

Pos.	Bib	Time	Name	Team	Club
1	17	11:25	Anna Cairns	North	Inverness Harriers AAC
2	16	11:30	Grace MacDonald	North	Inverness Harriers AAC
3	5	11:30	Phoebe Armstrong	East	Aberdeen AAC
4	4	11:38	Johanna Mackenzie	East	Aberdeen AAC
5	35	11:53	Adele Street	West	North Ayrshire AC
6	1	11:53	Isla Thoms	East	Fife AC
7	3	11:57	Olivia Clarke	East	Corstorphine AAC
8	33	12:00	Jessie Gilchrist	West	Law & District AC
9	18	12:03	Beth Urquhart	North	Moray RR
10	40	12:06	Olivia Warboys	West	Kilmarnock H & AC
11	34	12:07	Amber Wade	West	Giffnock North AC
12	32	12:12	Iona Stroma Hubbard	West	Ayr Seaforth AC
13	2	12:15	Caitlyn Christie	East	Falkirk Victoria Harriers
14	37	12:17	Katy Donnelly	West	Giffnock North AC
15	7	12:17	Iona Jamieson	East	Teviotdale Harriers
16	36	12:21	Ava Beaton	West	Greenock Glenpark H
17	6	12:21	Ruby Russell	East	Fife AC
18	12	12:26	Erin MacFarlane	East	Pitreavie AAC
19	11	12:27	Carys Gibb	East	Central AC
20	31	12:28	Amiya Patel	West	VP Glasgow AC
21	39	12:30	Katie Johnson	West	Greenock Glenpark H
22	41	12:30	Sophie Sinclair	West	VP Glasgow AC
23	44	12:34	Sopie McCallum	West	Ayr Seaforth AC
24	19	12:35	Kirsten Burnett	North	Inverness Harriers AAC
25	14	12:35	Orlaith Shepherd	East	Edinburgh AC
26	20	12:48	Zara Gill	North	Moray RR
27	10	12:50	Charlotte Horne	East	Falkirk Victoria Harriers
28	42	12:52	Anna Kirk	West	Ayr Seaforth AC
29	22	12:55	Sarah Maciver	North	Stornoway Running & AC
30	13	12:58	Ariane Baillie	East	Pitreavie AAC
31	45	13:01	Kirsty Wylie	West	Giffnock North AC
32	9	13:03	M McClelland-Brooks	East	Banchory Stonehaven AC
33	43	13:05	Jessica Grant	West	Shettleston Harriers
34	21	13:09	Nicole Taylor	North	Moray RR
35	23	13:11	Kyla Mcurdo	North	Stornoway Running & AC
36	29	13:14	Katie Meek	North	Inverness Harriers AAC
37	38	13:14	Skye Rae	West	Nithsdale AC
38	26	13:16	Isobel Garvie	North	Inverness Harriers AAC
39	24	13:33	Morag Lynch	North	Ross County AC
40	25	13:56	Imogen McDougall	North	Inverness Harriers AAC
41	28	14:17	Mackenzie Findlay	North	Moray RR
42	27	14:45	Femke Waite	North	Ross County AC

Team Result

1 East	Phoebe Armstrong (3), Johanna Mackenzie (4), Isla Thoms (6), Olivia Clarke (7), Caitlyn Christie (13) & Iona Jamieson (15)	48
2 West	Adele Street (5), Jessie Gilchrist (8), Olivia Warboys (10), Amber Wade (11), Iona Stroma Hubbard (12) & Katy Donnelly (14)	60
3 North	Anna Cairns (1), Grace MacDonald (2), Beth Urquhart (9), Kirsten Burnett (24), Zara Gill (26) & Sarah Maciver (29)	91

Pos.	Bib	Time	Name	Team	Club
1	61	10:25	Finlay Ross	East	Harmeny AC
2	53	10:28	Corey Campbell	East	Team East Lothian
3	66	10:31	Roy Taylor	North	Moray RR
4	85	10:32	Craig Shennan	West	Giffnock North AC
5	82	10:32	Johnny Burns	West	Shettleston Harriers
6	51	10:35	Connor Bell	East	Central AC
7	83	10:42	Saul McGlennan	West	VP Glasgow AC
8	54	10:53	Hamish McKay	East	Aberdeen AAC
9	90	10:54	Oliver Patton	West	Kilbarchan AAC
10	93	10:59	Jamie Phillips	West	Kilmarnock H & AC
11	87	11:01	Alex Robin	West	Giffnock North AC
12	67	11:05	William Cook	North	Gordonstoun School
13	55	11:10	Cameron Rankine	East	Gala Harriers
14	70	11:14	Sam Burnett	North	Inverness Harriers AAC
15	88	11:15	Calan Chong	West	Giffnock North AC
16	52	11:18	Caleb McLeod	East	Pitreavie AAC
17	68	11:21	Jake Henderson	North	Inverness Harriers AAC
18	95	11:22	Ben Campbell	West	Greenock Glenpark H
19	56	11:23	Alasdair Wallace	East	Harmeny AC
20	86	11:26	Matthew Murphy	West	Giffnock North AC
21	69	11:28	Sam Coull	North	Ross County AC
22	58	11:33	Innes Wright	East	Team East Lothian
23	64	11:36	Archie McRonald	East	Perth Strathtay Harriers
24	94	11:37	Matthew Burnside	West	Garsube Harriers
25	89	11:39	Tayven Adamson	West	Inverclyde AC
26	63	11:41	Aidan Page	East	Team East Lothian
27	60	11:42	Dylan Pearson	East	Aberdeen AAC
28	73	11:48	Lewis Maclean	North	Stornoway Running & AC
29	72	11:51	Ben Webster	North	Inverness Harriers AAC
30	92	11:58	Harris Morrison	West	Greenock Glenpark H
31	65	11:59	G Pennacio Torres	East	Fife AC
32	57	12:04	Aleksandar Jovcic	East	Aberdeen AAC
33	62	12:05	Nathan Denis	East	Harmeny AC
34	75	12:20	Mitchell Smith	North	Nairn Area AAC
35	81	12:25	Fergus Currie	West	Garsube Harriers
36	59	12:28	Ruairidh Burns	East	Central AC
37	79	12:41	Finlay Macleod	North	Stornoway Running & AC
38	78	12:41	Zak Fearn	North	Ross County AC
39	76	12:41	Zak Stewart	North	Nairn Area AAC
40	74	12:42	Tom Palmer	North	Elgin AAC
41	77	12:49	Douglas MacLennan	North	Ross County AC
42	80	13:02	Rhys Cantlie	North	Moray RR
43	71	13:31	Lewis Patterson	North	Moray RR

Team Result

1 West	46
Craig Shennan (4), Johnny Burns (5), Saul McGlennan (7), Oliver Patton (9), Jamie Phillips (10) & Alex Robin (11)	
2 East	46
Finlay Ross (1), Corey Campbell (2), Connor Bell (6), Hamish McKay (8), Cameron Rankine (13) & Caleb McLeod (16)	
3 North	95
Roy Taylor (3), William Cook (12), Sam Burnett (14), Jake Henderson (17), Sam Coull (21) & Lewis Maclean (28)	

Pos.	Bib	Time	Name	Team	Club
1	101	14:28	Anna Hedley	East	Fife AC
2	102	15:10	Katie Johnson	East	Edinburgh AC
3	145	15:17	Anya MacLean	West	Garscube Harriers
4	133	15:21	Zoe Flower	West	Giffnock North AC
5	131	15:25	Valencia Wright	West	Giffnock North AC
6	135	15:26	Hannah Ryding	West	Giffnock North AC
7	134	15:31	Julia Cash	West	Giffnock North AC
8	132	15:33	Louise Hastie	West	Kilbarchan AAC
9	136	15:35	Meredith Reid	West	Glasgow School of Sport
10	103	15:43	Anna Dalglish	East	Fife AC
11	105	15:47	Katie Christie	East	Falkirk Victoria Harriers
12	109	15:51	Flora Henry	East	Team East Lothian
13	138	15:56	Kate Paul	West	Giffnock North AC
14	104	15:57	Isla Hedley	East	Fife AC
15	144	16:00	Rachel Muir	West	Kilbarchan AAC
16	106	16:13	Anise Macaulay Orr	East	Edinburgh AC
17	115	16:17	Molly Kidd	East	Edinburgh AC
18	127	16:21	Isobel Howard	North	Forres Harriers
19	143	16:22	Shona Carey	West	Cambuslang Harriers
20	137	16:23	Niamh Murphy	West	North Ayrshire AC
21	116	16:24	Alyth Gollan	North	East Sutherland AC
22	139	16:31	Erin Ellor	West	Shettleston Harriers
23	108	16:38	Mhairi Arnott	East	Corstorphine AAC
24	140	16:43	Charlie Frew	West	Whitemoss AAC
25	141	16:44	Isla Scott	West	Giffnock North AC
26	111	16:45	Anna Fairclough	East	Gala Harriers
27	114	16:49	Isla Carroll	East	Perth Strathtay Harriers
28	110	16:51	Katherine MacLeod	East	Corstorphine AAC
29	113	17:02	Hannah Steel	East	Lothian AC
30	120	17:13	Morag Hickey	North	Ross County AC
31	117	17:18	Ellyn Smith	North	Moray RR
32	142	17:18	Iona Wilson	West	Helensburgh AAC
33	112	17:32	Summer MacLean	East	Central AC
34	122	17:38	Emma Jones	North	Highland Hill Runners
35	121	17:41	Rachel Murray	North	Stornoway Running & AC
36	125	17:47	Harriet Whelan	North	Moray RR
37	126	18:04	Lucy Morrison	North	North Uist AAC
38	118	18:06	Rachel Ross	North	East Sutherland AC
39	123	18:07	Ava Walsh	North	Inverness Harriers AAC
40	128	18:15	Faith Kenyon	North	Forres Harriers
41	124	20:09	Hannah Stephen	North	Moray RR

Team Result

1 West	Anya MacLean (3), Zoe Flower (4), Valencia Wright (5), Hannah Ryding (6), Julia Cash (7) & Louise Hastie (8)	33
2 East	Anna Hedley (1), Katie Johnson (2), Anna Dalglish (10), Katie Christie (11), Flora Henry (12) & Isla Hedley (14)	50
3 North	Isobel Howard (18), Alyth Gollan (21), Morag Hickey (30), Ellyn Smith (31), Emma Jones (34) & Rachel Murray (35)	169

Pos.	Bib	Time	Name	Team	Club
1	166	13:29	Lucas Cairns	North	Inverness Harriers AAC
2	195	13:35	Christopher Perkins	West	Giffnock North AC
3	151	13:42	Harry Henriksen	East	Lasswade AC
4	177	13:54	Shaun MacDonald	North	Deveron Harriers
5	161	13:54	Andrew McGill	East	Linlithgow AC
6	193	13:58	Reuben MacDonald	West	Giffnock North AC
7	182	14:04	Harris Paterson	West	Giffnock North AC
8	183	14:06	Donald Gilchrist	West	Law & District AC
9	167	14:06	Euan Rollo	North	Inverness Harriers AAC
10	157	14:08	Angus Wright	East	Team East Lothian
11	187	14:09	Robbie Woods	West	Cambuslang Harriers
12	154	14:11	Samuel Griffin	East	Aberdeen AAC
13	152	14:13	Gregor Collins	East	Gala Harriers
14	188	14:14	Lewis Roddis	West	Cambuslang Harriers
15	189	14:15	Ross O'Brien	West	Giffnock North AC
16	156	14:21	Conor Gourley	East	Pitreavie AAC
17	184	14:23	Fergus Reid	West	Springburn Harriers
18	191	14:24	Fraser Gilmour	West	VP Glasgow AC
19	162	14:24	Laurence Petty	East	Dundee Hawkhill H
20	160	14:27	Cameron Kerr	East	Central AC
21	159	14:36	Ewan Christie	East	Gala Harriers
22	194	14:38	Lewis Anderson	West	Kilbarchan AAC
23	155	14:39	Struan Bennet	East	Fife AC
24	192	14:41	Callum Miller	West	Garscube Harriers
25	190	14:46	Cameron Berry	West	Garscube Harriers
26	186	14:48	Finlay Ross Davie	West	Garscube Harriers
27	168	14:55	Duncan MacDonald	North	Inverness Harriers AAC
28	153	15:06	Ross Dewar	East	Edinburgh AC
29	164	15:13	Jamie Eyton-Jones	East	Corstorphine AAC
30	185	15:17	Jacob Iuc	West	Giffnock North AC
31	163	15:23	Tejay Scott	East	Dundee Hawkhill H
32	174	15:27	Hamish Whiteside	North	Ross County AC
33	175	15:28	Fergus Whiteside	North	Ross County AC
34	165	15:36	Ryan Smith	East	Dundee Hawkhill H
35	158	15:37	Cameron MacMillan	East	Central AC
36	171	15:38	Bruce Evans	North	Forres Harriers
37	178	15:47	Gregor Naughton	North	Deveron Harriers
38	172	16:01	Gregor Nixon	North	Inverness Harriers AAC
39	170	16:01	Reece Black	North	Shetland AAC
40	169	16:09	Scott Perry	North	Forres Harriers
41	179	16:23	Ruaridh Ellen	North	Ross County AC
42	176	16:37	Angus Rutter	North	Inverness Harriers AAC
43	180	16:41	Seonaidh Macinnes	North	North Uist AAC
44	173	17:10	Alex Jamieson	North	Inverness Harriers AAC

Team Result

1 West	48
Christopher Perkins (2), Reuben MacDonald (6), Harris Paterson (7), Donald Gilchrist (8), Robbie Woods (11) & Lewis Roddis (14)	
2 East	59
Harry Henriksen (3), Andrew McGill (5), Angus Wright (10), Samuel Griffin (12), Gregor Collins (13) & Conor Gourley (16)	
3 North	106
Lucas Cairns (1), Shaun MacDonald (4), Euan Rollo (9), Duncan MacDonald (27), Hamish Whiteside (32) & Fergus Whiteside (33)	

Pos.	Bib	Time	Name	Team	Club
1	201	18:33	Cera Gemmell	East	Team East Lothian
2	216	18:34	Megan Keith	North	Inverness Harriers AAC
3	204	19:04	Pippa Carcas	East	Edinburgh AC
4	227	19:24	Hannah Anderson	West	East Kilbride AC
5	224	19:29	Rosie Davidson	West	Kilbarchan AAC
6	203	19:34	Isla Calvert	East	Livingston AC
7	229	19:37	Helen Chong	West	Giffnock North AC
8	217	19:39	Emily Andrew	North	Inverness Harriers AAC
9	236	19:59	Alisha Sivell	West	Kilbarchan AAC
10	208	20:01	Carrie Banks	East	Central AC
11	230	20:11	Clare Wallace	West	Giffnock North AC
12	205	20:13	Eilidh Jaffray	East	Teviotdale Harriers
13	207	20:21	Caitlin Purcell	East	Aberdeen AAC
14	206	20:24	Daisy Cumming	East	Dunfermline T. & F.
15	210	20:31	Kirsty Purcell	East	Aberdeen AAC
16	232	20:32	Aimee Anderson	West	Glasgow School of Sport
17	234	20:48	Susie McLaughlin	West	Cambuslang Harriers
18	214	20:48	Kyra Gibb	East	Central AC
19	238	20:55	Kate Richardson	West	Giffnock North AC
20	225	21:05	Elsie Hollywood	West	Shettleston Harriers
21	231	21:06	Jill Carswell	West	Giffnock North AC
22	228	21:08	Emma Frew	West	Ayr Seaforth AC
23	211	21:10	Kirsty Oldham	East	Aberdeen AAC
24	237	21:14	Laine Alemu	West	Kilbarchan AAC
25	213	21:24	Emma Jenkins	East	Perth Strathtay H
26	209	21:27	Katie Craig	East	Livingston AC
27	233	21:39	Libby Sutherland	West	Kilbarchan AAC
28	218	22:08	Eve Gardiner	North	Inverness Harriers AAC
29	235	22:29	Nuala McCheyne	West	Inverclyde AC
30	222	23:38	Niamh Whelan	North	Moray RR
31	221	24:12	Emma Seed	North	Inverness Harriers AAC
32	219	25:16	Rachel Gillies	North	Inverness Harriers AAC
33	220	25:27	Ellen Saunders	North	Inverness Harriers AAC

Team Result

1 East	45
Cera Gemmell (1), Pippa Carcas (3), Isla Calvert (6), Carrie Banks (10), Eilidh Jaffray (12) & Caitlin Purcell (13)	
2 West	52
Hannah Anderson (4), Rosie Davidson (5), Helen Chong (7), Alisha Sivell (9), Clare Wallace (11) & Aimee Anderson (16)	
3 North	131
Megan Keith (2), Emily Andrew (8), Eve Gardiner (28), Niamh Whelan (30), Emma Seed (31) & Rachel Gillies (32)	

Pos.	Bib	Time	Name	Team	Club
1	295	16:15	Hamish Armit	West	Giffnock North AC
2	283	16:16	Jack Patton	West	Kilbarchan AAC
3	254	16:25	Kristof Hornyik	East	Dundee Hawkhill H
4	279	16:29	Sunny McGrath	North	Deveron Harriers
5	252	16:39	Ben MacMillan	East	Central AC
6	281	16:56	Jack Trainer	West	Garscube Harriers
7	284	17:06	Harry McGill	West	Greenock Glenpark H
8	282	17:07	Christopher McLew	West	Cambuslang Harriers
9	257	17:11	Ryan Donald	East	Dundee Hawkhill H
10	260	17:13	Ben Sandilands	East	Fife AC
11	253	17:17	Hugh Morrow	East	Edinburgh AC
12	289	17:18	Ruairidh MacGregor	West	Cambuslang Harriers
13	285	17:18	Lewis Hannigan	West	Kilbarchan AAC
14	287	17:20	Ross J Whitelaw	West	Glasgow School of Sport
15	286	17:25	Ethan Carolan	West	Giffnock North AC
16	256	17:29	Alastair Marshall	East	Livingston AC
17	259	17:33	Iain McWhinnie	East	Fife AC
18	258	17:38	Adam Brown	East	Aberdeen AAC
19	264	17:39	David Addison	East	Corstorphine AAC
20	263	17:40	Michael Watt	East	Aberdeen AAC
21	267	17:40	Blair Milne	North	Moray RR
22	255	17:52	Cameron Sale	East	Dundee Hawkhill H
23	290	18:04	David McNair	West	Kilbarchan AAC
24	265	18:06	Gavin McWhinnie	East	Fife AC
25	270	18:07	Danny McPake	North	Ross County AC
26	293	18:08	Jack Bell	West	Giffnock North AC
27	262	18:10	Fraser Clyne	East	Teviotdale Harriers
28	251	18:11	Tom Ireland	East	Edinburgh AC
29	294	18:12	Brodie Aitken	West	Cambuslang Harriers
30	268	18:12	Angus Smith	North	Inverness Harriers AAC
31	261	18:14	Nathan Tosh	East	Metro Aberdeen RC
32	292	18:33	James Connelly	West	Garscube Harriers
33	272	18:48	Joshua Milne	North	Moray RR
34	276	18:52	Gordon Manson	North	Inverness Harriers AAC
35	274	18:57	Alex Ellen	North	Ross County AC
36	280	19:15	Sam Greenslade	North	Stornoway Running & AC
37	275	19:18	Kyle Sutherland	North	Ross County AC
38	269	19:23	David Scott	North	Forres Harriers
39	271	19:31	David Morrison	North	Stornoway Running & AC
40	278	19:58	Ewan Spink	North	Inverness Harriers AAC
41	277	20:00	Daniel Stewart	North	Stornoway Running & AC

Team Result

1 West	Hamish Armit (1), Jack Patton (2), Jack Trainer (6), Harry McGill (7), Christopher McLew (8) & Ruairidh MacGregor (12)	36
2 East	Kristof Hornyik (3), Ben MacMillan (5), Ryan Donald (9), Ben Sandilands (10), Hugh Morrow (11) & Alastair Marshall (16)	54
3 North	Sunny McGrath (4), Blair Milne (21), Danny McPake (25), Angus Smith (30), Joshua Milne (33) & Gordon Manson (34)	147

Pos.	Bib	Time	Name	Team	Club
1	155	20:40	Mhairi Maclennan	Scottish Students	University of Edinburgh
2	161	20:55	Lucy Crookes	North of England	Leeds City
3	101	21:08	Morag Millar	East	Central AC
4	162	21:42	Georgia Malir	North of England	Leeds City
5	106	21:47	E Walker (u20)	East	Edinburgh AC
6	146	21:53	Rebecca Johnson	Scottish Students	University of Edinburgh
7	133	22:00	Michelle Sandison	West	Springurn Harriers
8	102	22:16	Jo Williams	East	Lothian RC
9	114	22:18	Freya Ross	East	Falkirk Victoria Harriers
10	135	22:31	Avril Mason	West	Shettleston Harriers
11	103	22:33	Fanni Gyurko	East	Central AC
12	150	22:34	Zoe Pflug (U20)	Scottish Students	University of Edinburgh
13	104	22:34	Lauren Wilson	East	Edinburgh AC
14	166	22:35	Esme Davies (U20)	North of England	Eden Runners
15	123	22:39	Kayleigh Jarrett	North	Elgin AAC
16	136	22:40	Katie White	West	Garsube Harriers
17	152	22:49	Stephanie Tucker	Scottish Students	University of Glasgow
18	165	22:50	Olivia Stones (U20)	North of England	Leigh AC
19	163	22:51	Juliet Downs (U20)	North of England	Sale AC
20	149	22:51	Amy Frankland	Scottish Students	University of Edinburgh
21	164	22:52	Cyane Robinson (U20)	North of England	Rotherham Harriers
22	148	22:52	Zoe Bates (U20)	Scottish Students	University of Aberdeen
23	107	22:54	Virginie Barrand	East	Metro Aberdeen RC
24	139	22:55	Lesley Chisolm	West	Garsube Harriers
25	112	22:56	Jessica McLeod (U20)	East	Corstorphine AAC
26	105	22:59	Claire Bruce	East	Metro Aberdeen RC
27	116	23:05	Eilidh Mackenzie	North	Stornoway Running & AC
28	117	23:07	Catriona Morrison	North	Highland Hill Runners
29	138	23:12	Catriona MacDonald	West	Bellahouston RR
30	122	23:12	Gemma Cormack	North	Inverness Harriers AAC
31	137	23:18	Anna Tait	West	VP Glasgow AC
32	108	23:25	Jennifer Elvin	East	Metro Aberdeen RC
33	154	23:26	Ali Hunter	Scottish Students	University of Aberdeen
34	113	23:28	Keira Gore	East	Lasswade AC
35	109	23:30	J Kibble Spence	East	Fife AC
36	141	23:31	Ruth Joss	West	Shettleston Harriers
37	159	23:33	L McCulloch (U20)	Scottish Students	University of Stirling
38	118	23:34	Kirstie Rogan	North	Moray RR
39	145	23:36	Jennifer Martin	West	Shettleston Harriers
40	121	23:41	Moira Davie	North	Forres Harriers
41	115	23:42	Chloe Cox	East	Edinburgh AC
42	158	23:46	Clare Stewart (U20)	Scottish Students	University of Glasgow
43	153	23:49	Rebecca Craig (U20)	Scottish Students	University of Stirling
44	132	23:54	C McKenna (U20)	West	Giffnock North AC
45	120	23:55	Tammy Wilson	North	JSK RC
46	110	24:05	Jillian Stephen	East	HBT
47	119	24:09	Amy Hudson	North	Inverness Harriers AAC
48	140	24:12	Hannah Terrance	West	Springurn Harriers
49	160	24:25	K Sheil Rankin	Scottish Students	University of Dundee
50	111	24:43	Laura Robertson	East	HBT
51	125	24:46	Lisa Allan	North	Fraserburgh RC
52	151	24:53	Emma Gill (U20)	Scottish Students	University of Edinburgh
53	147	24:59	Grace Whelan	Scottish Students	University of Aberdeen
54	129	25:12	Iona Craft	North	Moray RR
55	128	25:18	Vikki Thompson	North	Ross County AC
56	126	25:22	Marie Baxter	North	JSK RC
57	127	25:39	Emma Murray	North	JSK RC

Team Result

1 East	49
Morag Millar (3), Elouise Walker (u20) (5), Jo Williams (8), Freya Ross (9), Fanni Gyurko (11) & Lauren Wilson (13)	
2 North of England	78
Lucy Crookes (2), Georgia Malir (4), Esme Davies (U20) (14), Olivia Stones (U20) (18), Juliet Downs (U20) (19) & Cyane Robinson (U20) (21)	
3 Scottish Students	78
Mhairi Maclennan (1), Rebecca Johnson (6), Zoe Pflug (U20) (12), Stephanie Tucker (17), Amy Frankland (20) & Zoe Bates (U20) (22)	
4 West	117
Michelle Sandison (7), Avril Mason (10), Katie White (16), Lesley Chisolm (24), Catriona MacDonald (29) & Anna Tait (31)	
5 North	178
Kayleigh Jarrett (15), Eilidh Mackenzie (27), Catriona Morrison (28), Gemma Cormack (30), Kirstie Rogan (38) & Moira Davie (40)	

Pos.	Bib	Time	Name	Team	Club
1	31	25:16	Lachlan Oates	West	Shettleston Harriers
2	65	25:23	Linton Taylor	North of England	Leeds City
3	5	25:25	Alastair Hay	East	Central AC
4	2	25:34	Calum McKenzie	East	Corstorphine AAC
5	61	25:38	Matthew Grieve	North of England	Leeds City
6	49	25:40	Alexander Chepelin	Scottish Students	University of Edinburgh
7	32	25:42	Andrew Douglas	West	Inverclyde AC
8	62	25:43	Nathan Dunn (U20)	North of England	Preston AC
9	63	25:58	Dave Mullarkey (U20)	North of England	Manx Harriers
10	38	26:04	Ryan Thomson	West	Cambuslang Harriers
11	48	26:04	Kevin Wood	Scottish Students	University of St Andrews
12	10	26:08	Scott Fraser	East	Hunters Bog Trotters
13	6	26:11	Cameron Strachan	East	Metro Aberdeen RC
14	13	26:12	Dougie Selman	East	Corstorphine AAC
15	58	26:14	Jack Leitch	Scottish Students	University of Edinburgh
16	34	26:15	Fraser Stewart	West	Cambuslang Harriers
17	35	26:20	Alasdair Campbell	West	Cambuslang Harriers
18	50	26:28	Jonathon Crickmore	Scottish Students	Heriot Watt University
19	64	26:33	Joe Wigfield (U20)	North of England	Wirral AC
20	36	26:33	Kevan Harvey	West	Cambuslang Harriers
21	42	26:38	Richard Mair	West	Kilmarnock H & AC
22	27	26:39	Hamish Hickey (U20)	North	Central AC
23	43	26:40	Robert Simpson	West	Shettleston Harriers
24	47	26:44	Alex Carcas	Scottish Students	University of Edinburgh
25	56	26:46	James Donald (U20)	Scottish Students	Napier University
26	8	26:52	Conan McCaughey	East	Central AC
27	25	27:00	John Newsom	North	Inverness Harriers AAC
28	9	27:04	John Lenehan	East	Edinburgh AC
29	20	27:08	Cameron Young	North	Inverness Harriers AAC
30	39	27:10	John Fergusson	West	East Kilbride AC
31	60	27:11	Alex Muir	Scottish Students	University of Edinburgh
32	51	27:13	Eddie Narbett (U20)	Scottish Students	University of Edinburgh
33	59	27:16	Lewis Raeburn (U20)	Scottish Students	City of Glasgow College
34	22	27:16	Ewan Davidson	North	Moray RR
35	17	27:17	Rob Sinclair	North	Insch Trail RC
36	12	27:18	Darrell Hastie	East	Gala Harriers
37	40	27:22	Cameron Wright (U20)	West	Inverclyde AC
38	55	27:27	Finlay Todd (U20)	Scottish Students	University of Glasgow
39	26	27:33	Donnie MacDonald	North	Inverness Harriers AAC
40	37	27:34	Grant Baillie	West	East Kilbride AC
41	18	27:36	Craig Campbell	North	Inverness Harriers AAC
42	41	27:39	Jethro Lennox	West	Shettleston Harriers
43	66	27:40	Matthew Hill (U20)	North of England	Wakefield H & AC
44	57	27:54	Callum Tharme	Scottish Students	University of Edinburgh
45	46	27:57	Lucas Cheskin	Scottish Students	Glasgow School of Art
46	7	27:58	Dale Colley	East	Central AC
47	19	28:02	James Wilson	North	Moray RR
48	21	28:08	Robbie Paterson	North	Moray RR
49	44	28:13	Craig Ruddy	West	Inverclyde AC
50	53	28:14	Thomas Berry (U20)	Scottish Students	University of Dundee
51	23	28:16	Greg Shearer	North	North Highland Harriers
52	45	28:33	Cameron Watson(U20)	West	Inverclyde AC
53	29	29:08	Max Abernethy (U20)	North	Fraserburgh RC
54	30	29:25	Paul Rogan	North	Moray RR

Team Result

1 West	71
Lachlan Oates (1), Andrew Douglas (7), Ryan Thomson (10), Fraser Stewart (16), Alasdair Campbell (17) & Kevan Harvey (20)	
2 East	72
Alastair Hay (3), Calum McKenzie (4), Scott Fraser (12), Cameron Strachan (13), Dougie Selman (14) & Conan McCaughey (26)	
3 North of England	86
Linton Taylor (2), Matthew Grieve (5), Nathan Dunn (U20) (8), Dave Mullarkey (U20) (9), Joe Wigfield (U20) (19) & Matthew Hill (U20) (43)	
4 Scottish Students	99
Alexander Chepelin (6), Kevin Wood (11), Jack Leitch (15), Jonathon Crickmore (18), Alex Carcas (24) & James Donald (U20) (25)	
5 North	186
Hamish Hickey (U20) (22), John Newsom (27), Cameron Young (29), Ewan Davidson (34), Rob Sinclair (35) & Donnie MacDonald (39)	

Pos.	Bib	Time	Name	Team	Nationality
1	1	17:36	Senior Team GBR	GBR	
2	2	17:45	Senior Team EUR	EUR	
3	3	18:01	Senior Team USA	USA	
4	6	18:08	Junior Team EUR	EUR	
5	7	18:11	Junior Team USA	USA	
6	5	18:20	Junior Team GBR	GBR	
7	8	18:38	Junior Team SCO	SCO	
8	4	18:39	Senior Team SCO	SCO	

Team Result

1 - EUROPE	18
2 - GREAT BRITAIN & N.I.	21
3 - USA	24

Pos.	Bib	Time	Name	Team	Nationality
1	12	20:01	Elena Burkard	EUR	
2	1	20:06	Charlotte Arter	GBR	
3	16	20:11	Anna Emilie Moller	EUR	
4	6	20:15	Philippa Woolven	GBR	
5	4	20:16	Verity Ockenden	GBR	
6	13	20:17	Anna Gehring	EUR	
7	14	20:19	Anna Gosk	EUR	
8	2	20:19	E Hosker-Thornhill	GBR	
9	3	20:22	Kate Avery	GBR	
10	11	20:26	Maja Moller Alm	EUR	
11	21	20:29	Anne-Marie Blaney	USA	
12	24	20:44	Rachel Johnson	USA	
13	25	20:54	Oliva Pratt	USA	
14	26	21:01	Marisa Howard	USA	
15	23	21:10	Grace Barnett	USA	
16	15	21:16	Nina Lauwaert	EUR	
17	22	21:18	Ayla Granados	USA	

Team Result

1 - EUROPE	17
2 - GREAT BRITAIN & N.I	19
3 - USA	50

Pos.	Bib	Time	Name	Team	Nationality
1	22	23:48	Hillary Bor	USA	
2	16	23:48	Napoleon Solomon	EUR	
3	15	23:49	Adel Mechaal	EUR	
4	25	23:49	Leonard Korir	USA	
5	24	23:56	Garrett Heath	USA	
6	23	24:00	David Elliott	USA	
7	11	24:03	Samuel Fitwi	EUR	
8	13	24:05	Aras Kaya	EUR	
9	1	24:05	Patrick Dever	GBR	
10	7	24:10	Nick Goolab	GBR	
11	14	24:13	Isaac Kimeli	EUR	
12	3	24:14	Kristian Jones	GBR	
13	2	24:18	Charlie Hulson	GBR	
14	4	24:24	Ross Millington	GBR	
15	12	24:55	Hugo Hay	EUR	
16	6	25:05	Andy Vernon	GBR	

Team Result

1 - USA	16
2 - EUROPE	20
3 - GREAT BRITAIN & N.I	44