



Scottish Athletics Throws Grand Prix

Livingston
10 Apr 16

Hammer results not eligible for inclusion

SP7.26K SP6K SP5K SP4K SP3.25K SP3K SP2.72K SP2K CT DT2K DT1.75K DT1.5K DT1.25K DT1K DT0.75K
JT800 JT700 JT600 JT500 JT400

Has your performance not been assigned to your profile yet? Just click the **envelope** beside your performance below to notify us and get it on your profile.

SP7.26K SM A

SP 17.25K Club A											
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB		
1	15.04	Sinclair Patience	SEN	M			Unattached	15.52	15.52		
2	11.32	Graham Porterfield	SB V35	M	36	29.12.79	Colin McCulloch	East Kilbride	11.32	11.83	

SP7.26K SM B

SP 7.26R SM B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB		
1	11.42	Dan Upton	V40	M	40	12.11.75	Ian Robinson	Trafford/Biggleswade/Veterans	11.59	11.59	
2	11.07	Graham Porterfield	SB V35	M	36	29.12.79	Colin McCulloch	East Kilbride	11.32	11.83	
3	7.73	John McOmish	SEN	M		John McOmish	Livingston/Stirling Uni/Forth Valley	8.13	8.71		

SP6K U20M A

OF CR U20m A											
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB		
1	11.23	Daniel Wilby	PB U20	M	17	16.12.98	Duncan Flockhart	Inverness	11.23	11.23	

SP5K U17M A

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB		
1	12.22	Andrew Peck	U17	M	16	20.09.99	Alison Grey	Victoria Park City of Glasgow	12.86	12.86	
2	10.69	Andrew Bowsher	U17	M	14	10.05.01	Duncan Flockhart	Inverness	11.27	11.27	

SP5K U17M B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB		
1	9.85	Matthew Law	U17	M	15	17.11.00	Brian Durbidge	Arbroath & District	10.71	10.71	

SP5K M60 B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	6.73	James Wright	V60	M			Hunters Bog Trotters	7.31	7.31	

SP4K U15M A

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB		
1	12.72	Finbar Dunne	U15	M	14	20.09.01	Duncan Flockhart	Inverness	12.82	12.82	

SP4K U15M B

SP4R U15M B											
Pos	Perf	Name	AG		Age		DOB	Coach	Club	SB	PB
1	9.32	Danny Gracie	PB	U15	M	13	30.10.02	John Little	Annan	9.32	9.32

SP4K M45

SP4R M45											
Pos	Perf	Name	AG		Age		DOB	Coach	Club	SB	PB
1	7.23	David Dent	SB	V45	M	49	06.10.66		Forth Valley Flyers	7.23	7.32

SP4K SW A

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	12.92	Mhairi Porterfield	SEN W	34	19.06.81	Colin McCulloch	Victoria Park City of Glasgow	12.99	13.78

SP4K U20W B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	8.51	Zoe Yule	U20	W	17	27.08.98	Livingston	9.58	9.58	

SP4K U20W C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	6.56	Lauren Watson	PB U20 W	17	28.01.99	Duncan Flockhart	Inverness	6.56	6.56	

SP3.25K U13M C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	6.77	Craig Watts	U13	M			Inverness	7.66	7.66	
2	5.98	David Rose	PB U13	M			Perth Strathtay	5.98	5.98	
3	4.52	Robert Pugh	PB U13	M			Kilbarchan	4.70	4.70	

SP3K F37

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	4.98	Freya Howgate T37/F37	PB U13	W		James Hunter	Perth Strathtay	4.98	4.98	

SP3K U17W B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
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1	11.78	Shona Crossan	PB	U17	W	15	11.12.00	Shettleston	12.36	12.36	
2	8.71	Rachael Methven		U17	W	15	08.02.01	Central	9.65	10.01	
SP3K U17W C											
Pos	Perf	Name		AG		Age	DOB	Coach		SB	PB
1	7.91	Katie Gray		U17	W				Inverness	8.27	8.27
SP3K U15W B											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	9.14	Hayley Berry		U15	W			Donald Mcleod	Law	10.35	10.35
SP3K U15W C											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	8.29	Emma Solley		U15	W				Edinburgh AC	8.65	8.65
2	8.15	Kara Thompson	PB	U15	W				Shettleston	8.41	8.41
3	7.26	Aimie Hendry	PB	U15	W	13	08.04.03		Cumbernauld/Team North Lanarkshire	7.26	7.26
4	6.97	Rebekah Rose		U15	W				Perth Strathtay	7.11	7.11
5	6.67	Ruby Dunkley		U15	W				Naim	7.76	7.76
SP2.72K U13W C											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	8.18	Amy Kennedy		U13	W				Cumbernauld	8.48	8.48
2	7.63	Claudia Preiss		U13	W				Edinburgh AC	8.21	8.21
3	7.18	Stella Coutts		U13	W			Donald Pegrum	Cumbernauld	8.36	8.96
SP2K U11M B											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	5.15	Shaun Golden	PB	U11	M				Inverness	5.15	5.15
SP2K U11W C											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	6.76	Meghan Porterfield	PB	U11	W			Colin McCulloch	East Kilbride	6.76	6.76
CT SM F32											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	21.45	Graham Condie F32	SB	SEN	M	25	03.12.90	Bronwin Carter	Red Star/Southampton Solent Uni	21.45	25.01
CT SW F32											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	10.85	Kirsty Soutar	SB	U23	W	21	19.01.95		Red Star	10.85	10.90
CT U20W F32											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	11.44	Kayleigh Haggo F32	SB	U20	W			Kayleigh Haggo	Ayr Seaforth/Red Star	11.44	13.27
CT W35 F51											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	22.21	Joanna Butterfield F51	PB	V35	W	37	19.03.79	Philip Peat	Red Star/Forth Valley Flyers	22.21	22.21
DT2K SM AB											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	29.24	Ronan Strachan	PB	U23	M	19	07.12.96		Edinburgh AC/Heriot-Watt Uni	29.24	29.24
2	28.18	Glenn Murray	SB	U23	M	22	26.02.94	Jenny Currie	East Sutherland/Edinburgh Uni	28.18	30.67
3	27.43	Dan Upton		V40	M	40	12.11.75	Ian Robinson	Trafford/Biggleswade/Veterans	32.17	33.82
4	24.04	John McOmish	SB	SEN	M			John McOmish	Livingston/Stirling Uni/Forth Valley	24.04	24.98
DT1.75K U20M AB											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	54.03	George Evans		U20	M	18	21.01.98	Colin McCulloch	Shaftesbury Barnet/Inverness	57.21	57.21
2	34.21	Ruaridh Gray	PB	U20	M	17	28.12.98	Duncan Flockhart	Inverness	34.21	34.21
3	32.17	Daniel Wilby	PB	U20	M	17	16.12.98	Duncan Flockhart	Inverness	32.17	32.17
DT1.5K U18M AB											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	35.47	William Watts	SB	U20	M	16	20.06.99	Duncan Flockhart	Inverness	35.47	42.41
DT1.5K U17M AB											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	43.42	Andrew Peck		U17	M	16	20.09.99	Alison Grey	Victoria Park City of Glasgow	44.64	48.29
2	34.20	Cameron Sweeney	PB	U17	M	14	07.08.01	Bill Gentleman	Edinburgh AC	34.20	34.20
3	33.11	Matthew Law	PB	U17	M	15	17.11.00	Brian Durbidge	Arbroath & District	33.11	33.11
4	32.12	Alex Geddes	PB	U17	M	16	23.02.00	Duncan Flockhart	Inverness	32.12	32.12
DT1.25K U16M AB											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	37.56	Andrew Bowsher	PB	U17	M	14	10.05.01	Duncan Flockhart	Inverness	37.56	37.56
DT1.25K U15M AB											
Pos	Perf	Name		AG		Age	DOB	Coach	Club	SB	PB
1	37.46	Finbar Dunne	PB	U15	M	14	20.09.01	Duncan Flockhart	Inverness	37.46	37.46
2	30.10	Danny Gracie	PB	U15	M	13	30.10.02	John Little	Annan	30.59	30.59
DT1.25K U15M C											

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	21.73	George Russell	SB U15	M			Inverness	21.73	24.07	
DT1K SM F32										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	12.12	Graham Condie F32	SB SEN	M	25 03.12.90	Bronwin Carter	Red Star/Southampton Solent Uni	12.12	13.50	
DT1K U13M C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	20.57	Craig Watts	SB U13	M			Inverness	20.57	20.93	
2	12.12	Robert Pugh	SB U13	M			Kilbarchan	12.12	13.88	
DT1K M45										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	23.05	David Dent	SB V45	M	49 06.10.66		Forth Valley Flyers	23.05	23.65	
DT1K SW AB										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	27.55	Rachel Pugh	SEN	W	25 10.04.91	Jim Green	Kilbarchan/Glasgow Uni/West Dunbartonshire	29.31	30.26	
DT1K SW C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	15.81	Sharon Grierson	SB SEN	W			Livingston	15.81	16.29	
DT1K U20W AB										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	34.48	Zoe Yule	PB U20	W	17 27.08.98		Livingston	34.48	34.48	
2	28.56	Mary Flockhart	SB U20	W	17 04.10.98	Duncan Flockhart	Inverness	28.56	29.43	
DT1K U20W C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	17.11	Lauren Watson	SB U20	W	17 28.01.99	Duncan Flockhart	Inverness	17.11	18.86	
DT1K U20W F32										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	5.60	Kayleigh Haggo F32	SB U20	W		Kayleigh Haggo	Ayr Seaforth/Red Star	5.60	5.98	
DT1K U17W AB										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	32.01	Shona Crossan	SB U17	W	15 11.12.00		Shettleston	32.01	32.23	
2	30.78	Rebecca Porter	U17	W	16 21.10.99	Colin McCulloch	Herts Phoenix/Pitreavie	34.56	37.28	
3	29.38	Charlotte Steele	SB U17	W	16 23.11.99		Victoria Park City of Glasgow	29.38	32.65	
DT1K U17W C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	25.16	Katie Gray	SB U17	W			Inverness	25.16	25.33	
2	22.73	Rachael Methven	SB U17	W	15 08.02.01		Central	22.73	25.60	
DT1K U15W AB										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	25.58	Hayley Berry	U15	W		Donald Mcleod	Law	27.09	27.09	
DT1K U15W C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	22.21	Kara Thompson	PB U15	W			Shettleston	22.21	22.21	
2	21.36	Rachel MacLennan	PB U15	W			Inverness	22.39	22.39	
3	20.05	Emma Solley	PB U15	W			Edinburgh AC	20.05	20.05	
4	19.15	Rebekah Rose	PB U15	W			Perth Strathtay	19.15	19.15	
5	18.18	Laurn Wood	PB U15	W			Perth Strathtay	18.18	18.18	
6	17.96	Keira Waddell	PB U15	W	14 03.10.01	Alexander McGregor	Chirnside	17.96	17.96	
DT1K W35 F51										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	7.46	Joanna Butterfield F51	SB V35	W	37 19.03.79	Philip Peat	Red Star/Forth Valley Flyers	7.46	10.08	
DT1K W50 C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	14.42	Mary Wilson F36/T36	SB V50	W	52 10.01.64		Forth Valley Flyers	14.42	15.77	
2	13.98	Patricia Phillips	SB V50	W	53 17.03.63	Jim Green	Kilbarchan	13.98	17.34	
DT1K W55 C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	27.06	Claire Cameron	V55	W	57 03.10.58		Victoria Park City of Glasgow/Scottish Vets H/Poli	27.84	46.34	
DT0.75K U13W C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	21.35	Amy Kennedy	PB U13	W			Cumbernauld	21.35	21.35	
2	15.88	Stella Coutts	PB U13	W		Donald Pegrum	Cumbernauld	15.88	15.88	
3	11.03	Freya Howgate T37/F37	PB U13	W		James Hunter	Perth Strathtay	11.03	11.03	
DT0.75K U11W C										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	18.77	Meghan Porterfield	PB U11	W		Colin McCulloch	East Kilbride	18.77	18.77	
JT800 SM A										
Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB	
1	54.71	Remi Caudoux	SEN	M			Kilbarchan/Glasgow Uni/France	62.17	64.29	
2	52.78	Chris Smith	SB V40	M	40 27.11.75		Arbroath & District/Border	52.78	66.76	

JT800 SM B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	33.12	Ronan Strachan	SB	U23	M	19 07.12.96	Edinburgh AC/Heriot-Watt Uni	33.12	37.61
2	27.24	Dan Upton		V40	M	40 12.11.75	Ian Robinson	28.69	28.69

JT800 U20M A

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	34.94	Callum Alexander	SB	U20	M	19 09.04.97	Callum Alexander	34.94	46.62

JT800 U20M B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	37.00	Finlay MacLeay	PB	U20	M		Inverness	37.00	37.00
2	31.71	Gregor MacLennan	PB	U20	M		Inverness	31.71	31.71

JT700 U17M A

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	48.93	Patrick Dunne		U17	M	16 02.12.99	Duncan Flockhart	54.21	54.21

JT700 U17M B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	35.79	Cameron Macintosh		U17	M	15 15.01.01	Duncan Flockhart	36.36	36.36

JT600 U15M C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	21.28	Paul Wilby	PB	U15	M		Keith Geddes	21.28	21.28

JT600 M45

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	17.75	David Dent	PB	V45	M	49 06.10.66		17.75	17.75

JT600 SW A

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	40.88	Aileen Rennie	SB	U23	W	22 21.02.94		40.88	45.26

JT600 SW C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	15.20	Sharon Grierson	SB	SEN	W			15.20	18.24

JT600 U20W B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	32.17	Mary Flockhart	SB	U20	W	17 04.10.98	Duncan Flockhart	32.17	32.85

JT600 U20W C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	24.64	Zoe Yule		U20	W	17 27.08.98		24.98	26.12

JT600 W50 C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	11.74	Mary Wilson F36/T36	SB	V50	W	52 10.01.64		11.74	12.90

JT500 U17W B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	34.54	Charlotte Steele	SB	U17	W	16 23.11.99		34.54	35.38
2	26.31	Amy Preiss	SB	U17	W	14 17.07.01	Amy Preiss	26.31	32.99

JT500 U15W B

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	27.27	Hayley Berry	PB	U15	W		Donald Mcleod	27.27	27.27

JT500 U15W C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	33.25	Keira Waddell	PB	U15	W	14 03.10.01	Alexander McGregor	33.25	33.25
2	24.80	Ruby Dunkley	PB	U15	W		Nairn	24.80	24.80
3	22.88	Emma Solley		U15	W		Edinburgh AC	24.00	24.00
4	16.58	Rebekah Rose	PB	U15	W		Perth Strathtay	16.58	16.58
5	13.39	Lauryn Wood		U15	W		Perth Strathtay	23.86	23.86

JT400 U13M C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	27.07	Craig Watts		U13	M		Inverness	31.67	31.67
2	12.77	David Rose	PB	U13	M		Perth Strathtay	15.01	15.01

JT400 U11M C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	12.51	Shaun Golden	PB	U11	M		Inverness	12.51	12.51

JT400 U13W C

Pos	Perf	Name	AG	Age	DOB	Coach	Club	SB	PB
1	18.52	Claudia Preiss	SB	U13	W		Edinburgh AC	18.52	24.19
2	7.17	Freya Howgate T37/F37	PB	U13	W		James Hunter	7.17	7.17