Athletes Information
Masters Track \& Field Championships
incorporating the Relay Championships
$15^{\text {th }}$ June 2014
Pitreavie Athletics Centre

## Getting There \& Parking

The Masters Track \& Field Championships will take place at Pitreavie Athletics Centre, Queensferry Road, Dunfermline. The postcode is KY11 8PP for those of you who use satnav.

Parking is available at the centre on a first come first served basis. Additional parking is available in the nearby Industrial Estate opposite the main entrance to the sports grounds.

## Declarations

Competition Numbers: Only competitors wearing the vest numbers will be permitted to enter the main arena. Numbers must not be folded, mutilated or concealed in any way.

## Callroom

Will be situated in the indoor warm up area at the opposite end from Declarations. Track athletes including Relay Teams should be advised that they should report to Callroom no later than $\mathbf{2 0}$ minutes before their scheduled event. All athletes should be reminded that coaches and/or parents are not permitted in Callroom.

Leg numbers: will be issued in Callroom.

## Timetable

Timetables are available online and are sent out along with the athlete's information. They will also posted at the event. If not enough athletes declare for heats then the event will take place as a final which will go at the timetabled heat time of that event. If semi-finals are not required finals will be contested at Semifinal time.

## Track Events

Athletes are reminded of the False Start Rule 111

## ATHLETES MUST OBEY ALL STADIUM RULES

## Equipment

Own Equipment Check in: Must be 75 minutes before start of your event Use of own blocks: Athletes are NOT allowed to use their own blocks.
Length of Spikes: 9 mm for track and 12 mm for High jump and Javelin

## Spectators

Spectators all are welcome. There will be a small admission charge of $£ 3$ per person.

## Catering

There will be a café open within Pitreavie AC Clubhouse adjacent to the track to purchase drinks and snacks.

