

**scottishathletics 2019 Throws Grand Prix**  
**Queens Park Stadium Inverness - 13/04/2019**

**Results**

Athlete Name	Age Group	Club	PB	Weight	Distance
--------------	-----------	------	----	--------	----------

**Event 1, 2, 3, 4 Seated Throws TGP 10:00**

**Event 1 - Seated Discus**

1	Matthew	Craig	U20M F57	FV Flyers	20.44	1k	19.26
---	---------	-------	----------	-----------	-------	----	-------

**Event 2 - Seated Club**

NIL

**Event 3 - Seated Javelin**

1	Matthew	Craig	U20M F57	FV Flyers	16.93	600g	16.71
---	---------	-------	----------	-----------	-------	------	-------

**Event 4 - Seated Shot**

NIL

**Event 5 Javelin TGP 10.00**

**Pool 1**

1	Maree	Thom	MW40	Ellon	13.16	600g	14.32
2	Melissa	Mack	U17W	Inverness	19.52	500g	24.06
3	Zak	Stewart	U15B	Nairn		600g	26.04
4	Mitchell	Smith	U15B	Nairn		600g	26.85
5	Murray	Taylor	U13B			400g	14.51
6	Leona	Fernades	U13G	Inverness		400g	24.46
7	Zoe	Loughrey	U13G	VP Glasgow	12.22	400g	21.31
8	Skye	Thom	U13G	Ellon		400g	12.76
9	Ashleigh	Thom	U13G	Ellon	10.52	400g	14.77

**Event 6 Discus TGP 10.00**

**Pool 1**

1	Liam	Nolan F20	SM	Forth Valley Flyers	22.92	2k	21.65
2	Emma	Dawson	MW50	Ellon	19.43	1k	18.80
3	Nicola	McDonald	MW35	Ellon	21.54	1k	18.38
4	David	Rose	U17M	Perth Strathtay	19.11	1.5k	20.43
5	Lauryn	Wood	U17W	Perth Strathtay	23.66	1k	22.05
6	Freya	Howgate F37	U17W	Perth Strathtay	15.72	1k	17.21
7	Graeme	Small	U15B	Ellon		1.25k	15.13
8	David	Noble	U15B	Perth Strathtay	16.99	1.25k	18.60
9	Scott	Hopper	U15B	Central	20.25	1.25k	24.68
10	Lewis	Craigie	U15B	Whitemoss	18.16	1.25k	19.40
11	Kitty	Burton	U15G	Ellon	19.17	1k	21.65
12	Courtney	Fraser	U13G	Whitemoss	23.33	0.75k	20.10

**Event 7 Javelin TGP****11.15****Pool 2**

1	Nicola	McDonald	MW35	Ellon	17.16	600g	12.57
2	Freya	Howgate F37	U17W	Perth Strathtay	20.72	600g	17.86
3	Graeme	Small	U15B	Ellon		600g	22.90
4	Lewis	Craigie	U15B	Whitemoss	20.02	600g	26.78
5	David	Noble	U15B	Perth Strathtay	17.64	600g	19.25
6	Kitty	Burton	U15G	Ellon	15.99	500g	16.90
7	Courtney	Fraser	U13G	Whitemoss	20.87	400g	21.05

**Event 8 Discus TGP****11.15****Pool 2**

1	Daniel	McFarlane	SM	Ross County	35.66	2k	34.84
2	William	Watts	SM	Inverness	31.71	2k	31.74
3	Matej	Papp	SM	Inverness	40.74	2k	37.20
4	Claire	Cameron	MW60	VP Glasgow	27.00	1k	25.68
5	John	Angus	U20M	Aberdeen	36.83	1.75k	33.00
6	George	Russell	U20M	Inverness	40.22	1.75k	34.06
7	Alexander	Mackay	U20M	Inverness	34.76	1.75k	30.91
8	Alister	Mackay	U17M	Ross County		1.5k	29.34
9	William	Hodi	U17M	Nairn		1.5k	22.93
10	Victor	Jude-eze	U17M	Inverness	36.79	1.5k	35.22
11	Hayley	Berry	U17W	VP Glasgow	35.05	1k	34.23
12	Shannon	Gough	U17W	Law	28.77	1k	27.85
13	Rebekah	Rose	U17W	Perth Strathtay	27.78	1k	24.51
14	Callum	Hendry	U15B	Falkirk Vic		1.25k	22.50
15	Craig	MacLennan	U15B	Inverness	30.19	1.25k	30.49
16	James	Rollo	U15B	Inverness	41.63	1.25k	38.17
17	Megan	Porterfield	U15G	VP Glasgow		1k	28.49

**Event 9 Javelin TGP****12.30****Pool 3**

1	Matej	Papp	SM	Inverness	45.44	800g	37.80
2	Mary	Flockhart	SW	Inverness	37.14	600g	35.29
3	Andrew	McFarlane	U20M	Ross County	57.98	800g	58.62
4	Fiona	Flockhart	U20W	Inverness	30.98	600g	26.19
5	Victor	Jude-eze	U17M	Inverness	31.49	700g	31.64
6	Alister	Mackay	U17M	Ross County		700g	29.17
7	William	Hodi	U17M	Nairn		700g	32.92
8	Liam	Brown	U17M	Montrose		700g	44.41
9	Lauryn	Wood	U17W	Perth Strathtay	29.56	500g	28.68
10	Scott	Hopper	U15B	Central	41.47	600g	41.48
11	Zak	Fearn	U15B	Ross County		600g	29.23
12	Dawn	Russell	U15G	Law	31.77	500g	31.85

**Event 10 Discus TGP****12.30****Pool 3**

1	Maree	Thom	MW40	Ellon	13.66	1k	13.33
2	Megan	Thom	U20W	Ellon	15.20	1k	14.69
3	Mitchell	Smith	U15B	Nairn		1.25k	19.06
4	Jack	Walls	U15B	Ellon		1.25k	9.31
5	Joseph	Macpherson	U15B	Nairn		1.25k	15.24
6	Aaron	Cheyne	U13B	Inverness	10.64	1k	12.23
7	Zoe	Loughrey	U13G	VP Glasgow		0.75k	17.01
8	Ashleigh	Thom	U13G	Ellon	11.86	0.75k	9.67

**Event 11 Hammer TGP****14.15****Pool 1**

1	Liam	Nolan F20	SM	Forth Valley Flyers		7.26k	18.48
2	Claire	Cameron	MW60	VP Glasgow	26.00	3k	25.31
3	Emma	Dawson	MW50	Ellon	25.97	3k	24.12
4	Megan	Thom	U20W	Ellon		4k	15.28
5	David	Rose	U17M	Perth Strathtay	24.18	5k	30.95
6	Rebekah	Rose	U17W	Perth Strathtay	31.70	3k	29.19
7	Callum	Hendry	U15B	Falkirk Vic		4k	29.41
8	Zak	Stewart	U15B	Nairn		4k	20.12
9	Joseph	Macpherson	U15B	Nairn		4k	15.80
10	Rose	McClatchey	U15G	Nairn	22.77	3k	18.62
11	Kitty	Burton	U15G	Ellon	16.46	3k	18.13
12	Sarah	Dyer	U15G	Kilbarchan	29.76	3k	30.26
13	Leona	Fernades	U13G	Inverness		3k	25.75
14	Amber	McClatchey	U13G	Nairn	15.66	3k	15.67

**Event 12 Shot Put TGP****14.15****Pool 1**

1	Daniel	McFarlane	SM	Ross County	11.65	7.26k	10.72
2	Matej	Papp	SM	Inverness	12.54	7.26k	12.69
3	Mhairi	Porterfield	MW35	VP Glasgow	13.78	4k	12.88
4	John	Angus	U20M	Aberdeen	12.57	6k	10.95
5	Alexander	Mackay	U20M	Inverness	12.88	6k	12.50
6	Liam	Brown	U17M	Montrose		5k	9.40
7	Alister	Mackay	U17M	Ross County		5k	10.04
8	Hayley	Berry	U17W	VP Glasgow	12.41	3k	11.30
9	Shannon	Gough	U17W	Law	11.06	3k	9.93
10	Lewis	Craigie	U15B	Whitemoss	9.00	4k	8.62
11	James	Rollo	U15B	Inverness	11.77	4k	11.93
12	Scott	Hopper	U15B	Central	12.51	4k	11.53
13	Megan	Porterfield	U15G	VP Glasgow	11.75	3k	11.43
14	Courtney	Fraser	U13G	Whitemoss	9.48	2.72k	9.14

**Event 13 Hammer TGP 15.00****Pool 2**

1	Nick	Stone	SM	Nairn	49.55	7.26k	44.34
2	Rachel	Hunter	SW	North Ayrshire	66.46	4k	58.50
3	Mhairi	Porterfield	MW35	VP Glasgow	58.47	4k	50.34
4	Rachel	Maclennan	U20W	Inverness	43.63	4k	42.69
5	Heather	Welsh	U20W	Nairn	36.79	4k	36.23
6	Kelsey	Barbour	U20W	Inverness	32.22	4k	32.12
7	Gabriel	McFarlane	U17M	Ross County		5k	39.67
8	Victor	Jude-eze	U17M	Inverness	44.33	5k	42.05
9	Lauryn	Wood	U17W	Perth Strathtay	34.83	3k	32.41
10	Stella	Coutts	U17W	Cumbernauld	45.03	3k	41.02
11	Amy	Colliar	U17W	Inverness	45.11	3k	43.72
12	Megan	Porterfield	U15G	VP Glasgow	42.07	3k	38.59
13	Dawn	Russell	U15G	Law	42.55	3k	40.46

**Event 14 Shot Put TGP 15.00****Pool 2**

1	Liam	Nolan F20	SM	Forth Valley Flyers	8.31	7.26k	8.02
2	Claire	Cameron	MW60	VP Glasgow	9.00	3k	8.99
3	Emma	Dawson	MW50	Ellon	7.41	3k	7.00
4	Maree	Thom	MW40	Ellon	5.97	4k	4.96
5	Nicola	McDonald	MW35	Ellon	7.09	4k	6.54
6	Megan	Thom	U20W	Ellon	5.93	4k	6.11
7	William	Hodi	U17M	Nairn	8.70	5k	8.57
8	Freya	Howgate F37	U17W	Perth Strathtay	7.45	3k	7.46
9	Callum	Hendry	U15B	Falkirk Vic	8.33	4k	7.81
10	David	Noble	U15B	Perth Strathtay	7.20	4k	7.65
11	Graeme	Small	U15B	Ellon	6.43	4k	6.86
12	Stroma	Fraser	U15G	Inverness	7.70	3k	7.24
13	Ashleigh	Thom	U13G	Ellon	5.41	2.72k	5.74

**Event 15 Shot Put TGP 15.45****Pool 3**

1	Rebekah	Rose	U17W	Perth Strathtay	9.59	3k	9.03
2	Jack	Walls	U15B	Ellon	4.19	4k	4.34
3	Zak	Stewart	U15B	Nairn		4k	6.33
4	Joseph	Macpherson	U15B	Nairn		4k	5.87
5	Mitchell	Smith	U15B	Nairn		4k	7.35
6	Aaron	Cheyne	U13B	Inverness	4.69	3k	4.96
7	Zoe	Loughrey	U13G	VP Glasgow	8.23	2.72k	7.19
8	Skye	Thom	U13G	Ellon	4.12	2.72k	4.38
9	David	Rose	U17M	Perth Strathtay	8.00	5k	7.58