

Scottish Athletics League

Match 3 17 July 2016

Grangemouth

Division 1

400m Hurdles A		Division 1
1	Connor Henderson	Kilbarchan 54.14 16
2	Toby Harris	Edinburgh 57.15 14
3	Iain Wilson (U20)	VP Glasgow 61.22 12
4	Michael Wright	Central 64.60 10
5	Michael Deason	Shettleston 67.35 8
6	Alaschair Love	Aberdeen 67.57 6
7		
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800m A		Division 1
1	Rory Muir	Aberdeen 1:55.10 16
2	Cameron Steven (U20)	Lasswade 1:56.04 14
3	Dale Coley	Central 1:56.87 12
4	Callum Drummond	Shettleston 1:57.21 10
5	Christopher Boyle (U20)	VP Glasgow 1:58.95 8
6	Scott MacAulay	Kilbarchan 1:59.59 6
7	Peter Cameron	Edinburgh 1:59.73 5
8	Jack Garrigan	Arbroath 2:04.55 4

100m A		Division 1	+4.0 m/s
1	Ryan Oswald	Aberdeen 10.85 16	
2	Steven Beattie	VP Glasgow 11.15 14	
3	Jordan Charters	Lasswade 11.21 12	
4	Liam Fotheringham (U20)	Arbroath 11.25 10	
5	Anthony Young	Kilbarchan 11.31 8	
6	David Pelumi (U20)	Shettleston 11.49 6	
7	Ken Fairbrother (U17)	Edinburgh 11.57 5	
8	Mitchell Graham	Central 12.14 4	

100m Guest Race 1		+3.4 m/s
1	Christian Hristov	Aberdeen 11.32
2	Nishant Puri	Kilbarchan 11.66
3	Mike Tarnawsky	Arbroath 12.24
4	Sean Hadden	Lasswade 12.36
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3,000m SC A		Division 1
1	Michael Deason	Shettleston 9:32.60 16
2	Marin Hayes	VP Glasgow 9:40.77 14
3	Aidan Thompson	Central 9:46.51 12
4	Michael Cameron	Edinburgh 10:01.27 10
5	Fearghas Thomson	Aberdeen 10:25.75 8
6	Conor Thomson (U20)	Kilbarchan 11:02.26 6
7	Ross Croall	Arbroath 11:14.09 5
8	Scott Dickson	Lasswade 12:27.19 4

Division 2

400m Hurdles A		Division 2
1	Ewan Dyer	Pitaveie 54.19 16
2	Scott McCluckie	Inverclyde 63.41 14
3	Ian Coghill	Inverness 63.91 12
4	Ewan McCallum	Falkirk 70.49 10
5	Stuart Gibson	Whitemoss 74.52 8
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800m A		Division 2
1	Euan Martin	Falkirk 2:00.08 16
2	Eoghan MacNamara	Inverness 2:01.83 14
3	Ross Stephen	Whitemoss 2:02.08 12
4	Calum McKenzie	Corstorphine 2:03.55 10
5	Rory Stead	Guest 2:05.85
6	Callum Hunter	Inverclyde 2:07.79 8
7	Alex Johnston (U17)	Pitaveie 2:09.68 6
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100m A		Division 2	no measure
1	Taylor Nimmo	Falkirk 11.1 16	
2	Declan Brennan	Pitaveie 11.1 14	
3	Drew McIntyre (U20)	Inverclyde 11.3 12	
4	Zach Bryson	Whitemoss 11.5 10	
5	Adam Hobson	Inverness 11.7 8	
6	Chris Mackay (U20)	Giffnock Nort 11.8 6	
7	Scott Hamilton	Corstorphine 11.9 5	
8	Nicholas Allan (U17)	Clydesdale 12.4 4	
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100m Guest Race 3		+2.4 m/s
1	Glan O'Donnell	VP Glasgow 11.50
2	Scott Fraser	Inverness 11.82
3	Ben Keay (U17)	Lasswade 12.52
4	Steven Stone (U17)	Falkirk 13.24
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3,000m SC A		Division 2
1	Andrew Lawler	Falkirk 9:50.72 16
2	Stuart Gibson	Whitemoss 9:58.71 14
3	James Harrison	Corstorphine 10:49.08 12
4	Corey Smith (U20)	Pitaveie 11:40.50 10
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Division 2

400m Hurdles B		Division 2
1	Corey Smith (U20)	Pitaveie 70.23 12
2	Kieran Ferguson	Falkirk 72.30 10
3	Mark Magee	Inverclyde 74.22 8
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800m B		Division 2
1	Harris Pentecost (U17)	Falkirk 2:07.41 12
2	Matthew McKenna	Whitemoss 2:08.63 10
3	Kyle Henderson (U20)	Pitaveie 2:09.52 8
4	Aidan Ferry (U17)	Inverness 2:10.87 6
5	Gary McKendrick	Inverclyde 2:21.00
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100m B		Division 2	+4.2 m/s
1	Jacque Bailey (U17)	Falkirk 11.20 12	
2	Michael Tarnawsky (U20)	Pitaveie 11.38 10	
3	Alastair Beaton	Inverness 11.63 8	
4	Findlay Donegan (U20)	Corstorphine 11.92 6	
5	Robert Graham	Inverclyde 12.04 4	
6	Alexander Thomson (U17)	Whitemoss 12.49 3	
7	Marcus Beckford-Young (U17)	Clydesdale 13.35 2	
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100m Guest Race 4		
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3,000m SC B		Division 2
1	Colin Lamont	Pitaveie 11:50.89 12
2	Christopher Graham	Guest 11:28.05
3	Fraser Cruickshank (U20)	Guest 12:14.50
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110m Hurdles A		Division 2		+3.8 m/s	
1	17	Ewan McCallum	Falkirk	19.75	16
2	20	Ian Coghill	Inverness	20.37	14
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Team A		Team B		Score		Injury	
1	25 Ewan Dyer	1	25 Ewan Dyer	49.73	16	Pitave	
2	27 Calum McWilliam	2	27 Calum McWilliam	50.29	14	Giffnock North	
3	23 Shaun Tonner	3	23 Shaun Tonner	52.05	12	Inverclyde	
4	19 Eoghan MacNamara	4	19 Eoghan MacNamara	53.74	10	Inverness	
5	17 George Leahady	5	17 George Leahady	53.75	8	Falkirk	
6	31 Tony Dolan	6	31 Tony Dolan	56.00	6	Clydesdale	
7	21 Matthew McKenna	7	21 Matthew McKenna	56.83	5	Whitemoss	
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10		10					

Division 1						Division 2					
	1	2	3	4	5		6	7	8	9	10
1	23 Jonny Glen	Inverclyde	4:01.85	16		1	18 Euan Martin	Falkirk			
2	17 Scott Stirling	Falkirk	4:03.04	14		2	29 Calum McKenzie	Corstorphine			4:03.54
3	30 Scott Pilkington	Corstorphine	4:08.45	12		3	24 Adam Hay (U17)	Inverclyde			4:13.66
4	21 Alistair Campbell	Whitemoss	4:12.70	10		4	31 Ryan Nelson	Clydesdale			4:27.31
5	27 Andrew Clark	Giffnock North	4:18.15	8		5	25 Alex Johnston (U17)	Pitheadie			5:12.34
6	32 Michael Miller (U17)	Clydesdale	4:54.87	6		6					DNF
7	26 Kyle Henderson (U20)	Pitheadie	5:04.15			7					
8						8					
9						9					
10						10	33 Kevin Schenk	Guest			4:33.28

Cont A		Cont B		Cont C		Cont D		Cont E	
1	17	Grant Plenderleith	Falkirk	21.59	16	1	26	Michael Tarnawsky (U20)	Pitseaive
2	25	Declan Brennan	Falkirk	22.37	14	2	20	Scott Fraser	Inverness
3	21	Zach Bryson	Whitemoss	23.00	12	3	30	Findlay Donegan (U20)	Corstorphine
4	19	Ross Freck (U20)	Inverness	23.06	10	4	24	Andrew Hunter (U20)	Inverclyde
5	28	Daniel Chapman	Giffnock North	23.65	8	5	22	Alistair Stewart (U20)	Whitemoss
6	23	Shaun Tonner	Inverclyde	23.78	6	6	18	Liam Nolan	Falkirk
7	29	Scott Hamilton	Corstorphine	24.13	5	7			
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10						10			

400m Guest Race	Guest Race
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Student A		Student B		Student C		Student D	
1	21 Stuart Gibson	1	20 Donnie MacDonald	1	20 Inverness	1	21 Stuart Gibson
2	19 Kenny Wilson	2	30 Bryan Clark	2	30 Corstorphine	2	19 Kenny Wilson
3	23 David Henderson	3	17 Alec Davidson	3	17 Falkirk	3	23 David Henderson
4	29 Mark Haskett	4	22 Andrew King	4	22 Whitniness	4	29 Mark Haskett
5	25 Tyler White (U20)	5		5		5	25 Tyler White (U20)
6	18 Andrew Lawler	6		6		6	18 Andrew Lawler
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8		8		8		8	
9		9		9		9	
10		10		10		10	

110m Hurdles A	Division 1
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400m B		Division 1	
1	16 Charles Carstairs	Lasswade	51.30
2	8 Callum Drummond	Shettleston	51.56
3	12 Peter Cameron	Edinburgh	53.40
4	6 Dale Colley	Central	53.51
5	2 Myles Nelson	Aberdeen	DQ
6			
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1500m B		Division 1	
1	2 Broc Dury	Aberdeen	4:09.36
2	16 Jake Thomas	Lasswade	4:12.95
3	4 Bradley Scott (U20)	Central	4:15.92
4	4 Steven Bryce	VP Glasgow	4:17.96
5	8 Paul Sorrie	Shettleston	4:23.92
6	10 Craig Kennedy (U17)	Kilbarchan	4:36.29
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200m B		Division 1	+2.8m/s
1	Blair Crawford	Kilbarchan	22.93
2	Robbie Shaw	Aberdeen	23.62
3	Ramesh Sapkota	VP Glasgow	23.69
4	Cal McLennan (U20)	Edinburgh	23.70
5	Daniel Lafferty	Shettleston	23.76
6	16 Evan Ballantyne (U17)	Lasswade	23.87
7	Michael Graham	Central	24.49
8	Mike Tarnawsky	Arbroath	25.58

200m Guest Race 2

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5000m B		Division 1
1	Will Mackay	Aberdeen
2	Peter Avent	Shetland
3	Euan Brownlie (U20)	Central
4	Euan Carmack	Kilbarchan
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110m Hurdles A		Division 1	+3.8 m/s
1	Andrew Murphy	Kilbarchan	15.61
2	Toby Harris	Edinburgh	15.79
3	Carlson Graham	Shettleston	17.45
4	Jools Peters	Aberdeen	19.12
5	Martin Hayes	VP Glasgow	19.25
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400m A		Division 1	
1	Daniel Rees	Aberdeen	51.05 16
2	Blair Crawford	Kilbarchan	51.23 14
3	Cai McLennan (U20)	Edinburgh	51.61 12
4	Jamie Paterson (U20)	Central	52.60 10
5	Daniel Lafferty	Steshetton	53.63 8
6	Connor Bertie (U20)	Breathnach	53.78 6
7	15 Matthew Smith (U20)	Lasswade	55.72 5

1500m A		Division 1	
1	3	Jamie Crowe	4:06.97
2	6	Nick Raiston	14
3	15	Owen Miller	4:08.48
4	1	Callum Symmons	4:09.09
5	9	Aberdeen	4:09.10
6	5	Kilbarchan	4:09.88
7	7	Brian McGarrity	4:17.22
8		Shettleston	6

200m A		Division 1	+3.3 m/s
1	Anthony Young	Kilbarach	22.31
2	Patrick Swan	Arbroath	22.63
3	David Irvine	Aberdeen	22.73
4	Steven Beattie	VP Glasgow	22.78
5	James Paterson (U20)	Central	23.17
6	David Pellumi (U20)	Shettleston	23.27
7	Magnus Blair	Edinburgh	23.27
8	Cameron Steven (U20)	Lasswade	23.96
9			4
10			5

200m Guest Race 1		+3.2 m/s
1	Christian Hristov	Aberdeen 23.21
2	Ewan Calder	Aberdeen 23.63
3	Nishant Puri	Glasgow 23.70
4	Gregor Duncan (U20)	Kilbarchan 24.03
5	Robert Ferrol	Shettleston 24.56
6	Gary Leek	Edinburgh 26.83
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5000m A		Division 1	
1	7	Tewdale Mengisteab	Shelleston
2	1	Michael Ferguson	Aberdeen
3	4	Alexander Hendry	Central
4	3	Atkerley Haile	VP Glasgow
5	10	Graham Evans	Kilbarhan
6	11	Madis Oslanets	Edinburgh
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4 by 100m Relay		Division 1
1	David Irvine, Gavin Irvine, Robbie Shaw, Ryan Oswald	Aberdeen 43.77 16
2	Nishant Puri, Tony Daffurn, Anthony Young, Connor Henderson	Kilbarchan 44.54 14
3	Rameesh Sapkota, Steven Beattie, David Wilson (U20), Cian O'Donnell	VP Glasgow 45.09 12
4	15 Jordan Charters, Steven Ferguson, Sean Hadden, Ewan Ballantine (U17)	Lasswade 45.62 10
5	11 Howard Bell (U20), Peter Cameron, Toby Harris, Chukwu Onyia	Edinburgh 46.22 8
6	5 Mitchell Graham, Jamie Paterson (U20), Cameron McCorgay (U20), Ross McCorgay (U17)	Central 46.48 6
7	13 Liam Fotheringham (U20), Connor Bertie (U20), Jack Garrigan, Mike Tarnawsky	Arbroath 47.18 5
8	7 Daniel Lafferty, Alexander Song (U20), Paul Esdale, David Pelumi (U20)	Shettleston DQ

4 by 400m Relay		Division 1
1	Daniel Rees, Myles Nelson, Ewan Calder, Rory Muir	Aberdeen 3:25.72 16
2	9 Blair Crawford, Andrew Murphy, Scott MacAulay, Connor Henderson	Kilbarchan 3:26.83 14
3	3 David Wilson (U20), Iain Wilson (U20), Martin Hayes, Christopher Boyle (U20)	VP Glasgow 3:33.84 12
4	11 Cal McLennan (U20), Peter Cameron, Toby Harris, Michael Cameron	Edinburgh 3:36.32 10
5	15 Charles Carstairs, Cameron Steven (U20), Matthew Smith (U20), Jake Thomas	Lasswade 3:37.58 8
6	7 Daniel Lafferty, Callum Drummond, Brian McGarrity, Paul Esdale	Shettleston 3:38.36 6
7	13 Liam Fotheringham (U20), Connor Bertie (U20), Jack Garrigan, Patrick Swan	Arbroath 3:39.95 5
8	5 Bradley Scott (U20), Jamie Paterson (U20), Aidan Thompson, Jamie Crowe	Central 4:02.09 4

Division 1

Long Jump A		Division 1
1	15 Jordan Charters	Lasswade 7.23 16
2	11 Howard Bell (U20)	Edinburgh 7.15 14
3	9 Tony Daffurn	Kilbarchan 6.89 12
4	1 Sam Lyon	Aberdeen 6.65 10
5	5 Cameron McCorgay (U20)	Central 6.39 8
6	4 Cian O'Donnell	VP Glasgow 6.35 6
7	8 Mahad Ahmed	Shettleston 6.27 5
8	13 Mike Tarnawsky	Arbroath 5.30 4

Long Jump B		Division 1
1	10 Andrew Murphy	Kilbarchan 6.37 12
2	3 David Wilson (U20)	VP Glasgow 6.33 10
3	7 Carson Graham	Shettleston 6.19 8
4	16 Ewan Ballantine (U17)	Lasswade 5.97 6
5	2 Jon Hosie (U20)	Aberdeen 5.58 4
6	14 Kieran McKenzie	Arbroath 4.91 3
7	6 Ross McCorgay (U17)	Central 4.79 2

Triple Jump A		Division 1
1	11 Chukwu Onyia	Edinburgh 15.02 16
2	9 Tony Daffurn	Kilbarchan 14.67 14
3	7 Mahad Ahmed	Shettleston 14.13 12
4	1 Sam Lyon	Aberdeen 13.88 10
5	3 David Wilson (U20)	VP Glasgow 13.45 8
6	15 Jordan Charters	Lasswade 12.65 6
7	6 Ross McCorgay (U17)	Central 10.68 5
8	14 Kieran McKenzie	Arbroath 10.19 4

Triple Jump B		Division 1
1	2 Jon Hosie (U20)	Aberdeen 12.25 12
2	8 Carson Graham	Shettleston 11.39 10
3	4 Alexander Lewis (U20)	VP Glasgow 11.33 8
4	5 Michael Wright	Central 9.85
5	13 Jack Garrigan	Arbroath 9.29

High Jump A		Division 1
1	15 Robert Ferguson	Lasswade 1.90 16
2	3 Marcus Morton	VP Glasgow 1.90 14
3	5 Cameron McCorgay (U20)	Central 1.85 12
4	11 Howard Bell (U20)	Edinburgh 1.85 10
5	1 Jools Peters	Aberdeen 1.65 8
6	13 Jack Garrigan	Arbroath 1.65 6
7	7 Carson Graham	Shettleston 1.60 5
8	9 Craig Ross (U17)	Kilbarchan 1.55 4

High Jump B		Division 1
1	2 Robbie Farquhar (U17)	Aberdeen 1.65 12
2	4 Andrew O'Donnell (U20)	VP Glasgow 1.60 10
3	8 Cameron Black	Shettleston 1.40 8
4	14 Mike Tarnawsky	Arbroath NH
5	16 Ben Keay (U17)	Lasswade NH

Pole Vault A		Division 1
1	3 Sam Adams	VP Glasgow 4.40 16
2	9 Andrew Murphy	Kilbarchan 4.00 14
3	11 Howard Bell (U20)	Edinburgh 3.60 11
5	3 Jools Peters	Aberdeen 3.60 11
5	5 Ron Todd	Central 3.00 8
6	19 Ian Coghill	Inverness 2.40 6

Pole Vault B		Division 1
1	2 Robbie Farquhar (U17)	Aberdeen 2.40 12
2	4 David Mann	VP Glasgow NH

4 by 100m Relay		Division 2
1	25 Michael Tarnawsky (U20), Craig Moriarty (U20), Ewan Dyer, Declan Brennan	Pitaveale 44.10 16
2	19 Alastair Beaton, Adam Hobson, Stephen Mackenzie (U17), Ross Freck (U20)	Inverness 45.22 14
3	17 Taylor Nimmo, Grant Plenderleith, Kieran Ferguson, Sam Muirhead (U17)	Falkirk 45.25 12
4	23 Drew McIntyre (U20), Shaun Tonner, Robert Graham, Mark Magee	Inverclyde 46.04 10
5	21 Zach Bryson, Alistair Stewart (U20), Alexander Thomson (U17), Craig McEwan	Whitemoss 53.59 8
6	31 Tony Dolan, Ryan Nelson, Ben Morrison, Marcus Beckford-Young (U17)	Clydesdale 57.53 6

4 by 400m Relay		Division 2
1	25 Ewan Dyer, Michael Tarnawsky (U20), Craig Moriarty (U20), Declan Brennan	Pitaveale 3:31.45 16
2	21 Ross Stephen, Alistair Stewart (U20), Alistair Campbell, James Cathie (U17)	Whitemoss 3:39.74 14
3	17 George Lehardy, Harris Pentecost (U17), Scott Stirling, Euan Martin	Falkirk 3:40.57 12
4	19 Finlay MacLennan, Eoghan MacNamara, Ian Coghill, Scott Fraser	Inverness 3:42.09 10
5	23 Scott McClockie, Jonny Glen, Andrew Hunter (U20), Callum Hunter	Inverclyde 3:43.06 8
6	31 Tony Dolan, Ryan Nelson, Michael Miller (U17), Nicholas Allan (U17)	Clydesdale 4:07.16 6

Division 2

Long Jump A		Division 2
1	25 Ben McGuire (U20)	Pitaveale 6.86 16
2	19 William Godding (U20)	Inverness 6.41 14
3	23 Robert Graham	Inverclyde 6.26 12
4	17 Sam Muirhead (U17)	Falkirk 5.99 10
5	21 Alistair Stewart (U20)	Whitemoss 5.99 8
6	29 Scott Hamilton	Corstorphine 5.42 6
7	27 Douglas Rathay	Giffnock North 5.07 5
8	31 Tony Dolan	Clydesdale 4.59 4

Long Jump B		Division 2
1	26 Craig Moriarty (U20)	Pitaveale 6.16 12
2	18 Jon Dixon	Falkirk 5.78 10
3	20 Adam Hobson	Inverness 5.61 8
4	24 Robert Todd	Inverclyde 4.52 6
5	33 Steven Stone (U17)	Guest 4.79

Triple Jump A		Division 2
1	27 Matthew Kerr	Giffnock North 13.76 16
2	23 Robert Graham	Inverclyde 13.67 14
3	20 Stephen Mackenzie (U17)	Inverness 12.72 12
4	29 Findlay Donegan (U20)	Corstorphine 12.15 10
5	26 Michael Tarnawsky (U20)	Pitaveale 11.99 8
6	18 Jon Dixon	Falkirk 11.82 6
7	31 Nicholas Allan (U17)	Clydesdale 10.05 5

Triple Jump B		Division 2
1	19 Dylan Morrison	Inverness 12.18 12
2	17 Sam Muirhead (U17)	Falkirk 11.37 10
3	25 Ben McGuire (U20)	Pitaveale 11.22 8
4	28 Neil Hutchinson	Giffnock North 10.51 6
5	24 Robert Todd	Inverclyde 9.91
6	32 Marcus Beckford-Young (U17)	Clydesdale 9.77

High Jump A		Division 2
1	25 Lewis McGuire (U20)	Pitaveale 1.95 16
2	20 Connel MacDonald	Inverness 1.90 14
3	27 Chris Mackay (U20)	Giffnock North 1.90 12
4	17 Jacques Bailey (U17)	Falkirk 1.65 10
5	23 Mark Magee	Inverclyde 1.50 8

High Jump B		Division 2
1	19 Dylan Morrison	Inverness 1.90 12
2	28 Matthew Kerr	Giffnock North 1.85 10
3	18 Harris Pentecost (U17)	Falkirk 1.55 8
4	24 Robert Todd	Inverclyde 1.45 6

Pole Vault A		Division 2
1	19 Ian Coghill	Inverness 2.40 16

Pole Vault B		Division 2
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Shot Putt B			Division 2		
1	21	Craig McEwan	Whitemoss	9.61	12
2	20	William Godding (U20)	Inverness	9.46	10
3	18	John Pentecost	Falkirk	7.53	8
4	31	Ben Morrison	Clydesdale	7.26	
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Discus A					Division 1					Discus B					Division 2								
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20				
1	7	Angus McInroy	Shettleston	50.83	16	1	10	Andrew Murphy	Kilbarchan	38.57	12	1	17	Ciaran Wright	Falkirk	36.11	16	1	20	Daniel Wilby (U20)	Inverness	30.31	12
2	9	Sam O'Kane	Kilbarchan	39.50	14	2	6	Donavan Webster	Central	33.42	10	2	22	Keith Garrow	Whitemoss	31.94	14	2	21	Craig McEwan	Whitemoss	23.02	10
3	5	Gary Sweeney	Central	36.21	12	3	14	Chris Smith	Arbroath	31.13	8	3	19	Ruaridh Gray (U20)	Inverness	30.93	12	3	18	Liam Nolan	Falkirk	19.89	
4	13	Michael Downie	Arbroath	35.07	10	4	2	Jools Peters	Aberdeen	27.09	6	4	29	Dave Williamson	Costorphine	25.24	10	4					
5	3	Ciaran Johnson (U20)	VP Glasgow	32.42	8	5	8	David Little	Shettleston	26.10	4	5	27	Neil Hutchison	Giffnock Nort	22.65	8	5	6				
6	1	John Fyvie	Aberdeen	31.47	6	6	4	Gordon Belch	VP Glasgow	24.90	3	6	25	Michael Mellon	Pitreaive	22.49	6	6					
7	11	Glenn Murray	Edinburgh	25.90	5	7	16	Edward Kopystynski	Lasswade	22.09	2	7	23	Robert Graham	Inverclyde	18.25		7					
8	15	Robert Ferguson	Lasswade	23.68	4	8	12	Cal McLennan (U20)	Edinburgh	15.71		8						8					

Hammer A			Division 1			Hammer B			Division 1			Hammer A			Division 2			Hammer B			Division 2		
1	8	David Little	Shettleston	45.86	16	1	2	Graham Porterfield	Aberdeen	36.55	12	1	17	Ciaran Wright	Falkirk	36.11	16						
2	1	John Fyvie	Aberdeen	43.58	14	2	5	Gary Sweeney	Central	28.09	10	2	22	Keith Garrow	Whitemoss	31.94	14						
3	9	Sam O'Kane	Kilbarchan	35.13	12	3	10	William Falconer	Kilbarchan	26.17	8	3	19	Ruaridh Gray (U20)	Inverness	30.93	12						
4	6	Donavan Webster	Central	31.87	10	4	7	Angus McNroy	Shettleston	25.99	6	4	29	Dave Williamson	Costorphine	25.24	10						
5	14	Chris Smith	Arbroath	27.90	8	5	13	Michael Downie	Arbroath	24.58	4	5	27	Neil Hutchison	Giffnock Nort	22.65	8						
6	15	Edward Kopystynski	Lasswade	21.29	6	6	4	Gordon Belch	VP Glasgow	17.90		6	25	Michael Mellon	Pitreaive	22.49	6						
7	3	Ciaran Johnson (U20)	VP Glasgow	19.15		7						7	23	Robert Graham	Inverclyde	18.25							
8	11	Glenn Murray	Edinburgh	14.53		8						8						9					

Javelin A			Division 1			Javelin B			Division 1			Javelin A			Division 2			Javelin B			Division 2		
1	13	Chris Smith	Arbroath	51.28	16	1	14	Michael Downie	Arbroath	48.10	12	1	19	Adam Hobson	Inverness	48.97	16	1	20	Javelin Macleay (U20)	Inverness	44.17	12
2	4	Alexander Lewis (U20)	VP Glasgow	46.07	14	2	2	Jools Peters	Aberdeen	43.28	10	2	17	James Muir	Falkirk	39.57	14	2	18	Alec Davidson	Falkirk	34.87	10
3	1	Sam Lyon	Aberdeen	45.65	12	3	3	Gordon Belch	VP Glasgow	38.64	8	3	25	Michael Mellon	Pitreaive	38.52	12	3	28	Douglas Rathey	Giffnock Nort	23.16	
4	9	Andrew Murphy	Kilbarchan	41.53	10	4	10	Connor Henderson	Kilbarchan	32.21	6	4	21	Craig McEwan	Whitemoss	34.66	10	4					
5	11	Glenn Murray	Edinburgh	37.77	8	5	7	Peter Whiteman	Shettleston	21.80		5	27	Neil Hutchison	Giffnock Nort	30.65	8	5					
6	15	Jordan Charters	Lasswade	33.23	6	6						6	29	Dave Williamson	Costorphine	30.43	6	6					
7	5	Ron Todd	Central	28.68	5	7						7	31	Ben Morrison	Clydesdale	22.12		7					
8	8	Cameron Black	Shettleston	28.43	4	8						8	24	Robert Todd	Inverclyde	ND		8					
												9						9					
												10						10					

Division 1

Match Result

Penalty Points	Match 3	Match Points	Pts
1	Aberdeen	359	8
2	Kilbarchan	297	7
3	VP Glasgow	275	6
4	Shettleston	261	5
5	Central	244	4
6	Edinburgh	183	3
7	Lasswade	173	2
8	Arbroath	155	1

After 19 events (out of 19)

Shot Putt A			Division 2			Shot Putt B			Division 2		
1	17	Ciaran Wright	Falkirk	13.52	16	1	21	Craig McEwan	Whitemoss	9.61	12
2	29	Dave Williamson	Costorphine	11.42	14	2	20	William Godding (U20)	Inverness	9.46	10
3	22	Keith Garrow	Whitemoss	11.31	12	3	18	John Pentecost	Falkirk	7.53	8
4	19	Daniel Wilby (U20)	Inverness	9.77	10	4	31	Ben Morrison	Clydesdale	7.26	
5	27	Neil Hutchison	Giffnock Nort	9.08	8	5					
6	25	Michael Mellon	Pitreaive	8.15	6	6					
7	32	Cameron MacLeod	Clydesdale	8.03	5	7					
8	23	Mark Magee	Inverclyde	7.43		8					
9						9					
10						10					

Discus A			Division 2			Discus B			Division 2		
1	17	Ciaran Wright	Falkirk	36.11	16	1	20	Daniel Wilby (U20)	Inverness	30.31	12
2	22	Keith Garrow	Whitemoss	31.94	14	2	21	Craig McEwan	Whitemoss	23.02	10
3	19	Ruaridh Gray (U20)	Inverness	30.93	12	3	18	Liam Nolan	Falkirk	19.89	
4	29	Dave Williamson	Costorphine	25.24	10	4					
5	27	Neil Hutchison	Giffnock Nort	22.65	8	5					
6	25	Michael Mellon	Pitreaive	22.49	6	6					
7	23	Robert Graham	Inverclyde	18.25		7					
8						8					
9						9					
10						10					

Hammer A			Division 2			Hammer B			Division 2		
1						1					
2						2					
3						3					
4						4					
5						5					
6						6					
7						7					
8						8					
9						9					
10						10					

Javelin A			Division 2			Javelin B			Division 2		
1	19	Adam Hobson	Inverness	48.97	16	1	20	Finlay Macleay (U20)	Inverness	44.17	12
2	17	James Muir	Falkirk	39.57	14	2	18	Alec Davidson	Falkirk	34.87	10
3	25	Michael Mellon	Pitreaive	38.52	12	3	28	Douglas Rathey	Giffnock Nort	23.16	
4	21	Craig McEwan	Whitemoss	34.66	10	4					
5	27	Neil Hutchison	Giffnock Nort	30.65	8	5					
6	29	Dave Williamson	Costorphine	30.43	6	6					
7	31	Ben Morrison	Clydesdale	22.12		7					
8	24	Robert Todd	Inverclyde	ND		8					
9						9					
10						10					

Division 2

Match Result

Penalty Points	Match 3	Match Points	Pts
1	Falkirk	321	8
2	Inverness	308	7
3	Pitreaive	257	6
4	Whitemoss	206	5
5	Inverclyde	182	4
6	Costorphine	134	3
7	Giffnock North	119	2
8	Clydesdale	44	1

After 18 events

Division 2

League Positions

	After 3 Matches	Match Points	Pts
1	Inverness	1016	23
2	Pitreaive	748	19
3	Falkirk	725	17
4	Inverclyde	671	17
5	Whitemoss	565	14
6	Costorphine	430	9
7	Giffnock North	197	4
8	Clydesdale	170	4

Notes

Congratulations to match winners Aberdeen (they have won all three matches so far this season)

400m Division 1 "B" athlete No 2: DQ was rule 163.3 (running out of lane)
4x100m Relay Division 1 team 7: DQ was rule 170.7 (baton passed outside takeover zone)

Best Legal Long Jumps

No 1: 6.64 (+1.9) No 2: 5.45 (-0.7) No legal jumps for No 15.
No 3: 6.16 (+1.5) No 4: 5.89 (+0.4)
No 5: 5.89 (+0.3) No 6: 4.72 (+1.1)
No 7: 6.01 (+1.3) No 14: 4.50 (+1.2) No 16: 5.70 (+0.0)

Best Legal Triple Jumps

No 4: 11.32 (+0.7) No 14: 9.73 (+1.2)

239 Athletes took part in this match

Notes

Congratulations to match winners Falkirk

Best Legal Long Jumps

No 19: 6.25 (+1.5) No 21: 5.85 (-0.5)
No 25: 6.64 (+1.1) No 27: 4.97 (-1.6)

Best Legal Triple Jumps

No 20: 12.37 (+0.6) No 27: 13.38 (+1.5)
No 31: 10.03 (+1.0) No 32: 12.63 (+1.8)

100m Division 2 "A" race was manual timing.

Scrutiny complete - teams have 7 days to lodge any appeals or corrections.

Previous Totals		Match Points	Pts
1	Aberdeen	784	16
2	Central	567	14
3	Arbroath	467	10
4	VP Glasgow	455	9
5	Lasswade	397	7
6	Edinburgh	401	6
7	Shettleston	379	5
8	Kilbarchan	298	5

Previous Totals		Match Points	Pts
1	Inverness	708	16
2	Pitreavie	491	13
3	Inverclyde	489	13
4	Falkirk	404	9
5	Whitemoss	359	9
6	Corstorphine	296	6
7	Clydesdale	126	3
8	Giffnock North	78	2
9			
10			