

Track Timetable				
No	Time	Event		Round
1	10.00	400m Hurdles	U17M	1
2	10.10	300m Hurdles	U17W	1
3	10.20	100m	U17M	1
4	10.36	100m	U17W	1
5	10.52	100m	SM	1
6	11.12	800m	U17M	1
7	11.24	800m	U17W	1
8	11.32	800m	SM	1
9	11.46	800m	SW	1
10	11.55	300m Hurdles	U17W	Final
11	12.00	400m Hurdles	U17M	Final
12	12.08	100m	U17M	Semi Final
13	12.16	100m	U17W	Semi Final
14	12.24	100m	SM	Semi Final
15	12.32	100m	SW	1
16	12.45	1500m St/chase	U17M	Final
17	12.55	5000m	SW	Final
18	13.15	80m Hurdles	U17W	1
19	13.30	100m Hurdles	U17M	1
20	13.45	300m	U17W	1
21	14.01	400m	U17M	1
22	14.13	400m	SM	1
23	14.33	1500m	U17M	1
24	14.49	1500m	U17W	1
25	15.05	300m	U17W	Semi Final
26	15.13	100m	U17M	Final
27	15.17	100m	U17W	Final
28	15.21	100m	SM	Final
29	15.25	100m	SW	Final
30	15.29	1500m	SM	1
31	16.00	100m Hurdles	U17M	Final
32	16.05	80m Hurdles	U17W	Final
33	16.15	800m	U17M	Final
34	16.19	800m	U17W	Final
35	16.23	800m	SM	Semi Final
36	16.34	3k Steeplechase	SM	Final
37	16.45	400m	SW	1
38	17.00	400m	SM	Semi Final
39	17.10	400m	U17M	Final
40	17.15	300m	U17W	Final
41	17.20	1500m	U17M	Final
42	17.30	1500m	U17W	Final

All Finals will go at FINAL time.

Field Timetable				
No	Time	Event		Round
43	10.00	Triple Jump	U17W	Final
44	10.00	Hammer	U17M	Final
45	10.00	Shot Putt	SW	Final
46	11.30	Triple Jump	SM	Final
47	11.30	Discus	U17W	Final
48	11.30	High Jump	SW	Final
49	13.00	Javelin	SM	Final
50	13.30	Triple Jump	U17M	Final
51	13.45	Pole Vault	SM/U17M	Final
52	14.00	Javelin	U17M	Final
53	14.45	Triple Jump	SW	Final
54	15.00	High Jump	U17W	Final
55	15.15	Discus	SW	Final
56	16.15	Shot Putt	U17W	Final
57	16.15	Hammer	SM	Final

SM = Senior Men SW = Senior Women U17M = Under 17 Men U17W = Under 17 Women

Pole Vault Starting Heights: U17W 2m11; U17M 2m11

Triple Jump Available Boards: U17W 7m + 9m; U17M 9m + 11m

Triple Jump Available Boards: SW 9m + 11m; SM 11m + 13m

