DIVISION 1 GRANGEMOUTE

2 AUGUST 2015

	TRACK				FIELD	
TIME	AGE GROUP	EVENT	Note	TIME	AGE GROUP	EVENT
12.00	Senior Women	3000m	A & B	12.00	Under 13 Boys	Shot Putt
	Masters Women	3000m	A only	12.00	Under 17 Women A	High Jump
12.20	Under 13 Girls	100m	A then B	12.00	Senior Women A	High Jump
	Under 13 Boys	100m	A then B	12.00	Under 13 Girls	Long Jump
	Under 15 Girls	100m	A then B	12.00	Senior Men	Javelin
	Under 15 Boys	100m	A then B	12.40	Under 15 Girls	Shot Putt
	Under 17 Women	100m	A then B	12.40	Under 17 Men	High Jump
	Under 17 Men	100m	A then B	12.40	Under 17 Women	Javelin
	Senior Women	100m	A then B	12.40	Under 13 Girls	Javelin
	Senior Men	100m	A then B	12.40	Senior Women	Triple Jump
	Masters Women	100m	A then B	13.20	Under 15 Boys	Long Jump
	Masters Men	100m	A then B	13.20	Under 13 Girls	Shot Putt
13.35		80m		13.20		
	Under 11 Girls		A then B	13.20	Under 13 Boys	High Jump
	Under 11 Boys	80m	A then B		Under 15 Girls	Discus
13.50	Under 15 Boys	400m	A then B	14.00	Senior Women	Discus
	Under 17 Men	400m	A then B	14.00	Under 17 Men	Long Jump
	Senior Women	400m	A then B	14.00	Under 15 Boys	High Jump
	Senior Men	400m	A then B	14.00	Under 17 Women	Shot Putt
14.30	Under 17 Women	300m	A then B	15.00	Under 11 Boys	Long Jump
14.40	Under 11 Girls	600m	A & B	15.00	Under 15 Boys	Shot Putt
	Under 11 Boys	600m	A & B	15.00	Senior Men	High Jump
14.55	Under 13 Girls	800m	A & B	15.30	Under 11 Girls	Long Jump
	Under 13 Boys	800m	A & B	16.00	Under 13 Boys	Javelin
	Under 15 Girls	800m	A & B	16.00	Under 17 Men	Javelin
	Under 15 Boys	800m	A & B	16.00	Under 15 Girls	Long Jump
15.25	Under 17 Women	800m	A & B	16.00	Senior Men	Shot Putt
	Under 17 Men	800m	A & B			
	Senior Women	800m	A & B			
	Senior Men	800m	A & B			
	Masters Women	800m	A & B			
	Masters Men	800m	A & B			
16.10	Under 11 Girls	4 x 100m				
	Under 11 Boys	4 x 100m				
	Under 13 Girls	4 x 100m				
	Under 13 Boys	4 x 100m				
	Under 15 Girls	4 x 100m				
	Under 15 Boys	4 x 100m				
	Under 17 Women	4 x 100m				
	Senior Women	4 x 400m				
	U 17/Senior Men*	4 x 400m				

*U17/Senior Men relay team may consist of totally U 17 Men or totally Senior Men or mixed U17/Senior Men