47	4
5	Giffnock North B	Lauren Agnew	2:09.69	5
6	VP Glasgow B	Nicola Fletcher	2:09.95	6
7	Motherwell A	Jennifer Reilly	2:10.65	7
8	Shettleston A	Anna Young	2:12.67	8
9	Clydesdale A	Hannah Jordan	2:12.89	9
10	Beith A	Rachael Grant	2:20.93	10
11	Livingston A	Ailish King	2:22.85	11
12	Ayr Seaforth A	Alexandra Meldrum	2:22.95	12
13	Whitemoss B	Nicole Cameron	2:25.51	13
14	Whitemoss A	Ella Robb	2:28.84	14
15	Kirkintilloch A	Rona Thomson	2:29.22	15
16	Cumbernauld B	Isabella Knox	2:31.59	16

Morning Results Match 3

	Club	Athlete	Performance	Points
Standing Long Jump A String			Under 11 Girls	
1	East Lothian	Grace Brennan	1.88	1
2	Cumbernauld A	Amy Kennedy	1.84	2
3	Giffnock North A	Anna Jenkins	1.80	3
4	Kirkintilloch A	Rachel Paton	1.76	4
5	VP Glasgow B	Skye Turner	1.72	5
6	Beith A	Kay MacKenzie	1.70	6
7	Helensburgh A	Amelia Murphy	1.66	7
8	Giffnock North B	Jasmin Scott	1.64	8
9	Livingston A	Ailish King	1.50	9
10	Clydesdale A	Isla Haddock	1.42	10
11	VP Glasgow A	Jenny Brady	1.38	11
12	Ayr Seaforth A	Matilda Morton	1.34	12
13	Cumbernauld B	Stella Coutts	1.26	13
60m B String			Under 11 Girls	
1	Giffnock North B	Monica Forsyth	9.90	1
2	Giffnock North A	Anna Jenkins	9.91	2
3	Shettleston A	Emma O'Neill	10.09	3
4	Cumbernauld A	Emma Jeffery	10.29	4
5	Shettleston B	Molly MacLean	10.44	5
6	Beith A	Rachael Grant	10.65	6
7	East Lothian	Laura Buchan	10.75	7
8	VP Glasgow A	Jenny Brady	11.06	8
9	VP Glasgow B	Amy Quigg	11.10	9
10	Clydesdale A	Kenzie MacIntosh	11.11	10
11	Whitemoss A	Eryn Buick	11.15	11
12	Ayr Seaforth A	Sarah Brand	11.23	12
13	Helensburgh A	Amirah Hassan	11.44	13
14	Whitemoss B	Rebecca Munro	11.44	14
15	Cumbernauld B	Stephanie Dalchow	11.80	15
16	Kirkintilloch A	Alix Simpson	12.19	16

Morning Results Match 3

	Club	Athlete	Performance	Points
600m B String			Under 11 Girls	
1	VP Glasgow A	Valencia Wright	2:08.91	1
2	Giffnock North A	Isla Ward	2:11.65	2
3	Livingston A	Charlie Nolan	2:11.71	3
4	East Lothian	Gemma Darling	2:13.69	4
5	Shettleston B	Molly MacLean	2:13.80	5
6	Cumbernauld A	Natalie Maxwell	2:15.88	6
7	VP Glasgow B	Skye Turner	2:17.82	7
8	Shettleston A	Emma O'Neill	2:19.12	8
9	Whitemoss A	Charlie Frew	2:20.38	9
10	Ayr Seaforth A	Ruth McVeigh	2:21.85	10
11	Giffnock North B	Hannah Dougall	2:22.08	11
12	Clydesdale A	Lea Badejo	2:24.43	12
13	Cumbernauld B	Angelina Doak	2:25.51	13
14	Kirkintilloch A	Niamh Casey	2:32.93	14
15	Helensburgh A	Isla Stewart	2:35.38	15
Standing Long Jump B String			Under 11 Girls	
1	Giffnock North A	Isla Ward	1.78	1
2	Cumbernauld A	April Chapman	1.68	2
3	East Lothian	Laura Buchan	1.62	3
4	Giffnock North B	Monica Forsyth	1.58	4
5	VP Glasgow B	Nicole MacGilp	1.54	5
6	Kirkintilloch A	Niamh Casey	1.40	6
7	Helensburgh A	Isla Stewart	1.40	7
8	Livingston A	Charlie Nolan	1.36	8
9	Cumbernauld B	Sophie Miller	1.34	9
10	VP Glasgow A	Valencia Wright	1.34	10
11	Ayr Seaforth A	Sarah Brand	1.32	11
12	Whitemoss A	Charlie Frew	1.32	12

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 13 Girls				
60m	Under 13 Girls			
1	Ayr Seaforth A	Niamh Graham	8.91	1
2	Cumbernauld A	Emily Miller	9.25	2
3	Kirkintilloch B	Alex Dow	9.32	3
4	Giffnock North B	Rosie McKay	9.33	4
5	Whitemoss A	Lucy Wroe	9.33	5
6	Giffnock North A	Eve Donaghy	9.40	6
7	VP Glasgow A	Grace Hamilton	9.43	7
8	Clydesdale A	Anna McCracken	9.47	8
9	Kirkintilloch A	Nicola Lochhead	9.48	9
10	Ayr Seaforth B	Sophie Oxenham	9.57	10
11	East Lothian	Eloise Gray	9.63	11
12	Livingston A	Alix Fairley	9.66	12
12	Shettleston A	Lauren Thomson	9.66	12
14	Helensburgh A	Amy Court	9.78	14
15	VP Glasgow B	Cristina McKnight	9.82	15
15	Helensburgh B	Iona Stewart	9.82	15
17	Shettleston B	Mya Munro	9.83	17
18	Motherwell B	Zoe Hawkins	9.92	18
19	Whitemoss B	Ana Vickers	9.99	19
20	Cumbernauld B	Emma McCormack	11.03	20

Morning Results Match 3

	Club	Athlete	Performance	Points
800m		Under 13 Girls		
1	East Lothian	Catriona McPheat	2:35.89	1
2	Giffnock North B	Annabel Ballantyne	2:36.24	2
3	VP Glasgow A	Rhian Callan	2:42.77	3
4	Whitemoss A	Jenna Morton	2:44.65	4
5	Giffnock North A	Lauren Paterson	2:45.35	5
6	Livingston A	Isla Calvert	2:45.87	6
7	Motherwell A	Joey Leach	2:46.24	7
8	Kirkintilloch A	Hannah Paton	2:46.64	8
9	VP Glasgow B	Jenna Little	2:49.04	9
10	Ayr Seaforth B	Alexandra Smiley	2:49.72	10
11	Ayr Seaforth A	Jena Anderson	2:49.91	11
12	Whitemoss B	Maria Malley	2:50.97	12
13	Shettleston A	Lauren O'Neil	2:51.80	13
14	Kirkintilloch B	Niamh Summers	2:53.26	14
15	Motherwell B	Zoe Hawkins	2:59.08	15
16	Shettleston B	Morgan Hannah	3:02.41	16
17	Clydesdale A	Jade Milne	3:02.44	17
18	Clydesdale B	Teigan Breen	3:04.91	18
19	Helensburgh B	Antonia Burns	3:07.82	19
20	Cumbernauld A	Hannah Wallace	3:10.12	20
21	Helensburgh A	Catie MacGillvary	3:13.93	21
22	Cumbernauld B	Lucy Steven	3:23.68	22
23	Livingston B	Holly White	3:24.53	23
60m Hurdles		Under 13 Girls		
1	Giffnock North B	Megan Bailie	11.13	1
2	Livingston A	Rebecca Calder	11.31	2
3	Kirkintilloch B	Stephanie Lindsay	11.37	3
4	Giffnock North A	Sophie Inglis	11.43	4
5	Ayr Seaforth A	Charlotte McDowall	11.84	5
5	Ayr Seaforth B	Gemma Bruce	11.84	5
7	Livingston B	Rachel Gibb	11.91	7
8	Kirkintilloch A	Nicola Lochhead	11.96	8
9	Whitemoss B	Ella Bryce	12.07	9
10	Clydesdale A	Jade Milne	12.10	10
11	Shettleston A	Lauren Thomson	12.18	11
12	Shettleston B	Mya Munro	12.42	12
13	Whitemoss A	Kirsty Craig	12.45	13
14	Cumbernauld A	Hannah Sleigh	13.05	14
15	Cumbernauld B	Lucy Winning	13.45	15
16	VP Glasgow B	Maisie Blair	13.87	16
17	VP Glasgow A	Jennifer Cuthill	14.12	17

Morning Results Match 3

	Club	Athlete	Performance	Points
200m			Under 13 Girls	
1	VP Glasgow A	Charlotte Hanning	29.38	1
2	Kirkintilloch A	Rebecca Love	29.60	2
3	Ayr Seaforth A	Niamh Graham	29.64	3
4	Livingston B	Karli MacCallum	29.78	4
5	East Lothian	Catriona McPheat	29.87	5
6	Giffnock North A	Orla Lang	30.17	6
7	Livingston A	Rebecca Calder	30.21	7
8	Shettleston B	Woodjina Lenahan	30.62	8
9	Motherwell A	Rachel Wedlock	30.82	9
10	Giffnock North B	Carla Miller	30.90	10
11	Cumbernauld A	Hannah Wallace	31.12	11
12	Clydesdale A	Anna McCracken	31.20	12
13	Whitemoss A	Laura Clements	31.61	13
14	Kirkintilloch B	Alex Dow	32.13	14
15	Whitemoss B	Sarah Kelly	32.36	15
16	VP Glasgow B	Jennifer Aitken	32.79	16
17	Helensburgh A	Abbie Murray	33.17	17
18	Ayr Seaforth B	Olivia Stark	33.26	18
19	Cumbernauld B	Aimie Hendry	33.56	19
20	Helensburgh B	Iona Stewart	34.04	20
21	Motherwell B	Robyn Leach	34.65	21
22	Clydesdale B	Emma Louise Blair	35.10	22
High Jump			Under 13 Girls	
1	Giffnock North B	Emma Barbour	1.35	1
2	Kirkintilloch A	Rebecca Love	1.30	2
3	Livingston B	Rachel Gibb	1.25	3
4	VP Glasgow A	Grace Thompson	1.25	4
5	Whitemoss A	Kelsey Weir	1.20	5
6	Cumbernauld B	Chloe Balfour	1.20	6
7	East Lothian	Eloise Gray	1.20	7
8	Livingston A	Isla Calvert	1.20	8
9	Ayr Seaforth B	Gemma Bruce	1.15	9
10	Motherwell A	Rachel Wedlock	1.15	10
11	Ayr Seaforth A	Charlotte McDowall	1.15	11
12	Giffnock North A	Clare Wallace	1.10	12
13	Kirkintilloch B	Stephanie Lindsay	1.10	13
14	Clydesdale B	Teigan Breen	1.05	14
14	Cumbernauld A	Emily Miller	1.05	14
	Whitemoss B	Sarah Kelly	NH	

Morning Results Match 3

	Club	Athlete	Performance	Points
Long Jump			Under 13 Girls	
1	Ayr Seaforth A	Matilda Press	3.86	1
2	Giffnock North A	Eve Denholm	3.83	2
3	Giffnock North B	Rosie McKay	3.81	3
4	Whitemoss A	Laura Clements	3.60	4
5	Motherwell A	Joey Leach	3.52	5
6	VP Glasgow A	Grace Hamilton	3.46	6
7	Clydesdale A	Anna McCracken	3.42	7
8	Livingston B	Karli MacCallum	3.36	8
9	Kirkintilloch A	Nicola Lochhead	3.35	9
10	VP Glasgow B	Mia Kelly-Vinaccia	3.24	10
11	Kirkintilloch B	Niamh Summers	3.17	11
12	Ayr Seaforth B	Sophie Oxenham	3.15	12
13	Whitemoss B	Maria Malley	3.10	13
14	Livingston A	Alix Fairley	3.05	14
15	Clydesdale B	Emma Louise Blair	3.05	15
16	Motherwell B	Robyn Leach	3.05	16
17	Shettleston B	Woodjina Lenahan	2.76	17
18	Helensburgh B	Antonia Burns	2.74	18
19	Helensburgh A	Amy Court	2.59	19
20	Cumbernauld B	George Knox	2.46	20
21	East Lothian	Elana Kerr	2.26	21
22	Cumbernauld A	Tabitha McDonald	2.03	22
Shot Putt			Under 13 Girls	
1	Helensburgh A	Abbie Murray	6.96	1
2	VP Glasgow A	Grace Thompson	6.51	2
3	Giffnock North A	Ellie Lonergan-Black	6.28	3
4	Kirkintilloch A	Rebecca Love	6.22	4
5	Ayr Seaforth A	Laura Paisley	6.17	5
6	Livingston A	Alix Fairley	5.84	6
7	Whitemoss A	Lucy Wroe	5.72	7
8	East Lothian	Catriona McPheat	5.50	8
9	Whitemoss B	Sarah Kelly	5.40	9
10	Giffnock North B	Heather Napthine	5.35	10
11	Ayr Seaforth B	Kelly Cunningham	5.29	11
12	Helensburgh B	Iona Stewart	5.21	12
13	Cumbernauld A	Ellie Forest	4.91	13
14	Livingston B	Holly White	4.81	14
15	Kirkintilloch B	Alex Dow	4.21	15
16	Cumbernauld B	Ivana McCulloch	4.16	16
17	VP Glasgow B	Lucy Gardner	4.11	17
18	Clydesdale B	Emma Louise Blair	3.75	18

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 15 Girls				
60m			Under 15 Girls	
1	Giffnock North A	Amy Donaghy	8.25	1
2	Giffnock North B	Sara Ingles	8.63	2
3	VP Glasgow A	Jade Henry	8.66	3
4	Livingston B	Chloe McAlear	8.68	4
5	Ayr Seaforth A	Kirsten McClymont	8.73	5
6	Cumbernauld A	Elizabeth Jennings	8.90	6
7	Shettleston A	Claire Mason	8.93	7
8	Cumbernauld B	Sophie Crimin	8.96	8
9	Whitemoss A	Ellis Reston	8.98	9
10	Ayr Seaforth B	Breegan Bilham	9.06	10
10	VP Glasgow B	Scarlett Green	9.06	10
12	Whitemoss B	Skye Alexander	9.13	12
13	East Lothian	Katie Lessels	9.25	13
14	Shettleston B	Kirsty McIntyre	9.36	14
15	Clydesdale A	Cara Jordan	9.37	15
16	Kirkintilloch A	Jenna Baker	9.43	16
17	Motherwell A	Katrina McEwan	9.49	17
17	Clydesdale B	Chloe Allan	9.49	17
19	Livingston A	Eve Allison	9.62	19
20	Helensburgh A	Anna Greetham	10.22	20
800m			Under 15 Girls	
1	Whitemoss A	Holly McArthur	2:16.56	1
2	Giffnock North A	Erin Wallace	2:28.03	2
3	Giffnock North B	Danielle Kelly	2:29.15	3
4	Livingston A	Sarah Calvert	2:31.04	4
5	Ayr Seaforth A	Lucy Davidson	2:35.10	5
6	VP Glasgow A	Adrienne Murray	2:35.62	6
7	Motherwell A	Emily Shearer	2:39.35	7
8	Kirkintilloch A	Emma Mahon	2:40.58	8
9	Cumbernauld A	Tegan Kerr	2:43.96	9
10	Ayr Seaforth B	Courtney McCorkell	2:46.03	10
11	Helensburgh A	Jessica Noble	2:48.28	11
12	Livingston B	Natasha Farrell	2:48.37	12
13	Shettleston A	Natasha Mackay	2:48.50	13
14	Whitemoss B	Chloe MacDonald	2:48.79	14
15	VP Glasgow B	Beth Gibbons	2:48.87	15
16	Shettleston B	Gaia Salandini	2:52.37	16
17	Cumbernauld B	Beth Gilmour	3:00.09	17
18	East Lothian	Leona Boardman	3:04.66	18
19	Clydesdale B	Caitlin Stuart	3:16.82	19

Morning Results Match 3

	Club	Athlete	Performance	Points
60m Hurdles			Under 15 Girls	
1	Whitemoss A	Holly McArthur	9.65	1
2	VP Glasgow A	Jade Henry	10.02	2
3	Ayr Seaforth A	Jennifer McVeigh	10.27	3
4	Giffnock North A	Lauren Saxby	10.55	4
5	Cumbernauld A	Shannon McNally	10.61	5
6	Giffnock North B	Freya Menzies	10.67	6
7	Livingston A	Tia Henry	10.75	7
8	VP Glasgow B	Isla Henderson	10.79	8
9	Cumbernauld B	Beth Tobin	10.87	9
10	Ayr Seaforth B	Hazel Kirk	11.53	10
11	Shettleston A	Claire Mason	11.77	11
11	Whitemoss B	Bethan Malley	11.77	11
13	Shettleston B	Kirsty McIntyre	11.771	13
14	Clydesdale A	Cara Jordan	12.22	14
200m			Under 15 Girls	
1	Giffnock North A	Sophie Haldane	26.36	1
2	Livingston A	Robyn Fairley	27.11	2
3	Whitemoss A	Heather Kennedy	27.25	3
4	Giffnock North B	Eve Thomson	28.27	4
5	Cumbernauld B	Beth Tobin	28.60	5
6	Ayr Seaforth A	Kirsten McClymont	28.92	6
7	Shettleston A	Claire Mason	28.98	7
8	VP Glasgow A	Nicola Brechany	29.09	8
9	VP Glasgow B	Monica Blair	29.39	9
10	Ayr Seaforth B	Breegan Bilham	29.47	10
11	Cumbernauld A	Elizabeth Jennings	29.83	11
12	Helensburgh B	Katherin Slaughter	29.96	12
13	Livingston B	Natasha Farrell	30.35	13
14	Kirkintilloch B	Meg Tomkins	30.68	14
15	Kirkintilloch A	Eilidh Sirel	31.58	15
16	Shettleston B	Swabra Ndagire	31.72	16
17	Whitemoss B	Louise Clayton	31.97	17
18	Clydesdale B	Chloe Allan	32.88	18
19	Helensburgh A	Anna Greetham	33.58	19
20	Motherwell A	Cara Marcuccilli	33.80	20
21	East Lothian	Leona Boardman	34.17	21
22	Clydesdale A	Carly Wishart	34.68	22

Morning Results Match 3

	Club	Athlete	Performance	Points
300m			Under 15 Girls	
1	VP Glasgow A	Kirsty Elliott	44.7	1
2	Giffnock North A	Amy Donaghy	45.3	2
3	Giffnock North B	Rochelle Moukala	46.0	3
4	Ayr Seaforth B	Holly Coughtrie	46.4	4
5	Cumbernauld A	Anna McGinness	47.4	5
6	Ayr Seaforth A	Jennifer McVeigh	48.1	6
7	Whitemoss A	Christie McSkimming	48.3	7
8	VP Glasgow B	Amy Bissett	48.7	8
9	Whitemoss B	Neeve Brown	49.1	9
10	Cumbernauld B	Emma Brown	49.7	10
11	Motherwell A	Katrina McEwan	50.6	11
12	Livingston B	Taylor Leek	51.0	12
13	Helensburgh A	Chloe Murphy	52.6	13
14	Livingston A	Umbur Chaudry	53.4	14
15	Kirkintilloch B	Sophie Tierney	55.4	15
16	Clydesdale B	Caitlin Stuart	58.9	16
High Jump			Under 15 Girls	
1	Ayr Seaforth A	Katie Mcalpine	1.52	1
2	Whitemoss A	Christie McSkimming	1.48	2
3	Cumbernauld A	Shannon McNally	1.40	3
4	Ayr Seaforth B	Hazel Kirk	1.40	4
5	Giffnock North A	Lauren Saxby	1.40	5
5	VP Glasgow A	Holly Little	1.40	5
7	East Lothian	Emily Snudden	1.30	7
8	Cumbernauld B	Lilly Warrior	1.30	8
9	Giffnock North B	Sara Coyle	1.25	9
9	Whitemoss B	Bethan Malley	1.25	9
11	Livingston A	Eve Allison	1.25	11
12	VP Glasgow B	Monica Blair	1.15	12
12	Kirkintilloch B	Meg Tomkins	1.15	12
12	Clydesdale B	Chloe Allan	1.15	12
15	Kirkintilloch A	Emma Mahon	1.15	15
16	Clydesdale A	Cara Jordan	.1	16

Morning Results Match 3

	Club	Athlete	Performance	Points
Long jump			Under 15 Girls	
1	Whitemoss A	Heather Kennedy	4.44	1
2	VP Glasgow A	Kirsty Elliott	4.40	2
3	Giffnock North A	Lauren Saxby	4.40	3
4	Ayr Seaforth A	Jennifer Mcveigh	4.29	4
5	Ayr Seaforth B	Rhea McTaggart	4.18	5
6	VP Glasgow B	Scarlett Green	4.09	6
7	Livingston A	Tia Henry	4.03	7
8	Giffnock North B	Louise Paterson	3.71	8
9	Cumbernauld A	Catherine McCormick	3.66	9
10	Whitemoss B	Skye Alexander	3.55	10
11	Kirkintilloch A	Jenna Baker	3.25	11
12	Cumbernauld B	Liberty Chalmers	3.13	12
13	Clydesdale A	Iona Allan	3.05	13
14	Livingston B	Taylor Leek	3.04	14
15	Helensburgh A	Jessica Noble	2.98	15
16	Motherwell A	Cara Marcuccilli	2.93	16
17	Kirkintilloch B	Sophie Tierney	2.85	17
18	Clydesdale B	Caitlin Stuart	2.59	18
Shot Putt			Under 15 Girls	
1	Ayr Seaforth A	Hannah Paisley	8.70	1
2	Shettleston A	Shona Crossan	8.26	2
3	Whitemoss A	Holly McArthur	7.98	3
4	Livingston B	Chloe McAlear	7.94	4
5	Shettleston B	Swabra Ndagire	7.19	5
6	Giffnock North B	Natasha Socklingham	6.89	6
7	Giffnock North A	Sophie Haldane	6.71	7
8	Livingston A	Robyn Fairley	6.61	8
9	Ayr Seaforth B	Amy Leith	5.97	9
10	VP Glasgow A	Kirsty Elliott	5.81	10
11	VP Glasgow B	Sophie Jordan	5.76	11
12	Clydesdale A	Carly Wishart	5.64	12
13	Cumbernauld A	Shannon McNally	5.13	13
14	Whitemoss B	Chloe MacDonald	5.12	14
15	Kirkintilloch A	Aimee Smith	5.01	15
16	Helensburgh A	Chloe Murphy	4.98	16
17	Helensburgh B	Katherin Slaughter	4.87	17
18	Kirkintilloch B	Meg Tomkins	4.65	18
19	Cumbernauld B	Erika McCulloch	4.58	19

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 17 Women				
60m			Under 17 Women	
1	Giffnock North A	Jenna Wrisberg	8.02	1
2	Livingston A	Hazel Shanley	8.25	2
3	VP Glasgow A	Catriona Cuthbert	8.39	3
4	Ayr Seaforth A	Aimee McGinley	8.45	4
5	Helensburgh A	Alex Burns	8.58	5
6	Whitemoss A	Sarah Bassett	8.60	6
6	Shettleston A	Erin Connolly	8.60	6
8	Kirkintilloch A	Fiona Glen	8.62	8
9	Ayr Seaforth B	Rebecca Campbell	8.64	9
10	VP Glasgow B	Bethany Buchanan	8.73	10
11	Cumbernauld A	Jane Wright	8.98	11
12	Giffnock North B	Charlotte Cohen	9.12	12
13	Motherwell B	Sophia Warren	9.16	13
14	East Lothian	Emily Ireland	9.25	14
15	Kirkintilloch B	Anna Forbes	9.35	15
16	Whitemoss B	Fiona Roussis	9.39	16
17	Livingston B	Morna Horn	9.54	17
18	Clydesdale A	Karyn Glen	9.74	18
800m			Under 17 Women	
1	Giffnock North A	Sarah Eunson	2:26.04	1
2	Giffnock North B	Holly Still	2:26.16	2
3	Whitemoss B	Heather Addison	2:28.26	3
4	Whitemoss A	Emily Craig	2:29.02	4
5	VP Glasgow A	Robyn Connolly	2:29.52	5
6	Helensburgh A	Melissa Robinson	2:31.19	6
7	Ayr Seaforth A	Lisa Rennie	2:32.78	7
8	Motherwell A	Kirsty Irwin	2:33.03	8
9	Clydesdale A	Emily Paxton	2:34.63	9
10	Kirkintilloch A	Perri McCluskey	2:35.12	10
11	VP Glasgow B	Adelina Callan	2:35.54	11
12	East Lothian	Alexandra Radin	2:37.77	12
13	Kirkintilloch B	Alicia Paton	2:39.82	13
14	Livingston A	Hazel Shanley	2:43.20	14
15	Helensburgh B	Morag Paterson	2:43.27	15
16	Clydesdale B	Charlotte Ross	2:48.52	16
17	Shettleston A	Georgia MacDonald	2:50.25	17
18	Motherwell B	Kirsty Ferguson	3:00.10	18

Morning Results Match 3

	Club	Athlete	Performance	Points
60m Hurdles			Under 17 Women	
1	Giffnock North A	Iona Menzies	9.31	1
2	Whitemoss A	Alison Stewart	9.59	2
3	VP Glasgow B	Bethany Buchanan	9.90	3
4	Kirkintilloch A	Jenny Lee	10.27	4
5	VP Glasgow A	Catriona Cuthbert	10.37	5
6	Livingston B	Cheryl Lees	10.71	6
7	Cumbernauld A	Eilidh Duncan	10.98	7
8	Clydesdale A	Rachel Campbell	11.45	8
9	Giffnock North B	Charlotte Cohen	11.48	9
10	Whitemoss B	Sophie Hartshorne	12.27	10
11	Ayr Seaforth A	Ailie Shanks	12.56	11
12	Kirkintilloch B	Roserani Sharma	12.57	12
	Livingston A	Taygan Henry	DNF	
200m			Under 17 Women	
1	Giffnock North A	Jenna Wrisberg	26.53	1
2	Ayr Seaforth A	Nadia Simpson	26.99	2
3	Whitemoss A	Sarah McDonald (Whitemoss)	27.46	3
4	Ayr Seaforth B	Rebecca Campbell	27.61	4
5	Motherwell A	Lauren Ross	27.62	5
6	Livingston B	Cheryl Lees	27.74	6
7	Helensburgh A	Alex Burns	27.99	7
8	Shettleston A	Erin Connolly	28.22	8
9	Livingston A	Sydney Nicholson	28.54	9
10	VP Glasgow A	Emily Gulland	28.85	10
11	East Lothian	Beth Howard	28.87	11
12	Kirkintilloch A	Fiona Glen	29.08	12
13	VP Glasgow B	Nicole Bryce	29.44	13
14	Motherwell B	Sophia Warren	29.49	14
15	Whitemoss B	Emily Russell	30.78	15

Morning Results Match 3

	Club	Athlete	Performance	Points
300m			Under 17 Women	
1	VP Glasgow A	Reagan Binnie	43.8	1
2	Ayr Seaforth A	Georgia Brawley	44.2	2
3	Motherwell A	Emma Knox	44.6	3
4	Giffnock North A	Iona Menzies	44.6	4
5	Clydesdale A	Emily Paxton	45.0	5
6	Whitemoss B	Erin Brown	45.3	6
7	Whitemoss A	Sarah Bassett	45.8	7
8	Ayr Seaforth B	Hannah Birrell	46.5	8
9	Motherwell B	Claire Ross	46.8	9
10	VP Glasgow B	Jennifer Lewis	47.0	10
11	Livingston A	Sydney Nicholson	47.1	11
12	Kirkintilloch A	Jenny Lee	49.3	12
13	Shettleston A	Georgia MacDonald	50.7	13
14	Helensburgh A	Melissa Robinson	51.3	14
15	Kirkintilloch B	Roserani Sharma	51.4	15
16	Cumbernauld A	Emma Balfour	51.8	16
High Jump			Under 17 Women	
1	Giffnock North A	Catherine Palmer	1.66	1
2	Whitemoss A	Alison Stewart	1.55	2
3	VP Glasgow A	Heather Baird	1.50	3
4	Motherwell A	Emma Knox	1.50	4
5	Giffnock North B	Imogen Cartwright	1.45	5
6	Whitemoss B	Sophie Hartshorne	1.40	6
7	Kirkintilloch B	Anna Forbes	1.40	7
7	Livingston A	Taygan Henry	1.40	7
9	Kirkintilloch A	Perri McCluskey	1.40	9
10	Clydesdale A	Karyn Glen	1.30	10
11	Livingston B	Cheryl Lees	1.30	11

Morning Results Match 3

	Club	Athlete	Performance	Points
Long Jump			Under 17 Women	
1	Helensburgh A	Alex Burns	4.62	1
2	Whitemoss A	Emily Craig	4.62	2
3	Livingston A	Hazel Shanley	4.56	3
4	Whitemoss B	Lucy Dougal	4.44	4
5	Motherwell A	Kirsty Irwin	4.27	5
6	Kirkintilloch A	Jenny Lee	4.27	6
7	Kirkintilloch B	Roserani Sharma	4.27	7
8	VP Glasgow A	Emma Thompson	4.26	8
9	Giffnock North B	Imogen Cartwright	4.08	9
10	East Lothian	Beth Howard	4.02	10
11	Ayr Seaforth A	Aimee McGinley	3.96	11
12	Ayr Seaforth B	Hannah Birrell	3.89	12
13	Clydesdale A	Rachel Campbell	3.85	13
14	VP Glasgow B	Jennifer Lewis	3.79	14
15	Helensburgh B	Morag Paterson	3.74	15
16	Cumbernauld A	Jane Wright	3.69	16
17	Giffnock North A	S Eason	3.68	17
Shot Putt			Under 17 Women	
1	Cumbernauld A	Eilidh Duncan	9.13	1
2	Whitemoss A	Sarah McDonald (Whitemoss)	7.92	2
3	East Lothian	Katie Boston	7.81	3
4	Livingston A	Taygan Henry	7.55	4
5	Kirkintilloch A	Fiona Glen	6.73	5
6	Whitemoss B	Lucy Dougal	6.67	6
7	VP Glasgow A	Emma Thompson	6.34	7
8	VP Glasgow B	Emma Ferrie	5.89	8
9	Clydesdale A	Karyn Glen	5.60	9
10	Giffnock North A	Iona Menzies	5.31	10
11	Ayr Seaforth B	Kirstin Oakley	5.27	11
12	Ayr Seaforth A	Ailie Shanks	4.71	12
13	Livingston B	Morna Horn	4.62	13
14	Kirkintilloch B	Alicia Paton	4.43	14

Morning Results Match 3

	Club	Athlete	Performance	Points
Under 20 Women				
60m			Under 20 Women	
1	VP Glasgow A	Mhairi Patience	8.44	1
2	Motherwell A	Chloe Thomson	8.50	2
3	Giffnock North A	Niamh Grahame	8.56	3
4	East Lothian	Gemma Bolton	8.72	4
5	Ayr Seaforth A	Alison Leckie	8.85	5
6	Whitemoss B	Lauren McSkimming	9.16	6
7	Clydesdale A	Erin Ball	9.52	7
800m			Under 20 Women	
1	Whitemoss A	Emma Canning	2:26.00	1
2	VP Glasgow A	Anya Morrison	2:37.03	2
3	Ayr Seaforth A	Rachel King	2:48.77	3
4	Motherwell A	Emma King	2:48.78	4
5	Livingston A	Eileen Hulse	2:52.31	5
6	Clydesdale A	Claire Reid	3:13.68	6
60m Hurdles			Under 20 Women	
1	VP Glasgow A	Caroline MacKinnon	10.59	1
2	Giffnock North A	Roslyn Heath	12.88	2
3	Clydesdale A	Erin Ball	12.95	3
200m			Under 20 Women	
1	East Lothian	Elizabeth Musgrove	25.67	1
2	Ayr Seaforth A	Caroline George	27.27	2
3	Giffnock North A	Jennifer Boyd	28.08	3
4	Clydesdale A	Claire Reid	29.25	4
5	Livingston A	Eileen Hulse	29.70	5
6	Motherwell A	Katie Lawson	30.01	6
400m			Under 20 Women	
1	East Lothian	Elizabeth Musgrove	58.4	1
2	Giffnock North A	Niamh Grahame	59.8	2
3	VP Glasgow A	Sophie Coghill	62.6	3
4	Ayr Seaforth A	Caroline George	62.9	4
5	Livingston A	Eileen Hulse	71.6	5
6	Motherwell A	Natalie King	75.2	6
7	Clydesdale A	Eilidh Sinclair	79.5	7

Morning Results Match 3

	Club	Athlete	Performance	Points
High Jump			Under 20 Women	
1	Whitemoss A	Emma Canning	1.55	1
2	Whitemoss B	Lauren McSkimming	1.45	2
3	Clydesdale A	Louise Steele Milne	1.30	3
3	Ayr Seaforth A	Carolyn Harvey	1.30	3
Long jump			Under 20 Women	
1	Whitemoss B	Lauren McSkimming	4.56	1
2	Ayr Seaforth A	Carolyn Harvey	4.43	2
3	Clydesdale A	Claire Reid	4.25	3
4	VP Glasgow A	Caroline MacKinnon	4.24	4
5	East Lothian	Gemma Bolton	3.97	5
6	Livingston A	Eileen Hulse	3.86	6
7	Kirkintilloch A	Ellis McCluskey	3.57	7
8	Giffnock North A	Roslyn Heath	3.41	8
9	Motherwell A	Emma King	2.85	9
Shot Putt			Under 20 Women	
1	VP Glasgow A	Katie Ord	9.56	1
2	Whitemoss A	Emma Canning	8.03	2
3	Ayr Seaforth A	Carolyn Harvey	7.61	3
4	Whitemoss B	Lauren McSkimming	7.46	4
5	East Lothian	Elizabeth Musgrove	6.98	5
6	Livingston A	Eileen Hulse	6.68	6
7	Clydesdale A	Louise Steele Milne	6.17	7
8	Motherwell A	Natalie King	4.82	8

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Under 11 Boys

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m'A'	60m'B'	600m'A'	600m'B'	TRACK	S/Long'A'	S/Long'B'	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
06	Giffnock North A	1	1	3	1	6	1	3	4	10	1	15	30	45.0		1
18	VP Glasgow A	6	5	1	2	14	2	8	10	24	2	14	27	41.0		2
01	Ayr Seaforth A	5	3	5	8	21	3	7	10	31	3	13	27	40.0		3
07	Giffnock North B	7	4	7	6	24	8	4	12	36	4	12	24	36.0		4
20	Whitemoss A	2	8	4	12	26	10	10	20	46	6	10	21	31.0		5
09	Cumbernauld A	4	13	11	5	33	13	5	18	51	8	8	16	24.0		6
19	VP Glasgow B	10	6	8	4	28	7	11	18	46	5	11	11	22.0		7
11	Helensburgh A	14	15	10	15	54	9	2	11	65	14	2	20	22.0		7
02	Ayr Seaforth B	9	11	6	7	33	5	9	14	47	7	9	7	16.0		9
22	Motherwell A	8	7	2	3	20	17	17	34	54	9	7	9	16.0		9
03	Clydesdale A	13	16	12	9	50	6	6	12	62	11	5	10	15.0		11
73	Kirkintilloch A	3	10	9	10	32	14	13	27	59	10	6	8	14.0		12
17	Shettleston B	17	14	17	11	59	17	17	34	93	16	1	11	12.0		13
21	Whitemoss B	12	12	17	17	58	11	12	23	81	15	1	10	11.0		14

Under 13 Boys

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m	800m	60m Hur	200m	TRACK	High	Long	Shot	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
06	Giffnock North A	7	2	2	1.5	12.5	1	1	2	4	16.5	1	15	29	44.0		1
18	VP Glasgow	5	8	1	6.5	20.5	5.5	5	26	36.5	57	5	11	28	39.0		2
24	Livingston A	13	10	7	16	46	11.5	14	6	31.5	77.5	8	8	23	31.0		3
73	Kirkintilloch A	1	3	11	1.5	16.5	7.5	12	10	29.5	46	2=	13.5	17	30.5		4
15	East Lothian A	14	11	6	15	46	11.5	11	11	33.5	79.5	9	7	23	30.0		5
01	Ayr Seaforth A	3	1	26	3	33	2	3	8	13	46	2=	13.5	16	29.5		6
19	VP Glasgow B	10	14	3	5	32	3.5	15	19	37.5	69.5	7	9	20	29.0		7
03	Clydesdale A	12	6	4	17	39	7.5	8	3	18.5	57.5	6	10	17	27.0		8
07	Giffnock North B	8	5	5	4	22	5.5	7	12	24.5	46.5	4	12	14	26.0		9
20	Whitemoss A	16	9	10	18	53	26	10	7	43	96	12	4	20	24.0		10
09	Cumbernauld A	17	4	13	14	48	3.5	20	17	40.5	88.5	11	5	11	16.0		11
16	Shettleston A	9	7	8	8	32	26	26	1	53	85	10	6	6	12.0		12
04	Beith A	4	19	26	6.5	55.5	26	2	13	41	96.5	13	3	4	7.0		13
02	Ayr Seaforth B	6	26	14	10.5	56.5	26	9	15	50	106.5	14=	2	4	6.0		14
08	Clydesdale B	24.5	22	26	22	94.5	26	17	5	48	142.5	22	1	5	6.0		14

Under 15 Boys

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
01	Ayr Seaforth A	1	2	4	1	4	12	4	1	1	6	18	1	15	30	45.0		1
06	Giffnock North A	4	10	2	2	2	20	2	2	5	9	29	2	14	27	41.0		2
18	VP Glasgow	3	7	3	5	1	19	20	4	7	31	50	3	13	27	40.0		3
02	Ayr Seaforth B	10	9	9	6	5	39	8	8	3	19	58	4	12	22	34.0		4
24	Livingston A	2	3	20	9	3	37	5	5	20	30	67	7	9	20	29.0		5
73	Kirkintilloch A	13	12	6	11	10	52	20	12	10	42	94	8=	7.5	16	23.5		6
20	Whitemoss A	6	20	1	3	20	50	3	3	4	10	60	5	11	10	21.0		7
03	Clydesdale A	16	13	7	14	11	61	20	10	20	50	111	13	3	18	21.0		7
07	Giffnock North B	20	20	5	20	20	85	6	20	20	46	131	16	1	20	21.0		7
11	Helensburgh A	8	6	20	8	20	62	20	11	2	33	95	10	6	14	20.0		10
19	VP Glasgow B	11	4	20	7	6	48	1	7	8	16	64	6	10	6	16.0		11
09	Cumbernauld A	9	1	20	13	20	63	9	13	9	31	94	8=	7.5	3	10.5		12
21	Whitemoss B	7	11	20	20	8	66	7	14	20	41	107	12	4	6	10.0		13
22	Motherwell A	20	5	20	10	7	62	20	20	20	60	122	14	2	7	9.0		14

Under 17 Men

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
06	Giffnock North A	2	1	7	2	2.5	14.5	1	6	8	15	29.5	1	15	30	45.0		1
18	VP Glasgow A	6	10	2	8.5	6	32.5	5.5	5	10	20.5	53	4	12	27	39.0		2
09	Cumbernauld A	4	2	4	5	2.5	17.5	4	8	4	16	33.5	2	14	24	38.0	Tie Resolved on total points over 3 matches: Cumbernauld 120.5, VPG B 137.5	3=
19	VP Glasgow B	9	11	3	7	1	31	5.5	3	5	13.5	44.5	3	13	25	38.0		3=
16	Shettleston A	11	6	5	15	22	59	7	4	1	12	71	6	10	22	32.0		5
03	Clydesdale A	10	4	8	3.5	8	33.5	8	9	11	28	61.5	5	11	19	30.0		6
07	Giffnock North B	8	22	22	11.5	4	67.5	22	7	15	44	111.5	13	3	21	24.0		7
20	Whitemoss A	5	5	22	6	9	47	2	2	22	26	73	7	9	14	23.0		8
73	Kirkintilloch A	17.5	13	6	10	22	68.5	11	1	12	24	92.5	9	7	12	19.0		9
24	Livingston A	13	9	9	11.5	5	47.5	9	12	7	28	75.5	8	8	10	18.0		10
01	Ayr Seaforth A	3	7	22	3.5	22	57.5	22	22	9	53	110.5	12	4	14	18.0		10
21	Whitemoss B	12	14	22	17	7	72	3	13	16	32	104	11	5	5	10.0		12
22	Motherwell A	16	3	22	22	22	85	22	10	3	35	120	14	2	7	9.0		13
17	Shettleston B	1	22	1	1	22	47	22	22	2	46	93	10	6	2	8.0		14
08	Clydesdale B	17.5	15	22	20	11	85.5	22	16	13	51	136.5	16	1	5	6.0		15

Under 20 Men

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
18	VP Glasgow A	14	14	14	5	7	54	1	3	5	9	63	4	12	30	42.0		1
06	Giffnock North A	14	14	2	2.5	1	33.5	3	6.5	3	12.5	46	1	15	25.5	40.5		2
24	Livingston A	14	1	14	9	14	52	14	5	2	21	73	5	11	28	39.0		3
01	Ayr Seaforth A	14	2	14	14	3	47	14	14	1	29	76	6	10	21	31.0		4
03	Clydesdale A	4	5	1	7	14	31	14	4	6	24	55	2	14	16.5	30.5		5
22	Motherwell A	1	14	14	1	2	32	14	6.5	4	24.5	56.5	3	13	13	26.0		6
23	Motherwell B	14	14	14	8	6	56	14	1	14	29	85	9	7	18.5	25.5		7
16	Shettleston A	14	6	14	2.5	14	50.5	2	14	14	30	80.5	8	8	17	25.0		8
15	East Lothian A	2	14	14	6	14	50	14	2	14	30	80	7	9	12.5	21.5		9
19	VP Glasgow B	3	14	14	4	14	49	14	14	14	42	91	10	6	13	19.0		10
20	Whitemoss A	14	4	14	14	4	50	14	14	14	42	92	11=	4.5	14	18.5		11
17	Shettleston B	14	14	14	14	14	70	14	14	14	42	112			15	15.0		12
21	Whitemoss B	14	3	14	14	5	50	14	14	14	42	92	11=	4.5	10	14.5		13
81	Livingston B	14	7	14	14	14	63	14	8	14	36	99	13	3	4	7.0		14
09	Cumbernauld A	14	14	14	14	14	70	14	14	14	42	112			2	2.0		15
08	Livingston B	14	14	14	14	14	70	14	14	14	42	112			1	1.0		16
73	Kirkintilloch A	14	14	14	14	14	70	14	14	14	42	112			1	1.0		16

Under 11 Girls

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m'A'	60m'B'	600m'A'	600m'B'	TRACK	S/Long'A'	S/Long'B'	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
06	Giffnock North A	2	2	4	2	10	3	1	4	14	1	15	29	44.0		1
15	East Lothian A	1	7	2	4	14	1	3	4	18	2	14	25	39.0		2
18	VP Glasgow	16	8	3	1	28	11	10	21	49	6	10	27	37.0		3
07	Giffnock North B	8	1	5	11	25	8	4	12	37	4	12	24.5	36.5		4
09	Cumbernauld A	4	4	1	6	15	2	2	4	19	3	13	23	36.0		5
73	Kirkintilloch A	5	16	15	13	49	4	6	10	59	7	9	14	23.0		6
19	VP Glasgow B	7	9	6	7	29	5	5	10	39	5	11	10	21.0		7
11	Helensburgh A	10	13	19	14	56	7	7	14	70	12=	3.5	16.5	20.0		8
01	Ayr Seaforth A	13	12	12	10	47	12	11	23	70	12=	3.5	16.5	20.0		8
04	Beith A	3	6	10	19	38	6	19	25	63	9	7	11	18.0		10
03	Clydesdale A	9	10	9	12	40	10	19	29	69	11	5	12.5	17.5		11
20	Whitemoss A	15	11	14	9	49	19	12	31	80	14	2	13	15.0		12
24	Livingston A	12	19	11	3	45	9	8	17	62	8	8	5	13.0		13
10	Cumbernauld B	17	15	16	15	63	13	9	22	85	15	1	7	8.0		14
16	Shettleston A	11	3	8	8	30	19	19	38	68	10	6	0	6.0		15

Under 13 Girls

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m	800m	60m Hur	200m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
06	Giffnock North A	6	5	4	6.5	21.5	12	2	3	17	38.5	3	13	30	43.0		1
07	Giffnock North B	4	2	1	10	17	1	3	10	14	31	1	15	26	41.0		2
01	Ayr Seaforth A	1	11	5.5	3	20.5	11	1	5	17	37.5	2	14	24	38.0		3
73	Kirkintilloch A	9	8	8	2	27	2	9	4	15	42	5	11	26	37.0		4
77	Kirkintilloch B	3	14	3	15	35	13	10	15	38	73	8	8	21.5	29.5		5
20	Whitemoss A	5	4	13	13	35	5	4	7	16	51	6	10	18	28.0		6
24	Livingston A	12.5	6	2	6.5	27	8	14	6	28	55	7	9	14.5	23.5		7
18	VP Glasgow	7	3	17	1	28	4	6	2	12	40	4	12	10.5	22.5		8
81	Livingston B	24	23	7	4	58	3	8	14	25	83	11	5	17	22.0		9
02	Ayr Seaforth B	10	10	5.5	16	41.5	9	12	11	32	73.5	9	7	10.5	17.5		10
15	East Lothian A	11	1	24	5	41	7	21	8	36	77	10	6	9	15.0		11
21	Whitemoss B	19	12	9	14	54	24	13	9	46	100	13	3	8.5	11.5		12
03	Clydesdale A	8	17	10	11	46	24	7	24	55	101	14	2	9.5	11.5		12
09	Cumbernauld A	2	20	14	12	48	14.5	22	13	49.5	97.5	12	4	7	11.0		14
16	Shettleston A	12.5	13	11	24	60.5	24	24	24	72	132.5	20=	1	5	6.0		15
11	Helensburgh A	14	21	24	17	76	24	19	1	44	120	19	1	4	5.0		16
10	Cumbernauld B	20	22	15	19	76	6	20	16	42	118	17=	1	3	4.0		17
22	Motherwell A	24	7	24	9	64	10	5	24	39	103	15	1	2	3.0		18

Under 15 Girls

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
06	Giffnock North A	1	2	4	1	2	10	5.5	3	7	15.5	25.5	1	15	30	45.0		1
01	Ayr Seaforth A	5	5	3	6	6	25	1	4	1	6	31	3	13	28	41.0		2
07	Giffnock North B	2	3	6	4	3	18	9.5	8	6	23.5	41.5	5	11	25	36.0		3
20	Whitemoss A	9	1	1	2.5	7	20.5	2	1	3	6	26.5	2	14	20	34.0		4
18	VP Glasgow	3	6	2	7.5	1	19.5	5.5	2	10	17.5	37	4	12	22	34.0		4
02	Ayr Seaforth B	10.5	10	12	10	4	46.5	4	5	9	18	64.5	7	9	20	29.0		6
09	Cumbernauld A	6	9	5	11	5	36	3	9	13	25	61	6	10	18	28.0		7
24	Livingston A	19	4	7	2.5	14	46.5	11	7	8	26	72.5	8	8	19	27.0		8
10	Cumbernauld B	8	17	10	5	10	50	8	12	19	39	89	10	6	13.5	19.5		9
19	VP Glasgow B	10.5	15	11	9	8	53.5	13	6	11	30	83.5	9	7	12	19.0		10
16	Shettleston A	7	13	13	7.5	23	63.5	23	23	2	48	111.5	14	2	11	13.0		11
81	Livingston B	4	12	23	12	12	63	16.5	14	4	34.5	97.5	12	4	7	11.0		12
21	Whitemoss B	12	14	8	16	9	59	9.5	10	14	33.5	92.5	11	5	4	9.0		13
03	Clydesdale A	15	23	14	22	23	97	16.5	13	12	41.5	138.5	16	1	7.5	8.5		14
73	Kirkintilloch A	16	8	23	14		61	15	11	15	41	102	13	3	2	5.0		15
15	East Lothian A	13	18	23	21	23	98	7	23	23	53	151	21	1	3	4.0		16
17	Shettleston B	14	16	9	15	23	77	23	23	5	51	128	15	1	2	3.0		17
11	Helensburgh A	20	11	23	18.5	13	85.5	23	15	16	54	139.5	17	1	2	3.0		17
22	Motherwell A	17.5	7	23	20	11	78.5	23	16	23	62	140.5	18	1	2	3.0		17
08	Clydesdale B	17.5	19	23	17	16	92.5	13	18	23	54	146.5	19	1	2	3.0		17

Under 17 Women

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
06	Giffnock North A	1	1	1	1	4	8	1	15	10	26	34	2	14	30	44.0		1
20	Whitemoss A	6.5	4	2	3	7	22.5	2	2	2	6	28.5	1	15	26	41.0		2
18	VP Glasgow A	3	5	5	10.5	1	24.5	3	8	7	18	42.5	3	13	27	40.0		3
24	Livingston A	2	14	13	9	11	49	7.5	3	4	14.5	63.5	4	12	25	37.0		4
73	Kirkintilloch A	8	10	4	14	12	48	9	22	5	36	84	7	9	19	28.0		5
19	VP Glasgow B	10	11	3	12	10	46	22	16	8	46	92	9	7	17	24.0		6
03	Clydesdale A	18	9	8	22	5	62	10	13	9	32	94	10	6	16	22.0		7
09	Cumbernauld A	11	22	7	22	16	78	22	14	1	37	115	16	1	19	20.0		8
01	Ayr Seaforth A	4	7	11	2	3	27	22	11	12	45	72	5	11	6	17.0		9
81	Livingston B	17	22	6	6.5	22	73.5	11	7	14	32	105.5	14	2	15	17.0		9
77	Kirkintilloch B	15	13	12	22	15	77	7.5	6	13	26.5	103.5	13	3	11	14.0		11
02	Ayr Seaforth B	9	22	22	4.5	8	65.5	22	12	11	45	110.5	15	1	12	13.0		12
21	Whitemoss B	16	3	10	22	6	57	6	4	6	16	73	6	10	2	12.0		13
11	Helensburgh A	5	6	22	6.5	14	53.5	22	1	22	45	98.5	11	5	7	12.0		13
07	Giffnock North B	12	2	9	22	22	67	5	9	22	36	103	12	4	8	12.0		13
22	Motherwell A	22	8	22	4.5	2	58.5	4	5	22	31	89.5	8	8	2	10.0		16
15	East Lothian A	14	12	22	10.5	22	80.5	22	10	3	35	115.5	17	1	2	3.0		17
16	Shettleston A	6.5	17	22	8	13	66.5	22	22	22	66	132.5	18	1	2	3.0		17
23	Motherwell B	13	18	22	13	9	75	22	22	22	66	141	19	1	2	3.0		17
12	Helensburgh B	22	15	22	22	22	103	22	17	22	61	164	20	1	2	3.0		17
08	Clydesdale B	22	16	22	22	22	104	22	22	22	66	170	21	1	2	3.0		17
10	Cumbernauld B	22	22	22	22	22	110	22	22	22	66	176			1	1.0		22

er 20 Women

COMMONWEALTH ARENA 23/2/2014 MATCH 3 MORNING

club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL	Position Today	Points today	Previous Points	Total Points		Overall Position
VP Glasgow	1	2	1	11	3	18	11	4	1	16	34	2	14	30	44.0		1
Ayr Seaforth A	5	3	11	2	4	25	3.5	2	3	8.5	33.5	1	15	26.5	41.5		2
Clydesdale A	7	6	3	4	7	27	3.5	3	7	13.5	40.5	3	13	25.5	38.5		3
East Lothian A	4	11	11	1	1	28	11	5	5	21	49	4	12	19.5	31.5		4
Motherwell A	2	4	11	6	6	29	11	9	8	28	57	6=	9.5	22	31.5		4
Giffnock North A	3	11	2	3	2	21	11	8	11	30	51	5	11	20	31.0		6
Livingston A	11	5	11	5	5	37	11	6	6	23	60	9	7	21	28.0		7
Whitemoss B	6	11	11	11	11	50	2	1	4	7	57	6=	9.5	16	25.5		8
Kirkintilloch A	11	11	11	11	11	55	11	7	11	29	84	10	6	17.5	23.5		9
Whitemoss A	11	1	11	11	11	45	1	11	2	14	59	8	8	12	20.0		10

Records and Graded Performances

English Athletics grades 2013-14

Note: Grades not shown for 800m performances

Age Group	Event	Club	AthleteName	Performance	G1	G2
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AAA Grade 1

Under 13 Boys	Long Jump	Giffnock North A	Reuben Nairne	4.72	4.70	4.60
Under 15 Boys	200m	Ayr Seaforth A	Fraser Angus	23.84	24.00	24.40
Under 15 Boys	High Jump	VP Glasgow A	James Stewart	1.70	1.70	1.66
Under 17 Women	High Jump	Giffnock North A	Catherine Palmer	1.66	1.65	1.61

AAA Grade 2

Under 13 Boys	High Jump	Giffnock North A	Reuben Nairne	1.43	1.45	1.40
Under 13 Boys	High Jump	Ayr Seaforth A	Chris Blockley	1.40	1.45	1.40
Under 13 Girls	High Jump	Giffnock North B	Emma Barbour	1.35	1.40	1.35
Under 15 Boys	High Jump	Giffnock North A	Eathan Dear	1.67	1.70	1.66
Under 15 Girls	200m	Giffnock North A	Sophie Haldane	26.36	26.30	26.70
Under 15 Girls	60m	Giffnock North A	Amy Donaghy	8.25	8.15	8.25
Under 15 Girls	High Jump	Ayr Seaforth A	Katie Mcalpine	1.52	1.55	1.50
Under 17 Men	60m	Shettleston B	Adedoyan Awokoya-Mebude	7.28	7.15	7.30
Under 17 Men	Shot Putt	Shettleston A	Andrew McLoone	12.67	13.35	12.65

Age Group	Event	Club	AthleteName	Performance	G1	G2
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New SAIL League Records

Age Group	Event	Club	AthleteName	Performance
Under 15 Boys	200m	Ayr Seaforth A	Fraser Angus	23.84

Top Performers

First place = 1 point - ordered by ascending points per event (min 3 events)

3 events, 3 points = 3 wins. 3 events, 4 points = 2 wins and 1 2nd place, etc...

Under 13 Boys

Events	Points	Athlete	Club
3	3	Reuben Nairne	Giffnock North A
3	9	Euan Duff	Ayr Seaforth A

Under 13 Girls

Events	Points	Athlete	Club
3	8	Rebecca Love	Kirkintilloch A

Under 15 Boys

Events	Points	Athlete	Club
3	3	Fraser Angus	Ayr Seaforth A
3	7	Scott Connal	Whitemoss A
3	9	Callum Meldrum	Ayr Seaforth A

Under 15 Girls

Events	Points	Athlete	Club
3	5	Holly McArthur	Whitemoss A

Under 20 Women

Events	Points	Athlete	Club
3	4	Emma Canning	Whitemoss A
3	7	Elizabeth Musgrove	East Lothian
3	8	Carolyn Harvey	Ayr Seaforth A