



UK YOUTH DEVELOPMENT LEAGUE

UPPER AGE GROUP TIMETABLE FOR NON-PREMIER DIVISIONS

TRACK		FIELD	
11.30	400m & 300m Hurdles	11.15	Hammer Men (u20 6Kg & u17 5Kg)
12.05	100m (Including Non Scoring)	11.15	Long Jump Men
12.45	800m	11.30	Pole Vault Women
13.20	400m & 300m	11.30	Shot Women (4Kg)
13.50	3000m Men	12.15	Hammer Women (4Kg)
14.05	80m Hurdles under 17 Women	12.30	High Jump Men
14.20	100m Hurdles Women	13.00	Long Jump Women
14.30	3000m Women	13.15	Javelin Men (u20 800g & u17 700g)
14.45	100m Hurdles under 17 Men	14.30	Javelin Women (600g)
14.55	110m Hurdles Men	14.30	Shot Men (u20 6Kg & u17 5Kg)
15.05	200m	14.45	Pole Vault Men
15.35	1500m Men	14.45	High Jump Women
15.45	1500m Women	14.45	Triple Jump Men
16.00	1500m Steeple Chase Women	15.30	Discus Women (1Kg)
16.10	4 x 100m Relays	16.00	Triple Jump Women
16.30	2000m Steeple Chase Men	16.30	Discus Men (u20 1.75Kg & u17 1.5 Kg)
16.40	1500m Steeple Chase under 17 Men		
16.50	4 x 400m & 4 x 300m Relays		

4 trials per athlete except in vertical jumps

All field events are held as under 20 & under 17 combined