

LIVINGSTON OPEN MEETING

Wednesday 28th May 2014

Craigswood Sports Centre, Livingston

TIMETABLE

TRACK			FIELD	
6.50	100m Hurdles	(1 heat)	High Jump	(U11 – U13)
7.00	80m Hurdles	(1 heat)	Long Jump	(U17 – SEN)
			Shot Putt	(U11 – U13)
7.10	75m Hurdles	(1 heat)		
7.20	70m Hurdles	(1 heat)		
7.30	150m	(1 heat)		
7.35	800m	(8 heats)		
7.45			Long Jump	(U13 – U15)
8.00			Shot Putt	(U15 – SEN)
			High Jump	(U15 – SEN)
8.15	200m	(17 heats)	Long Jump	(U11)

- Declarations will open at 6.00 PM in the athletics pavilion and will close 30 minutes before the published start time of each event.
- Track events will be seeded based on performance, with the heats ordered fastest to slowest.
- This is a **scottishathletics** permit event run under UK Athletics rules.