



Morning Results Match 1

Club	Athlete	Performance	Points
Under 11 Boys			
60m A String			Under 11 Boys
Kirkintilloch A	Rory Elliott	9.67	
Ayr Seaforth A	no athlete declared	9.82	
Giffnock North B	Alex Chamberlain	9.88	
Giffnock North A	Tom Lord	10.01	
Whitemoss A	Ben Sanderson	10.01	
Shettleston A	Eseosa Agbonkonkon	10.02	
East Lothian A	Ben Austin	10.20	
Clydesdale A	Liam Kane	10.42	
VP Glasgow A	no athlete declared	10.48	
VP Glasgow B	Laurence Clark	10.59	
Helensburgh A	Cameron Williams	10.59	
600m A String			Under 11 Boys
Cumbernauld A	Calum Hendry	1:58.31	
Kirkintilloch A	Rory Elliott	2:02.02	
Giffnock North B	Mark McInnes	2:05.62	
Giffnock North A	Ross McGinness	2:05.84	
Shettleston A	Oliver Cartwright	2:06.46	
VP Glasgow B	Christian McKay	2:06.67	
Helensburgh A	Euan McCartney	2:09.29	
East Lothian A	Ben Austin	2:10.04	
Ayr Seaforth A	no athlete declared	2:12.65	
Clydesdale A	Liam Kane	2:21.24	
VP Glasgow A	Blair Cameron Miller	2:22.68	
Whitemoss A	Leo Burns	2:26.44	

Morning Results Match 1

Club	Athlete	Performance	Points
Standing Long Jump A String			Under 11 Boys
Cumbernauld A	Calum Hendry	1.90	
Giffnock North A	Tom Lord	1.76	
Shettleston A	Eseosa Agbonkonkon	1.70	
Giffnock North B	Eddie MacDonald	1.69	
Whitemoss A	Ben Sanderson	1.66	
Ayr Seaforth A	Ben Edwards	1.64	
Helensburgh A	Euan McCartney	1.62	
VP Glasgow A	R Hamilton	1.54	
VP Glasgow B	Laurence Clark	1.20	
East Lothian A	Ben Austin	1.60*	
			<i>DQ - too many events</i>
60m B String			Under 11 Boys
East Lothian A	Tom Kelman	9.46	
Giffnock North A	Jamie Brinkworth	9.90	
Ayr Seaforth A	no athlete declared	9.91	
Giffnock North B	Sam Edgar	9.96	
Cumbernauld A	athlete not declared	10.16	
Shettleston A	Ciaran Carmichael		
VP Glasgow A	no athlete declared	10.33	
Whitemoss A	Lewis Colligan	10.59	
Kirkintilloch A	Finlay Kalkman	10.68	
Helensburgh A	William Scott	10.95	
Clydesdale A	Ben McCallum	11.56	
600m B String			Under 11 Boys
Giffnock North B	Eddie MacDonald	2:07.41	
Shettleston A	Johnny Burns	2:11.66	
Kirkintilloch A	Finlay Kalkman	2:12.20	
VP Glasgow A	Joshua Teo Winter	2:14.92	
East Lothian A	Tom Kelman	2:16.47	
Helensburgh A	Finlay Adkins	2:17.61	
Clydesdale A	Ben McCallum	2:21.32	
Giffnock North A	Gregor Peterkin	2:21.39	
Whitemoss A	Glen Meighan	2:26.44	
Cumbernauld A	Hayden MacDonald	2:37.28	
VP Glasgow B	Reece Couling	2:40.33	

Morning Results Match 1

Club	Athlete	Performance	Points
Standing Long Jump B String			Under 11 Boys
Giffnock North A	Jamie Brinkworth	1.86	
Giffnock North B	Alex Chamberlain	1.74	
Ayr Seaforth A	Ethan Levington	1.70	
Whitemoss A	Glen Meighan	1.60	
VP Glasgow A	M Findow	1.58	
Helensburgh A	William Scott	1.42	
East Lothian A	Tom Kelman	1.94*	

DQ - too many events

Morning Results Match 1

Club	Athlete	Performance	Points
Under 13 Boys			
60m			Under 13 Boys
Giffnock North A	Max McHarg	8.68	
Whitemoss A	Ross Morgan	8.88	
Ayr Seaforth A	Magnus Friel	9.20	
Shettleston A	Harris Finlayson	9.33	
Giffnock North B	Nathan Tallen	9.37	
Stewartry A	Issac Scott	9.41	
Kirkintilloch A	Matthew Stewart	9.55	
VP Glasgow A	Theo Edgar	9.57	
Motherwell A	Calum Agnew	9.59	
Cumbernauld B	Ethan Cunningham	9.60	
Shettleston B	Chris Brogan	9.63	
Cumbernauld A	Adam Atkinson	9.63	
VP Glasgow B	Finlay White	9.67	
Ayr Seaforth B	Joseph Notley-Yanez	9.68	
Whitemoss B	Evan Mills	9.81	
Helensburgh A	Duglas Miller	9.81	
Clydesdale A	Luke Baxter	9.95	
Livingston B	Luke McAlear	10.31	
Clydesdale B	Liam Probert	10.41	
Livingston A	Tyrese Satha	10.48	
Helensburgh B	Owen Wilkinson	11.39	
800m			Under 13 Boys
Livingston B	Alister Brown	2:32.86	
Giffnock North A	Michael Moynihan	2:37.09	
Ayr Seaforth A	Lewis Martin	2:38.16	
VP Glasgow A	Russell Barnett	2:38.66	
Livingston A	Elliot Frame	2:40.14	
Whitemoss A	Calum Gourlay	2:40.27	
Kirkintilloch A	Connor Kalkman	2:40.53	
Cumbernauld A	Craig Little	2:40.70	
East Lothian A	Cameron Pirie	2:40.78	
Motherwell A	Stuart Russell	2:42.83	
Giffnock North B	Gordon Wylie	2:45.02	
Cumbernauld B	Jude Neville	2:51.85	
Whitemoss B	Evan Mills	2:54.43	
Clydesdale A	Dominic Burns	3:02.84	
Helensburgh A	Alistair McCartney	3:03.60	
Helensburgh B	Finn Bridges	3:03.85	
VP Glasgow B	Louis Sharp	3:04.02	
Clydesdale B	Liam Probert	3:14.22	

Morning Results Match 1

Club	Athlete	Performance	Points
60m Hurdles		Under 13 Boys	
Giffnock North A	Max McHarg	10.74	
Whitemoss A	Ross Morgan	10.90	
VP Glasgow A	Ben Chatham	11.39	
Giffnock North B	Adam Inglis	11.40	
Cumbernauld B	Euan Wallace	11.99	
Clydesdale A	Luke Baxter	12.36	
Cumbernauld A	Louis Wishart	12.69	
Kirkintilloch A	Matthew Stewart	12.72	
Ayr Seaforth A	Lewis Martin	12.87	
VP Glasgow B	Louis Sharp	13.88	
Shettleston A	Ross Richardson	13.95	
200m		Under 13 Boys	
Stewartry A	Cameron Muffet	29.50	
Kirkintilloch A	Ethan McDonald	29.64	
Shettleston A	Kevin Uwaifo	29.99	
Ayr Seaforth B	Joseph Notley-Yanez	30.10	
VP Glasgow A	Connor McNally	30.20	
Ayr Seaforth A	Magnus Friel	30.60	
Whitemoss A	Calum Gourlay	30.67	
Cumbernauld A	Sam Bloomfield	30.75	
Shettleston B	Chris Brogan	30.85	
Giffnock North B	Liam Duggan	30.98	
Giffnock North A	Aiden Flynn	31.04	
Helensburgh B	Johnny Brown	31.96	
Cumbernauld B	Ethan Cunningham	32.42	
Livingston A	James Vivian	33.07	
Clydesdale A	Dominic Burns	33.84	
VP Glasgow B	Finlay Kelly	34.18	
East Lothian A	James Walter	34.38	
Helensburgh A	Robert Court	34.58	
Clydesdale B	Liam Probert	34.86	
Whitemoss B	Craig Newton	35.64	
Livingston B	Harrison Sloan	36.37	

Morning Results Match 1

Club	Athlete	Performance	Points
High Jump		Under 13 Boys	
Giffnock North A	Clark Marshall	1.25	
Helensburgh A	Duglas Miller	1.20	
Ayr Seaforth A	Fergus Muir	1.20	
Livingston A	Elliot Frame	1.15	
VP Glasgow A	Ben Chatham	1.15	
Cumbernauld A	Lucas Frew	1.15	
East Lothian A	James Walter	1.15	
VP Glasgow B	Calum McCauley	1.15	
Livingston B	Luke McAlear	1.10	
Cumbernauld B	Euan Wallace	1.10	
Kirkintilloch A	Ethan McDonald	0.1	
Giffnock North B	Glasgow McKenzie	0.1	
Ayr Seaforth B	Lewis McGlynn	0.1	
Long Jump		Under 13 Boys	
VP Glasgow A	Connor McNally	4.15	
Ayr Seaforth A	Lewis Martin	4.11	
Giffnock North A	Mark McCabe	4.06	
Livingston A	James Vivian	3.88	
Giffnock North B	Sol Waddell	3.68	
Helensburgh B	Johnny Brown	3.65	
Cumbernauld A	Sam Bloomfield	3.65	
Whitemoss A	Calum Gourlay	3.61	
Kirkintilloch A	Matthew Stewart	3.47	
Ayr Seaforth B	Joseph Notley-Yanez	3.34	
Motherwell A	Stuart Russell	3.23	
Clydesdale A	Luke Baxter	3.22	
Stewartry A	Issac Scott	3.19	
Helensburgh A	Alistair McCartney	3.15	
Cumbernauld B	Max McCafferty	2.93	
VP Glasgow B	Finlay Kelly	2.88	
Livingston B	Harrison Sloan	2.61	
East Lothian A	Sam Donnelly	2.41	
Whitemoss B	Evan Mills	0.1	

Morning Results Match 1

Club	Athlete	Performance	Points
Shot Putt			Under 13 Boys
Whitemoss A	Ross Morgan	7.38	
Giffnock North A	Mark McCabe	6.46	
Giffnock North B	Euan Menzies	6.08	
VP Glasgow A	Theo Edgar	5.33	
Shettleston B	Chris Brogan	5.12	
Helensburgh A	Robert Court	5.11	
Kirkintilloch A	Connor Kalkman	4.91	
Motherwell A	Calum Agnew	4.85	
Livingston A	Tyrese Satha	4.81	
Ayr Seaforth B	Lewis McGlynn	4.70	
Helensburgh B	Matthew Palmer	4.69	
Cumbernauld B	Anthony Young	4.63	
Clydesdale A	Dominic Burns	4.49	
Livingston B	Luke McAlear	4.42	
East Lothian A	Cameron Pirie	4.39	
VP Glasgow B	Finlay White	4.12	
Ayr Seaforth A	Fergus Muir	4.11	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 15 Boys			
60m		Under 15 Boys	
VP Glasgow A	Jamie Stevenson	7.71	
Ayr Seaforth A	Euan Duff	8.25	
Giffnock North A	Reuben Nairne	8.41	
Livingston A	Matthew Boules	8.51	
East Lothian A	Adam Hoole	8.58	
Whitemoss A	Kai Newall	8.86	
Cumbernauld B	Calum Smith	8.90	
Giffnock North B	Logan Anderson	8.93	
Helensburgh A	Christopher Wilson	9.09	
Cumbernauld A	Paul Atkinson	9.09	
VP Glasgow B	Donald Scott	9.26	
Ayr Seaforth B	Scott Shankley	9.32	
Whitemoss B	Mikey Beggan	9.52	
Livingston B	Aidan McKeown	9.65	
Kirkintilloch A	Louis O'Hare	9.65	
Shettleston A	Callum Storrie	9.75	
Clydesdale A	Shaun Beckford-Young	10.20	
800m		Under 15 Boys	
East Lothian A	Joe Donnelly	2:27.68	
Motherwell A	Dylan Drummond	2:29.66	
Giffnock North A	Eoghan O'Donnell	2:31.50	
Livingston A	Fraser Morris	2:34.17	
Kirkintilloch A	Louis O'Hare	2:34.79	
Cumbernauld A	Jacob Brown	2:37.09	
Helensburgh A	Ruaridh Fletcher	2:59.00	
Clydesdale B	Lloyd Young	3:00.64	
60m Hurdles		Under 15 Boys	
Giffnock North A	Reuben Nairne	9.54	
VP Glasgow A	Aaron Belkevitz	10.19	
VP Glasgow B	Gavin Wilson	10.25	
Livingston A	Matthew Boules	10.32	
Cumbernauld A	Jamie Tobin	10.45	
East Lothian A	Thomas Leitch	11.25	
Cumbernauld B	Arran Kennedy	11.75	
Whitemoss A	Mark McDonald	12.55	
Kirkintilloch A	Liam Casey	13.37	

Morning Results Match 1

Club	Athlete	Performance	Points
200m		Under 15 Boys	
VP Glasgow A	Jamie Stevenson	24.46	
East Lothian A	Callum Poole	26.95	
Ayr Seaforth B	Jamie McCullough	27.50	
Kirkintilloch A	Liam Casey	28.37	
VP Glasgow B	Pierre-Samy Eteiba	28.42	
Ayr Seaforth A	Marc Mulgrew	28.62	
Giffnock North A	Fraser Lipp	28.66	
Livingston A	Fraser Morris	28.77	
Giffnock North B	Liam Rhodes	28.97	
Whitemoss A	Kyle McAulay	29.24	
Helensburgh A	Christopher Wilson	29.30	
Clydesdale A	Cairn Wallace	29.67	
Cumbernauld A	Paul Atkinson	30.31	
Cumbernauld B	Ross Stanton	30.83	
Shettleston A	Callum Storrie	32.13	
Livingston B	Daniel Parkinson	32.90	
400m		Under 15 Boys	
Cumbernauld A	Gary McPake	54.60	
Shettleston A	Lewis Elliott	59.27	
Ayr Seaforth A	Euan Duff	1:00.31	
Livingston A	Aidan Brady	1:00.75	
Helensburgh A	Josh Bain	1:03.58	
Giffnock North A	Adam Deverrill	1:05.64	
East Lothian A	Thomas Leitch	1:06.54	
VP Glasgow A	Cameron McClymont	1:07.61	
Giffnock North B	no athlete declared	1:10.40	
Cumbernauld B	Arran Kennedy	1:11.83	
Whitemoss A	Kai Newall	1:15.73	
Livingston B	Aidan McKeown	1:18.51	
Clydesdale B	Lloyd Young	1:19.61	
High Jump		Under 15 Boys	
Cumbernauld A	Jamie Tobin	1.53	
Giffnock North A	Sam Young	1.50	
Livingston A	Aidan Brady	1.45	
Whitemoss A	Kyle McAulay	1.45	
Cumbernauld B	Euan Munro	1.30	
East Lothian A	Adam Hoole	1.25	
Helensburgh A	Christopher Wilson	1.25	
Whitemoss B	Mikey Beggan	1.25	
Ayr Seaforth A	Marc Mulgrew	1.25	
Livingston B	Daniel Parkinson	0.1	

Morning Results Match 1

Club	Athlete	Performance	Points
Long Jump		Under 15 Boys	
Ayr Seaforth A	Euan Duff	5.45	
Giffnock North A	Reuben Nairne	4.96	
East Lothian A	Callum Poole	4.84	
VP Glasgow A	Aaron Belkevitz	4.64	
Ayr Seaforth B	Jamie McCullough	4.44	
Whitemoss A	Kyle McAulay	4.35	
Giffnock North B	Calum Rogers	4.15	
VP Glasgow B	Donald Scott	3.97	
Livingston B	Aidan McKeown	3.94	
Cumbernauld B	Ross Stanton	3.82	
Livingston A	Fraser Morris	3.80	
Helensburgh A	Ruaridh Fletcher	3.67	
Whitemoss B	Mikey Beggan	3.52	
Clydesdale B	Lloyd Young	3.50	
Clydesdale A	Shaun Beckford-Young	3.47	
Cumbernauld A	Ross Govan	3.46	
Shot Putt		Under 15 Boys	
Giffnock North A	Fraser Lipp	7.93	
Helensburgh A	Josh Bain	7.29	
Cumbernauld A	Paul Atkinson	7.26	
Giffnock North B	Ollie Maher	7.08	
VP Glasgow A	Jamie Stevenson	6.63	
Kirkintilloch A	Liam Casey	6.28	
Cumbernauld B	Calum Smith	6.07	
Livingston B	Daniel Parkinson	5.80	
Whitemoss A	Mark McDonald	5.47	
Clydesdale A	Shaun Beckford-Young	5.22	
Shettleston A	Callum Storrie	4.55	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 17 Men			
60m		Under 17 Men	
VP Glasgow B	Daniel Reda	7.70	
Giffnock North A	Kyle McLean	7.75	
VP Glasgow A	Alan Murray	7.76	
Ayr Seaforth A	Rory McCrindle	7.78	
Livingston B	Fraser Steele	7.96	
Ayr Seaforth B	Stuart Dunlop	8.02	
Cumbernauld A	Jack McLenneghan	8.03	
Giffnock North B	Kian Robinson	8.06	
Shettleston B	Jordon Dempster	8.09	
Motherwell A	Christopher Yau	8.21	
Shettleston A	Callum Downie	8.26	
Helensburgh A	Arran Dunbar	8.36	
Stewartry A	Ross Clark	8.40	
Cumbernauld B	Owen Doyle	8.42	
East Lothian A	Cameron Smith	8.50	
Livingston A	Michael Wards	8.64	
800m		Under 17 Men	
Giffnock North A	Jamie Sturrock	2:06.86	
Cumbernauld A	Hamish Coutts	2:09.17	
Giffnock North B	Nikolai Gajic	2:09.97	
Motherwell A	Luke Poutney	2:13.16	
VP Glasgow A	Andrew Moreland	2:13.67	
Ayr Seaforth A	Daniel Martin	2:15.62	
Livingston B	Nathan Campbell	2:20.26	
Shettleston A	Jordon Dolan	2:22.85	
East Lothian A	Fraser Kelly	2:23.97	
Livingston A	Rhys Findlay	2:26.01	
Stewartry A	Tommy McGrath	2:26.71	
Whitemoss A	Alexander Thomson	2:27.65	
Helensburgh A	Corrie Fletcher	2:29.50	
60m Hurdles		Under 17 Men	
Whitemoss A	Scott Connal	9.09	
Giffnock North A	Calum Alexander	9.10	
Cumbernauld B	Sean Kennedy	9.51	
East Lothian A	Jordan Robbins	10.00	

Morning Results Match 1

Club	Athlete	Performance	Points
200m		Under 17 Men	
Ayr Seaforth A	Rory McCrindle	24.68	
Motherwell A	Lewis Gray	24.82	
Giffnock North A	Scott Wylie	25.00	
VP Glasgow A	Adam Orr	25.12	
Livingston B	Fraser Steele	25.35	
Whitemoss A	James Cathie	25.39	
Cumbernauld A	Hamish Coutts	25.47	
Giffnock North B	Robert Brady	25.66	
East Lothian A	Chris Stewart	25.81	
Ayr Seaforth B	Stuart Dunlop	25.90	
Shettleston B	Jordon Dempster	25.97	
Clydesdale A	Daniel Mulraney	26.30	
VP Glasgow B	Adam Brady	26.36	
Shettleston A	Callum Downie	26.72	
Livingston A	David Threlfall	26.99	
Cumbernauld B	Owen Doyle	27.04	
Stewartry A	Tommy McGrath	27.77	
400m		Under 17 Men	
Ayr Seaforth B	Michael Bargh	53.91	
East Lothian A	Ben Sutton	55.62	
Giffnock North B	Amine Hifi	55.93	
Giffnock North A	Ross Lipp	56.01	
Ayr Seaforth A	Daniel Martin	56.11	
Cumbernauld B	Sean Kennedy	56.47	
Whitemoss A	James Cathie	57.12	
Cumbernauld A	Jack McLenneghan	57.65	
VP Glasgow A	Andrew Moreland	58.79	
Helensburgh A	Arran Dunbar	1:02.35	
Livingston A	Michael Wards	1:02.38	
High Jump		Under 17 Men	
Giffnock North A	Ethan Dear	1.85	
VP Glasgow A	James Stewart	1.65	
Clydesdale A	Daniel Mulraney	1.60	
Shettleston A	Callum Downie	1.55	
East Lothian A	Jordan Robbins	1.50	
Cumbernauld A	Aiden Grimshaw	1.50	
Cumbernauld B	Sean Kennedy	1.45	
Helensburgh A	Corrie Fletcher	1.25	

Morning Results Match 1

Club	Athlete	Performance	Points
Long Jump			Under 17 Men
Whitemoss A	Scott Connal	6.32	
Giffnock North A	Ethan Dear	5.56	
Clydesdale A	Daniel Mulraney	4.95	
Cumbernauld A	Aiden Grimshaw	4.82	
VP Glasgow A	Adam Orr	4.77	
VP Glasgow B	Calum McLeod	4.68	
Helensburgh A	Arran Dunbar	4.24	
East Lothian A	Ross Clark	4.22	
Cumbernauld B	Lewis Wallace	3.77	
Shot Putt			Under 17 Men
VP Glasgow B	Andrew Peck	12.19	
VP Glasgow A	Adam Boyle	11.08	
Whitemoss A	Scott Connal	11.03	
Giffnock North A	Ethan Dear	10.10	
Ayr Seaforth A	Daniel Martin	6.89	
Stewartry A	Ross Clark	6.89	
Giffnock North B	Amine Hifi	6.79	
East Lothian A	Fraser Kelly	6.75	
Cumbernauld A	Hamish Coutts	6.64	
Cumbernauld B	Lewis Wallace	6.55	
Livingston B	Nathan Campbell	4.72	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 20 Men			
60m			Under 20 Men
Shettleston A	Ade Mebube	7.25	
Giffnock North A	John Hamilton	7.34	
Cumbernauld A	Lewis Brown	7.39	
Giffnock North B	Ross Montgomerie	7.54	
VP Glasgow B	Lewis Serpell	7.65	
Kirkintilloch A	Kieran Callaghan	7.66	
VP Glasgow A	David Wilson	7.68	
East Lothian A	Cameron Johnstone	7.75	
Motherwell A	Joseph McCluskey	7.85	
Cumbernauld B	Ross Alum	7.88	
Ayr Seaforth A	Sean Morrison	7.93	
Livingston A	Ben Scott	8.54	
800m			Under 20 Men
Shettleston A	Ben Dalziel	2:03.34	
Cumbernauld A	Cameron Richardson	2:04.65	
VP Glasgow B	Calum McCormack	2:05.65	
Livingston A	Alastair White	2:07.85	
VP Glasgow A	Nathan Merchant	2:09.97	
Motherwell A	Tom Timmons	2:13.45	
60m Hurdles			Under 20 Men
Shettleston A	Douglas Mason	9.14	
Giffnock North A	David Campbell	9.32	
Livingston A	Alastair White	16.08	
200m			Under 20 Men
Giffnock North A	Robert Moses	23.25	
VP Glasgow A	Steven Murphy	23.27	
Motherwell A	Stephen Ross	23.66	
Cumbernauld A	Daniel Winning	23.80	
VP Glasgow B	Ian Wilson	24.37	
Whitemoss A	Ali Stewart	24.70	
Ayr Seaforth A	Kieran Struthers	24.84	
Giffnock North B	Chris Mackay	25.22	
Cumbernauld B	Ross Alum	25.35	
Kirkintilloch A	Martin Byrne	25.54	
East Lothian A	Jason Pattison	26.24	

Morning Results Match 1

	Club	Athlete	Performance	Points
400m				Under 20 Men
	Cumbernauld A	Lewis Brown	50.58	
	East Lothian A	Cameron Steven	51.99	
	VP Glasgow B	Ramesh Sapkota	53.19	
	Whitemoss A	Ali Stewart	53.55	
	Giffnock North A	David Campbell	54.76	
	VP Glasgow A	Nathan Merchant	55.07	
	Giffnock North B	Jason Wu	55.98	
	Livingston A	Alastair White	58.17	
High Jump				Under 20 Men
	Giffnock North A	David Lambie	1.95	
	VP Glasgow A	Marcus Morton	1.95	
	Giffnock North B	Fraser O'Rourke	1.75	
	Ayr Seaforth A	Kieran Struthers	1.70	
	VP Glasgow B	Andrew O'Donnell	1.70	
	Cumbernauld A	Daniel Winning	1.65	
	Kirkintilloch A	Martin Byrne	1.60	
Long Jump				Under 20 Men
	Giffnock North A	Andrew Hunter	5.91	
	VP Glasgow A	Euan Urquhart	5.84	
	Giffnock North B	Aidan O'Friel	5.55	
	Kirkintilloch A	Kieran Callaghan	5.54	
	Motherwell A	John McCulloch	5.42	
	Ayr Seaforth A	Kieran Struthers	5.26	
	Livingston A	Alastair White	5.14	
	VP Glasgow B	Andrew O'Donnell	5.09	
Shot Putt				Under 20 Men
	Cumbernauld A	Daniel Winning	11.10	
	VP Glasgow A	Euan Urquhart	10.70	
	Giffnock North A	Morgan Allan	8.36	
	East Lothian A	Cameron Johnstone	8.25	
	Cumbernauld B	Ross Kirkwood	7.93	
	Ayr Seaforth A	Sean Morrison	7.07	
	Giffnock North B	Jason Wu	6.29	
	Kirkintilloch A	Martin Byrne	4.47	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 11 Girls			
60m A String			Under 11 Girls
Shettleston A	Eva Harper	9.36	
VP Glasgow B	Ella Campbell	9.61	
Cumbernauld A	Melissa Manfredini	9.72	
Motherwell A	Hannah Dwyer	9.74	
Ayr Seaforth A	Erin Ramsey	9.75	
VP Glasgow A	Sophie Sinclair	10.16	
Giffnock North B	Catriona Bentley	10.19	
Giffnock North A	Eliza Turner	10.33	
Whitemoss A	Katie Pickles	10.49	
Helensburgh A	Eva Rooney	10.70	
Livingston A	Kirsten Morris	10.92	
Whitemoss B	Darcey Connor	10.92	
Kirkintilloch A	Robyn O'Hare	11.10	
Shettleston B	Katie Wynn	12.12	
Cumbernauld B	Claudia Dalchow	13.16	
600m A String			Under 11 Girls
VP Glasgow A	Sophie Sinclair	2:05.02	
Ayr Seaforth A	Eve Beswick	2:07.75	
Giffnock North A	Georgia Gray	2:09.76	
Whitemoss A	Katie Pickles	2:22.55	
Giffnock North B	Emma McLennan	2:23.69	
Shettleston B	Ava MacIntyre	2:24.09	
East Lothian A	Alice Walter	2:25.76	
Kirkintilloch A	Robyn O'Hare	2:26.23	
Livingston A	Kirsten Morris	2:28.45	
Motherwell A	Emma Gilchrist	2:29.93	
Shettleston A	Erin Richardson	2:33.90	
Helensburgh A	Helen Niblock	2:41.63	

Morning Results Match 1

Club	Athlete	Performance	Points
Standing Long Jump A String			Under 11 Girls
VP Glasgow A	Rebecca Elsby	1.88	
Shettleston A	Eva Harper	1.84	
Ayr Seaforth A	Libby White	1.76	
East Lothian A	Alice Walter	1.64	
Giffnock North A	Eliza Turner	1.60	
Cumbernauld B	Amy Cruden	1.56	
Whitemoss A	Eilidh Beggan	1.42	
Helensburgh A	Helen Niblock	1.40	
Cumbernauld A	Mia Forrest	1.38	
VP Glasgow B	Rhuna Jane Mccartney	1.38	
Whitemoss B	Darcey Connor	1.36	
Giffnock North B	Martha McMahon	1.32	
Shettleston B	Katie Wynn	1.30	
60m B String			Under 11 Girls
Ayr Seaforth A	Amy McCann	9.92	
VP Glasgow A	Louise Kemp	9.94	
Motherwell A	Emma Gilchrist	9.99	
Cumbernauld A	Evie Dougan	10.15	
Whitemoss A	Matilda Frew	10.16	
VP Glasgow B	Rosa Jackson	10.38	
Giffnock North A	Georgia Gray	10.42	
Shettleston B	Mya Lindsay	10.73	
Giffnock North B	Ellen Bentley	10.75	
Whitemoss B	Heather Lessels	11.13	
Cumbernauld B	Amy Cruden	11.18	
600m B String			Under 11 Girls
Giffnock North A	Ava Flynn	2:11.98	
Giffnock North B	Ellen Bentley	2:14.80	
Whitemoss A	Shannon Dickson	2:16.35	
VP Glasgow A	Tuscany Wright	2:19.74	
Shettleston A	Jessica Grant	2:22.79	
Helensburgh A	Maddie Rooney	2:24.18	
Cumbernauld A	Evie Dougan	2:28.82	
Motherwell A	Hannah Dwyer	2:33.52	
Whitemoss B	Mirren Anderson	2:37.92	
Shettleston B	Hannah Struthers	2:44.92	
Cumbernauld B	Claudia Dalchow	2:49.57	

Morning Results Match 1

Club	Athlete	Performance	Points
Standing Long Jump B String			Under 11 Girls
Ayr Seaforth A	Amy McCann	1.84	
Cumbernauld A	Melissa Manfredini	1.74	
VP Glasgow B	Ella Campbell	1.74	
Whitemoss A	Matilda Frew	1.66	
Shettleston B	Mya Lindsay	1.60	
VP Glasgow A	Louise Kemp	1.60	
Cumbernauld B	Nicola Flynn	1.54	
Giffnock North A	Ava Flynn	1.50	
Giffnock North B	Laura Crawford	1.34	
Whitemoss B	Mirren Anderson	1.24	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 13 Girls			
60m			Under 13 Girls
Giffnock North A	Alyson Bell	8.47	
Giffnock North B	Lara Sturgeon	8.97	
East Lothian A	Grace Brennan	9.08	
VP Glasgow A	Skye Turner	9.28	
Clydesdale A	Mia McLeod	9.38	
Cumbernauld A	Casandra Manfredini	9.51	
VP Glasgow B	Emma Williams	9.54	
Helensburgh B	Gemma Phillips	9.57	
Livingston A	Erin Cameron	9.66	
Ayr Seaforth B	Maggie Glendinning	9.80	
Motherwell A	Taylor Frame	9.83	
Shettleston A	Abby Richardson	9.92	
Whitemoss A	Lucie Mills	9.96	
Whitemoss B	Lily Scarlett Burns	10.17	
Cumbernauld B	Lucy Bowman	10.29	
Ayr Seaforth A	Fay McTrusty	10.32	
Helensburgh A	Lucy McRae	10.39	
Shettleston B	Millie McIntosh	10.92	
Stewartry A	Ruby Walshkirk	11.06	
Kirkintilloch A	Lucie Brown	11.10	
Clydesdale B	Heather McDaid	11.70	

Morning Results Match 1

Club	Athlete	Performance	Points
800m		Under 13 Girls	
VP Glasgow A	Valencia Wright	2:42.25	
VP Glasgow B	Nicola Fletcher	2:42.41	
Giffnock North B	Rebecca Anderson	2:44.56	
Whitemoss A	Charlie Frew	2:47.06	
Cumbernauld B	Amy Kennedy	2:47.23	
Giffnock North A	Lauren Agnew	2:50.88	
Motherwell A	Cavan Marie Ryan	2:51.57	
Whitemoss B	Saskia Wade	2:52.06	
East Lothian A	Evie Welsh	2:55.14	
Ayr Seaforth A	Islay Hubbard	2:56.15	
Helensburgh A	Jenny Scott	2:56.58	
Clydesdale A	Kenzie MacIntosh	2:57.19	
Helensburgh B	Sasha Walker	2:57.46	
Clydesdale B	Polly Anderson	2:58.14	
Cumbernauld A	Kerrie Reilly	2:58.22	
Stewartry A	Alice Bagnall	3:00.17	
Livingston A	Erin Cameron	3:00.37	
Ayr Seaforth B	Tess Crooks	3:01.98	
Shettleston A	Emma O'Neil	3:03.53	
Shettleston B	Chloe Orr	3:04.43	
Kirkintilloch A	Ciara Brown	3:12.04	
60m Hurdles		Under 13 Girls	
Cumbernauld B	Amy Kennedy	11.10	
East Lothian A	Joanne Welch	11.11	
VP Glasgow A	Catriona Scott	11.64	
Clydesdale A	Mia McLeod	11.68	
VP Glasgow B	Holly Kirkwood	11.70	
Giffnock North B	Iona Denholm	11.88	
Ayr Seaforth B	Florence Press	12.24	
Ayr Seaforth A	Kyra Reid	12.25	
Giffnock North A	Grace Robertson	12.45	
Livingston A	Sophie Ure	12.51	
Stewartry A	Nina Walshkirk	12.59	
Whitemoss A	Charlie Frew	13.29	
Helensburgh B	Amelia Murphy	13.33	
Livingston B	Georgia Stove	13.36	
Kirkintilloch A	Niamh Casey	13.91	
Clydesdale B	Heather McDaid	14.02	

Morning Results Match 1

Club	Athlete	Performance	Points
200m		Under 13 Girls	
Giffnock North A	Niamh Smith	28.94	
VP Glasgow A	Skye Turner	29.88	
Giffnock North B	Mary Rose Cairns	30.25	
VP Glasgow B	Holly Kirkwood	31.24	
Cumbernauld A	Emma Mair	31.73	
Livingston A	Sophie Ure	31.76	
Clydesdale A	Mia McLeod	32.15	
East Lothian A	Laura Buchan	32.48	
Livingston B	Georgia Stove	32.75	
Motherwell A	Abbie Reed	33.02	
Ayr Seaforth B	Keira Capstick	33.21	
Whitemoss B	Esther George	33.40	
Whitemoss A	Eva Connelly	33.53	
Stewartry A	Alice Bagnall	33.55	
Cumbernauld B	Leona Jaap	34.15	
Shettleston A	Molly McLean	34.35	
Ayr Seaforth A	Kate Miller	34.40	
Clydesdale B	Polly Anderson	35.15	
Helensburgh B	Lara Kinloch	35.29	
Helensburgh A	Amirah Hassan	35.64	
Kirkintilloch A	Lauren O'Hare	37.13	
Shettleston B	Kamryn Wilson	38.54	
High Jump		Under 13 Girls	
East Lothian A	Joanne Welch	1.30	
Helensburgh A	Amirah Hassan	1.25	
Livingston B	Georgia Stove	1.20	
Ayr Seaforth A	Ruth McVeigh	1.20	
Whitemoss B	Saskia Wade	1.15	
Giffnock North A	Niamh Smith	1.10	
Whitemoss A	Eva Connelly	1.10	
Helensburgh B	Gemma Phillips	1.10	
Ayr Seaforth B	Florence Press	0.1	
Kirkintilloch A	Ciara Brown	0.1	
VP Glasgow A	Skye Turner	0.1	
VP Glasgow B	Nicola Fletcher	0.1	
Clydesdale B	Polly Anderson	0.1	

Morning Results Match 1

Club	Athlete	Performance	Points
Long Jump		Under 13 Girls	
Giffnock North A	Alyson Bell	4.34	
VP Glasgow B	Holly Kirkwood	4.18	
Giffnock North B	Lara Sturgeon	4.08	
Ayr Seaforth A	Kyra Reid	3.97	
Whitemoss B	Saskia Wade	3.83	
East Lothian A	Grace Brennan	3.82	
Livingston A	Erin Cameron	3.48	
VP Glasgow A	Catriona Scott	3.35	
Shettleston A	Abby Richardson	3.34	
Ayr Seaforth B	Alexandra Meldrum	3.27	
Whitemoss A	Nicole Cameron	3.26	
Clydesdale A	Kenzie MacIntosh	3.10	
Helensburgh B	Amelia Murphy	3.06	
Stewartry A	Nina Walshkirk	3.03	
Cumbernauld B	Leona Jaap	3.00	
Motherwell A	Cavan Marie Ryan	2.97	
Helensburgh A	Jenny Scott	2.69	
Shettleston B	Millie McIntosh	2.56	
Clydesdale B	Heather McDaid	2.45	
Cumbernauld A	Stephanie Dalchow	2.38	
Kirkintilloch A	Lauren O'Hare	2.31	
Shot Putt		Under 13 Girls	
Cumbernauld A	Stella Coutts	8.47	
Cumbernauld B	Amy Kennedy	8.01	
Giffnock North A	Jennifer Dallas	7.72	
East Lothian A	Joanne Welch	6.29	
Ayr Seaforth A	Ruth McVeigh	6.15	
Giffnock North B	Caroline MacConnell	5.78	
VP Glasgow B	Emma Williams	5.56	
Shettleston A	Molly McLean	5.40	
VP Glasgow A	Catriona Scott	5.32	
Ayr Seaforth B	Alexandra Meldrum	4.94	
Helensburgh A	Lucy McRea	4.61	
Whitemoss B	Esther George	4.37	
Motherwell A	Taylor Frame	4.36	
Whitemoss A	Lucie Mills	4.34	
Kirkintilloch A	Niamh Casey	4.29	
Livingston A	Sophie Ure	4.26	
Shettleston B	Jenna Dolan	3.48	
Clydesdale A	Kenzie McIntosh	3.09	
Helensburgh B	Sasha Walker	2.56	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 15 Girls			
60m		Under 15 Girls	
Ayr Seaforth A	Matilda Press	8.44	
Clydesdale A	Anna McCracken	8.45	
East Lothian A	Eloise Gray	8.48	
Clydesdale B	Rachel Symington	8.56	
Cumbernauld A	Nikkala Humpreys	8.70	
Giffnock North B	Eve Donaghy	8.80	
Giffnock North A	Freya Cowan	8.90	
Livingston B	Ellissa McQueen	9.00	
Stewartry A	Sabrina Henry	9.03	
Cumbernauld B	Liusadh McCulloch	9.06	
Motherwell A	Rachael Knox	9.13	
VP Glasgow B	Lucy Gardner	9.14	
Livingston A	Alix Fairley	9.15	
Whitemoss A	Naimh Gillies	9.24	
Kirkintilloch B	Niamh Green	9.33	
Kirkintilloch A	Alex Dow	9.35	
Whitemoss B	Sarah Kelly	9.40	
Ayr Seaforth B	Olivia Stark	9.44	
VP Glasgow A	Lisha Carruth	9.63	
Shettleston A	Ruby Garrick	9.68	
Helensburgh A	Sophie Michie	9.74	
800m		Under 15 Girls	
Giffnock North A	Orla Lang	2:29.26	
VP Glasgow B	Rachel Gillespie	2:32.96	
Whitemoss A	Jenna Morton	2:34.09	
Livingston A	Isla Calvert	2:34.73	
Livingston B	Iona McDonald	2:37.61	
Giffnock North B	Emma Gaston	2:40.39	
Whitemoss B	Maria Malley	2:43.81	
Motherwell A	Joey Leach	2:44.66	
Cumbernauld A	Lucy Marshall	2:46.85	
VP Glasgow A	Olivia Dunn	2:47.35	
East Lothian A	Catriona MacRae	2:47.87	
Clydesdale A	Jade Milne	2:47.92	
Shettleston A	Morgan Hannah	2:52.06	
Helensburgh A	Charlie Bridges	2:54.63	
Cumbernauld B	Lucy Winning	2:56.37	
Kirkintilloch A	Stephanie Lindsay	3:02.25	
Ayr Seaforth B	Sophie Slider	3:09.40	
Kirkintilloch B	Eve Reilly	3:14.38	
Ayr Seaforth A	Caitlin Baker	3:15.48	

Morning Results Match 1

Club	Athlete	Performance	Points
60m Hurdles		Under 15 Girls	
Clydesdale A	Anna McCracken	10.21	
Ayr Seaforth A	Gemma Bruce	10.44	
Whitemoss A	Kirsty Craig	10.45	
Giffnock North A	Megan Baillie	10.58	
Livingston A	Rachel Gibb	10.70	
VP Glasgow A	Mairead Connolly	10.74	
Kirkintilloch A	Stephanie Lindsay	10.80	
Giffnock North B	Rosie McKay	11.07	
Cumbernauld B	Aimie Hendry	11.09	
VP Glasgow B	Emily Corrigan	11.44	
Cumbernauld A	Jodie Warren	11.77	
Ayr Seaforth B	Sophie Slider	11.91	
Kirkintilloch B	Eve Reilly	12.34	
Whitemoss B	Ella Bryce	12.34	
Stewartry A	Kirsten Gray	12.56	
Clydesdale B	Rachel Symington	12.71	
Shettleston A	Ruby Garrick	12.77	
200m		Under 15 Girls	
Ayr Seaforth A	Matilda Press	27.33	
Cumbernauld B	Emily Miller	27.45	
VP Glasgow A	Rebecca Love	27.58	
East Lothian A	Eloise Gray	27.80	
Giffnock North B	Eva Blues	28.17	
Giffnock North A	Carly Miller	28.77	
Whitemoss A	Lucy Wroe	29.39	
Cumbernauld A	Hannah Wallace	29.97	
Ayr Seaforth B	Holly McIntyre	30.09	
Motherwell A	Rachael Knox	30.10	
Stewartry A	Sabrina Henry	30.21	
Shettleston A	Catriona Brannan	30.42	
Livingston A	Isla Calvert	30.51	
Kirkintilloch A	Alex Dow	30.52	
Kirkintilloch B	Niamh Green	30.64	
Livingston B	Lorna Ure	30.86	
Clydesdale A	Jade Milne	31.02	
VP Glasgow B	Abby McNally	31.82	
Helensburgh A	Sophie Michie	33.24	

Morning Results Match 1

Club	Athlete	Performance	Points
300m		Under 15 Girls	
Giffnock North A	Eve Denholm	43.89	
Stewartry A	Katie Reville	43.98	
Livingston A	Rebecca Calder	44.77	
Livingston B	Iona McDonald	44.86	
Giffnock North B	Rosie McKay	44.89	
Ayr Seaforth A	Gemma Bruce	45.52	
East Lothian A	Catriona McPheat	45.75	
Whitemoss A	Jenna Morton	46.27	
VP Glasgow B	Rachel Gillespie	47.28	
Ayr Seaforth B	Eva Kerr	48.02	
Helensburgh A	Sinead Owen	48.27	
Whitemoss B	Ana Vickers	48.80	
Shettleston A	Cara McKay	50.29	
Cumbernauld A	Christina Dalchow	51.23	
Cumbernauld B	Tabitha McDonald	52.40	

Club	Athlete	Performance	Points
High Jump		Under 15 Girls	
VP Glasgow B	Grace Thompson	1.40	
Livingston A	Rachel Gibb	1.40	
VP Glasgow A	Cara McCauley	1.40	
Whitemoss A	Kirsty Craig	1.40	
Giffnock North B	Eva Blues	1.35	
Giffnock North A	Niamh Flockhart	1.35	
Whitemoss B	Ella Bryce	1.30	
Cumbernauld B	Aimie Hendry	1.25	
Cumbernauld A	Ellie Forest	1.25	
Shettleston A	Catriona Brannan	1.25	
Ayr Seaforth A	Emilie Oosterbeek	1.20	
Livingston B	Sophie O'Mullan	1.20	
Ayr Seaforth B	Olivia Stark	1.20	
Helensburgh A	Charlie Bridges	1.15	
Kirkintilloch A	Alex Dow	0.1	

Morning Results Match 1

Club	Athlete	Performance	Points
Long jump		Under 15 Girls	
Giffnock North A	Eve Denholm	4.64	
Whitemoss A	Jenna Morton	4.51	
Clydesdale A	Anna McCracken	4.39	
Cumbernauld A	Hannah Wallace	4.33	
Kirkintilloch A	Stephanie Lindsay	4.30	
VP Glasgow A	Mairead Connolly	4.25	
Livingston A	Rebecca Calder	4.24	
Ayr Seaforth A	Matilda Press	4.07	
Ayr Seaforth B	Holly McIntyre	4.05	
VP Glasgow B	Lucy Gardner	3.93	
Helensburgh A	Sinead Owen	3.87	
Kirkintilloch B	Eve Reilly	3.82	
Livingston B	Lorna Ure	3.81	
Whitemoss B	Sarah Kelly	3.76	
Giffnock North B	Eve Donaghy	3.62	
Cumbernauld B	Lucy Stephen	3.43	
Shettleston A	Cara Mackay	3.28	
Stewartry A	Kirsten Gray	3.19	
Shot Putt		Under 15 Girls	
VP Glasgow A	Alice Baxendale	8.72	
Giffnock North A	Ellie Lonergan Black	8.62	
Livingston A	Alix Fairley	8.49	
Whitemoss A	Lucy Wroe	7.71	
VP Glasgow B	Grace Thompson	7.60	
Shettleston A	Kara Thompson	7.39	
Ayr Seaforth A	Ayesha Kemp	7.12	
East Lothian A	Catriona McPheat	6.88	
Giffnock North B	Rosie McKay	6.42	
Ayr Seaforth B	Eilidh Morrison	5.79	
Whitemoss B	Saskia Storey	5.74	
Cumbernauld A	Ellie Forest	5.70	
Kirkintilloch B	Niamh Green	5.15	
Cumbernauld B	Hannah Sleigh	4.81	
Helensburgh A	Sophie Michie	4.69	
Livingston B	Sophie O'Mullan	4.40	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 17 Women			
60m		Under 17 Women	
Giffnock North A	Amy Donaghy	8.16	
VP Glasgow A	Jade Henry	8.24	
Whitemoss A	Bethan Malley	8.27	
Ayr Seaforth B	Jaime Hood	8.35	
Ayr Seaforth A	Kirsten McClymont	8.43	
Cumbernauld A	Beth Tobin	8.50	
East Lothian A	Tarryn Wood	8.67	
VP Glasgow B	Jessica Mendonca-Gray	8.73	
Cumbernauld B	Robyn Gemmell	8.81	
Giffnock North B	Beth McGurren	8.91	
Livingston A	Abby Duncan	8.94	
Whitemoss B	Ellis Reston	8.97	
Clydesdale A	Charlie Clark	9.26	
Motherwell A	Olivia Kydd	9.35	
Livingston B	Umer Chaudry	9.62	
Helensburgh A	Jennifer McBride	9.77	
800m		Under 17 Women	
Whitemoss A	Holly McArthur	2:18.15	
Cumbernauld A	Lucy Somerville	2:19.45	
VP Glasgow A	Amy Bissett	2:29.85	
Livingston A	Courtney Moffat	2:39.33	
Cumbernauld B	Tegan Kerr	2:39.54	
Helensburgh A	Jessica Noble	2:41.55	
Ayr Seaforth A	Hannah Paisley	2:44.73	
Livingston B	Hannah Mairs	2:47.82	
Kirkintilloch A	Meg Tomkins	3:14.43	
VP Glasgow B	Monica Blair	3:25.42	
Giffnock North A	Freya Menzies	3:35.69	
60m Hurdles		Under 17 Women	
VP Glasgow A	Jade Henry	9.06	
Whitemoss A	Holly McArthur	9.48	
Cumbernauld A	Beth Tobin	9.84	
Cumbernauld B	Sophie Hanlon	9.89	
Whitemoss B	Christie McSkimming	9.99	
Giffnock North A	Freya Menzies	10.00	
Ayr Seaforth A	Hazel Kirk	10.09	
Giffnock North B	Lauren Saxby	10.40	
Livingston A	Eve Allison	10.77	
Livingston B	Hannah Mairs	12.29	
Clydesdale A	Charlie Clark	12.84	

Morning Results Match 1

Club	Athlete	Performance	Points
200m		Under 17 Women	
VP Glasgow A	Robyn Taylor	27.11	
Ayr Seaforth A	Kirsten McClymont	27.26	
Whitemoss A	Bethan Malley	27.87	
VP Glasgow B	Jessica Mendonca-Gray	28.16	
Giffnock North A	Rhea Campbell	28.41	
Cumbernauld B	Robyn Gemmell	28.47	
Cumbernauld A	Anna McGinness	28.96	
Livingston B	Eilidh Brown	29.16	
Whitemoss B	Ellis Reston	29.46	
Livingston A	Taylor-Marie Leek	30.11	
Motherwell A	Beth Agnew	30.18	
Clydesdale A	Charlie Clark	30.51	
Giffnock North B	Louise Paterson	31.29	
Helensburgh A	Chloe Murphy	31.42	
300m		Under 17 Women	
VP Glasgow A	Nicola Brechany	42.77	
Giffnock North A	Rochelle Moukalla	43.33	
Ayr Seaforth B	Jaime Hood	43.38	
Livingston A	Chloe McAlear	44.22	
Livingston B	Nicole Kinghorn	44.99	
Giffnock North B	Beth McGurren	45.27	
Ayr Seaforth A	Hazel Kirk	45.41	
VP Glasgow B	Monica Blair	46.36	
Whitemoss A	Bethan Malley	46.50	
Motherwell A	Michaela Dwyer	46.52	
Cumbernauld B	Holly Bell	47.52	
Helensburgh A	Jessica Noble	49.30	
Cumbernauld A	Elizabeth Jennings	49.31	
Kirkintilloch A	Meg Tomkins	52.62	
East Lothian A	Leona Boardman	53.54	
High Jump		Under 17 Women	
Whitemoss A	Shannon McInally	1.60	
Whitemoss B	Christie McSkimming	1.55	
Giffnock North A	Catriona Reid	1.50	
Livingston A	Eve Allison	1.45	
Cumbernauld B	Sophie Hanlon	1.40	
Cumbernauld A	Beth Tobin	1.40	
VP Glasgow A	Nicola Brechany	1.30	
East Lothian A	Emily Snudden	1.30	
Livingston B	Umer Chaudry	1.25	
Helensburgh A	Jessica Noble	0.1	
VP Glasgow B	Monica Blair	0.1	

Morning Results Match 1

Club	Athlete	Performance	Points
Long Jump		Under 17 Women	
Whitemoss A	Holly McArthur	5.28	
VP Glasgow A	Robyn Taylor	5.05	
Whitemoss B	Christie McSkimming	4.73	
East Lothian A	Tarryn Wood	4.65	
Cumbernauld A	Lily Warrior	4.36	
Ayr Seaforth A	Katie McAlpine	4.15	
Ayr Seaforth B	Rhea McTaggart	4.08	
Livingston B	Nicole Kinghorn	4.03	
Motherwell A	Beth Agnew	3.97	
Helensburgh A	Chloe Murphy	3.94	
Kirkintilloch A	Meg Tomkins	3.80	
Giffnock North A	Rochelle Moukalla	3.66	
Giffnock North B	Louise Paterson	3.48	
Cumbernauld B	Sophie Crimin	3.45	
Livingston A	Abby Duncan	3.35	
Shot Putt		Under 17 Women	
Shettleston A	Shona Crossan	11.15	
Ayr Seaforth A	Hannah Paisley	10.33+	
Livingston A	Chloe McAlear	8.23	
Giffnock North B	Lauren Saxby	7.49	
Whitemoss A	Kristin Donnachie	7.47	
VP Glasgow B	Jessica Mendonca-Gray	6.99	
VP Glasgow A	Amy Bissett	6.72	
Helensburgh A	Jennifer McBride	6.23	
East Lothian A	Leona Boardman	6.18	
Livingston B	Eilidh Brown	6.15	
Cumbernauld A	Emma Brown	5.82	
Cumbernauld B	Erika McCulloch	5.01	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 20 Women			
60m		Under 20 Women	
Ayr Seaforth A	Aimee McGinley	8.10	
Livingston A	Hazel Shanley	8.26	
VP Glasgow B	Sharon Jakisa	8.32	
Whitemoss A	Sarah Bassett	8.40	
Helensburgh A	Alex Burns	8.52	
Shettleston A	Sidi Agoro	8.52	
VP Glasgow A	Chloe Mason	8.59	
Clydesdale A	Hannah Stewart	8.59	
Whitemoss B	Erin Brown	8.60	
Motherwell A	Chloe Thomson	8.62	
Giffnock North A	Niamh Grahame	8.64	
Kirkintilloch A	Fiona Glen	8.73	
800m		Under 20 Women	
Whitemoss A	Emily Craig	2:24.89	
VP Glasgow A	Jennifer Lewis	2:26.67	
Motherwell A	Kirsty Irwin	2:31.10	
Livingston A	Taygan Henry	2:32.66	
60m Hurdles		Under 20 Women	
Whitemoss A	Emma Canning	9.17	
Giffnock North A	Iona Menzies	9.59	
Whitemoss B	Anna Forbes	10.36	
VP Glasgow B	Karyn Glen	12.61	
200m		Under 20 Women	
Ayr Seaforth A	Nadia Simpson	26.81	
Whitemoss A	Sarah Bassett	27.08	
Shettleston A	Sidi Agoro	27.41	
Giffnock North A	Iona Menzies	27.44	
Helensburgh A	Alex Burns	27.64	
VP Glasgow B	Sharon Jakisa	27.77	
VP Glasgow A	Juliet Gold	28.05	
Clydesdale A	Emily Paxton	28.43	
Kirkintilloch A	Fiona Glen	29.91	
Cumbernauld A	Marta Majika	30.86	
Cumbernauld B	no athlete declared	31.02	

Morning Results Match 1

	Club	Athlete	Performance	Points
400m				Under 20 Women
	Giffnock North A	Niamh Grahame	1:00.55	
	Whitemoss A	Emily Craig	1:01.57	
	Ayr Seaforth A	Georgia Brawley	1:02.81	
	Livingston A	Hazel Shanley	1:03.94	
	Whitemoss B	Anna Forbes	1:04.83	
	Clydesdale A	Emily Paxton	1:05.59	
	VP Glasgow A	Bethany Buchanan	1:06.37	
High Jump				Under 20 Women
	Whitemoss A	Emma Canning	1.60	
	VP Glasgow A	Emma Thompson	1.50	
	VP Glasgow B	Karyn Glen	1.45	
	Ayr Seaforth A	Louise Murray	1.30	
Long Jump				Under 20 Women
	Helensburgh A	Alex Burns	5.15	
	Whitemoss A	Emily Craig	5.08	
	Whitemoss B	Anna Forbes	5.06	
	Livingston A	Hazel Shanley	4.89	
	VP Glasgow A	Emma Thompson	4.81	
	VP Glasgow B	Eloise Spiers	4.67	
	Ayr Seaforth A	Louise Murray	4.15	
	Shettleston A	Sidi Agoro	3.98	
	Kirkintilloch A	Fiona Glen	3.85	
	Clydesdale A	Rachel Campbell	3.79	
	Giffnock North A	Niamh Grahame	3.76	
Shot Putt				Under 20 Women
	VP Glasgow A	Katie Ord	9.92	
	Cumbernauld A	Eilidh Duncan	8.70	
	Whitemoss A	Emma Canning	8.37	
	Whitemoss B	Lauren McSkimming	7.42	
	Kirkintilloch A	Fiona Glen	7.34	
	VP Glasgow B	Karyn Glen	7.29	
	Ayr Seaforth A	Aimee McGinley	6.02	
	Giffnock North A	Iona Menzies	5.76	
	Clydesdale A	Emily Paxton	5.03	

Records and Graded Performances

English Athletics grades published for 2013-14

Age Group	Event	Club	AthleteName	Performance	G1	G2
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English Athletics Grade 1

Under 17 Women	Shot Putt	Shettleston A	Shona Crossan	11.15	9.95	9.40
Under 17 Women	Shot Putt	Ayr Seaforth A	Hannah Paisley	10.33+	9.95	9.40

English Athletics Grade 2

Under 13 Girls	200m	Giffnock North A	Niamh Smith	28.94	28.4	29.0
Under 13 Girls	60m	Giffnock North A	Alyson Bell	8.47	8.45	8.70
Under 13 Girls	Shot Putt	Cumbernauld A	Stella Coutts	8.47	8.50	7.85
Under 13 Girls	Shot Putt	Cumbernauld B	Amy Kennedy	8.01	8.50	7.85
Under 15 Boys	400m	Cumbernauld A	Gary McPake	54.60	54.5	55.6
Under 17 Men	High Jump	Giffnock North A	Ethan Dear	1.85	1.90	1.85
Under 17 Men	Long Jump	Whitemoss A	Scott Connal	6.32	6.35	6.20
Under 17 Women	60m Hurdles	VP Glasgow A	Jade Henry	9.06	9.00	9.20
Under 17 Women	High Jump	Whitemoss A	Shannon McInally	1.60	1.65	1.60
Under 17 Women	Long Jump	Whitemoss A	Holly McArthur	5.28	5.35	5.25
Under 20 Men	High Jump	Giffnock North A	David Lambie	1.95	1.98	1.95
Under 20 Men	High Jump	VP Glasgow A	Marcus Morton	1.95	1.98	1.95

New SAIL League Records

Top Performers

First place = 1 point - ordered by ascending points per event (min 3 events)

3 events, 3 points = 3 wins. 3 events, 4 points = 2 wins and 1 2nd place, etc...

Under 13 Boys

Events	Points	Athlete	Club
3	5	Ross Morgan	Whitemoss A

Under 13 Girls

Events	Points	Athlete	Club
3	7	Joanne Welch	East Lothian A
3	8	Amy Kennedy	Cumbernauld B

Under 15 Boys

Events	Points	Athlete	Club
3	6	Euan Duff	Ayr Seaforth A
3	6	Reuben Nairne	Giffnock North A
3	7	Jamie Stevenson	VP Glasgow A

Under 15 Girls

Events	Points	Athlete	Club
3	6	Anna McCracken	Clydesdale A

Under 17 Men

Events	Points	Athlete	Club
3	5	Scott Connal	Whitemoss A
3	7	Ethan Dear	Giffnock North A

Under 17 Women

Events	Points	Athlete	Club
3	4	Holly McArthur	Whitemoss A

Under 20 Women

Events	Points	Athlete	Club
3	5	Emily Craig	Whitemoss A
3	5	Emma Canning	Whitemoss A