

# ***LIVINGSTON OPEN MEETING***

**Wednesday 19 July 2017**

**Craigswood Sports Centre, Livingston**

# **TIMETABLE**

<b>TRACK</b>		<b>FIELD</b>	
6.45	80m	(3 heats)	<b>High Jump</b> (Pool 1) <b>Long Jump</b> (U13)
7.00	100m	(16 heats)	<b>Shot Putt</b> (U11 - U13)
7.30			<b>Triple Jump</b>
7.45	400m	(5 heats)	
8.00	300m	(5 heats)	<b>High Jump</b> (Pool 2) <b>Shot Putt</b> (U15 - SEN) <b>Long Jump</b> (U11)
8.20	200m	(1 heat)	
8.25	600m	(1 heat)	
8.30	1200m	(1 heat)	
8.35	1500m	(6 heats)	
8.40			<b>Long Jump</b> (U15)

- Declarations will open at 6.00 pm in the athletics pavilion and will close 30 minutes before the published start time of each event.
- Track events will be seeded based on performance, with the heats ordered fastest to slowest.

scottishathletics permit event run under UK Athletics rules