



Morning Results Match 3

Club	Athlete	Performance	Points
Under 11 Boys			
60m A String		Under 11 Boys	
Whitemoss A	Adam Milligan	8.95	
Helensburgh A	Alex Brown	9.20	
Giffnock North A	Ben Hughes	9.44	
VP Glasgow A	Reece Hamilton	9.71	
Giffnock North B	Aodan Brannigan	9.79	
East Lothian B	Robbie Clark	9.80	
VP Glasgow B	Hakeen Vemmie	10.13	
Livingston A	Daniel Kane	10.16	
East Lothian A	Jack Kelly	10.22	
Cumbernauld A	Grant McEachern	10.72	
Shettleston B	Cormac McGrath	10.95	
Ayr Seaforth A	Scott McGuinness	11.34	
600m A String		Under 11 Boys	
Giffnock North A	Craig Shennan	1:52.93	
Ayr Seaforth A	Daniel Byers	1:58.44	
VP Glasgow A	Reece Hamilton	2:00.20	
Giffnock North B	Calan Chong	2:01.59	
Whitemoss A	Adam Milligan	2:03.11	
Helensburgh A	Matthew Gall	2:04.95	
Cumbernauld A	Grant McEachern	2:09.23	
Shettleston A	Matthew Fox	2:09.89	
East Lothian A	Alexander Day	2:15.12	
Shettleston B	Cairan Carmichael	2:15.38	
East Lothian B	Robbie Clark	2:16.85	
Motherwell A	Nathan Steele	2:27.22	
VP Glasgow B	Aaron Watt	2:28.33	

Morning Results Match 3

Club	Athlete	Performance	Points
Standing Long Jump A String			Under 11 Boys
East Lothian B	Robbie Clark	1.88	
Helensburgh A	Alex Brown	1.84	
Giffnock North A	Ellis Nairne	1.80	
Cumbernauld A	Leo Akindele	1.76	
VP Glasgow B	Hakeen Vemmie	1.70	
Giffnock North B	Ryan Davie	1.66	
VP Glasgow A	Darius Lysota	1.62	
Shettleston B	Cormac McGrath	1.56	
Shettleston A	Matthew Fox	1.56	
Ayr Seaforth A	Scott McGuinness	1.54	
East Lothian A	Alexander Day	1.46	
60m B String			Under 11 Boys
Giffnock North A	Ellis Nairne	9.64	
Helensburgh A	Ewan McCartney	9.75	
Giffnock North B	Ryan Davie	9.89	
Cumbernauld A	Leo Akindele	10.21	
Whitemoss A	Ronan Burns	10.37	
Shettleston A	Ruairdh Prentice	10.47	
VP Glasgow B	Finlay Sinclair	10.76	
East Lothian A	Finn Vaughan Watson	10.76	
VP Glasgow A	Ben Martin	10.85	
Shettleston B	Luke Struthers	12.73	
600m B String			Under 11 Boys
Giffnock North A	Jack Wallace	2:00.10	
Giffnock North B	James Mowat	2:06.22	
Helensburgh A	Gethin Davies	2:06.73	
Shettleston A	Reece Collins	2:08.30	
VP Glasgow A	Ben Martin	2:09.91	
Cumbernauld A	Rory McLennan	2:13.30	
Ayr Seaforth A	Jack Knox	2:18.36	
East Lothian A	Jack Kelly	2:18.67	
Shettleston B	Joseph Reilly	2:21.28	

Morning Results Match 3

Club	Athlete	Performance	Points
Standing Long Jump B String			Under 11 Boys
Giffnock North B	Aodan Brannigan	1.82	
Cumbernauld A	Rory McLennan	1.80	
Giffnock North A	Ben Hughes	1.70	
Whitemoss A	Ronan Burns	1.64	
Ayr Seaforth A	Jack Knox	1.58	
Helensburgh A	Gethin Davies	1.58	
East Lothian A	Finn Vaughan Watson	1.54	
VP Glasgow B	Finlay Sinclair	1.50	
Shettleston A	Ruairdh Prentice	1.46	
Shettleston B	Luke Struthers	1.30	

Morning Results Match 3

Club	Athlete	Performance	Points
Under 13 Boys			
60m		Under 13 Boys	
Shettleston A	Alex Chalmers	8.92	
VP Glasgow A	Connor McNally	8.97	
Cumbernauld A	Adam Atkinson	9.05	
East Lothian A	Max Evans	9.07	
Giffnock North A	Lewis Taylor	9.09	
Cumbernauld B	Ethan Cunningham	9.10	
Livingston A	Elliot Frame	9.32	
Kirkintilloch B	Lewis Hale	9.36	
Giffnock North B	Fionn Duncan-Brooke	9.41	
Stewartry	Alex Waugh	9.60	
Ayr Seaforth A	Ben Edwards	9.69	
Kirkintilloch A	Rory Elliott	9.71	
Clydesdale B	Scott Kennedy	9.72	
Whitemoss A	Evan Mills	9.75	
Livingston B	Calum Anderson	9.85	
Shettleston B	Eseosa Agbonkonkon	9.98	
Whitemoss B	Lewis Craigie	10.10	
Helensburgh B	David Crombie	10.12	
Ayr Seaforth B	Grahame Maxwell	10.13	
Helensburgh A	Robert Court	10.26	
VP Glasgow B	Laurence Clark	10.33	
Motherwell A	Paul Hopkirk	11.01	
800m		Under 13 Boys	
VP Glasgow A	Russell Barnett	2:24.97	
Livingston A	Elliot Frame	2:25.62	
Kirkintilloch A	Rory Elliott	2:29.82	
Giffnock North B	Reuben McDonald	2:31.63	
Giffnock North A	Hugh Shiels	2:32.73	
VP Glasgow B	David Kirkpatrick	2:34.67	
Cumbernauld A	Craig Little	2:35.97	
Kirkintilloch B	Lewis Hale	2:37.00	
Cumbernauld B	Max McCafferty	2:50.31	
Shettleston A	David Woods	2:52.18	
East Lothian A	Theo Cunningham	2:53.73	
Ayr Seaforth B	Calum Hannah	2:55.73	
Ayr Seaforth A	Lewis Hill	2:59.06	
Clydesdale A	Jamie McPherson	3:03.94	
Helensburgh B	Lewis Tokeley	3:05.97	

Morning Results Match 3

Club	Athlete	Performance	Points
60m Hurdles		Under 13 Boys	
Giffnock North A	Daniel Martin	10.87	
Cumbernauld A	Euan Wallace	11.20	
Cumbernauld B	Ethan Cunningham	11.29	
East Lothian A	Michael Hoole	12.15	
VP Glasgow A	Jamie McKeever	12.77	
Livingston A	James Vivian	13.05	
Kirkintilloch A	Chris Lees	13.06	
Helensburgh B	Lewis Tokeley	13.41	
Ayr Seaforth B	Calum Hannah	13.62	
Ayr Seaforth A	Connor Scobie	13.73	
Shettleston A	Shaun Donnachie	13.80	
200m		Under 13 Boys	
Giffnock North A	Lewis Taylor	28.86	
VP Glasgow A	Russell Barnett	29.59	
Whitemoss A	Evan Mills	30.75	
Cumbernauld A	Adam Atkinson	30.80	
Stewartry	Alex Waugh	31.07	
Giffnock North B	Matthew McClymont	31.12	
Helensburgh A	Johnny Brown	31.57	
Livingston A	Finlay Porteous	31.83	
Clydesdale B	Scott Kennedy	32.35	
Livingston B	Calum Anderson	32.35	
Kirkintilloch B	Ross Pinkerton	32.64	
East Lothian A	Michael Hoole	32.67	
Ayr Seaforth A	Ben Edwards	32.72	
Shettleston B	Jack Johnson	32.75	
Cumbernauld B	Ally Forrest	32.85	
Helensburgh B	Finlay Fleming	32.95	
Kirkintilloch A	Chris Lees	33.01	
Motherwell A	William Bailey	33.13	
VP Glasgow B	David Kirkpatrick	33.49	
Ayr Seaforth B	Harry Dorward	35.95	

Morning Results Match 3

Club	Athlete	Performance	Points
High Jump		Under 13 Boys	
VP Glasgow A	Connor McNally	1.45	
VP Glasgow B	Cameron Weir	1.30	
Clydesdale A	Dominic Burns	1.30	
Giffnock North B	Ben Shenken	1.25	
Cumbernauld A	Josh Milne	1.20	
East Lothian A	Max Evans	1.20	
Helensburgh B	Lewis Tokeley	1.15	
Livingston A	James Vivian	1.15	
Giffnock North A	Coner Boyle	1.10	
Ayr Seaforth B	Harry Dorward		
			<i>No height</i>
Ayr Seaforth A	Lewis Hill		
			<i>No height</i>
Helensburgh A	Robert Court		
			<i>No height</i>
Cumbernauld B	Jude Neville		
			<i>No height</i>
Long Jump		Under 13 Boys	
Giffnock North A	Mark McCabe	4.18	
Cumbernauld A	Craig Little	4.14	
Livingston A	James Vivian	4.01	
Kirkintilloch B	Lewis Hale	3.89	
Helensburgh A	Johnny Brown	3.88	
Cumbernauld B	Sam Bloomfield	3.86	
VP Glasgow B	Cameron Weir	3.83	
Shettleston A	Alex Chalmers	3.76	
East Lothian A	Paul Serpenskas	3.75	
Ayr Seaforth B	Lewis McGlynn	3.73	
Whitemoss B	Ben Sanderson	3.50	
VP Glasgow A	Jamie McKeever	3.42	
Ayr Seaforth A	Connor Scobie	3.40	
Shettleston B	Eseosa Agbonkonkon	3.33	
Whitemoss A	Evan Mills	3.26	
Giffnock North B	Nathan Gozo	3.07	
Kirkintilloch A	Rory Elliott	3.05	
Motherwell A	William Bailey	2.89	
Helensburgh B	David Crombie	2.68	

Morning Results Match 3

Club	Athlete	Performance	Points
Shot Putt			Under 13 Boys
Helensburgh A	Robert Court	7.03	
Helensburgh B	Finlay Fleming	7.02	
Giffnock North A	Mark McCabe	6.24	
Clydesdale B	Scott Kennedy	6.06	
VP Glasgow B	Cameron Weir	6.02	
VP Glasgow A	Connor McNally	5.99	
Stewartry	Alex Waugh	5.97	
Whitemoss B	Lewis Craigie	5.78	
Shettleston A	Jamie Mercer	5.73	
Kirkintilloch B	Ross Pinkerton	5.60	
East Lothian A	Paul Serpenskas	5.55	
Cumbernauld A	Callum Hendry	5.26	
Clydesdale A	Dominic Burns	4.95	
Cumbernauld B	Adam Stewart	4.87	
Livingston A	Finlay Porteous	4.87	
Ayr Seaforth B	Lewis McGlynn	4.82	
Ayr Seaforth A	Lewis Hill	4.44	
Motherwell A	Sam Kirkpatrick	4.38	
Kirkintilloch A	Chris Lees	4.37	
Livingston B	Calum Anderson	4.34	
Giffnock North B	Nathan Gozo	4.22	
Shettleston B	Jack Johnson	4.05	

Morning Results Match 3

Club	Athlete	Performance	Points
Under 15 Boys			
60m			Under 15 Boys
Stewartry	Finlay Waugh	7.81	
East Lothian A	Adam Hoole	7.99	
Whitemoss A	Dean Springett	8.11	
Giffnock North A	Max McHarg	8.20	
VP Glasgow A	George Harrand	8.25	
Cumbernauld A	Calum Smith	8.48	
Helensburgh A	Christopher Wilson	8.49	
Cumbernauld B	Paul Atkinson	8.63	
Giffnock North B	Cameron MacKerrow	8.65	
Ayr Seaforth A	John Duthie	8.86	
Clydesdale A	Jaime Russell	9.14	
Ayr Seaforth B	Charlie Dorward	9.16	
Whitemoss B	Adam McRae	9.25	
Motherwell A	Jamie MacInnes	9.45	
Kirkintilloch A	Matthew Porteous	9.47	
VP Glasgow B	Aaron Purba	9.58	
Livingston A	Angus McDonald	9.63	
Clydesdale B	Nosa Ogbeni	9.64	
East Lothian B	Fergus Taylor	9.86	
Livingston B	Jude Robertson	11.13	
800m			Under 15 Boys
Giffnock North A	Murray Fotheringham	2:13.18	
Cumbernauld A	Calum Little	2:14.31	
Giffnock North B	Jacob Luc	2:15.23	
Kirkintilloch B	Louis O'Hare	2:19.25	
Shettleston A	Kasey Fraser	2:19.67	
Livingston B	Fraser Morris	2:21.24	
Clydesdale B	John Docherty	2:23.53	
Ayr Seaforth A	Alexander Crooks	2:24.80	
Whitemoss A	Kyle McAulay	2:25.48	
Motherwell A	Marcus McInnes	2:26.41	
VP Glasgow A	Callum Byrne	2:27.83	
VP Glasgow B	Jack MacKinnon	2:31.16	
Ayr Seaforth B	Euan Bell	2:36.68	
Livingston A	Jonathan Marshall	2:38.84	

Morning Results Match 3

Club	Athlete	Performance	Points
60m Hurdles		Under 15 Boys	
Giffnock North A	Reuben Nairn	9.20	
Whitemoss A	Ross Morgan	9.59	
VP Glasgow A	Adam Cleer	9.62	
East Lothian A	Adam Hoole	9.98	
Giffnock North B	Adam Ingles	11.78	
Cumbernauld A	Ross Govan	12.32	
Clydesdale A	Jake McPherson	12.40	
200m		Under 15 Boys	
Ayr Seaforth A	Marc Mulgrew	26.19	
Livingston A	Andrew Cowie	26.33	
Helensburgh A	Josh Bain	26.43	
Giffnock North B	Chris Brown	26.88	
Whitemoss A	Ross Morgan	26.99	
VP Glasgow A	George Harrand	27.09	
Giffnock North A	Fraser Lipp	27.21	
Stewartry	Cameron Muffett	27.21	
Cumbernauld A	Ross Stanton	28.18	
VP Glasgow B	Oliver Andrews	28.67	
Clydesdale A	Jake McPherson	29.83	
Ayr Seaforth B	Toby Nixon	29.90	
Kirkintilloch A	Matthew Porteous	30.42	
Cumbernauld B	Josh Adams	30.95	
East Lothian B	Fergus Taylor	31.90	
Clydesdale B	Stuart Aird	31.91	
Motherwell A	Aidan Boyle	32.87	
400m		Under 15 Boys	
Cumbernauld A	Alasdair McMonagle	56.28	
Giffnock North A	Adam Deverill	57.56	
Whitemoss A	Dean Springett	58.58	
Livingston A	Alastair Marshall	59.86	
Shettleston A	Kasey Fraser	61.31	
Giffnock North B	Nathan McNee	62.79	
VP Glasgow A	Matthew Ireland	63.56	
Kirkintilloch B	Louis O'Hare	63.65	
Livingston B	Fraser Morris	63.77	
Helensburgh A	Christopher Wilson	65.76	
Whitemoss B	Adam McRae	67.31	
VP Glasgow B	Nate Jordan	67.82	
Clydesdale B	Leo Currie	68.94	
Cumbernauld B	Anthony Young	70.74	

Morning Results Match 3

Club	Athlete	Performance	Points
High Jump			Under 15 Boys
Whitemoss A	Kyle McAulay	1.65	
Helensburgh A	Josh Bain	1.60	
Giffnock North A	Murray Fotheringham	1.60	
Clydesdale B	John Docherty	1.45	
VP Glasgow A	Ben Chatham	1.45	
Ayr Seaforth B	Charlie Dorward	1.30	
Cumbernauld A	Jonathan Cameron	1.25	
Ayr Seaforth A	Alexander Crooks	1.25	
Giffnock North B	Adam Ingles		

No height

Club	Athlete	Performance	Points
Long Jump			Under 15 Boys
Stewartry	Finlay Waugh	5.29	
Giffnock North A	Reuben Nairn	5.26	
VP Glasgow A	Ben Chatham	5.16	
Helensburgh A	Christopher Wilson	4.89	
East Lothian A	Adam Hoole	4.70	
VP Glasgow B	Oliver Andrews	4.68	
Ayr Seaforth A	Marc Mulgrew	4.47	
Whitemoss A	Ross Morgan	4.37	
Cumbernauld A	Ross Stanton	4.35	
Ayr Seaforth B	Toby Nixon	4.29	
Livingston A	Andrew Cowie	4.20	
Giffnock North B	Chris Brown	4.11	
Cumbernauld B	Josh Adams	4.07	
Clydesdale B	Stuart Aird	3.91	
East Lothian B	Fergus Taylor	3.72	
Clydesdale A	Jake McPherson	3.59	
Whitemoss B	Mikey Beggan		

No throw

Morning Results Match 3

Club	Athlete	Performance	Points
Shot Putt			Under 15 Boys
Whitemoss A	Kyle McAulay	10.92	
Giffnock North A	Fraser Lipp	10.14	
Clydesdale A	Jaime Russell	9.72	
Giffnock North B	Ollie Maher	8.83	
Cumbernauld B	Paul Atkinson	8.38	
Helensburgh A	Josh Bain	8.08	
Cumbernauld A	Calum Smith	7.80	
VP Glasgow A	Ben Chatham	7.52	
Stewartry	Cameron Muffett	6.46	
Clydesdale B	Leo Currie	6.34	
VP Glasgow B	Aaron Purba	6.25	
Livingston A	Alastair Marshall	6.07	
Kirkintilloch A	Matthew Porteous	5.81	
East Lothian A	Lochie Milne	5.80	
Ayr Seaforth A	John Duthie	5.69	
Whitemoss B	Adam McRae	5.10	
Kirkintilloch B	Louis O'Hare	4.68	
Livingston B	Jude Robertson	3.88	

Morning Results Match 3

Club	Athlete	Performance	Points
Under 17 Men			
60m			Under 17 Men
Shettleston A	Jack Guthrie	7.41	
VP Glasgow A	Jamie Stevenson	7.60	
Whitemoss A	Nathan Fleetwood	7.62	
Ayr Seaforth A	Euan Duff	7.71	
Livingston A	Fraser Steele	7.73	
VP Glasgow B	Sean McGraw	7.73	
East Lothian B	Alistair Loudon	7.73	
Giffnock North A	Kyle McLean	7.76	
East Lothian A	Lewis Goodall	7.78	
Cumbernauld A	Jack McCleneghen	8.03	
Giffnock North B	Gordon Burrows	8.04	
Ayr Seaforth B	Callum McKenzie	8.04	
Clydesdale A	Nick Allan	8.07	
Whitemoss B	Alexander Thomson	8.16	
Motherwell A	Adam Blair	8.21	
Kirkintilloch A	Liam Casey	8.24	
Helensburgh A	Ben Farrar	8.28	
Clydesdale B	Matthew Kennedy	8.50	
Cumbernauld B	Christopher Main	8.64	
Livingston B	Aidan McKeown	8.74	
800m			Under 17 Men
Cumbernauld B	Gary McPake	2:04.46	
Shettleston A	Lewis Raeburn	2:09.54	
Kirkintilloch A	Luke McCaffrey	2:13.50	
Clydesdale A	Michael Miller	2:14.97	
Cumbernauld A	Jacob Brown	2:18.17	
Giffnock North A	Eoghan O'Donnell	2:18.28	
Helensburgh A	Finlay Gray	2:18.96	
East Lothian B	Cameron Smith	2:18.97	
VP Glasgow A	Thomas Connolly	2:19.25	
Giffnock North B	Lewis Mitchell	2:19.87	
Ayr Seaforth A	Logan Cotter	2:21.31	
Motherwell A	Dylan Drummond	2:21.98	
Clydesdale B	Robert Whittick	2:22.30	
VP Glasgow B	Calum Brown	2:27.70	
Whitemoss A	Kai Newell	2:31.31	
Livingston A	Ruari Bell	2:31.98	
Livingston B	Aidan McKeown	2:41.87	

Morning Results Match 3

Club	Athlete	Performance	Points
60m Hurdles		Under 17 Men	
Giffnock North A	Calum Alexander	8.98	
Clydesdale A	Michael Dunn	9.01	
Cumbernauld A	Jamie Tobin	9.62	
VP Glasgow B	Aaron Belkevitz	9.67	
East Lothian A	Charlie Hamilton	9.80	
VP Glasgow A	Gavin Wilson	9.91	
200m		Under 17 Men	
Giffnock North A	Adam Clayton	23.16	
VP Glasgow A	Jamie Stevenson	23.65	
Giffnock North B	Matthew Forbes	24.03	
Ayr Seaforth A	Euan Duff	24.46	
East Lothian A	Lewis Goodall	24.52	
Livingston A	Harrison Spence	24.72	
VP Glasgow B	Sean McGraw	24.80	
East Lothian B	Alistair Loudon	25.15	
Kirkintilloch A	Liam Casey	25.91	
Clydesdale A	Nick Allan	25.95	
Cumbernauld A	Thomas O'Hear	26.05	
Shettleston A	Mobolohan Agro	26.05	
Ayr Seaforth B	Callum McKenzie	26.12	
Helensburgh A	Ben Farrar	26.35	
Clydesdale B	Matthew Kennedy	27.84	
Whitemoss A	Kai Newell	28.11	
Motherwell A	Gabriel McCluskey	28.73	
Whitemoss B	Sean Flannigan	29.40	
Cumbernauld B	Josh Hampson	34.55	

Morning Results Match 3

Club	Athlete	Performance	Points
400m		Under 17 Men	
Ayr Seaforth A	Daniel Martin	52.66	
Giffnock North A	Amin Hifi	54.82	
Clydesdale A	Michael Dunn	54.84	
Whitemoss A	Nathan Fleetwood	55.12	
East Lothian A	Christopher Stewart	55.40	
Whitemoss B	Alexander Thomson	55.79	
Cumbernauld A	Jack McCleneghen	56.52	
Helensburgh A	Bryn Davies	56.70	
Ayr Seaforth B	Jordan Tennant	57.47	
VP Glasgow A	Max Yvan	58.31	
Livingston A	Richard Arthurs	58.51	
East Lothian B	Cameron Smith	59.75	
Motherwell A	Christopher Pollock	61.50	
Giffnock North B	Donald MacLean	61.84	
Cumbernauld B	Calum Stewart	63.47	
Clydesdale B	Robert Whittick	64.64	
High Jump		Under 17 Men	
Cumbernauld A	Jamie Tobin	1.78	
Giffnock North B	Sam Young	1.78	
Livingston A	David Threlfall	1.73	
Giffnock North A	Andrew Conlan	1.68	
VP Glasgow A	Gavin Wilson	1.68	
Helensburgh A	Finlay Gray	1.58	
Clydesdale A	Michael Dunn	1.53	
Cumbernauld B	Arran Kennedy	1.48	
Ayr Seaforth A	Daniel Martin	1.38	
Clydesdale B	Robert Whittick	1.38	
Long Jump		Under 17 Men	
Giffnock North A	Joseph Connelly	6.23	
Ayr Seaforth A	Euan Duff	6.05	
VP Glasgow A	Adam Orr	5.75	
Livingston A	Harrison Spence	5.47	
Clydesdale A	Marcus Beckford Young	5.15	
Cumbernauld A	Thomas O'Hear	5.03	
Giffnock North B	Gordon Burrows	4.96	
East Lothian A	Christopher Stewart	4.86	
Helensburgh A	Ben Farrar	4.80	
Kirkintilloch A	Liam Casey	4.80	
Cumbernauld B	Arran Kennedy	4.20	
VP Glasgow B	Aaron Belkevitz	3.96	
Whitemoss B	Sean Flannigan	3.16	

Morning Results Match 3

Club	Athlete	Performance	Points
Shot Putt			Under 17 Men
Giffnock North A	Joseph Connelly	13.13	
Livingston A	David Threlfall	9.22	
Ayr Seaforth A	Daniel Martin	9.15	
VP Glasgow A	Max Yvan	8.91	
Clydesdale A	Marcus Beckford Young	8.25	
Helensburgh A	Bryn Davies	8.21	
Cumbernauld B	Christopher Main	6.59	
Livingston B	Aidan McKeown	6.30	
Clydesdale B	Matthew Kennedy	5.35	

Morning Results Match 3

Club	Athlete	Performance	Points
Under 20 Men			
60m			Under 20 Men
VP Glasgow A	Ewan McArthur	7.53	
Kirkintilloch A	Martin Byrne	7.65	
Motherwell A	Lewis Gray	7.72	
VP Glasgow B	Tom Armstrong	7.74	
Cumbernauld A	Lewis Brown	7.82	
Giffnock North A	Ross Lipp	7.84	
Ayr Seaforth A	Stuart Dunlop	8.07	
Cumbernauld B	Owen Doyle	8.20	
East Lothian A	Jason Pattison	8.41	
Helensburgh A	Corrie Fletcher	9.25	
800m			Under 20 Men
Ayr Seaforth A	Lewis Ross	2:01.97	
VP Glasgow A	Christopher Boyle	2:02.33	
VP Glasgow B	Ciaran Kelly	2:04.26	
Giffnock North A	Jamie Sturrock	2:05.63	
Giffnock North B	Oliver Watson Sweeney	2:06.23	
Cumbernauld A	Thomas Whiteford	2:08.92	
Cumbernauld B	Hamish Coutts	2:12.10	
Kirkintilloch A	Aidan McCaffrey	2:12.50	
Helensburgh A	Cameron Kemp	2:13.44	
Whitemoss A	James Cathie	2:14.28	
Motherwell A	Luke Poutney	2:14.58	
East Lothian A	James Fraser	2:16.27	
60m Hurdles			Under 20 Men
Cumbernauld A	Sean Kennedy	9.47	
VP Glasgow A	Calum McLeod	9.94	
200m			Under 20 Men
VP Glasgow A	Ewan McArthur	23.52	
Cumbernauld A	Daniel Winning	24.34	
Ayr Seaforth A	Sean Morrison	24.76	
Giffnock North A	Ross Lipp	24.94	
Kirkintilloch A	Martin Byrne	25.20	
Cumbernauld B	Owen Doyle	25.80	
East Lothian A	James Fraser	26.46	
Motherwell A	Christopher Yau	26.56	

Morning Results Match 3

	Club	Athlete	Performance	Points
400m				Under 20 Men
	Cumbernauld A	Lewis Brown	49.38	
	VP Glasgow A	Adam Brady	57.68	
	East Lothian A	Jason Pattison	59.46	
	Giffnock North A	Ross Lipp	66.48	
	Helensburgh A	Corrie Fletcher	69.69	
High Jump				Under 20 Men
	Giffnock North A	Chris McKay	1.98	
	Giffnock North B	Ethan Dear	1.93	
	East Lothian A	Alastair Clarke	1.63	
	Kirkintilloch A	Martin Byrne	1.63	
	Cumbernauld A	Sean Kennedy	1.53	
	VP Glasgow A	Andrew O'Donnell	1.48	
Long Jump				Under 20 Men
	Giffnock North B	Ethan Dear	6.00	
	Giffnock North A	Chris McKay	5.99	
	Kirkintilloch A	Martin Byrne	5.59	
	East Lothian A	Ross Clark	5.45	
	Cumbernauld A	Sean Kennedy	4.58	
	VP Glasgow A	Andrew O'Donnell	4.03	
	Helensburgh A	Cameron Kemp	3.90	
Shot Putt				Under 20 Men
	Shettleston A	Chris Scanlon	12.97	
	VP Glasgow A	Andrew Peck	12.52	
	Cumbernauld A	Daniel Winning	9.91	
	Giffnock North B	Ethan Dear	9.51	
	Giffnock North A	Chris McKay	8.46	
	East Lothian A	James Fraser	7.87	
	Helensburgh A	Corrie Fletcher	6.40	

Morning Results Match 3

Club	Athlete	Performance	Points
Under 11 Girls			
60m A String			Under 11 Girls
Cumbernauld A	Grace Young	9.25	
VP Glasgow A	Zoe Wilson	9.69	
Shettleston A	Daisy Owusu	9.82	
Livingston A	Mia Sokoluk	9.98	
Giffnock North B	Lucy Moynihan	10.01	
Giffnock North A	Sophie Ferguson	10.20	
East Lothian A	Cristina Elliot	10.20	
VP Glasgow B	Cara Kirkwood	10.21	
Ayr Seaforth A	Drew Walker	10.24	
Ayr Seaforth B	Savannah Corcoran	10.38	
Shettleston B	Freya Lavery	11.26	
Livingston B	Imogen Marshall	11.32	
Helensburgh A	Kate O'Brien	11.96	
600m A String			Under 11 Girls
Ayr Seaforth A	Anna Kirk	2:03.25	
VP Glasgow A	Zoe Wilson	2:03.54	
Giffnock North A	Erin McKay	2:06.94	
Cumbernauld A	Rebekah Lawman	2:07.45	
Giffnock North B	Sarah Stewart	2:08.15	
VP Glasgow B	Cara Kirkwood	2:09.19	
Livingston A	Mia Sokoluk	2:10.01	
Livingston B	Imogen Marshall	2:20.69	
Whitemoss B	Rachel McPhillips	2:21.11	
Shettleston B	Erin Orr	2:23.17	
East Lothian A	Alva Taylor	2:23.72	

Morning Results Match 3

Club	Athlete	Performance	Points
Standing Long Jump A String			Under 11 Girls
East Lothian A	Cristina Elliot	1.84	
Livingston A	Lucy Boules	1.76	
VP Glasgow A	Emily Mailer	1.72	
		<i>Transferred from B string</i>	
Cumbernauld A	Grace Young	1.70	
Ayr Seaforth A	Anna Kirk	1.68	
Ayr Seaforth B	Savannah Corcoran	1.62	
		<i>Transferred from B string</i>	
Giffnock North A	Hazel O'Donoghue	1.60	
Giffnock North B	Sarah Stewart	1.56	
Whitemoss B	Chloe Gibson	1.48	
		<i>Transferred from B string</i>	
VP Glasgow B	Abby Sinclair	1.44	
		<i>Transferred from B string</i>	
Whitemoss A	Laura Morton	1.36	
		<i>Transferred from B string</i>	
Helensburgh A	Kate O'Brien	1.34	
Shettleston A	Chloe Fox	1.28	
		<i>Transferred from B string</i>	
Shettleston B	Erin Orr	1.24	
60m B String			Under 11 Girls
Giffnock North A	Erin McKay	9.94	
Cumbernauld A	Kayla Ormiston	10.17	
Livingston A	Lucy Boules	10.21	
East Lothian A	Miya Wilson-Hay	10.39	
Giffnock North B	Eve Greene	10.41	
VP Glasgow A	Rebecca Barnett	10.69	
Whitemoss B	Chloe Gibson	11.44	
Shettleston B	Rhiannon Duncanson	12.31	
600m B String			Under 11 Girls
Ayr Seaforth A	Iona Hubbard	2:05.35	
VP Glasgow A	Rebecca Barnett	2:10.06	
Giffnock North B	Katy Donnelly	2:10.50	
Livingston A	Roxanne Hardie	2:17.86	
Giffnock North A	Hazel O'Donoghue	2:17.96	
Cumbernauld A	Zoe Forrest	2:21.80	
Shettleston A	Chloe Fox	2:24.43	
Shettleston B	Dorothy Gay	2:26.82	
East Lothian A	Eilidh Sproule	2:33.50	

Morning Results Match 3

Club	Athlete	Performance	Points
Standing Long Jump B String			Under 11 Girls
Giffnock North B	Eve Greene	1.58	
Giffnock North A	Sofie O'Donnell	1.58	
Ayr Seaforth A	Oriana Baya	1.56	
East Lothian A	Miya Wilson-Hay	1.54	
Livingston A	Roxanne Hardie	1.42	
Cumbernauld A	Zoe Forrest	1.34	
Shettleston B	Rhiannon Duncanson	1.20	

Morning Results Match 3

Club	Athlete	Performance	Points
Under 13 Girls			
60m		Under 13 Girls	
Giffnock North A	Angelica Mayer	8.82	
Livingston A	Ella Watson	8.83	
Shettleston A	Eva Harper	9.07	
Ayr Seaforth A	Erin Ramsay	9.12	
VP Glasgow A	Holly Kirkwood	9.17	
Cumbernauld A	Melissa Manfredini	9.32	
Giffnock North B	Skye Moulson	9.39	
Clydesdale A	Leah Watson	9.42	
Whitemoss A	Lilly Scarlett Burns	9.45	
Motherwell A	Emma Gilchrist	9.45	
Shettleston B	Abby Richardson	9.48	
Ayr Seaforth B	Libby White	9.50	
Clydesdale B	Olivia Watson	9.55	
Helensburgh A	Lexy Kenhard	9.61	
VP Glasgow B	Rebecca Elsby	9.68	
Whitemoss B	Lucie Mills	10.00	
East Lothian A	Esme Slifer	10.14	
Kirkintilloch A	Robyn O'Hare	10.35	
Livingston B	Anna Allison	10.58	
Helensburgh B	Eva Rooney	10.99	
Cumbernauld B	Alex Allison	12.25	
800m		Under 13 Girls	
Whitemoss A	Alexandra Cathie	2:34.88	
VP Glasgow B	Sophie Sinclair	2:36.28	
VP Glasgow A	Holly Kirkwood	2:36.34	
Giffnock North B	Nuala O'Donnell	2:40.45	
Whitemoss B	Libby Currie	2:42.23	
Ayr Seaforth B	Emma McMillan	2:42.84	
Giffnock North A	Isla Scott	2:43.50	
Clydesdale A	Kenzie MacIntosh	2:48.31	
East Lothian A	Evie Welsh	2:50.82	
Ayr Seaforth A	Jenna Beswick	2:53.18	
Motherwell A	Ava Lenzi	2:58.38	
Shettleston A	Jessica Grant	3:00.73	
Livingston A	Sophie Messenger	3:03.00	
Shettleston B	Kamry Wilson	3:03.91	
Stewartry	Ruby Walsh-Kirk	3:04.41	
Cumbernauld A	Elise McDuff	3:16.13	
Helensburgh B	Maddie Rooney	3:19.44	
Cumbernauld B	Mia Orr	3:31.52	
Helensburgh A	Millie Keightley	3:34.45	

Morning Results Match 3

Club	Athlete	Performance	Points
60m Hurdles			Under 13 Girls
VP Glasgow A	Catriona Scott	10.05	
Ayr Seaforth B	Eve Beswick	11.04	
Ayr Seaforth A	Flo Press	11.12	
Clydesdale A	Charlotte Dobbie	11.36	
East Lothian A	Evie Welsh	11.43	
Giffnock North B	Lara Maguire	11.48	
Giffnock North A	Imogen Maher	11.48	
VP Glasgow B	Jenna Hilditch	11.50	
Helensburgh A	Lexy Kenhard	11.70	
Clydesdale B	Hannah Dunn	12.11	
Shettleston A	Anna McDowell	13.24	
Livingston B	Kirsten Morris	13.34	
Whitemoss A	Eildth Beggan	14.00	
Shettleston B	Emily Winn	14.68	
Cumbernauld A	Keri Welsford	15.57	

200m			Under 13 Girls
Livingston A	Ella Watson	29.41	
VP Glasgow A	Catriona Scott	29.5	
Ayr Seaforth A	Erin Ramsay	29.74	
VP Glasgow B	Beth Bushell	30.06	
Whitemoss A	Alexandra Cathie	30.30	
Giffnock North A	Ella McGregor	30.32	
East Lothian A	Lucy Thompson	30.36	
Shettleston A	Survannah Batchelor	30.62	
Giffnock North B	Josie Reilly	30.89	
Cumbernauld A	Elise Giblin	31.22	
Clydesdale A	Olivia Watson	31.3	
Clydesdale B	Leah Watson	31.4	
Ayr Seaforth B	Libby White	32.21	
Motherwell A	Emma Kelly	32.30	
Whitemoss B	Lucie Mills	32.64	
Livingston B	Kirsten Morris	33.78	
Kirkintilloch A	Robyn O'Hare	35.10	
Shettleston B	Millie McIntosh	35.56	
Helensburgh B	Rowan Mair	37.01	
Helensburgh A	Joy Fletcher		

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Morning Results Match 3

Club	Athlete	Performance	Points
High Jump			Under 13 Girls
Helensburgh A	Lexy Kenhard	1.30	
VP Glasgow A	Rachel MacLean	1.25	
Shettleston A	Anna McDowell	1.25	
East Lothian A	Issy Ashall	1.25	
Ayr Seaforth B	Emma McMillan	1.20	
Whitemoss A	Katie Pickles	1.15	
VP Glasgow B	Beth Bushell	1.15	
Giffnock North A	Isla Fotheringham	1.15	
Giffnock North B	Nuala O'Donnell	1.15	
Ayr Seaforth A	Abbie Chilton	1.05	
Helensburgh B	Maddie Rooney		
			<i>No height</i>
Long Jump			Under 13 Girls
Shettleston A	Eva Harper	4.44	
VP Glasgow A	Holly Kirkwood	4.21	
Giffnock North A	Angelica Mayer	4.17	
Livingston A	Ella Watson	4.01	
Ayr Seaforth A	Erin Ramsay	3.78	
VP Glasgow B	Rebecca Elsby	3.74	
Ayr Seaforth B	Libby White	3.73	
Motherwell A	Emma Gilchrist	3.69	
East Lothian A	Issy Ashall	3.67	
Whitemoss A	Lilly Scarlett Burns	3.65	
Cumbernauld A	Melissa Manfredini	3.46	
Clydesdale A	Charlotte Dobbie	3.45	
Helensburgh A	Joy Fletcher	3.24	
Clydesdale B	Hannah Dunn	3.14	
Giffnock North B	Catriona Bentley	3.09	
Shettleston B	Lucy Dalrymple	2.80	
Helensburgh B	Rowan Mair	2.77	
Cumbernauld B	Evie Dougan	2.77	
Stewartry	Ruby Walsh-Kirk	2.70	
Livingston B	Chloe McLean	1.81	

Morning Results Match 3

Club	Athlete	Performance	Points
Shot Putt			Under 13 Girls
VP Glasgow A	Meghan Porterfield	9.45	
Giffnock North A	Olivia Overend	7.21	
Giffnock North B	Lara Maguire	6.18	
Whitemoss A	Kirsty Whyte	5.80	
Cumbernauld A	Elise McDuff	5.77	
Whitemoss B	Matilda Frew	5.61	
Livingston B	Anna Allison	5.59	
Shettleston A	Hannah Struthers	5.30	
Ayr Seaforth A	Abbie Chilton	5.28	
Ayr Seaforth B	Eve Beswick	5.07	
Motherwell A	Katie Howley	5.05	
East Lothian A	Esme Slifer	4.77	
Livingston A	Erin Duncan	4.67	
Helensburgh A	Millie Keightley	4.52	
VP Glasgow B	Jenna Hilditch	4.35	
Cumbernauld B	Alex Allison	4.16	
Shettleston B	Emily Winn	3.89	
Helensburgh B	Eva Rooney	3.86	
Clydesdale A	Kenzie MacIntosh	3.64	
Kirkintilloch A	Robyn O'Hare	3.41	

Morning Results Match 3

Club	Athlete	Performance	Points
Under 15 Girls			
60m		Under 15 Girls	
Giffnock North A	Alyson Bell	8.22	
East Lothian A	Eloise Gray	8.30	
Clydesdale A	Rachael Symington	8.49	
Ayr Seaforth A	Matilda Press	8.51	
VP Glasgow A	Emily Corrigan	8.62	
Cumbernauld A	Hannah Wallace	8.68	
Giffnock North B	Niamh Smith	8.71	
Motherwell A	Rachael Knox	8.74	
Helensburgh A	Amy Court	8.77	
Whitemoss A	Katie Beel	8.92	
East Lothian B	Laura Buchan	8.93	
VP Glasgow B	Skye Turner	8.95	
Ayr Seaforth B	Holly McIntyre	8.95	
Livingston B	Georgia Fraser	9.01	
Cumbernauld B	Cassandra Manfredini	9.20	
Kirkintilloch A	Alex Dow	9.21	
Livingston A	Sophie Ure	9.41	
Whitemoss B	Sarah Kelly	9.41	
Helensburgh B	Gemma Phillips	9.43	
Stewartry	Nina Walsh-Kirk	9.51	
800m		Under 15 Girls	
VP Glasgow A	Lily Evans-Haggerty	2:18.65	
Livingston A	Isla Calvert	2:19.78	
Giffnock North B	Francesca Davidson	2:21.49	
Giffnock North A	Emma Chamberlain	2:26.21	
Whitemoss A	Maria Malley	2:28.81	
Ayr Seaforth A	Evie Mackay	2:29.19	
VP Glasgow B	Rhian Callan	2:30.24	
Ayr Seaforth B	Morven Hubbard	2:31.52	
Whitemoss B	Charlie Frew	2:33.54	
Livingston B	Charlie Maree Nolan	2:37.60	
Shettleston A	Elsie Hollywood	2:39.69	
Motherwell A	Zoe Hawkins	2:41.58	
Helensburgh A	Jenny Scott	2:43.78	
Kirkintilloch B	Kayla McClandish	2:46.47	
East Lothian A	Marissa Kelly	2:48.97	
Helensburgh B	Iona Wilson	2:51.56	

Morning Results Match 3

Club	Athlete	Performance	Points
60m Hurdles		Under 15 Girls	
Giffnock North A	Sophie Inglis	9.70	
Giffnock North B	Lara Sturgeon	9.83	
Cumbernauld A	Hannah Wallace	10.03	
Clydesdale A	Rachael Symington	10.62	
VP Glasgow B	Ellie Davidson	10.68	
East Lothian B	Laura Buchan	10.77	
Clydesdale B	Mia McLeod	10.93	
Whitemoss A	Ella Bryce	11.19	
Helensburgh A	Amirah Hassan	11.43	
Helensburgh B	Amelia Murphy	11.48	
Whitemoss B	Nicole Cameron	12.57	
Livingston A	Eve Neally	13.02	
Ayr Seaforth A	Emilie Oosterbeek	13.42	
VP Glasgow A	Emily Corrigan	13.49	
200m		Under 15 Girls	
East Lothian A	Eloise Gray	26.27	
Ayr Seaforth A	Matilda Press	27.11	
Ayr Seaforth B	Gemma Bruce	27.16	
Giffnock North A	Rosie McKay	27.56	
East Lothian B	Grace Brennan	28.20	
Cumbernauld A	Amy Kennedy	28.40	
Giffnock North B	Eva Blues	28.46	
VP Glasgow B	Skye Turner	28.84	
Whitemoss B	Niamh Gillies	29.03	
VP Glasgow A	Lucy Gardner	29.45	
Clydesdale B	Mia McLeod	29.67	
Whitemoss A	Katie Beel	29.82	
Stewartry	Nina Walsh-Kirk	30.26	
Cumbernauld B	Emma Mair	30.34	
Motherwell A	Jenna Booth	30.37	
Helensburgh A	Kyla Dorizon	30.63	
Kirkintilloch A	Alex Dow	31.02	
Livingston A	Sophie Ure	31.57	
Helensburgh B	Sarah Mitchell	32.11	
Livingston B	Chloe Anderson	32.51	
Kirkintilloch B	Lauren O'Hare	36.18	

Morning Results Match 3

Club	Athlete	Performance	Points
300m		Under 15 Girls	
Giffnock North A	Alyson Bell	43.33	
Ayr Seaforth B	Sophie Slider	43.68	
Whitemoss A	Maria Malley	45.14	
Livingston A	Emmie Meechan	45.15	
East Lothian A	Eloise Gray	45.19	
VP Glasgow A	Cosima Schwahn	45.82	
Whitemoss B	Niamh Gillies	46.01	
East Lothian B	Grace Brennan	46.16	
VP Glasgow B	Lisha Carruth	46.26	
Giffnock North B	Annabel MacDonald	46.39	
Helensburgh A	Sinead Owen	47.51	
Ayr Seaforth A	Emma Struthers	48.12	
Cumbernauld A	Emma Jeffrey	48.55	
Motherwell A	Joey Leach	48.61	
Clydesdale B	Mia McLeod	48.95	
Kirkintilloch B	Kayla McClandlish	49.29	
Livingston B	Shannon Prevost	52.66	
Helensburgh B	Katie Flett	54.52	
Cumbernauld B	Amy Thomson	55.39	

High Jump		Under 15 Girls	
VP Glasgow A	Abbey Orr	1.56	
Giffnock North A	Rachel Callen	1.40	
VP Glasgow B	Ellie Davidon	1.40	
Clydesdale A	L Watson	1.35	
Whitemoss A	Ella Bryce	1.35	
Cumbernauld A	Amy Kennedy	1.35	
Helensburgh A	Amirah Hassan	1.35	
Ayr Seaforth A	Emilie Oosterbeek	1.30	
East Lothian B	Grace Brennan	1.20	
Giffnock North B	Eva Blues	1.15	
Ayr Seaforth B	Morven Hubbard	1.05	
Livingston A	Eve Neally		
Helensburgh B	Gemma Phillips		

No height

No height

Morning Results Match 3

Club	Athlete	Performance	Points
Long jump			Under 15 Girls
Cumbernauld A	Hannah Wallace	4.83	
VP Glasgow A	Lucy Gardner	4.57	
Giffnock North A	Alyson Bell	4.53	
East Lothian A	Joanne Welch	4.34	
Livingston A	Emmie Meechan	4.30	
VP Glasgow B	Ellie Davidson	4.28	
Giffnock North B	Lara Sturgeon	4.24	
Clydesdale A	Rachael Symington	4.20	
Whitemoss B	Sarah Kelly	4.04	
Ayr Seaforth A	Emma Struthers	3.85	
East Lothian B	Laura Buchan	3.84	
Motherwell A	Cavan Marie Ryan	3.81	
Helensburgh B	Amelia Murphy	3.61	
Whitemoss A	Ella Bryce	3.41	
Livingston B	Niamh Cairney	3.20	
Kirkintilloch B	Kayla McClandlish	3.14	
Helensburgh A	Sophie Michie	2.92	

Club	Athlete	Performance	Points
Shot Putt			Under 15 Girls
Livingston A	Alix Fairley	9.65	
Giffnock North A	Jennifer Dallas	9.62	
Cumbernauld A	Amy Kennedy	9.46	
Whitemoss A	Saskia Storey	8.65	
Shettleston A	Kara Thompson	8.61	
Giffnock North B	Iris Williamson	8.27	
VP Glasgow A	Lucy Gardner	7.93	
VP Glasgow B	Ava Smith	7.86	
Cumbernauld B	Stella Coutts	7.72	
East Lothian A	Joanne Welch	7.01	
Helensburgh B	Sarah Mitchell	5.54	
Helensburgh A	Sophie Michie	5.36	
Kirkintilloch A	Alex Dow	5.20	
Whitemoss B	Nicole Cameron	5.15	
Kirkintilloch B	Lauren O'Hare	4.67	
Motherwell A	Cavan Marie Ryan	4.59	
Livingston B	Shannon Prevost		

No jump

Morning Results Match 3

Club	Athlete	Performance	Points
Under 17 Women			
60m		Under 17 Women	
VP Glasgow B	Emily Miller	8.27	
Giffnock North A	Eve Denholm	8.36	
Cumbernauld A	Nikkala Humphreys	8.48	
VP Glasgow A	Rebecca Love	8.64	
Ayr Seaforth A	Jaime Hood	8.64	
Cumbernauld B	Kim McLaughlin	8.67	
Ayr Seaforth B	Bethany Haugh	8.69	
Whitemoss A	Niamh Curran	8.78	
Whitemoss B	Mya Dacre	8.80	
Clydesdale A	Osase Ogbeiwi	8.86	
Giffnock North B	Eve Donaghy	8.90	
Livingston A	Rebecca Calder	8.93	
Shettleston A	Grace Gardiner	9.07	
Livingston B	Katie Craig	9.20	
Motherwell A	Marisa Fontana	9.25	
Kirkintilloch B	Katie Martin	9.47	
Helensburgh A	Jennifer McBride	9.88	
800m		Under 17 Women	
Livingston A	Sarah Calvert	2:16.78	
VP Glasgow A	Adrienne Murray	2:24.94	
Kirkintilloch A	Emma Mahon	2:25.11	
Ayr Seaforth A	Charlotte McDowall	2:28.73	
VP Glasgow B	Amy Bissett	2:29.15	
Whitemoss B	Jenna Morton	2:32.50	
Giffnock North A	Orla Lang	2:33.19	
Livingston B	Courtney Moffat	2:36.24	
Ayr Seaforth B	Emma Frew	2:39.18	
Giffnock North B	Zoe Jamieson	2:41.34	
Helensburgh A	Jessica Noble	2:45.01	
Cumbernauld A	Lucy Winning	2:48.07	
Kirkintilloch B	Iona Smith	2:53.22	
Shettleston B	Jodie Mitchell	2:53.43	
Clydesdale A	Katie Craig	2:54.35	
Whitemoss A	Lucie Wroe	2:54.74	

Morning Results Match 3

Club	Athlete	Performance	Points
60m Hurdles			Under 17 Women
VP Glasgow A	Jade Henry	8.92	
VP Glasgow B	Dion Ingram	9.59	
Whitemoss A	Shannon McInally	9.80	
Giffnock North A	Freya Menzies	9.83	
Ayr Seaforth A	Hazel Kirk	9.84	
Clydesdale A	Anna McCracken	10.08	
Livingston A	Eve Allison	10.12	
Whitemoss B	Jenna Morton	10.38	
200m			Under 17 Women
VP Glasgow B	Emily Miller	25.80	
Livingston A	Iona McDonald	26.73	
VP Glasgow A	Jade Henry	26.93	
Giffnock North A	Rochelle Moukala	27.21	
Ayr Seaforth A	Hazel Kirk	27.86	
Giffnock North B	Freya Cowan	28.26	
Cumbernauld A	Nikkala Humphreys	28.32	
Whitemoss B	Jenna Morton	28.37	
Kirkintilloch A	Emma Mahon	28.45	
Clydesdale A	Charlie Clark	28.74	
Ayr Seaforth B	Bethany Haugh	28.90	
Cumbernauld B	Lauren Semple	29.05	
Shettleston A	Catriona Brannan	30.40	
Shettleston B	Erica Moura	30.65	
Livingston B	Katie Crawford	31.15	
300m			Under 17 Women
VP Glasgow A	Robyn Taylor	42.21	
Giffnock North A	Rhea Campbell	42.51	
Ayr Seaforth A	Jaime Hood	43.70	
VP Glasgow B	Dion Ingram	43.93	
Giffnock North B	Carly Miller	44.52	
East Lothian A	Catriona McPheat	44.60	
Livingston A	Abby Duncan	45.69	
Whitemoss A	Lucie Wroe	47.26	
Motherwell A	Katrina McEwan	48.47	
Helensburgh A	Jessica Noble	48.65	
Shettleston B	Hannah Lynch	49.86	
Clydesdale A	Katie Craig	52.88	

Morning Results Match 3

Club	Athlete	Performance	Points
High Jump			Under 17 Women
Giffnock North B	Emma Barbour	1.70	
Giffnock North A	Beau Studholme	1.58	
Livingston A	Tia Henry	1.58	
VP Glasgow A	Grace Thompson	1.53	
Ayr Seaforth A	Charlotte McDowall	1.53	
Livingston B	Rachel Gibb	1.48	
Whitemoss A	Shannon McInally	1.48	
VP Glasgow B	Jessica Mendonca-Gray		
			<i>No height</i>
Long Jump			Under 17 Women
Giffnock North A	Megan Busby	5.50	
VP Glasgow A	Robyn Taylor	5.01	
Whitemoss A	Shannon McInally	4.99	
Clydesdale A	Anna McCracken	4.78	
Ayr Seaforth A	Charlotte McDowall	4.61	
Giffnock North B	Emma Barbour	4.56	
VP Glasgow B	Jessica Mendonca-Gray	4.48	
Livingston A	Rebecca Calder	4.47	
Whitemoss B	Mya Dacre	4.47	
Kirkintilloch A	Emma Mahon	4.43	
Cumbernauld A	Jodie Warren	4.14	
Helensburgh A	Jessica Noble	3.80	
Livingston B	Courtney Moffat	3.59	
Kirkintilloch B	Iona Smith	3.00	
Shot Putt			Under 17 Women
Shettleston A	Shona Crossan	12.27	
Livingston A	Tia Henry	9.38	
VP Glasgow A	Alice Baxendale	9.24	
Ayr Seaforth A	Amy Leith	8.82	
Livingston B	Rachel Gibb	8.66	
Giffnock North A	Ellie Lonergan Black	8.45	
Helensburgh A	Jennifer McBride	7.76	
Whitemoss B	Mya Dacre	7.67	
VP Glasgow B	Jessica Mendonca-Gray	7.14	
Cumbernauld A	Jodie Warren	6.93	
Giffnock North B	F Cowan	6.06	
Clydesdale A	Charlie Clark	5.99	
Kirkintilloch B	Katie Martin	5.70	
Cumbernauld B	Emma Brown	5.64	

Morning Results Match 3

Club	Athlete	Performance	Points
Under 20 Women			
60m		Under 20 Women	
Livingston A	Hazel Shanley	7.97	
East Lothian A	Kate Johnstone	8.11	
Giffnock North A	Amy Donaghy	8.20	
VP Glasgow A	Niamh Campbell	8.33	
Ayr Seaforth A	Rebecca Campbell	8.35	
Helensburgh A	Alex Burns	8.39	
Cumbernauld A	Robyn Gemmell	8.60	
Whitemoss A	Christie McSkimming	8.95	
800m		Under 20 Women	
Giffnock North A	Niamh Grahame	2:19.3	
Cumbernauld A	Lucy Somerville	2:19.9	
Stewartry	Sarah Bell	2:29.4	
Cumbernauld B	Victoria Robertson	2:39.4	
Livingston A	Hannah Mairs	2:43.3	
Clydesdale A	Iona Allan	2:54.9	
60m Hurdles		Under 20 Women	
Cumbernauld A	Beth Tobin	9.62	
Whitemoss A	Anna Forbes	9.68	
200m		Under 20 Women	
Giffnock North A	Niamh Grahame	26.39	
Cumbernauld A	Beth Tobin	26.72	
Helensburgh A	Alex Burns	26.85	
Ayr Seaforth A	Katy McAlpine	27.98	
Livingston A	Chloe McAlear	28.40	
Clydesdale A	Emily Paxton	28.65	
Whitemoss A	Christie McSkimming	29.67	
400m		Under 20 Women	
Giffnock North A	Sophie Haldane	59.55	
Livingston A	Hazel Shanley	60.93	
Whitemoss A	Anna Forbes	62.30	
Clydesdale A	Emily Paxton	65.20	
Cumbernauld A	Sophie Hanlon	65.42	
Cumbernauld B	Alicia Paton	67.27	

Morning Results Match 3

Club	Athlete	Performance	Points
High Jump			Under 20 Women
Whitemoss A	Christie McSkimming	1.53	
East Lothian A	Tarryn Wood	1.53	
Cumbernauld A	Sophie Hanlon	1.38	
Giffnock North A	Amy Donaghy	1.33	
Long Jump			Under 20 Women
Helensburgh A	Alex Burns	5.36	
Shettleston A	Amy Thomson	5.17	
Livingston A	Hazel Shanley	5.01	
Giffnock North A	Rachel Alexander	4.95	
East Lothian A	Tarryn Wood	4.90	
Cumbernauld A	Beth Tobin	4.57	
Ayr Seaforth A	Katy McAlpine	4.44	
Clydesdale A	Iona Allan	3.38	
Shot Putt			Under 20 Women
Cumbernauld A	Eilidh Duncan	8.96	
Whitemoss A	Anna Forbes	8.20	
Livingston A	Chloe McAlear	6.73	
Cumbernauld B	Victoria Robertson	5.60	
Giffnock North A	Niamh Grahame	5.10	

SAIL 2016-17 - Qualifiers for Final

Under 11 Boys

Giffnock North A
Giffnock North B
Helensburgh
Kilbarchan
Airdrie
North Ayr

Under 13 Boys

VP Glasgow
Cumbernauld
Giffnock North
Falkirk VH
Central AC
Airdrie

Under 15 Boys

Giffnock North
Whitemoss
VP Glasgow
Central
Edinburgh A
Edinburgh B

Under 17 Men

Giffnock North
VP Glasgow
Clydesdale
Edinburgh AC A
Edinburgh AC B
Central AC

Under 20 Men

VP Glasgow
Cumbernauld
Giffnock North
Kilbarchan
Dundee Hawkhill
Central AC

Under 11 Girls

Cumbernauld A
Giffnock North A
Giffnock North B
Airdrie
Dunfermline
North Ayr

Under 13 Girls

VP Glasgow
Giffnock North
Ayr Seaforth
Edinburgh AC
Falkirk VH
Dundee Hawkhill

Under 15 Girls

Giffnock North A
VP Glasgow
Giffnock North B
Central AC
Edinburgh AC
Falkirk VH

Under 17 Women

VP Glasgow
Giffnock North
Livingston
Central AC
Edinburgh AC
Lasswade

Under 20 Women

Cumbernauld
Whitemoss
Livingston
Central AC
Dundee Hawkhill
Kilbarchan

SAIL 2016-17

Match 3 - Morning

19th February 2017

A 'Q' indicates that the team has qualified for the final.

Under 11 Boys	600m A String	600m B String	60m A String	60m B String	Standing Long Jump A String	Standing Long Jump B String	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
Giffnock North A	1	1	3	1	3	3	12	1	1	1	3	Q
Helensburgh A	6	3	2	2	2	5	20	2	2	2	6	Q
Giffnock North B	4	2	5	3	6	1	21	3	3	3	9	Q
Cumbernauld A	7	6	10	4	4	2	33	4	5	4	13	
Whitemoss A	5	12	1	5	12	4	39	5	9	7	21	
VP Glasgow A	3	5	4	9	7	12	40	6	7	10	23	
Shettleston A	8	4	12	6	8	9	47	7	12.5	8	27.5	
Ayr Seaforth A	2	7	12	12	10	5	48	8	10	9	27	
East Lothian A	9	8	9	7	11	7	51	9	4	5	18	
VP Glasgow B	13	12	7	7	5	8	52	10	11	6	27	
East Lothian B	11	12	6	12	1	12	54	11	6	14	31	
Shettleston B	10	9	11	10	8	10	58	12	12.5	11	35.5	
Livingston A	12	12	8	12	12	12	68	13	8	14	35	

Under 13 Boys	60m							Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
	200m	60m	Hurdles	800m	High Jump	Long Jump	Shot Putt						
VP Glasgow A	1	2	5	1	1	12	6	28	1	6	3.5	10.5	Q
Cumbernauld A	3	3	2	7	5	2	12	34	2	1	2	5	Q
Giffnock North A	19	5	1	5	9	1	3	43	3	2	1	6	Q
Livingston A	7	7	6	2	7	3	14	46	4	4	3.5	11.5	
East Lothian A	11	4	4	11	5	9	11	55	5	3	5	13	
Cumbernauld B	14	6	3	9	10	6	14	62	6	7	7	20	
Giffnock North B	5	9	24	4	4	16	21	83	7.5	13	10	30.5	
VP Glasgow B	18	21	24	6	2	7	5	83	7.5	14	12	33.5	
Helensburgh B	15	18	8	15	7	19	2	84	9	8	9	26	
Ayr Seaforth A	12	11	10	13	10	13	17	86	10	12	16.5	38.5	
Shettleston A	24	1	11	10	24	8	9	87	11	9	16.5	36.5	
Kirkintilloch B	10	8	24	8	24	4	10	88	12	18	13	43	
Helensburgh A	6	20	24	24	10	5	1	90	13	5	6	24	
Ayr Seaforth B	20	19	9	12	10	10	16	96	14	11	15	40	
Kirkintilloch A	16	12	7	3	24	17	19	98	15	15	8	38	
Stewartry	4	10	24	24	24	24	7	117	16	16	18	50	
Clydesdale B	8	13	24	24	24	24	4	121	17	20.5	21	58.5	
Clydesdale A	24	24	24	14	2	24	13	125	18	10	23	51	
Whitemoss A	2	14	24	24	24	15	24	127	19	19	11	49	
Whitemoss B	24	17	24	24	24	11	8	132	20	17	20	57	
Shettleston B	13	16	24	24	24	14	22	137	21	20.5	22	63.5	
Livingston B	8	15	24	24	24	24	20	139	22	22	14	58	
Motherwell A	17	22	24	24	24	18	18	147	23	23	19	65	

Under 15 Boys	200m	400m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
Giffnock North A	7	2	4	1	1	2	2	2	21	1	1	1	3	Q
Whitemoss A	5	3	3	2	9	1	8	1	32	2	2	2	6	Q
Cumbernauld A	9	1	6	6	2	7	9	7	47	3.5	3	6	12.5	
VP Glasgow A	6	7	5	3	11	4	3	8	47	3.5	4	3	10.5	Q
Giffnock North B	4	6	9	5	3	9	12	4	52	5	14	5	24	
Helensburgh A	3	10	7	22	22	2	4	6	76	6	5	9	20	
Ayr Seaforth A	1	22	10	22	8	7	7	15	92	7	8	10	25	
Clydesdale B	16	13	18	22	7	4	14	10	104	8.5	21	17	46.5	
Livingston A	2	4	17	22	14	22	11	12	104	8.5	10	12	30.5	
Stewartry	7	22	1	22	22	22	1	9	106	10	13	11	34	
VP Glasgow B	10	12	16	22	12	22	6	11	111	11	11	7	29	
East Lothian A	22	22	2	4	22	22	5	14	113	12	6	4	22	
Clydesdale A	11	22	11	7	22	22	16	3	114	13	9	14	36	
Ayr Seaforth B	12	22	12	22	13	6	10	22	119	14	16	16	46	
Cumbernauld B	14	14	8	22	22	22	13	5	120	15	12	13	40	
Kirkintilloch B	22	8	22	22	4	22	22	17	139	16	18	20	54	
Livingston B	22	9	20	22	6	22	22	18	141	17	15	18	50	
Shettleston A	22	5	22	22	5	22	22	22	142	18	20	22	60	
Whitemoss B	22	11	13	22	22	22	17	16	145	19	17	15	51	
Kirkintilloch A	13	22	15	22	22	22	22	13	151	20.5	7	8	35.5	
Motherwell A	17	22	14	22	10	22	22	22	151	20.5	23	23	66.5	
East Lothian B	15	22	19	22	22	22	15	22	159	22	19	19	60	

Under 17 Men	200m	400m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
Giffnock North A	1	2	8	1	6	4	1	1	24	1	1	1	3	Q
VP Glasgow A	2	10	2	6	9	4	3	4	40	2	4	2	8	Q
Clydesdale A	10	3	12	2	4	7	5	5	48	3	5	3	11	Q
Ayr Seaforth A	4	1	4	24	11	9	2	3	58	4	7	4	15	
Cumbernauld A	11	7	10	3	5	1	6	24	67	5	3	5.5	13.5	
Livingston A	6	11	6	24	16	3	4	2	72	6	2	5.5	13.5	
Helensburgh A	14	8	16	24	7	6	9	6	90	7	20.5	10	37.5	
Cumbernauld B	19	15	18	24	1	8	11	7	103	8	10	7	25	
East Lothian A	5	5	9	5	24	24	8	24	104	9	11	15.5	35.5	
Giffnock North B	3	14	24	24	10	1	7	24	107	10	12	17	39	
VP Glasgow B	7	24	5	4	14	24	12	24	114	11	9	8.5	28.5	
Clydesdale B	15	16	17	24	13	9	24	9	127	12	18	21	51	
East Lothian B	8	12	5	24	8	24	24	24	129	13	14	18.5	45.5	
Kirkintilloch A	9	24	15	24	3	24	9	24	132	14	6	14	34	
Shettleston A	11	24	1	24	2	24	24	24	134	15.5	16	18.5	50	
Whitemoss A	16	4	3	24	15	24	24	24	134	15.5	8	11	34.5	
Whitemoss B	18	6	13	24	24	24	13	24	146	17	23	20	60	
Motherwell A	17	13	14	24	12	24	24	24	152	18	20.5	23	61.5	
Ayr Seaforth B	13	9	11	24	24	24	24	24	153	19	15	8.5	42.5	
Livingston B	24	24	19	24	17	24	24	8	164	20	13	13	46	

Under 20 Men	200m	400m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
VP Glasgow A	1	2	1	2	2	6	6	2	22	1	1	3	5	Q
Cumbernauld A	2	1	5	1	6	5	5	3	28	2	4	2	8	Q
Giffnock North A	4	4	6	14	4	1	2	5	40	3	2	1	6	Q
East Lothian A	7	3	9	14	12	3	4	6	58	4	12.5	13	29.5	
Kirkintilloch A	5	14	2	14	8	3	3	14	63	5	6	4	15	
Giffnock North B	14	14	14	14	5	2	1	4	68	6	3	5.5	14.5	
Helensburgh A	14	5	10	14	9	14	7	7	80	7	8	9	24	
Ayr Seaforth A	3	14	7	14	1	14	14	14	81	8	12.5	8	28.5	
Cumbernauld B	6	14	8	14	7	14	14	14	91	9.5	9	10	28.5	
VP Glasgow B	14	14	4	14	3	14	14	14	91	9.5	5	5.5	20	
Motherwell A	8	14	3	14	11	14	14	14	92	11	11	11	33	
Shettleston A	14	14	14	14	14	14	14	1	99	12	10	14	36	
Whitemoss A	14	14	14	14	10	14	14	14	108	13	14	14	41	

Under 11 Girls	600m A String	600m B String	60m A String	60m B String	Standing Long Jump A String	Standing Long Jump B String	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
Cumbernauld A	4	5	1	2	4	6	22	1.5	3	2	6.5	Q
Giffnock North A	3	4	6	1	7	1	22	1.5	1	1	3.5	Q
Livingston A	7	3	4	3	2	5	24	3	6.5	3	12.5	Q
Giffnock North B	5	2	5	5	8	1	26	4	4	4	12	Q
VP Glasgow A	2	1	2	6	3	15	29	5	6.5	16	27.5	
East Lothian A	11	8	6	4	1	4	34	6	5	5	16	
Ayr Seaforth A	1	15	9	15	5	3	48	7	2	8	17	
Shettleston B	10	7	11	8	14	7	57	8	15	15	38	
Shettleston A	15	6	3	15	13	15	67	9	15	15	39	
VP Glasgow B	6	15	8	15	10	15	69	10	9	13	32	
Whitemoss B	9	15	15	7	9	15	70	11	15	15	41	
Ayr Seaforth B	15	15	10	15	6	15	76	12	10	14	36	
Livingston B	8	15	12	15	15	15	80	13	15	15	43	
Helensburgh A	15	15	13	15	12	15	85	14	15	15	44	
Whitemoss A	15	15	15	15	11	15	86	15	8	9	32	

Under 13 Girls	200m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
VP Glasgow A	2	5	1	3	2	2	1	16	1	1	1	3	Q
Giffnock North A	6	1	6	7	7	3	2	32	2	2	2	6	Q
Ayr Seaforth A	3	4	3	10	10	5	9	44	3	3.5	5	11.5	Q
Shettleston A	8	3	11	12	2	1	8	45	4	8	6	18	
Whitemoss A	5	9	13	1	6	10	4	48	5	5	3	13	
Giffnock North B	9	7	6	4	8	15	3	52	6	7	4	17	
Ayr Seaforth B	13	12	2	6	5	7	10	55	7	10	9	26	
VP Glasgow B	4	15	8	2	6	6	15	56	8	3.5	8	19.5	
East Lothian A	7	17	5	9	3	9	12	62	9	11.5	15	35.5	
Helensburgh A	0	14	9	19	1	13	14	70	10	9	10	29	
Livingston A	1	2	22	13	22	4	13	77	11	6	7	24	
Clydesdale A	11	8	4	8	22	12	19	84	12	14	12.5	38.5	
Cumbernauld A	10	6	15	16	22	11	5	85	13	13	14	40	
Motherwell A	14	9	22	11	22	8	11	97	14	18	17	49	
Whitemoss B	15	16	22	5	22	22	6	108	15	11.5	11	37.5	
Shettleston B	18	11	14	14	22	16	17	112	16	22	12.5	50.5	
Clydesdale B	12	13	10	22	22	14	22	115	17	16	18	51	
Livingston B	16	19	12	22	22	20	7	118	18	19	20	57	
Helensburgh B	19	20	22	17	11	17	18	124	19	17	19	55	
Cumbernauld B	22	21	22	18	22	17	16	138	20	15	16	51	
Kirkintilloch A	17	18	22	22	22	22	20	143	21	23	21	65	
Stewartry	22	22	22	15	22	19	22	144	22	20.5	24	66.5	

Under 15 Girls	200m	300m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
Giffnock North A	4	1	1	1	4	2	3	2	18	1	1	1	3	Q
VP Glasgow A	10	6	5	14	1	1	2	7	46	2	3	2	7	Q
Giffnock North B	7	10	7	2	3	10	7	6	52	3	2	4	9	Q
VP Glasgow B	8	9	12	5	7	2	6	8	57	4	4	3	11	
Whitemoss A	12	3	10	8	5	4	14	4	60	5	7	6.5	18.5	
Cumbernauld A	6	13	6	3	25	5	1	3	62	6	5	5	16	
Livingston A	18	4	17	12	2	12	5	1	71	7	6	8.5	21.5	
Ayr Seaforth A	2	12	4	13	6	8	10	25	80	8	16	8.5	32.5	
East Lothian A	1	5	2	25	15	25	4	10	87	9	8	11	28	
Helensburgh A	16	11	9	9	13	6	17	12	93	10	9	6.5	25.5	
East Lothian B	5	8	11	6	25	9	11	25	100	11	11.5	14	36.5	
Whitemoss B	9	7	17	11	9	25	9	14	101	12	14	15	41	
Ayr Seaforth B	3	2	12	25	8	11	25	25	111	13	21	12	46	
Helensburgh B	19	18	19	10	16	12	13	11	118	14	11.5	16	41.5	
Clydesdale A	25	25	3	4	25	4	8	25	119	15	10	13	38	
Motherwell A	15	14	8	25	12	25	12	16	127	16	17	17	50	
Livingston B	20	17	14	25	10	25	15	17	143	17	18	26	61	
Cumbernauld B	14	19	15	25	25	25	25	9	157	18.5	15	10	43.5	
Kirkintilloch B	21	16	25	25	14	25	16	15	157	18.5	20	19	57.5	
Clydesdale B	11	15	25	7	25	25	25	25	158	20	24	24	68	
Shettleston A	25	25	25	25	11	25	25	5	166	21	19	18	58	
Kirkintilloch A	17	25	16	25	25	25	25	13	171	22	13	20	55	
Stewartry	13	25	20	25	25	25	25	25	183	23	24	24	71	

Under 17 Women	200m	300m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
VP Glasgow A	3	1	4	1	2	4	2	3	20	1	1	1	3	Q
Giffnock North A	4	2	2	4	7	2	1	6	28	2	3	2	7	Q
Ayr Seaforth A	5	3	4	5	4	4	5	4	34	3	16	5	24	
VP Glasgow B	1	4	1	2	5	8	7	9	37	4	6	6	16	
Livingston A	2	7	12	7	1	2	8	2	41	5	2	3	10	Q
Giffnock North B	6	5	11	20	10	1	6	11	70	6	4	8.5	18.5	
Whitemoss A	20	8	8	3	16	6	3	20	84	7	5	4	16	
Whitemoss B	8	20	9	8	6	20	8	8	87	8	9	12	29	
Clydesdale A	10	12	10	6	15	20	4	12	89	9	11	11	31	
Livingston B	15	20	14	20	8	6	13	5	101	10	7	7	24	
Cumbernauld A	7	20	3	20	12	20	11	10	103	11	8	10	29	
Helensburgh A	20	10	17	20	11	20	12	7	117	12	15	16	43	
Kirkintilloch A	9	20	20	20	3	20	10	20	122	13	10	13	36	
Ayr Seaforth B	11	20	7	20	9	20	20	20	127	14.5	20	20	54.5	
Shettleston A	13	20	13	20	20	20	20	1	127	14.5	12	8.5	35	
Cumbernauld B	12	20	6	20	20	20	20	14	132	16	17	17	50	
Kirkintilloch B	20	20	16	20	13	20	14	13	136	17	19	14	50	
Shettleston B	14	11	20	20	14	20	20	20	139	18	13	19	50	
Motherwell A	20	9	15	20	20	20	20	20	144	19	14	15	48	
East Lothian A	20	6	20	20	20	20	20	20	146	20	18	18	56	

Under 20 Women	200m	400m	60m	60m Hurdles	800m	High Jump	Long Jump	Shot Putt	Event Points	Match 3 points	Match 2 points	Match 1 Points	Total Match Points	
Cumbernauld A	2	5	6	1	2	3	6	1	26	1	1	1	3	Q
Giffnock North A	1	1	2	14	1	4	4	5	32	2	6	4	12	
Whitemoss A	7	3	7	2	14	1	14	2	50	3	2	2	7	Q
Livingston A	5	2	14	14	5	14	3	3	60	4	3	3	10	Q
East Lothian A	14	14	1	14	14	1	5	14	77	5	9	8.5	22.5	
Helensburgh A	3	14	5	14	14	14	1	14	79	6	7	8.5	21.5	
Clydesdale A	6	4	14	14	6	14	8	14	80	7	8	7	22	
Cumbernauld B	14	6	14	14	4	14	14	4	84	8	13	5	26	
Ayr Seaforth A	4	14	4	14	14	14	7	14	85	9	4	6	19	
Shettleston A	14	14	14	14	14	14	2	14	100	10	10	11	31	
Stewartry	14	14	14	14	3	14	14	14	101	11.5	15	15	41.5	
VP Glasgow A	14	14	3	14	14	14	14	14	101	11.5	5	10	26.5	
Motherwell A	14	14	14	14	14	14	14	14	112	15	12	13	40	
VP Glasgow B	14	14	14	14	14	14	14	14	112	15	11	12	38	