

The Scottish Schools' Athletic Association

Entry Standards for Indoor Championships [Reviewed 2018]

When making your entry, please pay particular attention to the younger athletes in both age groups, and ensure that they have met the required qualification.

<u>UNDER 16 GIRLS</u>		<u>OVER 16 GIRLS</u>
60m Hdls	10.30 [75mH- 13.00]	10.00 [80mH-13.80]
60m	8.65 [100m-14.00]	8.50 [100m-13.80]
200m	28.30	27.50
300m	47.00	46.50
800m	2.35.00	2.30.00
1500m	5.30.00	5.10.00
High Jump	1m.35 [Starting Height 1m.30]	1m.45 [Starting Height 1m.35]
Long Jump	4m.70	4m.80
Triple Jump		8m50
Shot	7m.50	8m.50
Pole Vault	2m.20 [Starting Height 2m]	2m.40 [Starting Height 2m.20]

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UNDER 16 BOYS

60m Hdls 10.00 [80mH-14.00]

60m 7.90 [100m-13.10]

200m 26.30

300m 39.50

800m 2.25.00

1500m 4.55.00

High Jump 1m.50
[Starting Height 1m.40]

Triple Jump

Long Jump 5m

Shot 9m.50

Pole Vault 2m.30
[Starting Height 2m.20]

OVER 16 BOYS

9.60 [100mH-15.60]

7.65 [100m-12.60]

25.00

56.00

2.15.00

4.35.00

1m.65
[Starting Height 1m.60]

11m

5m40

10m

2m.80
[Starting Height 2m.60]