

LIVINGSTON OPEN MEETING

Wednesday 24 August 2016

Craigswood Sports Centre, Livingston

TIMETABLE

TRACK			FIELD	
6.45	150m	(2 heats)	High Jump	(Pool 1)
			Long Jump	(U17 - SEN)
7.00	200m	(17 heats)	Shot Putt	(U15 - SEN)
7.15			Long Jump	(U11)
7.45	600m	(1 heat)	Long Jump	(U13)
8.00	800m	(9 heats)	High Jump	(Pool 2)
			Shot Putt	(U11 - U13)
8.30			Long Jump	(U15)
8.45	3000m	(1 heat)		

- Declarations will open at 6.00 pm in the athletics pavilion and will close 30 minutes before the published start time of each event.
- Track events will be seeded based on performance, with the heats ordered fastest to slowest.

scottishathletics permit event run under UK Athletics rules

www.livingstonac.com/live