

## **The Scottish Schools' Athletic Association**

### **Entry Standards for Indoor Championships [Revised 2015]**

**Please ensure that only athletes who have achieved these standards are entered.**

#### **UNDER 16 GIRLS**

60m Hdls      10.30 [75mH- 13.00]

60m            8.65 [100m-14.00]

200m          28.30

300m          47.00

800m          2.35

1500m        5.30

High Jump   1m.35  
**[Starting Height 1m30]**

Long Jump   4m.70

Shot          7m.50

Pole Vault   2m.  
**[Starting Height 2m]**

#### **OVER 16 GIRLS**

10.00 [80mH-13.80]

8.50 [100m-13.80]

27.50

46.50

2.30

5.10

1m.45  
**[Starting Height 1m.35]**

4m.80

8m.50

2m  
**[Starting Height 2m]**

## **The Scottish Schools' Athletic Association**

### **Entry Standards for Indoor Championships [Revised 2015]**

**Please ensure that only athletes who have achieved these standards are entered.**

#### **UNDER 16 BOYS**

60m Hdls 10.00 [80mH-14.00]

60m 7.90 [100m-13.10]

200m 26.30

400m 58.00

800m 2.25

1500m 4.55

High Jump 1m.50  
[Starting Height 1m.40]

Long Jump 5m

Shot 9m50

Pole Vault 2m20  
[Starting Height 2m.30]

#### **OVER 16 BOYS**

9.60 [100mH-15.60]

7.65 [100m-12.60]

25.00

56.00

2.15

4.35

1m.65  
[Starting Height 1m.60]

5m40

10m

2m40  
[Starting Height 2m.50]