

100m**100m**

	100m				
Heat 1					WS +0.0
Pos	No	Name	Club	Age gr	Time
1	55	Robert Moses	Giffnock North	U/20	11:21
2	64	Ade Mebude	Shettleston Harriers	U/20	11:32
3	60	Shaun Tonner	Inverclyde AC	U/23	11:39
4	87	Ewan McArthur	Garscube Harriers	U/17	11:91
5	23	Alesandro Schenini	Giffnock North	U/17	11:92
6	39	Craig Eaglesham	Inverclyde AC	S/M	11:98
7	34	Scott Connal	Whitemoss AAC	U/17	12:05
8	36	Sarah Bonad	Garscube Harriers	U/11	DNS
Heat 2					WS+1.5
Pos					
1	25	Morgan Allan	Giffnock North	U/17	11:97
2	75	Grant Wisberg	Hamilton AC	U/20	11:97
3	40	Scott McLuckie	Inverclyde AC	U/20	12:03
4	74	Scott Wisberg	Hamilton AC	U/20	12:09
5	44	Ben Dalziel	Shettleston Harriers	U/17	12:14
6	80	Jack Guthrie	Shettleston Harriers	U/15	12:33
7	1	John Bradley	Red Star	S/M	12:34
8	72	Derek Macarthur	Unattached	O/40	12:70
Heat 3					WS +2.0
Pos					
1	56	Walter Nana	Shettleston Harriers	U/17	12:50
2	5	Colin Black	Unattached	S/M	12:63
3	6	Scott Bradley	Kirkintilloch Olyp	S/M	12:94
4	82	Robyn Taylor	Unattached	U/15	13:03
5	3	Gary Leek	Edinburgh AC	O/50	13:08
6	31	Sidikatu Agoro	Shettleston Harriers	U/20	13:55
7	38	Erin Brown	Whitemoss AAC	U/17	13:63
8	27	Emily Craig	Whitemoss AAC	U/17	13:81
Heat 4					WS +1.8
Pos					
1	20	Liam Woods	East Kilbride AC	U/13	13.59
2	49	Claire Mason	Shettleston Harriers	U/17	13.79
3	37	Neeve Brown	Whitemoss AAC	U/15	13.94
4	32	Mobolanan Agoro	Shettleston Harriers	U/15	14.00
5	58	Claudia Harper	Shettleston Harriers	U/17	14.06
6	63	Tom Reid	Shettleston Harriers	U/15	14.77
7	98	Lucy Gardner	COG/VP	U/13	15.05
8	52	Ruby Garrick	Shettleston Harriers	U/13	15.64
Heat 5					WS +2.0
Pos					
1	61	Ross Paterson (T38)	Red Star	U/20	13.38

100m

2	65	Scott Kerr	Shettleston Harriers	U/15	14.16
3	18	Kevin Uwaifo	Shettleston Harriers	U/13	14.59
4	30	Mark Hanlon	Unattached	O/45	14.84
4	71	Catriona Brannan	Shettleston Harriers	U/15	14.84
6	29	Deborah Roe	Red Star	O/45	15.21
7	2	Eleanor Marlow	Costorphine AAC	U/20	15.37
8	77	Fraser Brash	Red Star	U/17	15.67

Heat 6

Pos

WS +0.0

1	68	Holly Kirkwood	COG/VP	U/11	15.25
2	15	Evis Uwaifo	Shettleston Harriers	U/11	15.49
3	35	Eva Harper	Shettleston Harriers	U/11	15.50
4	33	Michael Foley	Giffnock North	U/13	15.91
5	19	Taylor McNamara	East Kilbride AC	U/13	16.04
6	17	Eseosa Agbonkonkon	Shettleston Harriers	U/11	16.21
7	45	Chloe Orr	Shettleston Harriers	U/11	16.78
8	101	Fraser Jamieson	Shettleston Harriers	U/15	20.65

Heat 7

Pos

1	22	Rachel Kelly	Giffnock North	U/13	15.50
2	54	Grace Robertson	Giffnock North	U/13	15.53
3	66	Craig Little	Cumbernauld AAC	U/11	15.67
4	86	Lewis McArthur	Garscube Harriers	U/13	15.92
5	59	Leah McCluskey	Shettleston Harriers	U/11	16.22
6	48	Emma McKenzie	Shettleston Harriers	U/13	16.80
7	83	Lauren Agnew	Giffnock North	U/13	17.14
8					

Heat 8

Pos

WS +0.0

1	36	Sarah Bonad	Garscube Harriers	U/11	16.05
2	46	Millie McIntosh	Shettleston Harriers	U/11	17.52
3	85	Cameron Fairgrieve	Shettleston Harriers	U/11	17.72
4	47	Jenna Dolan	Shettleston Harriers	U/11	17.86
5	41	Robyn O'Hare	Kirkintilloch Olyp	U/11	18.47
6	97	Kamryn Wilson	Shettleston Harriers	U/11	18.96
7	78	Kara Steven	Dalmarnock Primary Sch	U/11	20.37
8	69	Leah Muirhead	East Kilbride AC	U/11	DNS

200m

200m

Heat 1

Pos	No	Name	Club	Age gr	Time
1	60	Shaun Tonner	Inverclyde AC	U/23	22:75
2	21	Steven Beattie	COG/VP	S/M	23:50
3	40	Scott McLuckie	Inverclyde AC	U/20	23:96
4	87	Ewan McArthur	Garscube Harriers	U/17	24:38
5	1	John Bradley	Red Star	S/M	25:01
6	289	Ross Malloch	East Kilbride AC	U/17	25:27
7	24	Andrew Black	Law and District	S/M	26:22
8	292	Jordon Dempster	Shettleston Harriers	U/15	DNS

Heat 2

Pos	No	Name	Club	Age gr	Time
1	5	Colin Black	Unattached	S/M	26:15
2	292	Jordon Dempster	Shettleston Harriers	U/15	26:25
3	72	Derek Macarthur	Unattached	O/40	26:31
4	6	Scott Bradley	Kirkintilloch Olyp	S/M	29:83
5	108	James Gillon	Law and District	U/15	27:02
6	3	Gary Leek	Edinburgh AC	O/50	27:72
7	20	Liam Woods	East Kilbride AC	U/13	28:56
8	67	Callum Downie	Shettleston Harriers	U/15	DNS

Heat 3

Pos	No	Name	Club	Age gr	Time
1	42	Louise O'Hare	Kirkintilloch Olyp	U/13	29:58
2	294	Taylor-Marie Leek	Livingston AC	U/15	30:10
3	57	Mya Munro	Shettleston Harriers	U/15	30:36
4	2	Eleanor Marlow	Costorphine AAC	U/20	32:27
5	81	Lauren O'Neil	Shettleston Harriers	U/13	32:39
6	297	Anna Young	Shettleston Harriers	U/13	32:63
7	298	Elsie Hollywood	Shettleston Harriers	U/13	35:40

Heat 4

Pos	No	Name	Club	Age gr	Time
1	30	Mark Hanlon	Unattached	O/45	30.09
2	71	Catriona Brannan	Shettleston Harriers	U/15	31.24
3	68	Holly Kirkwood	COG/VP	U/11	31.37
4	66	Craig Little	Cumbernauld AAC	U/11	31.79
5	33	Michael Foley	Giffnock North	U/13	32.16
6	86	Lewis McArthur	Garscube Harriers	U/13	33.04
7	83	Lauren Agnew	Giffnock North	U/13	35.23
8	29	Deborah Roe	Red Star	O/45	36.87

Heat 5

Pos	No	Name	Club	Age gr	Time
1	19	Taylor McNamara	East Kilbride AC	U/13	32.36
2	88	Cara Gilbride	East Kilbride AC	U/11	33.29
3	59	Leah McCluskey	Shettleston Harriers	U/11	34.18
4	300	Cole Polson	Shettleston Harriers	U/11	34.81
5	69	Leah Muirhead	East Kilbride AC	U/11	35.26
6	105	Molly McLean	Shettleston Harriers	U/13	35.40

200m

7	139	Oliver Cartwright	Shettleston Harriers	U/11	39.06
8	97	Kamryn Wilson	Shettleston Harriers	U/11	40.26

400m

400m

Heat 1

Pos	No	Name	Club	Age gr	Time
1	290	James Bowness	Trafford AC	S/M	00:49:05
2	62	Blair Crawford	Kilbarchan	S/M	00:49:95
3	91	Connor Henderson	Kilbarchan	S/M	00:50:13
4	118	Aidan Gilbride	East Kilbride AC	U/20	00:50:51
5	89	David Agnew	Pitreavie AAC	S/M	00:52:29
6	44	Ben Dalziel	Shettleston Harriers	U/17	00:54:14
7	293	Philippa Millage	COG/VP	O/35	00:56:66

Heat 2

Pos	No	Name	Club	Age gr	Time
1	73	Robert Lindsay	Kilmarnock Harriers	O/40	00:57:05
2	170	Jack Heathwood	Bellahouston Harriers	U/17	00:58:01
3	186	Harry C G Nimmo	Giffnock North	U/17	00:58:67
4	61	Ross Paterson (T38)	Red Star	U/20	00:59:24
5	104	Lindsay Young	Banchory Stonehaven AC	U/23	01:02:34
6	140	Talia Quigley	Shettleston Harriers	U/17	01:06:67
7	291	Charlene McCallum	Shettleston Harriers	S/W	01:07:73
8	299	Natasha Mackay	Shettleston Harriers	U/17	01:09:32

Derek McLean 800m

Derek McLean 800m

800m	No	Name	Club	Age	Time	
Final						
	1	9	David McNair	Kilbrachan AC	U/15	2.05.03
	2	10	Lewis Pentecost	Falkirk Victoria	U/15	2.06.70
	3	12	Jamie Burns	Shettleston Harriers	U/15	2.06.95
	4	8	Harris Pentecost	Falkirk Victoria	U/15	2.07.76
	5	11	Andrew McAngus	Kilbrachan AC	U/15	2.07.90
	6	7	Craig Kennedy	Kilbrachan AC	U/15	2.12.22
	7	14	Lewis Elliot	Shettleston Harriers	U/15	2.12.73
	8	13	Drew Pollock	Cambuslang Harriers	U/15	2.14.06

1500m

1500m

Heat 1

Pos	No	Name	Club	Age gr	Time
1	116	Michael Deason	Shettleston Harriers	S/M	03:55:91
2	111	Lachlan Oates	Shettleston Harriers	S/M	03:57:75
3	164	Max Ralston	COG/VP	S/M	04:00:25
4	175	Chris Stewart	Giffnock North	U/20	04:07:61
5	132	Matthew Stevenson	Falkirk Victoria Harriers	U/20	04:08:43
6	185	Callum Hunter	Inverclyde AC	U/20	04:08:80
7	184	Michael Houston	Inverclyde AC	U/23	04:08:85
8	137	Andrew Clure	Giffnock North	U/23	04:10:43
9	143	Euan Trait	Kilbarchan	U/20	04:11:04
10	163	Struan Paton	Ronhill Cambuslang H	U/17	04:13:62
11	187	Matthew Mackinnon	Inverclyde AC	U/17	04:15:41
12	200	Conor Thomson	Kilbarchan	U/17	04:15:96
13	183	Kieran Pugh	Kirkintilloch Olyp	U/20	04:22:63
14	169	David Scott	Kirkintilloch Olyp	S/M	04:22:67
15	159	Louis O'Hare	Kirkintilloch Olyp	O/35	04:25:12

Heat 2

Pos	No	Name	Club	Age gr	Time
1	191	Ross Stephen	Ronhill Cambuslang H	U/20	04:17:62
2	170	Jack Heathwood	Bellahouston Harriers	U/17	04:17:96
3	186	Harry C G Nimmo	Giffnock North	U/17	04:18:06
4	114	Adam Redpath	COG/VP	S/M	04:22:05
5	122	Robbie Ferguson	Bellahouston Harriers	U/17	04:22:50
6	146	Alex Johnston	Pitreavie AAC	U/15	04:25:20
7	151	Gavin Smith	Ronhill Cambuslang H	U/17	04:27:77
8	142	Kevin Schenk	Forres Harriers	S/M	04:28:05
9	147	Lewis Raeburn	Shettleston Harriers	U/15	04:30:31
10	154	Calum Little	Cumbernauld AAC	U/13	04:38:59
11	134	Shannon McLellan	Shettleston Harriers	U/23	04:41:04
12	173	Dylan Elliott	Kirkintilloch Olyp	U/13	04:42:82
13	117	Brent Brodie	Bellahouston Harriers	S/M	04:43:03

Heat 3

Pos	No	Name	Club	Age gr	Time
1	168	Luke McCaffrey	Kirkintilloch Olyp	U/15	04:42:94
2	167	Aidan McCaffrey	Kirkintilloch Olyp	U/17	04:45:26
3	108	James Gillon	Law and District	U/15	04:46:02
4	138	Jordon Dolan	Shettleston Harriers	U/15	04:46:16
5	196	Ben Shaw	Giffnock North	U/15	04:47:23
6	152	Micaela Brown	Pitreavie AAC	U/23	04:47:50
7	198	Emily Crusher	Giffnock North	U/15	04:48:56
8	172	Eve MacKinnon	Ronhill Cambuslang H	U/20	04:49:60
9	50	Jack Bell	Giffnock North	U/15	04:55:71
10	171	Jessica Oliver-Bell	Shettleston Harriers	S/W	04:56:34
11	109	Ethan Wilson	Shettleston Harriers	U/13	04:57:23
12	195	Heather Barnes	Giffnock North	U/15	04:57:29
13	166	Kate Richardson	Giffnock North	U/13	04:57:53
14	179	Damien Moore	COG/VP	S/M	05:10:73

1500m

Heat 4

Pos				
1	178 Isla Calvert	Livingston AC	U/13	05:01:31
2	127 Elliot Bain	East Kilbride AC	U/13	05:01:57
3	129 Eoghan O'Donnell	Giffnock North	U/15	05:03:74
4	136 Lucy Muirhead	East Kilbride AC	U/15	05:04:03
5	188 Lynn McKenna	Giffnock North	U/15	05:05:24
6	189 Hannah Anderson	East Kilbride AC	U/13	05:06:34
7	194 Andrew Roberston	Giffnock North	U/15	05:06:83
8	176 Sofia Kirkpatrick	Giffnock North	U/15	05:07:18
9	148 Blayne Wright	COG/VP	U/13	05:07:91
10	174 Clare Wallace	Giffnock North	U/15	05:08:94
11	125 Finlay Ross-Daye	Garscube Harriers	U/13	05:10:12
12	124 Reuben Naire	Giffnock North	U/13	05:11:19
13	144 Darren Carruthers	Red Star	U/17	05:17:34
14	135 Sarah Connolly	East Kilbride AC	U/15	05:25:64

Heat 5

Pos				
1	149 Rhain Callan	COG/VP	U/13	05:10:78
2	110 Calum Ferguson	Bellahouston Harriers	U/17	05:12:91
3	180 Josef McKay	Giffnock North	U/11	05:15:87
4	193 Charlotte McKenna	Giffnock North	U/15	05:18:09
5	190 Alexander Thomson	Whitemoss AAC	U/15	05:18:33
6	157 Elle Henderson	Law and District	U/17	05:21:54
7	177 Niamh Riggins	Ronhill Cambuslang H	U/13	05:24:84
8	133 Valencia Wright	COG/VP	U/11	05:25:45
9	182 Isla Ward	Giffnock North	U/13	05:30:60
10	145 Lauren Paterson	Giffnock North	U/13	05:31:16
11	160 Francesca Davidson	Giffnock North	U/13	05:33:66
12	181 Erin Ward	Giffnock North	U/11	05:37:54
13	199 Rachel Donnelly	Law and District	U/13	54:65:08
14	130 Emma Purdie	Shettleston Harriers	U/17	05:49:90

Heat 6

Pos				
1	161 Emma Chamberlain	Giffnock North	U/13	05:32:95
2	156 Donald Maclean	Giffnock North	U/15	05:34:89
3	115 Russell Barnett	COG/VP	U/11	05:36:07
4	131 David Woods	Shettleston Harriers	U/11	05:37:74
5	121 Dominic Morgan	Garscube Harriers	U/13	05:38:47
6	106 Emma Gaston	Giffnock North	U/13	05:39:88
7	113 Rhiannon Morris	Giffnock North	U/13	05:49:83
8	128 Sam Lindsay	Kilmarnock Harriers	U/13	05:50:89
9	112 Demi Scott	Ronhill Cambuslang H	U/13	05:56:18
10	139 Oliver Cartwright	Shettleston Harriers	U/11	06:03:32
11	126 Emma O'Neil	Shettleston Harriers	U/11	06:04:45
12	45 Chloe Orr	Shettleston Harriers	U/11	06:20:70
13	162 Johnny Burns	Shettleston Harriers	U/11	06:45:50
14	155 Hannah Struthers	Shettleston Harriers	U/11	07:15:28

5000m

Heat 1

Pos	No	Name	Club	Age gr	Time
1	287	Tewolde Mengisteab	Shettleston Harriers	S/M	14:46:94
2	158	Kevin Brydon	Shettleston Harriers	S/M	15:35:95
3	288	David Tamburini	Greenock Glenpark H.	O/40	16:49:68
4	103	David Hogg	Kirkintilloch Olyp	O/45	16:52:43
5	102	Robert Keenan	Kirkintilloch Olyp	O/35	16:54:41
6	192	Fraser Logan	Belgrave	S/M	17:30:12
7	92	Adam Kelly	Law and District	U/17	18:53:35

Long Jump

L Jump	No	Name	Club	Age	Dist
1	93	David J Martin	Shettleston Harriers	S/M	7.24
2	100	Andrew C Hunter	Giffnock North	U/20	6.06
3	34	Scott Connal	Whitemoss AAC	U/17	5.97
4	296	Andrew O'Donnell	COG/VP	U/17	5.57
5	295	Stephen Leek	Livingston AC	O/35	5.36
6	124	Reuben Naire	Giffnock North	U/13	4.92
7	27	Emily Craig	Whitemoss AAC	U/17	4.89
8	292	Jordon Dempster	Shettleston Harriers	U/15	4.75
9	67	Callum Downie	Shettleston Harriers	U/15	4.54
10	31	Sidikatu Agoro	Shettleston Harriers	U/20	4.29
11	99	Morgan Findlay	Glasgow Sch of Sport	U/15	4.07
12	84	Cara Fairgrieve	Glasgow Sch of Sport	U/15	4.06
13	68	Holly Kirkwood	COG/VP	U/11	4.02
14	58	Claudia Harper	Shettleston Harriers	U/17	3.95
15	101	Fraser Jamieson	Shettleston Harriers	U/15	3.86
16	71	Catriona Brannan	Shettleston Harriers	U/15	3.83
17	32	Mobolanan Agoro	Shettleston Harriers	U/15	3.80
18	57	Mya Munro	Shettleston Harriers	U/15	3.78
19	35	Eva Harper	Shettleston Harriers	U/11	3.78
20	180	Josef McKay	Giffnock North	U/11	3.60
21	70	Adam Donaldson	Shettleston Harriers	U/15	3.51
22	81	Lauren O'Neil	Shettleston Harriers	U/13	3.49
23	83	Lauren Agnew	Giffnock North	U/13	3.49
24	197	Laura Kinder	Kilbarchan	S/W	3.42
25	54	Grace Robertson	Giffnock North	U/13	3.34
26	181	Erin Ward	Giffnock North	U/11	3.24
27	53	Max Campbell	Shettleston Harriers	U/13	3.24
28	182	Isla Ward	Giffnock North	U/13	3.21
29	18	Kevin Uwaifo	Shettleston Harriers	U/13	3.17
30	128	Sam Lindsay	Kilmarnock Harriers	U/13	3.11
31	52	Ruby Garrick	Shettleston Harriers	U/13	3.08
32	105	Molly McLean	Shettleston Harriers	U/13	3.07
33	85	Cameron Fairgrieve	Shettleston Harriers	U/11	3.00
34	48	Emma McKenzie	Shettleston Harriers	U/13	2.93
35	45	Chloe Orr	Shettleston Harriers	U/11	2.87
36	69	Leah Muirhead	East Kilbride AC	U/11	2.87
37	300	Cole Polson	Shettleston Harriers	U/11	2.78
38	131	David Woods	Shettleston Harriers	U/11	2.76
39	17	Eseosa Agbonkonkon	Shettleston Harriers	U/11	2.71
40	47	Jenna Dolan	Shettleston Harriers	U/11	2.68
41	46	Millie McIntosh	Shettleston Harriers	U/11	2.62
42	15	Evis Uwaifo	Shettleston Harriers	U/11	2.54
43	120	Penny Fraser	Shettleston Harriers	U/11	2.52
44	97	Kamryn Wilson	Shettleston Harriers	U/11	2.48
45	78	Kara Steven	Dalmarnock Primary Sch	U/11	2.33
46	155	Hannah Struthers	Shettleston Harriers	U/11	2.06
47	94	Cairenna Wiggins	Shettleston Harriers	U/13	1.84
48	79	Connor Long	Unattached	U/11	1.51

Discus

Discus	No	Name	Club	Age	Dist	
1	150	Jim Hogg	SVHC	O/60	47.55	1k
2	26	Sam O'Kane	Kilbarchan	S/M	36.73	2k
3	119	Swaran Singh	Unattached	O/70	34.96	1k
4	28	Paul Wishart	COG/VP	S/M	31.62	2k
5	165	Derick Korantieng	Shettleston Harriers	U/23	27.17	2k
6	30	Mark Hanlon	Unattached	O/45	17.05	2k
1	197	Laura Kinder	Kilbarchan	S/W	15.84	1k
1	43	Charlotte Steele	COG/VP	U/17	27.49	1k
1	95	Shona Crossan	Shettleston Harriers	U/15	32.21	1k
2	76	Cameron Morris	Giffnock North	U/15	20.33	1k

Javelin

Javelin	No	Name	Club	Age	Dist	
1	141	Justin Carter	Ronhill Cambuslang H	O/40	36.06	800g
2	295	Stephen Leek	Livingston AC	O/35	35.29	800g
3	96	Cameron Black	Shettleston Harriers	S/M	31.00	800g
1	90	Bobby Crossan	Kilbarchan	U/17	52.75	700g
2	43	Charlotte Steele	COG/VP	U/17	34.37	500g
3	27	Emily Craig	Whitemoss AAC	U/17	22.16	500g
4	299	Natasha Mackay	Shettleston Harriers	U/17	14.76	500g
5	130	Emma Purdie	Shettleston Harriers	U/17	7.27	500g
1	95	Shona Crossan	Shettleston Harriers	U/15	23.57	500g
2	108	James Gillon	Law and District	U/15	28.09	600g
3	294	Taylor-Marie Leek	Livingston AC	U/15	13.55	500g
1	107	Theo Carter	Shettleston Harriers	U/13	22.40	400g
2	22	Rachel Kelly	Giffnock North	U/13	13.88	400g