

LIVINGSTON OPEN MEETING

Wednesday 23 August 2017

Craigswood Sports Centre, Livingston

TIMETABLE

TRACK		FIELD	
6.45	150m	(4 heats)	High Jump (Pool 1) Long Jump (U17 - SEN) Shot Putt (U15)
7.00	200m	(14 heats)	Javelin (U13 – U15)
7.15			Long Jump (U11) Shot Putt (U17 - SEN)
7.45	600m	(2 heats)	Long Jump (U13)
8.00	800m	(8 heats)	High Jump (Pool 2) Shot Putt (U11 – U13) Javelin (U17 – SEN)
8.30			Long Jump (U15)
8.40	3000m	(2 heats)	

- Declarations will open at 6.00 pm in the athletics pavilion and will close 30 minutes before the published start time of each event.
- Track events will be seeded based on performance, with the heats ordered fastest to slowest.

scottishathletics permit event run under UK Athletics rules