

		800m	Race 1				
Pos	No	Name	Surname	Club	Cat	M/F	Time
1	7	Kate	Richardson	Giffnock North	U13	W	02:23.96
2	1	David	Addison	Corstorphine	U13	M	02:26.98
3	5	Conor	Gourley	Pitreavie	U11	M	02:36.74
4	2	Lauren	Paterson	Giffnock North	U13	W	02:37.53
5	4	Jenny	Gillanders	Pitreavie	U13	W	02:37.74

		800m	Race 2				
Pos	No	Name	Surname	Club	Cat	M/F	Time
1	11	Leah	Cameron	Inverclyde	U13	W	02:39.16
2	12	Francesca	Davidson	Giffnock North	U13	W	02:43.64
3	10	Peter	Scott	Fife	U13	M	02:50.67
4	9	Daniel	Bruce	Central	U13	M	02:54.61
5	13	Kieran	Ballard	Springburn	U13	M	03:24.20

		600m	Race 1				
Pos	No	Name	Club	Club	Cat	M/F	Time
1	15	James	Bowness	Trafford/Glasgow Caledonian Uni	SEN	M	01:19.93
2	16	Ben	Greenwood	Perth Strathtay	U17	M	01:20.11
3	14	Stephen	Mackay	Inverness	SEN	M	01:20.79
4	17	David	Martin	Victoria Park City of Glasgow	SEN	M	01:20.86

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		3000M	L Race				
Pos	No	Name	Surname	Club	Cat	M/F	Time
1	198	Heather	Barnes	Giffnock North	U15	W	10:59.51
2	189	Sofia	Kirkpatrick	Giffnock North	U15	W	11:31.15
3	188	Barnie	Gough	Cambuslang	M60	M	11:35.68
4	185	Kenneth	Hislop	Central/Durham Uni	SEN	M	11:49.96
5	193	Pete	Cartwright	Clydesdale/Scottish Vets H	M70	M	11:59.30
6	199	Abbigail	McInnes	GSOS	U20	W	12:08.18
7	187	Andrew	Robertson	Giffnock North	U15	M	12:09.85
8	194	Bobby	Young	Clydesdale/Scottish Vets H	M70	M	12:10.49
9	190	Charlotte	Mckenna	Giffnock North	U15	W	12:13.22
10	196	Zoe Joy	Jamieson	Giffnock North	U15	W	12:21.02
11	191	Sharyn	Ramage	Edinburgh AC/Scottish Vets H	w50	W	12:25.59
12	195	David	Cooney	Cambuslang	M65	M	12:56.90
13	202	Phyllis	Hands	Motherwell/Scottish Vets H	W55	W	13:23.59

		3000M	B Race				
Pos	No	Name	Surname	Club	Cat	M/F	Time
1	49	Calum	McKenzie	Corstorphine/Aberdeen Uni	SEN	M	08:39.61
2	37	Craig	Jardine	Victoria Park City of Glasgow	U20	M	08:42.46
3	36	Euan	Campbell	Unattached	U20	M	08:47.09
4	43	Patryk	Gierjatowicz	Hunters Bog Trotters/Poland	SEN	M	08:48.73
5	46	Laura	Muir	Dundee Hawkhill/Glasgow Uni	U23	W	08:51.75
6	42	Gordon	Robertson	Cambuslang	SEN	M	08:53.40
7	48	Jonathan	Currie	Tynedale	U20	M	09:05.46
8	47	Josephine	Moultrie	Victoria Park City of Glasgow/New Mexico Uni	SEN	W	09:07.12
9	38	Robert	Gilroy	Cambuslang/Scottish Vets H	M35	M	09:09.77
10	51	Michael	Houston	Inverclyde/Falkirk	U23	M	09:18.93

		3000M	K Race				
Pos	No	Name	Club	Club	Cat	M/F	Time
1	170	Melissa	Wylie	Dumbarton	W45	W	10:45.57
2	176	Emily	Crusher	Giffnock North	U15	W	11:00.59
3	173	Arianne	Ross	Inverness	U20	W	11:12.23
4	181	Lynn	Mckenna	Giffnock North	U15	W	11:17.22
5	179	Lori	Agnew	Giffnock North/Glasgow Sch of Sport	U17	W	11:19.21
6	174	Claire	McArthur	Hamilton/Scottish Vets H	W35	W	11:22.18
7	182	Karen	Dobbie	Edinburgh AC	W45	W	11:23.07
8	178	Cath	Ferry	Edinburgh AC	W40	W	11:28.21
9	180	Annemarie	McCaffrey	Kirkintilloch	W45	W	11:35.05
10	183	Neve	Littlejohn	GSOS	U17	W	11:43.22
11	175	Madeline	Robinson	Helensburgh	U23	W	12:05.40
12	177	Melissa	Robinson	Helensburgh	U17	W	12:25.29

		3000M	E Race				
Pos	No	Name	Club	Club	Cat	M/F	Time
1	74	Guy	Bracken	North Shields Poly/VAA North East	M50	M	09:06.15
2	77	Stephen	Allen	Law/Scottish Vets H	M45	M	09:10.94
3	73	Gordon	Barrie	Dundee Hawkhill/Bedford & County	M40	M	09:11.23
4	76	Stuart	Campbell	Corstorphine	M45	M	09:11.49
5	82	Jamie	Reid	Cambuslang	M40	M	09:13.12
6	78	Kenny	Campbell	Campbeltown RC	M35	M	09:14.82
7	75	Ian	Johnston	Shettleston/Scottish Vets H	M45	M	09:17.49
8	81	Stephen	Wylie	Cambuslang/Girvan	M40	M	09:19.69
9	83	Stephen	Allan	Kirkintilloch	M40	M	09:34.94
10	85	Darran	Muir	Law	M35	M	09:38.21
11	84	Stephen	Smith	Preston/Northern Vets	M55	M	09:56.26
12	87	Iain	Burns	Bellahouston RR	M35	M	10:04.12

		3000M	J Race				
Pos	No	Name	Club	Club	Cat	M/F	Time
1	161	Gavin	McWhinnie	Fife	U15	M	10:32.12
2	162	Iain	McWhinnie	Fife	U15	M	10:35.68
3	168	David	Dickson	Garscube/Westerlands	M55	M	10:37.04
4	155	Colin	Frame	Unattached	SEN	M	10:43.80
5	156	Jack	Bell	Giffnock North	U15	M	10:46.16
6	154	Sammy	Hearl	Inverclyde	U17	M	10:55.87
7	166	Andrew	Law	SVHC	M55	M	10:58.06
8	159	Chris	Creegan	Edinburgh AC	M50	M	10:58.21
9	157	Peter	Laing	Ayr Seaforth	M50	M	11:03.26
10	169	David	Lockhart	Bellahouston RR/Unattached	M35	M	11:06.28
11	158	Laurence	Baker	Ayr Seaforth	M55	M	11:23.72
12	163	Ian	Johnstone	Inverness	M60	M	11:29.22

		3000M	D Race				
Pos	No	Name	Club	Club	Cat	M/F	Time
1	65	Luke	Foss	Law	U20	M	08:55.77
2	71	Alastair	Thurlbeck	Glasgow University Hares & Hounds	U23	M	09:07.84
3	67	Shaun	Lyon	Greenock Glenpark	SEN	M	09:10.15
4	72	Jamie	Clements	East Kilbride	SEN	M	09:17.07
5	68	Christopher	Russell	Giffnock North/St. Andrews Uni	U23	M	09:20.73
6	62	Peter	Cameron	Edinburgh AC/Cambridge Uni	U23	M	09:21.91
7	69	Craig	Reid	Bellahouston RR	SEN	M	09:27.10
8	64	Ben	Potrykus	Pitreavie	U20	M	09:28.05

9	70	Cameron	Richardson	Cumbernauld	U20	M	09:29.55
10	63	Oliver	Watson-Sweeney	Giffnock North	U17	M	09:37.42
11	66	Adam	Pratt	Tynedale	SEN	M	09:41.63

3000M I Race

Pos	No	Name	Club	Club	Cat	M/F	Time
1	139	Hamish	Armitt	Giffnock North	U15	M	09:57.53
2	138	Jamie	Burns	Shettleston	U15	M	10:02.12
3	151	Michael	Swinton	Edinburgh AC	U17	M	10:02.18
4	149	David	Scott	Kirkintilloch	SEN	M	10:13.01
5	140	Scott	Sprang	Ayr Seaforth	U15	M	10:14.98
6	141	Elliot	Duff	Garscube	U15	M	10:21.31
7	142	Stephen	Addison	Corstorphine	U15	M	10:22.89
8	150	David	Mackintosh	Kilbarchan	SEN	M	10:27.33
9	144	Jack	Cuthbertson	Garscube/Unattached	U15	M	10:47.86
10	152	Craig	Johnston	Falkirk	M45	M	10:49.78

3000M H Race

Pos	No	Name	Club	Club	Cat	M/F	Time
1	123	Annabel	Simpson	Fife/Kingdom Athletics	U20	W	09:53.59
2	125	Erin	Wallace	Giffnock North	U17	W	09:55.55
3	132	Carla	Molinaro	Bellahouston RR	SEN	W	10:08.68
4	137	Kate	Gallagher	Central	U17	W	10:12.35
5	124	Laura	Stark	Kilbarchan	U17	W	10:18.73
6	128	Shannon	McLellan	Shettleston/Strathclyde Uni	U23	W	10:34.79
7	130	Sarah	Dempsey	Kilbarchan	U20	W	10:38.50
8	121	Sarah	Laverty	Glasgow University Hares & Hounds	U20	W	10:43.29
9	131	Steph	Lawrie	Edinburgh Uni/Victoria Park City of Glasgow	SEN	W	10:50.07
10	126	Rhian	Dawes	Victoria Park City of Glasgow/McNeese State Uni	SEN	W	10:50.96
11	134	Emily	Strathdee	Edinburgh AC	U20	W	10:57.29
12	133	Ailsa	Cruikshanks	Anster Haddies/Fife	U20	W	11:06.20

3000M F Race

Pos	No	Name	Club	Club	Cat	M/F	Time
1	92	James	Donald	Dundee Hawkhill	U17	M	09:23.92
2	93	Laura	Dunn	Edinburgh AC	SEN	W	09:27.34
3	94	Kathryn	Gillespie	Central/Team West	U20	W	09:37.16
4	96	Andrew	MacAngus	Kilbarchan	U15	M	09:37.63
5	89	John	Law	GSOS	U17	M	09:40.23
6	98	Andy	Buchanan	Calderglen	SEN	M	09:42.89
7	99	Matthew	Tonner	Dundee Hawkhill	U17	M	09:48.49
8	90	Brian	Robertson	Shettleston	SEN	M	09:51.01
9	100	Lewis	Ross	Ayr Seaforth	U17	M	09:53.70
10	102	Jenny	Bannerman	Inverness	SEN	W	09:55.84
11	97	Lewis	Priest	Victoria Park City of Glasgow	U17	M	10:02.32
12	91	Anthony	Addison	Corstorphine	U17	M	10:03.42
13	101	Aiden	Cameron	Central	U20	M	10:08.55

3000M G Race

Pos	No	Name	Club	Club	Cat	M/F	Time
1	103	David	Tamburini	Greenock Glenpark	M40	M	09:43.56
2	109	John	Thomson	Fife/Scottish Vets H	M55	M	09:45.79
3	116	Scott	Martin	Kilmarnock	M45	M	09:48.50
4	114	Rob	McLennan	Garscube	M55	M	09:51.09
5	110	Chris	Upson	Cambuslang	M50	M	09:51.92
6	106	Marc	McColl	Shettleston	M35	M	09:53.04
7	118	Martin	Duthie	Calderglen	M50	M	09:53.40

8	111	Colin	Feechan	Cambuslang/Scottish Vets H	M55	M	10:00.20
9	113	Howard C	Elliott	Kirkintilloch	M45	M	10:02.55
10	105	Dave	Thom	Cambuslang	M50	M	10:03.14
11	108	Denis	Williams	Shettleston	M50	M	10:09.05
12	119	Derek T	Martin	Kirkintilloch	M45	M	10:10.37
13	112	Ted	Gourley	Giffnock North	M50	M	10:11.51
14	115	Bruce	Malcolm	Corstorphine	M50	M	10:30.23
15	117	David	Thomson	East Kilbride	SEN	M	10:40.37

3000M C Race

Pos	No	Name	Club	Club	Cat	M/F	Time
1	58	Adam	Scott	Fife	U17	M	08:51.92
2	53	Jake	Thomas	Livingston	U20	M	08:53.97
3	56	Aidan	Gilbride	East Kilbride/South Lanarkshire	U20	M	09:00.13
4	55	Sol	Sweeney	Perth Strathtay	U17	M	09:06.35
5	60	Christopher	Stewart	Giffnock North	U20	M	09:13.64
6	59	Callum	Reid	Edinburgh AC/Haddington East Lothian	SEN	M	09:15.80
7	54	Euan	Trout	Kilbarchan	U20	M	09:21.78

3000M A Race

Pos	No	Name	Club	Club	Cat	M/F	Time
1	24	Sean	Fontana	Victoria Park City of Glasgow/Glasgow City/Glasgow	SEN	M	08:18.96
2	22	Howell	Craske	Dundee Uni/Corstorphine	SEN	M	08:22.54
3	30	Myles	Edwards	Aberdeen/Thames Valley	SEN	M	08:23.10
4	32	Dermot	Cummins	West Waterford/Corstorphine/Ireland	SEN	M	08:23.52
5	34	Murray	Strain	Hunters Bog Trotters/Edinburgh Uni	SEN	M	08:28.16
6	25	Gavin	McArdle	Kilbarchan	U20	M	08:30.62
7	27	Kyle	McLellan	Cambuslang/Edinburgh Uni/Falkirk	SEN	M	08:34.40
8	23	Craig	Ruddy	Inverclyde/Belgrave	SEN	M	08:40.14
9	35	Adam	Craig	Edinburgh AC	U23	M	08:40.91
10	26	Josh	Kerr	Edinburgh AC	U20	M	09:11.76