

SAL East District Cross Country Relays
Peebles High School, Peebles
12-October 2014
Young Athletes Female

	Stage 1		Stage 2		Stage 3	
1 Pitreavie AAC (A)	10:36	4	20:32	2	30:40	1
	Jenny Gillanders (GU13)	10:36	Emily Nicholson (GU15)	09:56	Leah Davie (FU17)	10:08
2 Lasswade AAC (A)	11:28	8	21:30	4	31:09	2
	Hannah Little (GU13)	11:28	Sarah Tait (GU15)	10:02	Lauren Dickson (GU15)	09:39
3 Central AC (A)	10:22	2	19:46	1	31:22	3
	Ciorstaidh Ainsworth (GU13)	10:22	Kate Gallagher (GU15)	09:24	Eilidh Russell (FU17)	11:36
4 Edinburgh AC (A)	11:11	6	22:02	7	32:12	4
	Alice Goodall (GU13)	11:11	Catherine Bough (GU15)	10:51	Morven Ferguson (FU17)	10:10
5 Corstorphine AAC (A)	11:53	11	22:09	8	32:38	5
	Katy Coats (GU13)	11:53	Jessica MacLeod (GU15)	10:16	Caitlin Arnott (FU17)	10:29
6 Livingston & District AAC (A)	10:20	1	20:43	3	32:51	6
	Isla Calvert (GU13)	10:20	Sarah Calvert (GU15)	10:23	Hannah Mairs (GU15)	12:08
7 Edinburgh AC (C)	11:04	5	21:45	5	32:56	7
	Beth Morrow (GU13)	11:04	Pippa Carcas (GU13)	10:41	Bethan McGregor (FU17)	11:11
8 Falkirk Victoria H (A)	11:13	7	21:51	6	33:14	8
	Phoebe Angus (GU13)	11:13	Olivia Vareille (GU15)	10:38	Erin Pringle (FU17)	11:23
9 Pitreavie AAC (B)	12:26	14	23:00	10	33:18	9
	Katie Gostick (GU13)	12:26	Zoe Nicholson (GU15)	10:34	Iona Crawford (GU15)	10:18
10 Aberdeen AAC (A)	10:31	3	22:15	9	33:29	10
	Kirsty Oldham (GU13)	10:31	Talia Mathers (GU15)	11:44	Lise Theron (FU17)	11:14
11 Edinburgh AC (B)	11:30	9	23:34	12	34:38	11
	Lindsey Gilchrist (GU13)	11:30	Maddy Hogbin (GU13)	12:04	Anna Gilchrist (FU17)	11:04
12 Edinburgh AC (D)	11:41	10	23:19	11	35:35	12
	Scarlett Donald (GU13)	11:41	Lauren Anderson (GU13)	11:38	Charlotte Wright (FU17)	12:16
13 Livingston & District AAC (B)	12:21	13	24:08	14	36:17	13
	Rebecca Calder (GU13)	12:21	Rachel Gibb (GU13)	11:47	Nicole Kinghorn (GU15)	12:09
14 Teviotdale H (A)	12:36	15	24:58	17	36:23	14
	Carly Blaikie (GU13)	12:36	rachel shiel (GU15)	12:22	Ishbel Inglis (GU15)	11:25
15 Lasswade AAC (B)	13:02	19	24:35	15	37:00	15
	Ellie Baxter (GU13)	13:02	Eilidh Brown (GU15)	11:33	Imogen Wilson (FU17)	12:25
16 Aberdeen AAC (B)	12:13	12	25:35	18	38:30	16
	Elizabeth McCall (GU13)	12:13	Laurie Allardes (GU15)	13:22	Kirsteen MacKay (FU17)	12:55
17 Pitreavie AAC (C)	12:56	18	24:00	13	38:54	17
	Maya Hutcheon (GU13)	12:56	Ciara Bowman (GU15)	11:04	Emily Main (FU17)	14:54
18 Dundee Hawkhill H (B)	13:21	20	26:35	20	39:04	18
	Jodie Taylor (GU13)	13:21	Martha Gallacher (GU15)	13:14	Isabel Remers (FU17)	12:29
19 Dundee Hawkhill H (A)	12:41	16	26:31	19	39:13	19
	Carmen Thomson (GU13)	12:41	Kirsty Irving (GU13)	13:50	Sophie Kidd (GU15)	12:42
20 Lothian RC (A)	13:50	23	28:20	22	41:42	20
	Erin Steel (GU13)	13:50	Natalie Miller (GU13)	14:30	Cara McCafferty (FU17)	13:22
21 Dundee Hawkhill H (C)	14:28	25	29:05	23	42:46	21
	Amy Sturrock (GU13)	14:28	Steffie Kidd (GU13)	14:37	Amy Mollison (FU17)	13:41
Corstorphine AAC (B)	12:51	17	24:46	16		
	Ishbel Grieve (GU13)	12:51	Heidi Ross (GU15)	11:55		
Central AC (B)	14:25	24	26:54	21		
	Lucy More (GU13)	14:25	Rosie Eckersley (GU13)	12:29		
Teviotdale H (B)	15:25	26	32:11	24		
	Stella Clamp (GU13)	15:25	Holly Grieve (GU13)	16:46		
Corstorphine AAC (C)	13:35	21				
	Hannah McGlynn (GU13)	13:35				
Corstorphine AAC (D)	13:42	22				
	Rachel Dee (GU13)	13:42				

Fastest Times**U13**

Isla Calvert (GU13)	Livingston & District AAC (A)	10.20
Ciorstaidh Ainsworth (GU13)	Central AC (A)	10.22
Kirsty Oldham (GU13)	Aberdeen AAC (A)	10.31
Jenny Gillanders (GU13)	Pitreavie AAC (A)	10.36
Pippa Carcas (GU13)	Edinburgh AC (C)	10.41
Beth Morrow (GU13)	Edinburgh AC (C)	11.04
Alice Goodall (GU13)	Edinburgh AC (A)	11.11
Phoebe Angus (GU13)	Falkirk Victoria H (A)	11.13
Hannah Little (GU13)	Lasswade AAC (A)	11.28
Lindsey Gilchrist (GU13)	Edinburgh AC (B)	11.30

U15

Kate Gallagher (GU15)	Central AC (A)	9.24
Lauren Dickson (GU15)	Lasswade AAC (A)	9.39
Emily Nicholson (GU15)	Pitreavie AAC (A)	9.56
Sarah Tait (GU15)	Lasswade AAC (A)	10.02
Jessica MacLeod (GU15)	Corstorphine AAC (A)	10.16
Iona Crawford (GU15)	Pitreavie AAC (B)	10.18
Sarah Calvert (GU15)	Livingston & District AAC (A)	10.23
Zoe Nicholson (GU15)	Pitreavie AAC (B)	10.34
Olivia Vareille (GU15)	Falkirk Victoria H (A)	10.38
Catherine Bough (GU15)	Edinburgh AC (A)	10.51

U17

Leah Davie (FU17)	Pitreavie AAC (A)	10.08
Morven Ferguson (FU17)	Edinburgh AC (A)	10.10
Caitlin Arnott (FU17)	Corstorphine AAC (A)	10.29
Anna Gilchrist (FU17)	Edinburgh AC (B)	11.04
Bethan McGregor (FU17)	Edinburgh AC (C)	11.11
Lise Theron (FU17)	Aberdeen AAC (A)	11.14
Erin Pringle (FU17)	Falkirk Victoria H (A)	11.23
Eilidh Russell (FU17)	Central AC (A)	11.36
Charlotte Wright (FU17)	Edinburgh AC (D)	12.16
Imogen Wilson (FU17)	Lasswade AAC (B)	12.25

SAL East District Cross Country Relays
Peebles High School
12-October 2014
Young Athletes Male

	Stage 1		Stage 2		Stage 3	
1 Edinburgh AC (A)	09:33	3	18:21	2	26:23	1
	Tom Ireland (BU13)	09:33	Michael Swinton (BU15)	08:48	Alex Carcas (MU17)	08:02
2 Fife AC (A)	09:41	4	18:08	1	26:44	2
	Gavin McWhinnie (BU13)	09:41	Adam Scott (BU15)	08:27	Tristan Rees (MU17)	08:36
3 Corstorphine AAC (A)	09:07	1	18:28	3	27:15	3
	David Addison (BU13)	09:07	Steven Addison (BU15)	09:21	Anthony Addison (MU17)	08:47
4 Pitreavie AAC (A)	10:00	10	18:56	5	27:36	4
	Lewis Blair (BU13)	10:00	James Adam (BU15)	08:56	Tyler White (MU17)	08:40
5 Edinburgh AC (B)	10:07	12	18:54	4	27:39	5
	Luca librizzi (BU13)	10:07	Ross Allan (BU15)	08:47	Paul Ireland (MU17)	08:45
6 Fife AC (B)	09:52	7	19:07	7	27:56	6
	Iain McWhinnie (BU13)	09:52	George Rees (BU15)	09:15	Jamie Ingledew (MU17)	08:49
7 Lasswade AAC (A)	10:23	18	19:36	8	28:26	7
	Rory Ferguson (BU13)	10:23	Magnus Tait (BU15)	09:13	Cameron Steven (MU17)	08:50
8 Moorfoot R (A)	09:54	9	19:50	12	28:34	8
	Craig Angus (BU13)	09:54	Euan Hood (BU15)	09:56	Kobe Stevens (MU17)	08:44
9 Dundee Hawkhill H (A)	10:14	16	20:09	15	28:42	9
	Blair Scott (BU13)	10:14	David Begg (BU15)	09:55	James Donald (MU17)	08:33
10 Dundee Hawkhill H (B)	09:53	8	19:59	14	28:42	10
	Aidan Simpson (BU13)	09:53	Jamie Simpson (BU15)	10:06	Andrew Merry (MU17)	08:43
11 Falkirk Victoria H (A)	10:32	19	19:49	10	28:42	11
	Kane Elliott (BU13)	10:32	Lewis Pentecost (BU15)	09:17	Steven Gold (MU17)	08:53
12 Fife AC (D)	10:46	21	19:56	13	28:50	12
	Duncan Crawford (BU13)	10:46	Euan Boyle (BU15)	09:10	Gregor Malcolm (MU17)	08:54
13 Gala H (A)	10:42	20	20:32	17	28:57	13
	George Godfrey-Faussett (BU13)	10:42	Corri Campbell (BU15)	09:50	Gavin Bryson (MU17)	08:25
14 Lasswade AAC (C)	10:12	15	19:50	11	29:09	14
	Kurt Robertson (BU13)	10:12	Thomas Snodgrass (BU15)	09:38	Kyle A Mackenzie (MU17)	09:19
15 Corstorphine AAC (B)	09:31	2	18:58	6	29:22	15
	Thomas Ross (BU13)	09:31	Finlay Ross (BU15)	09:27	Callum Campbell (MU17)	10:24
16 Aberdeen AAC (B)	09:50	6	20:29	16	29:47	16
	Adam Brown (BU13)	09:50	Cameron Stone (BU15)	10:39	Aaron Odentz (MU17)	09:18
17 Pitreavie AAC (B)	10:03	11	19:45	9	29:59	17
	Lewis Dow (BU13)	10:03	William Cain (BU15)	09:42	Corey Smith (MU17)	10:14
18 Fife AC (C)	11:07	29	21:03	20	30:21	18
	Peter Scott (BU13)	11:07	Craig Morris (BU15)	09:56	Sam Fernando (MU17)	09:18
19 Lasswade AAC (B)	11:06	28	20:50	19	30:32	19
	Josh Howard (BU13)	11:06	Jamie Darling (BU15)	09:44	Matthew Smith (MU17)	09:42
20 Aberdeen AAC (D)	12:09	35	22:17	26	31:12	20
	Hamish Brown (BU13)	12:09	Craig Smith (BU15)	10:08	Matthew Keenan (MU17)	08:55
21 Aberdeen AAC (C)	11:15	30	22:01	24	31:16	21
	Ross Stone (BU13)	11:15	Liam Clark (BU15)	10:46	Andrew Burnett (MU17)	09:15
22 Pitreavie AAC (C)	10:17	17	21:37	22	31:41	22
	Euan Johnston (BU13)	10:17	Billy Doyle (BU13)	11:20	Andrew McNair (MU17)	10:04
23 Livingston & District AAC (A)	10:55	25	21:57	23	31:53	23
	Aidan Brady (BU13)	10:55	Nathan Campbell (BU15)	11:02	Alastair White (MU17)	09:56
24 Gala H (B)	12:14	36	23:15	30	32:10	24
	Jack McDonald (BU13)	12:14	Mark Purves (BU15)	11:01	Jason McIntosh (MU17)	08:55
25 Lasswade AAC (D)	12:06	34	22:28	27	34:04	25
	Callum Alexander (BU13)	12:06	Oliver Snodgrass (BU13)	10:22	Ben Keay (BU15)	11:36
26 Teviotdale H (A)	13:21	38	24:12	31	35:24	26
	Johnlee Elder (BU13)	13:21	Jamie Waugh (BU15)	10:51	Joseph Tottman (BU15)	11:12
Edinburgh AC (C)	10:10	13	20:41	18		
	Iain Hare (BU13)	10:10	Fraser Blackie (BU15)	10:31		
Falkirk Victoria H (B)	11:01	27	21:18	21		
	Leo Weldon (BU13)	11:01	Harris Pentecost (BU15)	10:17		
Central AC (A)	10:59	26	22:07	25		
	Finlay Penderis (BU13)	10:59	Daniel Bruce (BU13)	11:08		
Livingston & District AAC (B)	11:57	33	22:58	28		
	Matthew Boules (BU13)	11:57	Fraser Morris (BU13)	11:01		
Dundee Hawkhill H (C)	10:55	23	23:10	29		
	Ryan George Donald (BU13)	10:55	Callum Letham (BU15)	12:15		
Edinburgh AC (D)	09:42	5				
	Hugh Morrow (BU13)	09:42				
Edinburgh AC (F)	10:12	14				
	Fabian Despinoy (BU13)	10:12				
Corstorphine AAC (D)	10:51	22				

	Charlie Cameron (BU13)	10:51
Edinburgh AC (E)	10:55	24
	Sol Mclellan (BU13)	10:55
Corstorphine AAC (C)	11:19	31
	Fergus Campbell (BU13)	11:19
Central AC (B)	11:41	32
	Cameron Fraser (BU13)	11:41
Gala H (C)	12:36	37
	Innes Campbell (BU13)	12:36

Fastest Times**U13**

David Addison (BU13)	Corstorphine AAC (A)	9.07
Thomas Ross (BU13)	Corstorphine AAC (B)	9.31
Tom Ireland (BU13)	Edinburgh AC (A)	9.33
Gavin McWhinnie (BU13)	Fife AC (A)	9.41
Hugh Morrow (BU13)	Edinburgh AC (D)	9.42
Adam Brown (BU13)	Aberdeen AAC (B)	9.50
Iain McWhinnie (BU13)	Fife AC (B)	9.52
Aidan Simpson (BU13)	Dundee Hawkhill H (B)	9.53
Craig Angus (BU13)	Moorfoot R (A)	9.54
Lewis Blair (BU13)	Pitreavie AAC (A)	10.00
Lewis Dow (BU13)	Pitreavie AAC (B)	10.03

U15

Adam Scott (BU15)	Fife AC (A)	8.27
Ross Allan (BU15)	Edinburgh AC (B)	8.47
Michael Swinton (BU15)	Edinburgh AC (A)	8.48
James Adam (BU15)	Pitreavie AAC (A)	8.56
Euan Boyle (BU15)	Fife AC (D)	9.10
Magnus Tait (BU15)	Lasswade AAC (A)	9.13
George Rees (BU15)	Fife AC (B)	9.15
Lewis Pentecost (BU15)	Falkirk Victoria H (A)	9.17
Steven Addison (BU15)	Corstorphine AAC (A)	9.21
Finlay Ross (BU15)	Corstorphine AAC (B)	9.27

U17

Alex Carcas (MU17)	Edinburgh AC (A)	8.02
Gavin Bryson (MU17)	Gala H (A)	8.25
James Donald (MU17)	Dundee Hawkhill H (A)	8.33
Tristan Rees (MU17)	Fife AC (A)	8.36
Tyler White (MU17)	Pitreavie AAC (A)	8.40
Andrew Merry (MU17)	Dundee Hawkhill H (B)	8.43
Kobe Stevens (MU17)	Moorfoot R (A)	8.44
Paul Ireland (MU17)	Edinburgh AC (B)	8.45
Anthony Addison (MU17)	Corstorphine AAC (A)	8.47
Jamie Ingledew (MU17)	Fife AC (B)	8.49
Cameron Steven (MU17)	Lasswade AAC (A)	8.50
Steven Gold (MU17)	Falkirk Victoria H (A)	8.53
Gregor Malcolm (MU17)	Fife AC (D)	8.54
Jason McIntosh (MU17)	Gala H (B)	8.55
Matthew Keenan (MU17)	Aberdeen AAC (D)	8.55

SAL East District Cross Country Relays
Peebles High School, Peebles
12-October 2014
Senior/Junior Women

	Stage 1		Stage 2		Stage 3	
1 Central AC (A)	15:08	3	30:56	1	45:31	1
	Kathryn Gillespie (FU20)	15:08	Jennifer Emsley	15:48	Morag MacLarty	14:35
2 Fife AC (A)	15:44	6	31:07	2	45:56	2
	Annabel Simpson (FU20)	15:44	Helen Sharpe	15:23	Megan Crawford	14:49
3 Edinburgh AC (A)	15:24	4	31:36	4	46:20	3
	Laura Dunn	15:24	Amanda Woodrow	16:12	Madeleine Murray	14:44
4 Gala H (A)	14:58	1	31:35	3	47:51	4
	Dianne Lauder	14:58	Fiona Dalglish (F40)	16:37	Kirstin Maxwell	16:16
5 Fife AC (B)	16:14	9	32:12	5	48:03	5
	Katie Jones	16:14	Sophie Mullins	15:58	Jenny Tan	15:51
6 Edinburgh University H&H (A)	16:07	7	32:30	6	48:32	6
	Stephanie Pennycook (FU20)	16:07	Louise Mercer (FU20)	16:23	Georgia Tindley	16:02
7 Hunters Bog T (A)	16:16	11	32:38	7	48:50	7
	Rachel Smirhwaite	16:16	Megan Wright (F40)	16:22	Eilis McKechnie	16:12
8 Lothian RC (A)	17:41	19	34:17	11	49:42	8
	Yvonne Crilly (F50)	17:41	Jo Williams	16:36	Edel Mooney	15:25
9 Edinburgh University H&H (B)	16:29	14	33:14	8	50:14	9
	Rachel Armitage	16:29	Stephanie Lawrie	16:45	Georgina Anstey	17:00
10 Aberdeen AAC (A)	16:47	15	34:33	12	50:17	10
	Carly McNeil	16:47	Emma Leask	17:46	Gemma Cormack	15:44
11 Central AC (B)	15:04	2	33:40	9	51:30	11
	Lyndsay Morrison	15:04	Amy Hendry (FU20)	18:36	Becky Hay	17:50
12 Edinburgh AC (B)	15:41	5	35:03	17	51:51	12
	Rachael Dunn (FU20)	15:41	Ashleigh Kennedy	19:22	Lauren Stoddart	16:48
13 Falkirk Victoria H (A)	17:15	16	34:53	15	52:59	13
	Megan Davidson	17:15	Tara Donnelly	17:38	Lorna Kennedy	18:06
14 Gala H (B) (V)	17:43	20	35:46	20	53:14	14
	Rachel Fagan (F40)	17:43	Anya Campbell (F40)	18:03	Kate Jenkins (F40)	17:28
15 Corstorphine AAC (A)	17:28	18	34:51	14	53:25	15
	Kirsty McRuary	17:28	Gillian Carr	17:23	Megan Smith	18:34
16 Carnegie H (C)	18:01	24	35:52	21	53:31	16
	Fabienne Thompson (F45)	18:01	Joanna Wilson	17:51	Kristin Lownie	17:39
17 Edinburgh AC (D) (V)	16:21	13	35:20	18	53:44	17
	Susan Ridley (F45)	16:21	Anne Peat (F45)	18:59	Karen Dobbie (F45)	18:24
18 Edinburgh AC (C)	18:40	27	36:47	22	54:08	18
	Sharyn Ramage (F50)	18:40	Emma Laverie	18:07	Sheenagh MacLulich	17:21
19 University of St Andrews CCC (A)	16:19	12	34:48	13	54:16	19
	Angela Richardson	16:19	Molly Pace (FU20)	18:29	Abigail Bender	19:28
20 Lasswade AAC (A)	16:08	8	35:30	19	54:23	20
	Keira Murray	16:08	Debra Murray	19:22	Catherine Dickson (F40)	18:53
21 Edinburgh University H&H (C)	17:47	21	33:51	10	55:24	21
	Iona Evans (FU20)	17:47	Maddy Austin (FU20)	16:04	Georgina Li	21:33
22 Heriot Watt University AC (A)	20:22	32	37:59	24	55:39	22
	Lauren Lambie (FU20)	20:22	Kamilla Pinter (FU20)	17:37	Lauren Eyre	17:40
23 Dundee RR (A)	17:58	22	39:26	29	56:45	23
	Rosie Doull	17:58	Lynne Gibson (F40)	21:28	Gillian Sangster (F40)	17:19
24 Hunters Bog T (B)	17:58	23	38:44	27	57:22	24
	Another	17:58	Katherine Golding	20:46	Amy Jennings	18:38
25 Gala H (C) (V)	18:14	26	38:07	25	57:48	25
	Fiona Shepherd (F45)	18:14	Dawn Grant (F40)	19:53	Andrea Pogson (F55)	19:41
26 Gala H (D)	18:12	25	38:34	26	59:23	26
	Nicola Porterfield	18:12	Arlene Botha	20:22	Eileen Maxwell (F50)	20:49
27 Ferranti AAC (A)	20:07	29	40:37	31	1:00:20	27
	Julia Drewer	20:07	Julia Loecherbach	20:30	Pascaline Ruck	19:43
28 Penicuik H (A)	19:55	28	43:37	34	1:00:28	28
	Rachael Campbell	19:55	Ezmie McCutcheon	23:42	Sarah McKechnie	16:51
29 Hunters Bog T (C)	20:12	30	40:03	30	1:01:27	29
	Anna Weston	20:12	Carrie Craig	19:51	Rachel Heathcote	21:24
30 Carnegie H (A)	21:18	35	45:00	37	1:03:52	30
	Kirsty Baird (F40)	21:18	Laura Dunkel	23:42	Melanie Sinclair (F40)	18:52
31 Teviotdale H (A)	21:02	34	42:44	33	1:05:59	31
	Pamela Paxton (F40)	21:02	Lauren Corbett	21:42	Donna Inglis (F45)	23:15
32 Pitreavie AAC (A)	22:23	37	44:38	36	1:10:04	32
	Amy McAlpine (FU20)	22:23	Sarah Ross	22:15	Kirsty Hutton	25:26
33 Carnegie H (B)	23:12	40	50:11	39	1:11:11	33
	Gillian McCracken (F45)	23:12	Samantha Mackay	26:59	Samantha Newington (F4)	21:00
Aberdeen AAC (B)	16:16	10	34:54	16		

	Emma Rice	16:16	Katie Watson (FU20)	18:38		
Fife AC (C)	17:22	17	37:04	23		
	Jennifer Kibble	17:22	Kerry Gibson (FU20)	19:42		
Corstorphine AAC (B)	20:30	33	39:09	28		
	Sarah Anderson	20:30	Susan Johnston (F45)	18:39		
Edinburgh University H&H (D)	20:14	31	41:59	32		
	Karolina Kivimaki	20:14	Amy Bristow (FU20)	21:45		
Ferranti AAC (B) (V)	23:07	39	44:18	35		
	Elizabeth Gilchrist (F70)	23:07	Claire Gilchrist (F45)	21:11		
Linlithgow AC (A)	22:38	38	47:23	38		
	Alison Marshall	22:38	Shirley Hyslop (F45)	24:45		
Hunters Bog T (D)	21:22	36				
	Zoe Kemp (F40)	21:22				

Fastest Times

Morag MacLarty	Central AC (A)	14.35
Madeleine Murray	Edinburgh AC (A)	14.44
Megan Crawford	Fife AC (A)	14.49
Dianne Lauder	Gala H (A)	14.58
Lyndsay Morrison	Central AC (B)	15.04
Kathryn Gillespie (FU20)	Central AC (A)	15.08
Helen Sharpe	Fife AC (A)	15.23
Laura Dunn	Edinburgh AC (A)	15.24
Edel Mooney	Lothian RC (A)	15.25
Rachael Dunn (FU20)	Edinburgh AC (B)	15.41
Gemma Cormack	Aberdeen AAC (A)	15.44
Annabel Simpson (FU20)	Fife AC (A)	15.44
Jennifer Emsley	Central AC (A)	15.48
Jenny Tan	Fife AC (B)	15.51
Sophie Mullins	Fife AC (B)	15.58
Georgia Tindley	Edinburgh University H&H (A)	16.02
Maddy Austin (FU20)	Edinburgh University H&H (C)	16.04
Stephanie Pennycook (FU20)	Edinburgh University H&H (A)	16.07
Keira Murray	Lasswade AAC (A)	16.08
Eilis McKechnie	Hunters Bog T (A)	16.12
Amanda Woodrow	Edinburgh AC (A)	16.12
Katie Jones	Fife AC (B)	16.14
Emma Rice	Aberdeen AAC (B)	16.16
Rachel Smirthwaite	Hunters Bog T (A)	16.16
Kirstin Maxwell	Gala H (A)	16.16
Angela Richardson	University of St Andrews CCC (A)	16.19
Susan Ridley (F45)	Edinburgh AC (D)	16.21
Megan Wright (F40)	Hunters Bog T (A)	16.22
Louise Mercer (FU20)	Edinburgh University H&H (A)	16.23
Rachel Armitage	Edinburgh University H&H (B)	16.29
Jo Williams	Lothian RC (A)	16.36
Fiona Dalgleish (F40)	Gala H (A)	16.37
Stephanie Lawrie	Edinburgh University H&H (B)	16.45
Carly McNeil	Aberdeen AAC (A)	16.47
Lauren Stoddart	Edinburgh AC (B)	16.48
Sarah McKechnie	Penicuik H (A)	16.51
Georgina Anstey	Edinburgh University H&H (B)	17.00
Megan Davidson	Falkirk Victoria H (A)	17.15
Gillian Sangster (F40)	Dundee RR (A)	17.19
Sheenagh MacLulich	Edinburgh AC (C)	17.21
Jennifer Kibble	Fife AC (C)	17.22
Gillian Carr	Corstorphine AAC (A)	17.23
Kirsty McRuary	Corstorphine AAC (A)	17.28
Kate Jenkins (F40)	Gala H (B)	17.28
Kamilla Pinter (FU20)	Heriot Watt University AC (A)	17.37
Tara Donnelly	Falkirk Victoria H (A)	17.38
Kristin Lownie	Carnegie H (C)	17.39
Lauren Eyre	Heriot Watt University AC (A)	17.40
Yvonne Crilly (F50)	Lothian RC (A)	17.41
Rachel Fagan (F40)	Gala H (B)	17.43
Emma Leask	Aberdeen AAC (A)	17.46
Iona Evans (FU20)	Edinburgh University H&H (C)	17.47
Becky Hay	Central AC (B)	17.50
Joanna Wilson	Carnegie H (C)	17.51
Another	Hunters Bog T (B)	17.58
Rosie Doull	Dundee RR (A)	17.58

SAL East District Cross Country Relays
Peebles High School, Peebles
12-October 2014
Senior/Junior Men

	Stage 1		Stage 2		Stage 3		Stage 4		
1 Central AC (A)	12:30	1	25:48	1	38:46	1	51:11	1	
	Scott McDonald	12:30	Scott Green	13:18	Alexander Hendry	12:58	Andrew Butchart	12:25	
2 Corstorphine AAC (A)	13:27	6	26:34	2	40:14	2	53:02	2	
	Scott Pilkington	13:27	Keith Hood (M 40)	13:07	Bryan Clark	13:40	Dermot Cummins	12:48	
3 Central AC (B)	13:45	10	27:11	4	40:26	3	53:37	3	
	Dale Colley (MU20)	13:45	Lewis Millar	13:26	Robert Russell	13:15	Ross Houston	13:11	
4 Edinburgh University H&H (A)	13:23	5	27:17	6	41:07	5	54:39	4	
	Ben Stevenson	13:23	Edward Dudgeon	13:54	Scott Stirling	13:50	James Dunn (MU20)	13:32	
5 Edinburgh AC (A)	13:56	12	27:09	3	40:46	4	55:11	5	
	Malcolm Fraser	13:56	Andrew Lawler (MU20)	13:13	Ruraidh Miller (MU20)	13:37	Jamie Doris	14:25	
6 Hunters Bog T (A)	13:41	8	27:13	5	42:00	6	57:01	6	
	Patryk Gierjatowicz	13:41	Hector Haines	13:32	William Townsend	14:47	Alistair Hart (M 40)	15:01	
7 Edinburgh University H&H (B)	14:02	13	28:40	11	42:42	9	57:08	7	
	Calum Murray	14:02	Matthew Rallison	14:38	Ewan Davidson (MU20)	14:02	Patrick Gillespie (MU20)	14:26	
8 Corstorphine AAC (B)	14:21	18	28:24	10	42:58	10	57:12	8	
	Alastair Brockie	14:21	Moray Anderson	14:03	Thomas Wilson	14:34	Donald MacCauley	14:14	
9 Lothian RC (A)	13:00	3	27:22	7	42:24	7	57:27	9	
	Max McNeill	13:00	Malcolm Lang	14:22	Daniel McLaughlin	15:02	Colin Partridge	15:03	
10 Corstorphine AAC (C)	12:55	2	27:38	8	42:38	8	57:50	10	
	Howell Craske	12:55	James Harrison	14:43	Steven O'Brien	15:00	Christopher O'Brien	15:12	
11 Gala H (A)	14:05	14	29:07	13	43:01	11	58:15	11	
	Graeme Murdoch	14:05	Wayne McIntosh	15:02	Darrell Hastie	13:54	Fergus Johnston	15:14	
12 University of St Andrews CCC (A)	13:44	9	28:22	9	43:32	12	58:40	12	
	Robert Leach (MU20)	13:44	Chris Russell	14:38	Sam Peach	15:10	Andrew Mitchell (MU20)	15:08	
13 Aberdeen AAC (A)	14:31	19	29:24	14	46:10	17	59:51	13	
	Steven Murray (MU20)	14:31	Euan Webster (MU20)	14:53	Athol Burnett (M 50)	16:46	James Joy	13:41	
14 Edinburgh AC (D)	15:29	25	30:40	21	45:04	13	1:00:47	14	
	David Sidebottom	15:29	Nicholas Wolverson	15:11	Richard Meade	14:24	Andrew Cumine	15:43	
15 Carnegie H (A)	15:17	23	30:24	18	46:05	16	1:01:12	15	
	Martin Butcher	15:17	Paul Kieran	15:07	Stuart Mackay	15:41	Christopher Abraham	15:07	
16 Fife AC (A)	13:55	11	30:20	17	46:17	18	1:01:27	16	
	Andrew Murphy	13:55	Ronan McKinstry (MU20)	16:25	Skylar Lobdell	15:57	Fergus Ingledew (MU20)	15:10	
17 Corstorphine AAC (D) (V)	15:30	26	30:30	20	46:27	19	1:01:47	17	
	Michael Anderson (M 45)	15:30	Richard Lewis (M 40)	15:00	Dean Carr (M 40)	15:57	Ian Johnston (M 50)	15:20	
18 Dundee Hawkhill H (A) (V)	14:15	16	30:55	22	46:40	20	1:02:43	18	
	Gordon Barrie (M 40)	14:15	Craig Ross (M 55)	16:40	Des Crowe (M 50)	15:45	Matthew Strachan (M 50)	16:03	
19 Teviotdale H (A)	14:19	17	29:49	16	46:51	21	1:03:25	19	
	Rory Anderson	14:19	Iain Williams (M 40)	15:30	Derek scott	17:02	Alan Inglis (M 45)	16:34	
20 Gala H (C) (V)	16:03	33	32:20	28	48:14	25	1:03:35	20	
	Colin McCall (M 40)	16:03	Steven Martin (M 40)	16:17	Mark Bryson (M 45)	15:54	David Moffat (M 40)	15:21	
21 Edinburgh AC (B) (V)	15:49	29	32:09	27	48:31	27	1:03:48	21	
	David Cross (M 50)	15:49	Malcolm Parry (M 40)	16:20	Andrew Latham (M 45)	16:22	Martin Ferguson (M 50)	15:17	
22 Central AC (C)	13:35	7	33:06	31	48:09	24	1:04:01	22	
	Jamie Crowe (MU20)	13:35	Kenneth Hislop	19:31	Christopher Mchardy	15:03	David Eckersley (M 50)	15:52	
23 Lasswade AAC (A)	14:49	20	30:27	19	45:44	15	1:04:20	23	
	Martin Gore	14:49	Alistair Smith	15:38	Paul Benham	15:17	Paul Bellamy	18:36	
24 Heriot-Watt University AC (A)	14:11	15	29:46	15	48:07	23	1:04:24	24	
	James Mclay	14:11	Alistair Bishop (MU20)	15:35	Callum Stewart	18:21	Ross White	16:17	
25 Gala H (B)	15:40	27	31:42	23	47:21	22	1:04:33	25	
	Jamie McGowan	15:40	James Mercer (MU20)	16:02	Andrew Lawrie	15:39	Magnus Inglis	17:12	
26 Fife AC (B) (V)	15:42	28	32:02	26	49:41	32	1:05:49	26	
	Roger Rees (M 45)	15:42	Daniel Newman (M 45)	16:20	Ruwan Fernando (M 45)	17:39	Kenneth Anthony (M 50)	16:08	
27 Edinburgh AC (C) (V)	15:54	31	31:57	24	48:28	26	1:06:08	27	
	John Blair (M 50)	15:54	Adam Ward (M 50)	16:03	Robert Hamilton (M 40)	16:31	Argy Rizos (M 40)	17:40	
28 Hunters Bog T (B)	16:53	39	33:02	30	49:11	30	1:06:28	28	
	James Jarvis (M 40)	16:53	Ewan Crawford	16:09	George Ashley	16:09	Simon Harrison	17:17	
29 Hunters Bog T (C)	16:32	37	34:07	35	49:04	29	1:06:49	29	
	James Bowden	16:32	Bobby Scully	17:35	Michael Taylor	14:57	Huw Jones	17:45	
30 Lothian RC (B)	15:50	30	32:30	29	48:57	28	1:06:51	30	
	Owen Williams	15:50	Alan Moffat	16:40	Kenton Jones (M 50)	16:27	Another	17:54	
31 Edinburgh AC (E)	15:20	24	32:00	25	49:23	31	1:08:25	31	
	Keith Dunlop	15:20	Dale Roy	16:40	Chris Creegan (M 50)	17:23	Matthew Newnham (M 55)	19:02	
32 Carnegie H (D) (V)	15:57	32	33:48	32	51:34	33	1:09:30	32	
	Ian Stewart (M 55)	15:57	John Hynd (M 50)	17:51	Ian Robert Johnston (M 55)	17:46	John Crookston (M 55)	17:56	
33 Gala H (D) (V)	17:09	40	34:36	36	53:23	37	1:10:16	33	
	Chrys Murphy (M 60)	17:09	Derrick Brydon (M 40)	17:27	William McCulloch (M 55)	18:47	David Nightingale (M 55)	16:53	
34 Teviotdale H (B)	17:18	41	34:40	37	52:29	36	1:10:49	34	
	Kyle Potts (MU20)	17:18	Alister Biggar (M 40)	17:22	James Clamp (M 40)	17:49	Alex Corbett (M 45)	18:20	
35 Corstorphine AAC (E) (V)	16:05	34	33:58	33	52:20	35	1:11:35	35	
	Alan Cameron (M 40)	16:05	Jan-Bert Van Den Berg (M 50)	17:53	Graham Mclean (M 55)	18:22	David Henderson (M 50)	19:15	
36 Linlithgow AC (A)	16:50	38	36:28	41	56:04	40	1:12:11	36	
	Scott Hyslop (M 45)	16:50	Bryan Grome	19:38	Brian Couper	19:36	David Marshall	16:07	
37 Carnegie H (C)	16:08	35	34:05	34	52:07	34	1:12:34	37	
	Steven King (M 40)	16:08	John O'Connor (M 55)	17:57	Robert Milton (M 50)	18:02	Barry Davie	20:27	
38 Gala H (E) (V)	17:35	43	36:06	40	55:08	38	1:12:39	38	
	Alan Johnston (M 40)	17:35	Thomas Knox (M 50)	18:31	Graham Pogson (M 55)	19:02	Ian Maxwell (M 50)	17:31	
39 Carnegie H (B)	16:27	36	35:47	39	55:28	39	1:15:05	39	
	Nicholas Weir (M 45)	16:27	Mark Johnstone (M 40)	19:20	Jonathan Millar	19:41	Robert Brown	19:37	
40 Dundee RR (A)	18:05	45	39:03	44	59:20	43	1:17:17	40	
	Kenny Malone	18:05	Bob Jack (M 40)	20:58	Kenneth Penman (M 45)	20:17	Steven Dick (M 50)	17:57	
41 Edinburgh AC (F)	19:36	49	38:11	43	58:38	42	1:17:48	41	
	Eric Stevenson (M 60)	19:36	Stewart Walters (M 50)	18:35	Max Carcas (M 45)	20:27	David Steele (M 50)	19:10	

42 Fife AC (C) (V)	18:02	44	43:17	48	1:01:48	45	1:20:02	42
	Bryce Aitken (M 55)	18:02	Graham Bennison (M 65)	25:15	Kenneth Morris (M 65)	18:31	Calum Harvie (M 40)	18:14
43 Hunters Bog T (D)	19:00	46	44:14	49	1:05:49	46	1:21:32	43
	Ian Campbell (M 45)	19:00	Ian Marshall (M 65)	25:14	Mark Rhynes	21:35	Daniel Clements	15:43
Banchory Stonehaven AC (A)	13:13	4	28:45	12	45:24	14		
	Michael Ferguson (MU20)	13:13	Andrew Ferguson Jnr	15:32	Stuart Ferguson (MU20)	16:39		
Lothian RC (C) (V)	19:43	50	36:57	42	58:02	41		
	Martin Leadbetter (M 55)	19:43	Stuart Kerr (M 40)	17:14	Kenny Mearns (M 55)	21:05		
Linlithgow AC (B)	19:52	51	40:41	46	59:50	44		
	Graham Burrows (M 60)	19:52	Matt Richardson (M 45)	20:49	Darren Dick (M 45)	19:09		
Ferranti AAC (A)	19:13	48	42:18	47	1:09:09	47		
	Keith Weston (M 65)	19:13	Alex Bell (M 55)	23:05	John Gavin (M 60)	26:51		
Corstorphine AAC (F)	15:14	21	35:04	38				
	Alex Cumming	15:14	Nicholas Brown	19:50				
Central AC (D)	19:09	47	39:23	45				
	Allan Gall (M 55)	19:09	John Millar (M 60)	20:14				
Ochil HR (A)	15:16	22						
	John Stevenson (M 50)	15:16						
Lasswade AAC (B)	17:29	42						
	Gavin Calder	17:29						

Fastest Times

Andrew Butchart	Central AC (A)	12.25
Scott McDonald	Central AC (A)	12.30
Dermot Cummins	Corstorphine AAC (A)	12.48
Howell Craske	Corstorphine AAC (C)	12.55
Alexander Hendry	Central AC (A)	12.58
Max McNeill	Lothian RC (A)	13.00
Keith Hood (M 40)	Corstorphine AAC (A)	13.07
Ross Houston	Central AC (B)	13.11
Michael Ferguson (MU20)	Banchory Stonehaven AC (A)	13.13
Andrew Lawler (MU20)	Edinburgh AC (A)	13.13
Robert Russell	Central AC (B)	13.15
Scott Green	Central AC (A)	13.18
Ben Stevenson	Edinburgh University H&H (A)	13.23
Lewis Millar	Central AC (B)	13.26
Scott Pilkington	Corstorphine AAC (A)	13.27
Hector Haines	Hunters Bog T (A)	13.32
James Dunn (MU20)	Edinburgh University H&H (A)	13.32
Jamie Crowe (MU20)	Central AC (C)	13.35
Ruraidh Miller (MU20)	Edinburgh AC (A)	13.37
Bryan Clark	Corstorphine AAC (A)	13.40
James Joy	Aberdeen AAC (A)	13.41
Patryk Gierjatowicz	Hunters Bog T (A)	13.41
Robert Leach (MU20)	University of St Andrews CCC (A)	13.44
Dale Colley (MU20)	Central AC (B)	13.45
Scott Stirling	Edinburgh University H&H (A)	13.50
Darrell Hastie	Gala H (A)	13.54
Edward Dudgeon	Edinburgh University H&H (A)	13.54
Andrew Murphy	Fife AC (A)	13.55
Malcolm Fraser	Edinburgh AC (A)	13.56
Ewan Davidson (MU20)	Edinburgh University H&H (B)	14.02
Calum Murray	Edinburgh University H&H (B)	14.02
Moray Anderson	Corstorphine AAC (B)	14.03
Graeme Murdoch	Gala H (A)	14.05
James McIay	Heriot-Watt University AC (A)	14.11
Donald MacCauley	Corstorphine AAC (B)	14.14
Gordon Barrie (M 40)	Dundee Hawkhill H (A) (V)	14.15
Rory Anderson	Teviotdale H (A)	14.19
Alastair Brockie	Corstorphine AAC (B)	14.21
Malcolm Lang	Lothian RC (A)	14.22
Richard Meade	Edinburgh AC (D)	14.24
Jamie Doris	Edinburgh AC (A)	14.25
Patrick Gillespie (MU20)	Edinburgh University H&H (B)	14.26
Steven Murray (MU20)	Aberdeen AAC (A)	14.31
Thomas Wilson	Corstorphine AAC (B)	14.34
Chris Russell	University of St Andrews CCC (A)	14.38
Matthew Rallison	Edinburgh University H&H (B)	14.38
James Harrison	Corstorphine AAC (C)	14.43
William Townsend	Hunters Bog T (A)	14.47
Martin Gore	Lasswade AAC (A)	14.49
Euan Webster (MU20)	Aberdeen AAC (A)	14.53
Michael Taylor	Hunters Bog T (C)	14.57
Richard Lewis (M 40)	Corstorphine AAC (D) (V)	15.00
Steven O'Brien	Corstorphine AAC (C)	15.00
Alistair Hart (M 40)	Hunters Bog T (A)	15.01
Wayne McIntosh	Gala H (A)	15.02
Daniel McLaughlin	Lothian RC (A)	15.02
Christopher Mchardy	Central AC (C)	15.03
Colin Partridge	Lothian RC (A)	15.03
Christopher Abraham	Carnegie H (A)	15.07
Paul Kieran	Carnegie H (A)	15.07
Andrew Mitchell (MU20)	University of St Andrews CCC (A)	15.08
Fergus Ingledew (MU20)	Fife AC (A)	15.10
Sam Peach	University of St Andrews CCC (A)	15.10
Nicholas Wolverson	Edinburgh AC (D)	15.11
Christopher O'Brien	Corstorphine AAC (C)	15.12
Alex Cumming	Corstorphine AAC (F)	15.14
Fergus Johnston	Gala H (A)	15.14
John Stevenson (M 50)	Ochil HR (A)	15.16
Paul Benham	Lasswade AAC (A)	15.17
Martin Ferguson (M 50)	Edinburgh AC (B) (V)	15.17
Martin Butcher	Carnegie H (A)	15.17
Keith Dunlop	Edinburgh AC (E)	15.20
Ian Johnston (M 50)	Corstorphine AAC (D) (V)	15.20
David Moffat (M 40)	Gala H (C) (V)	15.21
David Sidebottom	Edinburgh AC (D)	15.29
Iain Williams (M 40)	Teviotdale H (A)	15.30
Michael Anderson (M 45)	Corstorphine AAC (D) (V)	15.30
Andrew Ferguson Jnr	Banchory Stonehaven AC (A)	15.32
Alistair Bishop (MU20)	Heriot-Watt University AC (A)	15.35
Alistair Smith	Lasswade AAC (A)	15.38
Andrew Lawrie	Gala H (B)	15.39
Jamie McGowan	Gala H (B)	15.40
Stuart Mackay	Carnegie H (A)	15.41
Roger Rees (M 45)	Fife AC (B) (V)	15.42
Daniel Clements	Hunters Bog T (D)	15.43
Andrew Cumine	Edinburgh AC (D)	15.43
Des Crowe (M 50)	Dundee Hawkhill H (A) (V)	15.45
David Cross (M 50)	Edinburgh AC (B) (V)	15.49
Owen Williams	Lothian RC (B)	15.50
David Eckersley (M 50)	Central AC (C)	15.52
John Blair (M 50)	Edinburgh AC (C) (V)	15.54
Mark Bryson (M 45)	Gala H (C) (V)	15.54
Ian Stewart (M 55)	Carnegie H (D) (V)	15.57
Dean Carr (M 40)	Corstorphine AAC (D) (V)	15.57
Skyilar Lobdell	Fife AC (A)	15.57