

# ***LIVINGSTON OPEN MEETING***

**Wednesday 19<sup>th</sup> August 2015**

**Craigswood Sports Centre, Livingston**

# **TIMETABLE**

<b>TRACK</b>		<b>FIELD</b>
6.45		Long Jump (U15) Long Jump (U17 – SEN) High Jump (U11 – U13)
7.00	200m (19 heats)	Shot Putt (U17 – SEN)
7.30		Long Jump (U11)
7.45		Shot Putt (U11 – U13)
8.00	800m (6 heats)	High Jump (U15 – SEN) Long Jump (U13G)
8.15		Long Jump (U13B)
8.30		Shot Putt (U15)
8.45	3000m (1 heat)	

- Declarations will open at 6.00 PM in the athletics pavilion and will close 30 minutes before the published start time of each event.
- Track events will be seeded based on performance, with the 200m heats ordered fastest to slowest and the 800m heats ordered slowest to fastest.

scottishathletics permit event run under UK Athletics rules

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