



scottishathletics

National Indoor Combined Events Championships

**Incorporating the U20/Senior
4x200m Relays**

14th & 15th March 2015

Emirates Arena, Glasgow



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Event Timetable

Saturday

Welcome

I am delighted to welcome you to the Emirates arena for the scottishathletics Combined Events and senior 4x200m relays Championships. This will be the last indoor Championship event of the 2015 season and it would be great if there was as much excitement in the arena this weekend as there was last weekend at the Davis Cup tennis.

There is a large entry for the CE especially in the younger age groups which is great to see (28 entries for the U15 girls CE) which is maybe an indication that the run, jump, throw concept for the younger age groups is showing some green shoots. An athlete to look out for is Emma Canning who won her first GB vest earlier in the season at a CE International and Emma is entered in the U20 competition. There is also a good entry for the Senior relays and we look forward to heats before getting down to the business of the final.

These two days of competition could not take place without the hard work of all the technical officials and volunteers. Thank you. I would also like to thank Glasgow Life and the management and staff here at the Emirates for their help in preparing the arena for these Championships.

To all the athletes, enjoy your competition and may you achieve a personal best performance.

Leslie Roy

President

Scottishathletics



Event No	Time	Event	Age
T01	10.00	60m	SM CE
T02	10.04	60m	U20M CE
T03	10.08	60m	U17M CE
T04	10.15	60m	Masters M CE (35-49)
T05	10.19	60m	Masters M CE (50-59)
T06	11.00	60m Hurdles	U15 Boys CE
T07	11.15	60m Hurdles	U13 Boys CE
T08	11.20	60m Hurdles	U13 Girls CE
T09	13.00	4 x 200m Relay	Sen/U20 Women
T10	13.10	4 x 200m Relay	Sen/U20 Men
T11	15.15	4 x 200m Relay	Sen/U20 Women
T12	15.20	4 x 200m Relay	Sen/U20 Men
T13	15.30	800m	U13 Boys CE
T14	15.40	800m	U13 Girls CE
T15	16.15	800m	U15 Boys CE
Field			
Event No	Time	Event	Age
F01	10.00	Long Jump	U15 Boys CE
F02	10.00	High Jump	U13 Girls CE
F03	10.00	Shot Putt	U13 Boys CE
F04	11.00	Long Jump	S/U20M CE
F05	11.00	Long Jump	U17M CE
F06	11.00	Shot Putt	Vet M CE
F07	12.30	High Jump	U13/U15 Boys CE
F08	13.00	Long Jump	U13 Girls CE
F09	13.15	Pole Vault	Vet M CE
F10	13.00	Shot Putt	S/U20/U17M CE
F11	14.30	Long Jump	U13 Boys CE
F12	14.30	Shot Putt	U13 Girls CE
F13	15.15	High Jump	S/U20M CE
F14	15.15	High Jump	U17M CE
F15	15.15	Shot Putt	U15 Boys CE
F16	15.15	Long Jump	Vet M CE
Warm ups			
	CE	HJ, LJ, SP - 2 warmups	

Sunday

Track			
Event No	Time	Event	Age
T01	10.00	60m Hurd	Sen M CE
T02	10.05	60m Hurd	U20M CE
T03	10.10	60m Hurd	Masters CE (35-49)
T04	10.15	60m Hurd	Masters CE (50-59)
T05	10.20	60m Hurd	U17M CE
T06	10.30	60m Hurd	Sen/U20W CE
T07	10.45	60m Hurd	U17W CE
T08	11.10	60m Hurd	U15G CE
T09	15.00	1000m	Vet M CE
T10	15.10	1000m	Sen/U20M CE
T11	15.15	1000m	U17M CE
T12	15.30	800m	U17W CE
T13	16.00	800m	S/U20W CE
T14	16.30	800m	U15G CE
Field			
Event No	Time	Event	Age
F01	10.00	Shot Putt	U17W CE
F02	10.00	High Jump	U15G CE
F03	11.45	Long Jump	U17W CE
F04	12.00	High Jump	Masters M CE
F05	12.00	High Jump	S/U20W CE
F06	12.00	Pole Vault	U17M CE
F07	13.00	Long Jump	U15G CE (Pool A)
F08	13.00	Long Jump	U15G CE (Pool B)
F09	13.00	Shot Putt	S/U20W CE
F10	14.00	High Jump	U17W CE
F11	14.30	Pole Vault	S/U20M CE
F12	15.00	Long Jump	S/U20 W CE
F13	15.30	Shot Putt	U15G CE (Pool B)
F14	16.00	Shot Putt	U15G CE (Pool A)

Officials - Saturday

Meeting Manager	Brian Brown	Clerk of Course	Margaret McInally
Technical Manager	Pam Auckland	Overall Referee (CE)	Pam Robertson
Clerk of Course	Xabier Cid		
Field Referee	Janeth Hall	Field Judge	Rona Sneddon
Field Judge	Marian Allan	Field Judge	Brenda Stephen
Field Judge	Margaret Brown	Field Judge	Mark Stringer
Field Judge	Marc Ritchie	Field Judge	Pauline Pearson
Field Judge	Evelyn Robertson	Field Judge	Howard Rusher
Field Judge	Leslie Roy	Field Judge	Steven Waterston
Field Judge	Liz Scott	Field Judge	Anne McManus
Field Judge	George Sneddon	Field Judge	Chris Tod
Start Coordinator	Bill Watson	Chief Starters Assistant	June Duffy
Starter	Dave Biggin	Starters Assistant	Jane Roy
Starter	Alistair Cameron	Starters Assistant	David Hughes
Chief Timekeeper	Jason Pender	Chief Photofinish	Steve Murdoch
Timekeeper	Dugie MacDonald	Photofinish Judge	Sandy Forrest
Timekeeper	Frank Wright	Photofinish Judge	Mike Forrest
Timekeeper	Sylvia Wilson	Photofinish Judge	Ian McWatt
Timekeeper		Photofinish Judge	Dave Finlayson
Track Referee	Alistair Aitchison	Track Judge/ Umpire	Andy Law
Track Judge/Umpire	Margaret Baird	Track Judge/ Umpire	John Dickson
Track Judge/Umpire	Ken Davies	Track Judge/Umpire	Alasdhair Love
Track Judge/Umpire	Susan Gatens	Track Judge/ Umpire	Laura Paterson
Track Judge/ Umpire	Lynne Jackson	Track Steward	Louise Worsfeld
Call Room Manager	Barbara McVey	TIC/Declarations	Alastair McInally
Call Room Steward	Marg A MacLachlan	TIC/Declarations	Gael MacCallum
Call Room Steward	Kaye Cherrie	TIC/Declarations	Doleen Galbraith
Call Room Steward	Elaine Martin		
Results	Liz Wilder	Seeding	Val Murdoch
Announcer	Hugh Stevenson	Presentations	Hilary MacGuire

Officials – Sunday

Meeting Manager	Brian Brown	Clerk of Course	Barbara McVey
Technical Manager	Brian Nisbet	Overall Referee (CE)	Pam Robertson
Clerk of Course	Alistair Aitchison		
Field Referee	Howard Rusher	Field Judge	John Dalton
Field Judge	Elspeth Allan	Field Judge	Janeth Hall
Field Judge	Marian Allan	Field Judge	Margaret McNally
Field Judge	Neill Allan	Field Judge	Pauline Pearson
Field Judge	Jim Oliver	Field Judge	Steven Whyteside
Field Judge	Liz Wilder	Field Judge	Angeli Mehta
Field Judge	Pam Auckland	Field Judge	David Wallace
Field Judge	Norma Bruce	Field Judge	Liz Scott
Start Coordinator	Dave Biggin	Chief Starters Assistant	Melissa Robertson
Starter	June Duffy	Starters Assistant	Andrew Minnis
Starter	Alastair Thomson	Starters Assistant	Jane Roy
		Starters Assistant	Marc Ritchie
Chief Timekeeper	Ian McWatt	Chief Photofinish	Alistair Dalglish
Timekeeper	Frank Coyle	Photofinish Judge	Sandy Forrest
Timekeeper	Dugie MacDonald	Photofinish Judge	Mike Forrest
Timekeeper	Kenny Duncan	Photofinish Judge	Stephen Murdoch
Timekeeper	Sadie Newell		
Timekeeper	Jim Galbraith		
Track Referee	Joyce Wighton	Track Judge/ Umpire	Kate Whigham
Track Judge/Umpire	Rob Dalziel	Track Judge/ Umpire	John Dickson
Track Judge/Umpire	Ken Davies	Track Judge/Umpire	Isobel Martin
Track Judge/Umpire	Susan Gatens	Track Judge/ Umpire	Louise Worsfold
Track Judge/ Umpire	Laura Paterson	Track Steward	Gael MacCallum
Call Room Manager	Moir Nisbet	TIC/Declarations	Alastair McNally
Call Room Steward	Pauline Pearson	TIC/Declarations	Mark Stringer
Results	Brenda Stephen	TIC/Declarations	Doleen Galbraith
Seeding	Val Murdoch	Presentations	Margaret Baird

Event Group Coach Development Day

The final coach development day will take place on Sunday 22 March at the following venues

Grangemouth - Sprints led by Matt Wood

Grangemouth – Throws led by Hugh Murray

Pitreavie – Jumps led by Femi Akinsanya

University of Stirling– Endurance led by Mark Pollard

The coach development days will contain practical workshops on technical development, development of physical competencies and planning for coaches working with club athletes

To reserve your place, please contact Mary Anderson at mary.anderson@scottishathletics.org.uk

Start List - Men

Men 20 Year Olds Heptathlon

Comp#	Name	Age	Team
1	107 Calum Batho	20	Edinburgh AC
2	108 Tom Chandler	20	Central AC
3	109 Jacob Lane	20	Dartford Harriers
4	110 Hamish Leeson	20	Banchory Sto
5	111 Connel MacDonald	20	Inverness Ha
6	112 Daniel Rees	20	Banchory Sto
7	113 Euan Urquhart	20	Vp-Glasgow AC
8	114 Oliver Whellans	20	Chester Le S

Men 17 Year Olds Heptathlon

Comp#	Name	Age	Team
1	77 Scott Connal	17	Whitemoss Aac
2	78 Charles Dineen	17	Central AC
3	79 Fraser Gallagher	17	Cumbernauld Aac
4	81 Andrew McFarlane	17	Inverness Ha
5	80 Daniel McFarlane	17	Inverness Ha
6	82 Andrew McLoone	17	Shettleston
7	83 Callum Meldrum	17	Ayr Seaforth Aac
8	84 Andrew O'Donnell	17	Glasgow Scho
9	85 Alessandro Schenini	17	Giffnock North Aac
10	86 Cory Watson	17	Gateshead Harriers

Men 25 Year Olds Heptathlon

Comp#	Name	Age	Team
1	123 Mark Beer	25	Chesterfield
2	124 Patrick McBride	25	Shrewsbury AC
3	125 Andrew Murphy	25	Kilbarchan Aac

Men 35+ Heptathlon

Comp#	Name	Age	Team
1	127 Ian Cowell	53	Tynedale AC
2	128 Jim Gillespie	52	Lincoln Well
3	129 Derek Glasgow	50	Inverness Ha
4	130 Tim Hely	42	Troon Tortoises AC
5	131 James Malcolm	52	Lasswade Aac
6	132 Giancarlo Marotta	48	Unattached
7	133 Edward McKenzie	48	Aberdeen Aac
8	134 Kenneth Moncrieff	57	Falkirk Vict
9	135 Ian Paget	42	Shettleston
10	136 Brian Slaughter	57	Eastbourne R
11	137 Ron Todd	52	Central AC
12	138 Nicholas Walker	50	Swindon Harriers

Boys 15 Year Olds Indoor Pentathlon

Comp#	Name	Age	Team
1	41 Josh Abbott	15	Chirnside Chasers
2	42 Aidan Brady	15	Livingston &
3	43 Matthew Chandler	15	Central AC

4	44 Gavin Lee	15	Arbroath & D
5	45 Joel McFarlane	15	Arbroath & D
6	46 Mathew Merdith	15	Central AC
7	47 Benjamin Wightman	15	Perth Strath
8	48 Rory Williams	15	Chirnside Chasers

Boys 13 Year Olds Indoor Pentathlon

Comp#	Name	Age	Team
1	1 Harris Almass	13	Central AC
2	2 Owen Ashall	13	Edinburgh AC
3	3 Cameron Blance	13	Central AC
4	4 Daniel Bruce	13	Central AC
5	5 Brodie Ferguson	13	Dunfermline
6	6 Murray Fotheringham	13	Giffnock North Aac
7	7 Athol Gordon	13	Aberdeen Aac
8	8 Kai Hely	13	Unattached
9	9 Rob Henderson	13	Edinburgh AC
10	10 Euan Johnston	13	Pitreavie Aac
11	11 Adam Leighton	13	Lasswade Aac
12	12 Lewis Martin	13	Ayr Seaforth Aac
13	13 Kyle McAulay	13	Whitemoss Aac
14	14 Reuben McFarlane	13	Inverness Ha
15	15 Sol McLennan	13	Edinburgh AC
16	16 Fraser Morris	13	Livingston &
17	17 Reuben Nairne	13	Giffnock North Aac

Start List – Women

Women 20 Year Olds Indoor Pentathlon

Women 20 Year Olds	Comp#	Name	Age	Team	
	1	115	Grace Angus	20	Aberdeen Aac
	2	116	Amy Barron	20	Jarrow & Hebburn
	3	117	Emma Canning	20	Whitemoss Aac
	4	118	Madeline Furnival	20	Banchory Sto
	5	119	Ellie McGinty	20	Edinburgh AC
	6	120	Anna McIlmoyle	20	City of Lisburn
	7	121	Annabelle Pask	20	Coventry God
	8	122	Melissa Raine	20	Jarrow & Hebburn

Girls 13 Year Olds Indoor Pentathlon

Comp#	Name	Age	Team	
1	18	Gemma Bruce	13	Ayr Seaforth Aac
2	19	Ella Bryce	13	Whitemoss Aac
3	20	Jennifer Brydon	13	Pitreavie Aac
4	21	Katie Burr	13	Central AC
5	22	Rachel Callan	13	Giffnock North Aac
6	23	Molly Cornes	13	Central AC
7	24	Eilish De Swarte	13	Pitreavie Aac
8	25	Niamh Flockhart	13	Giffnock North Aac
9	26	Lynn Harvey	13	Pitreavie Aac
10	27	Aimie Hendry	13	Cumbernauld Aac
11	28	Leah Keisler	13	Law & District Aac
12	29	Amy Kennedy	13	Cumbernauld Aac
13	30	Amy Kirkpatrick	13	Central AC
14	31	Iona MacDougall	13	East Kilbride A.C.
15	32	Morgan MacDougall	13	East Kilbride A.C.
16	33	Skye Marshall	13	Pitreavie Aac
17	34	Rosie McKay	13	Giffnock North Aac
18	35	Ellie O'Hara	13	Edinburgh AC
19	36	Nicole Proudfoot	13	Annan & Dist
20	37	Iona Scanlan	13	Harmony AC
21	38	Isla Steel	13	Dunfermline
22	39	Hannah Wallace	13	Cumbernauld Aac
23	40	Laurn Wood	13	Perth Strath

Women 25 Year Olds Indoor Pentathlon

Comp#	Name	Age	Team	
1	126	Erin Leggate	25	Vp-Glasgow AC

Women 17 Year Olds Indoor Pentathlon

Comp#	Name	Age	Team	
1	87	Laurie Anderson	17	Airdrie Harriers
2	88	Bethany Buchanan	17	Vp-Glasgow AC
3	89	Alexandra Burns	17	Helensburgh Aac
4	90	Emily Butcher	17	Nithsdale AC
5	91	Kelsey Campbell	17	Falkirk Vict
6	92	Jade Carlyle	17	Edinburgh AC

7	93	Polly Christie	17	Banchory Sto
8	94	Emily Craig	17	Whitemoss Aac
9	95	Anna Forbes	17	Whitemoss Aac
10	96	Rhona Fraser	17	Edinburgh AC
11	97	Sophie Hanlon	17	Airdrie Harriers
12	98	Rosa Hare	17	Banchory Sto
13	99	Maia Hely	17	Unattached
14	100	Taygan Henry	17	Livingston &
15	101	Kate Mackay	17	Aberdeen Aac
16	102	Holly McArthur	17	Whitemoss Aac
17	103	Emily McNicol	17	Law & District Aac
18	104	Christie McSkimming	17	Whitemoss Aac
19	105	Kirsty Snaddon	17	Falkirk Vict
20	106	Alix Still	17	Aberdeen Aac

Girls 15 Year Olds Indoor Pentathlon

Girls 15 Year Olds Indoor Pentathlon	Comp#	Name	Age	Team
1	49	Eve Alison	15	Livingston &
2	50	Taylor Jane Allen	15	Gateshead Harriers
3	51	Phoebe Angus	15	Falkirk Vict
4	52	Antonia Burns	15	Helensburgh Aac
5	53	Megan Busby	15	Giffnock North Aac
6	54	Rebecca Calder	15	Livingston &
7	55	Anna Cameron	15	Central AC
8	56	Kirsty Craig	15	Whitemoss Aac
9	57	Lucy Davison	15	Central AC
10	58	Kristin Donaldson	15	Central AC
11	59	Stephanie Evers	15	Caithness Aac
12	60	Rachel Gibb	15	Livingston &
13	61	Tia Henry	15	Livingston &
14	62	Rachel Hunter	15	Law & District Aac
15	63	Jade Hutchison	15	Dunfermline
16	64	Dion Ingram	15	Law & District Aac
17	65	Phoebe Lewis	15	North Ayrshire AC
18	66	Cara McCauley	15	Vp-Glasgow AC
19	67	Katy McGonigal	15	Falkirk Vict
20	68	Shannon McNally	15	Whitemoss Aac
21	69	Catriona McPheat	15	Team East Lothian
22	70	Isobel Olsen	15	Fife AC
23	71	abby rowley	15	Central AC
24	72	Lauren Saxby	15	Giffnock North Aac
25	73	Frances Sealy	15	Banchory Sto
26	74	Georgia Smith	15	Central AC
27	75	Lucy Smith	15	Central AC
28	76	Olivia Vareille	15	Falkirk Vict

Start List – Relays

Women 4x200 Meter Relay Prelims

Saturday 14/03/2015 - 13:00

Comp#	Team	Relay
1	Airdrie Harriers	A
2	Central AC	A
3	Edinburgh AC	A
4	Giffnock North AAC	A
5	Kilmarnock AC	A
6	Pitreavie AAC	A
7	Vp-Glasgow AC	A
8	Vp-Glasgow AC	B

Men 4x200 Meter Relay Prelims

Saturday 14/03/2015 - 13:10

Comp#	Team	Relay
1	Central AC	A
2	Edinburgh AC	A
3	Giffnock North AAC	A
4	Kilbarchan AAC	A
5	Kilmarnock AC	A
6	Pitreavie AAC	A
7	Pitreavie AAC	B
8	Pitreavie AAC	C
9	Vp-Glasgow AC	A
10	Vp-Glasgow AC	B

Scottish Indoor Records

Senior				
Heptathlon	5,640	Jamie Quarry	Glasgow (KH)	14-Feb-99
Pentathlon	4,096	Aileen Wilson	Glasgow (KH)	10-Feb-02
Native Indoor Records				
Heptathlon	5,275	Duncan Mathieson	Glasgow (KH)	16-Feb-97
Pentathlon	3,957	Emma Lindsay	Glasgow (KH)	18-Feb-96
All-Comers Indoor Records				
Heptathlon	5,695	Anthony Brannen (ENG)	Glasgow (KH)	7 Mar 1993
Pentathlon	4,096	Aileen Wilson (SCO)	Glasgow (KH)	10 Feb 2002
U20 Indoor Records				
Heptathlon	5,077	John McCafferty	Bompas, FRA	7 Mar 2010
Pentathlon	4,096	Aileen Wilson	Glasgow (KH)	10 Feb 2002
U17 Indoor Records				
Pentathlon	3,611	John McCafferty	Glasgow (KH)	17-Feb-08
Heptathlon	4,727	Andrew Murphy	Sheffield	06-Mar-11
Pentathlon	3,582	Aileen Wilson	Glasgow (KH)	11-Dec-99
U15 Indoor Records				
Pentathlon	2,888	Gregor Simey	Cardiff	23-Mar-03
Pentathlon	3,361	Holly McArthur	Sheffield	09-Mar-14
U13 Indoor Records				
Pentathlon	1,862	Scott Connal	Glasgow (KH)	19-Feb-12
Pentathlon	2,483	Lucy Davison	Glasgow (EA)	01-Mar-14

Championship Bests

	Men	Women
Senior	Hept Anthony Brannen Stoke 5,695 1993	Pent Aileen Wilson Peterborough 4,096 2002
U20	Hept William Sharman Corby 4,880 2003	Pent Emma Buckett Basingstoke 3,739 2012
U17	Pent John McCafferty Irvine 3,611 200	Pent Mairead Murphy Ferrybank 3,570 2005
U15	Pent Graeme Allan Elgin 2,857 1995	Pent Jill Brooks Falkirk Victoria 3,201 2006
U13	Pent Kyle Henderson Central 1770 2005	Pent Katie Purves Lasswade 2,472 2009
	4x200m Edinburgh AC 1:29.59 2012	4x200m Edinburgh AC 1:43.02 2014