

MEDLEY RELAY TEAMS

NAME	NO.	400M	300M	200M	200M	100M
The Team		Taygan Henry	Andrew Cowie	Shannon Prevost	Lucy Boules	Zsa-Zsa Kerr-Bennie
Team 2		Ryan White	Matthew Boules	Ryan Duncan	Jonathan Marshall	Imogen Marshall
The Team of All Teams		Lewis MacIver	Matthew Power	Ella Watson	Iona McDonald	Alex Thomson
Salmon Nibbles		Fraser Morris	Chloe McAlear	Sam Jones	Ryan Stirling	Logan Tait
Team 5		Michael Wards	Maia Campbell	Jude Robertson	Shannon Evans	Dominic Boyle
Livi Lions		Aidan Brady	Eilidh Brown	Erin Cameron	Sophie Ure	Mia Sokoluk
Super 7s		Jonathan Kennedy	Aidan McKeown	Anna Allison	Megan Forrester	Logan Campbell
Lightning Sharks		David Threlfall	Angus McDonald	Georgia Fraser	Finlay Porteous	Hannah Stafford
Steele Drums		Fraser Steele	Ryan Carroll	Sophie Messenger	Zoe Dunn	Taylor Thomson
Team 10 for 10 in a Row		Ricky Arthurs	Alastair White	Jay Turnbull	Luke Berriman	Kirsten Morris
Spice Girls		Charlie Maree Nolan	Katie Craig	Eve Allison	Roxanne Hardie	Rachel Small

RESERVES: Clara Martin, Grace Martin, Fraser Holman

NOTES:

- Running order is: 400m, 300m, 2x 200m, 100m.
- Team members can switch distances, but the 100m runner should wear the team's allocated vest number.