



Morning Results Match 1

Club	Athlete	Performance	Points
Under 11 Boys			
60m A String			Under 11 Boys
Whitemoss A	Adam Milligan	9.21	
Giffnock North A	Ellis Nairne	9.62	
Helensburgh A	Ewan McCartney	9.64	
Giffnock North B	Ben Hughes	9.69	
VP Glasgow A	Reece Hamilton	9.79	
East Lothian A	Finn Middleton	9.81	
Shettleston A	Alexander McCourt	10.16	
VP Glasgow B	Darius Lyasota	10.77	
Cumbernauld A	Grant McEachern	10.94	
Shettleston B	Luke Struthers	12.13	
600m A String			Under 11 Boys
Giffnock North A	Craig Shennan	1:52.53	
Whitemoss A	Adam Milligan	2:02.25	
VP Glasgow A	Reece Hamilton	2:02.66	
Helensburgh A	Matthew Gall	2:02.75	
Giffnock North B	Mitchell Scott	2:08.74	
Cumbernauld A	Grant McEachern	2:09.33	
Ayr Seaforth A	Findlay Muir	2:12.22	
Shettleston A	Matthew Fox	2:12.81	
Standing Long Jump A String			Under 11 Boys
Giffnock North A	Ellis Nairne	1.84	
East Lothian A	Finn Middleton	1.80	
Cumbernauld A	Leo Akindele	1.74	
Giffnock North B	Ben Hughes	1.72	
Helensburgh A	Ewan McCartney	1.68	
Shettleston A	Matthew Fox	1.66	
VP Glasgow B	Darius Lyasota	1.50	
Ayr Seaforth A	Findlay Muir	1.36	
Shettleston B	Luke Struthers	1.36	

Morning Results Match 1

Club	Athlete	Performance	Points
60m B String			Under 11 Boys
Helensburgh A	Alex Brown	9.09	
Giffnock North A	Ben Moulson	10.03	
VP Glasgow B	Hakeen Vemmie	10.14	
East Lothian A	Seb Inglis	10.21	
Giffnock North B	Philip Kearney	10.25	
Whitemoss A	Ronan Burns	10.68	
Cumbernauld A	Christopher McKeown	10.81	
VP Glasgow A	Finlay Sinclair	10.94	
Shettleston A	Ruairdh Prentice	11.16	
600m B String			Under 11 Boys
Giffnock North A	Calan Chong	1:59.69	
Helensburgh A	Gethin Davies	2:07.09	
Giffnock North B	James Mowat	2:08.95	
East Lothian A	Alexander Day	2:13.82	
Cumbernauld A	Rory McLennan	2:14.65	
Ayr Seaforth A	James Leroux	2:17.79	
Whitemoss A	Ronan Burns	2:25.76	
VP Glasgow A	Aaron Watt	2:28.82	
Shettleston A	Joseph Reilly	2:28.87	
Standing Long Jump B String			Under 11 Boys
Giffnock North A	Ryan Davie	1.72	
Cumbernauld A	Rory McLennan	1.70	
VP Glasgow B	Hakeen Vemmie	1.66	
Helensburgh A	Matthew Gall	1.66	
Giffnock North B	Philip Kearney	1.60	
East Lothian A	Seb Inglis	1.52	
Ayr Seaforth A	James Leroux	1.46	
Shettleston A	Ruairdh Prentice	1.36	
VP Glasgow A	Finlay Sinclair	1.36	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 13 Boys			
60m			Under 13 Boys
VP Glasgow A	Connor McNally	8.73	
Shettleston A	Evis Uwaifo	8.96	
Giffnock North A	Liam Duggan	9.05	
East Lothian A	Max Evans	9.07	
Cumbernauld A	Adam Atkinson	9.11	
Cumbernauld B	Ethan Cunningham	9.18	
Giffnock North B	Finn Duncan-Brooke	9.33	
Livingston A	Elliot Frame	9.34	
Whitemoss A	Evan Mills	9.41	
Stewartry	Alex Waugh	9.43	
Motherwell A	Calum Agnew	9.45	
Kirkintilloch A	Rory Elliott	9.49	
Ayr Seaforth B	Jack McKinnon	9.49	
Shettleston B	Eseosa Agbonkonkon	9.75	
Kirkintilloch B	Chris Lees	10.03	
Livingston B	Jermaine Okocha	10.08	
Clydesdale A	Aidan McInally	10.15	
Clydesdale B	Ryan Kearns	10.17	
Helensburgh B	David Crombie	10.18	
VP Glasgow B	Laurence Clark	10.19	
Helensburgh A	Jock Cordner	10.59	

Morning Results Match 1

Club	Athlete	Performance	Points
800m		Under 13 Boys	
Livingston A	Elliot Frame	2:28.49	
VP Glasgow A	Russell Barnett	2:30.10	
Kirkintilloch A	Rory Elliott	2:32.45	
Giffnock North A	Hugh Shiels	2:36.29	
Cumbernauld A	Craig Little	2:38.25	
VP Glasgow B	Adam Kyle	2:40.64	
Cumbernauld B	Callum Hendry	2:44.07	
Ayr Seaforth A	Fergus Muir	2:45.50	
Helensburgh B	Andrew McNair	2:46.61	
Whitemoss A	Rian McLean	2:48.49	
Giffnock North B	Gordon Wylie	2:48.50	
Helensburgh A	Matthew Cameron	2:50.75	
East Lothian A	Theo Cunningham	2:51.63	
Livingston B	Luke McAlear	2:57.02	
Clydesdale B	Fraser McKechnie	3:00.42	
Whitemoss B	Leo Burns	3:06.78	
Clydesdale A	Aidan McInally	3:11.63	
Kirkintilloch B	Chris Lees	3:17.79	
Shettleston A	Johnny Burns	3:24.16	
Ayr Seaforth B	Connor Scobie		

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60m Hurdles		Under 13 Boys	
Cumbernauld A	Euan Wallace	11.28	
Giffnock North A	Daniel Martin	11.48	
Cumbernauld B	Ethan Cunningham	11.72	
Helensburgh A	Logan Moffat	12.11	
East Lothian A	Michael Hoole	12.12	
VP Glasgow A	Jamie McKeever	12.61	
Livingston A	James Vivian	12.85	
Kirkintilloch A	Lewis Hale	12.99	
Helensburgh B	Lewis Tokeley	13.40	
Shettleston A	Shaun Donnachie	13.62	

Morning Results Match 1

Club	Athlete	Performance	Points
200m		Under 13 Boys	
VP Glasgow B	Adam Kyle	29.58	
Giffnock North B	Lewis Taylor	29.81	
VP Glasgow A	Russell Barnett	29.93	
Livingston A	Finlay Porteous	30.48	
Whitemoss A	Evan Mills	30.81	
Cumbernauld A	Adam Atkinson	30.85	
Ayr Seaforth B	Ben Edwards	30.89	
Kirkintilloch A	Lewis Hale	31.07	
Stewartry	Alex Waugh	31.39	
Cumbernauld B	Callum Hendry	31.59	
Giffnock North A	Hugh Shiels	31.62	
East Lothian A	Michael Hoole	32.22	
Helensburgh A	Logan Moffat	32.45	
Motherwell A	William Bailey	33.09	
Kirkintilloch B	Ross Pinkerton	33.82	
Clydesdale B	Ryan Kearns	34.38	
Helensburgh B	Cameron Williams	34.61	
Shettleston B	Eseosa Agbonkonkon	34.62	
Livingston B	Joshua Slater	34.68	
Shettleston A	Jay Leese-Young	35.23	
Ayr Seaforth A	Callum Hannah	35.88	
Whitemoss B	Lewis Craigie	35.94	
Clydesdale A	Jamie McPherson	38.72	
High Jump		Under 13 Boys	
VP Glasgow A	Connor McNally	1.55	
East Lothian A	Max Evans	1.30	
Ayr Seaforth A	Fergus Muir	1.25	
Cumbernauld A	Euan Wallace	1.15	
Ayr Seaforth B	Jack McKinnon	1.15	
Giffnock North A	Daniel Martin	1.15	
Livingston A	Elliot Frame	1.10	
Helensburgh B	Lewis Tokeley	0.00	<i>no height</i>
Helensburgh A	Finlay Adkins	0.00	<i>no height</i>
Livingston B	Jermaine Okocha	0.00	<i>no height</i>
Kirkintilloch B	Ross Pinkerton	0.00	<i>no height</i>

Morning Results Match 1

Club	Athlete	Performance	Points
Long Jump		Under 13 Boys	
Giffnock North A	Mark McCabe	3.98	
Livingston A	James Vivian	3.84	
Helensburgh A	Johnny Brown	3.79	
Cumbernauld A	Craig Little	3.76	
Giffnock North B	Lewis Taylor	3.72	
East Lothian A	Paul Serpenskas	3.68	
Shettleston B	Eseosa Agbonkonkon	3.67	
Cumbernauld B	Sam Bloomfield	3.64	
VP Glasgow B	Ben Thomson	3.64	
Kirkintilloch A	Lewis Hale	3.59	
VP Glasgow A	Jake Speirs	3.53	
Whitemoss B	Lewis Craigie	3.48	
Whitemoss A	Rian McLean	3.47	
Shettleston A	Evis Uwaifo	3.32	
Livingston B	Joshua Slater	3.24	
Ayr Seaforth A	Callum Hannah	3.10	
Ayr Seaforth B	Ben Edwards	2.92	
Clydesdale B	Keiran McInally	2.53	
Kirkintilloch B	Chris Lees	2.47	
Motherwell A	William Bailey	2.46	
Helensburgh B	William Scott	2.36	
Clydesdale A	Aidan McInally	2.15	
Shot Putt		Under 13 Boys	
Giffnock North A	Mark McCabe	6.68	
Helensburgh B	Finlay Fleming	6.03	
Helensburgh A	Robert Court	5.82	
Stewartry	Alex Waugh	5.75	
East Lothian A	Michael Hoole	5.58	
Motherwell A	Calum Agnew	5.34	
Kirkintilloch B	Ross Pinkerton	5.23	
Cumbernauld B	Callum Hendry	5.18	
Whitemoss A	Evan Mills	5.05	
Whitemoss B	Lewis Craigie	5.01	
Livingston A	Finlay Porteous	4.97	
Livingston B	Luke McAlear	4.78	
Cumbernauld A	Seth Knox	4.71	
Giffnock North B	Nathan Gozo	4.65	
Kirkintilloch A	Rory Elliott	4.37	
VP Glasgow A	David Kirkpatrick	4.11	
Ayr Seaforth A	Callum Hannah	3.99	
Clydesdale A	Jamie McPherson	3.44	
Clydesdale B	Keiran McInally	2.33	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 15 Boys			
60m			Under 15 Boys
Stewartry	Finlay Waugh	7.84	
East Lothian A	Callum Poole	7.99	
VP Glasgow A	Adam Cleer	8.22	
Giffnock North A	Max McHarg	8.23	
Cumbernauld A	Calum Smith	8.30	
Giffnock North B	Chris Brown	8.42	
Whitemoss A	Ross Morgan	8.47	
Helensburgh A	Christopher Wilson	8.51	
Ayr Seaforth A	Marc Mulgrew	8.56	
VP Glasgow B	Oliver Andrews	8.59	
Cumbernauld B	Paul Atkinson	8.69	
Ayr Seaforth B	Charlie Dorward	9.01	
Kirkintilloch B	Ethan McDonald	9.14	
Livingston B	Logan Tait	9.36	
Livingston A	Geosyl Okocha	9.43	
Kirkintilloch A	Matthew Porteous	9.86	
Whitemoss B	Mikey Beggan	9.97	
800m			Under 15 Boys
Kirkintilloch A	Dylan Elliott	2:14.14	
Giffnock North A	Murray Fotheringham	2:14.58	
Giffnock North B	Jacob Luc	2:16.41	
Cumbernauld A	Calum Little	2:17.41	
VP Glasgow A	Blayne Wright	2:31.80	
Whitemoss A	Dean Springett	2:34.71	
Clydesdale B	Leo Currie	2:37.18	
Clydesdale A	Josh McNicol	2:37.41	
VP Glasgow B	Jack MacKinnon	2:40.48	
Motherwell A	Mark Hunter	2:43.05	
East Lothian A	Lewis Allan-Brown	2:44.56	
Livingston A	Angus McDonald	2:46.65	
Helensburgh A	Alistair McCartney	2:47.11	
Whitemoss B	Louis Blake	2:48.28	
Cumbernauld B	Josh Adams	2:49.62	
East Lothian B	James Walter	3:06.05	

Morning Results Match 1

Club	Athlete	Performance	Points
60m Hurdles		Under 15 Boys	
Giffnock North A	Reuben Nairne	9.35	
VP Glasgow A	Adam Cleer	9.79	
Whitemoss A	Ross Morgan	10.08	
Giffnock North B	Adam Inglis	11.34	
VP Glasgow B	Oliver Andrews	12.28	
Kirkintilloch A	Matthew Stewart	12.54	
Clydesdale A	Jake McPherson	12.85	
Cumbernauld A	Ross Govan	13.13	
Whitemoss B	Mikey Beggan	13.61	
200m		Under 15 Boys	
East Lothian A	Adam Hoole	26.50	
Whitemoss A	Kyle McAuley	26.54	
Livingston A	Andrew Cowie	26.86	
Ayr Seaforth A	Marc Mulgrew	27.06	
Giffnock North A	Fraser Lipp	27.36	
Stewartry	Cameron Muffett	27.64	
Helensburgh A	Christopher Wilson	27.85	
Kirkintilloch A	Dylan Elliott	27.90	
VP Glasgow A	Ben Chatham	28.59	
Giffnock North B	Cameron MacKerrow	28.95	
Livingston B	Tammo Foad	29.20	
Cumbernauld B	Ross Stanton	29.46	
Ayr Seaforth B	Toby Nixon	29.99	
Cumbernauld A	Jonathan Cameron	31.90	
Clydesdale A	Josh McNicol	31.98	
VP Glasgow B	Aaron Purba	32.12	
East Lothian B	Fergus Taylor	32.88	
Whitemoss B	Louis Blake	36.19	

Morning Results Match 1

Club	Athlete	Performance	Points
400m		Under 15 Boys	
Cumbernauld A	Alasdair McMonagle	56.21	
Giffnock North A	Adam Deverill	56.68	
East Lothian A	Callum Poole	59.69	
Whitemoss A	Dean Springett	1:00.42	
Giffnock North B	Jacob Luc	1:01.21	
Helensburgh A	Josh Bain	1:01.47	
VP Glasgow A	Matthew Ireland	1:02.31	
Ayr Seaforth B	Samuel Jones	1:05.89	
Clydesdale A	Jake McPherson	1:06.07	
Ayr Seaforth A	Ross Drummond	1:06.22	
Clydesdale B	John Docherty	1:06.49	
Kirkintilloch B	Ethan McDonald	1:08.36	
Whitemoss B	Adam McRae	1:08.63	
Livingston B	Tammo Foad	1:08.70	
VP Glasgow B	Nate Jordan	1:08.79	
Kirkintilloch A	Matthew Stewart	1:11.81	
Livingston A	Jonathan Marshall	1:12.23	
Cumbernauld B	Anthony Young	1:13.17	
High Jump		Under 15 Boys	
Giffnock North A	Murray Fotheringham	1.60	
Whitemoss A	Kyle McAuley	1.60	
East Lothian A	Adam Hoole	1.50	
Ayr Seaforth A	Ross Drummond	1.45	
Helensburgh A	Josh Bain	1.45	
Clydesdale B	John Docherty	1.35	
VP Glasgow A	Ben Chatham	1.25	
Ayr Seaforth B	Charlie Dorward	1.25	
Cumbernauld A	Jonathan Cameron	1.20	
Giffnock North B	Adam Inglis	1.20	
VP Glasgow B	Calum McCauley	1.15	
Whitemoss B	Mikey Beggan	1.15	
Livingston A	Angus McDonald	1.15	
Kirkintilloch A	Matthew Stewart	0.00	
			<i>no height</i>
Clydesdale A	Josh McNicol	0.00	
			<i>no height</i>
East Lothian B	James Walter	0.00	
			<i>no height</i>
Cumbernauld B	James Wallace	0.00	
			<i>no height</i>

Morning Results Match 1

Club	Athlete	Performance	Points
Long Jump		Under 15 Boys	
Giffnock North A	Reuben Nairne	5.55	
Whitemoss A	Kyle McAuley	5.31	
VP Glasgow A	Adam Cleer	5.18	
Stewartry	Finlay Waugh	5.06	
Helensburgh A	Christopher Wilson	4.93	
VP Glasgow B	Oliver Andrews	4.55	
East Lothian A	Callum Poole	4.55	
Cumbernauld B	Ross Stanton	4.21	
Livingston A	Andrew Cowie	4.20	
Ayr Seaforth B	Toby Nixon	3.98	
Ayr Seaforth A	Marc Mulgrew	3.95	
Kirkintilloch A	Dylan Elliott	3.93	
Clydesdale A	Jake McPherson	3.85	
Cumbernauld A	Calum Smith	3.66	
Livingston B	Logan Tait	3.43	
Kirkintilloch B	Ethan McDonald	3.43	
Whitemoss B	Adam McRae	3.29	
Giffnock North B	Adam Inglis	0.00	<i>no jump</i>
Clydesdale B	John Docherty	0.00	<i>no jump</i>
Shot Putt		Under 15 Boys	
Whitemoss A	Ross Morgan	10.01	
Stewartry	Finlay Waugh	9.69	
East Lothian A	Adam Hoole	9.55	
Giffnock North A	Fraser Lipp	9.34	
Giffnock North B	Ollie Maher	8.89	
Cumbernauld B	Paul Atkinson	8.07	
Cumbernauld A	Calum Smith	7.91	
VP Glasgow A	Ben Chatham	7.23	
Ayr Seaforth A	Ross Drummond	6.48	
VP Glasgow B	Aaron Purba	6.46	
East Lothian B	Lochie Milne	6.21	
Livingston A	Geosyl Okocha	5.31	
Kirkintilloch A	Matthew Porteous	5.26	
Whitemoss B	Adam McRae	5.00	
Livingston B	Jude Robertson	4.09	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 17 Men			
60m		Under 17 Men	
Giffnock North A	Adam Clayton	7.36	
VP Glasgow A	Jamie Stevenson	7.52	
Whitemoss A	Nathan Fleetwood	7.66	
VP Glasgow B	Sean McGraw	7.69	
Livingston A	Harrison Spence	7.80	
Ayr Seaforth B	Euan Duff	7.84	
Ayr Seaforth A	Rory McCrindle	7.85	
East Lothian B	Alistair Loudon	7.86	
East Lothian A	Lewis Goodall	7.91	
Cumbernauld B	Connor Forrest	7.92	
Clydesdale A	Nick Allan	8.02	
Helensburgh A	Ewan Robb	8.02	
Livingston B	Richard Arthurs	8.02	
Shettleston B	Mobolahan Agro	8.10	
Whitemoss B	Alexander Thomson	8.17	
Cumbernauld A	Jack McCleneghen	8.17	
Kirkintilloch A	Liam Casey	8.30	
Motherwell A	Nathan Sneddon	8.85	
800m		Under 17 Men	
Shettleston A	Lewis Raeburn	2:09.59	
Giffnock North A	Ben Shaw	2:13.82	
Helensburgh A	Finlay Gray	2:13.89	
Shettleston B	Jordon Dolan	2:14.25	
Giffnock North B	Andrew Robertson	2:15.46	
Clydesdale A	Michael Miller	2:17.22	
Cumbernauld A	Jacob Brown	2:19.46	
Ayr Seaforth B	Logan Cotter	2:20.94	
Clydesdale B	Robert Whittick	2:20.95	
VP Glasgow A	Thomas Connolly	2:21.80	
Kirkintilloch A	Frankie Quail	2:22.01	
Motherwell A	Dylan Drummond	2:22.89	
Livingston A	Matthew Boules	2:27.24	
East Lothian B	Cameron Smith	2:27.91	
Ayr Seaforth A	Aidan Copland	2:30.32	
Cumbernauld B	Christopher Main	2:33.39	
Livingston B	Aidan McKeown	2:36.97	
Whitemoss A	Kai Newell	2:38.91	

Morning Results Match 1

Club	Athlete	Performance	Points
60m Hurdles			Under 17 Men
Giffnock North A	Calum Alexander	9.02	
Clydesdale A	Michael Dunn	9.10	
Cumbernauld A	Jamie Tobin	9.45	
VP Glasgow B	Aaron Belkevitz	9.49	
VP Glasgow A	Gavin Wilson	9.95	
Livingston A	Matthew Boules	10.24	
East Lothian A	Charlie Hamilton	10.37	
200m			Under 17 Men
VP Glasgow A	Jamie Stevenson	23.91	
Giffnock North A	Kyle McLean	24.35	
Ayr Seaforth A	Rory McCrindle	24.69	
VP Glasgow B	Sean McGraw	24.78	
Ayr Seaforth B	Euan Duff	24.78	
East Lothian A	Lewis Goodall	25.05	
Whitemoss A	Nathan Fleetwood	25.15	
Stewartry	Euan Kemp	25.68	
East Lothian B	Alistair Loudon	25.73	
Shettleston B	Mobolahan Agro	26.39	
Cumbernauld A	Adam Crainie	26.40	
Helensburgh A	Ewan Robb	26.41	
Clydesdale A	Nick Allan	26.71	
Kirkintilloch B	Luke McCaffrey	27.79	
Kirkintilloch A	Frankie Quail	28.37	
Whitemoss B	Sean Flannigan	29.09	
Motherwell A	Urslaan Ali	29.67	

Morning Results Match 1

Club	Athlete	Performance	Points
400m		Under 17 Men	
Cumbernauld B	Gary McPake	53.27	
Ayr Seaforth A	Daniel Martin	53.64	
Giffnock North A	Amine Hifi	54.74	
Clydesdale A	Michael Dunn	55.69	
VP Glasgow A	Liam O'Hear	56.79	
VP Glasgow B	Max Yvan	56.81	
Cumbernauld A	Jack McCleneghen	57.04	
Shettleston B	Lewis Elliot	57.33	
Kirkintilloch B	Luke McCaffrey	58.43	
Ayr Seaforth B	Jordan Tennant	58.58	
Whitemoss B	Alexander Thomson	58.84	
Kirkintilloch A	Liam Casey	58.88	
Helensburgh A	Finlay Gray	59.35	
Shettleston A	Lewis Raeburn	59.69	
Livingston B	Richard Arthurs	59.69	
Giffnock North B	Eoghan O'Donnell	61.24	
East Lothian B	Cameron Smith	1:02.15	
Livingston A	David Threlfall	1:03.45	
Clydesdale B	Robert Whittick	1:03.98	
Whitemoss A	Kai Newell	1:07.09	
High Jump		Under 17 Men	
Giffnock North A	Andrew Conlan	1.77	
Cumbernauld A	Jamie Tobin	1.72	
Giffnock North B	Sam Young	1.72	
VP Glasgow A	Gavin Wilson	1.67	
Livingston A	Matthew Boules	1.67	
Clydesdale A	Michael Dunn	1.52	
Helensburgh A	Finlay Gray	1.47	
Cumbernauld B	Arran Kennedy	1.47	
Ayr Seaforth A	Aidan Copland	1.42	
Shettleston A	Lewis Raeburn	1.42	
Clydesdale B	Robert Whittick	1.37	
Kirkintilloch A	Liam Casey	1.32	

Morning Results Match 1

Club	Athlete	Performance	Points
Long Jump			Under 17 Men
Ayr Seaforth B	Euan Duff	5.65	
VP Glasgow A	Adam Orr	5.55	
Livingston A	David Threlfall	5.46	
Whitemoss A	Nathan Fleetwood	5.43	
Giffnock North A	Calum Alexander	5.32	
Cumbernauld A	Thomas O'Hear	5.19	
Clydesdale A	Marcus Beckford Young	5.03	
Helensburgh A	Ewan Robb	5.02	
Ayr Seaforth A	Rory McCrindle	4.68	
Cumbernauld B	Arran Kennedy	4.65	
VP Glasgow B	Aaron Belkevitz	4.52	
Whitemoss B	Alexander Thomson	4.51	
Stewartry	Euan Kemp	4.33	
Livingston B	Aidan McKeown	4.30	
Kirkintilloch B	Luke McCaffrey	3.97	
Shot Putt			Under 17 Men
VP Glasgow A	Adam Orr	9.55	
Livingston A	David Threlfall	9.29	
Ayr Seaforth A	Daniel Martin	8.68	
Clydesdale A	Marcus Beckford-Young	8.45	
Giffnock North A	Calum Alexander	7.12	
Livingston B	Aidan McKeown	6.12	
Cumbernauld B	Calum Stewart	6.12	
Kirkintilloch B	Luke McCaffrey	5.73	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 20 Men			
60m			Under 20 Men
Cumbernauld A	Lewis Brown	7.29	
Giffnock North A	John Hamilton	7.44	
VP Glasgow A	Ewan McArthur	7.63	
Livingston A	Ewan Ballantyne	7.67	
Motherwell A	Lewis Gray	7.76	
VP Glasgow B	Lewis Serpell	7.80	
Kirkintilloch A	Martin Byrne	7.80	
Ayr Seaforth A	Stuart Dunlop	7.97	
Giffnock North B	Ross Lipp	8.07	
Cumbernauld B	Owen Doyle	8.43	
Helensburgh A	Rory Chalmers	8.83	
800m			Under 20 Men
Giffnock North A	Oliver Sweeney	2:06.12	
Cumbernauld B	Hamish Coutts	2:06.56	
Cumbernauld A	Thomas Whiteford	2:07.24	
Kirkintilloch A	Aidan McCaffrey	2:07.85	
Motherwell A	Luke Poutney	2:11.16	
Whitemoss A	James Cathie	2:12.14	
Giffnock North B	Nick Boyle	2:12.58	
Livingston A	Alastair White	2:12.91	
Helensburgh A	Cameron Kemp	2:18.45	
VP Glasgow A	Darreen Carruthers	2:35.18	
60m Hurdles			Under 20 Men
Cumbernauld A	Sean Kennedy	9.38	
200m			Under 20 Men
Cumbernauld A	Lewis Brown	22.54	
Giffnock North A	John Hamilton	23.39	
VP Glasgow A	Ewan McArthur	24.08	
VP Glasgow B	Lewis Serpell	24.21	
Ayr Seaforth A	Stuart Dunlop	24.96	
Motherwell A	Adam Laird	25.97	
Kirkintilloch A	Martin Byrne	26.21	
East Lothian A	James Fraser	26.33	
Cumbernauld B	Owen Doyle	26.43	

Morning Results Match 1

Club	Athlete	Performance	Points
400m		Under 20 Men	
Giffnock North A	Jamie Sturrock	53.46	
VP Glasgow A	Iain Wilson	53.90	
VP Glasgow B	Adam Brady	55.34	
Whitemoss A	James Cathie	55.45	
Cumbernauld B	Hamish Coutts	55.71	
Livingston A	Alastair White	56.49	
Kirkintilloch A	Aidan McCaffrey	56.50	
Cumbernauld A	Sean Kennedy	57.20	
Ayr Seaforth A	Callum Meldrum	57.62	
East Lothian A	James Fraser	1:00.11	
Helensburgh A	Cameron Kemp	1:01.37	
High Jump		Under 20 Men	
Giffnock North A	Chris McKay	1.92	
Giffnock North B	Ethan Dear	1.87	
Livingston A	Ewan Ballantyne	1.72	
Kirkintilloch A	Martin Byrne	1.67	
Cumbernauld A	Sean Kennedy	1.57	
Helensburgh A	Cameron Kemp	1.47	
Long Jump		Under 20 Men	
Giffnock North A	Chris McKay	6.40	
VP Glasgow A	David Wilson	5.83	
Giffnock North B	Ethan Dear	5.79	
Kirkintilloch A	Martin Byrne	5.33	
VP Glasgow B	Tim Chan	5.32	
Ayr Seaforth A	Callum Meldrum	5.03	
Livingston A	Alastair White	4.87	
East Lothian A	James Fraser	4.62	
Helensburgh A	Rory Chalmers	4.55	
Cumbernauld A	Thomas Whiteford	4.24	
Shot Putt		Under 20 Men	
Shettleston A	Chris Scannan	12.83	
VP Glasgow A	Andrew Peck	11.33	
Ayr Seaforth A	Callum Meldrum	9.99	
Cumbernauld A	Daniel Winning	9.93	
Giffnock North B	Ethan Dear	8.50	
Giffnock North A	Sweeney	8.24	
Helensburgh A	Rory Chalmers	7.97	
VP Glasgow B	Timothy Chan	7.76	
Kirkintilloch A	Aidan McCaffrey	5.35	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 11 Girls			
60m A String			Under 11 Girls
Cumbernauld A	Grace Young	9.43	
Shettleston A	Daisy Owusu	9.85	
VP Glasgow A	Zoe Wilson	9.88	
Whitemoss A	Amber Wade	10.12	
Livingston A	Lucy Boules	10.26	
Giffnock North A	Lucy Moynihan	10.27	
Ayr Seaforth A	Drew Walker	10.42	
Helensburgh A	Kayci MacRaidl	10.46	
Giffnock North B	Eve Greene	10.49	
East Lothian A	Cristina Elliot	10.64	
Livingston B	Isabella Anderson	11.07	
Shettleston B	Freya Laverty	11.35	
600m A String			Under 11 Girls
Whitemoss A	Amber Wade	1:58.41	
VP Glasgow A	Zoe Wilson	2:03.10	
Ayr Seaforth A	Anna Kirk	2:05.74	
VP Glasgow B	Rebecca Barnett	2:08.65	
Giffnock North A	Olivia McIvor	2:10.9	
Livingston A	Mia Sokoluk	2:14.3	
Cumbernauld A	Rebekah Lawman	2:16.2	
Giffnock North B	Katy Donnelly	2:18.46	
Shettleston A	Beatrice Wainwright	2:19.60	
East Lothian A	Alva Taylor	2:21.8	
Shettleston B	Dorothy Gay	2:25.7	
Livingston B	Imogen Marshall	2:26.80	
Helensburgh A	Jenna Gallacher	2:26.94	
Whitemoss B	Rachel McPhillips	2:29.0	

Morning Results Match 1

Club	Athlete	Performance	Points
Standing Long Jump A String			Under 11 Girls
East Lothian A	Cristina Elliot	1.76	
Giffnock North A	Olivia McIvor	1.72	
Helensburgh A	Jenna Gallacher	1.72	
Livingston A	Lucy Boules	1.66	
Cumbernauld A	Grace Young	1.62	
Shettleston A	Daisy Owusu	1.60	
VP Glasgow A	Seona Brown	1.58	
Livingston B	Imogen Marshall	1.48	
Ayr Seaforth A	Drew Walker	1.46	
Shettleston B	Dorothy Gay	1.44	
Giffnock North B	Eve Greene	1.44	
Whitemoss B	Rachel McPhillips	1.28	
VP Glasgow B	Rebecca Barnett	1.24	
Whitemoss A	Ava Smith	1.20	
60m B String			Under 11 Girls
Cumbernauld A	Kayla Ormiston	9.90	
Livingston A	Mia Sokoluk	9.93	
Giffnock North A	Erin McKay	10.07	
Giffnock North B	Sophie Ferguson	10.08	
VP Glasgow A	Cara Kirkwood	10.33	
Whitemoss A	Maisy Hopkins	10.44	
Shettleston A	Lucymay Smith	10.47	
Ayr Seaforth A	Oriana Baya	10.50	
East Lothian A	Miya Wilson-Hay	10.53	
VP Glasgow B	Abby Sinclair	11.23	
Whitemoss B	Chloe Gibson	11.73	
Helensburgh A	Kate O'Brien	12.12	
Shettleston B	Rhiannon Duncanson	12.20	
600m B String			Under 11 Girls
Ayr Seaforth A	Iona Hubbard	2:16.37	
Giffnock North A	Erin McKay	2:16.9	
VP Glasgow A	Cara Kirkwood	2:17.1	
East Lothian A	Sadie Slifer	2:20.27	
Livingston A	Roxanne Hardie	2:20.35	
Shettleston B	Erin Orr	2:22.38	
VP Glasgow B	Abby Sinclair	2:26.16	
Cumbernauld A	Zoe Forrest	2:26.17	
Giffnock North B	Lexie Mair	2:30.29	
Shettleston A	Chloe Fox	2:39.48	
Helensburgh A	Kayci MacRaidl	2:43.64	

Morning Results Match 1

Club	Athlete	Performance	Points
Standing Long Jump B String			Under 11 Girls
Giffnock North B	Sophie Ferguson	1.74	
Whitemoss A	Maisy Hopkins	1.56	
Giffnock North A	Lucy Moynihan	1.54	
Ayr Seaforth A	Oriana Baya	1.50	
Cumbernauld A	Maia MacAloney	1.46	
Shettleston B	Erin Orr	1.36	
Shettleston A	Lucymay Smith	1.36	
Whitemoss B	Chloe Gibson	1.36	
East Lothian A	Miya Wilson-Hay	1.32	
Livingston A	Roxanne Hardie	1.32	
Livingston B	Isabella Anderson	1.24	
Helensburgh A	Kate O'Brien	1.12	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 13 Girls			
60m		Under 13 Girls	
VP Glasgow A	Evie Greig	8.89	
Giffnock North A	Angelica Mayer	8.91	
Shettleston A	Eva Harper	9.16	
Ayr Seaforth A	Erin Ramsay	9.19	
East Lothian A	Lily Middleton	9.28	
Cumbernauld A	Melissa Manfredini	9.36	
Giffnock North B	Skye Moulson	9.39	
Livingston A	Erin Cameron	9.41	
Ayr Seaforth B	Eve Beswick	9.64	
VP Glasgow B	Rebecca Elsby	9.68	
Whitemoss B	Lucie Mills	9.69	
Whitemoss A	Lilly Scarlett Burns	9.69	
Clydesdale A	Leah Watson	9.70	
Motherwell A	Katie Howley	9.91	
Clydesdale B	Olivia Watson	9.93	
Shettleston B	Leah McCluskey	9.95	
Cumbernauld B	Evie Dougan	10.01	
Helensburgh A	Megan McAllister	10.16	
Livingston B	Kirsten Morris	10.21	
Kirkintilloch A	Lucie Brown	10.50	
Helensburgh B	Millie Keightley	10.88	
800m		Under 13 Girls	
Whitemoss A	Alexandra Cathie	2:37.68	
Giffnock North A	Isla Scott	2:43.67	
Ayr Seaforth A	Emma MacMillan	2:47.44	
Giffnock North B	Ella McGregor	2:47.58	
East Lothian A	Evie Welsh	2:48.11	
VP Glasgow A	Sophie Sinclair	2:49.55	
Shettleston A	Chloe Orr	2:51.00	
Clydesdale A	Kenzie MacIntosh	2:51.44	
Whitemoss B	Libby Currie	2:51.53	
VP Glasgow B	Niamh Finneston	2:54.75	
Helensburgh A	Lucy MacRae	2:57.27	
Cumbernauld B	Elise Giblin	2:57.46	
Shettleston B	Jessica Grant	2:59.09	
Livingston A	Sophie Messenger	3:00.20	
Motherwell A	Emma Kelly	3:01.34	
Cumbernauld A	Iona Davidson	3:02.38	
Helensburgh B	Evelyn Dennison	3:08.83	
Ayr Seaforth B	Islay Hubbard	3:12.19	

Morning Results Match 1

Club	Athlete	Performance	Points
60m Hurdles			Under 13 Girls
VP Glasgow A	Catriona Scott	10.08	
Whitemoss A	Saskia Wade	10.82	
Ayr Seaforth A	Flo Press	11.36	
Clydesdale B	Charlotte Dobbie	11.44	
Clydesdale A	Hannah Dunn	11.79	
Giffnock North A	Olivia Overend	12.00	
Ayr Seaforth B	Libby White	12.25	
Giffnock North B	Imogen Maher	12.25	
Livingston A	Erin Cameron	12.72	
VP Glasgow B	Beth Bushell	13.09	
Kirkintilloch A	Lucie Brown	13.26	
Whitemoss B	Eildh Beggan	14.05	
Shettleston B	Emily Winn	14.56	
200m			Under 13 Girls
VP Glasgow A	Evie Greig	29.08	
VP Glasgow B	Beth Bushell	30.59	
Livingston A	Ella Watson	30.98	
Shettleston B	Survannah Batchelor	31.29	
Giffnock North A	Olivia Dykes	31.58	
Helensburgh A	Lexy Kenhard	31.78	
Clydesdale A	Leah Watson	31.86	
Ayr Seaforth B	Jenna Beswick	32.23	
Livingston B	Bronti Jenkins	32.41	
Cumbernauld B	Elise Giblin	32.55	
Motherwell A	Emma Gilchrist	32.62	
Whitemoss A	Lilly Scarlett Burns	32.76	
Clydesdale B	Olivia Watson	32.90	
Whitemoss B	Kirsty Whyte	32.91	
Ayr Seaforth A	Fay McTrusty	33.11	
Shettleston A	Anna McDowell	33.29	
East Lothian A	Esme Slifer	33.54	
Cumbernauld A	Keri Welsford	34.66	
Helensburgh B	Rowan Mair	35.78	
Kirkintilloch A	Robyn O'Hare	36.05	
Giffnock North B	Josie Reilly		

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Morning Results Match 1

Club	Athlete	Performance	Points
High Jump		Under 13 Girls	
Whitemoss A	Saskia Wade	1.40	
VP Glasgow A	Evie Greig	1.40	
Helensburgh A	Lexy Kenhard	1.30	
Giffnock North B	Isla Fotheringham	1.20	
Cumbernauld B	Olivia Akindele	1.20	
Livingston A	Sophie Messenger	1.20	
Giffnock North A	Olivia Dykes	1.15	
Shettleston A	Anna McDowell	1.15	
Ayr Seaforth B	Eve Beswick	1.15	
Cumbernauld A	Keri Welsford	1.10	
Helensburgh B	Evelyn Dennison	0.00	<i>no height</i>
VP Glasgow B	Niamh Finneston	0.00	<i>no height</i>
Ayr Seaforth A	Abbie Chilton	0.00	<i>no height</i>
Long Jump		Under 13 Girls	
VP Glasgow A	Holly Kirkwood	4.47	
Shettleston A	Eva Harper	4.04	
Giffnock North B	Imogen Maher	3.98	
VP Glasgow B	Rebecca Elsby	3.93	
Giffnock North A	Angelica Mayer	3.78	
Livingston A	Erin Cameron	3.69	
Shettleston B	Leah McCluskey	3.68	
Ayr Seaforth B	Libby White	3.63	
East Lothian A	Lily Middleton	3.51	
Whitemoss B	Shannon Dickson	3.47	
Motherwell A	Emma Gilchrist	3.43	
Whitemoss A	Alexandra Cathie	3.40	
Clydesdale B	Charlotte Dobbie	3.32	
Kirkintilloch A	Lucie Brown	3.24	
Ayr Seaforth A	Emma MacMillan	3.22	
Cumbernauld A	Melissa Manfredini	3.15	
Livingston B	Bronti Jenkins	3.00	
Cumbernauld B	Liana Forrest	2.95	
Clydesdale A	Hannah Dunn	2.90	
Helensburgh A	Megan McAllister	2.89	
Helensburgh B	Rowan Mair	2.60	

Morning Results Match 1

Club	Athlete	Performance	Points
Shot Putt			Under 13 Girls
Whitemoss A	Saskia Wade	7.37	
Giffnock North A	Olivia Overend	6.77	
VP Glasgow A	Catriona Scott	6.58	
Helensburgh A	Lucy MacRae	5.85	
Cumbernauld A	Elise McDuff	5.40	
Giffnock North B	Lara Maguire	5.32	
Whitemoss B	Matilda Frew	5.10	
Shettleston A	Hannah Struthers	4.67	
Helensburgh B	Millie Keightley	4.52	
Motherwell A	Katie Howley	4.38	
Ayr Seaforth A	Abbie Chilton	4.20	
Ayr Seaforth B	Rosie Morrison	4.03	
Cumbernauld B	Evie Dougan	3.98	
Livingston B	Kirsten Morris	3.89	
East Lothian A	Esme Slifer	3.77	
Shettleston B	Emily Winn	3.55	
Clydesdale A	Kenzie MacIntosh	3.06	
Kirkintilloch A	Robyn O'Hare	2.52	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 15 Girls			
60m			Under 15 Girls
East Lothian A	Eloise Gray	8.36	
Ayr Seaforth A	Matilda Press	8.50	
Clydesdale A	Rachael Symington	8.55	
Motherwell A	Sophie Dwyer	8.56	
Ayr Seaforth B	Sophie Slider	8.58	
Giffnock North A	Niamh Smith	8.70	
Giffnock North B	Lara Sturgeon	8.82	
VP Glasgow B	Skye Turner	8.84	
Livingston A	Emmie Meechan	8.87	
Cumbernauld A	Hannah Wallace	8.90	
VP Glasgow A	Lucy Gardner	8.95	
Whitemoss A	Katie Beel	9.02	
Cumbernauld B	Cassandra Manfredini	9.11	
East Lothian B	Laura Buchan	9.29	
Helensburgh B	Kyla Dorizon	9.33	
Helensburgh A	Sophie Michie	9.41	
Kirkintilloch A	Eve Reilly	9.41	
Stewartry	Nina Walsh-Kirk	9.49	
Whitemoss B	Aimee Divers	9.63	
Livingston B	Niamh Cairney	10.13	
Kirkintilloch B	Mhairi Quinn	10.79	
800m			Under 15 Girls
VP Glasgow B	Amy Kirkpatrick	2:34.43	
Ayr Seaforth A	Evie Mackay	2:35.86	
Whitemoss A	Maria Malley	2:36.03	
VP Glasgow A	Jojo Littlefield	2:36.46	
Whitemoss B	Charlie Frew	2:38.82	
Ayr Seaforth B	Isla Kirk	2:40.87	
Giffnock North A	Emma Gaston	2:44.11	
Clydesdale A	Laura Carr	2:45.02	
Motherwell A	Joey Leach	2:46.14	
Shettleston A	Elsie Hollywood	2:46.34	
Helensburgh A	Jenny Scott	2:46.39	
Livingston A	Charlie Maree Nolan	2:47.35	
Giffnock North B	Mary Rose Cairns	2:48.56	
Kirkintilloch B	Ciara Brown	2:49.04	
Helensburgh B	Iona Wilson	2:54.81	
Cumbernauld A	Kerri Reilly	3:00.03	
Shettleston B	Molly McLean	3:04.03	
Livingston B	Chloe Anderson	3:26.59	
Cumbernauld B	Amy Thomson	3:35.43	

Morning Results Match 1

Club	Athlete	Performance	Points
60m Hurdles		Under 15 Girls	
VP Glasgow A	Katie Burr	10.10	
VP Glasgow B	Ellie Davidson	10.12	
East Lothian A	Joanne Welch	10.35	
Giffnock North A	Sophie Inglis	10.38	
Cumbernauld A	Hannah Wallace	10.41	
Cumbernauld B	Amy Kennedy	10.59	
East Lothian B	Laura Buchan	11.04	
Kirkintilloch A	Eve Reilly	11.22	
Giffnock North B	Lauren Saxby	11.46	
Whitemoss A	Ella Bryce	11.56	
Helensburgh A	Amelia Murphy	11.60	
Livingston A	Sophie Ure	11.71	
Shettleston A	Ruby Garrick	12.09	
Whitemoss B	Nicole Cameron	12.10	
Helensburgh B	Sarah Mitchell	12.58	
200m		Under 15 Girls	
East Lothian A	Eloise Gray	27.06	
Giffnock North A	Alyson Bell	27.12	
Ayr Seaforth B	Sophie Slider	27.40	
Ayr Seaforth A	Matilda Press	27.55	
VP Glasgow A	Katie Burr	28.18	
VP Glasgow B	Skye Turner	28.96	
Helensburgh A	Amy Court	29.08	
Motherwell A	Rachael Knox	29.22	
East Lothian B	Grace Brennan	29.40	
Whitemoss B	Niamh Gillies	29.42	
Giffnock North B	Annabel MacDonald	29.54	
Helensburgh B	Sinead Owen	29.81	
Clydesdale B	Lois Watson	29.89	
Stewartry	Nina Walsh-Kirk	30.47	
Whitemoss A	Katie Beel	30.76	
Cumbernauld A	Emma Mair	30.84	
Livingston A	Sophie Ure	30.93	
Cumbernauld B	Cassandra Manfredini	31.03	
Livingston B	Georgia Fraser	31.04	
Clydesdale A	Mia McCormick	31.22	
Shettleston B	Molly McLean	31.25	
Shettleston A	Ruby Garrick	32.16	
Kirkintilloch B	Ciara Brown	32.60	

Morning Results Match 1

Club	Athlete	Performance	Points
300m		Under 15 Girls	
Ayr Seaforth A	Gemma Bruce	42.76	
Giffnock North B	Rosie McKay	44.95	
Giffnock North A	Eva Blues	46.19	
VP Glasgow A	Cosima Schwahn	46.26	
Cumbernauld B	Amy Kennedy	46.28	
Whitemoss A	Maria Malley	46.53	
Clydesdale A	Laura Carr	46.90	
East Lothian B	Grace Brennan	46.93	
VP Glasgow B	Lisha Carruth	47.01	
Helensburgh A	Jenny Hyde	47.85	
Whitemoss B	Niamh Gillies	47.93	
Ayr Seaforth B	Holly McIntyre	48.18	
Cumbernauld A	Aimie Hendry	48.65	
Motherwell A	Zoe Hawkins	49.01	
Shettleston B	Alexis Donnachie	49.40	
Shettleston A	Elsie Hollywood	51.72	
Livingston A	Eve Neally	52.23	
Helensburgh B	Katie Flett	57.32	
Kirkintilloch B	Mhairi Quinn	59.52	
High Jump		Under 15 Girls	
Giffnock North A	Nicola Proudfoot	1.55	
VP Glasgow A	Abbey Orr	1.50	
Cumbernauld A	Aimie Hendry	1.45	
Cumbernauld B	Amy Kennedy	1.35	
Giffnock North B	Rachel Callen	1.35	
Helensburgh A	Amirah Hassan	1.35	
VP Glasgow B	Ellie Davidson	1.30	
Helensburgh B	Sinead Owen	1.30	
Livingston A	Eve Neally	1.25	
Clydesdale B	Lois Watson	1.20	
East Lothian B	Grace Brennan	1.20	
Kirkintilloch A	Eve Reilly	1.15	
Kirkintilloch B	Ciara Brown	1.15	
Clydesdale A	Rachael Symington	0.00	
		<i>no height</i>	

Morning Results Match 1

Club	Athlete	Performance	Points
Long jump		Under 15 Girls	
East Lothian A	Joanne Welch	4.48	
Cumbernauld A	Hannah Wallace	4.47	
Giffnock North A	Alyson Bell	4.39	
Livingston A	Emmie Meechan	4.35	
VP Glasgow B	Ellie Davidson	4.33	
Whitemoss A	Ella Bryce	4.24	
VP Glasgow A	Lucy Gardner	4.18	
Ayr Seaforth B	Holly McIntyre	4.13	
Giffnock North B	Lara Sturgeon	4.06	
East Lothian B	Laura Buchan	3.93	
Whitemoss B	Nicole Cameron	3.90	
Clydesdale A	Laura Carr	3.89	
Motherwell A	Cavan Marie Ryan	3.79	
Cumbernauld B	Niamh Horbury	3.65	
Shettleston A	Ruby Garrick	3.55	
Helensburgh A	Amelia Murphy	3.55	
Kirkintilloch B	Caoimhe Quail	3.27	
Ayr Seaforth A	Evie Mackay	3.25	
Helensburgh B	Eva McAloon	3.14	
Livingston B	Chloe Anderson	2.69	
Shot Putt		Under 15 Girls	
Giffnock North A	Jennifer Dallas	9.71	
Livingston A	Alix Fairley	9.70	
Shettleston A	Kara Thompson	9.40	
Whitemoss A	Saskia Storie	8.22	
Ayr Seaforth A	Sophie McKay	8.03	
Helensburgh A	Lucy McLean	7.95	
VP Glasgow A	Katie Burr	7.85	
Cumbernauld B	Niamh Horbury	7.38	
Cumbernauld A	Stella Coutts	7.13	
Ayr Seaforth B	Ayesha Kemp	7.10	
East Lothian A	Joanne Welch	6.99	
Giffnock North B	Iris Williams	6.95	
VP Glasgow B	Amy Kirkpatrick	6.21	
Helensburgh B	Sarah Mitchell	5.74	
Kirkintilloch B	Mhairi Quinn	5.48	
Whitemoss B	Nicole Cameron	4.94	
Livingston B	Niamh Cairney	4.80	
Clydesdale A	Mia McCormick	4.60	
Clydesdale B	Molly Furre	4.06	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 17 Women			
60m		Under 17 Women	
VP Glasgow A	Robyn Taylor	8.25	
Giffnock North A	Eve Denholm	8.39	
Ayr Seaforth A	Jaime Hood	8.41	
Cumbernauld A	Nikkala Humphreys	8.57	
VP Glasgow B	Rebecca Love	8.63	
Cumbernauld B	Kim McLaughlin	8.63	
Clydesdale A	Anna McCracken	8.64	
Livingston A	Abby Duncan	8.72	
Whitemoss A	Niamh Curran	8.72	
Livingston B	Eilidh Brown	8.79	
Motherwell A	Christy Davis	8.83	
Giffnock North B	Eve Donaghy	8.88	
Shettleston A	Erica Moura	9.42	
Kirkintilloch B	Katie Martin	9.67	
Helensburgh A	Jennifer McBride	9.72	
800m		Under 17 Women	
Kirkintilloch A	Emma Mahon	2:26.47	
Shettleston A	Kirsten Foster	2:28.03	
Giffnock North A	Orla Lang	2:28.70	
Ayr Seaforth A	Charlotte McDowall	2:31.47	
Livingston B	Katie Craig	2:34.84	
Kirkintilloch B	Hannah Paton	2:34.96	
East Lothian A	Catriona McPheat	2:35.43	
Whitemoss A	Jenna Morton	2:36.30	
Livingston A	Courtney Moffat	2:39.54	
Helensburgh A	Chloe Murphy	2:42.63	
VP Glasgow A	Beth Gibbons	2:47.0	
Shettleston B	Emma Purdie	3:03.9	
Cumbernauld A	Lucy Winning	3:05.4	
Clydesdale A	Katie Craig	3:05.73	
60m Hurdles		Under 17 Women	
VP Glasgow A	Jade Henry	9.03	
Livingston A	Tia Henry	9.50	
Giffnock North A	Freya Menzies	9.82	
Whitemoss A	Shannon McInally	9.86	
Ayr Seaforth A	Hazel Kirk	9.98	
Whitemoss B	Kirsty Craig	10.09	
Giffnock North B	athlete not declared	10.28	
Livingston B	Eve Allison	10.50	
VP Glasgow B	Iona Cleer	10.93	

Morning Results Match 1

Club	Athlete	Performance	Points
200m		Under 17 Women	
VP Glasgow A	Robyn Taylor	26.58	
Ayr Seaforth A	Jaime Hood	26.93	
Giffnock North A	Rhea Campbell	27.32	
Motherwell A	Michaela Dwyer	27.63	
VP Glasgow B	Rebecca Love	27.99	
Clydesdale A	Anna McCracken	28.34	
Livingston A	Abby Duncan	28.42	
Giffnock North B	Carla Miller	28.55	
Whitemoss B	Mya Dacre	28.73	
Whitemoss A	Niamh Curran	28.87	
Kirkintilloch A	Emma Mahon	29.43	
Cumbernauld B	Kim McLaughlin	29.46	
Cumbernauld A	Lauren Semple	29.77	
Shettleston A	Erica Moura	31.16	
Livingston B	Emily Foster	31.34	
Helensburgh A	Chloe Murphy	32.02	
300m		Under 17 Women	
VP Glasgow A	Emily Miller	42.38	
Livingston A	Iona McDonald	42.74	
Livingston B	Rebecca Calder	43.70	
Giffnock North A	Rochelle Moukala	44.09	
VP Glasgow B	Jessica Mendonca-Gray	44.71	
East Lothian A	Catriona McPheat	45.14	
Whitemoss A	Jenna Morton	45.92	
Motherwell A	Katrina McEwan	49.16	
Cumbernauld A	Lucy Winning	49.75	
Shettleston A	Catriona Brannan	51.18	
Kirkintilloch B	Katie Martin	51.78	
Kirkintilloch A	Iona Smith	53.19	
Clydesdale A	Katie Craig	54.67	
Shettleston B	Jodie Mitchell	55.69	

Morning Results Match 1

Club	Athlete	Performance	Points
High Jump		Under 17 Women	
Livingston A	Tia Henry	1.57	
Giffnock North A	Beau Studholme	1.52	
Ayr Seaforth A	Charlotte McDowall	1.52	
Whitemoss A	Shannon McInally	1.47	
Giffnock North B	Emma Barbour	1.42	
Livingston B	Eve Allison	1.42	
VP Glasgow A	Cara McCauley	1.42	
VP Glasgow B	Grace Thompson	1.42	
Whitemoss B	Kirsty Craig	1.42	
Clydesdale A	Katie Craig	0.00	
			<i>no height</i>
Cumbernauld A	Lauren Semple	0.00	
			<i>no height</i>
Shettleston A	Catriona Brannan	0.00	
			<i>no height</i>
Long Jump		Under 17 Women	
Giffnock North B	Emma Barbour	4.73	
Whitemoss A	Shannon McInally	4.71	
VP Glasgow A	Rachel Hunter	4.50	
Whitemoss B	Kirsty Craig	4.47	
Ayr Seaforth A	Charlotte McDowall	4.38	
Cumbernauld A	Nikkala Humphreys	4.20	
Clydesdale A	Anna McCracken	4.13	
Shettleston A	Catriona Brannan	3.96	
VP Glasgow B	Rebecca Love	3.95	
Motherwell A	Beth Agnew	3.79	
Livingston A	Rachel Gibb	3.75	
Helensburgh A	Chloe Murphy	3.43	
Kirkintilloch B	Katie Martin	3.18	
Kirkintilloch A	Iona Smith	3.09	
Livingston B	Eilidh Brown	3.06	
Giffnock North A	Megan Busby	0.00	
			<i>no jump</i>


Morning Results Match 1

Club	Athlete	Performance	Points
Shot Putt		Under 17 Women	
Shettleston A	Shona Crossan	12.56	<i>new SAIL record</i>
VP Glasgow A	Alice Baxendale	10.50	
Whitemoss A	Lucy Wroe	8.93	
Livingston A	Rachel Gibb	8.71	
Giffnock North A	Ellie Lonergan Black	8.60	
Giffnock North B	Lauren Saxby	8.58	
VP Glasgow B	Grace Thompson	8.50	
Kirkintilloch B	Hannah Paton	7.46	
Cumbernauld A	Jodie Warren	7.38	
Helensburgh A	Jennifer McBride	6.95	
Cumbernauld B	Emma Brown	6.63	
Livingston B	Holly White	6.04	
Kirkintilloch A	Iona Smith	5.38	

Morning Results Match 1

Club	Athlete	Performance	Points
Under 20 Women			
60m			
			Under 20 Women
Livingston A	Hazel Shanley	7.99	
East Lothian A	Kate Johnstone	8.05	
Ayr Seaforth A	Aimee McGinley	8.13	
Giffnock North A	Amy Donaghy	8.17	
Helensburgh A	Alex Burns	8.32	
Whitemoss A	Bethan Malley	8.44	
Cumbernauld B	Robyn Gemmell	8.63	
VP Glasgow A	Bethany Buchanan	9.11	
Cumbernauld A	Eilidh Duncan	9.22	
800m			
			Under 20 Women
Cumbernauld A	Lucy Somerville	2:23.04	
Giffnock North A	Danielle Kelly	2:30.76	
Shettleston A	Leanne Findlay	2:32.19	
Motherwell A	Jenny Ireland	2:33.51	
Cumbernauld B	Victoria Robertson	2:38.60	
Whitemoss A	Anna Forbes	2:39.83	
Livingston A	Hannah Mairs	2:50.92	
Clydesdale A	Iona Allan	3:01.15	
60m Hurdles			
			Under 20 Women
Cumbernauld A	Beth Tobin	9.97	
Whitemoss A	Christie McSkimming	10.86	
200m			
			Under 20 Women
Giffnock North A	Sophie Haldane	26.47	
East Lothian A	Kate Johnstone	26.67	
Helensburgh A	Alex Burns	26.88	
Cumbernauld A	Beth Tobin	27.04	
Clydesdale A	Emily Paxton	28.50	
Livingston A	Chloe McAlear	28.72	
Whitemoss A	Bethan Malley	29.03	
Cumbernauld B	Kayleigh McKinlay	32.18	
400m			
			Under 20 Women
Giffnock North A	Niamh Grahame	58.73	
Clydesdale A	Emily Paxton	65.29	
Ayr Seaforth A	Louise Murray	65.58	
Cumbernauld A	Sophie Hanlon	65.95	
Cumbernauld B	Alicia Paton	68.37	
Shettleston A	Deborah Donnachie	72.90	
Livingston A	Hannah Mairs	75.15	

Morning Results Match 1

Club	Athlete	Performance	Points
High Jump			Under 20 Women
VP Glasgow B	Heather Baird	1.52	
Whitemoss A	Christie McSkimming	1.52	
Cumbernauld A	Sophie Hanlon	1.42	
VP Glasgow A	Emma Thompson	1.37	
Livingston A	Taygan Henry	0.00	
Long Jump			Under 20 Women
Helensburgh A	Alex Burns	5.23	
Livingston A	Hazel Shanley	5.17	
Whitemoss A	Anna Forbes	5.16	
Giffnock North A	Sophie Haldane	4.93	
East Lothian A	Beth Howard	4.78	
Ayr Seaforth A	Katie McAlpine	4.44	
Cumbernauld A	Beth Tobin	4.26	
VP Glasgow A	Emma Thompson	4.05	
Cumbernauld B	Robyn Gemmell	3.82	
Clydesdale A	Iona Allan	3.12	
Shot Putt			Under 20 Women
Cumbernauld A	Eilidh Duncan	8.59	
Livingston A	Taygan Henry	8.30	
Whitemoss A	Anna Forbes	7.79	
VP Glasgow A	Debbie Awomolo	6.13	
Ayr Seaforth A	Aimee McGinley	5.53	
Giffnock North A	Niamh Grahame	5.29	
Cumbernauld B	Victoria Robertson	5.09	
Clydesdale A	Emily Paxton	5.03	

SAIL 2016-17

Match 1 - Morning

8th January 2017

	600m A String	600m B String	60m A String	60m B String	Standing Long Jump A String	Standing Long Jump B String	Points	Match points
Under 11 Boys								
Giffnock North A	1	1	2	2	1	1	8	1
Helensburgh A	4	2	3	1	5	3	18	2
Giffnock North B	5	3	4	5	4	5	26	3
Cumbernauld A	6	5	9	7	3	2	32	4
East Lothian A	12	4	6	4	2	6	34	5
VP Glasgow B	12	12	8	3	7	3	45	6
Whitemoss A	12	7	1	6	12	12	50	7
Shettleston A	12	9	7	9	6	8	51	8
Ayr Seaforth A	7	6	12	12	8	7	52	9
VP Glasgow A	12	8	5	8	12	8	53	10
Shettleston B	12	12	10	12	8	12	66	11
Ayr Seaforth B	12	12	12	12	12	12	72	13
Motherwell A	12	12	12	12	12	12	72	22.5
Stewartry	12	12	12	12	12	12	72	23.5
Whitemoss B	12	12	12	12	12	12	72	23.5

Under 13 Boys	200m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Points	Match points
Giffnock North A	11	3	2	4	5	1	1	27	1
Cumbernauld A	6	5	1	5	4	4	13	38	2
Livingston A	4	8	7	1	7	2	11	40	3.5
VP Glasgow A	3	1	6	2	1	11	16	40	3.5
East Lothian A	12	4	5	13	2	6	5	47	5
Helensburgh A	13	21	4	12	8	3	3	64	6
Cumbernauld B	10	6	3	7	24	8	8	66	7
Kirkintilloch A	8	12	8	3	24	10	15	80	8
Helensburgh B	17	19	9	9	8	21	2	85	9
Giffnock North B	2	7	24	11	24	5	14	87	10
Whitemoss A	5	9	24	10	24	13	9	94	11
VP Glasgow B	1	20	24	6	24	8	24	107	12
Kirkintilloch B	15	15	24	18	10	19	7	108	13
Livingston B	19	16	24	14	9	15	12	109	14
Ayr Seaforth B	7	12	24	24	4	17	24	112	15
Ayr Seaforth A	21	24	24	8	3	16	17	113	16.5
Shettleston A	20	2	10	19	24	14	24	113	16.5
Stewartry	9	10	24	24	24	24	4	119	18
Motherwell A	14	11	24	24	24	20	6	123	19
Whitemoss B	22	24	24	16	24	12	10	132	20
Clydesdale B	16	18	24	15	24	18	19	134	21
Shettleston B	18	14	24	24	24	7	24	135	22
Clydesdale A	23	17	24	17	24	22	18	145	23

Under 15 Boys	200m	400m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Points	Match points
Giffnock North A	5	2	4	1	2	1	1	4	20	1
Whitemoss A	2	4	7	3	6	1	2	1	26	2
VP Glasgow A	9	7	3	2	5	7	3	8	44	3
East Lothian A	1	3	2	22	11	3	6	3	51	4
Giffnock North B	10	5	6	4	3	9	18	5	60	5
Cumbernauld A	14	1	5	8	4	9	14	7	62	6
VP Glasgow B	16	15	10	5	9	11	6	10	82	7
Kirkintilloch A	8	16	16	6	1	14	12	13	86	8
Helensburgh A	7	6	8	22	13	4	5	22	87	9
Ayr Seaforth A	4	10	9	22	22	4	11	9	91	10
Stewartry	6	22	1	22	22	22	4	2	101	11
Livingston A	3	17	15	22	12	12	9	12	102	12
Cumbernauld B	12	18	11	22	15	16	8	6	108	13
Clydesdale A	15	9	22	7	8	14	13	22	110	14
Whitemoss B	18	13	17	9	14	11	17	14	113	15
Ayr Seaforth B	13	8	12	22	22	7	10	22	116	16
Clydesdale B	22	11	22	22	7	6	18	22	130	17
Livingston B	11	14	14	22	22	22	15	15	135	18
East Lothian B	17	22	22	22	16	15	22	11	147	19
Kirkintilloch B	22	12	13	22	22	22	15	22	150	20
Motherwell A	22	22	22	22	10	22	22	22	164	21

Under 17 Men	200m	400m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Points	Match points
Giffnock North A	2	3	1	1	2	1	5	5	20	1
VP Glasgow A	1	5	2	5	10	4	2	1	30	2
Clydesdale A	13	4	11	2	6	6	7	4	53	3
Ayr Seaforth A	3	2	7	24	15	9	9	3	72	4
Cumbernauld A	11	7	15	3	7	2	6	24	75	5.5
Livingston A	24	18	5	6	13	4	3	2	75	5.5
Cumbernauld B	24	1	10	24	16	7	10	6	98	7
Ayr Seaforth B	4	10	6	24	8	24	1	24	101	8.5
VP Glasgow B	4	6	4	4	24	24	11	24	101	8.5
Helensburgh A	12	13	11	24	3	7	8	24	102	10
Whitemoss A	7	20	3	24	18	24	4	24	124	11
Shettleston B	10	8	14	24	4	24	24	24	132	12
Livingston B	24	14	12	24	17	24	14	6	135	13
Kirkintilloch A	15	12	17	24	11	12	24	24	139	14
East Lothian A	6	24	9	7	24	24	24	24	142	15.5
Kirkintilloch B	14	9	24	24	24	24	15	8	142	15.5
Giffnock North B	24	16	24	24	5	2	24	24	143	17
East Lothian B	9	17	8	24	14	24	24	24	144	18.5
Shettleston A	24	14	24	24	1	9	24	24	144	18.5
Whitemoss B	16	11	15	24	24	24	12	24	150	20
Clydesdale B	24	19	24	24	9	11	24	24	159	21
Stewartry	8	24	24	24	24	24	13	24	165	22
Motherwell A	17	24	18	24	12	24	24	24	167	23

Under 20 Men	200m	400m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Points	Match points
Giffnock North A	2	1	2	14	1	1	1	6	28	1
Cumbernauld A	1	8	1	1	3	5	10	4	33	2
VP Glasgow A	3	2	3	14	10	14	2	2	50	3
Kirkintilloch A	7	7	6	14	4	4	4	9	55	4
Giffnock North B	14	14	9	14	7	2	3	5	68	5.5
VP Glasgow B	4	3	6	14	14	14	5	8	68	5.5
Livingston A	14	6	4	14	8	3	7	14	70	7
Ayr Seaforth A	5	9	8	14	14	14	6	3	73	8
Helensburgh A	14	11	11	14	9	6	9	7	81	9
Cumbernauld B	9	5	10	14	2	14	14	14	82	10
Motherwell A	6	14	5	14	5	14	14	14	86	11
Whitemoss A	14	4	14	14	6	14	14	14	94	12
East Lothian A	8	10	14	14	14	14	8	14	96	13
Shettleston A	14	14	14	14	14	14	14	1	99	14

Under 11 Girls	600m A String	600m B String	60m A String	Standing Long Jump A String	Standing Long Jump B String	Points	Match points
Giffnock North A	5	2	6	2	3	21	1
Cumbernauld A	7	8	1	5	5	27	2
Livingston A	15	5	5	4	9	40	3
Giffnock North B	8	9	9	10	1	41	4
East Lothian A	10	4	10	1	9	43	5
Shettleston A	15	10	2	6	6	46	6
VP Glasgow A	15	3	3	7	15	48	7
Ayr Seaforth A	3	15	7	9	4	53	8
Whitemoss A	15	15	4	14	2	56	9
Helensburgh A	13	11	8	2	12	58	10
Shettleston B	15	6	12	10	6	62	11
Livingston B	15	15	11	8	11	75	13
VP Glasgow B	15	7	15	13	15	75	13
Whitemoss B	15	15	15	12	7	75	13

Under 13 Girls	200m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Points	Match points
VP Glasgow A	1	1	1	6	1	1	3	14	1
Giffnock North A	5	2	6	2	7	5	2	29	2
Whitemoss A	12	11	2	1	1	12	1	40	3
Giffnock North B	22	7	7	4	4	3	6	53	4
Ayr Seaforth A	15	4	3	3	12	15	11	63	5
Shettleston A	16	3	22	7	7	2	8	65	6
Livingston A	3	8	9	14	5	6	22	67	7
VP Glasgow B	2	10	10	10	11	4	22	69	8
Ayr Seaforth B	8	9	7	18	8	8	12	70	9
Helensburgh A	6	18	22	11	3	20	4	84	10
Whitemoss B	14	11	12	9	22	10	7	85	11
Clydesdale A	7	13	5	8	22	19	17	91	12.5
Shettleston B	4	16	13	13	22	7	16	91	12.5
Cumbernauld A	18	6	22	16	10	16	5	93	14
East Lothian A	17	5	22	5	22	9	15	95	15
Cumbernauld B	10	17	22	12	4	18	13	96	16
Motherwell A	11	14	22	15	22	11	10	105	17
Clydesdale B	13	15	4	22	22	13	22	111	18
Helensburgh B	19	21	22	17	11	21	9	120	19
Livingston B	9	19	22	22	22	17	14	125	20
Kirkintilloch A	20	20	11	22	22	14	18	127	21

Under 15 Girls	200m	300m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Points	Match points
Giffnock North A	2	3	6	4	7	1	3	1	27	1
VP Glasgow A	5	4	11	1	4	2	7	7	41	2
VP Glasgow B	6	9	8	2	1	7	5	13	51	3
Giffnock North B	11	2	7	9	13	4	9	12	67	4
Cumbernauld A	16	13	10	5	16	3	2	9	74	5
Helensburgh A	7	10	16	11	11	5	15	6	81	6.5
Whitemoss A	15	6	12	10	3	25	6	4	81	6.5
Ayr Seaforth A	4	1	2	25	2	25	18	5	82	8.5
Livingston A	17	17	9	12	12	9	4	2	82	8.5
Cumbernauld B	18	5	13	6	19	4	14	8	87	10
East Lothian A	1	25	1	3	25	25	1	11	92	11
Ayr Seaforth B	3	12	5	25	6	25	8	10	94	12
Clydesdale A	20	7	3	25	8	14	12	18	107	13
East Lothian B	9	8	14	7	25	10	10	25	108	14
Whitemoss B	10	11	19	14	5	25	11	16	111	15
Helensburgh B	12	18	15	15	15	7	19	14	115	16
Motherwell A	8	14	4	25	9	25	13	25	123	17
Shettleston A	22	16	25	13	10	25	15	3	129	18
Kirkintilloch B	23	19	21	25	14	12	17	15	146	19
Kirkintilloch A	25	25	16	8	25	12	25	25	161	20
Clydesdale B	13	25	25	25	25	10	25	19	167	21
Livingston B	19	25	20	25	18	25	20	17	169	22
Shettleston B	21	15	25	25	17	25	25	25	178	23
Stewartry	14	25	18	25	25	25	25	25	182	24

Under 17 Women	200m	300m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Points	Match points
VP Glasgow A	1	1	1	1	11	6	3	2	26	1
Giffnock North A	3	4	2	3	3	2	16	5	38	2
Livingston A	7	2	8	2	9	1	11	4	44	3
Whitemoss A	10	7	8	4	8	4	2	3	46	4
Ayr Seaforth A	2	20	3	5	4	2	5	20	61	5
VP Glasgow B	5	5	5	9	20	7	9	7	67	6
Livingston B	15	3	10	8	5	5	15	12	73	7
Giffnock North B	8	20	12	7	20	5	1	6	79	8.5
Shettleston A	14	10	13	20	2	11	8	1	79	8.5
Cumbernauld A	13	9	4	20	13	10	6	9	84	10
Clydesdale A	6	13	7	20	14	10	7	20	97	11
Whitemoss B	9	20	20	6	20	8	4	20	107	12
Kirkintilloch A	11	12	20	20	1	20	14	13	111	13
Kirkintilloch B	20	11	14	20	6	20	13	8	112	14
Motherwell A	4	8	11	20	20	20	10	20	113	15
Helensburgh A	16	20	15	20	10	20	12	10	123	16
Cumbernauld B	12	20	5	20	20	20	20	11	128	17
East Lothian A	20	6	20	20	7	20	20	20	133	18
Shettleston B	20	14	20	20	12	20	20	20	146	19
Ayr Seaforth B	20	20	20	20	20	20	20	20	160	20

Under 20 Women	200m	400m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Points	Match points
Cumbernauld A	4	4	9	1	1	3	7	1	30	1
Whitemoss A	7	14	6	2	6	1	3	3	42	2
Livingston A	6	7	1	14	7	5	2	2	44	3
Giffnock North A	1	1	4	14	2	14	4	6	46	4
Cumbernauld B	8	5	7	14	5	14	9	7	69	5
Ayr Seaforth A	14	3	3	14	14	14	6	5	73	6
Clydesdale A	5	2	14	14	8	14	10	8	75	7
East Lothian A	2	14	2	14	14	14	5	14	79	8.5
Helensburgh A	3	14	5	14	14	14	1	14	79	8.5
VP Glasgow A	14	14	8	14	14	4	8	4	80	10
Shettleston A	14	6	14	14	3	14	14	14	93	11
VP Glasgow B	14	14	14	14	14	1	14	14	99	12
Motherwell A	14	14	14	14	4	14	14	14	102	13