



BMC Story



[Home](#) | [About BMC](#) | [Academy](#) | [BMC News](#) | [Fixtures](#) | [Login](#) | [Enter Online](#) | [Results](#) | [Rankings](#) | [Links](#) | [Contact](#) |

Trafford Gold Standard - 24 July - Results

Races:11

Finishers: 89

PBs 33 (37%)

Power of Ten results: [Here](#)

. Race : 5 BMC 800m Heat 1

Posn	Vest No.	Time	Name	Club
1	601	01:49.10	Markhim Lonsdale	Crook
2	606	01:49.17	Joseph Reid	Cardiff Ac
3	609	01:49.28	Andrew Smith	Pudsey & Bramley
4	603	01:49.64	John Bird	Ipswich
5	604	01:49.81	James Gormley	Sheffield & Dearne
6	608	01:50.78	Alexander Birkett	Kendal Ac
7	607	01:54.20	Dominic Walton	Rossendale Harriers

. Race : 5 BMC 800m Heat 2

Posn	Vest No.	Time	Name	Club
1	611	01:49.64	Ahmed Bashir Farah	Hillingdon
2	614	01:50.61	Grant Muir	Giffnock North
3	618	01:50.77	Daniel Bebbington	Preston Harriers
4	610	01:51.12	Michael Parry	Colwyn Bay
5	695	01:54.19	Josh Allen	Middlesbrough (mandale)
6	612	02:06.11	Tom Horton	Hallamshire Harriers

. Race : 5 BMC 800m Heat 3

Posn	Vest No.	Time	Name	Club
1	404	02:04.78	Jacqui Fairchild	Preston Harriers
2	402	02:05.07	Hannah England	Oxford City
3	401	02:05.14	Katy Brown	Stewartry
4	406	02:05.60	Francesca Brint	Sale Harriers Manchester
5	403	02:05.85	Rachael Franklin	Manx
6	405	02:08.57	Alison Lundy	Blackburn Harriers
7	407	02:09.61	Sarah Calvert	Livingston

. Race : 5 BMC 800m Heat 4

Posn	Vest No.	Time	Name	Club
1	622	01:52.05	Alex Beddoes	Cook Islands
2	619	01:52.06	Ewan Dyer	Woodford Green Essex Ladies
3	620	01:52.41	Matthew Harris	Rossendale Harriers
4	615	01:53.01	David Proctor	Sale Harriers Manchester
5	626	01:53.21	Kevin Woods	Crusaders
6	621	01:54.49	Samuel Jones	St. Albans Ac
7	624	01:55.69	Luke Minns	Blackpool Wyre & Fylde

Race : 5 BMC 800m Heat 5

Posn	Vest No.	Time	Name	Club
1	627	01:53.17	Rocco Zaman-browne	Manchester Harriers
2	632	01:53.34	Jonothan Kay	Bolton United
3	629	01:53.84	Jonathon Beharrell	Sheffield & Dearne
4	628	01:54.33	Harry Baxter	Lincoln Wellington
5	630	01:56.19	Charlie Thurstan	Birchfield Harriers
6	631	01:59.13	Alex Johnston	Pitreavie Ac

Race : 5 BMC 800m Heat 6

Posn	Vest No.	Time	Name	Club
1	640	01:53.06	William Onek	Sale Harriers Manchester
2	637	01:53.34	Ben Lee	Vale Royal Ac
3	697	01:55.25	Stewart Millar	Aberdeen
4	635	01:56.14	Christopher Boyle	Victoria Park City Of Glasgow
5	639	01:56.20	Joshua Schofield	City Of York Ac
6	634	01:57.20	James Adam	Dundee Hawkhill

Race : 5 BMC 800m Heat 7

Posn	Vest No.	Time	Name	Club
1	411	02:11.14	Bethan Morley	Ilkley
2	414	02:14.65	Christina Toogood	Norway
3	409	02:20.18	Lauren Mcneil	Mansfield

Race : 7 BMC 1500m Heat 1

Posn	Vest No.	Time	Name	Club
1	652	03:43.23	John Travers	Ireland
2	649	03:47.14	Max Wharton	Liverpool Harriers
3	651	03:47.60	James Young	Morpeth Harriers
4	643	03:47.70	Max Burgin	Halifax
5	642	03:48.75	Jacob Brown	Vale Royal Ac
6	650	03:49.01	Joe Wilkinson	Lincoln Wellington
7	645	03:49.82	Jack Crabtree	Shaftesbury Barnet
8	646	03:50.50	Michael Ferguson	Aberdeen
9	647	03:50.74	Jayne Rossiter	Newham & Essex Beagles
10	653	03:51.99	Matthew Jackson	Liverpool Harriers
11	644	03:52.89	Joshua Cowperthwaite	Middlesbrough (mandale)
12	654	03:56.91	Oliver Dustin	Border Harriers
13	648	03:57.36	Robert Warner	Blackburn Harriers

Race : 7 BMC 1500m Heat 2

Posn	Vest No.	Time	Name	Club
1	657	03:51.27	Grant Anderson	Stockport Harriers
2	662	03:51.29	Callum Jones	Newquay & Par
3	661	03:51.86	Lewis Jagger	Sheffield & Dearne
4	665	03:51.98	Xavier O'hare	Trafford Ac
5	668	03:52.11	James Tartt	Southport Waterloo
6	664	03:52.35	Jack Morris	Stockport Harriers
7	659	03:52.65	Daragh Fitzgibbon	Herne Hill
8	656	03:52.69	Lucian Allison	Lincoln Wellington
9	638	03:53.10	David Mullarkey U20	Manx

10	658	03:53.75	David Devine	Liverpool
11	660	03:57.57	James Heneghan	Winchester
12	671	03:58.05	Jonathan Glen	Inverclyde Ac
13	674	03:59.88	William Mycroft	Enfield & Haringey

.

.

Race : 7 BMC 1500m Heat 3

Posn	Vest No.	Time	Name	Club
1	669	03:55.91	Kian Davis	Preston Harriers
2	670	03:56.00	Joseph Ford	Liverpool Harriers
3	690	03:56.14	Thomas Griffiths	St. Helens Sutton
4	679	03:56.78	Jed Skilton	Poole Ac
5	680	03:56.82	Conor Smith	Swansea Ac
6	672	03:58.12	Jamie Mackinnon	Cambuslang
7	675	04:00.47	Jack Nixon	Stockport Harriers
8	677	04:01.00	David Rich	Sale Harriers Manchester
9	678	04:01.70	Thomas Rogerson	Liverpool Harriers
10	676	04:02.52	Daniel Payne	Middlesbrough (mandale)
11	698	04:03.76	Phillip Winkler	Morpeth Harriers

.

.

Race : 7 BMC 1500m Heat 4

Posn	Vest No.	Time	Name	Club
1	693	03:56.39	Micheal Power	Ireland
2	689	03:59.41	Karl Griffin	Ireland
3	694	04:00.15	Joshua Ward	Cannock & Stafford
4	685	04:01.34	Aaron Brown	Tipton Harriers
5	691	04:03.47	Niall Higham	Preston Harriers
6	683	04:04.14	Jack Allison	Leeds City
7	692	04:06.56	Andrew Kershaw	Southport Waterloo
8	696	04:07.82	Liam Stanley	Canada
9	684	04:08.52	Michael Barber	London Schs
10	687	04:09.88	Alan Corlett	Manx

The best of British from the BMC
