

# ***LIVINGSTON OPEN MEETING***

**Wednesday 18 April 2018**

**Craigswood Sports Centre, Livingston**

# **TIMETABLE**

<b>TRACK</b>		<b>FIELD</b>	
<b>6.45</b>	<b>80m</b>	(4 heats)	<b>High Jump</b> (St. Ht. 1.11m) <b>Long Jump</b> (U13)
<b>7.00</b>	<b>100m</b>	(16 heats)	<b>Javelin</b> (U13-U15) <b>Shot Putt</b> (U17-SEN)
<b>7.30</b>			<b>High Jump</b> (St. Ht. 1.31m) <b>Long Jump</b> (U11) <b>Shot Putt</b> (U15)
<b>7.50</b>	<b>400m</b>	(2 heats)	
<b>8.00</b>	<b>300m</b>	(3 heats)	<b>High Jump</b> (St. Ht. 0.91m) <b>Shot Putt</b> (U11-U13) <b>Long Jump</b> (U17-SEN) <b>Javelin</b> (U17-SEN)
<b>8.10</b>	<b>600m</b>	(1 heat)	
<b>8.20</b>	<b>800m</b>	(9 heats)	
<b>8.30</b>			<b>Long Jump</b> (U15)

- Declarations will open at 6.00 pm in the athletics pavilion and will close 30 minutes before the published start time of each event.
- Track events will be seeded based on performance, with the heats ordered fastest to slowest.

scottishathletics licensed event run under UK Athletics rules