

Sunday 28 April 2019

Craigswood Sports Centre, Livingston

TIMETABLE

TIME	UNDER 9 <small>(01/09/2010 – 28/04/2012)</small>	UNDER 11 <small>(01/09/2008 – 31/08/2010)</small>	UNDER 13 <small>(01/09/2006 – 31/08/2008)</small>	UNDER 15 <small>(01/09/2004 – 31/08/2006)</small>
10.00		150m	Long Jump	Shot Put
10.15				
10.30	Shot Put			
10.45		Long Jump		200m
11.00			Shot Put	
11.15	150m			
11.30				Long Jump
11.45		Shot Put		
12.00	Long Jump		200m	
12.15				
12.30				
12.45	4x100m	4x100m	4x100m	4x100m

- The timetable is provisional, with the start times of events dependant on the finishing times of previous events.
- Registration open at 9.30 am in the athletics pavilion.