







U11 Girls Standing Long Jump 'A'				
Posn	Bib	Athlete	Club	Perf
1	9	SPELMAN IKEDASHI Leila	Giff N A	1.92
2	25	KELLY Anna	VPCG A	1.78
3	7	KING Fern	Tm E Loth	1.74
4	27	QUINN Mollie	W'moss A	1.70
5	26	ALLAN Caitlin	VPCG B	1.68
6	17	AREMU Kishi	Living A	1.66
7	5	ALLISON Emily	C'nauld A	1.64
8	10	NAIRNE Beatrice	Giff N B	1.60
9	22	OFOEGBU Guinevere	Shett B	1.54
10	19	MCGUIRE Lucie	Moth A	1.50
11	1	BROWN Sophie	Ayr S A	1.44
12	11	BURGESS Rowan	Harm A	1.38
13	13	FERGUSON Emily	Helen A	1.34
14	6	ROE Holly	C'nauld B	1.18
15				
16				

U11 Girls Standing Long Jump 'B'				
Posn	Bib	Athlete	Club	Perf
1	109	SCOBIE Freya	Giff N A	1.80
2	111	BUCHAN Leah	Harm A	1.76
3	125	ROWBOTHAM Holly	VPCG A	1.68
4	117	MCADAM Natalie	Living A	1.60
5	113	MCEWAN Isla	Helen A	1.60
6	110	ANNAND Isabella	Giff N B	1.58
7	105	YOUNG Jessica	C'nauld A	1.54
8	119	GREENHORN Eilidh	Moth A	1.50
9	127	MAIL Alex	W'moss A	1.48
10	107	WATSON Jayne	Tm E Loth	1.46
11	126	ALI Aania	VPCG B	1.46
12	106	AGNEW Katie	C'nauld B	1.40
13	112	CHEYNE Caitlin	Harm B	1.36
14	128	TUNNICLIFE Kiera	W'moss B	1.20
15				
16				

This years	Numbers	SAIL Teams PM		U11G	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	55	4	44	99	18
2	102	Ayr Seaforth AAC B	Ayr S B					
3	103	Clydesdale Harriers A	C'dale A	32	4	44	76	12
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	35	6		35	4
6	106	Cumbernauld AAC B	C'nauld B	52	4	44	96	16
7	107	Team East Lothian A	Tm E Loth	43	5	22	65	9
8	108	Team East Lothian B	Tm E Loth	47	4	44	91	14
9	109	Giffnock North AC A	Giff N A	8	6		8	1
10	110	Giffnock North AC B	Giff N B	39	6		39	5
11	111	Harmeny A	Harm A	63	6		63	7
12	112	Harmeny B	Harm B	52	4	44	96	16
13	113	Helensburgh AAC A	Helen A	73	6		73	11
14	114	Helensburgh AAC B	Helen B					
15	115	Kirkintilloch Olympians A	Kirk O A			132	132	20
16	116	Kirkintilloch Olympians B	Kirk O B			132	132	20
17	117	Livingston & District AAC A	Living A	20	4	44	64	8
18	118	Livingston & District AAC B	Living B					
19	119	Motherwell AC A	Moth A	41	6		41	6
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	36	4	44	80	13
22	122	Shettleston Harriers B	Shett B	20	2	88	108	19
23	123	Stewartry AC A	Stew A					
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	27	6		27	3
26	126	Victoria Park City of Glasgow A	VPCG B	67	6		67	10
27	127	Whitemoss AAC A	W'moss A	24	6		24	2
28	128	Whitemoss AAC B	W'moss B	47	4	44	91	14
		<b>Total Teams</b>		<b>21</b>				

Posn	U11 Girls	Points
1	Giffnock North AC A	8
2	Whitemoss AAC A	24
3	Victoria Park City of Glasgow AC A	27
4	Cumbernauld AAC A	35
5	Giffnock North AC B	39
6	Motherwell AC A	41
7	Harmeny A	63
8	Livingston & District AAC A	64
9	Team East Lothian A	65
10	Victoria Park City of Glasgow AC B	67
11	Helensburgh AAC A	73
12	Clydesdale Harriers A	76
13	Shettleston Harriers A	80
14	Team East Lothian B	91
14	Whitemoss AAC B	91
16	Cumbernauld AAC B	96
16	Harmeny B	96
18	Ayr Seaforth AAC A	99
19	Shettleston Harriers B	108
20	Kirkintilloch Olympians A	132
20	Kirkintilloch Olympians B	132



U13 Girls High Jump				
Posn	Bib	Athlete	Club	Perf
1	9	WEIR Cara	Giff N A	1.40
2	10	SLATER Cara	Giff N B	1.40
3	5	YOUNG Grace	C'nauld A	1.30
4	17	BOULES Lucy	Living A	1.30
5	27	FRASER Cortney	W'moss A	1.25
6	25	CARR Lucy	VPCG A	1.25
7	3	DENHOLM Lucy	C'dale A	1.20
8	13	KENHARD Holly	Helen A	1.20
9	6	GOODWIN Millie	C'nauld B	1.15
10	1	KIRK Anna	Ayr S A	1.10
10	26	LOUGHREY Zoe	VPCG B	1.10
12	22	-	Shett B	1.10
13				
11				
11				
16				
17				
18				
19				
20				
21				
22				
23				

U13 Girls Shot				
Posn	Bib	Athlete	Club	Perf
1	27	FRASER Cortney	W'moss A	8.72
2	11	TAYLOR Esther	Harm A	6.80
3	9	WEIR Cara	Giff N A	6.37
4	21	WAINWRIGHT Beatrice	Shett A	6.05
5	26	LOUGHREY Zoe	VPCG B	5.50
6	10	SHAH Zarah	Giff N B	5.40
7	25	DOUGLAS Zoe	VPCG A	5.25
8	28	WHITTLE Emma	W'moss B	5.19
9	17	SOKOLUK Mia	Living A	5.18
10	2	ABLETT Emma	Ayr S B	4.82
11	18	HARDIE Roxanne	Living B	4.81
12	15	MAHON Olivia	Kirk O A	4.76
13	12	GLADWIN Eva	Harm B	4.74
14	7	NAPIER Roisin	Tm E Loth	4.48
15	14	BOULTBY Lilly	Helen B	4.36
16	4	ROBERTSON Millie	C'dale B	4.22
17	5	ANDERSON Ava	C'nauld A	4.19
18	6	RAMSAY Heather	C'nauld B	3.90
19	19	MCNAIR Lauren	Moth A	3.56
20	22	FUGE Sophie	Shett B	3.24
21				
22				
23				

U13 Girls Long Jump				
Posn	Bib	Athlete	Club	Perf
1	25	DOUGLAS Zoe	VPCG A	4.20
2	2	MOYNIHAN Lucy	Ayr S B	4.02
3	17	SNOWDEN Alannah	Living A	3.95
4	7	ELLIOT Cristina	Tm E Loth	3.83
5	10	SLATER Holly	Giff N B	3.82
6	6	GOODWIN Millie	C'nauld B	3.72
7	9	MCKAY Erin	Giff N A	3.71
8	26	LOUGHREY Zoe	VPCG B	3.52
9	5	ORMISTON Kayla	C'nauld A	3.47
10	19	RYAN Caoimhe	Moth A	3.22
11	1	KIRK Anna	Ayr S A	3.21
12	27	HOPKINS Maisie	W'moss A	3.10
13	28	MURPHY Lucy	W'moss B	3.08
14	3	DENHOLM Lucy	C'dale A	3.08
15	22	LEIPER Emma	Shett B	2.89
16	21	FOX Chloe	Shett A	2.86
17	18	MARSHALL Imogen	Living B	2.82
18	4	ROBERTSON Millie	C'dale B	2.81
19	11	TAYLOR Esther	Harm A	2.71
20	14	BOULTBY Lilly	Helen B	2.69
21	12	MARSHALL Skye	Harm B	2.43
22	13	FERGUSON Molly	Helen A	2.03
23				

This years	Numbers	SAIL Teams PM		U13G	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	23	6	25	48	7
2	102	Ayr Seaforth AAC B	Ayr S B	31	6	25	56	9
3	103	Clydesdale Harriers A	C'dale A	54	5	50	104	15
4	104	Clydesdale Harriers B	C'dale B	58	5	50	108	17
5	105	Cumbernauld AAC A	C'nauld A	36	7		36	3
6	106	Cumbernauld AAC B	C'nauld B	77	7		77	10
7	107	Team East Lothian A	Tm E Loth	52	5	50	102	14
8	108	Team East Lothian B	Tm E Loth B					
9	109	Giffnock North AC A	Giff N A	21	7		21	1
10	110	Giffnock North AC B	Giff N B	40	7		40	4
11	111	Harmeny A	Harm A	27	5	50	77	10
12	112	Harmeny B	Harm B	65	5	50	115	19
13	113	Helensburgh AAC A	Helen A	64	6	25	89	12
14	114	Helensburgh AAC B	Helen B	35	3	100	135	23
15	115	Kirkintilloch Olympians A	Kirk O A	33	3	100	133	22
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	44	7		44	6
18	118	Livingston & District AAC B	Living B	66	5	50	116	20
19	119	Motherwell AC A	Moth A	73	5	50	123	21
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	64	6	25	89	12
22	122	Shettleston Harriers B	Shett B	88	6	25	113	18
23	123	Stewartry AC A	Stew A			175	175	24
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	27	7		27	2
26	126	Victoria Park City of Glasgow A	VPCG B	41	7		41	5
27	127	Whitemoss AAC A	W'moss A	53	7		53	8
28	128	Whitemoss AAC B	W'moss B	31	4	75	106	16
		<b>Total Teams</b>		<b>24</b>				

Posn	U13 Girls	Points
1	Giffnock North AC A	21
2	Victoria Park City of Glasgow AC A	27
3	Cumbernauld AAC A	36
4	Giffnock North AC B	40
5	Victoria Park City of Glasgow AC B	41
6	Livingston & District AAC A	44
7	Ayr Seaforth AAC A	48
8	Whitemoss AAC A	53
9	Ayr Seaforth AAC B	56
10	Cumbernauld AAC B	77
10	Harmeny A	77
12	Helensburgh AAC A	89
12	Shettleston Harriers A	89
14	Team East Lothian A	102
15	Clydesdale Harriers A	104
16	Whitemoss AAC B	106
17	Clydesdale Harriers B	108
18	Shettleston Harriers B	113
19	Harmeny B	115
20	Livingston & District AAC B	116
21	Motherwell AC A	123
22	Kirkintilloch Olympians A	133
23	Helensburgh AAC B	135
24	Stewartry AC A	175





800m U15 Girls				
Rank	Bib	Athlete	Club	Perf
1	25	KIRKWOOD Holly	VPCG A	02:25.46
2	9	SCOTT Isla	Giff N A	02:27.80
3	2	MCMILLAN Emma	Ayr S B	02:34.72
4	26	BUSHELL Beth	VPCG B	02:37.18
5	3	MACINTOSH Kenzie	C'dale A	02:37.49
6	1	MCCOLM Sophie	Ayr S A	02:38.77
7	10	O'DONNELL Nuala	Giff N B	02:39.66
8	27	CURRIE Libby	W'moss A	02:39.92
9	21	ELLOR Erin	Shett A	02:40.23
10	7	SHEARER Rudie	Tm E Loth A	02:40.39
11	19	KELLY Emma	Moth A	02:41.32
12	22	GRANT Jessica	Shett B	02:42.06
13	5	CASEY Niamh	C'nauld A	02:48.96
14	13	ROONEY Maddie	Helen A	02:48.99
15	28	FREW Matilda	W'moss B	02:50.51
16	20	LENZI Ava	Moth B	02:50.57
17	8	SLIFER Esme	Tm E Loth B	02:51.28
18	6	DAVIDSON Iona	C'nauld B	02:54.23
19	15	MCGREGOR Mhairi	Kirk O A	02:56.51
20	11	MCGILLIVRAY Sophie	Harm A	02:57.05
21	18	NANOR Rachael	Living B	02:57.94
22	14	DENNISON Evelyn	Helen B	02:58.43
23	17	MESSINGER Sophie	Living A	03:01.88

<u>U15 Girls High Jump</u>				
Posn	Bib	Athlete	Club	Perf
1	25	GREIG Evie	VPCG A	1.56
2	26	SCOTT Catriona	VPCG B	1.50
3	13	KENHARD Lexy	Helen A	1.50
4	1	MCLEAN Catriona	Ayr S A	1.45
5	7	WELSH Evie	Tm E Loth	1.45
6	2	MCMILLAN Emma	Ayr S B	1.35
7	28	PICKLES Katie	W'moss B	1.35
8	27	CURRIE Libby	W'moss A	1.30
9	9	MOULSON Skye	Giff N A	1.30
10	10	MAHER Imogen	Giff N B	1.30
11	8	MCGREGOR Stella	Tm E Loth	1.25
12	17	ALLISON Anna	Living A	1.25
13	3	WATSON Leah	C'dale A	1.15
13	18	REEDIE Hannah	Living B	1.15
15				
15				
12				
18				
19				
20				
21				
22				
23				
24				

<u>U15 Girls Long Jump</u>				
Posn	Bib	Athlete	Club	Perf
1	25	KIRKWOOD Holly	VPCG A	5.07
2	9	MAYER Angelica	Giff N A	4.86
3	17	WATSON Ella	Living A	4.50
4	26	BUSHELL Beth	VPCG B	4.49
5	8	HALL Erin	Tm E Loth	4.30
6	10	BRUCE Ava	Giff N B	4.24
7	1	WHITE Libby	Ayr S A	4.21
8	4	TOLLAND Lucy	C'dale B	4.06
9	27	BOYLE Olivia	W'moss A	4.03
10	7	THOMSON Lucy	Tm E Loth	3.96
11	3	MACINTOSH Kenzie	C'dale A	3.95
12	5	ROY Lucy	C'nauld A	3.92
13	11	MCDONALD Lucy	Harm A	3.80
14	21	GARDINER Sophie	Shett A	3.77
15	20	HOWLEY Katie	Moth B	3.70
16	6	DAVIDSON Iona	C'nauld B	3.65
17	2	TRIBE Kendal	Ayr S B	3.60
18	19	ROBERTSON Lucy	Moth A	3.59
19	18	MONTGOMERY Lauren	Living B	3.52
20	15	MCGREGOR Mhairi	Kirk O A	3.47
21	13	ROONEY Maddie	Helen A	3.40
22	14	DENNISON Evelyn	Helen B	3.02
23				
24				

<u>U15 Girls Shot</u>				
Posn	Bib	Athlete	Club	Perf
1	25	PORTERFIELD Meghan	VPCG A	10.78
2	27	WHYTE Kirsty	W'moss A	7.55
3	5	GAY Hana	C'nauld A	7.36
4	20	LENZI Ava	Moth B	7.27
5	26	BUSHELL Beth	VPCG B	7.21
6	21	STRUTHERS Hannah	Shett A	7.20
7	17	CAMERON Erin	Living A	6.98
8	22	LAWAL Temilade	Shett B	6.70
9	28	FREW Matilda	W'moss B	6.49
10	9	MCNEIL Darcy	Giff N A	6.42
11	8	WALKINGSHAW Gemma	Tm E Loth	6.40
12	10	MAHER Imogen	Giff N B	6.24
13	7	WELSH Evie	Tm E Loth	6.23
14	19	GILCHRIST Emma	Moth A	5.76
15	2	MCMILLAN Emma	Ayr S B	5.50
16	1	MCLEAN Catriona	Ayr S A	5.21
17	13	ROONEY Eva	Helen A	4.98
18	14	MCKINNON Isla	Helen B	4.91
19	18	MORRIS Kirsten	Living B	4.65
20	15	THOMPSON Gail	Kirk O A	4.04
21				
22				
23				
24				

This years	Numbers	SAIL Teams PM		U15G	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	33	8		33	4
2	102	Ayr Seaforth AAC B	Ayr S B	55	6	56	111	12
3	103	Clydesdale Harriers A	C'dale A	54	6	56	110	11
4	104	Clydesdale Harriers B	C'dale B	54	5	84	138	19
5	105	Cumbernauld AAC A	C'nauld A	41	5	84	125	15
6	106	Cumbernauld AAC B	C'nauld B	75	4	112	187	24
7	107	Team East Lothian A	Tm E Loth	48	8		48	5
8	108	Team East Lothian B	Tm E Loth	87	8		87	10
9	109	Giffnock North AC A	Giff N A	27	8		27	2
10	110	Giffnock North AC B	Giff N B	63	8		63	7
11	111	Harmeny A	Harm A	65	4	112	177	22
12	112	Harmeny B	Harm B			224	224	26
13	113	Helensburgh AAC A	Helen A	85	8		85	9
14	114	Helensburgh AAC B	Helen B	98	6	56	154	20
15	115	Kirkintilloch Olympians A	Kirk O A	78	5	84	162	21
16	116	Kirkintilloch Olympians B	Kirk O B			224	224	26
17	117	Livingston & District AAC A	Living A	69	8		69	8
18	118	Livingston & District AAC B	Living B	107	7	28	135	18
19	119	Motherwell AC A	Moth A	66	6	56	122	13
20	120	Motherwell BC B	Moth B	69	6	56	125	15
21	121	Shettleston Harriers A	Shett A	72	6	56	128	17
22	122	Shettleston Harriers B	Shett B	12	2	168	180	23
23	123	Stewartry AC A	Stew A	18	1	196	214	25
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	7	8		7	1
26	126	Victoria Park City of Glasgow A	VPCG B	29	8		29	3
27	127	Whitemoss AAC A	W'moss A	48	8		48	5
28	128	Whitemoss AAC B	W'moss B	68	6	56	124	14
		<b>Total Teams</b>		<b>27</b>				

Posn	U15 Girls	Points
1	Victoria Park City of Glasgow AC A	7
2	Giffnock North AC A	27
3	Victoria Park City of Glasgow AC B	29
4	Ayr Seaforth AAC A	33
5	Team East Lothian A	48
5	Whitemoss AAC A	48
7	Giffnock North AC B	63
8	Livingston & District AAC A	69
9	Helensburgh AAC A	85
10	Team East Lothian B	87
11	Clydesdale Harriers A	110
12	Ayr Seaforth AAC B	111
13	Motherwell AC A	122
14	Whitemoss AAC B	124
15	Cumbernauld AAC A	125
15	Motherwell BC B	125
17	Shettleston Harriers A	128
18	Livingston & District AAC B	135
19	Clydesdale Harriers B	138
20	Helensburgh AAC B	154
21	Kirkintilloch Olympians A	162
22	Harmeny A	177
23	Shettleston Harriers B	180
24	Cumbernauld AAC B	187
25	Stewartry AC A	214
26	Harmeny B	224
26	Kirkintilloch Olympians B	224

<b>60m U17 Women</b>				
Rank	Bib	Athlete	Club	Perf
1	9	BELL Alyson	Giff N A	7.99
2	25	HEWITSON Rachel	VPCG A	8.23
3	7	GRAY Eloise	Tm E Loth A	8.40
4	27	BEEL Katie	W'moss A	8.43
5	5	WALLACE Hannah	C'nauld A	8.61
6	28	GEORGE Esther	W'moss B	8.62
7	10	YOUNG Libby	Giff N B	8.65
8	26	HENDRY Aimie	VPCG B	8.70
9	1	TRIBE Imogen	Ayr S A	8.73
10	13	COURT Amy	Helen A	8.76
11	19	MARIE RYAN Cavan	Moth A	8.95
12	6	SLEIGH Hannah	C'nauld B	9.14
13	14	MICHIE Sophie	Helen B	9.27
14	17	DUNN Zoe	Living A	9.65

<b>60mH U17 Women</b>				
Rank	Bib	Athlete	Club	Perf
1	25	BURR Katie	VPCG A	9.14
2	26	DAVIDSON Ellie	VPCG B	9.18
3	5	WALLACE Hannah	C'nauld A	9.56
4	10	ROBERTSON Grace	Giff N B	10.23
5	13	HASSAN Amirah	Helen A	10.67
6	14	MITCHELL Sarah	Helen B	12.02
7	7	CALLANDER Marcia	Tm E Loth A	12.16
8	9	CALLAN Rachel	Giff N A	DNF

<b>200m U17 Women</b>				
Rank	Bib	Athlete	Club	Perf
1	9	FOSS Katie	Giff N A	26.65
2	25	HEWITSON Rachel	VPCG A	26.86
3	7	GRAY Eloise	Tm E Loth A	27.43
4	5	KENNEDY Amy	C'nauld A	27.77
5	27	BEEL Katie	W'moss A	28.15
6	10	MORAN Brooke	Giff N B	28.35
7	1	TRIBE Imogen	Ayr S A	28.70
8	26	HENDRY Aimie	VPCG B	29.02
9	13	COURT Amy	Helen A	29.29
10	28	GEORGE Esther	W'moss B	29.51
11	21	MCLEAN Molly	Shett A	30.26
12	17	DUNN Zoe	Living A	30.63
13	14	DORIZON Kyla	Helen B	30.65
14	15	REILLY Eve	Kirk O A	31.69

<b>300m U17 Women</b>				
Rank	Bib	Athlete	Club	Perf
1	25	BURR Katie	VPCG A	42.03
2	9	MACCONNELL Caroline	Giff N A	44.91
3	10	MCKAY Rosie	Giff N B	45.31
4	28	CONEFF Renee	W'moss B	47.15
5	7	HENRY Flora	Tm E Loth A	47.17
6	26	CAMERON COYLE Caitlin	VPCG B	47.28
7	14	MITCHELL Sarah	Helen B	47.80
8	15	MCCANDLISH Kayla	Kirk O A	49.24
9	1	OOSTERBEEK Emilie	Ayr S A	49.96
10	13	HASSAN Amirah	Helen A	50.71
11	27	JOHNSTONE Laura	W'moss A	52.57
12	8	KERR Elana	Tm E Loth B	53.76

<b>800m U17 Women</b>				
Rank	Bib	Athlete	Club	Perf
1	7	HENRY Flora	Tm E Loth A	02:25.16
2	27	FREW Charlie	W'moss A	02:29.59
3	28	MALLEY Maria	W'moss B	02:29.64
4	9	GILBRIDE Miriam	Giff N A	02:30.92
5	19	LEACH Joey	Moth A	02:31.83
6	13	WILSON Iona	Helen A	02:33.24
7	1	MACKAY Evie	Ayr S A	02:35.99
8	25	CAMERON COYLE Roisin	VPCG A	02:37.10
9	15	MCCANDLISH Kayla	Kirk O A	02:42.66
10	10	PATERSON Lauren	Giff N B	02:43.58
11	17	PREVOST Shannon	Living A	02:44.22
12	14	FLETT Katie	Helen B	02:44.24
13	5	QUAIL Caiomhe	C'nauld A	02:51.66

<u>U17 Women Shot</u>				
Posn	Bib	Athlete	Club	Perf
1	21	TEHOUDJA Teddy	Shett A	14.05
2	5	KENNEDY Amy	C'nauld A	11.32
3	25	BERRY Hayley	VPCG A	10.85
4	9	DALLAS Jennifer	Giff N A	10.74
5	10	WILLIAMS Iris	Giff N B	9.38
6	27	STOREY Saskia	W'moss A	8.46
7	7	WELCH Joanne	Tm E Loth	8.33
8	26	HENDRY Aimie	VPCG B	7.78
9	14	MICHIE Sophie	Helen B	7.35
10	17	PREVOST Shannon	Living A	6.96
11	6	SLEIGH Hannah	C'nauld B	6.84
12	13	COURT Amy	Helen A	6.59
13	1	OOSTERBEEK Emilie	Ayr S A	6.53
14	15	REILLY Eve	Kirk O A	6.37
15	8	KERR Elana	Tm E Loth	5.67

<u>U17 Women High Jump</u>				
Posn	Bib	Athlete	Club	Perf
1	26	DAVIDSON Ellie	VPCG B	1.65
2	25	ORR Abbey	VPCG A	1.60
3	9	PREECE Allison	Giff N A	1.45
4	15	REILLY Eve	Kirk O A	1.45
5	7	BRAND Lucy	Tm E Loth	1.40
5	10	MCKAY Rosie	Giff N B	1.40
7	13	HASSAN Amirah	Helen A	1.40
8	1	OOSTERBEEK Emilie	Ayr S A	1.35
9	17	DUNN Zoe	Living A	1.35
10				
11				
12				
13				
14				
15				

<u>U17 Women Long Jump</u>				
Posn	Bib	Athlete	Club	Perf
1	25	ORR Abbey	VPCG A	5.39
2	26	DAVIDSON Ellie	VPCG B	5.18
3	5	WALLACE Hannah	C'nauld A	5.03
4	9	CALLAN Rachel	Giff N A	4.83
5	10	AGNEW Lauren	Giff N B	4.29
6	7	TREMLETT Grace	Tm E Loth	4.28
7	28	CONEFF Renee	W'moss B	4.18
8	27	BEEL Katie	W'moss A	4.11
9	19	MARIE RYAN Cavan	Moth A	4.01
10	14	FLETT Katie	Helen B	3.88
11	13	WILSON Iona	Helen A	3.31
12				
13				
14				
15				

This year	Numbers	SAIL Teams PM		U17W	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	53	6	54	107	11
2	102	Ayr Seaforth AAC B	Ayr S B			216	216	18
3	103	Clydesdale Harriers A	C'dale A			216	216	18
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	27	6	54	81	7
6	106	Cumbernauld AAC B	C'nauld B	23	2	162	185	16
7	107	Team East Lothian A	Tm E Loth	31	8		31	3
8	108	Team East Lothian B	Tm E Loth	27	2	162	189	17
9	109	Giffnock North AC A	Giff N A	23	8		23	2
10	110	Giffnock North AC B	Giff N B	40	8		40	4
11	111	Harmeny A	Harm A			216	216	18
12	112	Harmeny B	Harm B			216	216	18
13	113	Helensburgh AAC A	Helen A	59	8		59	5
14	114	Helensburgh AAC B	Helen B	60	7	27	87	9
15	115	Kirkintilloch Olympians A	Kirk O A	49	5	81	130	12
16	116	Kirkintilloch Olympians B	Kirk O B			216	216	18
17	117	Livingston & District AAC A	Living A	56	5	81	137	13
18	118	Livingston & District AAC B	Living B			216	216	18
19	119	Motherwell AC A	Moth A	16	3	135	151	14
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	12	2	162	174	15
22	122	Shettleston Harriers B	Shett B			216	216	18
23	123	Stewartry AC A	Stew A			216	216	18
24	124	Stewartry AC B	Stew B			216	216	18
25	125	Victoria Park City of Glasgow A	VPCG A	19	8		19	1
26	126	Victoria Park City of Glasgow B	VPCG B	33	7	27	60	6
27	127	Whitemoss AAC A	W'moss A	28	6	54	82	8
28	128	Whitemoss AAC B	W'moss B	23	5	81	104	10
		<b>Total Teams</b>		<b>26</b>				

Posn	U17 Women	Points
1	Victoria Park City of Glasgow AC A	19
2	Giffnock North AC A	23
3	Team East Lothian A	31
4	Giffnock North AC B	40
5	Helensburgh AAC A	59
6	Victoria Park City of Glasgow AC B	60
7	Cumbernauld AAC A	81
8	Whitemoss AAC A	82
9	Helensburgh AAC B	87
10	Whitemoss AAC B	104
11	Ayr Seaforth AAC A	107
12	Kirkintilloch Olympians A	130
13	Livingston & District AAC A	137
14	Motherwell AC A	151
15	Shettleston Harriers A	174
16	Cumbernauld AAC B	185
17	Team East Lothian B	189
18	Ayr Seaforth AAC B	216
18	Clydesdale Harriers A	216
18	Harmeny A	216
18	Harmeny B	216
18	Kirkintilloch Olympians B	216
18	Livingston & District AAC B	216
18	Shettleston Harriers B	216
18	Stewartry AC A	216
18	Stewartry AC B	216

60m U20 Women				
Rank	Bib	Athlete	Club	Perf
1	9	COWAN Freya	Giff N A	8.25
2	25	MILLER Emily	VPCG A	8.43
3	27	MALLEY Bethan	W'moss A	8.45
4	5	HUMPHREYS Nikkala	C'nauld A	8.52
5	26	LOVE Rebecca	VPCG B	8.65
6	17	DUNCAN Abby	Living A	8.79
7	10	MILLER Carly	Giff N B	8.92
8	7	DOUGLAS Beth	Tm E Loth A	9.16

60mH U20 Women				
Rank	Bib	Athlete	Club	Perf
1	5	TOBIN Beth	C'nauld A	9.98

200m U20 Women				
Rank	Bib	Athlete	Club	Perf
1	25	MILLER Emily	VPCG A	26.38
2	10	SHEARER Holly	Giff N B	26.48
3	9	CAMPBELL Rhea	Giff N A	26.89
4	5	TOBIN Beth	C'nauld A	27.62
5	27	WROE Lucy	W'moss A	27.64
6	15	MAHON Emma	Kirk O A	30.28

400m U20 Women				
Rank	Bib	Athlete	Club	Perf
1	9	MENZIES Freya	Giff N A	60.83
2	5	SOMERVILLE Lucy	C'nauld A	60.96
3	25	CAMERON Anna	VPCG A	62.33
4	27	MORTON Jenna	W'moss A	63.28

800m U20 Women				
Rank	Bib	Athlete	Club	Perf
1	17	CALVERT Sarah	Living A	02:13.52
2	9	LANG Orla	Giff N A	02:31.31
3	15	MAHON Emma	Kirk O A	02:32.02
4	10	BALLANTYNE Annabel	Giff N B	02:33.55



<u>U20 Women Shot</u>				
Posn	Bib	Athlete	Club	Perf
1	25	BAXENDALE Alice	VPCG A	9.33
2	27	WROE Lucy	W'moss A	8.14
3	5	TOBIN Beth	C'nauld A	6.25
4	9	CAMPBELL Kiera	Giff N A	6.22
5	26	LOVE Rebecca	VPCG B	5.99
6	17	BROWN Eilidh	Living A	5.98
7				
8				

<u>U20 Women High Jump</u>				
Posn	Bib	Athlete	Club	Perf
1	27	MCSKIMMING Christie	W'moss A	1.50
2				
3				
4				
4				
6				
7				
8				

<u>U20 Women Long Jump</u>				
Posn	Bib	Athlete	Club	Perf
1	25	CAMERON Anna	VPCG A	5.01
2	27	MCSKIMMING Christie	W'moss A	4.60
3	9	LANG Orla	Giff N A	4.09
4				
5				
6				
7				
8				

This year's	Numbers	SAIL Teams PM		U20W	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A			128	128	10
2	102	Ayr Seaforth AAC B	Ayr S B			128	128	10
3	103	Clydesdale Harriers A	C'dale A			128	128	10
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	14	5	48	62	4
6	106	Cumbernauld AAC B	C'nauld B					
7	107	Team East Lothian A	Tm E Loth	8	1	112	120	9
8	108	Team East Lothian B	Tm E Loth B					
9	109	Giffnock North AC A	Giff N A	11	6	32	43	1
10	110	Giffnock North AC B	Giff N B	13	3	80	93	5
11	111	Harmeny A	Harm A			128	128	10
12	112	Harmeny B	Harm B					
13	113	Helensburgh AAC A	Helen A					
14	114	Helensburgh AAC B	Helen B					
15	115	Kirkintilloch Olympians A	Kirk O A	9	2	96	105	7
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	13	3	80	93	5
18	118	Livingston & District AAC B	Living B					
19	119	Motherwell AC A	Moth A			128	128	10
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A			128	128	10
22	122	Shettleston Harriers B	Shett B					
23	123	Stewartry AC A	Stew A					
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	7	5	48	55	3
26	126	Victoria Park City of Glasgow A	VPCG B	10	2	96	106	8
27	127	Whitemoss AAC A	W'moss A	15	6	32	47	2
28	128	Whitemoss AAC B	W'moss B					
		<b>Total Teams</b>		<b>15</b>				

Posn	U20 Women	Points
1	Giffnock North AC A	43
2	Whitemoss AAC A	47
3	Victoria Park City of Glasgow AC A	55
4	Cumbernauld AAC A	62
5	Giffnock North AC B	93
5	Livingston & District AAC A	93
7	Kirkintilloch Olympians A	105
8	Victoria Park City of Glasgow AC B	106
9	Team East Lothian A	120
10	Ayr Seaforth AAC A	128
10	Ayr Seaforth AAC B	128
10	Clydesdale Harriers A	128
10	Harmeny A	128
10	Motherwell AC A	128
10	Shettleston Harriers A	128



<u>U11 Boys Standing Long Jump 'A'</u>				
Posn	Bib	Athlete	Club	Perf
1	9	WEIR Angus	Giff N A	2.04
2	7	ROSS Donald	Tm E Loth	1.90
3	10	OTTOLINI Joseph	Giff N B	1.70
4	13	CAMERON Lewis	Helen A	1.70
5	19	DUFFIN Jack	Moth A	1.64
6	6	MANFREDINI Antonio	C'nauld B	1.62
7	25	STIBBLES Callum	VPCG A	1.56
8	5	TURNBULL Archie	C'nauld A	1.54
9	27	TRAYNOR Kenneth	W'moss A	1.44
10	17	HENDERSON Ryan	Living A	1.44
11	21	COLLINS Ruairidh	Shett A	1.44
12	12	COLUMBINE-GREEN Alex	Harm B	1.40
13	1	COX Matthew	Ayr S A	1.36
14	11	BUCHAN Samuel	Harm A	1.26
15	26	STRAINE Murray	VPCG B	1.18

<u>U11 Boys Standing Long Jump 'B'</u>				
Posn	Bib	Athlete	Club	Perf
1	109	SUMMERHILL Zander	Giff N A	1.78
2	107	RICKIS Max	Tm E Loth	1.74
3	112	ROSS Fergus	Harm B	1.74
4	110	POLLOCK Ben	Giff N B	1.70
5	127	BURNS Jack	W'moss A	1.66
6	111	CAIRNS Rory	Harm A	1.48
7	125	MATHIESON Jack	VPCG A	1.44
8	121	ELDER Oliver	Shett A	1.40
9	113	TOKELEY Kerr	Helen A	1.38
10	105	GAY Angus	C'nauld A	1.34
11	106	HARDIE Lewis	C'nauld B	1.32
12	126	MURRISON Ethan	VPCG B	1.26
13	101	MARSHALL WATT Lucan	Ayr S A	1.22
14				
15				

This years	Numbers	SAIL Teams PM		U11B	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	61	6		61	8
2	102	Ayr Seaforth AAC B	Ayr S B					
3	103	Clydesdale Harriers A	C'dale A	16	2	84	100	16
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	53	5	21	74	12
6	106	Cumbernauld AAC B	C'nauld B	38	4	42	80	13
7	107	Team East Lothian A	Tm E Loth	14	6		14	1
8	108	Team East Lothian B	Tm E Loth	21	4	42	63	10
9	109	Giffnock North AC A	Giff N A	10	5	21	31	3
10	110	Giffnock North AC B	Giff N B	25	6		25	2
11	111	Harmeny A	Harm A	61	6		61	8
12	112	Harmeny B	Harm B	34	6		34	5
13	113	Helensburgh AAC A	Helen A	53	6		53	6
14	114	Helensburgh AAC B	Helen B					
15	115	Kirkintilloch Olympians A	Kirk O A			126	126	19
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	19	2	84	103	18
18	118	Livingston & District AAC B	Living B					
19	119	Motherwell AC A	Moth A	37	3	63	100	16
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	69	6		69	11
22	122	Shettleston Harriers B	Shett B	40	4	42	82	15
23	123	Stewartry AC A	Stew A					
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	32	6		32	4
26	126	Victoria Park City of Glasgow A	VPCG B	80	6		80	13
27	127	Whitemoss AAC A	W'moss A	54	6		54	7
28	128	Whitemoss AAC B	W'moss B			126	126	19
		<b>Total Teams</b>		<b>20</b>				

Posn	U11 Boys	Points
1	Team East Lothian A	14
2	Giffnock North AC B	25
3	Giffnock North AC A	31
4	Victoria Park City of Glasgow AC A	32
5	Harmeny B	34
6	Helensburgh AAC A	53
7	Whitemoss AAC A	54
8	Ayr Seaforth AAC A	61
8	Harmeny A	61
10	Team East Lothian B	63
11	Shettleston Harriers A	69
12	Cumbernauld AAC A	74
13	Cumbernauld AAC B	80
13	Victoria Park City of Glasgow AC B	80
15	Shettleston Harriers B	82
16	Clydesdale Harriers A	100
16	Motherwell AC A	100
18	Livingston & District AAC A	103
19	Kirkintilloch Olympians A	126
19	Whitemoss AAC B	126



U13 Boys Long Jump				
Posn	Bib	Athlete	Club	Perf
1	9	DAVIE Ryan	Giff N A	4.28
2	13	BROWN Alex	Helen A	4.13
3	5	MCMURTIE Harry	C'nauld A	4.11
4	10	JOHNSTON Logan	Giff N B	3.80
5	19	DUFFIN Ross	Moth A	3.79
6	11	MCDONALD Ben	Harm A	3.69
7	27	-	W'moss A	3.47
8	21	CLIFFORD Adam	Shett A	3.47
9	17	STIRLING Ryan	Living A	3.41
10	12	HARDIE Kieran	Harm B	3.40
11	22	FOX Matthew	Shett B	3.39
12	1	SCOTT Nathan	Ayr S A	3.32
13	14	MITCHELL Peter	Helen B	3.32
14	25	VEMMIE Hakeem	VPCG A	3.11
15	6	ALEXANDER Richard	C'nauld B	3.09
16	2	MCLEAN Brady	Ayr S B	2.96
17	28	MUNROE Ross	W'moss B	2.83
18				
19				
20				
21				

U13 Boys High Jump				
Posn	Bib	Athlete	Club	Perf
1	9	DAVIE Ryan	Giff N A	1.45
2	6	HALE Mark	C'nauld B	1.30
3	11	LYNCH Archie	Harm A	1.25
4	10	NAIRNE Ellis	Giff N B	1.25
5	21	OFOEGBU Ethan	Shett A	1.25
6	13	KEATING Rupert	Helen A	1.10
6	7	WELCH Michael	Tm E Loth	1.10
8	5	MCEACHERN Grant	C'nauld A	1.10
9	12	O'SHEA-MORRANS Keala	Harm B	X
10	14	MINSHULL Ewan	Helen B	X
10	17	THOMSON Alex	Living A	X
10	26	HALL Finlay	VPCG B	X
10				
14				
15				
16				
17				
18				
19				
20				
21				

U13 Boys Shot				
Posn	Bib	Athlete	Club	Perf
1	7	WELCH Michael	Tm E Loth	9.20
2	13	MCCARTNEY Ewan	Helen A	7.09
3	21	HOOPER Jonathan	Shett A	6.21
4	9	GIBSON Matthew	Giff N A	5.79
5	17	STIRLING Ryan	Living A	5.51
6	22	PRENTICE Ruaridh	Shett B	5.47
7	14	DAVIES Gethin	Helen B	5.36
8	19	STEELE Nathan	Moth A	5.14
9	27	BURNS Ronan	W'moss A	4.98
10	28	MUNROE Ross	W'moss B	4.56
11	5	MCCAFFERTY Finn	C'nauld A	4.53
12	10	BRADLEY Alfie	Giff N B	4.52
13	12	CHEYNE Callum	Harm B	4.49
14	11	FRASER Cole	Harm A	4.38
15	2	KILPATRICK Rory	Ayr S B	4.37
16				
17				
18				
19				
20				
21				

This years	Numbers	SAIL Teams PM		U13B	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	26	4	69	95	13
2	102	Ayr Seaforth AAC B	Ayr S B	52	5	46	98	15
3	103	Clydesdale Harriers A	C'dale A	56	3	92	148	21
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	21	7		21	2
6	106	Cumbernauld AAC B	C'nauld B	51	6	23	74	7
7	107	Team East Lothian A	Tm E Loth	33	5	46	79	10
8	108	Team East Lothian B	Tm E Loth B					
9	109	Giffnock North AC A	Giff N A	15	7		15	1
10	110	Giffnock North AC B	Giff N B	27	7		27	3
11	111	Harmeny A	Harm A	47	7		47	6
12	112	Harmeny B	Harm B	66	6	23	89	11
13	113	Helensburgh AAC A	Helen A	42	7		42	5
14	114	Helensburgh AAC B	Helen B	75	7		75	8
15	115	Kirkintilloch Olympians A	Kirk O A			161	161	22
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	54	6	23	77	9
18	118	Livingston & District AAC B	Living B					
19	119	Motherwell AC A	Moth A	44	5	46	90	12
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	29	7		29	4
22	122	Shettleston Harriers B	Shett B	49	5	46	95	13
23	123	Stewartry AC A	Stew A	19	2	115	134	20
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	41	4	69	110	17
26	126	Victoria Park City of Glasgow A	VPCG B	38	4	69	107	16
27	127	Whitemoss AAC A	W'moss A	23	3	92	115	18
28	128	Whitemoss AAC B	W'moss B	35	3	92	127	19
		<b>Total Teams</b>		<b>22</b>				

Posn	U13 Boys	Points
1	Giffnock North AC A	15
2	Cumbernauld AAC A	21
3	Giffnock North AC B	27
4	Shettleston Harriers A	29
5	Helensburgh AAC A	42
6	Harmeny A	47
7	Cumbernauld AAC B	74
8	Helensburgh AAC B	75
9	Livingston & District AAC A	77
10	Team East Lothian A	79
11	Harmeny B	89
12	Motherwell AC A	90
13	Ayr Seaforth AAC A	95
13	Shettleston Harriers B	95
15	Ayr Seaforth AAC B	98
16	Victoria Park City of Glasgow AC B	107
17	Victoria Park City of Glasgow AC A	110
18	Whitemoss AAC A	115
19	Whitemoss AAC B	127
20	Stewartry AC A	134
21	Clydesdale Harriers A	148
22	Kirkintilloch Olympians A	161



Saturday 26th JANUARY 2019

<u>60m U15 Boys</u>				
Rank	Bib	Athlete	Club	Perf
1	7	GRIERSON Euan	Tm E Loth A	7.88
1	25	MCNALLY Connor	VPCG A	7.88
3	10	GRIFFIN Lenny	Giff N B	8.02
4	5	ATKINSON Adam	C'nauld A	8.13
5	9	THIELAN-MANN Josh	Giff N A	8.17
6	1	LYNCH Connor	Ayr S A	8.32
7	17	ROSS Rhys	Living A	8.36
7	6	STEWART Jamie	C'nauld B	8.36
9	11	GLADWIN Callum	Harm A	8.40
10	22	MILLAR Jay	Shett B	8.69
11	13	COURT Robert	Helen A	8.72
12	19	MCPARTLIN Josh	Moth A	8.73
13	26	MCCAFFREY Aidan	VPCG B	8.76
14	21	CAMPBELL Ruairdh	Shett A	8.94
15	8	RENTON Jack	Tm E Loth B	9.22
15	14	TOKELEY Lewis	Helen B	9.22
17	12	IRWIN Archie	Harm B	9.42
18	28	SANDERSON Ben	W'moss B	9.47

<u>200m U15 Boys</u>				
Rank	Bib	Athlete	Club	Perf
1	7	GRIERSON Euan	Tm E Loth A	25.53
2	10	GRIFFIN Lenny	Giff N B	26.05
2	9	THIELAN-MANN Josh	Giff N A	26.05
4	5	ATKINSON Adam	C'nauld A	26.59
5	1	LYNCH Connor	Ayr S A	27.60
6	26	MCCAFFREY Aidan	VPCG B	28.65
7	21	CONTEH Maynard	Shett A	28.86
8	25	BARNETT Russell	VPCG A	29.29
9	6	MURRAY Rory	C'nauld B	29.47
10	17	SIMM Ryan	Living A	29.72
11	13	SCOTT William	Helen A	29.90
12	15	PINKERTON Ross	Kirk O A	30.02
13	12	STEWART Finlay	Harm B	30.03
14	14	CAMERON Matthew	Helen B	30.20
15	8	RENTON Jack	Tm E Loth B	30.91
16	19	BAILEY William	Moth A	34.75

<u>60mH U15 Boys</u>				
Rank	Bib	Athlete	Club	Perf
1	9	MARTIN Daniel	Giff N A	9.52
2	6	CUNNINGHAM Ethan	C'nauld B	9.76
3	25	MCNALLY Connor	VPCG A	9.93
4	5	WALLACE Euan	C'nauld A	10.36
5	7	EVANS Max	Tm E Loth A	10.38
6	10	GOURLEY Ross	Giff N B	10.43
7	21	CONTEH Michael	Shett A	10.57
8	22	MILLAR Jay	Shett B	11.65
9	8	YOUNGER Joe	Tm E Loth B	11.97
10	13	DORIZON Teo	Helen A	12.60
11	12	STEWART Finlay	Harm B	12.94
12	14	FIELDS Theo	Helen B	13.52

<u>400m U15 Boys</u>				
Rank	Bib	Athlete	Club	Perf
1	9	CUNNING Aiden	Giff N A	59.82
2	11	GLADWIN Callum	Harm A	59.97
3	7	PAGE Aidan	Tm E Loth A	62.15
4	17	ROSS Rhys	Living A	62.92
5	10	BRADLEY Frankie	Giff N B	64.85
6	8	SMITH Jamie	Tm E Loth B	66.24
7	14	CAMERON Matthew	Helen B	67.00
8	6	TERVIT Luke	C'nauld B	67.07
9	5	MCCAFFERTY Max	C'nauld A	68.14
10	12	IRWIN Archie	Harm B	69.69
11	13	SCOTT William	Helen A	71.60
12	21	CONTEH Maynard	Shett A	72.10
13	15	SMITH Crawford	Kirk O A	72.57
14	28	SANDERSON Ben	W'moss B	76.07

<b>800m U15 Boys</b>				
Rank	Bib	Athlete	Club	Perf
1	9	REUBEN MacDonald	Giff N A	02:11.69
2	25	SPEIRS Jake	VPCG A	02:14.48
3	10	SHIELS Hugh	Giff N B	02:16.56
4	7	CAMPBELL Corey	Tm E Loth A	02:22.04
5	11	NYABADZA Tendai	Harm A	02:25.00
6	5	ELLIOT Rory	C'nauld A	02:27.74
7	15	SMITH Gregor	Kirk O A	02:28.84
8	12	DENIS Nathan	Harm B	02:33.10
9	6	MACKENZIE Calum	C'nauld B	02:35.62
10	8	RENTON Jack	Tm E Loth B	02:38.86
11	1	SCOBIE Connor	Ayr S A	02:41.91
12	14	FIELDS Theo	Helen B	02:45.51
13	13	WILLIAMS Cameron	Helen A	02:51.45
14	26	MOOGAN-SHARRATT Oscar	VPCG B	02:56.58

U15 Boys Long Jump				
Posn	Bib	Athlete	Club	Perf
1	9	MARTIN Daniel	Giff N A	5.01
2	7	EVANS Max	Tm E Loth	4.60
3	22	MILLAR Jay	Shett B	4.59
4	8	YOUNGER Joe	Tm E Loth	4.43
5	10	GOURLEY Ross	Giff N B	4.29
6	21	CONTEH Michael	Shett A	4.29
7	11	MCCONNELL Shane	Harm A	4.28
8	5	CARUS Andrew	C'nauld A	4.25
9	6	STEWART Jamie	C'nauld B	4.25
10	28	SANDERSON Ben	W'moss B	4.02
11	12	IRWIN Archie	Harm B	3.90
12	14	TOKELEY Lewis	Helen B	3.90
13	17	SIMM Ryan	Living A	3.70
14	25	BENNIE Andrew	VPCG A	3.68
15	19	BAILEY William	Moth A	3.39
16	13	WILLIAMS Cameron	Helen A	3.05
17				
18				
19				

U15 Boys High Jump				
Posn	Bib	Athlete	Club	Perf
1	25	MCNALLY Connor	VPCG A	1.75
2	10	HEPBURN Tom	Giff N B	1.65
3	5	WALLACE Euan	C'nauld A	1.45
4	6	CUNNINGHAM Ethan	C'nauld B	1.45
5	9	MARTIN Daniel	Giff N A	1.45
6	19	MCPARTLIN Josh	Moth A	1.40
7	8	SERPENSKAS Paul	Tm E Loth	1.35
8	1	O'BRIEN Conall	Ayr S A	1.35
9	14	FLEMING Finlay	Helen B	1.30
10	21	CAMPBELL Ruairdh	Shett A	1.25
11	13	DORIZON Teo	Helen A	1.20
12	11	MCCONNELL Shane	Harm A	X
13				
14				
15				
16				
17				
18				
19				

U15 Boys Shot				
Posn	Bib	Athlete	Club	Perf
1	21	MCCARTHY Jay	Shett A	11.12
2	13	COURT Robert	Helen A	9.07
3	14	FLEMING Finlay	Helen B	8.61
4	27	CRAIGIE Lewis	W'moss A	8.28
5	7	HOOLE Michael	Tm E Loth	7.85
6	9	THIELAN-MANN Josh	Giff N A	7.67
7	11	GLADWIN Callum	Harm A	7.01
8	5	ANDERSON Angus	C'nauld A	6.99
9	8	SERPENSKAS Paul	Tm E Loth	6.99
10	10	GRIFFIN Lenny	Giff N B	6.56
11	15	PINKERTON Ross	Kirk O A	6.56
12	19	BAILEY William	Moth A	5.76
13	26	MCCAFFREY Aidan	VPCG B	5.65
14	17	ROSS Rhys	Living A	5.61
15	6	ANDERSON Adam	C'nauld B	4.64
16				
17				
18				
19				

This years	Numbers	SAIL Teams PM		U15B	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	30	4	92	122	15
2	102	Ayr Seaforth AAC B	Ayr S B					
3	103	Clydesdale Harriers A	C'dale A			184	184	21
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	38	8		38	3
6	106	Cumbernauld AAC B	C'nauld B	48	8		48	5
7	107	Team East Lothian A	Tm E Loth	16	7	23	39	4
8	108	Team East Lothian B	Tm E Loth	66	8		66	6
9	109	Giffnock North AC A	Giff N A	16	8		16	1
10	110	Giffnock North AC B	Giff N B	26	8		26	2
11	111	Harmeny A	Harm A	35	6	46	81	9
12	112	Harmeny B	Harm B	70	6	46	116	13
13	113	Helensburgh AAC A	Helen A	83	8		83	11
14	114	Helensburgh AAC B	Helen B	81	8		81	9
15	115	Kirkintilloch Olympians A	Kirk O A	32	4	92	124	16
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	34	5	69	103	12
18	118	Livingston & District AAC B	Living B					
19	119	Motherwell AC A	Moth A	49	5	69	118	14
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A	56	7	23	79	8
22	122	Shettleston Harriers B	Shett B	21	3	115	136	18
23	123	Stewartry AC A	Stew A			184	184	21
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	29	6	46	75	7
26	126	Victoria Park City of Glasgow A	VPCG B	33	4	92	125	17
27	127	Whitemoss AAC A	W'moss A		1	161	161	20
28	128	Whitemoss AAC B	W'moss B	42	3	115	157	19
		<b>Total Teams</b>		<b>22</b>				

Posn	U15 Boys	Points
1	Giffnock North AC A	16
2	Giffnock North AC B	26
3	Cumbernauld AAC A	38
4	Team East Lothian A	39
5	Cumbernauld AAC B	48
6	Team East Lothian B	66
7	Victoria Park City of Glasgow AC A	75
8	Shettleston Harriers A	79
9	Harmeny A	81
9	Helensburgh AAC B	81
11	Helensburgh AAC A	83
12	Livingston & District AAC A	103
13	Harmeny B	116
14	Motherwell AC A	118
15	Ayr Seaforth AAC A	122
16	Kirkintilloch Olympians A	124
17	Victoria Park City of Glasgow AC B	125
18	Shettleston Harriers B	136
19	Whitemoss AAC B	157
20	Whitemoss AAC A	161
21	Clydesdale Harriers A	184
21	Stewartry AC A	184

60m U17 Men				
Rank	Bib	Athlete	Club	Perf
1	25	HARRAND George	VPCG A	7.77
2	13	WILSON Chris	Helen A	7.84
3	17	MACIVER Lewis	Living A	7.93
4	26	JOHNSTON Luke	VPCG B	7.96
5	9	LUC Jacob	Giff N A	8.06
6	19	STEVENSON Christopher	Moth A	8.08
7	6	WALLACE James	C'nauld B	8.10
8	7	BLACK Rhys	Tm E Loth A	8.14
9	5	SMITH Calum	C'nauld A	8.16
10	11	RIDGEWAY Callum	Harm A	8.17
11	18	CAMPBELL Logan	Living B	8.28
12	1	NIXON Toby	Ayr S A	8.30

60mH U17 Men				
Rank	Bib	Athlete	Club	Perf
1	7	HOOLE Adam	Tm E Loth A	8.92
2	27	MORGAN Ross	W'moss A	9.21
3	13	BAIN Josh	Helen A	9.79

200m U17 Men				
Rank	Bib	Athlete	Club	Perf
1	9	WAUGH Finlay	Giff N A	23.25
2	25	HARRAND George	VPCG A	24.78
3	26	JOHNSTON Luke	VPCG B	25.07
4	19	MCMILLAN James	Moth A	25.12
5	17	MACIVER Lewis	Living A	25.22
6	13	WILSON Chris	Helen A	25.24
7	5	MCCABE Luke	C'nauld A	25.96
8	1	NIXON Toby	Ayr S A	26.21
9	7	BLACK Rhys	Tm E Loth A	26.28
10	11	RIDGEWAY Callum	Harm A	27.50
11	18	TAIT Logan	Living B	29.13

400m U17 Men				
Rank	Bib	Athlete	Club	Perf
1	9	VEITCH Ross	Giff N A	52.82
2	13	BAIN Josh	Helen A	55.77
3	7	HOOLE Adam	Tm E Loth A	56.11
4	6	MCINTYRE Reuben	C'nauld B	57.16
5	1	CROOKS Alex	Ayr S A	57.31
6	25	HANNAH Adam	VPCG A	59.61
7	10	HIFI Iliane	Giff N B	60.52
8	26	GRIFFITH Adrian	VPCG B	60.58
9	17	BOYLE Dominic	Living A	60.68

800m U17 Men				
Rank	Bib	Athlete	Club	Perf
1	10	PATERSON Harris	Giff N B	02:07.70
2	9	LUC Jacob	Giff N A	02:11.78
3	19	STEELE Jay	Moth A	02:13.72
4	1	CROOKS Alex	Ayr S A	02:16.30
5	5	O'HARE Louis	C'nauld A	02:19.57
6	7	ANDERSON Robbie	Tm E Loth A	02:25.00

U17 Men Shot				
Posn	Bib	Athlete	Club	Perf
1	27	MORGAN Ross	W'moss A	11.70
2	9	MAHER Oliver	Giff N A	10.93
3	17	BATLEY David	Living A	9.08
4	7	MILNE Lochie	Tm E Loth	8.99
5	19	STEELE Jay	Moth A	8.89
6	18	CAMPBELL Logan	Living B	8.89
7	6	ATKINSON Paul	C'nauld B	8.51
8	1	CROOKS Alex	Ayr S A	7.56
9	5	SMITH Calum	C'nauld A	7.50
10	25	O'CONNOR Jamie	VPCG A	6.64
11	11	RIDGEWAY Callum	Harm A	6.70
12				
13				
14				

U17 Men High Jump				
Posn	Bib	Athlete	Club	Perf
1	9	FOTHERINGHAM Murray	Giff N A	1.80
2	7	HOOLE Adam	Tm E Loth A	1.75
2	13	BAIN Josh	Helen A	1.75
4	25	HANNAH Adam	VPCG A	1.50
5	17	DUNCAN Ryan	Living A	1.50
6	5	MCCABE Luke	C'nauld A	1.45
7				
8				
9				
10				
11				
12				
13				
14				

U17 Men Long Jump				
Posn	Bib	Athlete	Club	Perf
1	9	FOTHERINGHAM Murray	Giff N A	6.78
2	13	WILSON Chris	Helen A	5.59
3	6	MCINTYRE Reuben	C'nauld B	5.21
4	17	BOYLE Dominic	Living A	5.12
5	25	HANNAH Adam	VPCG A	5.12
6	5	MCCABE Luke	C'nauld A	5.03
7	1	NIXON Toby	Ayr S A	4.80
8	18	TAIT Logan	Living B	4.21
9	19	STEVENSON Christopher	Moth A	3.96
10				
11				
12				
13				
14				

This years	Numbers	SAIL Teams PM		U17M	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A	37	6	44	81	7
2	102	Ayr Seaforth AAC B	Ayr S B					
3	103	Clydesdale Harriers A	C'dale A			176	176	15
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	36	6	44	80	6
6	106	Cumbernauld AAC B	C'nauld B	18	4	88	106	9
7	107	Team East Lothian A	Tm E Loth	33	7	22	55	2
8	108	Team East Lothian B	Tm E Loth			176	176	15
9	109	Giffnock North AC A	Giff N A	12	7	22	34	1
10	110	Giffnock North AC B	Giff N B	8	2	132	140	13
11	111	Harmeny A	Harm A	31	3	110	141	14
12	112	Harmeny B	Harm B					
13	113	Helensburgh AAC A	Helen A	15	6	44	59	3
14	114	Helensburgh AAC B	Helen B					
15	115	Kirkintilloch Olympians A	Kirk O A			176	176	15
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	25	6	44	69	5
18	118	Livingston & District AAC B	Living B	28	4	88	116	10
19	119	Motherwell AC A	Moth A	18	5	66	84	8
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A			176	176	15
22	122	Shettleston Harriers B	Shett B			176	176	15
23	123	Stewartry AC A	Stew A			176	176	15
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	23	6	44	67	4
26	126	Victoria Park City of Glasgow A	VPCG B	15	3	110	125	11
27	127	Whitemoss AAC A	W'moss A	3	2	132	135	12
28	128	Whitemoss AAC B	W'moss B			176	176	15
		<b>Total Teams</b>		<b>21</b>				

Posn	U17 Men	Points
1	Giffnock North AC A	34
2	Team East Lothian A	55
3	Helensburgh AAC A	59
4	Victoria Park City of Gl:	67
5	Livingston & District AA	69
6	Cumbernauld AAC A	80
7	Ayr Seaforth AAC A	81
8	Motherwell AC A	84
9	Cumbernauld AAC B	106
10	Livingston & District AA	116
11	Victoria Park City of Gl:	125
12	Whitemoss AAC A	135
13	Giffnock North AC B	140
14	Harmeny A	141
15	Clydesdale Harriers A	176
15	Team East Lothian B	176
15	Kirkintilloch Olympians	176
15	Shettleston Harriers A	176
15	Shettleston Harriers B	176
15	Stewartry AC A	176
15	Whitemoss AAC B	176

<b>60m U20 Men</b>				
Rank	Bib	Athlete	Club	Perf
1	25	STEVENSON Jamie	VPCG A	7.28
2	7	GOODALL Lewis	Tm E Loth A	7.43
3	27	FLEETWOOD Nathan	W'moss A	7.50
4	9	MOSES Andy	Giff N A	7.52
5	17	STEELE Fraser	Living A	7.59
6	26	ARMSTRONG Tom	VPCG B	7.90
7	19	MCCLUSKEY Gabriel	Moth A	8.06
8	3	KENNEDY Matthew	C'dale A	8.13

<b>60mH U20 Men</b>				
Rank	Bib	Athlete	Club	Perf
1	25	WILSON Gavin	VPCG A	9.16
2	5	TOBIN Jamie	C'nauld A	9.24
3	7	SMITH Cameron	Tm E Loth A	10.47

<b>200m U20 Men</b>				
Rank	Bib	Athlete	Club	Perf
1	25	STEVENSON Jamie	VPCG A	23.05
2	7	GOODALL Lewis	Tm E Loth A	23.25
3	3	DUNN Michael	C'dale A	23.49
4	9	MOSES Andy	Giff N A	23.81
5	27	FLEETWOOD Nathan	W'moss A	23.86
6	17	POWER Matthew	Living A	24.74
7	5	O'HEAR Thomas	C'nauld A	24.85
8	26	ARMSTRONG Tom	VPCG B	25.99
9	19	LAIRD Adam	Moth A	26.02

<b>400m U20 Men</b>				
Rank	Bib	Athlete	Club	Perf
1	5	DOYLE Owen	C'nauld A	51.88
2	7	SMITH Cameron	Tm E Loth A	52.47
3	17	ARTHURS Richard	Living A	54.28
4	25	WILSON Gavin	VPCG A	54.47
5	9	MITCHELL Lewis	Giff N A	56.30
6	19	POLLOCK Christopher	Moth A	57.41

<b>800m U20 Men</b>				
Rank	Bib	Athlete	Club	Perf
1	19	DRUMMOND Dylan	Moth A	01:58.63
2	7	DONNELLY Joe	Tm E Loth A	02:05.00
3	3	MILLER Michael	C'dale A	02:06.77
4	9	MITCHELL Lewis	Giff N A	02:07.74
5	5	BROWN Jacob	C'nauld A	02:10.25
6	6	QUAIL Frankie	C'nauld B	02:11.70



<b>U20 Men High Jump</b>				
Posn	Bib	Athlete	Club	Perf
1	25	WILSON Gavin	VPCG A	1.80
2	5	TOBIN Jamie	C'nauld A	1.80
3				
4				
5				
6				
7				

<b>U20 Men Shot</b>				
Posn	Bib	Athlete	Club	Perf
1	7	FRASER James	Tm E Loth	8.20
2	25	STEVENSON Jamie	VPCG A	7.23
3	9	WYLIE Scott	Giff N A	6.22
4	3	KENNEDY Matthew	C'dale A	5.63
5				
6				
7				

<b>U20 Men Long Jump</b>				
Posn	Bib	Athlete	Club	Perf
1	5	O'HEAR Thomas	C'nauld A	5.62
2	7	GOODALL Lewis	Tm E Loth	5.54
3	17	MCKEOWN Aidan	Living A	5.21
4	19	MCCCLUSKEY Gabriel	Moth A	4.73
5	9	WYLIE Scott	Giff N A	4.46
6	3	KENNEDY Matthew	C'dale A	3.99
7				

This years	Numbers	SAIL Teams PM		U20M	# Events	Penalties	Points	Rank
1	101	Ayr Seaforth AAC A	Ayr S A			136	136	11
2	102	Ayr Seaforth AAC B	Ayr S B					
3	103	Clydesdale Harriers A	C'dale A	18	5	51	69	5
4	104	Clydesdale Harriers B	C'dale B					
5	105	Cumbernauld AAC A	C'nauld A	17	6	34	51	3
6	106	Cumbernauld AAC B	C'nauld B	6	1	119	125	10
7	107	Team East Lothian A	Tm E Loth	12	7	17	29	1
8	108	Team East Lothian B	Tm E Loth B					
9	109	Giffnock North AC A	Giff N A	20	6	34	54	4
10	110	Giffnock North AC B	Giff N B			136	136	11
11	111	Harmeny A	Harm A					
12	112	Harmeny B	Harm B					
13	113	Helensburgh AAC A	Helen A			136	136	11
14	114	Helensburgh AAC B	Helen B					
15	115	Kirkintilloch Olympians A	Kirk O A			136	136	11
16	116	Kirkintilloch Olympians B	Kirk O B					
17	117	Livingston & District AAC A	Living A	14	4	68	82	7
18	118	Livingston & District AAC B	Living B			136	136	11
19	119	Motherwell AC A	Moth A	23	5	51	74	6
20	120	Motherwell BC B	Moth B					
21	121	Shettleston Harriers A	Shett A			136	136	11
22	122	Shettleston Harriers B	Shett B					
23	123	Stewartry AC A	Stew A					
24	124	Stewartry AC B	Stew B					
25	125	Victoria Park City of Glasgow A	VPCG A	10	6	34	44	2
26	126	Victoria Park City of Glasgow A	VPCG B	14	2	102	116	9
27	127	Whitemoss AAC A	W'moss A	8	2	102	110	8
28	128	Whitemoss AAC B	W'moss B					
		<b>Total Teams</b>		<b>16</b>				

Posn	U20 Men	Points
1	Team East Lothian A	29
2	Victoria Park City of Glasgow AC A	44
3	Cumbernauld AAC A	51
4	Giffnock North AC A	54
5	Clydesdale Harriers A	69
6	Motherwell AC A	74
7	Livingston & District AAC A	82
8	Whitemoss AAC A	110
9	Victoria Park City of Glasgow AC B	116
10	Cumbernauld AAC B	125
11	Ayr Seaforth AAC A	136
11	Giffnock North AC B	136
11	Helensburgh AAC A	136
11	Kirkintilloch Olympians A	136
11	Livingston & District AAC B	136
11	Shettleston Harriers A	136