

Event 100m				heat 1	1.0
Pos	Vest	Name	Club	Cat	Time
1	105	Daniel Jackson		SenM	11.62
2	228	Lee Turner	Pitreavie AAC	U20M	11.69
3	72	Nathan Fleetwood	Whitemoss AAC	U20M	11.75
4	6	Nana Akuoko	Fife AC	U17M	11.77
5	187	Abby Renwick	Airdrie Harriers	U11G	17.86

Event 100m				heat 2	-0.7
Pos	Vest	Name	Club	Cat	Time
1	3	David Agnew	Pitreavie	M40	11.97
2	2	Kofi Afrifa	Fife AC	U17M	12.21
3	121	Ben Knowles	Pitreavie AAC	U17M	12.29
4	182	Finley pinkerton	Cumbernauld	U17M	12.63

Event 100m				heat 3	1.5
Pos	Vest	Name	Club	Cat	Time
1	242	Brodie Young	Airdrie Harriers	U17M	11.99
2	149	James Marshalsey	Dunfermline Track and Field	SenM	12.40
3	209	Roisin smith	Airdrie harriers	SenW	12.70
4	107	Aiden Johnston	Falkirk Victoria Harriers	U17M	12.77
5	241	Archie Yeaman	Dundee Hawkhill Harriers	U15B	12.90
6	17	Andrew black	Law & district aac	SenM	12.96
7	129	Gary Leek	Edinburgh AC	M55	13.37
8	48	Finn Colledge	Moorfoots	U15B	13.49

Event 100m				heat 4	1.1
Pos	Vest	Name	Club	Cat	Time
1	122	Keith Kong	Lasswade	M40	12.70
2	32	GREGOR CAMPBELL	FIFE	U17M	12.88
3	188	Calum Ridgway		U17M	13.14
4	93	Tim Hely	Unattached	M45	13.45
5	231	anna widdowson	edinburgh athletics club	U13G	13.57
6	148	Finlay Marchant	Central AC	U15B	13.66
7	167	Emma Millar	Airdrie Harriers	SenW	13.70

Event 100m				heat 5	0.5
Pos	Vest	Name	Club	Cat	Time
1	160	Ciaran mcmenemy	Airdrie harriers	U17M	12.61
2	161	Morrin McMenemy	Airdrie Harriers	U17W	13.83
3	224	Jasmine Tickner	Corstorphine AAC	SenW	13.84
4	217	Zuzanna Szafranska	Kilbarchan aac	U20W	14.08
5	5	Adom Akuoko	Dunfermline Track and Field	U13B	14.16
6	220	Hannah Tams	Central ac	U13G	14.38
7	77	Leia Gallacher	Falkirk Victoria Harriers	U15G	14.52

Event 100m**heat 6****0.3**

Pos	Vest	Name	Club	Cat	Time
1	124	Steven Laing	Falkirk Victoria Harriers	M45	13.61
2	12	Lauren Barclay	Falkirk Victoria Harriers	U15G	13.67
3	157	Caleb mcLeod	Pitreavie AAC	U13B	13.82
4	181	Katie Pearson	Airdrie Harriers	U20W	13.87
5	119	holly Kirkwood	vp glasgow	U15G	14.11
6	33	Luca Capanni	Falkirk harriers	U13B	14.32
7	70	Taylor Fitchet	Dundee Hawkhill Harriers	U15G	14.55

Event 100m**heat 7****1.1**

Pos	Vest	Name	Club	Cat	Time
1	49	Molly Cornes	Central	U15G	13.54
2	123	Nathan Laing	Falkirk Victoria Harriers	U15B	14.01
3	137	Cameron macdonald	East kilbride	U15B	14.15
4	88	Hope Griffin	Falkirk Victoria Harriers	U15G	14.40
5	89	emily guest	central athletics	U13G	14.48
6	36	Louise Carroll	Central	U15G	14.59
7	169	Erin miller	CENTRAL AC	U15G	14.59
8	233	Ella Wilson	Central Athletics Club	U15G	14.88

Event 100m**heat 8****1.4**

Pos	Vest	Name	Club	Cat	Time
1	81	Holly Gordon	Pitreavie	U13G	14.36
2	203	Priyanka Sharma	Unattached	U17W	14.66
3	136	cailean macdonald	gnaac	U13B	15.53
4	132	Zoe Loughrey	VP Glasgow	U13G	15.57

Event 100m**heat 9****1.2**

Pos	Vest	Name	Club	Cat	Time
1	97	Scott Hopper	Central	U15B	14.06
2	16	Lara Binnie	Falkirk Harriers	U13G	15.16
3	15	Katie Bennie	Falkirk Victoria Harriers	U13G	15.23
4	212	Loren stewart	Central athletics	U11G	15.40
5	118	cara Kirkwood	vp glasgow	U13G	15.77
6	147	Arainn Main	Falkirk Victoria Harriers	U11B	16.06

Event 100m**heat 10****1.1**

Pos	Vest	Name	Club	Cat	Time
1	112	Louisa kane	Falkirk Victoria Harriers	U13G	14.49
2	216	Sophie sutherland	Falkirk Victoria harriers	U13G	14.84
3	85	James Grant	Strathearn Harriers	U15B	15.15
4	144	Luc Macleod	Banchory Stonehaven AC	U11B	15.29
5	78	Eilidh Gallagher	Dunfermline Track and Field	U15G	15.76
6	96	HANNAH HOPE	FALKIRK VICTORIA HARRIERS	U13G	15.88
7	29	Alice Cameron	Central Athletics Club	U13G	16.46

Event 100m				heat 11	0.0
Pos	Vest	Name	Club	Cat	Time
1	153	Ellie McDonald	FVH	U13G	15.50
2	138	finn macdonald	gnaac	U11B	16.24
3	227	Hannah Turnbull	giffnock north	U11G	16.49
4	35	Lewis Carroll	Hamilton and District AC	U11B	16.63
5	210	Holly Stanners	Falkirk Victoria Harriers	U13G	17.03
6	52	Henry Crossley	central athletics	U13B	17.13

Event 100m				heat 12	1.5
Pos	Vest	Name	Club	Cat	Time
1	47	Nico Coleman	Airdrie harriers	U15B	12.34
2	192	Rachel Robertson	Dunfermline Track and field	U15G	14.45
3	193	Ollie Rooney	Central	U15B	15.11
4	41	Lucy cave	Airdrie Harriers	U11G	16.44
5	84	Andrew Grant	Strathearn Harriers	U11B	17.15

Event 100m				heat 13	1.2
Pos	Vest	Name	Club	Cat	Time
1	159	Connor McLeod		U11B	14.88
2	201	Gregor Saunders	Central athletics	U13B	15.53
3	133	Kayla Love	Linlithgow athletics	U13G	15.90
4	82	James Gordon	Pitreavie	U13B	16.44
5	230	Bradley Vidak	Grangemouth FVH	U13B	16.75
6	155	Bronach McGill	Airdrie Harriers	U11G	17.14

Event 100m				heat 14	1.3
Pos	Vest	Name	Club	Cat	Time
1	102	Kristin Hughes	Falkirk Victoria Harriers	U15G	14.05
2	13	hannah begg	moorfoot runners	U13G	14.17
3	71	Liam Flaherty	Falkirk Victoria Harriers	U11B	15.67
4	59	Luke Delaney-Middleton	Falkirk Harriers	U13B	15.68
5	9	Victoria Anestik	Falkirk Victoria Harriers	U11G	15.94
6	166	Ciara Middleton		U11G	17.21
7	150	Millie Mason	CAA	U11G	17.51

Event 100m				heat 15	0.4
Pos	Vest	Name	Club	Cat	Time
1	141	Inez MacIntosh	Falkirk Victoria Harriers	U15G	14.55
2	28	Jessie Caig	North Ayrshire Athletics Club	U11G	14.67
3	63	Mavia Duncan	Central AC	U15G	14.74
4	54	Erin Crumley	Falkirk Victoria Harriers	U11G	15.19
5	152	Dylan McCulloch	Central Athletics	U13B	15.40
6	39	Lexi Cattanach	Falkirk Victoria Harriers	U13G	15.88
7	40	Amy cave	Airdrie Harriers	U11G	17.17

Event 100m**heat 16 1.1**

Pos	Vest	Name	Club	Cat	Time
1	233	Ella Wilson	Central Athletics Club	U15G	14.94
2	91	Katie Hedges	Falkirk Victoria Harriers	U11G	16.31
3	65	Sam Egdell	Falkirk Victoria Harriers	U11B	16.31
4	126	Hector lawrie	Corstorphine	U11B	17.20
5	158	Carra McLeod		U11G	17.54
6	199	Ava Saunders	Central athletics	U13G	17.78
7	127	Jock lawrie	Corstorphine	U11B	17.92

Event 150m**heat 1 1.4**

Pos	Vest	Name	Club	Cat	Time
1	161	Morrin McMenemy	Airdrie Harriers	U17W	20.85
2	36	Louise Carroll	Central	U15G	22.01
3	89	emily guest	central athletics	U13G	22.05
4	77	Leia Gallacher	Falkirk Victoria Harriers	U15G	22.15
5	144	Luc Macleod	Banchory Stonehaven AC	U11B	22.67
6	16	Lara Binnie	Falkirk Harriers	U13G	23.00

Event 150m**heat 2 1.9**

Pos	Vest	Name	Club	Cat	Time
1	17	Andrew black	Law & district aac	SenM	19.36
2	51	Aislynn Crichton	Fife AC	U17W	19.97
3	48	Finn Colledge	Moorfoots	U15B	20.31
4	21	Graeme Breslin	Corstorphine AAC	M50	20.76
5	186	Eve Rennie	Fife AC	U17W	20.83
6	169	Erin miller	CENTRAL AC	U15G	21.63

Event 150m**heat 3**

Pos	Vest	Name	Club	Cat	Time
1	226	Cameron Tindle	Edinburgh AC	SenM	15.86
2	228	Lee Turner	Pitreavie AAC	U20M	17.38
3	6	Nana Akuoko	Fife AC	U17M	18.06
4	2	Kofi Afrifa	Fife AC	U17M	18.22
5	149	James Marshalsey	Dunfermline Track and Field	SenM	18.81
6	209	Roisin smith	Airdrie harriers	SenW	18.99

Event 150m**heat 4 1.6**

Pos	Vest	Name	Club	Cat	Time
1	15	Katie Bennie	Falkirk Victoria Harriers	U13G	22.95
2	118	cara Kirkwood	vp glasgow	U13G	23.02
3	212	Loren stewart	Central athletics	U11G	23.45
4	57	Leah Dawes	Airdrie Harriers	U17W	23.85
5	227	Hannah Turnbull	giffnock north	U11G	25.39
6	84	Andrew Grant	Strathearn Harriers	U11B	25.87
7	52	Henry Crossley	central athletics	U13B	25.98

Event 150m**heat 5****1.1**

Pos	Vest	Name	Club	Cat	Time
1	5	Adom Akuoko	Dunfermline Track and Field	U13B	21.65
2	58	Lucy Dawes	Airdrie Harriers	U13G	23.07
3	54	Erin Crumley	Falkirk Victoria Harriers	U11G	23.32
4	101	Kayley Hughes	Falkirk Victoria Harriers	U13G	23.66
5	9	Victoria Anestik	Falkirk Victoria Harriers	U11G	24.21
6	29	Alice Cameron	Central Athletics Club	U13G	25.90

Event 150m**heat 6****0.5**

Pos	Vest	Name	Club	Cat	Time
1	81	Holly Gordon	Pitreavie	U13G	22.28
2	59	Luke Delaney-Middleton	Falkirk Harriers	U13B	23.85
3	71	Liam Flaherty	Falkirk Victoria Harriers	U11B	24.33
4	91	Katie Hedges	Falkirk Victoria Harriers	U11G	24.42
5	65	Sam Egdell	Falkirk Victoria Harriers	U11B	24.73
6	133	Kayla Love	Linlithgow athletics	U13G	24.85

Event 150m**heat 7****0.1**

Pos	Vest	Name	Club	Cat	Time
1	233	Ella Wilson	Central Athletics Club	U15G	23.56
2	201	Gregor Saunders	Central athletics	U13B	23.66
3	138	finn macdonald	gnaac	U11B	24.60
4	96	HANNAH HOPE	FALKIRK VICTORIA HARRIERS	U13G	24.86
5	41	Lucy cave	Airdrie Harriers	U11G	25.98
6	155	Bronach McGill	Airdrie Harriers	U11G	26.82

Event 150m**heat 8****0.7**

Pos	Vest	Name	Club	Cat	Time
1	152	Dylan McCulloch	Central Athletics	U13B	22.64
2	136	cailean macdonald	gnaac	U13B	23.72
3	230	Bradley Vidak	Grangemouth FVH	U13B	25.88
4	40	Amy cave	Airdrie Harriers	U11G	26.80
5	199	Ava Saunders	Central athletics	U13G	26.96

Event 400m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	10	Marcus Archer	Aberdeen	U20M	50.31
2	37	Charlie Carstairs		SenM	50.78
3	95	Euan hood	Lasswade AC	U20M	51.02
4	108	Alex Johnston	Pitreavie AAC	U20M	51.65
5	62	Owen Doyle	Cumbernauld aac	U20M	52.67
6	242	Brodie Young	Airdrie Harriers	U17M	53.61

Event 400m**heat 2**

Pos	Vest	Name	Club	Cat	Time
1	121	Ben Knowles	Pitreavie AAC	U17M	53.55
2	135	Mark MacDermot	Edinburgh AC	SenM	54.16
3	149	James Marshalsey	Dunfermline Track and Field	SenM	55.10
4	64	Paul Easdale	Shettleston Harriers	SenM	55.21

Event 400m**heat 3**

Pos	Vest	Name	Club	Cat	Time
1	160	Ciaran mcmenemy	Airdrie harriers	U17M	56.47
2	72	Nathan Fleetwood	Whitemoss AAC	U20M	57.27
3	229	Olivia vareille	Falkirk vics harriers	U20W	58.13
4	93	Tim Hely	Unattached	M45	58.92
5	104	Ailsa Innes	Lasswade AAC	U20W	59.92

Event 400m**heat 4**

Pos	Vest	Name	Club	Cat	Time
1	234	Euan Wond	FVH	U17M	56.45
2	46	Charlotte Clare	Moorfoot	U17W	59.40
3	45	Jessica Christie	Falkirk Victoria Harriers	U20W	59.78
4	30	Carolyn Cameron	Edinburgh AC	U20W	63.19
5	21	Graeme Breslin	Corstorphine AAC	M50	63.79

Event 300m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	185	Jamie reid	Dundee hawkhill	U17M	36.03
2	222	Alexander Thomson	Whitemoss aac	U20M	39.35
3	215	Ben Sutherland	Falkirk Victoria harriers	U15B	40.50
4	119	holly Kirkwood	vp glasgow	U15G	45.40

Event 300m**heat 2**

Pos	Vest	Name	Club	Cat	Time
1	125	Orla Lang	Giffnock north	U17W	44.55
2	161	Morrin McMenemy	Airdrie Harriers	U17W	45.13
3	49	Molly Cornes	Central	U15G	45.49
4	173	Eilidh Murphy	Airdrie Harriers	U17W	45.93
5	131	Jessica Lorimer	Edinburgh AC	U15G	46.00
6	181	Katie Pearson	Airdrie Harriers	U20W	46.70
7	206	Rosie Sharples	Falkirk Victoria Harriers	U15G	47.03

Event 300m**heat 3**

Pos	Vest	Name	Club	Cat	Time
1	47	Nico Coleman	Airdrie harriers	U15B	39.92
2	63	Mavia Duncan	Central AC	U15G	47.38
3	70	Taylor Fitchet	Dundee Hawkhill Harriers	U15G	48.68
4	100	Naomi Howlieson	Central	U15G	48.87

Event 1500m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	142	Abbi Macleod	Falkirk	U13G	5.14.10
2	165	Aaron Middleton	Central	U13B	5.15.66
3	98	Charlotte Horne	Falkirk Victoria Harriers	U13G	5.18.16
4	128	Munro lawrie	Corstorphine	U13B	5.20.79
5	189	Eva Ritchie	Cambuslang Harriers	U13G	5.24.89
6	94	Erin hendry	Falkirk Victoria Harriers	U15G	5.26.92
7	156	Fraser McIntyre	Ayr Seaforth AAC	U13B	5.27.91
8	162	Brogan McMillan	Central ac	U13G	5.37.88
9	111	Catriona Kane	Central Athletic	U13G	5.39.02
10	204	Ella Sharp	Victoria Park City of Glasgow	U13G	6.09.22
11	52	Henry Crossley	central athletics	U13B	6.22.46

Event 1500m**heat 2**

Pos	Vest	Name	Club	Cat	Time
1	157	Caleb mcleod	Pitreavie AAC	U13B	4.49.28
2	8	Robbie Anderson	Team East Lothian	U17M	4.58.22
3	43	Caitlyn Christie	Fvh	U13G	4.58.57
4	237	Innes Wright	Team East Lothian	U13B	4.59.57
5	34	Shona carey	Cambuslang harriers	U15G	5.03.57
6	69	Jonathan Faulks		U15B	5.05.20
7	205	Louis Sharp	Victoria Park City of Glasgow	U15B	5.07.28
8	31	Euan Campbell	Central AC	U15B	5.08.60
9	137	Cameron macdonald	East kilbride	U15B	5.10.47
10	25	Ruairidh Burns	central AC	U13B	5.15.24
11	180	Alicia Paton	Cumbernauld	SenW	5.18.65
12	168	Maya millar	Pitreavie	U15G	5.22.69

Event 1500m**heat 3**

Pos	Vest	Name	Club	Cat	Time
1	146	Cameron MacMillan	Central ac	U15B	4.35.16
2	56	Fergus Currie	Garscube Harriers	U13B	4.36.59
3	239	Valencia WRIGHT	Giffnock North AC	U15G	4.40.55
4	99	Kyle Howie	Central AC	U17M	4.41.62
5	219	Sarah Tait	Lasswade	U20W	4.43.65
6	115	Owen Keddle	Fife A/C	U17M	4.49.81
7	109	Ben Johnston	Pitreavie AAC	U15B	4.54.72
8	221	Holly Thompson	Kilbarchan AAC	U20W	5.00.56

Event 1500m**heat 4**

Pos	Vest	Name	Club	Cat	Time
1	23	Lachlan Buchanan	Inverness Harriers	U13B	4.28.65
2	154	Andrew McGill	Linlithgow	U15B	4.29.98
3	22	Stephen Brown	West End Road Runners	M35	4.30.48
4	236	Blayne Wright	Giffnock North AC	U17M	4.30.78
5	75	Nick Freer	Hunters Bog Trotters	M45	4.31.88
6	200	Daniel Saunders	Corstorphine	U17M	4.33.67
7	106	Katie Johnson	Edinburgh AC	U15G	4.35.30
8	44	Ewan Christie	Gala Harriers	U15B	4.35.51
9	235	Angus Wright	Team East Lothian	U15B	4.38.01
10	134	Kerry MacAngus	Kilbarchan AAC	U20W	4.38.73
11	92	Anna Hedley	Fife AC	U15G	4.39.28
12	50	Sarah Coutts	Pitrevie	U17W	4.39.38
13	120	Gregor Knight	Perth Strathtay Harriers	U17M	5.18.93

Event 1500m**heat 5**

Pos	Vest	Name	Club	Cat	Time
1	60	James Donald		SenM	3.57.53
2	11	Hamish Armitt		U17M	4.00.43
3	76	Nikolai Gajic	Giffnock North	U20M	4.01.72
4	218	Magnus Tait	Lasswade	U20M	4.05.47
5	145	Benjamin Macmillan	Central ac	U17M	4.09.69
6	61	Lewis Dow	Central ac	U17M	4.12.19
7	164	Iain McWhinnie	Fife AC	U17M	4.17.42
8	198	Ben Sandilands	Fife AC	U17M	4.17.53
9	163	Gavin McWhinnie	Fife AC	U17M	4.24.93
10	195	Evan Ross	Pitreavie	SenM	4.25.75
11	202	Jenny Selman	Fife AC	SenW	4.29.67
12	83	Fraser Gorvett	Edinburgh AC	U20M	4.32.87

Event Long Jump

Pos	Vest	Name	Club	Cat	Dist
1	74	Murray Fraser	Edinburgh AC	U13B	4.17
2	28	Jessie Caig	North Ayrshire Athletics Club	U11G	4.04
3	132	Zoe Loughrey	VP Glasgow	U13G	3.98
4	112	Louisa kane	Falkirk Victoria Harriers	U13G	3.73
5	58	Lucy Dawes	Airdrie Harriers	U13G	3.73
6	220	Hannah Tams	Central ac	U13G	3.40
7	71	Liam Flaherty	Falkirk Victoria Harriers	U11B	3.27
8	114	Sarah -Jane kane	Falkirk victoria harriers	U11G	3.23
9	101	Kayley Hughes	Falkirk Victoria Harriers	U13G	3.17
10	98	Charlotte Horne	Falkirk Victoria Harriers	U13G	3.05
11	171	Alannah Mitchell	FVH	U13G	3.01
12	166	Ciara Middleton		U11G	2.79

Event Long Jump

Pos	Vest	Name	Club	Cat	Dist
1	121	Ben Knowles	Pitreavie AAC	U17M	5.69
2	113	Samuel kane	Falkirk Victoria Harriers	U15B	5.22
3	122	Keith Kong	Lasswade	M40	4.74
4	73	Jessica Forrest	Edinburgh AC	U17W	4.63
5	77	Leia Gallacher	Falkirk Victoria Harriers	U15G	4.23
6	193	Ollie Rooney	Central	U15B	4.11
7	137	Cameron macdonald	East kilbride	U15B	4.00
8	88	Hope Griffin	Falkirk Victoria Harriers	U15G	3.91
9	36	Louise Carroll	Central	U15G	3.90
10	78	Eilidh Gallagher	Dunfermline Track and Field	U15G	3.24

Event Shot Putt

Pos	Vest	Name	Club	Cat	Dist
1	21	Graeme Breslin	Corstorphine AAC	M50	6.85
1	224	Jasmine Tickner	Corstorphine AAC	SenW	7.18
1	97	Scott Hopper	Central	U15B	9.71
1	206	Rosie Sharples	Falkirk Victoria Harriers	U15G	9.71
2	141	Inez MacIntosh	Falkirk Victoria Harriers	U15G	8.41
3	88	Hope Griffin	Falkirk Victoria Harriers	U15G	7.47
1	32	GREGOR CAMPBELL	FIFE	U17M	10.43
1	222	Alexander Thomson	Whitemoss aac	U20M	8.63

Event Shot Putt

Pos	Vest	Name	Club	Cat	Dist
1	126	Hector lawrie	Corstorphine	U11B	4.60
2	127	Jock lawrie	Corstorphine	U11B	4.10
1	28	Jessie Caig	North Ayrshire Athletics Club	U11G	7.82
2	187	Abby Renwick	Airdrie Harriers	U11G	3.37
1	74	Murray Fraser	Edinburgh AC	U13B	8.09
2	128	Munro lawrie	Corstorphine	U13B	6.16
3	82	James Gordon	Pitreavie	U13B	5.84
4	201	Gregor Saunders	Central athletics	U13B	5.19
1	132	Zoe Loughrey	VP Glasgow	U13G	4.91
2	199	Ava Saunders	Central athletics	U13G	3.17