

Ayrshire Athletics Arena - Kilmarnock

AYRSHIRE HARRIER CLUBS ASSOCIATION OPEN TRACK & FIELD MEETING

Sunday 13 April 2014 at 11.00am

Medals will be awarded to the first three up to u17.

Maximum of three events for young athletes up to and including u/17

This Meeting will count as part of the selection process for the Ayrshire Harriers Young Athletes Track & Field Team U13/U15/U17 age groups

Times Approx	Event	U11 B	U11 G	U13 B	U13 G	U15 B	U15 G	U17 M	U17 W	SM	SW
11:00	3000m							Y	Y	Y	Y
11:00	Long Jump	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
11:30	Hurdles/sprint			Y	Y	Y	Y	Y	Y	Y	Y
11:00	Shot	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
11:00	High Jump	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
12.15	***100/80m	80m	80m	100m	80m	100	100	100	100	100	100
14.15	1500m			Y	1200	Y	Y	Y	Y	Y	y
14.00	Javelin			Y	Y	Y	Y	Y	Y	Y	Y
14.45	200/150m	150	150	Y	150	Y	Y	Y	Y	Y	Y
15.00	Discus			Y	Y	Y	Y	Y	Y	Y	y
16:00	800m	600	600	Y	Y	Y	Y	Y	Y	Y	y
16:50	400/300m					300	300	400	300	400	400
16:30	Hammer					Y	Y	Y	Y	Y	Y

Events may be subject to cancellation if sufficient helpers are not forthcoming from Ayrshire Clubs two weeks prior to date of meeting

NB: Athletes will only be able to compete in ONE SPRINT event of 200m and Under.

*** 100m will start with Seniors in descending age order finishing with u/11's 80m

Officials/ helpers should sign in at registration from 10:00am

3000m and Hurdles entries must be notified to Bill Simpson by 7th April:- billsimpson91.bs@gmail.com 01292 270317

Hurdles event order:- SM/JM, / U17m, / SW/JW, / U15b, / U17w / U13b, / U15g, / U13g .

Notes

- Competition is for male and female athletes from Under 11 to Veterans and age groups are those in which athletes compete during Season 2014 Competitors must be at least 9 years old on the day of the meeting.
- Start times for all events are conditional on the level of entries received but will follow the programme order. The promoters reserve the right to change the start times to either an earlier or a later start time with all changes being announced on the day of the event. .
- U11 and U13 athletes may not compete in any event exceeding 1500M
- U11, U13 and U15 athletes may not compete in more than one race of 600M or over on the same day
- U11, U13, U15 and U17 athletes may not compete in more than 3 events on the same day
- Registration will open at 10.00am. Entries after 12.00 will close 30 minutes before each event.
- All competitors will receive 3 attempts at horizontal jumps & throwing events. Further attempts are at the Field Referee's discretion.
- Entry Fee is £3 for one or £5 for two or more events for U17and below. All others £3 per event

Scottish Athletics Membership Numbers will be required at Registration.