

Event 3000m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	171	Cameron wright	Kilbarchan	U17M	8.59.13
2	139	Lewis Raeburn	Shettleston Harriers	U17M	9.00.59
3	25	Ethan Carolan	Giffnock North	U15B	9.41.71
4	63	Michael Healy	Unattached	M35	9.50.90
5	84	Anthony Lucio Jannetta	Bellahouston Road Runners	M35	9.55.42
6	42	Lily-Jane Evans-Haggerty	Victoria Park	U15G	10.00.67
7	98	Alastair Marshall	Livingston Athletic Club	U15B	10.01.23
8	35	Elsbeth Curran	Kilbarchan	SenW	10.15.68
9	104	Robert McCulloch	Kilbarchan AAC	M50	10.16.38
10	10	Skye Birnie	Clydesdale Harriers	U15G	12.49.97

Event 100m**heat 1****nr**

Pos	Vest	Name	Club	Cat	Time
1	101	Scott McCluckie	Inverclyde AC	SenM	11.67
2	114	Mark McLachlan	Inverclyde AC	U20M	11.69
3	20	Michael Cairns	Kilbarchan AAC	U20M	11.88
4	147	Billy russell	Kilbarchan acc	SenM	11.89
5	95	Mark Magee	Inverclyde AC	SenM	12.46

Event 100m**heat 2****+2.0**

Pos	Vest	Name	Club	Cat	Time
1	71	Alkali Jammeh	Kilbarchan AAC	SenM	12.01
2	30	Matthew Cliff	Kilbarchan AAC	U15B	12.37
3	70	Harry Hooper	kilbarchan harriers	U15B	12.53
4	131	Ross Paterson	Red Star AC	U20M	12.56
5	150	Catriona Scott	Victoria park city of Glasgow	U13G	13.77
6	122	Harris Morrison	Inverclyde AC	U13B	14.36

Event 100m**heat 3****+1.9**

Pos	Vest	Name	Club	Cat	Time
1	34	Mackenzi cunningham	Kilbarchan aac	U17W	12.82
2	108	Harry McGill	Greenock Glenpark Harriers	U15B	13.26
3	134	Annabel Paul	Springburn Harriers	U15G	13.58
4	68	Ben Heron	North Ayrshire AC	U13B	14.09
5	111	Niamh McIntosh	Inverclyde	U13G	14.14
6	151	Holly shearer	Kilbarchan AAC	U17W	15.06

Event 100m**heat 4****+1.9**

Pos	Vest	Name	Club	Cat	Time
1	36	Ellie Davidson	Victoria Park Glasgow	U15G	13.37
2	157	Millie Spence	Kilbarchan AAC	U15G	13.75
3	13	Kerri Brown	North Ayrshire Athletics Club	U15G	13.92
4	160	Zuzanna Szafranska	Kilbarchan aac	U17W	14.02
5	130	Ciaran Parker	Kilbarchan aac	U13B	14.11
6	106	Niamh McGarva	IAC	U13G	14.30
7	128	Leah Murray	North ayrshire athletics club	U13G	14.36



Event 100m**heat 5 +2.6**

Pos	Vest	Name	Club	Cat	Time
1	146	Rebecca Rogers	Kilbarchan AAC	U15G	13.92
2	176	Ola Zurakowska	Kilbarchan	U15G	14.12
3	69	Jenna hilditch	Victoria park	U13G	14.22
4	37	Julia Daws	Kilbarchan AAC	U13G	14.47
5	49	Lucy Gardner	Victoria Park	U15G	14.59
6	145	Deborah Roe	Red Star	W45	14.82
7	148	Abbie Scollan	Kilbarchan	U15G	14.85

Event 100m**heat 6 +1.7**

Pos	Vest	Name	Club	Cat	Time
1	155	Sophie Sinclair	Kilbarchan	U13G	14.23
2	18	Aedan Cairney	Kilbarchan AAC	U15B	14.61
3	90	Laura MacGilp	Kilbarchan	U15G	15.35
4	67	Callum Hendry	Cumbernauld	U13B	15.37
5	74	Fiona Jordan	Clydesdale	W45	15.89

Event 100m**heat 7 +2.6**

Pos	Vest	Name	Club	Cat	Time
1	119	Catriona mcpherson	Inverclyde	U13G	14.90
2	93	Catriona MacKinnon	Kilbarchan AAC	U15G	15.10
3	118	Abbi Mcphate	Kilbarchan aac	U15G	15.23
4	19	Gabriel Cairney	Kilbarchan AAC	U13B	15.56
5	5	Aoibha Ballard	NAAC	U13G	16.49

Event 800m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	86	Ross Lyttle	Larkhall YMCA Harriers	U20M	1.58.65
2	117	David McNair	Kilbarchan ACC	U17M	1.59.51
3	154	Michael Simson	Kilbarchan AAC	U17M	2.00.44
4	52	Ross gray	Inverclyde Ac	SenM	2.01.45
5	87	Andrew MacAngus	Kilbarchan AAC	U17M	2.01.92
6	141	Allan Ramsay	Victoria Park City of Glasgow	SenM	2.04.35
7	113	Ewan McKerral	Kilbarchan AAC	U20M	2.04.52

Event 800m**heat 2**

Pos	Vest	Name	Club	Cat	Time
1	53	Ryan Gray	Inverclyde Ac	U20M	2.07.55
2	71	Alkali Jammeh	Kilbarchan AAC	SenM	2.08.47
3	41	Elliot Duff	Garscube Harriers	U17M	2.08.83
4	129	Ben Nichol	Inverclyde AC	U17M	2.12.58
5	3	Fraser Armstrong	Bellahouston Harriers	SenM	2.15.23



Event 800m**heat 3**

Pos	Vest	Name	Club	Cat	Time
1	6	lewis barclay	kilbarchan harriers	U15B	2.16.92
2	59	Lewis Hainey	Inverclyde AC	U15B	2.19.69
3	167	Jim White	Motherwell AC	M40	2.20.70
4	40	Lisa Doyle	victoria Park Glasgow	W35	2.21.17
5	11	Amy Bissett	Victoria Park City of Glasgow	U17W	2.27.10
6	170	Blayne Wright	Victoria Park City of Glasgow	U15B	2.31.12

Event 800m**heat 4**

Pos	Vest	Name	Club	Cat	Time
1	149	Fraser Scott	Kilbarchan AAC	U15B	2.17.32
2	123	Rachel Muir	Kilbarchan AAC	U15G	2.24.51
3	88	Reuben Macdonald	Giffnock North AAC	U13B	2.25.18
4	122	Harris Morrison	Inverclyde AC	U13B	2.26.90
5	21	Leah Cameron	Inverclyde AC	U15G	2.28.25
6	153	Hugh Shiels	Giffnock North	U13B	2.28.89
7	163	Stuart Tytler	Kilbarchan AAC	M55	2.32.23

Event 800m**heat 5**

Pos	Vest	Name	Club	Cat	Time
1	162	Aurelia Tiffoney	Kilbarchan	U15G	2.26.83
2	156	Jake Speirs	VP City of Glasgow	U13B	2.30.59
3	14	Ben Burns	NAAC	U15B	2.32.30
4	133	Oliver Patton	Kilbarchan aac	U13B	2.32.60
5	169	David Woods	Shettleston Harriers	U13B	2.33.62
6	94	Grace Maclean	Garscube	U15G	2.35.01
7	4	Keir Arthur	Inverclyde AC	U13B	2.36.36
8	68	Ben Heron	North Ayrshire AC	U13B	2.42.90
9	56	Kerrie Grier	North Ayrshire	U17W	2.51.20

Event 800m**heat 6**

Pos	Vest	Name	Club	Cat	Time
1	60	Abi Hammerman	Inverclyde Athletics	U15G	2.30.07
2	177	Chloe Cameron	Kilbarchan	U13G	2.30.31
3	157	Millie Spence	Kilbarchan AAC	U15G	2.34.25
4	8	Clare Barr	Motherwell AC	W45	2.35.44
5	127	Carla Murray	North ayrshire athletics club	U17W	2.36.05
6	22	Caitlin Cameron Coyle	Victoria Park City of Glasgow	U15G	2.36.95



Event 800m**heat 7**

Pos	Vest	Name	Club	Cat	Time
1	76	Rebecca kinnaird	Kilbarchan AAC	U17W	2.34.95
2	78	Jilly Lefebvre	North Ayrshire AC	U15G	2.36.15
3	143	Niamh Riggins	Cambuslang	U15G	2.43.12
4	24	Roisin Cameron Coyle	Victoria Park City of Glasgow	U15G	2.45.09
5	128	Leah Murray	North ayrshire athletics club	U13G	2.46.17
6	99	Daniel Martin	GIFFNOCK NORTH	U13B	2.46.25
7	1	Lauren Agnew	Giffnock North	U15G	2.46.44
8	45	Hannah Fleming	Kilbarchan aac	U15G	2.49.11
9	67	Callum Hendry	Cumbernauld	U13B	2.49.92
10	174	Kirsty Wylie	Giffnock North AAC	U13G	3.03.05

Event 800m**heat 8**

Pos	Vest	Name	Club	Cat	Time
1	2	Abbie Alemu	kilbarchan	U13G	2.44.28
2	125	Cara murray	Kilbarchan	U15G	2.45.94
3	92	Melissa Macintyre	Kilbarchan AAC	U17W	2.46.96
4	46	Sarah forbes	Kilbarchan aac	U15G	2.47.45
5	47	Niamh Gaffney	North Ayrshire	U13G	2.48.98
6	102	Belle McCormack	Kilbarchan AAC	U15G	2.50.36
7	140	Beth Raeside	Garscube Harriers	U13G	2.54.37
8	31	Kirstie Cochran	Kilbarchan AAC	U13G	2.59.19
9	5	Aoibha Ballard	NAAC	U13G	3.10.87
10	164	Lewis Vick	North Ayrshire Athletics Club	U13B	3.17.19

Event 800m**heat 9**

Pos	Vest	Name	Club	Cat	Time
1	51	Robert Gray	Inverclyde Ac	U13B	2.26.10
2	152	Craig Shennan	Giffnock North	U13B	2.39.70
3	83	Evie Livingstone	Kilbarchan AAC	U13G	2.41.74
4	29	LARA CASSIDY	Giffnock North aac	U15G	2.49.50
5	90	Laura MacGilp	Kilbarchan	U15G	2.57.82
6	119	Catriona mcpherson	Inverclyde	U13G	3.06.31
7	103	Tess McCormack	Kilbarchan AAC	U15G	3.08.11

Event 200m**heat 1****+0.2**

Pos	Vest	Name	Club	Cat	Time
1	20	Michael Cairns	Kilbarchan AAC	U20M	24.08
2	95	Mark Magee	Inverclyde AC	SenM	24.95
3	131	Ross Paterson	Red Star AC	U20M	25.50
4	30	Matthew Cliff	Kilbarchan AAC	U15B	25.73
5	70	Harry Hooper	kilbarchan harriers	U15B	26.07
6	34	Mackenzi cunningham	Kilbarchan aac	U17W	27.08



Event 200m**heat 2****+1.2**

Pos	Vest	Name	Club	Cat	Time
1	150	Catriona Scott	Victoria park city of Glasgow	U13G	28.94
2	123	Rachel Muir	Kilbarchan AAC	U15G	29.27
3	130	Ciaran Parker	Kilbarchan aac	U13B	29.48
4	160	Zuzanna Szafranska	Kilbarchan aac	U17W	29.77
5	111	Niamh McIntosh	Inverclyde	U13G	30.05
6	69	Jenna hilditch	Victoria park	U13G	30.33
7	56	Kerrie Grier	North Ayrshire	U17W	30.58

Event 200m**heat 3****+1.5**

Pos	Vest	Name	Club	Cat	Time
1	76	Rebecca kinnaird	Kilbarchan AAC	U17W	29.42
2	155	Sophie Sinclair	Kilbarchan	U13G	29.79
3	37	Julia Daws	Kilbarchan AAC	U13G	30.17
4	92	Melissa Macintyre	Kilbarchan AAC	U17W	30.32
5	47	Niamh Gaffney	North Ayrshire	U13G	30.59
6	177	Chloe Cameron	Kilbarchan	U13G	31.01
7	145	Deborah Roe	Red Star	W45	31.42
8	148	Abbie Scollan	Kilbarchan	U15G	31.84

Event 200m**heat 4****+1.6**

Pos	Vest	Name	Club	Cat	Time
1	68	Ben Heron	North Ayrshire AC	U13B	29.57
2	162	Aurelia Tiffoney	Kilbarchan	U15G	29.64
3	18	Aedan Cairney	Kilbarchan AAC	U15B	31.14
4	119	Catriona mcpherson	Inverclyde	U13G	31.75
5	83	Evie Livingstone	Kilbarchan AAC	U13G	32.04
6	126	Lucas Murray	Victoria Park City of Glasgow	U13B	33.05
7	19	Gabriel Cairney	Kilbarchan AAC	U13B	33.85

Event 1500m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	62	Adam Hay	Inverclyde AC	U17M	4.12.94
2	165	Cameron Watson	Inverclyde AC	U17M	4.15.75
3	27	Bruce Carse	Bellahouston Road Runners	M35	4.26.96
4	120	Darren McQuade	Bellahouston Harriers	SenM	4.29.73
5	26	Eamon Carr	Cambuslang harriers	U20M	4.30.10
6	108	Harry McGill	Greenock Glenpark Harriers	U15B	4.30.85
7	33	Dylan Crawford	Inverclyde AC	U17M	4.41.75
8	48	Mark Gallacher	Motherwell AC	M45	4.51.79
9	43	Calum Ferguson	Bellahouston Harriers	SenM	4.54.14
10	109	Saul McGlennan	Victoria Park CoG	U13B	5.06.94
11	58	robert gunson	kilbarchan	U15B	5.11.88
12	91	Kenzie Macintosh	Clydesdale Harriers	U13G	5.46.67
13	89	Nicole macgilp	Victoria park	U15G	6.06.21



Event Shot Putt

Pos	Vest	Name	Club	Cat	Dist
1	106	Niamh McGarva	IAC	U13G	6.83
1	78	Jilly Lefebvre	North Ayrshire AC	U15G	8.90
2	21	Leah Cameron	Inverclyde AC	U15G	8.02
3	36	Ellie Davidson	Victoria Park Glasgow	U15G	7.44
1	79	Amy Leith	Ayr Seaforth	U17W	9.27
2	80	Phoebe Lewis	North Ayrshire Athletics Club	U17W	7.88
3	116	Jodie McMail	North Ayrshire	U17W	6.80
4	56	Kerrie Grier	North Ayrshire	U17W	5.63

Event Long Jump

Pos	Vest	Name	Club	Cat	Dist
1	99	Daniel Martin	GIFFNOCK NORTH	U13B	4.31
2	126	Lucas Murray	Victoria Park City of Glasgow	U13B	3.94
1	47	Niamh Gaffney	North Ayrshire	U13G	4.16
2	69	Jenna hilditch	Victoria park	U13G	3.95
3	128	Leah Murray	North ayrshire athletics club	U13G	3.89
4	12	Eva Black	Kilbarchanaac	U13G	3.80
5	5	Aoibha Ballard	NAAC	U13G	3.50

Event Long Jump

Pos	Vest	Name	Club	Cat	Dist
1	108	Harry McGill	Greenock Glenpark Harriers	U15B	4.70
1	36	Ellie Davidson	Victoria Park Glasgow	U15G	4.63
2	78	Jilly Lefebvre	North Ayrshire AC	U15G	4.54
3	21	Leah Cameron	Inverclyde AC	U15G	4.33
4	13	Kerri Brown	North Ayrshire Athletics Club	U15G	4.26
5	1	Lauren Agnew	Giffnock North	U15G	4.24
6	159	Emily Svensson	Kilbarchan AAC	U15G	3.81
7	93	Catriona MacKinnon	Kilbarchan AAC	U15G	3.70
1	115	kyle mclean	Giffnock North	U17M	5.87
1	80	Phoebe Lewis	North Ayrshire Athletics Club	U17W	4.63
2	23	Niamh Cameron Coyle	Victoria Park City of Glasgow	U17W	4.50
3	38	Lara Diamond	North Ayrshire Athletics Club	U17W	4.36
4	116	Jodie McMail	North Ayrshire	U17W	3.73

Event Javelin

Pos	Vest	Name	Club	Cat	Dist
1	99	Daniel Martin	GIFFNOCK NORTH	U13B	21.63
2	164	Lewis Vick	North Ayrshire Athletics Club	U13B	21.10
1	12	Eva Black	Kilbarchanaac	U13G	9.34
1	14	Ben Burns	NAAC	U15B	20.63
1	49	Lucy Gardner	Victoria Park	U15G	20.60
2	13	Kerri Brown	North Ayrshire Athletics Club	U15G	19.84
1	79	Amy Leith	Ayr Seaforth	U17W	34.79
2	80	Phoebe Lewis	North Ayrshire Athletics Club	U17W	30.37
1	77	David Lees	Larkhall YMCA Harriers	U20M	47.82*

* 700g

