

# LOTHIAN TRIALS

## 2019



**£3  
PER EVENT**

**\*Under 11 - Masters**

UPDATED TIMETABLE WILL APPEAR ON CLUB WEBSITE

\*UNDER 11 AGE GROUP ATHLETES MUST HAVE REACHED THEIR 9TH BIRTHDAY ON OR BEFORE DAY OF COMPETITION

**100M - 200M - 300M - 400M - 800M - 1500M  
ALL HURDLES**

DEPENDENT ON AGE GROUP

**HIGH JUMP - LONG JUMP - TRIPLE JUMP  
SHOT PUT - JAVELIN - POLE VAULT\***

\*Meadowmill are intending to provide a provision for Pole Vault during 2019.

Management hope it will be available for the 31st March, and if this is the case entries will be accepted on the day

**AT MEADOWMILL SPORTS CENTRE**

**Entries online at: <http://eac.lane9.co.uk>**



**FROM  
10AM**

**Entries close midnight MONDAY 18TH MARCH**  
Strictly NO late entries accepted

**SUNDAY 31ST MARCH**

[edinburghac.org.uk](http://edinburghac.org.uk)

Registered SCIO No. SC048693

This event will run under UK Athletics Rules and is a scottishathletics permit event



# AGE GROUPS AND EVENTS

ENTER ONLINE

<http://eac.lane9.co.uk>

Timetable will appear on the club website

## MALE

**ENTRIES CLOSE AT MIDNIGHT ON MONDAY 18TH MARCH 2019**

AGE GROUP	BORN	EVENTS
UNDER 11	01.09.08 - 31.08.10	100M, 200M, 800M, HJ, LJ, SP
UNDER 13	01.09.06 - 31.08.08	100M, 200M, 800M, 75MH, HJ, LJ, SP, JAV
UNDER 15	01.09.04 - 31.08.06	100M, 200M, 300M, 800M, 1500M, 80MH, HJ, LJ, SP, JAV, PV (Prov)
UNDER 17	01.09.02 - 31.08.04	100M, 200M, 400M, 800M, 1500M, 100MH, 400MH, HJ, LJ, TJ, SP, JAV, PV (Prov)
UNDER 20	31.12.99 - 31.08.02	100M, 200M, 400M, 800M, 1500M, 100MH, 400MH, HJ, LJ, TJ, SP, JAV, PV (Prov)
SENIOR	BEFORE 31.12.99	

## FEMALE

**UNDER 11 AGE GROUP ATHLETES MUST BE 9 ON OR BEFORE DAY OF COMPETITION**

AGE GROUP	BORN	EVENTS
UNDER 11	01.09.08 - 31.08.10	100M, 200M, 800M, HJ, LJ, SP
UNDER 13	01.09.06 - 31.08.08	100M, 200M, 800M, 70MH, HJ, LJ, SP, JAV
UNDER 15	01.09.04 - 31.08.06	100M, 200M, 300M, 800M, 1500M, 75MH, HJ, LJ, TJ, SP, JAV, PV (Prov)
UNDER 17	01.09.02 - 31.08.04	100M, 200M, 300M, 800M, 1500M, 80MH, 300MH, HJ, LJ, TJ, SP, JAV, PV (Prov)
UNDER 20	31.12.99 - 31.08.02	100M, 200M, 400M, 800M, 1500M, 100MH, 400MH, HJ, LJ, TJ, SP, JAV, PV (Prov)
SENIOR	BEFORE 31.12.99	

**MASTERS MALE AND FEMALE MUST BE 35 OR OVER ON DAY OF COMPETITION**

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Registered charity in Scotland SCIO No. SC048693

