

LIVINGSTON OPEN MEETING

Wednesday 25 May 2016

Craigswood Sports Centre, Livingston

TIMETABLE

TRACK			FIELD	
6.45	100m Hurdles	(1 heat)	High Jump	(Pool 1)
6.55	80m Hurdles	(1 heat)		
7.00			Shot Putt	(U11 – U13)
			Long Jump	(U15 – SEN)
7.05	75m Hurdles	(1 heat)		
7.15	70m Hurdles	(1 heat)		
7.20	600m	(1 heat)		
7.30	800m	(7 heats)		
8.00	150m	(2 heats)	High Jump	(Pool 2)
			Long Jump	(U13)
			Shot Putt	(U15 – SEN)
8.15	200m	(17 heats)	Long Jump	(U11)

- Declarations will open at 6.00 pm in the athletics pavilion and will close 30 minutes before the published start time of each event.
- Track events will be seeded based on performance, with the heats ordered fastest to slowest, except the 200m heats which will be ordered slowest to fastest.

scottishathletics permit event run under UK Athletics rules

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