

scottishathletics National Track and Field Championships and Parallel Success
Under 17 and Senior
Age Group 4x100m Relays

Track Timetable				
No	Time	Event		Round
58	10.00	200m	U17M	1
59	10.20	200m	U17W	1
60	10.36	200m	SM	1
61	11.00	3k St/chase	SW	Final
62	11.20	110m Hurdles	SM	Final
63	11.25	100m Hurdles	SW	Final
64	11.35	4 x 100m	U17W	1
65	11.45	4 x 100m	U17M	1
66	11.55	4 x 100m	U15 Girls	1
67	12.10	4 x 100m	U15 Boys	1
68	12.20	4 x 100m	U13 Girls	1
69	12.35	4 x 100m	U13 Boys	1
70	12.50	100m	Ambulant M	Final
71	13.00	100m	Ambulant F	Final
72	13.05	200m	U17M	Semi final
73	13.15	200m	U17W	Semi final
74	13.25	200m	SM	Semi final
75	13.35	200m	SW	1
76	13.50	1500m St/chase	U17W	Final
77	14.05	5000m	SM	Final
78	14.25	400m Hurdles	SW	Final
79	14.30	400m Hurdles	SM	Final
80	14.40	400m	SM	Final
81	14.45	400m	SW	Final
82	14.50	100m	Wheelchair M/F	Final
83	14.55	200m	Ambulant M	Final
84	15.05	200m	Ambulant F	Final
85	15.10	200m	U17M	Final
86	15.15	200m	U17W	Final
87	15.20	200m	SW	Final
88	15.25	200m	SM	Final
89	15.30	800m	SM	Final
90	15.35	800m	SW	Final
91	15.40	1500m	SM	Final
92	15.50	1500m	SW	Final
93	16.00	400m	Wheelchair M/F	Final
94	16.10	4 x 100m	U13 Girls	Final
95	16.15	4 x 100m	U13 Boys	Final
96	16.20	4 x 100m	U15 Girls	Final
97	16.25	4 x 100m	U15 Boys	Final
98	16.30	4 x 100m	U17W	Final
99	16.35	4 x 100m	U17M	Final

All Finals will go at FINAL time.

Field Timetable				
No	Time	Event		Heats
100	10.00	Seated Discus/Shot/Club	SM/SW	Final
101	10.00	Javelin	SW/U17W	Final
102	10.00	Long Jump	U17W	Final
103	12.00	Hammer	SW	Final
104	12.00	Shot Putt	U17M	Final
105	12.00	High Jump	U17M	Final
106	12.00	Long Jump	SM	Final
107	13.30	Hammer	U17W	Final
108	13.30	Long Jump	U17M	Final
109	14.00	Pole Vault	SW/U17W	Final
110	14.30	Discus	SM	Final
111	14.30	High Jump	SM	Final
112	15.00	Long Jump	SW	Final
113	15.45	Shot Putt	SM	Final
114	15.45	Discus	U17M	Final

SM = Senior Men SW = Senior Women U17M = Under 17 Men U17W = Under 17 Women

Pole Vault Starting Heights: U17W 2m11; U17M 2m11

Triple Jump Available Boards: U17W 7m + 9m; U17M 9m + 11m

Triple Jump Available Boards: SW 9m + 11m; SM 11m + 13m