

Event 7 Girls 4x100 m Relay Under 13**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====				
2016:	53.33	03/07/2016	Central AC	
			M Glen C Cook K Burr A Kirkpatrick	
CBP: C	53.33	03/07/2016	Central AC	
			M Glen C Cook K Burr A Kirkpatrick	
Team				Heats Alternate
=====				
Heat 1	Heats			
1	GIFFNOCK NORTH AAC 'A'			57.13Q
	1) Olivia Dykes	2)	Angelica Mayer	
	3) Skye Moulson	4)	Faith Uduebholo	
2	TEAM EAST LOTHIAN 'A'			58.80Q
	1) Lily Middleton	2)	Amy Paul	
	3) Lucy Thompson	4)	Evie Welsh	
3	KILBARCHAN AAC 'A'			60.25Q
	1) Julia Daws	2)	Sophie Sinclair	
	3) Eva Black	4)	Ivana Henderson	
4	AYR SEAFORTH AAC 'B'			60.61
	1) Sophie Mcinnes	2)	Rosie Morrison	
	3) Fay McTrusty	4)	Emma McMillan	
5	GIFFNOCK NORTH AAC 'C'			62.92
	1) Leah Rigley	2)	Catriona Bentley	
	3) Ellen Bentley	4)	Ava Bruce	
6	LIVINGSTON AC 'B'			63.87
	1) Katie Armit	2)	Rachel Small	
	3) Erin Duncan	4)	Anna Allison	
Heat 2	Heats			
1	VP-GLASGOW AC 'A'			54.71Q
	1) Catriona Scott	2)	Holly Kikrwood	
	3) Rachel MacLean	4)	Evie Greig	
2	EDINBURGH AC 'A'			56.37Q
	1) Ruby Renton	2)	Poppy Widdowson	
	3) Poppy Flockhart	4)	Alice Ball	
3	AYR SEAFORTH AAC 'A'			56.97Q
	1) Eve Beswick	2)	Amy McCann	
	3) Libby White	4)	Erin Ramsay	
4	LIVINGSTON AC 'A'			57.88q
	1) Kirsten Morris	2)	Ella Watson	
	3) Erin Cameron	4)	Bronti Jenkins	
5	DUNFERMLINE TRACK & FIELD CLUB 'A'			58.63q
	1) Maia Helm	2)	Eilidh Gallagher	
	3) Erin Giraldes	4)	Mya McMahon	
6	GIFFNOCK NORTH AAC 'B'			58.87
	1) Rachel Moran	2)	Lara Maguire	
	3) Josie Reilly	4)	Amy Greene	
7	AIRDRIE HARRIERS 'A'			60.93
	1) Rebecca Jonhston	2)	Hay Perez-Hubbard	
	3) Eva Hay	4)	Francesca McPake	
--	PITREAVIE AAC 'A'			DQ Rule 163.2
	1) Kate Richardson	2)	Caris Combe	
	3) Darcie Black	4)	Meghan Suttie	

Event 9 Girls 4x100 m Relay Under 15**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

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2016:	51.21	03/07/2016	Central AC	
		L Davison K	Bharnley E Thompson A Davison	
CBP: C	49.30	1990	Glasgow AC	
Team			Heats	Alternate
=====				
Heat 1 Heats				
1 CENTRAL AC 'A'			51.34Q	
1) Mia Glen		2) Coirilidh Cook		
3) Bragha Cook		4) Shona McLay		
2 LASSWADE AAC 'A'			52.05Q	
1) Anna Burnside		2) Mia Downie		
3) Elena Clark		4) Abbie Malinowski		
3 GIFFNOCK NORTH AAC 'A'			52.55Q	
1) Niamh Smith		2) Lara Sturgeon		
3) Sophie Inglis		4) Rachel Callan		
4 AIRDRIE HARRIERS 'A'			53.72q	
1) Orla Doran		2) Abbie Cave		
3) Lucia Wright		4) Emily Rooney		
5 CUMBERNAULD AAC 'A'			55.34	
1) Hannah Sleight		2) Hannah Wallace		
3) Kerri Reilly		4) Amy Kennedy		
6 SPRINGBURN HARRIERS 'A'			59.03	
1) Chloe Emordy		2) Nicola Farmer		
3) Chloe McDonald		4) Annabelle Paul		
Heat 2 Heats				
1 EDINBURGH AC 'A'			51.39Q	
1) Christabel Antwii		2) Niamh Edgar		
3) Anna Swan		4) Lily McQueenie		
2 TEAM EAST LoTHIAN 'A'			52.71Q	
1) Joanne Welch		2) Laura Buchan		
3) Grace Brennan		4) Eloise Gray		
3 VP-GLASGOW AC 'A'			54.37Q	
1) Emma Williams		2) Ellie Davidson		
3) Abbey Orr		4) Emily Corrigan		
4 LIVINGSTON AC 'A'			54.55q	
1) Alix Fairley		2) Georgia Fraser		
3) Sophie Ure		4) Emmie Meechan		
-- DUNFERMLINE TRACK & FIELD CLUB 'A'			DQ	rule 170.7
1) Isla Steel		2) Eve Rennie		
3) Aislynn Crichton		4) Erin Henderson		
-- PITREAVIE AAC 'A'			DQ	rule 170.7
1) Dani Maughlen		2) Abbie Chisolm		
3) Caitlin Ritchie		4) Ellie Eboji		

Event 12 Men 4x100 m Relay Under 17**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====			
2016:	45.19	03/07/2016	Giffnock North AAC
			A Moses A Clayton R Lipp K McLean
CBP: C	42.89	2014	Edinburgh AC
Team			Heats Alternate
=====			
Heat 1 Heats			
1 EDINBURGH AC 'A'			45.78Q
1) Bera Ajala		2) Josh Grant	
3) Fraser Hutcheon		4) Max Leslie	
2 LIVINGSTON AC 'A'			46.11Q
1) David Threlfall		2) Harrison Spence	
3) Richard Arthur		4) Fraser Steele	
3 INVERNESS HARRIERS AAC 'A'			46.13Q
1) Angus Davren		2) Stephen MacKenzie	
3) Ruairidh Munro		4) Callum Tynan	
4 CENTRAL AC 'A'			48.88q
1) John Wilkie		2) Daniel Ferguson	
3) Robert Subke		4) 1224 Casserley	
-- FIFE AC 'B'			DQ rule 172.7
1) Louis Crickmar		2) Greg Williamson	
3) Gregor Campbell		4) Ben Sandilands	
Heat 2 Heats			
1 GIFFNOCK NORTH AAC 'A'			44.61Q
1) Joseph Connelly		2) Kyle McLean	
3) Matthew Forbes		4) Adam Clayton	
2 PITREAVIE AAC 'A'			45.86Q
1) Alistair Moriarty		2) Billy Doyle	
3) Harry Johnstone		4) Lee Turner	
3 LASSWADE AAC 'A'			48.31Q
1) Lewis Kerr		2) Jordan Bathgate	
3) Angus Cousin		4) Murray Blair	
4 AYR SEAFORTH AAC 'A'			49.16q
1) Euan Duff		2) Daniel Martin	
3) Callum McKenzie		4) Rory McCrindle	
-- FIFE AC 'A'			DQ rule 170.7
1) Ben Flint		2) Josh Spence	
3) Hara Akuoko		4) Cameron Marshall	

Event 21 Girls 4x100 m Relay Under 13

2016: 53.33 03/07/2016 Central AC
 M Glen C Cook K Burr A Kirkpatrick
 CBP: C 53.33 03/07/2016 Central AC
 M Glen C Cook K Burr A Kirkpatrick

Team	Final	Alternate
Heat 1 Final		
1 VP-GLASGOW AC 'A'	54.28	
1) Catriona Scott	2) Holly Kikrwood	
3) Rachel MacLean	4) Evie Greig	
2 EDINBURGH AC 'A'	55.76	
1) Ruby Renton	2) Poppy Widdowson	
3) Poppy Flockhart	4) Alice Ball	
3 GIFFNOCK NORTH AAC 'A'	56.21	
1) Olivia Dykes	2) Angelica Mayer	
3) Skye Moulson	4) Faith Uduebholo	
4 AYR SEAFORTH AAC 'A'	57.05	
1) Eve Beswick	2) Amy McCann	
3) Libby White	4) Erin Ramsay	
5 TEAM EAST LOTHIAN 'A'	57.64	
1) Lily Middleton	2) Amy Paul	
3) Lucy Thompson	4) Evie Welsh	
6 LIVINGSTON AC 'A'	58.21	
1) Kirsten Morris	2) Ella Watson	
3) Erin Cameron	4) Bronti Jenkins	
7 DUNFERMLINE TRACK & FIELD CLUB 'A'	59.04	
1) Maia Helm	2) Eilidh Gallagher	
3) Erin Giraldes	4) Mya McMahon	
8 KILBARCHAN AAC 'A'	60.54	
1) Julia Daws	2) Sophie Sinclair	
3) Eva Black	4) Ivana Henderson	

Event 22 Boys 4x100 m Relay Under 13

2016: 55.65 03/07/2016 Inverness HAC
 L Daly D MacDonald L Allan R Sneddon
 CBP: C 52.44 2006 Lasswade AAC

Team	Final	Alternate
Heat 1		
1 GIFFNOCK NORTH AAC 'A'	57.41	
1) Matthew McClymont	2) Lewis Taylor	
3) Aidan Cuning	4) Mark Chalmers	
2 CENTRAL AC 'A'	57.63	
1) Jack Campbell	2) Robb Ferguson	
3) Finlay Marchant	4) Curtis Denison	
3 SPRINGBURN HARRIERS U15B	57.87	
1) Calum McHugh U13B	2) Ben Watchorn U13B	
3) Jack McCallum U15B	4) Bobby McSkimming U13B	
4 FALKIRK VICTORIA HARRIERS 'A'	59.12	
1) Matthew Newlands	2) Samuel Kane	
3) Keegan Thomson	4) Harris Cant	
5 GIFFNOCK NORTH AAC 'B'	59.31	
1) Daniel Martin	2) Favour Uduebholo	
3) Ruairidh Kelly	4) Fionn Duncan - Brooke	
6 VP-GLASGOW AC 'A'	61.69	
1) Jake Spears	2) Callum Greenhalgh	
3) Darren Fraser	4) Connor McNally	
7 GIFFNOCK NORTH AAC 'C'	62.86	
1) Lachlan Nelson	2) Ben Whittington	
3) Harry Aitken	4) Nikos Kladis	
8 LIVINGSTON AC 'A'	64.77	
1) Calum Anderson	2) Daniel Sutherland	
3) Elliot Frame	4) Robin Threl	

Event 23 Girls 4x100 m Relay Under 15

2016: 51.21 03/07/2016 Central AC
 L Davison K Bharnley E Thompson A Davison
 CBP: C 49.30 1990 Glasgow AC

Team	Final	Alternate
Heat 1 Final		
1 EDINBURGH AC 'A'	51.10	
1) Christabel Antwii	2) Niamh Edgar	
3) Anna Swan	4) Lily McQueenie	
2 CENTRAL AC 'A'	51.12	
1) Mia Glen	2) Coirilidh Cook	
3) Bragha Cook	4) Shona McLay	
3 LASSWADE AAC 'A'	52.22	
1) Anna Burnside	2) Mia Downie	
3) Elena Clark	4) Abbie Malinowski	
4 TEAM EAST LOTHIAN 'A'	52.26	
1) Joanne Welch	2) Laura Buchan	
3) Grace Brennan	4) Eloise Gray	
4 GIFFNOCK NORTH AAC 'A'	52.26	
1) Niamh Smith	2) Lara Sturgeon	
3) Sophie Inglis	4) Rachel Callan	
6 AIRDRIE HARRIERS 'A'	53.26	
1) Orla Doran	2) Abbie Cave	
3) Lucia Wright	4) Emily Rooney	
7 VP-GLASGOW AC 'A'	53.39	
1) Emma Williams	2) Ellie Davidson	
3) Abbey Orr	4) Emily Corrigan	
8 LIVINGSTON AC 'A'	53.95	
1) Alix Fairley	2) Georgia Fraser	
3) Sophie Ure	4) Emmie Meechan	

Event 24 Boys 4x100 m Relay Under 15

2016: 47.13 03/07/2016 Edinburgh AC
 B Ajala F Hutcheon S Steadman M Leslie
 CBP: C 45.51 2008 Edinburgh AC

Team	Final	Alternate
Heat 1		
1 EDINBURGH AC 'A'	48.26	
1) Toby Peters	2) Alex Poustie-Williamson	
3) Michael Girdler	4) Angus Hoffie	
2 KILMARNOCK H&AC 'A'	49.44	
1) Josh Smith	2) Jack Edwards	
3) Aidyn McMahon	4) Andrew Baird	
3 GIFFNOCK NORTH AAC 'A'	50.32	
1) Reuben Nairne	2) Adam Deverill	
3) Christopher Brown	4) Jacob Luc	
4 DUNFERMLINE TRACK & FIELD CLUB 'A'	52.78	
1) Murray Sheddon	2) Jan Janik	
3) Kieron McDonald	4) Elliott Wilkins	
5 PITREAVIE AAC 'A'	52.80	
1) Ross Birrell	2) Ben Knowles	
3) Euan Johnston	4) Sean Stewart	
6 VP-GLASGOW AC 'A'	53.27	
1) Matthew Ireland	2) Dhruv Lalsinghai	
3) Matthew Greenhalgh	4) George Harrnd	
7 LIVINGSTON AC 'A'	53.90	
1) Tammo Ford	2) Fraser Morris	
3) Logan Tait	4) Andrew Cowie	
8 AYR SEAFORTH AAC 'A'	58.20	
1) Charlie Dorward	2) John Duthie	
3) Lewis Martin	4) Ryan Saxton	

Event 25 Women 4x100 m Relay Under 17

2016: 50.11 03/07/2016 Dundee HH

A Ferguson N Robertson R Broadfoot S McCabe

CBP: C 47.25 1995 Motherwell AC

Team	Final	Alternate
1 DUNDEE HAWKHILL HARRIERS 'A'	49.77	
1) Clara Smith	2) Niamh Robertson	
3) Eve Butchart	4) Rachel Broadfoot	
2 CENTRAL AC 'A'	49.81	
1) Anna Cameron	2) Elizabeth Thompson	
3) Katie Sharkey	4) Emma Mailer	
3 PITREAVIE AAC 'A'	50.52	
1) Sophie Sirwardena	2) Sarah Duff	
3) Emilija Morrison	4) Jade Hutchison	
4 VP-GLASGOW AC 'A'	50.73	
1) Emily Miller	2) Rebecca Love	
3) Jessica Mendonca-Gray	4) Robyn Taylor	
5 GIFFNOCK NORTH AAC 'A'	52.27	
1) Carly Miller	2) Eve Denholm	
3) Eve Donaghy	4) Freya Cowan	
6 EDINBURGH AC 'A'	52.79	
1) Lily Nicholson	2) Josie McDonald	
3) Sophie McGlynn	4) Isla Innes	
7 AIRDRIE HARRIERS 'A'	52.80	
1) Abby Morrissey	2) Alana Carey	
3) Penny Kelly	4) Katie Pearson	
8 LASSWADE AAC 'A'	53.39	
1) Stephanie Ogg	2) Georgia Jones	
3) Heather Mack	4) Shona Gristwood	

Event 26 Men 4x100 m Relay Under 17

2016: 45.19 03/07/2016 Giffnock North AAC

A Moses A Clayton R Lipp K McLean

CBP: C 42.89 2014 Edinburgh AC

Team	Final	Alternate
Heat 1 Final		
1 GIFFNOCK NORTH AAC 'A'	43.93	
1) Joseph Connelly	2) Kyle McLean	
3) Matthew Forbes	4) Adam Clayton	
2 EDINBURGH AC 'A'	44.58	
1) Bera Ajala	2) Josh Grant	
3) Fraser Hutchon	4) Max Leslie	
3 PITREAVIE AAC 'A'	44.98	
1) Alistair Moriarty	2) Billy Doyle	
3) Harry Johnstone	4) Lee Turner	
4 INVERNESS HARRIERS AAC 'A'	45.01	
1) Angus Davren	2) Stephen MacKenzie	
3) Ruairidh Munro	4) Callum Tynan	
5 LIVINGSTON AC 'A'	45.60	
1) David Threlfall	2) Harrison Spence	
3) Richard Arthur	4) Fraser Steele	
6 CENTRAL AC 'A'	47.80	
1) John Wilkie	2) Daniel Ferguson	
3) Robert Subke	4) 1224 Casserley	
-- LASSWADE AAC 'A'	DQ	170.18
1) Lewis Kerr	2) Jordan Bathgate	
3) Angus Cousin	4) Murray Blair	

Event 27 Women 4x100 m Relay Senior

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2016:	48.94	03/07/2016	Aberdeen AAC		
			K Stewart K Forbes K Young R Matheson		
CBP: C	47.00	1970	Edinburgh Southern		
Team				Final	Alternate
=====					
Heat 1					
1 ABERDEEN AAC 'A'				47.95	
1) Grace Carter			2) Katie Forbes		
3) Maddy Silcock			4) Rebecca Matheson		
2 EDINBURGH AC 'A'				49.03	
1) Jazmine Tomlinson			2) Stacey Downie		
3) Sarah Malone			4) Gillian Cooke		
3 INVERNESS HARRIERS AAC 'A'				49.81	
1) Eilidh MaGill			2) Heather Bruce		
3) Gillian Gordon			4) Eleanor Briggs		
4 KILBARCHAN AAC 'A'				52.74	
1) Dalia Stewart			2) Erin Campbell		
3) Zara Craig			4) Stephanie Lamb		
-- PITREAVIE AAC 'A'				DQ	rule 170.6c
1) Linzie Marsh			2) Bethany McAndrew		
3) Oliva Williams			4) Eve Huxley		

Event 28 Men 4x100 m Relay Senior

=====					
2016:	44.01	03/07/2016	Inverclyde AC		
			R Graham D McIntyre S Tonner S McCluckie		
CBP: C	41.84	1992	Caledon Park		
Team				Final	Alternate
=====					
1 PITREAVIE AAC 'A'				44.40	
1) Craig Dunlop			2) Craig Moriarty		
3) Cameron Sinclair			4) Taylor Roy		
2 EDINBURGH AC 'A'				44.82	
1) Craig Knowles.			2) Michael Fernie		
3) Tom Holligan			4) Chuxx Onyia		
3 INVERCLYDE AC 'B'				46.62	
1) Scott Hannaway			2) Andrew Hunter		
3) Ryan Neilson			4) Mark Magee		
-- INVERCLYDE AC 'A'				DNF	
1) Robert Graham			2) Drew McIntyre		
3) Shaun Tonner			4) Scott McCluckie		
-- CENTRAL AC 'A'				DNF	
1) Jack Houghton			2) Michael Currie		
3) James Price			4) Ian McDonald		

Event 33 Girls 3x800 m Relay Under 13

=====			
2016:	7:46.85	03/07/2016	Edinburgh AC
			K Johnson M Wilson E Johnson
CBP: C	7:31.60	1990	Pitreavie AAC
Team		Final	Alternate
=====			
1 VP-GLASGOW AC 'A'		8:02.91	
1) Sophie Sinclair	2) Catriona_ Scott		
3) Holly Kirkwood	4)		
2 EAST KILBRIDE AC 'A'		8:08.22	
1) C Gilbride	2) E Comiskey		
3) L Muirhead	4)		
3 TEAM EAST LOTHIAN 'A'		8:15.43	
1) Niamh Richards	2) Evie_ Welsh		
3) Amy_ Paul	4)		
4 PITREAVIE AAC 'A'		8:16.63	
1) Erin McFarlane	2) Molly Fairfield		
3) Kayleigh Roy	4)		
5 GIFFNOCK NORTH AAC 'A'		8:19.69	
1) Isla Scott	2) Nuala O'Donnell		
3) Isla Fotheringham	4)		
6 AYR SEAFORTH AAC 'A'		8:22.00	
1) Jenna Beswick	2) Clare McLaughlin		
3) Emma_ McMillan	4)		
7 FALKIRK VICTORIA HARRIERS 'A'		8:25.37	
1) Arwen Kennedy	2) Mollie Robb		
3) Caitlyn Christie	4)		
8 GIFFNOCK NORTH AAC 'B'		8:41.76	
1) Ella McGregor	2) Eva Chong		
3) Kirsty Wylie	4)		
-- GIFFNOCK NORTH AAC 'C'		DNF	
1) Emma McLennan	2) 1589 1589		
3) 1590 1590	4)		

Event 34 Boys 3x800 m Relay Under 13

=====			
2016:	7:42.72	03/07/2016	Inverness HAC
			A Rutter L Cairns D MacDonald
CBP: C	7:05.27	2005	City of Edinburgh
Team		Final	Alternate
=====			
1 GIFFNOCK NORTH AAC 'A'		7:29.62	
1) H Shiels	2) C Green		
3) C Perkins	4)		
2 VP-GLASGOW AC 'A'		7:59.23	
1) Jake Spiers	2) Louis Sharp		
3) Fraser Gilmour	4)		
3 AYR SEAFORTH AAC 'A'		8:09.43	
1) Connor Scobie	2) Daniel Byers		
3) Lewis Hill	4)		
4 EAST KILBRIDE AC 'A'		8:11.54	
1) S Hosie	2) J Scullion		
3) P Cairns	4)		
5 CENTRAL AC 'A'		8:18.19	
1) Ryan McGuire	2) Jackson McKnight		
3) Euan Campbell	4)		
6 DUNDEE HAWKHILL HARRIERS 'A'		8:29.48	
1) Josh Taylor	2) Kieran Simpson		
3) Jack Donald	4)		
-- GIFFNOCK NORTH AAC 'B'		DNF	
1) Ross McGinness	2) - -		
3) _ -	4)		

Event 35 Girls 3x800 m Relay Under 15**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====			
2016:	7:12.68	03/07/2016	Inverclyde AC
		Z Renfrew G	Morrison N McCheyne
CBP: C	7:00.08	2014	Giffnock North AAC
Team	Heats Alternate		
=====			
Heat 1 Heats			
1 GIFFNOCK NORTH AAC 'A'			7:38.46Q
1) Emma Chamberlain	2) Francesca Davidson		
3) Kate Richardson	4)		
2 AYR SEAFORTH AAC 'A'			7:50.57Q
1) Rosie Davidson	2) Morven Hubbard		
3) Evie McKay	4)		
3 INVERCLYDE AC 'A'			8:02.61q
1) Abi Hammerman	2) Hannah McGeehan		
3) Leah Cameron	4)		
4 GIFFNOCK NORTH AAC 'D'			8:09.14
1) M Gilbride	2) H McAneny		
3) N McWilliams	4)		
5 SPRINGBURN HARRIERS 'A'			8:18.82
1) Mhairi McBride	2) Kaitlin McKay		
3) Ellie Doherty	4)		
6 GIFFNOCK NORTH AAC 'C'			8:21.62
1) A Preece	2) L Fugaccia		
3) L Agnew	4)		
7 TEAM EAST LOTHIAN 'A'			8:39.36
1) Marielle Gallacher	2) Lucy_ Thompson		
3) Marissa Kelly	4)		
Heat 2 Heats			
1 INVERNESS HARRIERS AAC 'A'			7:29.11Q
1) Kirsty Arnaud	2) Jennifer MacKenzie		
3) Chloe Cheyne	4)		
2 CORSTORPHINE AAC 'A'			7:29.67Q
1) Georgia Ledingham	2) Katherine Macleod		
3) Mhairi Arnott	4)		
3 VP-GLASGOW AC 'A'			7:29.73q
1) Rhian Callan	2) Jojo Littlefield		
3) Amy Kirkpatrick	4)		
4 FALKIRK VICTORIA HARRIERS 'A'			7:31.05q
1) Shannon McAleer	2) Kerry Robertson		
3) Abbie Robb	4)		
5 CENTRAL AC 'A'			7:47.47q
1) Grace Tindall	2) Carrie Banks		
3) Kyra Gibb	4)		
6 GIFFNOCK NORTH AAC 'B'			8:14.99
1) J Carswell	2) E Gaston		
3) M Cairns	4)		
7 EAST KILBRIDE AC 'A'			8:38.42
1) E Graham	2) H Coutts		
3) A Kirwan	4)		

Event 36 Boys 3x800 m Relay Under 15**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====					
2016:	6:48.82	03/07/2016	Aberdeen AAC		
			A Robertson A Brown H Hall		
CBP: C	6:21.99	2008	Giffnock North AAC		
Team					Heats Alternate
=====					
Heat 1	Heats				
1 DUNDEE HAWKHILL HARRIERS 'A'				7:10.30Q	
1) Blair Scott			2) Laurence Petty		
3) Aidan Simpson			4)		
2 CENTRAL AC 'A'				7:19.83Q	
1) Cameron Blance			2) Daniel Bruce		
3) Finlay Muir			4)		
3 INVERCLYDE AC 'A'				7:23.00q	
1) Andrew Winter			2) Lewis Hainey		
3) Caleb Dunning			4)		
4 INVERNESS HARRIERS AAC 'A'				7:23.37q	
1) Angus Rutter			2) Euan Rollo		
3) Duncan MacDonald			4)		
5 AYR SEAFORTH AAC 'A'				7:46.20	
1) Alex Crooks			2) Max McLean		
3) Euan Bell			4)		
6 FALKIRK VICTORIA HARRIERS 'A'				7:49.87	
1) Nathan Laing			2) Euan Wond		
3) Michael McEaney			4)		
7 VP-GLASGOW AC 'A'				7:59.17	
1) Matthew Stewart			2) Jack MacKinnon		
3) Devan Miller			4)		
8 SPRINGBURN HARRIERS 'A'				8:55.97	
1) Connor Emordy			2) Kieran Ballard		
3) Ben Emordy			4)		
-- GIFFNOCK NORTH AAC 'C'				DNF	
1) J McPherson			2) C Sweeney		
3) .. -			4)		
Heat 2	Heats				
1 CUMBERNAULD AAC 'A'				6:58.88Q	
1) Calum Little			2) Alasdair McMonagle		
3) Jamie Holland			4)		
2 GIFFNOCK NORTH AAC 'A'				7:12.66Q	
1) E Carolan			2) M Fotheringham		
3) J Luc			4)		
3 LIVINGSTON AC 'A'				7:16.66q	
1) Alastair Marshall			2) Fraser Morris		
3) Angus McDonald			4)		
4 CORSTORPHINE AAC 'A'				7:19.90q	
1) Daniel Saunders			2) David Addison		
3) Jamie Eyton-Jones			4)		
5 DUNDEE HAWKHILL HARRIERS 'B'				7:32.71	
1) Ethan McColgan			2) Scott Vigrow		
3) Jack Dalgety			4)		
6 EAST KILBRIDE AC 'A'				7:36.97	
1) C Cairns			2) C MacDonald		
3) H Anderson			4)		
7 GIFFNOCK NORTH AAC 'B'				7:45.69	
1) H Paterson			2) A Lind		
3) D McKay			4)		
8 TEAM EAST LoTHIAN 'A'				8:08.01	
1) Callum Queen			2) Angus Chandler		
3) Robbie Anderson			4)		
9 AYR SEAFORTH AAC 'B'				8:18.59	
1) Sam Drummond			2) Max Cunningham		
3) Blair Gemmell			4)		

Event 38 Men 3x800 m Relay Under 17

=====			
2016:	6:20.25	03/07/2016	Aberdeen AAC
			F Strachan N Tierney J Gillespie
CBP: C	6:06.47	2014	Edinburgh AC
Team			Final Alternate
=====			
Heat 1			
1 FALKIRK VICTORIA HARRIERS 'A'		6:11.74	
1) Max Rintoul	2) Lewis Pentecost		
3) Harris Pentecost	4)		
2 KILBARCHAN AAC 'A'		6:17.43	
1) Craig Kennedy	2) Andrew MacAngus		
3) Michael Simson	4)		
3 LASSWADE AAC 'A'		6:21.95	
1) Euan Hood	2) Magnus Tait		
3) Christian Graham	4)		
4 EDINBURGH AC 'A'		6:25.19	
1) Iain Hare	2) Fraser Blackie		
3) Tom Ireland	4)		
5 CENTRAL AC 'A'		6:37.72	
1) Sandy Holl	2) Tom Graham-Marr		
3) Ben MacMillan	4)		
6 PITREAVIE AAC 'A'		6:46.64	
1) Alex Johnston	2) Conor Allan		
3) Liam Murray	4)		
7 GIFFNOCK NORTH AAC 'A'		6:58.04	
1) A Robertson	2) E O'Donnell		
3) Lewis Mitchell	4)		
8 AYR SEAFORTH AAC 'A'		7:04.36	
1) Declan McGhee	2) Aidan Copland		
3) Greig Oakley	4)		
-- GIFFNOCK NORTH AAC 'B'		DNF	
1) C Greenhaugh	2) D McLean		
3) 1746 1746	4)		
-- INVERCLYDE AC 'A'		DQ rule 170.07	
1) Adam Hay	2) Ben Nichol		
3) Dylan Crawford	4)		

Event 43 Women 3x800 m Relay Senior

=====			
2016:	7:19.96	03/07/2016	Kilbarchan AAC
			C Simpson H Thompson K MacAngus
CBP: C	6:46.71	1992	City of Glasgow
Team			Final Alternate
=====			
1 KILBARCHAN AAC 'A'		7:38.59	
1) Holly Thompson	2) Rona Tytler		
3) Chloe Simpson	4)		

Event 44 Men 3x800 m Relay Senior

=====			
2016:	5:48.25	03/07/2016	Aberdeen AAC
			C Symons M Ferguson R Muir
CBP: C	5:47.35	1994	Aberdeen AAC
Team			Final Alternate
=====			
1 EDINBURGH AC 'A'		6:01.19	
1) cameron Gilmour	2) Peter Cameron		
3) Paul Ireland	4)		
2 TEAM EAST LoTHIAN 'A'		7:23.37	
1) Joe Donnelly	2) James Fraser		
3) Andrew Anderson	4)		

Event 45 Girls 4x300 m Relay Under 15

2016: 2:49.40 03/07/2016 Central AC
 A Davison S McLay K Sharkey E Mailer
 CBP: C 2:49.40 03/07/2016 Central AC
 A Davison S McLay K Sharkey E Mailer

Team	Final	Alternate
1 GIFFNOCK NORTH AAC 'A'	2:51.76	
1) Nicole Proudfoot	2) Rosie McKay	
3) Eva Blues	4) Alyson Bell	
2 AYR SEAFORTH AAC 'A'	2:57.13	
1) Sophie Slider	2) Matilda Press	
3) Emma Struthers	4) Emma Bruce	
3 VP-GLASGOW AC 'A'	2:59.99	
1) Skye Turner	2) Leisha Carruth	
3) Cosima Schwahn	4) Katie Burr	
4 CENTRAL AC 'A'	3:01.08	
1) Ciorstaidh Ainsworth	2) Briagha Cook	
3) Lucy More	4) Shona_ McLay	
5 DUNFERMLINE TRACK & FIELD CLUB 'A'	3:02.90	
1) Kiah Chalmers	2) Erin Thomson	
3) Aislynn_ Crichton	4) Eve_ Rennie	
6 AIRDRIE HARRIERS 'A'	3:04.79	
1) Darci Burns	2) Aimee Anderson	
3) Holly Cullen	4) Sophie Robb	

Event 46 Boys 4x300 m Relay Under 15

2016: 2:42.14 03/07/2016 Dunfermline TF AC
 A O'Hara G Campbell N Akuoko C Marshall
 CBP: C 2:42.14 03/07/2016 Dunfermline TF AC
 A O'Hara G Campbell N Akuoko C Marshall

Team	Final	Alternate
1 EDINBURGH AC 'A'	2:42.49	
1) Toby_ Peters	2) Fabian Despinoy	
3) Angus_ Hoffie	4) Michael_ Girdler	
2 GIFFNOCK NORTH AAC 'A'	2:47.42	
1) Murray Fotheringham	2) Adam_ Deverill	
3) Reuben_ Nairne	4) Nathan McNee	
3 VP-GLASGOW AC 'A'	3:04.05	
1) Matthew_ Greenhalgh	2) George Harrand	
3) Dhruv Lalsinghani	4) Matthew_ Ireland	

Event 47 Women 4x300 m Relay Under 17

=====			
2016:	2:52.19	03/07/2016	Central AC
			L McCulloch L Mason M Woods A Cameron
CBP: C	2:50.14	2015	Giffnock North AAC
Team			Final Alternate
=====			
1	GIFFNOCK NORTH AAC 'A'		2:47.69C
	1) Rhea Campbell	2) Rochelle Moukala	
	3) Freya Menzies	4) Megan Busby	
2	CENTRAL AC 'A'		2:48.41C
	1) Anna Cameron.	2) Elizabeth Thompson.	
	3) Katie Sharkey.	4) Emma Mailer.	
3	LIVINGSTON AC 'A'		2:51.19
	1) Rebecca Calder	2) Abby Duncan	
	3) Sarah Calvert	4) Iona McDonald	
4	EDINBURGH AC 'A'		2:52.00
	1) Hannah Little	2) Isla Innes.	
	3) Amy Panton.	4) Abigail Davidson	
5	VP-GLASGOW AC 'A'		2:52.95
	1) Rebecca Love.	2) Adrienne Murray	
	3) Dion Ingram	4) Emily Miller.	
6	PITREAVIE AAC 'A'		2:54.63
	1) Lucy Mcroberts	2) Skye Marshall	
	3) Emilija Morrison.	4) Sophie Sirvardena	
7	FALKIRK VICTORIA HARRIERS 'A'		3:03.32
	1) Flora Johnston	2) Nicole Furness	
	3) Phoebe Angus	4) Katy McGonnigal	
8	AIRDRIE HARRIERS 'A'		3:09.75
	1) Gemma McGowan	2) Moran McMenemy	
	3) Lisa Grennan	4) Eilidh Murphy.	

Event 49 Women 4x400 m Relay Senior

=====			
2016:	3:56.48	03/07/2016	Aberdeen AAC
			E Leask J Harrison R Matheson K Stewart
CBP: C	3:44.90	1979	81 Pitreavie AAC
Team			Final Alternate
=====			
1	INVERNESS HARRIERS AAC 'A'		3:59.51
	1) Anna Nelson	2) Heather_ Bruce	
	3) Gillian_ Gordon	4) Eleanor_ Briggs	
2	PITREAVIE AAC 'A'		4:20.49
	1) Sarah Ross	2) Kerryn De-Pear	
	3) Natalie Carson	4) Nicole De-Pear	
3	DUNDEE HAWKHILL HARRIERS 'A'		4:20.60
	1) Katie Patullo	2) Phoebe Moncur	
	3) Shania King	4) Eilidh Reynolds	

Event 50 Men 4x400 m Relay Under 17

2016: 3:35.39 03/07/2016 Pitreavie AAC
 J Adam J Revie A Johnston B Grant
 CBP: C 3:24.86 2007 VP Glasgow

Team	Final	Alternate
1 GIFFNOCK NORTH AAC 'A'	3:33.63	
1) Calum Alexander	2) Kyle McLean.	
3) Matthew Forbes.	4) Amin Hifi	
2 EDINBURGH AC 'A'	3:36.36	
1) Sean Steadman	2) Bera Ajala.	
3) Josh Grant.	4) Max Leslie.	
3 INVERNESS HARRIERS AAC 'A'	3:37.68	
1) Callum Tynan.	2) Joseph Pedrana	
3) Ruairidh Munro.	4) Stephen MacKenzie.	
4 PITREAVIE AAC 'A'	3:39.43	
1) Billy Doyle.	2) Alex Johnston.	
3) Joshua Revie	4) Lee Turner.	
5 LIVINGSTON AC 'A'	3:43.58	
1) Aidan Brady	2) Matthew Boules	
3) Richard Arthurs	4) Declan Wynne	
6 CENTRAL AC 'A'	3:52.01	
1) Neil Casserley	2) Robbie Subke	
3) John Wilkie.	4) Euan Smith	

Event 59 Women 3x800 m Relay Under 17

2016: 7:17.57 03/07/2016 Inverclyde AC
 N Doohan J Lyne S Morrison
 CBP: C 6:50.21 2009 Dundee HH

Team	Final	Alternate
1 FALKIRK VICTORIA HARRIERS 'A'	6:57.97	
1) Jessica Christie	2) Chloe McClung	
3) Olivia Varielle	4)	
2 INVERCLYDE AC 'A'	7:00.37	
1) Georgia Morrison	2) Zoe Renfrew	
3) Nuala McCheyne	4)	
3 KILBARCHAN AAC 'A'	7:20.92	
1) Laine Alemu	2) Libby Sutherland	
3) Eilidh Gibson	4)	
4 EDINBURGH AC 'A'	7:22.40	
1) Beatrice Winklet	2) Lucia Montgomery	
3) Amy Panton	4)	
5 GIFFNOCK NORTH AAC 'A'	7:28.99	
1) S Kirkpatrick	2) E Crusher	
3) O Lang	4)	
6 INVERNESS HARRIERS AAC 'A'	7:29.54	
1) Emily Andrew	2) Rebecca Johnston	
3) Sophie Young	4)	
7 DUNDEE HAWKHILL HARRIERS 'A'	7:40.51	
1) Anna Bennett	2) Sophie Kidd	
3) Iona Vannett	4)	
8 EAST KILBRIDE AC 'A'	7:40.99	
1) S Connolly	2) L_ Muirhead	
3) H Anderson	4)	
9 LIVINGSTON AC 'A'	7:41.40	
1) Katie Craig	2) Charlie Maree Nolan	
3) Courtney Moffat	4)	
10 AIRDRIE HARRIERS 'A'	7:51.84	
1) Eilidh Murphy	2) Jodie Clark	
3) Morrin McMenemy	4)	
11 AYR SEAFORTH AAC 'A'	7:54.45	
1) Charlotte McDowall	2) Caitlin Chilton	
3) Emma Frew	4)	

Event 60 Girls 3x800 m Relay Under 15

2016: 7:12.68 03/07/2016 Inverclyde AC
 Z Renfrew G Morrison N McCheyne
 CBP: C 7:00.08 2014 Giffnock North AAC

Team Final Alternate

Heat 1 Final

1 INVERNESS HARRIERS AAC 'A'	7:21.28
1) Kirsty Arnaud	2) Jennifer MacKenzie
3) Chloe Cheyne	4)
2 VP-GLASGOW AC 'A'	7:25.22
1) Rhian Callan	2) Jojo Littlefield
3) Amy Kirkpatrick	4)
3 CORSTORPHINE AAC 'A'	7:27.07
1) Georgia Ledingham	2) Katherine Macleod
3) Mhairi Arnott	4)
4 FALKIRK VICTORIA HARRIERS 'A'	7:28.56
1) Shannon McAleer	2) Kerry Robertson
3) Abbie Robb	4)
5 AYR SEAFORTH AAC 'A'	7:38.24
1) Rosie Davidson	2) Morven Hubbard
3) Evie McKay	4)
6 INVERCLYDE AC 'A'	8:03.27
1) Abi Hammerman	2) Hannah McGeehan
3) Leah Cameron	4)

Event 61 Boys 3x800 m Relay Under 15

2016: 6:48.82 03/07/2016 Aberdeen AAC
 A Robertson A Brown H Hall
 CBP: C 6:21.99 2008 Giffnock North AAC

Team Final Alternate

1 GIFFNOCK NORTH AAC 'A'	6:35.32
1) E Carolan	2) M Fotheringham
3) J Luc	4)
2 CUMBERNAULD AAC 'A'	6:40.27
1) Calum Little	2) Alasdair McMonagle
3) Jamie Holland	4)
3 DUNDEE HAWKHILL HARRIERS 'A'	6:57.26
1) Blair Scott	2) Laurence Petty
3) Aidan Simpson	4)
4 LIVINGSTON AC 'A'	7:11.99
1) Alastair Marshall	2) Fraser Morris
3) Angus McDonald	4)
5 CORSTORPHINE AAC 'A'	7:12.57
1) Daniel Saunders	2) David Addison
3) Jamie Eyton-Jones	4)
6 INVERCLYDE AC 'A'	7:29.62
1) Andrew Winter	2) Lewis Hainey
3) Caleb Dunning	4)
7 INVERNESS HARRIERS AAC 'A'	7:30.61
1) Angus Rutter	2) Euan Rollo
3) Duncan MacDonald	4)